



Idaho Behavioral Risk Factors

Results from the 2009 Behavioral
Risk Factor Surveillance System

Bureau of Vital Records and Health Statistics
Idaho Department of Health and Welfare

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For more details on this project or any of the survey results, please contact the Bureau of Vital Records and Health Statistics at (208) 332-7326.

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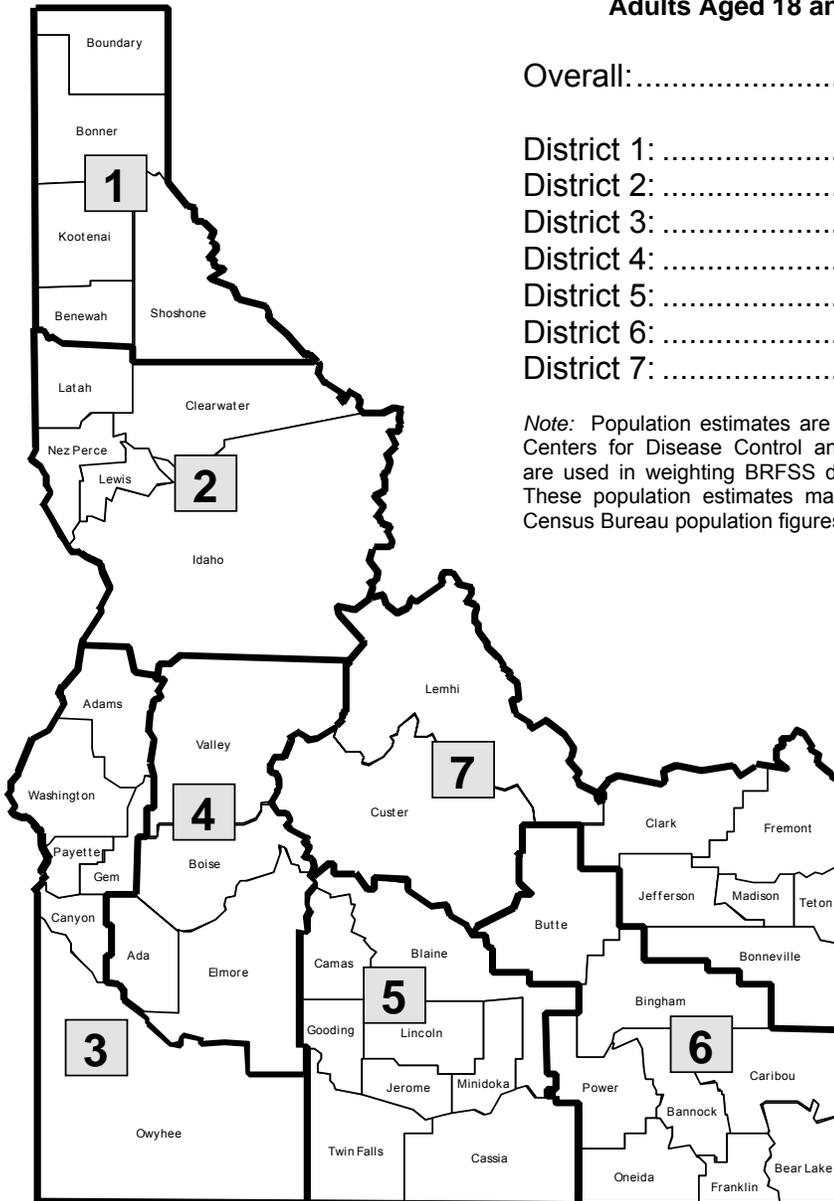
Idaho Public Health Districts

Idaho is divided into seven public health districts, with each of the districts containing four to eight counties. The seven health districts are independent agencies governed by a local board appointed by the county commissioners within the district.

2009 Estimated Population Adults Aged 18 and Over

Overall:.....	1,129,818
District 1:	164,731
District 2:	82,231
District 3:	178,716
District 4:	321,789
District 5:	128,139
District 6:	115,903
District 7:	138,309

Note: Population estimates are obtained from the Centers for Disease Control and Prevention and are used in weighting BRFSS data (see page 2). These population estimates may differ from U.S. Census Bureau population figures.



Idaho Behavioral Risk Factor Surveillance System

Introduction

Health risk behaviors and lack of preventive care are associated with higher rates of morbidity and mortality. Monitoring of modifiable risk factors for diseases and the use of preventive health services is vital to planning, initiating, and developing targeted education and intervention programs at the state and local level. It also provides a means of tracking progress toward achieving public health objectives. The Behavioral Risk Factor Surveillance System (BRFSS) is an ongoing surveillance program developed and partially funded by the Centers for Disease Control and Prevention (CDC). It is designed to estimate the prevalence of risk factors for the major causes of morbidity and mortality in the United States. The survey provides state-specific estimates of the proportion of adults aged 18 and over reporting health risk behaviors. For certain state and national objectives, BRFSS is the only source of data.

Idaho has participated in the BRFSS since its inception in 1984. Since then, the program has grown to encompass all 50 states and several U.S. territories. BRFSS data are valued at the state and national level for measuring progress toward national and state health objectives. BRFSS is unique in providing data that enable state health policymakers to assess their own states' needs and determine progress toward goals. Results from BRFSS have been used to support risk reduction and disease prevention activities by directing program planning, assessing trends, and targeting relevant population groups. This report summarizes major health risk behaviors and use of preventive health practices that affect chronic diseases associated with morbidity and mortality in Idaho. Summarized data in this report are not inclusive of all data that may be provided by BRFSS. For this reason, the 2009 questionnaire appears in its entirety in Appendix B.

Methodology

The BRFSS is conducted as a random telephone survey of the non-institutionalized adult population. In order to produce health district estimates, Idaho's sample has grown in size from 600 people in 1984 to 5,390 in 2009. The survey is administered in every month of the calendar year. After annual data collection is complete, individual responses are weighted to be representative of the state's adult population, and analysis is performed on the weighted data. Additional information regarding BRFSS methodology is available online at <http://www.cdc.gov/brfss>.

Sampling: Idaho used disproportionate stratified sampling for its 2009 BRFSS. The sample was stratified by Idaho's seven public health districts. A minimum of 700 Idahoans were interviewed within each health district, for a total sample size of 5,390. Interviews were conducted by telephone using computer-assisted telephone interviewing (CATI) software to record responses.

Weighting: The data were weighted to the respondent's probability of selection as well as age and sex based on 2009 population estimates. For example, some households have more than one telephone line and are more likely to be called. The weighting corrects for this difference in probability of selection as well as differences between the population and the sample.

Analysis: Idaho used SUDAAN® (Survey Data Analysis) software for statistical testing and calculation of confidence limits. This software takes into account the complex sampling design methodology of BRFSS. Idaho used SAS® software for data manipulation and risk factor creation. All "don't know," "not sure," and "refused" responses have been excluded from the analysis.

Reporting

Prevalence estimates based on denominators with fewer than 50 respondents have been suppressed and are indicated in the data tables with an asterisk (*). The BRFSS has adopted this standard to maintain a high degree of reliability. Differences between estimates are reported throughout the document. Any difference determined to be statistically significantly different (using 95 percent confidence intervals) was designated as such and will be preceded by the words "significantly" or "statistically."

Data Limitations

Errors in estimation are a result of BRFSS data being self-reported and certain behaviors possibly being underreported (Centers for Disease Control and Prevention, 2008). Another source of error is based on sampling as samples will deviate somewhat from the population. Additional possible errors may occur due to the population from which the sample is drawn. In order to be cost effective, the sample is limited to adults aged 18 and older who are non-institutionalized, live in a household with a non-cellular (landline) telephone, and can communicate in English or Spanish. This excludes people in prisons and dormitories, those who exclusively speak a language other than English or Spanish, households with only cellular telephones and others who cannot communicate by telephone. Spanish interviewing for the Idaho BRFSS began in midyear 2004 with 2005 as the first complete year that included Spanish interviewing.

With ongoing changes in telephone technology, there has been an increase in households that have cellular telephones only which may bias results (Centers for Disease Control and Prevention, 2010). Data on telephone coverage in U.S. households are available at <http://www.fcc.gov/wcb/iatd/trends.html>. The report shows telephone coverage of 94.2 percent for Idaho as a combination of landline and cellular telephone. While interviews among cell phone only households were conducted as part of the 2009 Idaho BRFSS, these were not in the regular BRFSS sample frame, the results of which are reported in this document.

Summary Results

General Health Status (page 10)

- The percentage of Idaho adults reporting their health as “fair” or “poor” was 15.2 percent in 2009. This figure has not changed significantly over the past ten years.
- Older adults were significantly more likely than younger adults to report “fair” or “poor” health compared with younger adults. Over one-quarter (26.2 percent) of those over the age of 65 reported “fair” or “poor” health.
- General health status was related to education level. Those without a high school diploma were significantly more likely to report “fair” or “poor” health compared with those with some college or more education.

Health Care Coverage (page 12)

- In Idaho, 18.7 percent of adults did not have health care coverage in 2009. This was not a significant change since 2008.
- Health care coverage increased with age. Those over the age of 35 were significantly more likely to have coverage compared with younger adults.
- Those with a high school education or below reported being uninsured nearly three times as often as those with some college or more.

Dental Insurance (page 14)

- The percentage of Idaho adults who were without dental insurance in 2009 was 43.5 percent. This figure has not changed significantly during the nine year tracking period.
- Those over age 65 were significantly more likely than younger adults to be without dental insurance.
- More than nine-in-ten Idaho adults without health care coverage were also without dental insurance.

Diabetes (page 16)

- Diabetes prevalence was 8.0 percent in 2009. The percentage of Idahoans with diabetes has increased significantly since 2000.
- Overweight adults (BMI ≥ 25) reported diabetes more than three times as often as those who were not overweight.

Summary Results

Asthma (page 18)

- Asthma prevalence (those with current asthma) was 8.4 percent in 2009 and has not changed significantly during the ten-year tracking period.
- Those with incomes below \$35,000 were significantly more likely than those with higher incomes to have current asthma.
- Adults with asthma reported “fair” or “poor” general health more than twice as often as those who did not have asthma.

Arthritis (page 20)

- In 2009, 23.7 percent of Idaho adults had ever been told by a medical professional that they had arthritis. Prevalence of arthritis has not changed significantly during the eight-year trend.
- Females were significantly more likely to have arthritis than males.
- The majority (54.5 percent) of those with arthritis reported that their activities were limited due to health problems.

High Cholesterol (page 22)

- Among those screened for cholesterol, 37.3 percent were told that their cholesterol was high. This figure has increased significantly since 2001.
- Those over the age of 55 were nearly twice as likely to have had high cholesterol as younger adults.
- More than four-in-ten of those who were overweight (BMI ≥ 25) had been told they had high cholesterol. Those who were not overweight were significantly less likely to have high cholesterol.

Summary Results

High Blood Pressure (page 24)

- In 2009, 25.9 percent of Idaho adults had been told they had high blood pressure. This figure was unchanged from 2008.
- Those over the age of 55 were more than twice as likely to have had high blood pressure compared with younger adults.
- Adults who had been told they had high blood pressure were significantly more likely to have had a diagnosis of angina or coronary heart disease.

Fruit and Vegetable Consumption (page 26)

- More than three-quarters (75.4 percent) of Idaho adults reported that they do not eat five or more servings of vegetables per day. This figure has remained steady since 2000.
- Females were significantly more likely than males to get their five servings a day. Even so, nearly seven-in-ten females did not meet the recommendation.
- College graduates were more likely to eat five or more fruit and vegetable servings compared with those with less education.

Physical Activity (page 28)

- In Idaho, 21.0 percent of adults did not participate in any leisure time physical activity in the prior month. This was not a significant change since 2008.
- Idaho adults residing in Health District 4 were significantly more likely to participate in leisure time physical activity than adults in the rest of the state.
- Physical activity decreased significantly with age. Around one-third (32.4 percent) of those over the age of 65 did not participate in physical activity.

Summary Results

Weight (page 30)

- In 2009, the percentage of Idaho adults who were overweight (BMI \geq 25) remained steady at 61.3 percent. The prevalence of overweight adults has increased significantly in the past decade from 55.7 percent in 2000.
- About one-in-four (25.1 percent) Idahoans was obese (BMI \geq 30) in 2009. The proportion of overweight adults who are also obese has increased significantly since 2000 (up from 18.9 percent).
- Those with household incomes of \$75,000 or higher were significantly less likely to be obese than those with incomes below \$35,000.
- Idaho adults categorized as overweight and/or obese were significantly more likely to have diabetes.

Cigarette Smoking (page 34)

- The percentage of adults who were cigarette smokers declined to a decade low of 16.3 in 2009. This was a significant drop since 2000.
- Those with lower education and income levels were significantly more likely to smoke cigarettes.
- Cigarette smokers were more than twice as likely to report “fair” or “poor” general health than non-smokers.

Alcohol Consumption (page 36)

- Binge drinking for females is defined as having four or more alcoholic beverages on a single occasion. For males, binge drinking is defined as having five or more alcoholic beverages on a single occasion. In 2009, 13.0 percent of Idaho adults engaged in binge drinking in the past 30 days. This was not a significant change from recent years.
- Heavy drinking (more than 30 drinks per month for females and more than 60 drinks for males) showed no significant change from recent years with 4.6 percent of adults reporting heavy drinking.
- Overall, males were significantly more likely to be binge drinkers than females. However, heavy drinking did not differ significantly by sex.

Summary Results

Illicit Drug Use (page 40)

- The percentage of Idaho adults who used illicit drugs for non-medical reasons in the prior 12 months was 5.1 percent in 2009. This has not changed significantly during the eight-year tracking period.
- Those aged 18 to 24 were significantly more likely to have used illicit drugs compared with those in any other age group.
- Adults without a high school diploma reported illicit drug use nearly three times as often as those with some college or more education.

Cholesterol Screening (page 42)

- In 2009, 30.6 percent of adults had not had a cholesterol check in the prior five years. This was not a significant change from 2007.
- Those without health care coverage were significantly less likely to receive cholesterol screening compared with those with coverage.

Dental Visits (page 44)

- In 2009, 29.9 percent of Idaho adults had not visited a dentist within the previous 12 months. This was a significant decrease since 2001.
- Males aged 35 to 44 were significantly more likely to have had no dental visits compared with females in the same age group. In all other age groups, males and females did not differ with regard to dental visits.
- Idahoans with household incomes below \$25,000 and those with less than a high school education were significantly less likely to have had an annual dental visit than those with higher incomes and education levels.

2009 Risk Factors: Idaho and United States Median*

Percent of adults who:	Idaho %	Median of U.S. States*
Reported their general health as "fair" or "poor"	15.2	14.5
Did not have health care coverage	18.7	14.3
Did not have dental insurance	43.5	n/a
Had ever been told they had diabetes	8.0	8.3
Were diagnosed and still had asthma	8.4	8.8
Had ever been told they had arthritis	23.7	26.0
Had high cholesterol, among those screened	37.3	37.5
Were ever told they had high blood pressure	25.9	28.6
Ate fewer than five servings of fruits and vegetables daily	75.4	76.6
Did not participate in leisure time physical activity, past month	21.0	23.6

* Median of all states and District of Columbia (51)

n/a = data not available

2009 Risk Factors: Idaho and United States Median*

Percent of adults who:	Idaho %	Median of U.S. States*
	%	%
Were overweight (BMI \geq 25)	61.3	63.1
Were obese (BMI \geq 30)	25.1	26.9
Smoked cigarettes	16.3	17.9
Were binge drinkers (\geq 4 alcoholic drinks on single occasion for females, \geq 5 alcoholic drinks on single occasion for males)	13.0	15.7
Were heavy drinkers ($>$ 30 alcoholic drinks in past 30 days for females, $>$ 60 alcoholic drinks in past 30 days for males)	4.6	5.1
Used illicit drugs in the last 12 months	5.1	n/a
Had not had cholesterol checked within the last five years	30.6	22.8
Had not visited the dentist in the last 12 months	29.9	n/a

* Median of all states and District of Columbia (51)

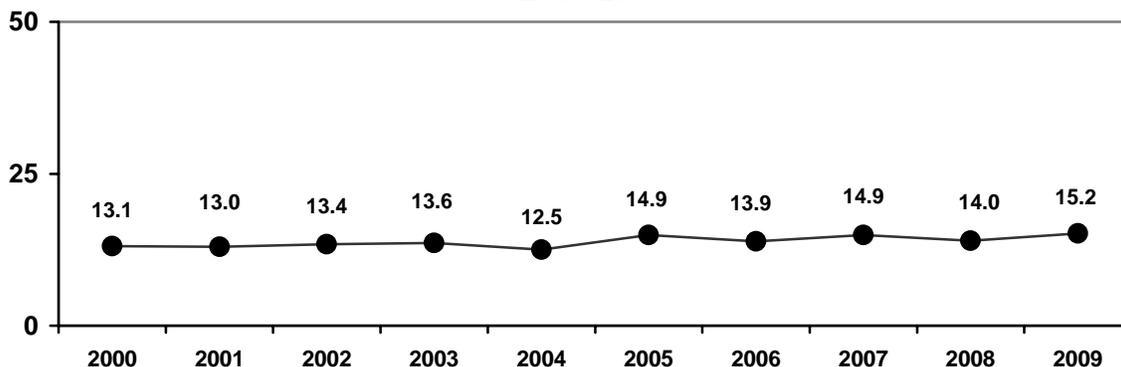
n/a = data not available

General Health

General Health Status

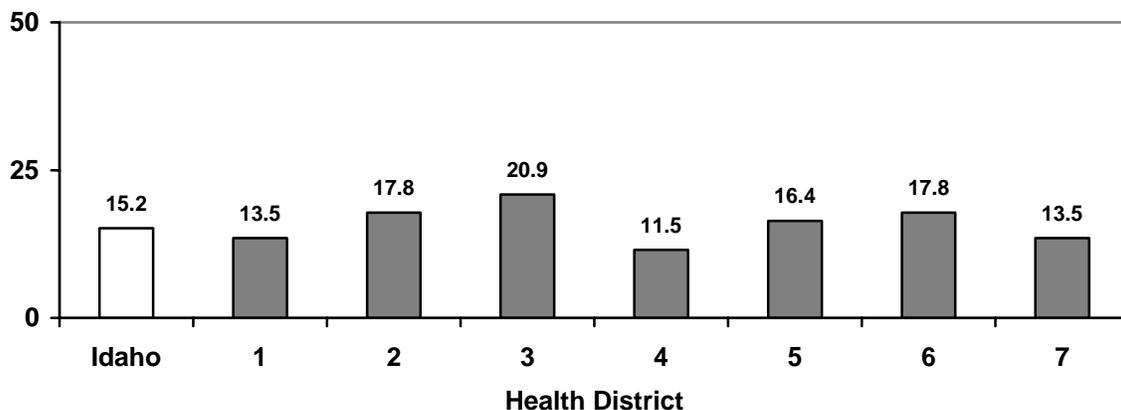
Respondents were asked to rate their health as “excellent,” “very good,” “good,” “fair,” or “poor.” In 2009, 15.2 percent of Idaho adults rated their health as “fair” or “poor.” This slight increase since 2000 was not statistically significant.

Percent of Idaho adults who reported their general health status as "fair" or "poor" 2000-2009



District 3 had the highest percentage of “fair” or “poor” health at 20.9 percent in 2009. District 4 had the lowest percentage at 11.5 percent. While both of these districts differed significantly from the rest of the state, no other district did.

Percent of Idaho adults who reported their general health status as "fair" or "poor," 2009 Health District

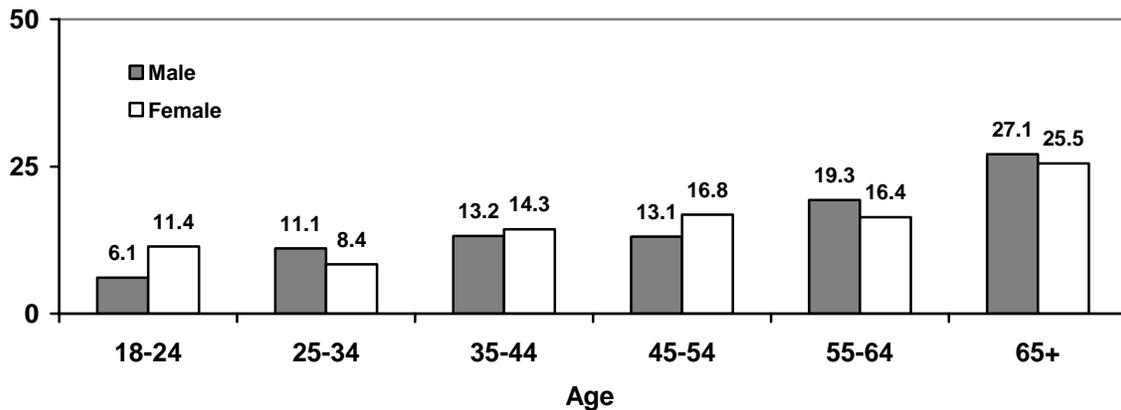


General Health

General Health Status

Reports of “fair” or “poor” health increased with age reaching 26.2 percent among all adults over the age of 65. However, males and females did not differ significantly on general health status. The differences seen by gender in the younger age categories were not statistically significant.

Percent of Idaho adults who reported their general health status as "fair" or "poor," 2009
Age and Sex



Other Highlights:

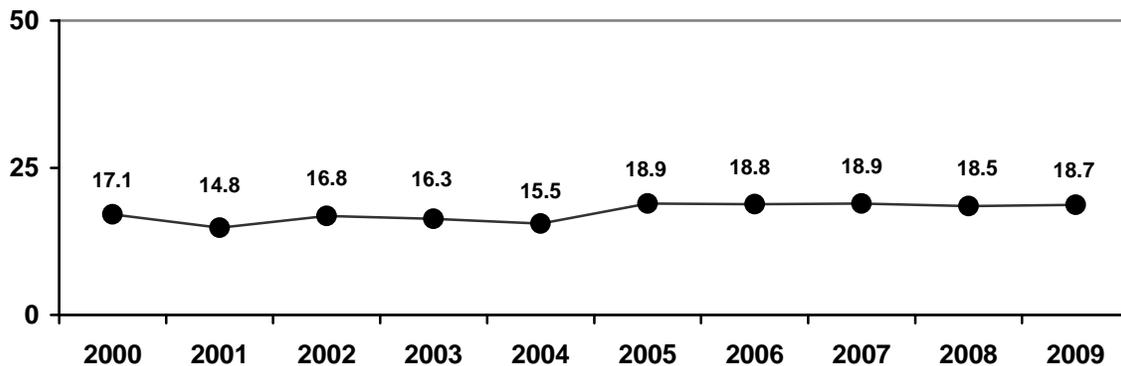
- Those with annual incomes below \$25,000 were more than three times as likely to say their general health was less than good compared with those with incomes of \$25,000 or above (31.6 percent compared with 9.2 percent).
- Adults who were employed were significantly less likely to report “fair” or “poor” health (8.0 percent) when compared with other employment categories (24.4 percent of the unemployed and 24.7 percent of “other” employment status, which includes students, homemakers, retirees and those unable to work).
- Education level was inversely related to “fair” or “poor” health status. Nearly 1-in-3 (29.4 percent) of those without a high school diploma reported having “fair” or “poor” health compared with fewer than 1-in-10 (6.3 percent) of those with a college degree.

General Health

Health Care Coverage

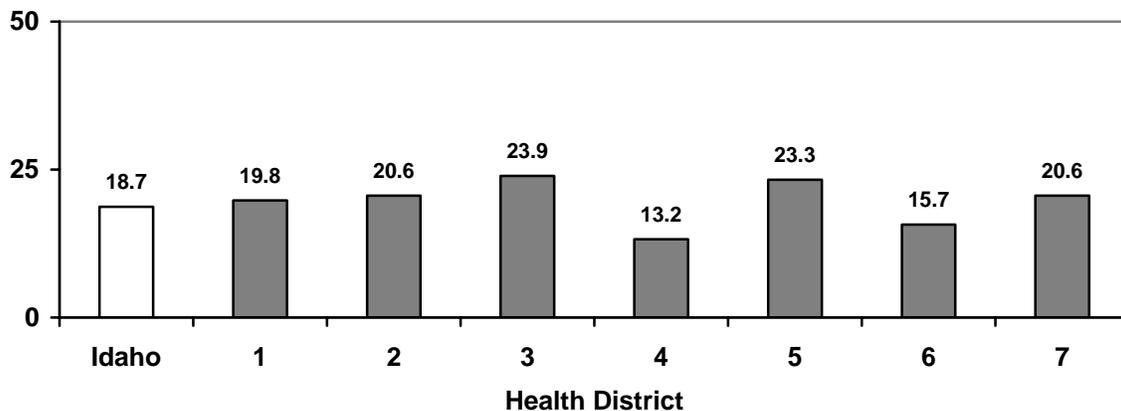
The percentage of uninsured adults has not changed significantly in the past ten years and has remained essentially unchanged since 2005. In 2009, 18.7 percent of adults in Idaho had no health care coverage.

Percent of Idaho adults without health care coverage 2000-2009



Idaho adults living in Health District 4 or District 6 were the least likely to report having no health care coverage in 2009 (13.2 percent and 15.7 percent, respectively). District 3 and District 5 had the highest percentages of uninsured adults (23.9 percent and 23.3 percent).

Percent of Idaho adults without health care coverage, 2009 Health District

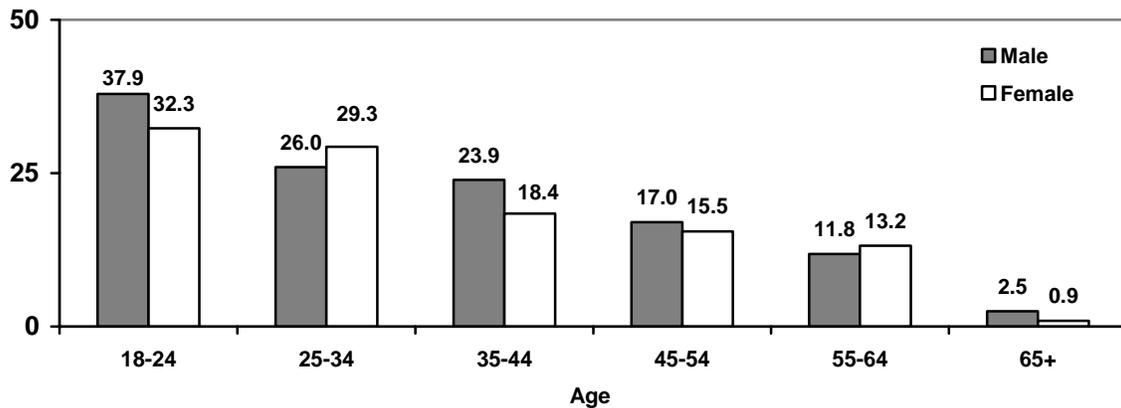


General Health

Health Care Coverage

Health care coverage did not differ significantly by sex in any age category in 2009. However, those over the age of 35 were significantly more likely to have health coverage compared with younger adults.

Percent of Idaho adults without health care coverage, 2009
Age and Sex



Other Highlights:

- Idahoans with household incomes below \$25,000 were more likely than those with higher incomes to be without insurance coverage. More than one-in-three (37.9 percent) of those in households with incomes below \$25,000 were uninsured. This compares with just 2.7 percent of those with incomes of \$50,000 or higher.
- Unemployed adults were nearly three times as likely as employed adults to be uninsured (52.2 percent versus 18.5 percent). Still, the majority (56.0 percent) of those without health care coverage were employed for wages.
- Idaho adults with a high school education or below reported being uninsured nearly three times as often as those with some college or more (30.3 percent compared with 11.2 percent).
- Hispanics were significantly more likely than non-Hispanics to be without health coverage (47.1 percent compared with 16.6 percent).

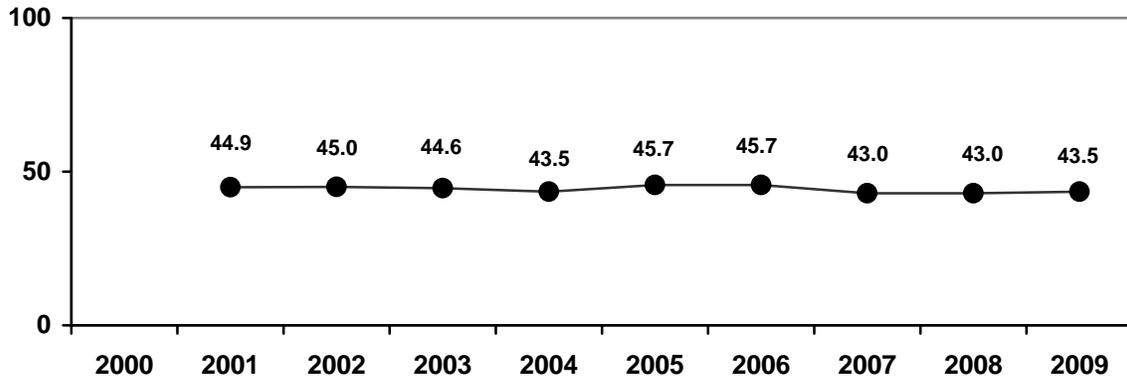
General Health

Dental Insurance

In 2009, 43.5 percent of Idaho adults did not have dental insurance. There has been no significant change in this figure in the nine year tracking period.

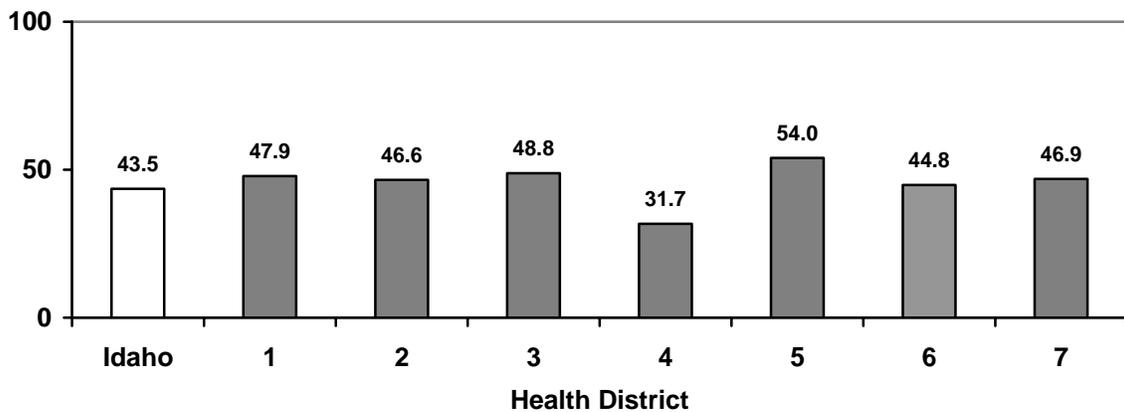
Percent of Idaho adults without dental insurance, 2000-2009

Breaks in the trendline indicate data are not available for those years



Compared with the rest of the state, adults in District 4 had a significantly lower percentage of adults without dental insurance, while District 5 had a significantly higher percentage. None of the other districts varied significantly from the state overall.

**Percent of Idaho adults without dental insurance, 2009
Health District**

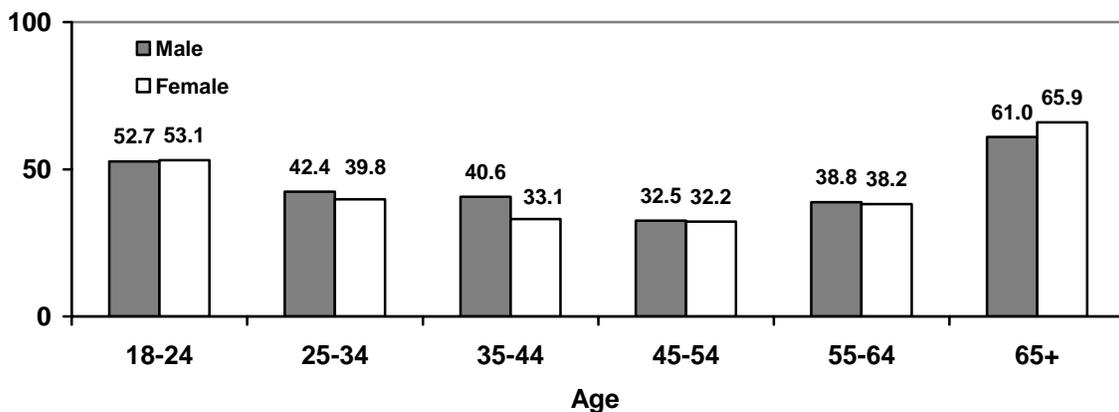


General Health

Dental Insurance

Although males and females were equally likely to be without dental insurance coverage, differences were observed between age categories. Those over the age of 65 were significantly more likely than younger adults to be without dental insurance at 63.7 percent. Still, more than one-half (52.9 percent) of those aged 18 to 24 did not have dental insurance.

**Percent of Idaho adults without dental insurance, 2009
Age and Sex**



Other Highlights:

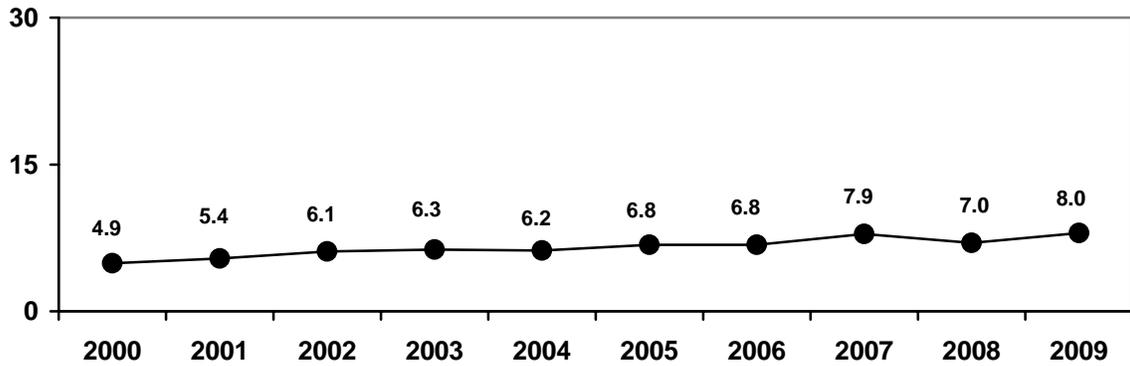
- More than nine-in-ten (94.8 percent) Idaho adults without health care coverage were also without dental insurance.
- Dental insurance coverage increased with income. More than two-thirds (68.6 percent) of those with incomes below \$25,000 had no dental insurance compared with 18.9 percent with incomes of \$75,000 or higher.
- Unemployed adults were significantly more likely to be without dental insurance compared with employed adults (65.6 percent compared with 33.6 percent, respectively).
- Those without a high school diploma were more than twice as likely as college graduates to be without dental insurance (64.9 percent compared with 29.6 percent, respectively).

Chronic Disease Prevalence

Diabetes

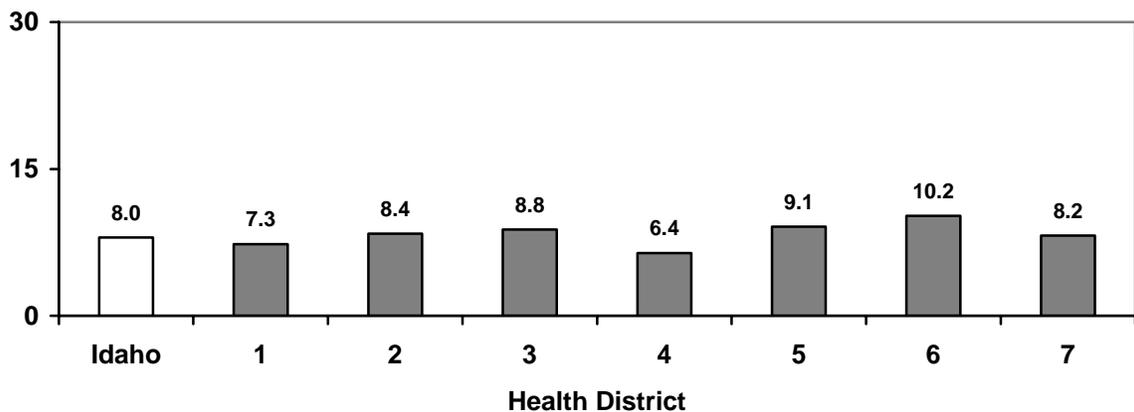
The percentage of Idaho adults with diabetes reached a ten year high of 8.0 percent in 2009. While this was not a significant change from the prior year, the prevalence of diabetes has increased significantly since 2000 (from 4.9 percent).

Percent of Idaho adults who had ever been told they had diabetes 2000-2009



Diabetes prevalence ranged from a high of 10.2 percent in District 6 to a low of 6.4 percent in District 4. None of the differences between Health Districts were statistically significant.

Percent of Idaho adults who had ever been told they had diabetes, 2009 Health District

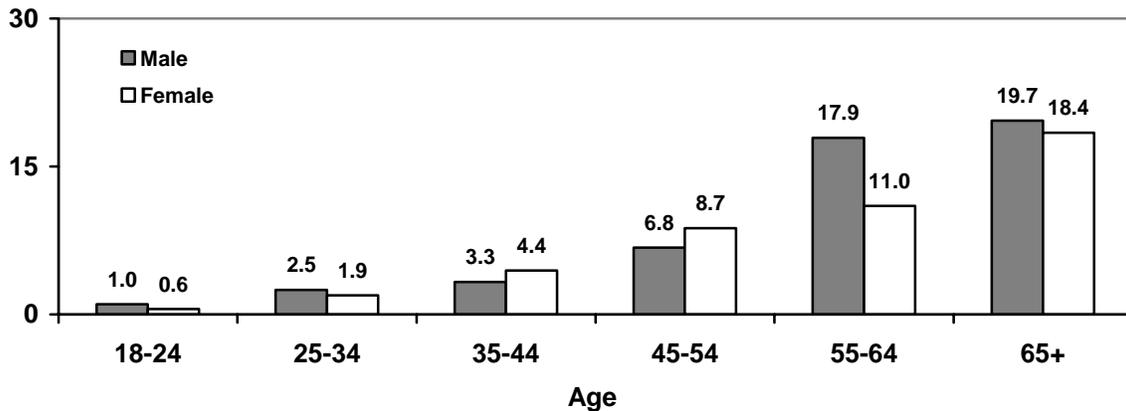


Chronic Disease Prevalence

Diabetes

Males and females did not significantly differ overall with regard to diabetes prevalence (8.1 percent for males and 7.8 percent for females). However, there were significant differences by age category. Among those over the age of 55, 16.9 percent had been diagnosed with diabetes.

Percent of Idaho adults who had ever been told they had diabetes, 2009
Age and Sex



Other Highlights:

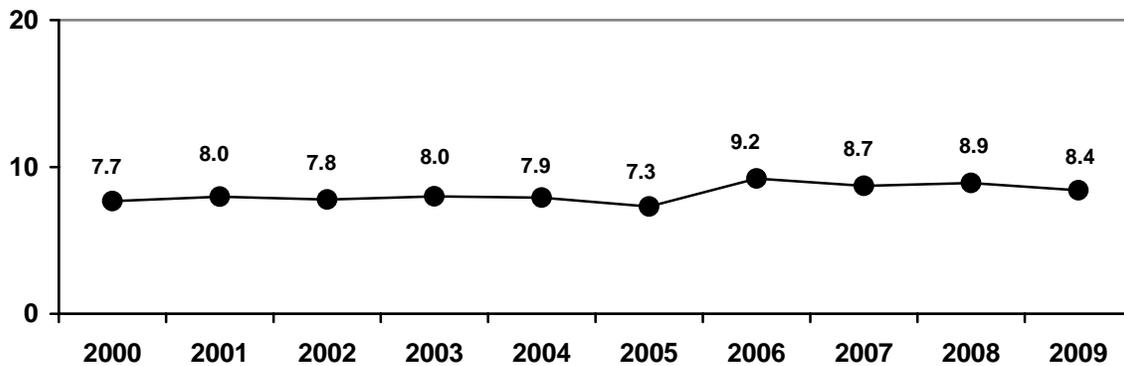
- Overweight (BMI ≥ 25) adults reported diabetes more than three times as often as those who were not overweight. Among overweight adults, 10.6 percent had diabetes compared with 3.4 percent of those who were not overweight or obese.
- Those who did not engage in leisure time physical activity reported diabetes more than twice as often as those who did have leisure time physical activity (14.1 percent compared with 6.3 percent).
- Those with a high school diploma or less education were significantly more likely to have diabetes compared with college graduates (9.7 percent compared with 6.1 percent).
- Those with lower incomes were significantly more likely to have diabetes than those with mid-level or high incomes. More than one-in-ten (11.2 percent) of those with household incomes below \$35,000 had diabetes compared with 6.0 percent of those with incomes of \$35,000 or more.

Chronic Disease Prevalence

Asthma

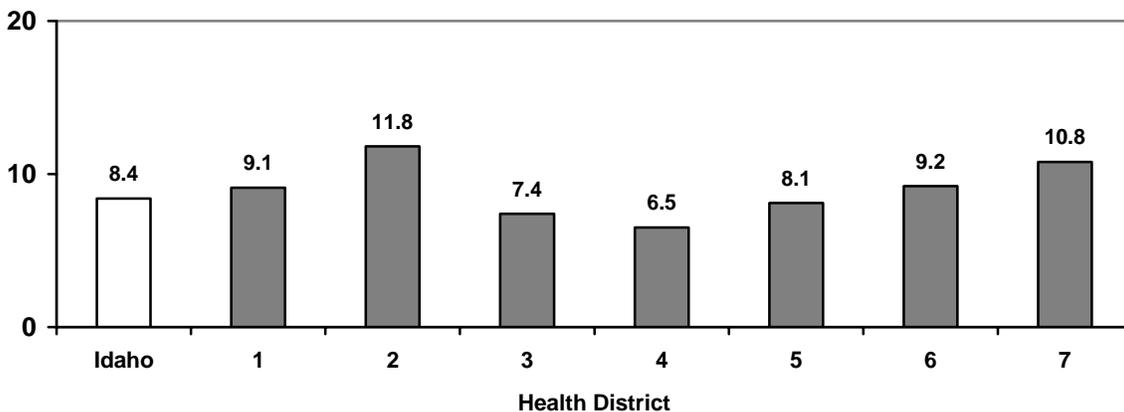
Prior to 2002, the Idaho BRFSS reported asthma prevalence as those who had ever been told they had asthma. Since 2002, Idaho began reporting asthma prevalence as those adults who had ever been told they had asthma and still had it. The percentage of adults with current asthma in 2009 remained statistically unchanged, at 8.4 percent.

Percent of Idaho adults who were diagnosed and still had asthma 2000-2009



Asthma prevalence was highest in Health District 2 (11.8 percent) and lowest in Health District 4 (6.5 percent). However, none of the differences between the districts were significant.

Percent of Idaho adults who were diagnosed and still had asthma, 2009 Health District

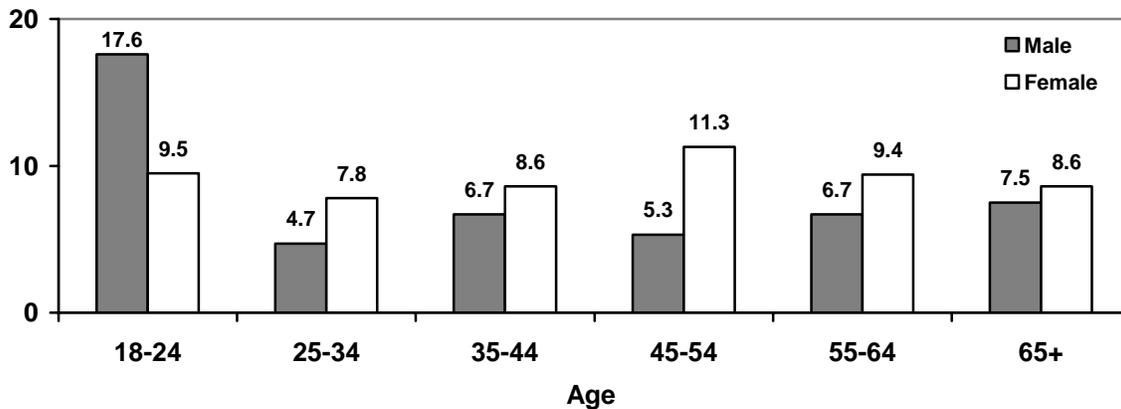


Chronic Disease Prevalence

Asthma

In 2009, males and females did not differ significantly on asthma prevalence (7.5 percent compared with 9.2 percent, overall). However, females aged 45 to 64 reported having asthma twice as often as males in the same age group (11.3 percent and 5.3 percent, respectively).

Percent of Idaho adults who were diagnosed and still had asthma, 2009
Age and Sex



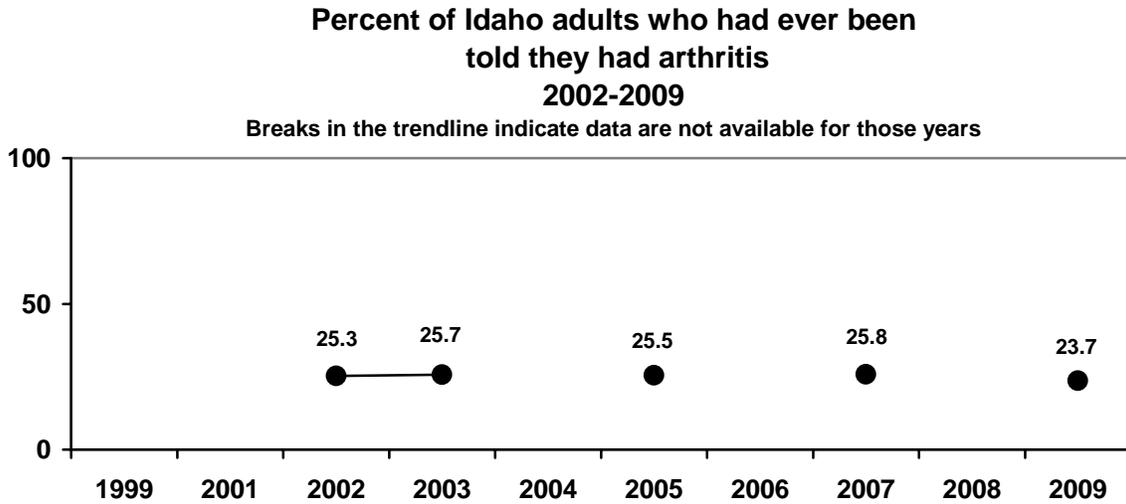
Other Highlights:

- Those with incomes below \$35,000 were significantly more likely than those with higher incomes to have current asthma (11.4 percent compared with 6.9 percent of those with incomes of \$35,000 or higher).
- There was no clear relationship between asthma and level of education. About one-in-ten (9.7 percent) of those with a high school diploma or less education had current asthma, compared with 7.5 percent of those with a least some college. This difference was not significant.
- Asthma prevalence did not differ significantly between the employed (7.5 percent) and the unemployed (7.0 percent).
- Adults with current asthma reported their general health status as “fair” or “poor” more than twice as often as those who did not have asthma (30.0 percent compared with 13.7 percent).

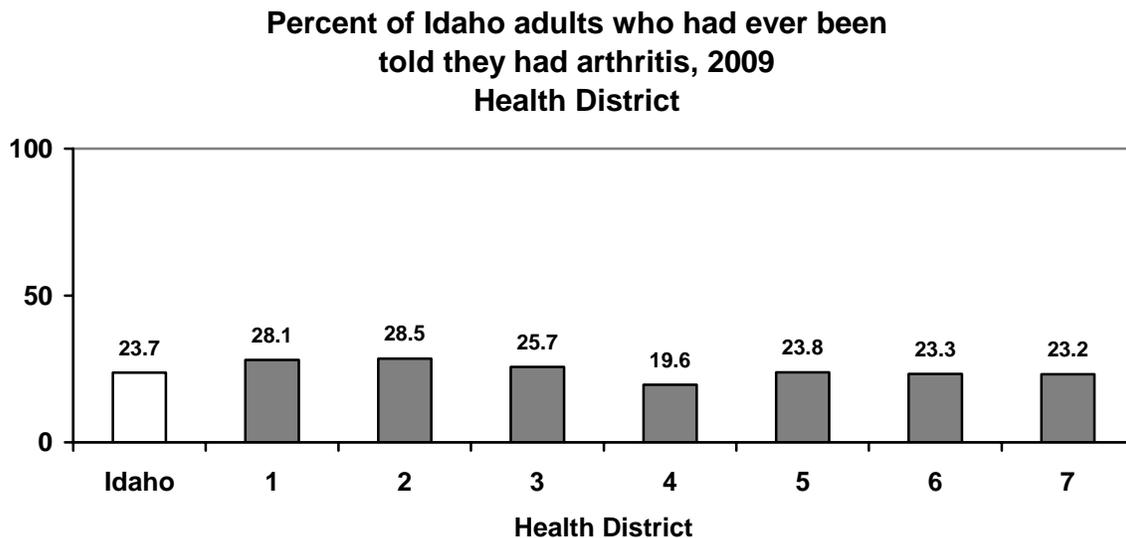
Chronic Disease Prevalence

Arthritis

Due to a change in the definition of arthritis, BRFSS data for arthritis prevalence prior to 2002 are not comparable to BRFSS data from 2002 and later years. In 2009, one-in-four (23.7 percent) of Idaho adults had ever been told by a medical professional that they had arthritis.



Arthritis prevalence did not differ significantly by district. It was the highest in Districts 1 and 2 (28.1 percent and 28.5 percent, respectively) and the lowest in District 4 (19.6 percent).

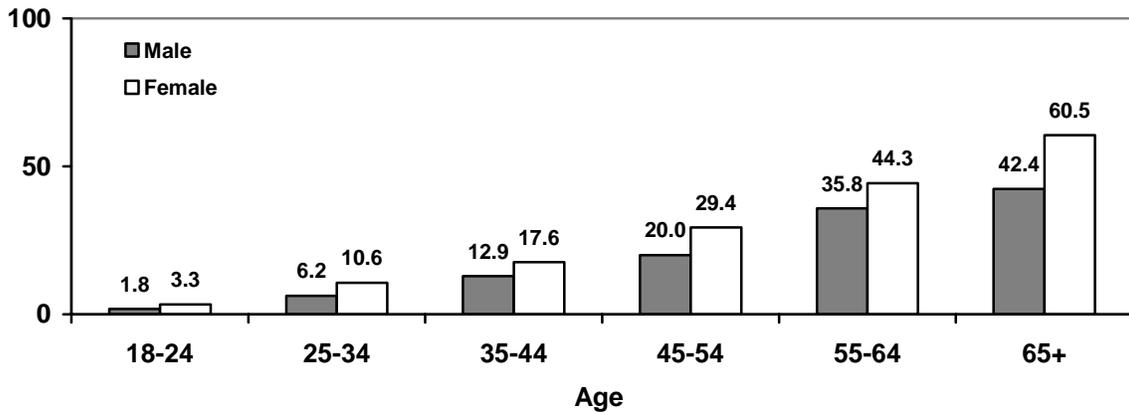


Chronic Disease Prevalence

Arthritis

Arthritis prevalence in 2009 was significantly higher among females (28.2 percent) than males (19.2 percent). The likelihood of having arthritis increased with age. More than half (52.3 percent) of those 65 and older had been diagnosed with arthritis.

**Percent of Idaho adults who had ever been told they had arthritis, 2009
Age and Sex**



Other Highlights:

- Idaho residents with incomes below \$35,000 per year were significantly more likely to have arthritis than those with incomes of \$50,000 or higher (28.5 percent compared with 18.9 percent).
- College graduates were significantly less likely to have arthritis compared with those with some college or less education (19.7 percent compared with 25.5 percent).
- Hispanics were significantly less likely than non-Hispanics to have been diagnosed with arthritis (13.0 percent compared with 24.5 percent).
- More than one-in-four (27.5 percent) of overweight adults (BMI \geq 25) had arthritis. This was significantly higher than for those who were not overweight (18.1 percent).
- The majority of those with arthritis (54.5 percent) reported that their activities were limited due to health problems.

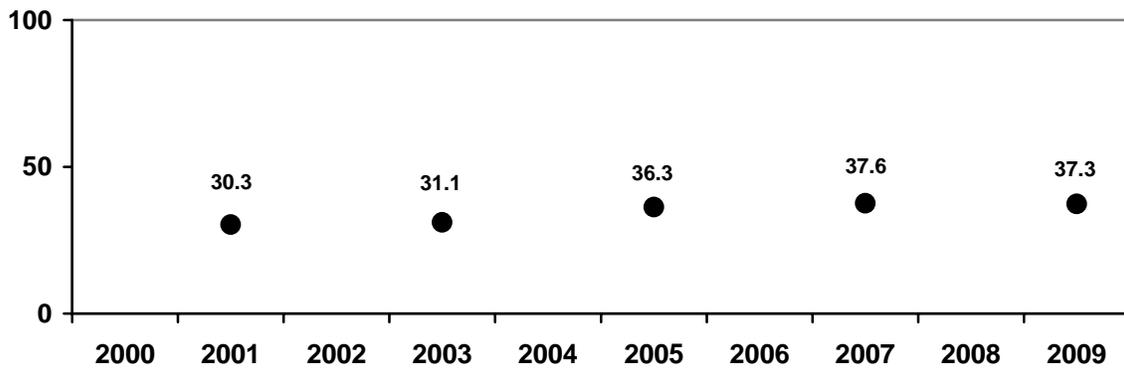
Chronic Condition Prevalence

High Cholesterol

Slightly more than two-thirds (69.4 percent) of Idaho adults had ever been screened for high cholesterol. Among those who had ever been screened, 37.3 percent reported that they were told their cholesterol was high in 2009. The percentage of screened adults with high cholesterol has increased significantly since 2001 (from 30.3 percent).

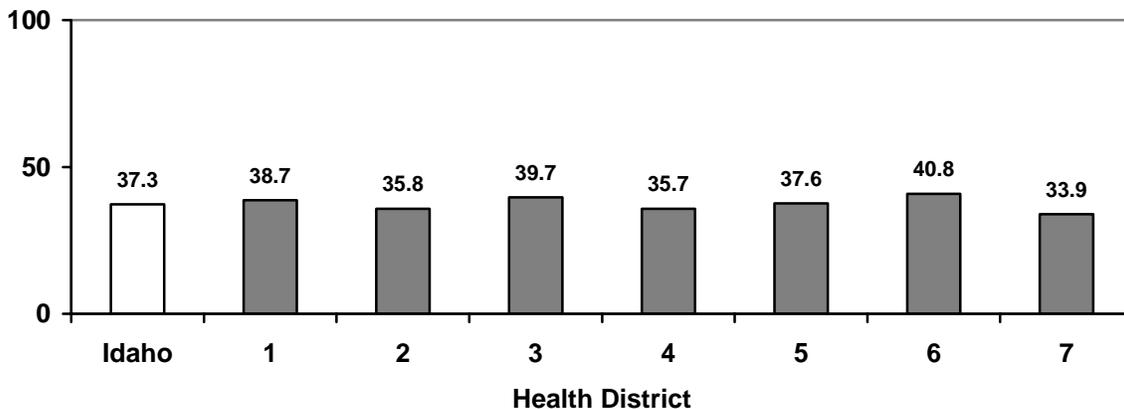
Percent of Idaho adults who were ever told they had high cholesterol, among those screened, 2001-2009

Breaks in the trendline indicate data are not available for those years



The prevalence of high cholesterol did not differ significantly by district. It ranged from a high of 40.8 percent in District 6 to a low of 33.9 percent in District 7.

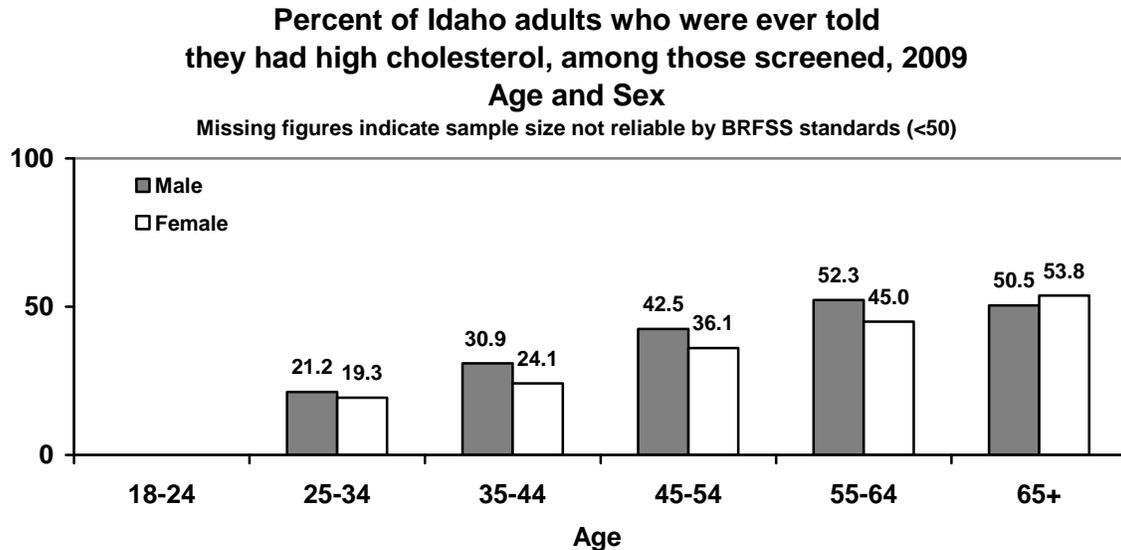
Percent of Idaho adults who were ever told they had high cholesterol, among those screened, 2009
Health District



Chronic Condition Prevalence

High Cholesterol

There were no significant differences between males and females who had been told they had high cholesterol after being screened. Adults aged 55 and older were almost twice as likely to have had high blood cholesterol levels as those under age 55 (50.6 percent compared with 28.2 percent).



Other Highlights:

- Those with incomes below \$25,000 were significantly more likely to have high cholesterol than those with incomes above \$75,000 (43.3 percent compared with 30.8 percent).
- Prevalence of high cholesterol decreased with higher levels of education. Among those with a high school diploma or less education, 41.3 percent had been told they had high cholesterol compared with 32.9 percent of college graduates.
- Adults who had been screened and told they had high cholesterol reported their general health status as “fair” or “poor” significantly more often than those who had not been told they had high cholesterol (26.9 percent compared with 14.4 percent).
- More than four-in-ten (43.0 percent) of those who were overweight had been told they had high cholesterol. This compares with 26.6 percent of those who were not overweight.

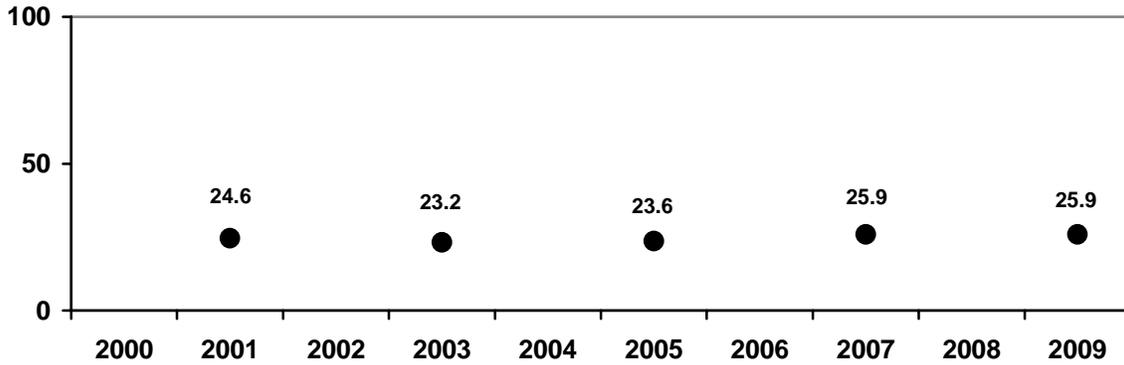
Chronic Condition Prevalence

High Blood Pressure

The prevalence of high blood pressure in Idaho's adult population has not changed significantly during the ten year tracking period. In 2009, 25.9 percent of Idaho adults had ever been told they had high blood pressure.

Percent of Idaho adults who were ever told they had high blood pressure, 2001-2009

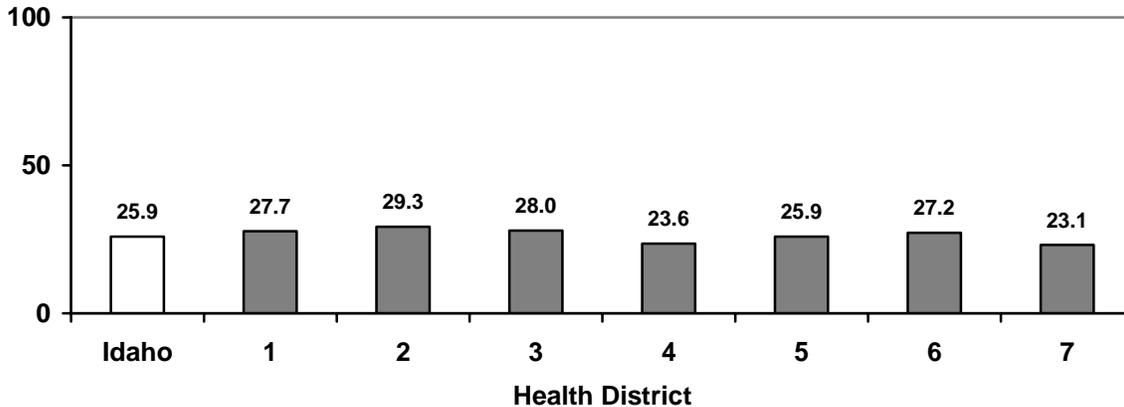
Breaks in the trendline indicate data are not available for those years



High blood pressure did not vary significantly by health district. It ranged from a low of 23.1 percent in District 7 to a high of 29.3 percent in District 2.

Percent of Idaho adults who were ever told they had high blood pressure, 2009

Health District

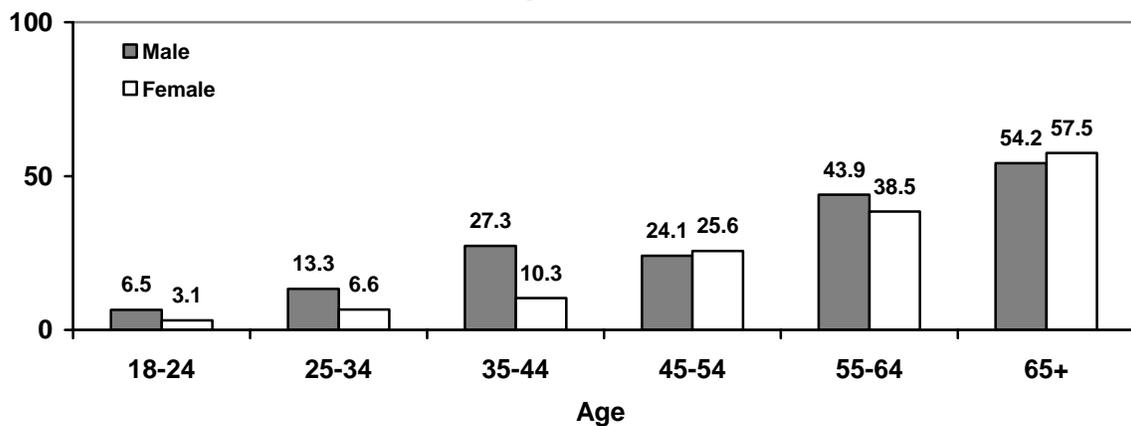


Chronic Condition Prevalence

High Blood Pressure

There was no significant difference between the percentage of males and the percentage of females who reported they had high blood pressure. However, significant differences existed between age groups. Nearly one-half (49.0 percent) of those over the age of 55 had been told they had high blood pressure compared with less than one-quarter (22.0 percent) of those aged 35 to 54.

Percent of Idaho adults who were ever told they had high blood pressure, 2009
Age and Sex



Other Highlights:

- Those with incomes below \$25,000 per year were significantly more likely to have been told they had high blood pressure than those with incomes of \$50,000 or more (33.3 percent compared with 20.9 percent).
- Those who were overweight (BMI \geq 25) reported having high blood pressure twice as often as those who were not overweight (BMI < 25). About one-in-three (33.2 percent) overweight adults had high blood pressure compared with 13.9 percent of adults who were not overweight.
- Adults with high blood pressure reported their general health status as “fair” or “poor” nearly three times as often as those who did not have high blood pressure (29.7 percent compared with 10.1 percent).
- Adults who had been told they had high blood pressure were significantly more likely to have been told by a health professional that they also have angina or coronary heart disease (11.4 percent compared with 1.3 percent).

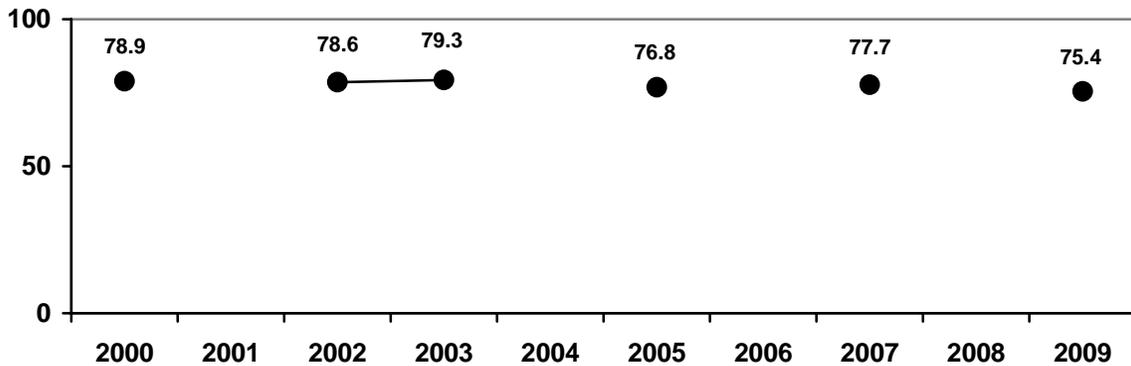
Health Risk Behaviors

Fruit and Vegetable Consumption

Fruit and vegetable consumption among Idaho adults has not changed significantly over the last ten years. In 2009, three-quarters (75.4 percent) reported that they do not eat five servings of fruits and vegetables a day.

Percent of Idaho adults who did not eat five servings of fruits and vegetables each day, 2000-2009

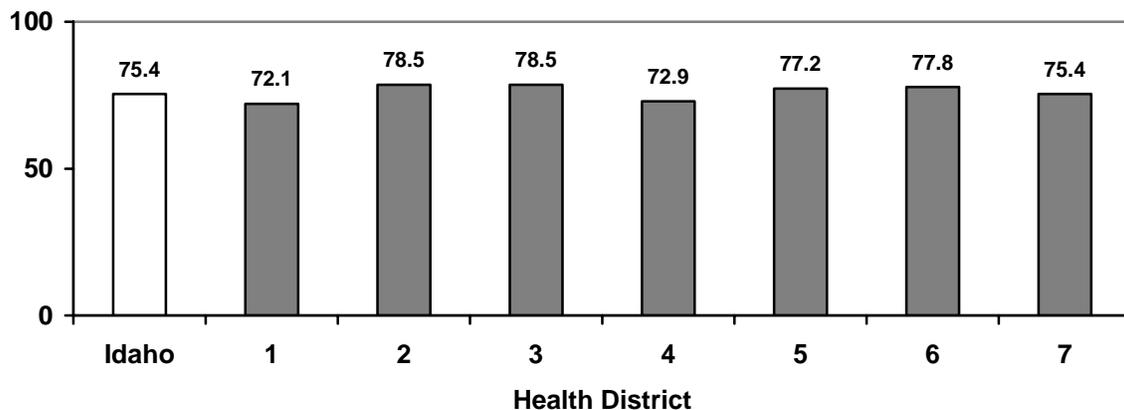
Breaks in the trendline indicate data are not available for those years



Results may differ from previous publications due to revisions in the risk factor calculation.

The percentage of those who did not eat five servings of fruit and vegetables was consistent across all health districts with no significant differences. It ranged from a high of 78.5 percent in District 2 and District 3 to a low of 72.1 percent in District 1.

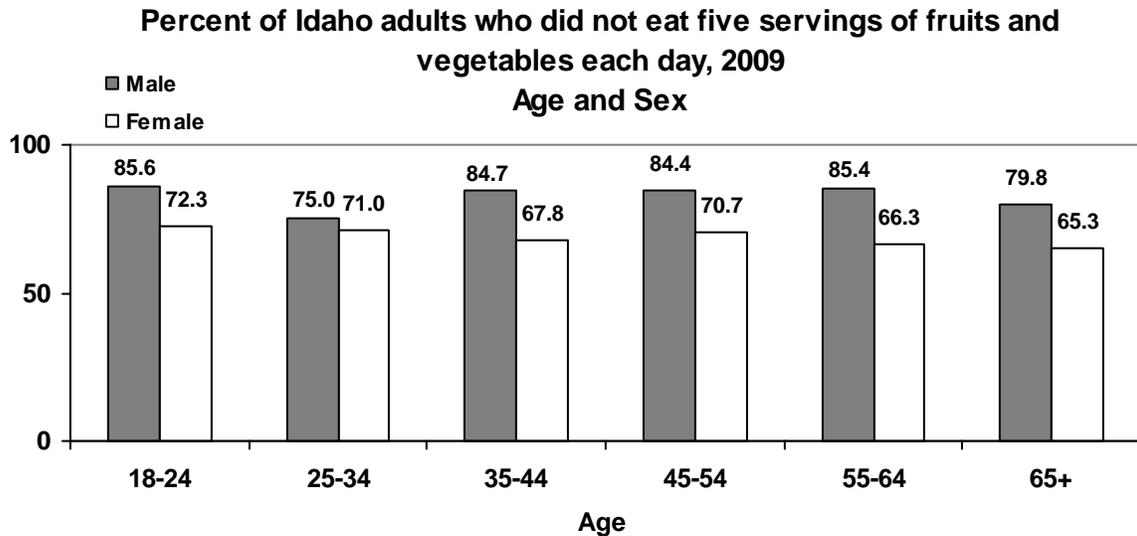
Percent of Idaho adults who did not eat five servings of fruits and vegetables each day, 2009
Health District



Health Risk Behaviors

Fruit and Vegetable Consumption

Males were significantly more likely to report that they did not get five daily of fruits and vegetable servings compared with females (82.0 percent compared with 68.8 percent). Fruit and vegetable consumption did not vary significantly by age in 2009.



Other Highlights:

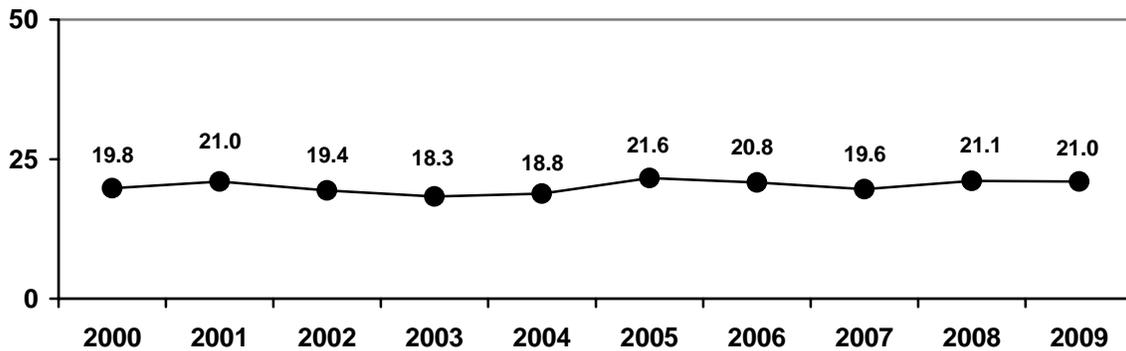
- There were no significant differences in fruit and vegetable consumption by income categories. However, college graduates were significantly more likely to get the recommended five servings a day compared with those with a high school education or less (70.6 percent compared with 79.3 percent).
- Adults who did not get the recommended servings of fruits and vegetables were significantly more likely to be obese than adults who did get five servings a day (26.7 percent compared with 19.9 percent).
- Those who did not get five servings a day were significantly more likely to have high cholesterol compared with those who did get the recommended fruit and vegetable servings (38.9 percent compared with 32.5 percent).

Health Risk Behaviors

Physical Activity

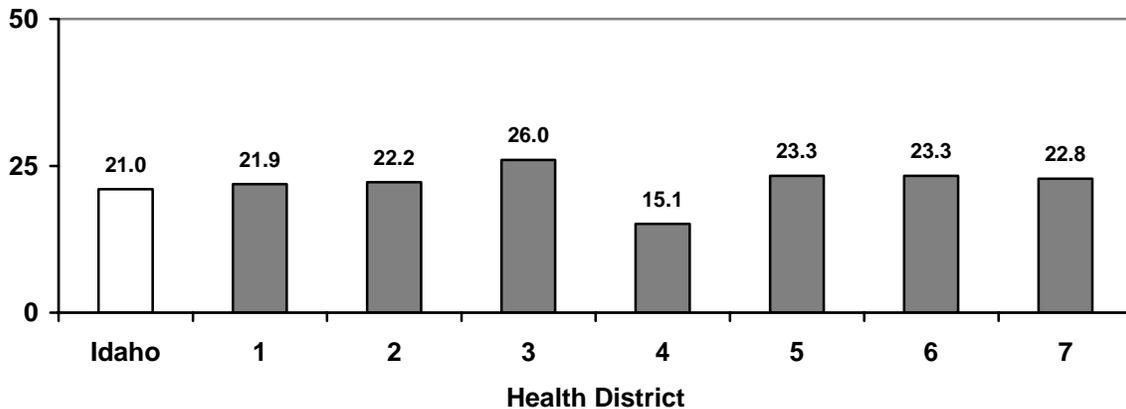
More than one-in-five (21.0 percent) of Idaho adults had not participated in physical activity in the prior month. There were no significant changes in leisure time physical activity over the ten year tracking period.

Percent of Idaho adults who did not participate in leisure time physical activity, 2000-2009



Idaho adults residing in District 4 were significantly less likely than those in the rest of the state to say they did not participate in physical activity. No other district differed significantly from the state as a whole.

**Percent of Idaho adults who did not participate in leisure time physical activity, 2009
Health District**

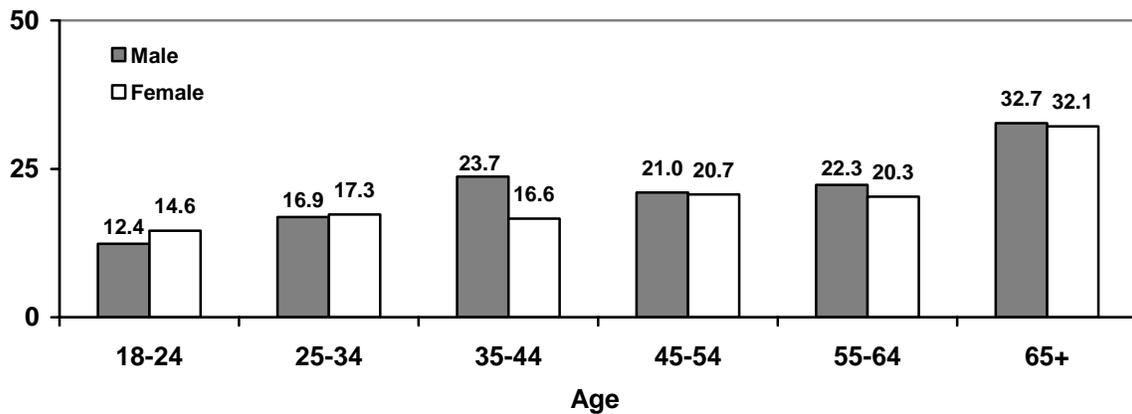


Health Risk Behaviors

Physical Activity

While leisure time physical activity did not differ significantly by sex, it decreased significantly with age. Nearly one-in-three (32.4 percent) adults over the age of 65 said they did not participate in physical activity compared with about half as many (15.8 percent) of those under the age of 35.

Percent of Idaho adults who did not participate in leisure time physical activity, 2009
Age and Sex



Other Highlights:

- Participation in physical activity varied significantly by income level. One-in-three (32.8 percent) of those with household incomes below \$25,000 reported no physical activity compared with just over one-in-ten (11.1 percent) of those with incomes of \$50,000 or higher.
- Those with a high school diploma or less education reported no leisure time physical activity nearly three times as often as those with a college degree (29.7 percent compared with 11.0 percent).
- Adults with arthritis were significantly less likely to engage in physical activity compared with those who did not have arthritis. Among those with arthritis, 30.4 percent had no physical activity compared with 17.5 percent of those without arthritis.
- Overweight (BMI \geq 25) adults were significantly more likely to have no leisure time physical activity when compared with those who were not overweight (23.9 percent compared with 15.3 percent).

Health Risk Behaviors

Weight

Body Mass Index

Body Mass Index (BMI) is an index based on height and weight used to categorize an adult as not overweight or obese, overweight, or obese. BMI is calculated using the following formula:

$$\frac{\text{Weight in kilograms}}{(\text{Height in meters})^2}$$

The following table illustrates common category breakouts based on BMI that are used in this report.

BMI Category	BMI
Not Overweight or Obese*	< 25.0
Overweight**	25.0 +
Obese	30.0 +

*The category "Not Overweight or Obese" also includes adults who are underweight based on BMI < 18.5). Although underweight is a recognized health risk, only 1.5 percent of Idaho's adult population fell into the underweight category in 2009.

** The category Overweight *includes* the category Obese.

Health Risk Behaviors

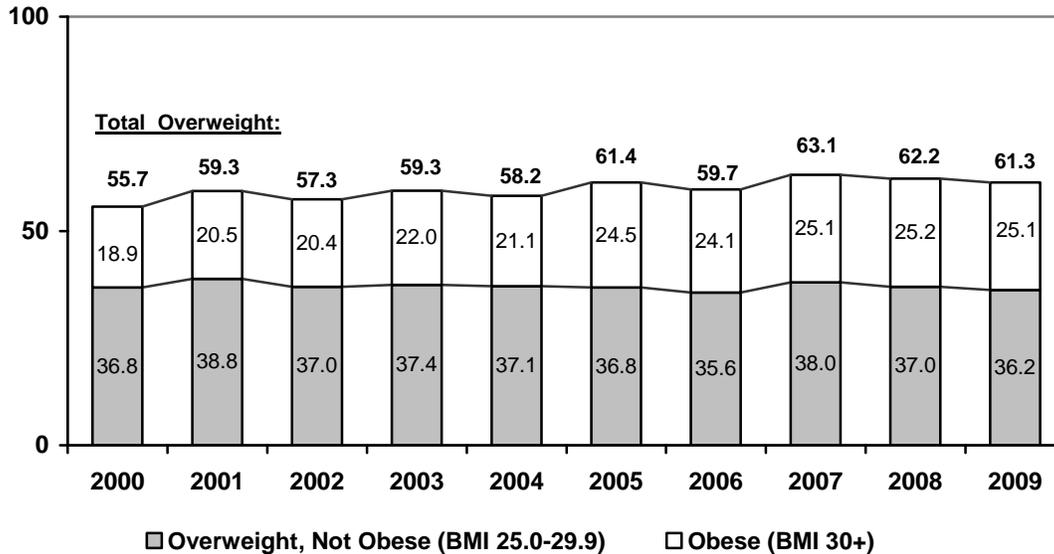
Weight

Overweight and Obesity Trends

Although the prevalence of overweight adults has increased significantly since the decade began (up from 55.7 percent in 2000), it has remained steady in recent years. More than six-in-ten (61.3 percent) adults were overweight in 2009.

The prevalence of obesity also increased significantly in the past decade. In 2009, one-in-four (25.1 percent) of Idaho adults were classified as obese.

**Percent of Idaho adults who were overweight and/or obese*
2000-2009**



*Results for overweight and obese may differ from previous publications due to revisions in risk factor calculation.

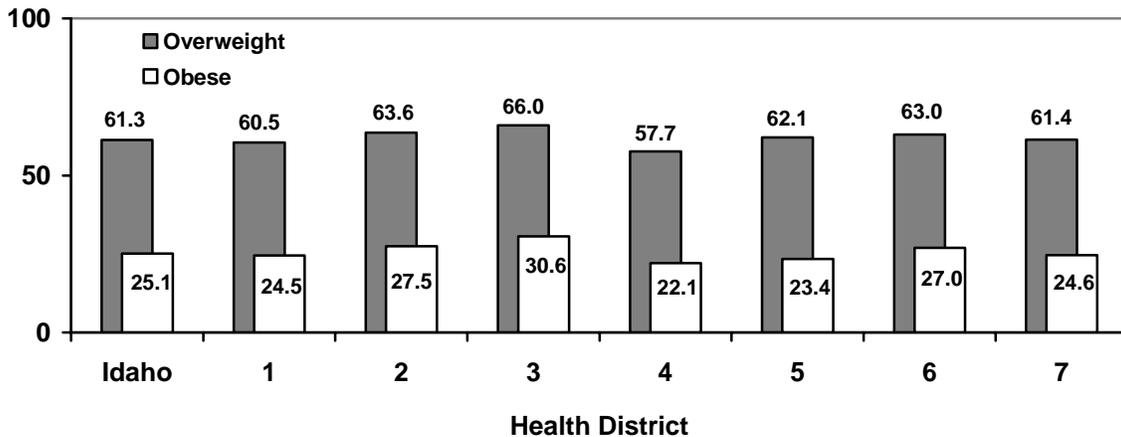
Note: For each year, the percentage of "Overweight, Not Obese" plus the percentage of "Obese" may not sum to the exact figure for "Total Overweight" due to rounding.

Health Risk Behaviors

Weight

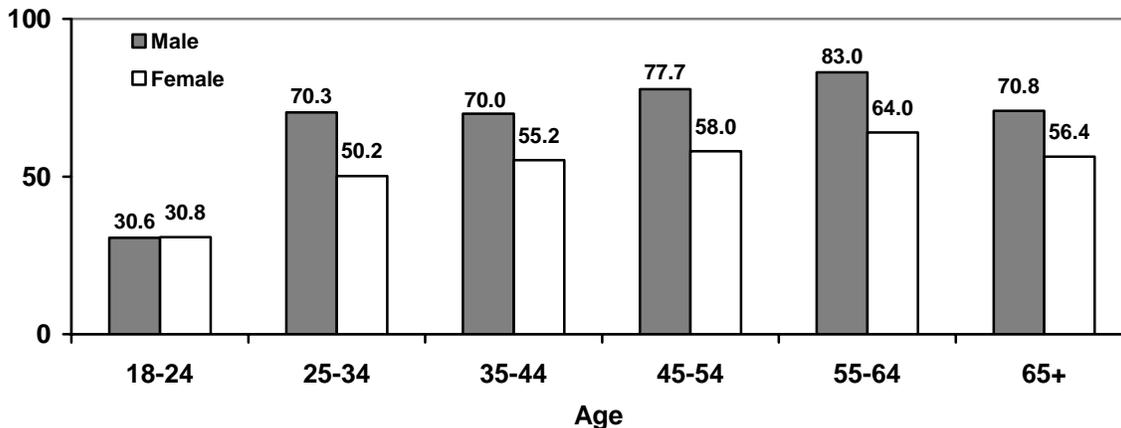
Overweight and obesity prevalence was the highest in District 3 (66.0 percent overweight, 30.6 percent obese) and lowest in District 4 (57.7 percent overweight, 22.1 percent obese). While the difference between these two districts was statistically significant, other differences between districts were not.

Percent of Idaho adults who were overweight and/or obese, 2009
Health District



Males were significantly more likely to be overweight than females (68.6 percent compared with 53.7 percent). The likelihood of being overweight increased with age until decreasing significantly among those 65 and over.

Percent of Idaho adults who were overweight, 2009
Age and Sex

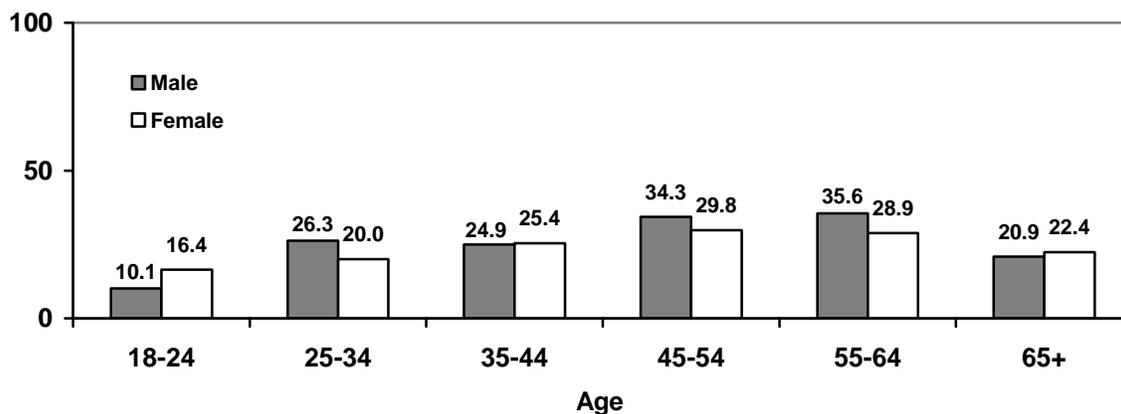


Health Risk Behaviors

Weight

Males (26.1 percent) and females (24.1 percent) were equally likely to be obese. Obesity prevalence increased with age until 65 years and over, where the rate dropped significantly (to 21.7 percent).

**Percent of Idaho adults who were obese, 2009
Age and Sex**



Other Highlights:

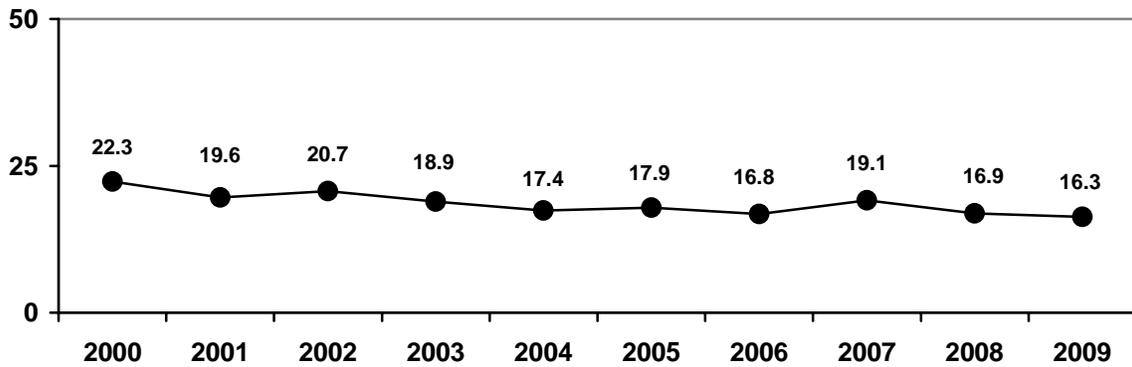
- The percentage of overweight adults was consistent across socio-economic categories such as income, education and employment status. However, differences were observed when looking at the percentage that were categorized as obese.
 - While the prevalence of overweight adults (BMI \geq 25) did not differ significantly by education level, college graduates were significantly less likely than those with lower levels of education to be obese (20.0 percent compared with 27.4 percent).
 - Those with household incomes of \$75,000 or more were significantly less likely to be obese than those with incomes below \$35,000 (21.0 percent compared with 28.9 percent).
- Those who were overweight were significantly more likely than those who were not to have diabetes. The prevalence of diabetes was highest among those who were obese. The prevalence of diabetes among those who were not overweight was 3.4 percent. This compares with 6.8 percent of those who were overweight but not obese and 16.1 percent of those who were obese.

Health Risk Behaviors

Cigarette Smoking

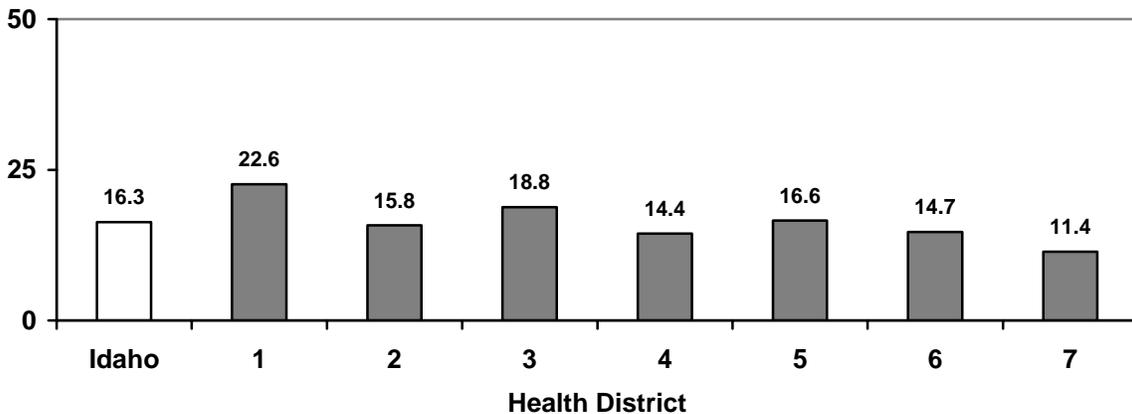
Adults were classified as cigarette smokers if they had smoked at least 100 cigarettes in their lives *and* currently smoked every day or some days. The prevalence of cigarette smoking in 2009 remained essentially unchanged from the prior year at 16.3 percent. However, cigarette smoking has dropped significantly since 2000.

**Percent of Idaho adults who smoked cigarettes
2000-2009**



Smoking rates ranged from a high of 22.6 percent in District 1 to a low of 11.4 percent in District 7. These two districts were the only ones that differed significantly from the rest of the state.

**Percent of Idaho adults who smoked cigarettes, 2009
Health District**

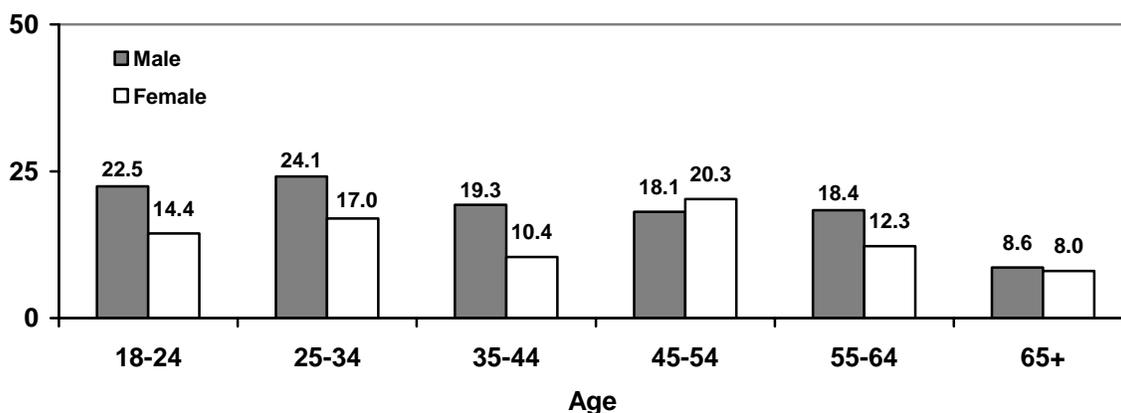


Health Risk Behaviors

Cigarette Smoking

In 2009, there was no significant difference between males and females overall in smoking prevalence (18.7 percent for males and 13.9 percent for females). However, smoking rates decreased with age. Fewer than one-in-ten (8.3) of those over the age of 65 were smokers.

Percent of Idaho adults who smoked cigarettes, 2009
Age and Sex



Other Highlights:

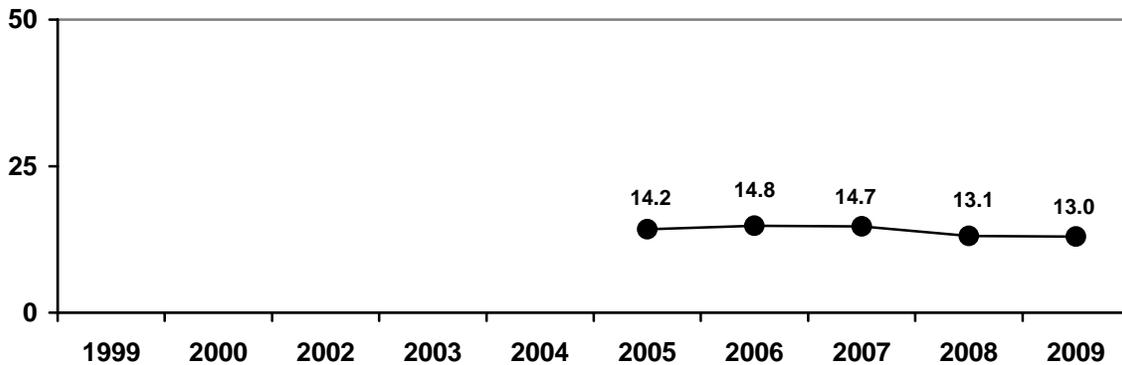
- Smoking prevalence decreased as education level increased. Those with less than a high school education were over five times more likely to report smoking than college graduates (31.6 percent compared with 5.6 percent, respectively).
- Adults with incomes below \$25,000 were significantly more likely to smoke cigarettes than those with higher incomes. More than one-in-four (28.8 percent) of those with incomes below \$25,000 smoked compared with fewer than one-in-ten (8.8 percent) of those with incomes above \$50,000.
- The unemployed were significantly more likely to smoke than those in other employment categories (32.2 percent of the unemployed compared with 15.4 percent of the employed and 14.5 percent of the “other” employment category—students, homemakers, retirees and those unable to work).
- Smokers were more than twice as likely to report “fair” or “poor” health compared with non-smokers (29.2 percent to 12.4 percent).

Health Risk Behaviors

Alcohol Consumption

Binge drinking for females is defined as consuming four or more alcoholic beverages on one occasion in the last 30 days. For males, binge drinking is five or more alcoholic beverages on one occasion in the last 30 days. In 2009, the percentage of Idaho adults engaging in binge drinking held steady at 13.0 percent. There have been no significant changes over the five year tracking period.

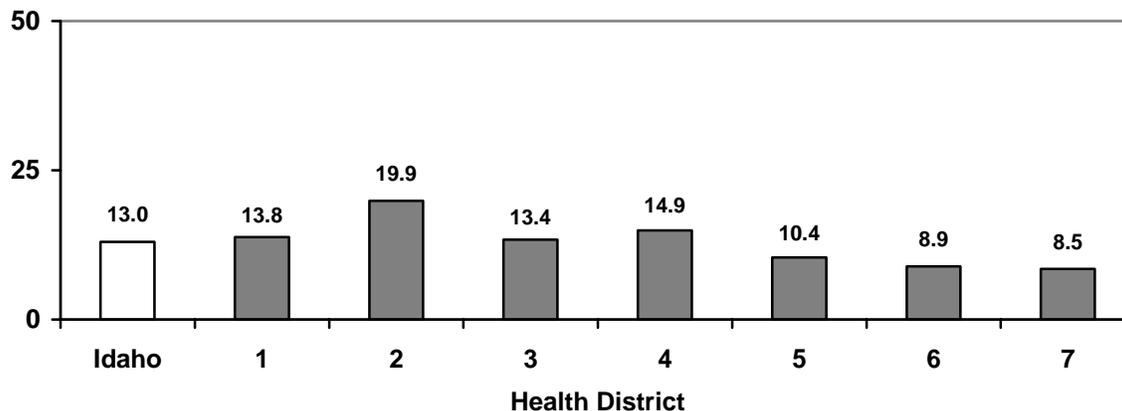
**Percent of Idaho adults who were binge drinkers
2005-2009**



Note: The CDC adopted a revised definition of binge drinking in 2005. Binge drinking figures reported in previous BRFSS publications may not be comparable.

Binge drinking varied from a high of 19.9 percent in District 2 to a low of 8.5 percent in District 7.

**Percent of Idaho adults who were binge drinkers, 2009
Health District**

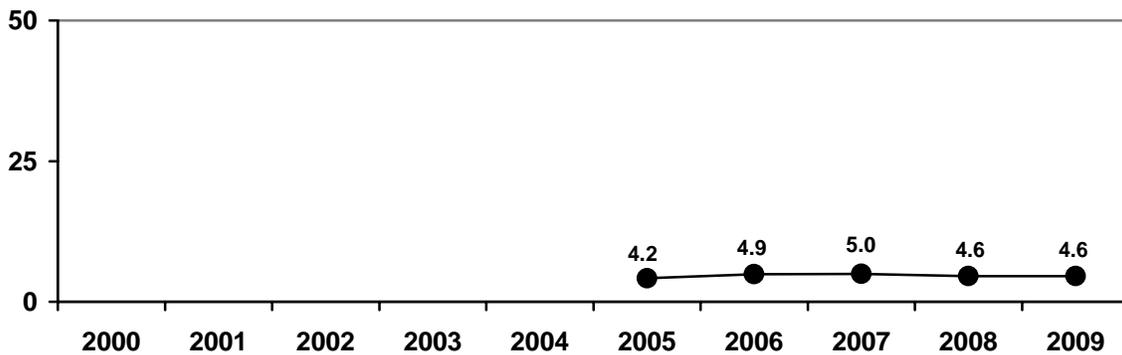


Health Risk Behaviors

Alcohol Consumption

Heavy drinking for females is defined as consuming more than 30 alcoholic beverages in the last 30 days. For males, heavy drinking is more than 60 alcoholic beverages in the last 30 days. The trend of heavy drinking in Idaho has remained flat over the past four years. In 2009, 4.6 percent of Idaho adults were heavy drinkers.

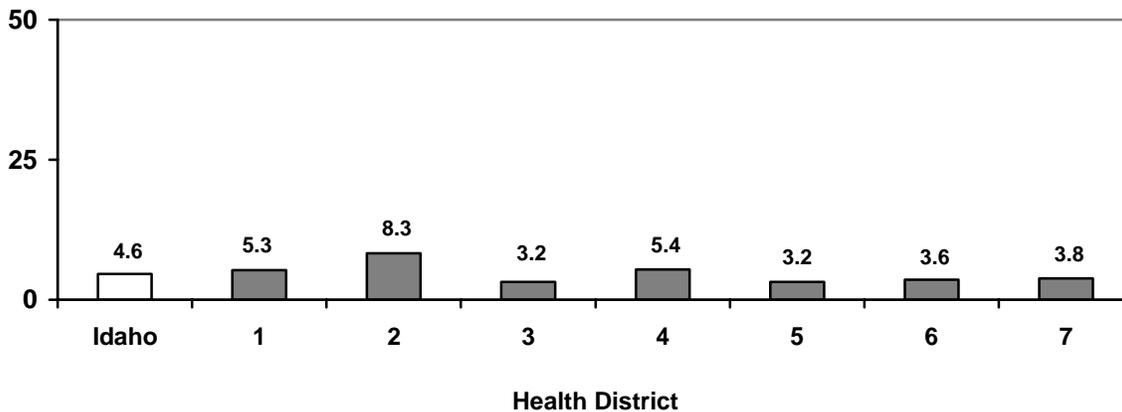
**Percent of Idaho adults who were heavy drinkers
2005-2009**



Note: The CDC adopted a revised definition of heavy drinking in 2005. Heavy drinking figures reported in previous BRFSS publications may not be comparable.

No single district differed from the state as a whole on heavy drinking. It varied from a low of 3.2 percent in District 3 and District 5 to a high 8.3 percent in District 2.

**Percent of Idaho adults who were heavy drinkers, 2009
Health District**

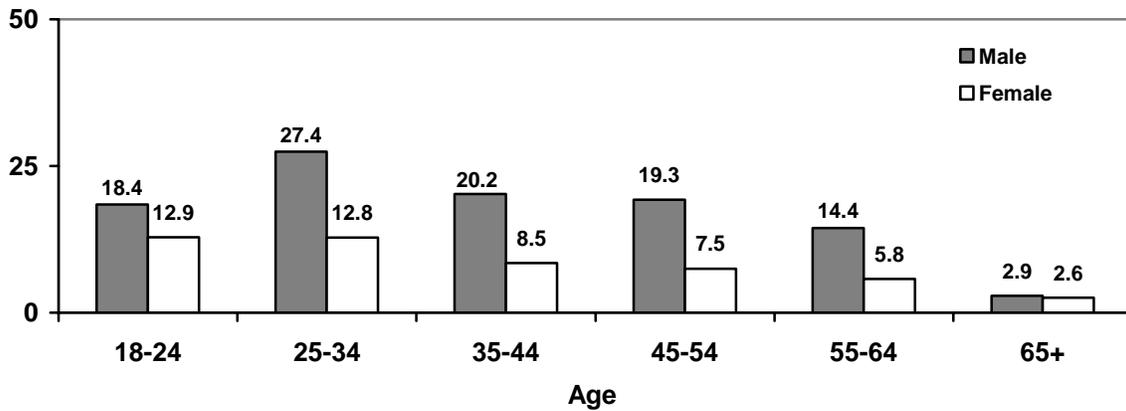


Health Risk Behaviors

Alcohol Consumption

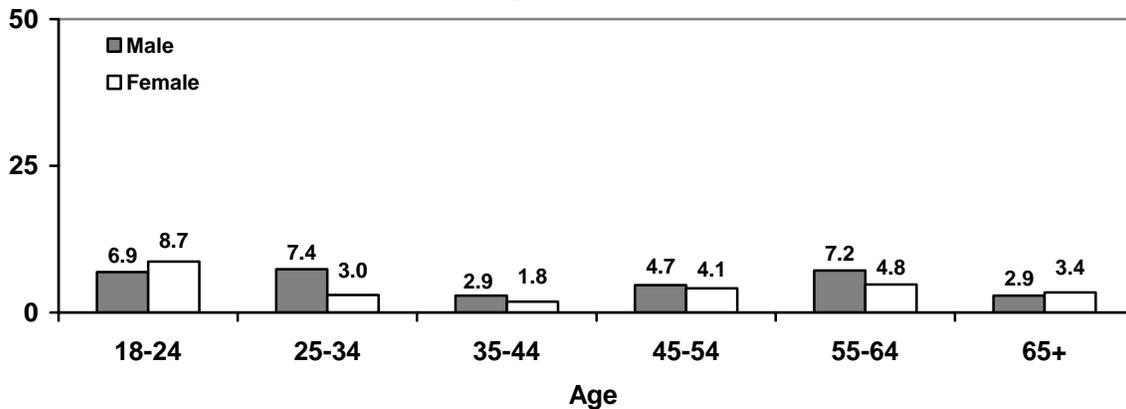
The percentage of Idaho adults who engaged in binge drinking dropped significantly after the age of 55 (to 6.2 percent). Overall, males were significantly more likely to binge drink than females. This was consistent in all age categories up to age 65.

Percent of Idaho adults who were binge drinkers, 2009
Age and Sex



The percentage of males who engaged in heavy drinking was not significantly higher than that of females (5.3 percent compared with 3.9 percent). Those over the age of 65 were significantly less to be heavy drinkers than younger adults.

Percent of Idaho adults who were heavy drinkers, 2009
Age and Sex



Health Risk Behaviors

Alcohol Consumption

Other Highlights:

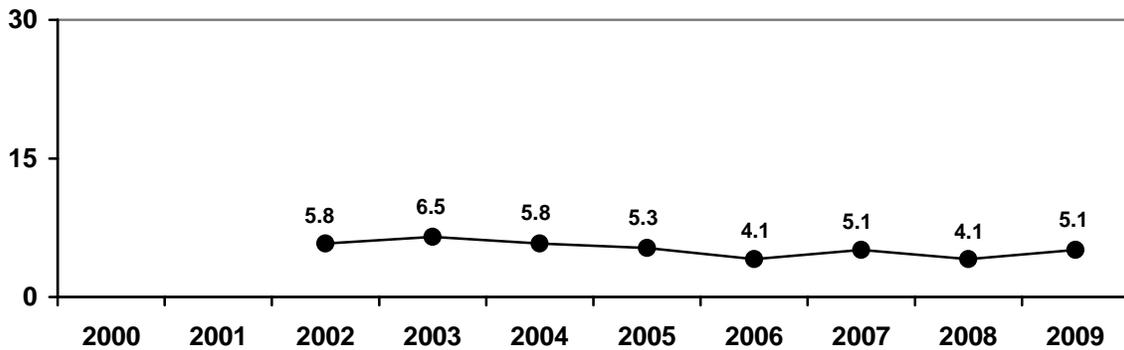
- There was no clear relationship between socioeconomic factors (such as income or education) and heavy or binge drinking. There were also no significant differences between the employed and unemployed.
- Heavy drinkers were three times as likely to be smokers compared with those who were not heavy drinkers (44.3 percent of heavy drinkers smoked cigarettes compared with 14.7 percent of those who were not heavy drinkers).
- Binge drinkers were also significantly more likely to be smokers than those who were not binge drinkers (34.9 percent of binge drinkers smoked compared with 13.2 percent of those who were not binge drinkers).
- Illicit drug use was reported significantly more often by heavy drinkers and binge drinkers compared with those who were not heavy or binge drinkers.
 - 22.7 percent of heavy drinkers had used illicit drugs in the past year compared with 4.2 percent of those who were not heavy drinkers.
 - 17.3 percent of binge drinkers had used illicit drugs in the past year compared with 3.2 percent of those who were not binge drinkers.

Health Risk Behaviors

Illicit Drug Use

Illicit drug use in Idaho has not changed significantly during the eight year tracking period. In 2009, 5.1 percent of Idahoans had used an illicit drug in the prior 12 months. Drug use includes all drugs not prescribed by a doctor or used to get high or for curiosity. This includes marijuana, cocaine (including crack), heroin, methamphetamines and prescription painkillers.

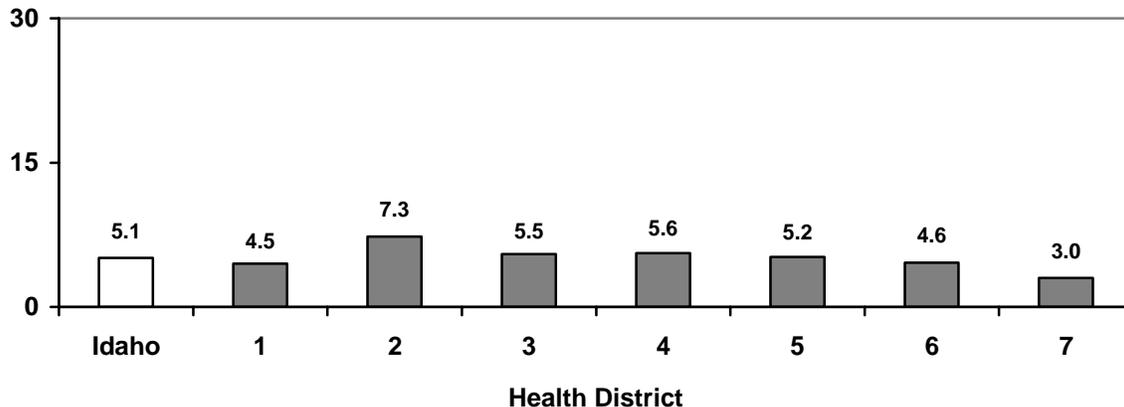
Percent of Idaho adults who used illicit drugs in the last 12 months, 2002-2009
Breaks in the trendline indicate data are not available for those years*



*Question wording changes make data prior to 2002 not comparable with 2002 and later.

Illicit drug use ranged from a high of 7.3 percent in District 2 to a low of 3.0 percent in District 7. However, the differences between districts were not statistically significant.

Percent of Idaho adults who used illicit drugs in the last 12 months, 2009
Health District

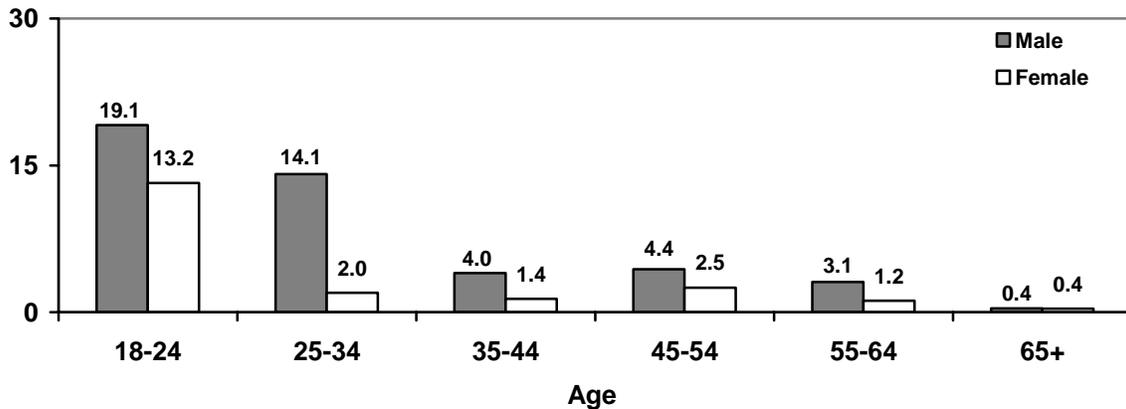


Health Risk Behaviors

Illicit Drug Use

In 2009, males were significantly more likely to use illicit drugs than were females (7.5 percent and 2.7 percent, respectively). Illicit drug use decreased with age. Adults aged 18 to 34 reported drug use five times as often as adults over age 35 (11.1 percent compared with 2.2 percent).

**Percent of Idaho adults who used illicit drugs
in the last 12 months, 2009
Age and Sex**



Other Highlights:

- Adults without a high school diploma reported illicit drug use nearly three times as often as those with some college or more (10.5 percent compared with 3.6 percent).
- The unemployed were significantly more likely to use illicit drugs than employed adults (13.3 percent compared with 4.9 percent).
- Those with incomes below \$25,000 were three times more likely to use illicit drugs as those with incomes of \$50,000 or greater (9.3 percent compared with 3.1 percent).
- Nearly one-half (49.3 percent) of illicit drug users were current smokers.

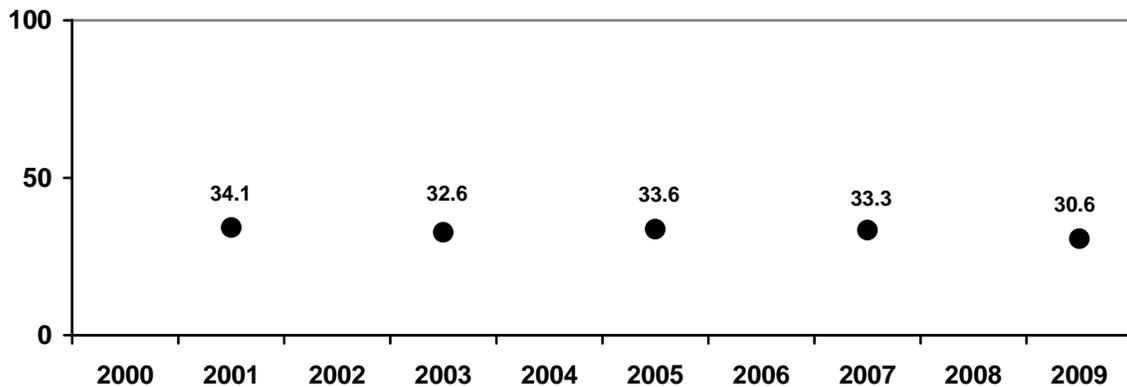
Preventive Behaviors

Cholesterol Screening

The percentage of the adult population who had not received a screening for blood cholesterol levels within the previous five years was 30.6 percent in 2009. The slight decline since 2007 was not statistically significant.

Percent of Idaho adults who had not had cholesterol checked within the last five years, 2001-2009

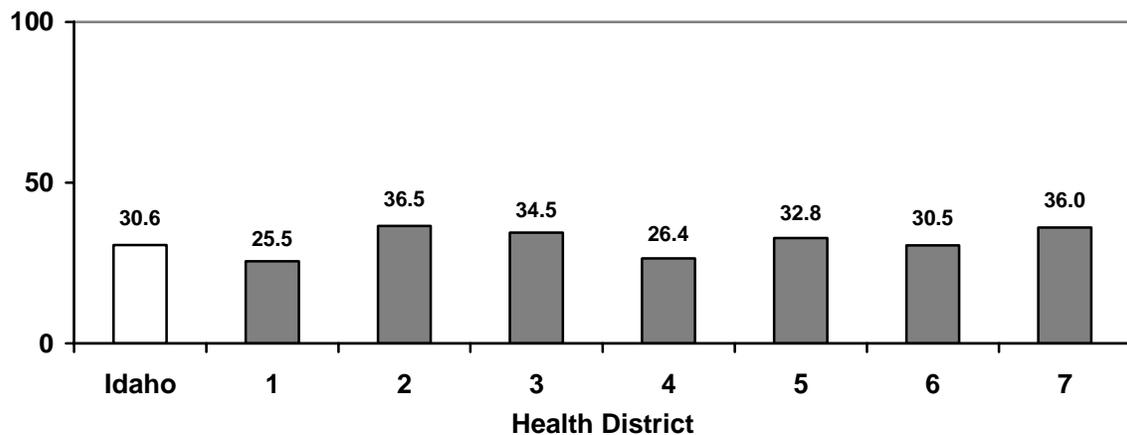
Breaks in the trendline indicate data are not available for those years



The percent of adults who had not had cholesterol checks varied from a low of 25.5 percent in District 1 to a high of 36.5 percent in District 2. While the difference between these two districts was significant, no single district was significantly different than the state, overall.

Percent of Idaho adults who had not had cholesterol checked within the last five years, 2009

Health District

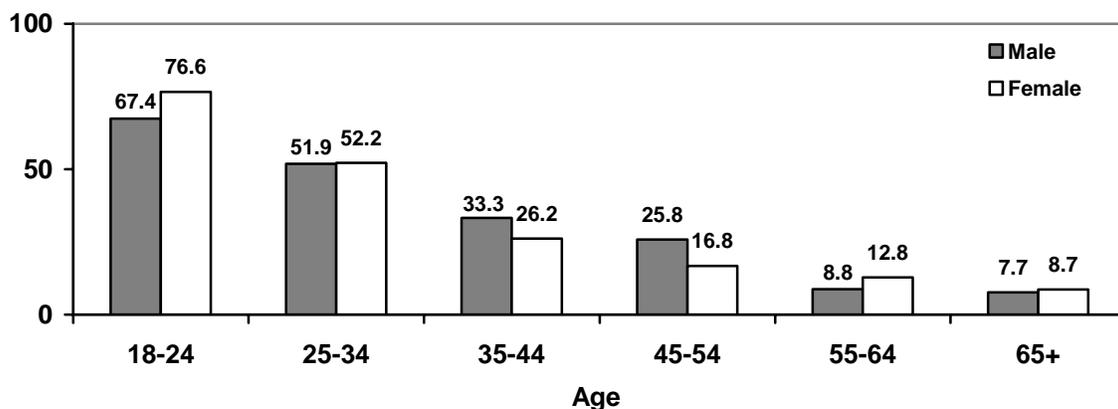


Preventive Behaviors

Cholesterol Screening

Cholesterol screening did not differ significantly by sex. However, older adults were significantly more likely than younger adults to have these screenings. More than seven-in-ten (71.4 percent) of those aged 18 to 24 had not had their cholesterol checked in the prior five years compared with nearly one-in-ten (9.5 percent) of those over the age of 55.

Percent of Idaho adults who had not had cholesterol checked within the last five years, 2009
Age and Sex



Other Highlights:

- The likelihood of receiving cholesterol screening increased with income. Those with incomes of \$75,000 or more were almost twice as likely to have had their cholesterol checked as those with incomes below \$25,000 (42.1 of those with incomes below \$25,000 had not had the screening compared with 20.8 percent of those with incomes of \$75,000 and higher).
- Unemployed adults were significantly more likely to have not had cholesterol screening in the prior five years compared with employed adults (45.8 percent compared with 33.0 percent).
- Six-in-ten adults without health care coverage did not receive cholesterol screening (60.2 percent). Among those who had health coverage, 23.8 percent had not had the screening.
- Cholesterol screening increased with level of education. Of those with a high school education or less, 41.5 percent had not been screened compared with 23.5 percent of those with some college or more education.

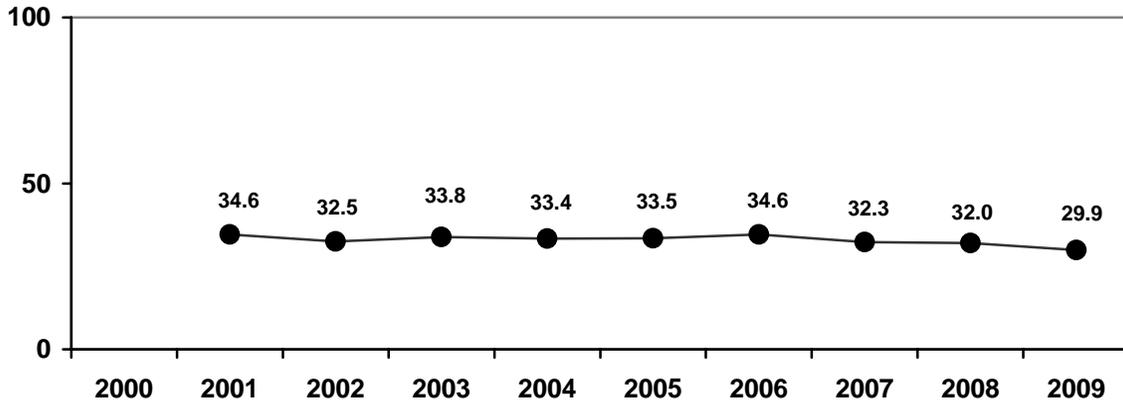
Preventive Behaviors

Dental Visits

In 2009, about three-in-ten (29.9 percent) adults had not visited the dentist in the prior 12 months. This was a significant decrease since 2001.

Percent of Idaho adults who had not visited the dentist in the last 12 months, 2001-2009

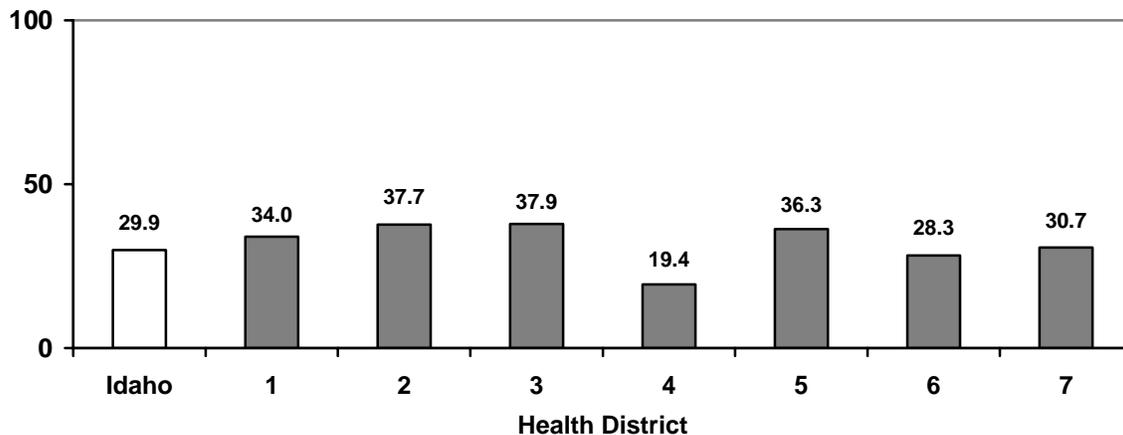
Breaks in the trendline indicate data are not available for those years



The percentage of adults without an annual dental visit was highest in District 2 and District 3 (37.7 percent and 37.9, respectively) and lowest in District 4 (19.4 percent).

Percent of Idaho adults who had not visited the dentist in the last 12 months, 2009

Health District

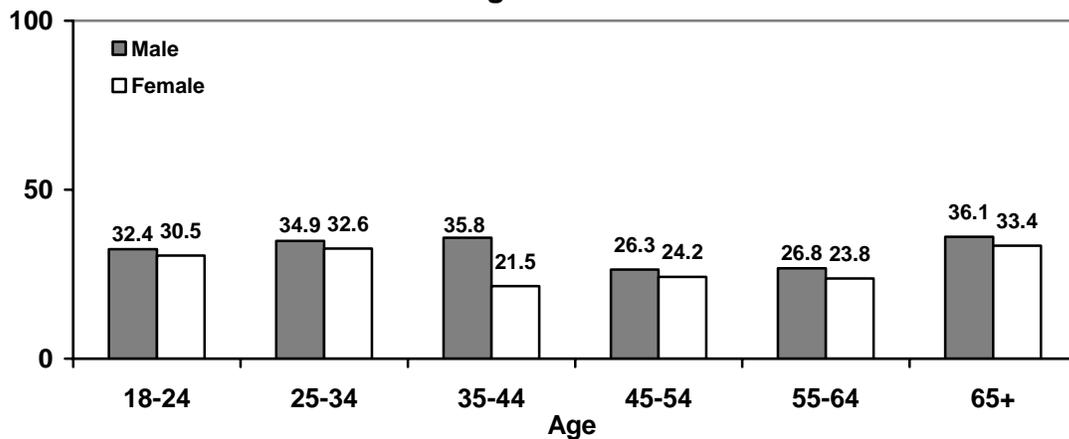


Preventive Behaviors

Dental Visits

Overall, males and females did not differ significantly with regards to having an annual dental visit. However, males aged 35 to 44 were significantly more likely to have no dental visits in the last year than females in the same age group.

**Percent of Idaho adults who had not visited the dentist
in the last 12 months, 2009
Age and Sex**



Other Highlights:

- Those with incomes below \$25,000 were more than three times as likely to have not had an annual dental visit compared with those with incomes above \$50,000 (49.9 percent compared with 14.8 percent).
- Nearly one-half (47.6 percent) of those with less than a high school education reported not having a dental visit compared with 19.3 percent of college graduates.
- The unemployed were significantly more likely to have not had a dental visit compared with the employed (43.4 percent compared with 27.1 percent).
- Those who did not have dental insurance were significantly more likely to report not visiting a dentist in the past year compared with those who did have dental insurance (47.0 percent compared with 16.8 percent).

Understanding the Data Tables

The data tables on the following pages provide both state and health district data for various demographic subcategories. An understanding of the tables is important to interpreting the data correctly.

- A. This title refers to the risk factor.
- B. This title refers to the population surveyed. For most questions, this will be the adult (aged 18 and over) Idaho population. However, for some calculated variables and some risk factors, the population surveyed may be a subset of adults aged 18 and over. For instance, the High Cholesterol risk factor table will include only those who have been screened for high cholesterol. It is important to understand the population the data represent in order to accurately interpret the data in the tables.
- C. The labels across the top of the table (i.e., Statewide and District) refer to the geographic region of residence of the population in (B). For more information on geographic break-outs, please see page iv of this report for a map of Idaho's seven public health districts.
- D. The labels on the left side of the table refer to the particular group the numbers represent. For example, the row labeled "Female" will contain data for women for the geographic region indicated at the top of the table (C). In the following example table, the circled data point should be interpreted as:

“In 2009, 11.2 percent of females in Health District 1 were at risk for this risk factor.”

- E. The symbol "n" refers to the number of people in the sample within the indicated demographic group and geographic region who responded to the question. It does NOT represent the number of people who have the risk factor in the population. An asterisk indicates that fewer than 50 people in the group responded (see Methodology and Reporting sections, pages 1-2 for explanation on sampling and suppressing data for sample sizes less than 50). In the following example table, the boxed data point should be interpreted as:

“In 2009, there were 783 people in Health District 1 sampled for this risk factor.”

Understanding the Data Tables

F. The shaded columns contain the prevalence (in percent) of the risk factor. This percentage is a weighted percentage and is not calculated using the sample frequencies from the column containing n. Therefore, it is not possible to calculate the prevalence by simply dividing n by the total number of people sampled for the year (see Methodology section, pages 1-2 for explanation on weighting procedures).

G. The two numbers in the column labeled "95% CI" are the lower and upper limits of the confidence interval. Confidence intervals are a way to measure sampling error and define the range of values where the “true” percentage would be found. This interval can be interpreted to mean there is a 95% certainty the true prevalence of the risk factor in the population falls within the confidence interval. In the following example table, the confidence interval data should be interpreted as:

“For this risk factor, the prevalence in Idaho was 15.2 percent in 2009. We can say, with 95 percent certainty, the actual population prevalence falls within the range of 14.0 percent to 16.5 percent.”

A Risk Factor																
B Population																
D	C			E Public Health District												
	Statewide			District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	F 15.2	G 14.0	16.5	5,382	13.5	11.1	16.3	783	17.8	14.7	21.6	809	20.9	17.2	25.0	741
SEX																
Male	14.8	13.0	16.8	2,136	15.8	11.9	20.6	326	13.9	10.0	19.1	313	21.7	16.0	28.8	302
Female	15.6	14.0	17.2	3,246	11.2	8.6	14.5	457	21.9	17.3	27.3	496	20.0	16.0	24.8	439

General Health Status

Idaho adults who reported their general health status as "fair" or "poor," 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	15.2	14.0	16.5	5,382	13.5	11.1	16.3	783	17.8	14.7	21.6	809	20.9	17.2	25.0	741
SEX																
Male	14.8	13.0	16.8	2,136	15.8	11.9	20.6	326	13.9	10.0	19.1	313	21.7	16.0	28.8	302
Female	15.6	14.0	17.2	3,246	11.2	8.6	14.5	457	21.9	17.3	27.3	496	20.0	16.0	24.8	439
AGE																
18-24	8.5	4.9	14.2	170	*	*	*	*	*	*	*	*	*	*	*	*
25-34	9.7	6.9	13.5	526	*	*	*	*	14.1	6.9	26.4	65	14.8	7.3	27.7	77
35-44	13.7	11.0	17.0	720	14.1	8.0	23.7	93	23.3	14.3	35.6	88	23.2	14.6	34.7	110
45-54	15.0	12.6	17.7	1,041	12.9	8.2	19.7	151	18.0	11.0	28.1	147	19.7	13.6	27.8	135
55-64	17.9	15.4	20.6	1,175	17.3	12.4	23.7	201	16.4	11.8	22.3	207	27.9	20.2	37.1	140
65+	26.2	23.9	28.7	1,708	24.0	19.0	29.8	261	28.6	22.9	35.0	272	33.2	26.9	40.3	251
18-34	9.3	7.0	12.3	696	3.6	1.1	10.7	69	9.4	4.8	17.5	90	11.3	5.5	21.7	96
35-54	14.4	12.5	16.4	1,761	13.4	9.4	18.9	244	20.4	14.5	27.9	235	21.5	15.9	28.5	245
55+	22.3	20.5	24.1	2,883	20.9	17.2	25.0	462	23.3	19.4	27.7	479	30.9	25.8	36.4	391
SEX and AGE																
Male																
18-34	9.3	6.0	14.0	272	*	*	*	*	*	*	*	*	*	*	*	*
35-54	13.2	10.5	16.3	711	16.6	10.1	26.2	101	16.0	8.3	28.8	85	20.6	12.4	32.1	106
55+	23.2	20.5	26.2	1,146	23.9	18.2	30.7	192	22.1	16.7	28.7	195	33.2	25.5	42.0	160
Female																
18-34	9.3	6.4	13.5	424	*	*	*	*	15.4	7.2	30.0	58	8.6	3.5	19.8	62
35-54	15.6	13.2	18.4	1,050	10.4	6.4	16.4	143	24.8	17.1	34.6	150	22.5	15.6	31.3	139
55+	21.4	19.3	23.7	1,737	18.0	13.7	23.3	270	24.4	19.0	30.6	284	28.8	22.5	36.0	231
INCOME																
Less than \$15,000	40.3	34.1	46.8	558	34.9	23.4	48.4	92	50.2	33.6	66.7	86	50.1	35.0	65.3	95
\$15,000 - \$24,999	26.7	22.8	30.9	927	18.0	11.4	27.4	126	19.1	12.4	28.1	173	33.0	23.5	44.1	156
\$25,000 - \$34,999	16.0	13.0	19.5	667	18.3	11.1	28.6	93	19.3	11.8	30.0	115	16.9	10.0	27.2	97
\$35,000 - \$49,999	14.0	11.0	17.6	814	12.6	7.6	20.2	129	15.8	9.3	25.5	103	14.8	8.6	24.1	111
\$50,000-\$74,999	6.7	5.1	8.9	816	3.9	1.7	9.0	126	8.0	4.4	14.0	128	8.1	4.1	15.4	97
\$75,000+	3.9	2.8	5.4	940	4.2	1.8	9.5	108	4.0	1.5	10.4	113	5.6	2.3	13.0	100
EMPLOYMENT																
Employed	8.0	6.8	9.5	2,595	7.0	4.6	10.7	351	11.0	7.3	16.1	373	8.6	5.5	13.1	321
Unemployed	24.4	18.0	32.2	270	*	*	*	*	*	*	*	*	41.6	25.6	59.6	53
Other**	24.7	22.4	27.0	2,493	22.8	18.3	28.0	387	28.9	23.5	35.0	395	32.7	26.5	39.6	365
EDUCATION																
K-11th Grade	29.4	24.2	35.1	472	24.4	14.4	38.1	64	35.6	21.8	52.4	79	39.3	26.8	53.4	91
12th Grade or GED	20.0	17.4	22.8	1,680	16.3	11.7	22.1	232	19.8	14.6	26.3	281	20.6	14.4	28.5	253
Some College	14.7	12.6	17.0	1,660	14.4	10.4	19.7	262	14.6	10.0	20.8	219	22.2	16.1	29.7	229
College Graduate+	6.3	5.1	7.6	1,559	5.3	3.1	8.9	223	8.7	5.0	14.6	229	8.8	5.4	14.1	165

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

General Health Status

Idaho adults who reported their general health status as "fair" or "poor," 2009

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	11.5	9.1	14.4	776	16.4	13.4	20.0	738	17.8	14.5	21.8	777	13.5	10.9	16.5	758
SEX																
Male	10.0	6.9	14.2	300	15.7	11.1	21.8	273	19.0	13.7	25.8	298	12.3	8.9	16.9	324
Female	13.1	9.7	17.4	476	17.1	13.5	21.4	465	16.7	13.0	21.2	479	14.6	11.1	18.9	434
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	9.0	4.1	18.5	86	10.0	3.5	25.3	61	9.0	3.5	21.2	95	7.3	3.4	14.8	94
35-44	6.6	3.3	12.7	122	15.9	8.7	27.3	92	14.9	9.2	23.2	111	11.8	6.8	19.8	104
45-54	10.6	6.4	17.1	148	16.9	11.4	24.2	146	17.2	10.4	27.1	163	17.2	11.4	25.1	151
55-64	12.4	7.9	19.0	168	24.6	17.7	33.2	141	18.2	12.6	25.6	155	13.3	8.4	20.3	163
65+	23.8	18.3	30.3	225	21.1	16.2	27.1	262	30.1	24.0	36.9	218	25.0	19.4	31.6	219
18-34	9.5	5.0	17.6	108	9.6	4.5	19.4	90	13.6	7.3	24.0	128	7.9	4.2	14.5	115
35-54	8.6	5.7	12.7	270	16.4	11.7	22.6	238	16.1	11.3	22.4	274	14.7	10.6	20.1	255
55+	18.0	14.3	22.5	393	22.7	18.4	27.6	403	24.4	20.0	29.3	373	19.3	15.4	23.9	382
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	6.3	2.0	18.2	51
35-54	5.8	2.8	11.8	106	13.6	7.6	23.2	97	18.4	10.7	29.9	104	12.4	7.5	19.8	112
55+	19.0	13.1	26.7	146	21.6	15.0	30.0	141	23.5	17.2	31.3	152	20.8	14.8	28.4	160
Female																
18-34	11.5	4.9	24.7	61	6.5	2.4	16.7	56	11.5	5.1	24.1	86	9.6	4.5	19.2	64
35-54	11.4	7.1	18.0	164	19.3	12.8	28.1	141	13.9	9.2	20.4	170	16.9	11.0	25.3	143
55+	17.1	12.8	22.5	247	23.7	18.7	29.7	262	25.1	19.6	31.6	221	17.8	13.2	23.6	222
INCOME																
Less than \$15,000	37.1	21.4	56.2	50	46.9	31.8	62.6	74	37.0	24.9	51.1	91	27.2	16.1	42.2	70
\$15,000 - \$24,999	22.9	13.7	35.7	87	29.2	20.7	39.4	148	36.6	24.8	50.2	123	27.8	18.0	40.3	114
\$25,000 - \$34,999	11.9	6.8	19.9	94	13.9	8.1	22.8	92	21.5	12.2	34.8	90	15.7	8.9	26.0	86
\$35,000 - \$49,999	14.5	7.9	25.2	119	19.8	10.4	34.5	103	7.8	4.3	13.8	126	13.5	7.9	22.1	123
\$50,000-\$74,999	7.6	3.8	14.8	106	6.1	2.6	13.3	112	5.5	2.6	11.2	118	8.1	4.4	14.3	129
\$75,000+	3.0	1.5	5.6	217	2.8	1.0	7.5	111	7.2	3.3	14.8	143	3.2	1.5	6.6	148
EMPLOYMENT																
Employed	5.1	3.2	8.0	394	10.3	6.7	15.4	354	11.3	7.5	16.7	406	9.0	6.1	13.0	396
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	21.4	16.4	27.5	337	26.5	21.3	32.5	349	23.7	19.0	29.1	337	19.6	15.0	25.3	323
EDUCATION																
K-11th Grade	*	*	*	*	20.9	13.1	31.7	93	29.7	14.6	51.1	56	32.6	18.6	50.6	51
12th Grade or GED	17.0	11.0	25.3	179	23.5	17.4	30.8	262	26.2	19.3	34.4	254	19.5	13.8	26.8	219
Some College	13.1	8.7	19.2	241	14.5	9.6	21.2	213	14.8	10.5	20.6	251	9.9	6.7	14.4	245
College Graduate+	5.5	3.6	8.2	317	5.0	2.4	10.0	170	6.4	3.9	10.4	212	6.6	4.1	10.7	243

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Health Care Coverage

Idaho adults without health care coverage, 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	18.7	17.1	20.4	5,374	19.8	16.0	24.3	780	20.6	16.0	26.0	809	23.9	19.7	28.6	740
SEX																
Male	19.8	17.3	22.6	2,129	21.8	16.0	28.9	325	19.7	12.8	29.1	312	26.7	20.0	34.7	301
Female	17.6	15.7	19.7	3,245	17.9	13.3	23.7	455	21.5	16.3	27.7	497	21.1	16.5	26.6	439
AGE																
18-24	35.3	27.2	44.4	164	*	*	*	*	*	*	*	*	*	*	*	*
25-34	27.7	23.4	32.3	528	*	*	*	*	46.3	31.6	61.8	65	27.7	17.9	40.2	77
35-44	21.2	17.6	25.2	720	24.1	16.1	34.5	93	21.5	13.0	33.3	88	32.8	23.1	44.3	110
45-54	16.3	13.9	19.0	1,039	18.4	12.6	26.1	151	24.3	16.9	33.6	147	26.4	18.7	35.9	134
55-64	12.4	10.4	14.9	1,177	13.6	9.0	19.9	201	11.5	7.4	17.6	207	21.3	14.4	30.4	141
65+	1.7	1.0	2.7	1,708	2.2	0.8	5.7	261	0.0	0.0	0.0	272	1.7	0.6	4.2	251
18-34	30.3	26.2	34.6	692	35.0	24.0	47.8	68	34.9	23.3	48.6	90	29.5	20.4	40.5	96
35-54	18.7	16.5	21.0	1,759	21.0	16.0	27.2	244	23.0	17.1	30.1	235	29.8	23.3	37.2	244
55+	6.8	5.7	8.0	2,885	7.5	5.1	10.9	462	5.0	3.2	7.8	479	10.3	7.0	15.0	392
SEX and AGE																
Male																
18-34	30.3	24.3	37.0	267	*	*	*	*	*	*	*	*	*	*	*	*
35-54	20.4	16.9	24.4	710	22.5	14.8	32.7	101	19.3	11.7	30.1	85	37.1	26.6	49.0	105
55+	7.1	5.4	9.4	1,145	7.8	4.4	13.7	192	4.3	1.9	9.7	194	9.5	4.8	17.9	160
Female																
18-34	30.3	25.2	35.8	425	*	*	*	*	35.4	21.9	51.7	58	29.1	18.6	42.5	62
35-54	16.9	14.5	19.6	1,049	19.6	13.8	27.2	143	26.7	18.7	36.5	150	22.3	16.0	30.3	139
55+	6.4	5.2	7.9	1,740	7.2	4.4	11.6	270	5.6	3.4	9.2	285	11.1	7.1	17.0	232
INCOME																
Less than \$15,000	34.1	27.7	41.3	562	37.5	23.8	53.4	91	37.9	23.2	55.3	87	28.0	17.1	42.3	95
\$15,000 - \$24,999	40.2	35.4	45.2	926	41.1	28.7	54.6	126	40.4	28.0	54.2	172	49.7	39.0	60.4	156
\$25,000 - \$34,999	24.2	19.9	29.2	667	26.6	16.3	40.3	93	20.3	11.8	32.8	115	28.2	17.4	42.3	96
\$35,000 - \$49,999	18.7	14.6	23.6	814	20.6	12.5	32.0	129	6.2	2.3	15.8	103	18.9	10.4	31.9	111
\$50,000-\$74,999	4.5	3.1	6.5	815	2.4	0.7	7.8	126	6.0	2.8	12.6	128	6.4	2.9	13.4	97
\$75,000+	1.4	0.8	2.6	940	0.8	0.1	5.6	108	2.8	0.8	9.8	113	0.8	0.1	5.2	100
EMPLOYMENT																
Employed	18.5	16.5	20.7	2,585	20.0	15.2	25.9	349	19.4	13.2	27.6	373	22.5	17.1	29.1	319
Unemployed	52.2	43.6	60.7	270	*	*	*	*	*	*	*	*	56.2	38.9	72.2	53
Other**	11.8	9.7	14.2	2,496	11.7	7.0	18.8	387	13.3	8.9	19.6	395	17.9	12.4	25.1	366
EDUCATION																
K-11th Grade	41.0	34.5	47.8	472	43.3	27.9	60.2	63	48.5	31.0	66.4	79	29.2	17.8	44.0	91
12th Grade or GED	26.7	23.3	30.5	1,675	26.3	18.6	35.8	230	21.7	14.1	31.8	281	31.5	23.7	40.6	254
Some College	15.0	12.6	17.8	1,656	17.4	11.9	24.8	262	14.2	8.5	22.8	219	26.4	19.0	35.4	227
College Graduate+	7.2	5.6	9.3	1,560	6.9	3.9	12.2	223	10.0	5.5	17.5	229	7.3	4.1	12.7	165

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Health Care Coverage

Idaho adults without health care coverage, 2009

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	13.2	10.0	17.2	775	23.3	19.0	28.2	735	15.7	12.4	19.7	777	20.6	16.6	25.2	758
SEX																
Male	14.4	9.6	21.1	299	24.9	18.0	33.2	270	14.4	9.6	21.0	297	21.2	15.4	28.6	325
Female	12.0	8.3	17.1	476	21.8	17.0	27.4	465	16.9	12.7	22.2	480	19.9	15.1	25.9	433
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	15.1	8.6	25.1	87	40.1	27.2	54.4	61	21.9	13.8	32.8	95	37.9	28.0	48.9	95
35-44	13.1	7.4	22.2	122	26.6	17.7	37.9	92	15.8	9.3	25.5	111	22.5	13.8	34.5	104
45-54	6.9	3.9	12.0	147	18.1	12.4	25.8	146	18.0	11.5	26.9	163	16.5	10.6	24.7	151
55-64	10.2	6.3	16.1	168	13.1	8.1	20.5	141	10.4	6.4	16.5	155	7.0	4.0	12.1	164
65+	2.0	0.6	6.0	224	2.2	0.6	7.2	262	1.2	0.4	4.0	219	1.3	0.3	5.8	219
18-34	22.9	14.9	33.5	109	44.8	33.5	56.7	87	23.8	16.1	33.7	127	33.7	25.0	43.7	115
35-54	10.1	6.6	15.2	269	22.1	16.7	28.7	238	17.0	12.1	23.2	274	19.3	13.9	26.2	255
55+	6.2	4.0	9.5	392	7.1	4.5	10.9	403	5.6	3.6	8.8	374	4.1	2.4	6.9	383
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	32.0	19.9	47.2	51
35-54	12.2	6.7	21.4	106	19.0	11.8	29.1	97	18.0	10.4	29.4	104	21.7	13.2	33.4	112
55+	9.5	5.5	15.8	145	4.8	2.0	10.9	141	5.0	2.3	10.3	152	4.4	2.1	9.4	161
Female																
18-34	25.9	15.6	39.8	62	34.1	22.0	48.7	56	28.4	18.2	41.5	86	35.5	24.1	48.8	64
35-54	7.9	4.5	13.3	163	25.3	18.0	34.3	141	15.9	10.8	22.8	170	17.0	11.2	25.1	143
55+	3.2	1.6	6.4	247	9.1	5.5	15.0	262	6.3	3.5	10.8	222	3.8	1.8	7.8	222
INCOME																
Less than \$15,000	31.4	14.9	54.5	52	41.6	26.5	58.5	74	24.9	15.5	37.5	92	45.9	28.8	64.1	71
\$15,000 - \$24,999	28.2	16.6	43.7	87	43.9	32.6	55.8	148	33.9	22.4	47.6	123	40.4	28.5	53.6	114
\$25,000 - \$34,999	17.6	10.0	29.1	94	25.5	15.7	38.6	92	18.7	9.4	33.8	90	36.3	23.9	50.9	87
\$35,000 - \$49,999	23.2	13.8	36.4	119	22.4	11.8	38.4	103	7.3	3.7	13.9	126	17.3	10.1	28.0	123
\$50,000-\$74,999	1.7	0.4	7.6	106	5.1	2.0	12.4	110	9.0	3.5	21.5	118	5.6	2.3	13.0	130
\$75,000+	1.3	0.4	4.0	217	2.0	0.6	6.3	111	0.8	0.1	5.3	143	2.7	0.6	11.1	148
EMPLOYMENT																
Employed	12.4	8.7	17.2	392	26.4	20.7	33.1	353	14.6	10.4	20.1	405	21.7	16.4	28.1	394
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	8.3	4.3	15.4	337	9.7	6.1	14.9	348	10.4	7.0	15.0	338	13.2	8.2	20.4	325
EDUCATION																
K-11th Grade	*	*	*	*	55.0	41.6	67.8	92	29.0	15.6	47.5	57	54.4	35.7	71.9	51
12th Grade or GED	24.6	15.9	36.0	177	26.3	19.0	35.1	260	26.0	18.9	34.7	253	28.9	21.0	38.3	220
Some College	10.3	6.1	16.8	241	14.0	8.9	21.2	213	9.5	5.6	15.7	251	15.3	10.0	22.6	243
College Graduate+	6.3	3.5	11.0	317	8.1	3.5	17.5	170	5.3	2.8	9.7	212	9.5	5.6	15.8	244

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Insurance

Idaho adults without dental insurance, 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	43.5	41.5	45.5	4,963	47.9	43.1	52.8	725	46.6	41.2	52.1	742	48.8	43.7	53.9	679
SEX																
Male	43.9	40.8	47.1	1,961	49.6	42.2	57.1	296	44.2	35.8	52.8	288	49.3	41.1	57.6	279
Female	43.1	40.6	45.5	3,002	46.4	40.3	52.6	429	49.2	42.8	55.6	454	48.2	42.2	54.4	400
AGE																
18-24	52.9	43.4	62.1	156	*	*	*	*	*	*	*	*	*	*	*	*
25-34	41.1	36.1	46.3	485	*	*	*	*	37.5	24.7	52.2	59	43.9	31.5	57.1	72
35-44	36.8	32.4	41.5	658	41.4	30.9	52.8	85	36.2	25.4	48.4	80	48.3	37.3	59.6	101
45-54	32.3	28.9	36.0	965	42.5	33.8	51.8	142	39.5	30.5	49.4	131	37.8	28.7	47.8	121
55-64	38.5	35.1	41.9	1,096	39.4	32.2	47.1	188	39.6	32.3	47.3	191	41.4	32.4	51.0	133
65+	63.7	60.8	66.5	1,573	64.8	57.7	71.3	242	66.8	59.9	73.0	254	61.2	53.9	68.0	228
18-34	45.3	40.6	50.1	641	48.5	35.5	61.8	61	45.0	31.7	59.0	82	51.0	39.5	62.4	91
35-54	34.5	31.7	37.4	1,623	42.0	35.2	49.2	227	38.0	30.8	45.7	211	43.3	36.0	51.0	222
55+	51.7	49.4	53.9	2,669	52.8	47.6	57.9	430	55.2	50.1	60.2	445	52.2	46.4	58.0	361
SEX and AGE																
Male																
18-34	46.5	39.3	53.8	249	*	*	*	*	*	*	*	*	*	*	*	*
35-54	36.4	32.0	41.0	654	40.7	30.3	52.0	90	42.5	31.3	54.4	77	46.1	34.8	57.9	97
55+	49.9	46.4	53.5	1,054	53.5	45.6	61.3	177	53.5	45.7	61.2	181	46.7	37.8	55.9	149
Female																
18-34	44.0	38.1	50.1	392	*	*	*	*	55.4	38.5	71.2	53	47.4	34.4	60.7	59
35-54	32.6	29.2	36.2	969	43.2	34.5	52.4	137	33.3	24.9	42.9	134	40.4	31.6	49.9	125
55+	53.2	50.4	56.1	1,615	52.1	45.4	58.8	253	56.8	50.1	63.2	264	57.1	49.6	64.3	212
INCOME																
Less than \$15,000	68.6	61.5	75.0	514	66.0	49.4	79.4	85	68.4	47.7	83.7	83	70.0	51.9	83.4	87
\$15,000 - \$24,999	68.6	63.7	73.2	831	65.2	49.9	78.0	116	61.2	46.8	73.9	146	70.8	61.1	79.0	146
\$25,000 - \$34,999	54.5	49.2	59.7	611	67.0	55.4	76.9	88	57.4	43.2	70.4	104	62.8	50.4	73.7	90
\$35,000 - \$49,999	42.2	37.4	47.2	771	52.6	41.6	63.4	123	38.5	27.1	51.3	99	37.2	26.3	49.6	103
\$50,000-\$74,999	25.7	21.9	29.8	772	19.3	12.3	29.1	116	25.2	17.4	35.2	123	17.4	11.0	26.4	91
\$75,000+	18.9	16.0	22.2	895	24.6	16.3	35.3	103	22.3	12.2	37.3	108	19.8	11.4	32.1	94
EMPLOYMENT																
Employed	33.6	31.0	36.2	2,393	34.8	28.7	41.4	324	36.4	29.1	44.4	340	37.3	30.3	44.9	290
Unemployed	65.6	56.6	73.6	250	*	*	*	*	*	*	*	*	72.0	54.6	84.6	50
Other**	54.3	51.1	57.4	2,302	59.9	52.4	67.0	358	60.0	52.2	67.4	365	57.5	50.1	64.6	337
EDUCATION																
K-11th Grade	64.9	57.9	71.2	406	67.2	48.9	81.5	54	67.0	45.3	83.3	66	55.5	40.6	69.6	82
12th Grade or GED	53.4	49.5	57.3	1,526	58.9	49.7	67.5	214	59.1	48.9	68.6	253	60.1	51.4	68.1	234
Some College	41.5	38.0	45.0	1,548	45.3	37.1	53.8	242	38.5	29.2	48.8	204	49.6	40.9	58.2	208
College Graduate+	29.6	26.7	32.7	1,476	32.7	25.9	40.4	213	31.0	23.7	39.3	218	27.9	19.7	37.8	154

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Insurance

Idaho adults without dental insurance, 2009

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	31.7	27.3	36.4	724	54.0	49.1	58.8	684	44.8	40.1	49.6	711	46.9	42.1	51.8	698
SEX																
Male	29.7	23.2	37.1	278	55.8	48.0	63.4	253	50.3	42.6	58.0	265	48.6	41.3	55.9	302
Female	33.7	28.2	39.6	446	52.2	46.3	58.0	431	39.5	34.2	45.1	446	45.3	38.8	51.9	396
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	23.5	15.2	34.4	82	58.8	43.9	72.2	51	46.3	34.4	58.5	89	55.1	44.1	65.6	90
35-44	24.2	16.1	34.7	111	55.4	43.1	67.1	85	35.0	25.4	46.1	98	34.5	24.3	46.4	98
45-54	23.1	16.4	31.4	145	34.4	26.4	43.4	137	30.4	23.1	38.9	152	32.6	24.4	42.0	137
55-64	33.4	25.9	41.8	156	45.3	36.4	54.5	133	31.3	23.8	39.9	141	44.3	36.1	52.9	154
65+	46.3	39.0	53.8	205	79.5	73.3	84.5	248	74.5	67.6	80.4	200	71.1	63.7	77.5	196
18-34	34.4	24.6	45.7	104	53.3	40.8	65.4	76	48.6	38.0	59.3	119	50.4	40.2	60.6	108
35-54	23.6	18.2	30.1	256	44.2	36.9	51.7	222	32.5	26.4	39.2	250	33.5	26.8	40.9	235
55+	39.6	34.3	45.3	361	64.4	58.5	69.8	381	53.8	48.0	59.5	341	57.6	51.9	63.1	350
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-54	22.3	14.4	32.9	101	50.0	38.6	61.4	92	36.5	26.8	47.5	94	40.8	30.3	52.1	103
55+	38.4	29.9	47.7	130	57.1	47.7	66.0	134	51.7	42.6	60.7	132	61.4	52.9	69.3	151
Female																
18-34	38.4	25.4	53.3	58	*	*	*	*	34.3	23.2	47.5	80	55.1	41.4	68.1	60
35-54	25.0	18.3	33.2	155	38.1	29.7	47.4	130	28.7	21.7	37.0	156	26.5	19.0	35.6	132
55+	40.7	34.1	47.6	231	71.0	64.0	77.1	247	55.5	48.2	62.6	209	53.7	46.1	61.2	199
INCOME																
Less than \$15,000	*	*	*	*	77.6	59.1	89.3	68	63.6	47.1	77.4	81	75.2	59.6	86.2	65
\$15,000 - \$24,999	59.2	44.3	72.6	77	76.1	65.3	84.4	138	78.9	68.9	86.4	104	71.5	57.5	82.3	104
\$25,000 - \$34,999	39.7	27.9	52.7	85	54.2	41.1	66.8	83	51.1	37.4	64.7	85	60.1	46.0	72.8	76
\$35,000 - \$49,999	38.2	27.3	50.3	115	45.2	32.3	58.8	94	36.8	27.7	47.0	119	46.3	34.5	58.5	118
\$50,000-\$74,999	23.2	15.1	34.0	101	30.3	20.9	41.6	107	31.5	22.1	42.7	113	37.4	26.8	49.3	121
\$75,000+	12.8	8.7	18.4	211	39.7	29.8	50.6	107	17.4	11.2	26.1	132	19.7	13.5	27.8	140
EMPLOYMENT																
Employed	23.0	18.2	28.6	374	46.6	40.0	53.4	326	35.8	29.7	42.3	374	38.3	31.9	45.0	365
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	41.5	33.9	49.6	308	62.8	55.3	69.6	328	55.7	48.3	62.9	308	57.6	49.8	65.0	298
EDUCATION																
K-11th Grade	*	*	*	*	70.8	57.1	81.6	84	*	*	*	*	*	*	*	*
12th Grade or GED	42.3	31.6	53.7	162	59.6	51.0	67.6	235	48.9	40.5	57.4	233	53.2	43.9	62.4	195
Some College	33.8	26.4	42.1	229	48.1	39.7	56.6	201	38.0	30.6	46.0	238	44.9	36.2	54.0	226
College Graduate+	20.6	15.9	26.4	302	42.0	32.9	51.6	164	41.1	32.4	50.3	192	37.2	30.1	44.9	233

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Diabetes

Idaho adults who had ever been told they had diabetes, 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	8.0	7.2	8.8	5,385	7.3	5.7	9.5	780	8.4	6.6	10.6	810	8.8	6.9	11.3	741
SEX																
Male	8.1	7.0	9.5	2,137	9.6	6.7	13.4	325	7.0	4.9	9.9	313	8.7	5.9	12.7	302
Female	7.8	6.9	8.9	3,248	5.2	3.6	7.3	455	9.8	7.1	13.4	497	8.9	6.5	12.1	439
AGE																
18-24	0.8	0.2	3.6	171	*	*	*	*	*	*	*	*	*	*	*	*
25-34	2.2	1.2	4.0	528	*	*	*	*	4.8	1.7	12.9	65	0.0	0.0	0.0	77
35-44	3.9	2.6	5.7	720	4.7	1.4	14.2	93	6.8	2.8	15.6	88	7.3	3.7	14.1	110
45-54	7.8	6.1	9.9	1,040	7.0	3.6	13.2	150	3.8	1.6	8.7	147	9.7	5.6	16.4	135
55-64	14.5	12.1	17.3	1,176	11.3	7.2	17.2	200	12.9	8.9	18.3	207	16.8	10.2	26.3	141
65+	19.0	16.9	21.3	1,709	16.2	12.0	21.6	260	19.8	14.8	26.1	273	21.4	15.5	28.7	250
18-34	1.7	1.0	3.0	699	0.0	0.0	0.0	69	2.2	0.8	6.2	90	0.0	0.0	0.0	96
35-54	5.9	4.8	7.2	1,760	6.0	3.3	10.6	243	5.2	2.8	9.5	235	8.5	5.5	12.9	245
55+	16.9	15.2	18.6	2,885	13.9	10.8	17.7	460	16.8	13.4	21.0	480	19.3	14.8	24.9	391
SEX and AGE																
Male																
18-34	2.0	0.9	4.3	273	*	*	*	*	*	*	*	*	*	*	*	*
35-54	5.1	3.6	7.2	710	8.1	3.6	17.2	100	2.2	0.7	7.2	85	7.4	3.6	14.3	106
55+	18.8	16.2	21.7	1,147	18.2	13.1	24.8	192	17.5	12.6	23.8	195	21.4	14.2	30.9	160
Female																
18-34	1.5	0.8	2.9	426	*	*	*	*	3.9	1.2	12.2	58	0.0	0.0	0.0	62
35-54	6.7	5.1	8.6	1,050	3.9	1.8	8.4	143	8.1	4.0	15.9	150	9.6	5.6	16.1	139
55+	15.1	13.2	17.2	1,738	9.7	6.7	14.0	268	16.2	11.6	22.1	285	17.6	12.3	24.5	231
INCOME																
Less than \$15,000	14.4	11.3	18.3	562	13.3	7.0	23.9	92	17.3	9.0	30.6	87	13.2	7.7	21.6	94
\$15,000 - \$24,999	10.7	8.7	13.0	925	7.7	4.4	12.9	124	6.2	3.6	10.5	173	11.4	7.1	17.7	156
\$25,000 - \$34,999	9.4	7.1	12.3	668	4.8	2.1	10.4	93	8.6	4.9	14.7	115	12.3	6.1	23.2	97
\$35,000 - \$49,999	7.3	5.6	9.5	813	5.8	3.0	11.0	128	8.9	4.8	16.0	103	2.6	1.1	6.0	111
\$50,000-\$74,999	6.5	4.6	8.9	817	5.5	2.1	13.8	126	5.9	2.9	11.7	128	6.9	3.2	14.3	97
\$75,000+	4.6	3.4	6.2	940	6.2	3.1	12.0	108	6.8	3.5	12.9	113	6.7	3.2	13.4	100
EMPLOYMENT																
Employed	5.0	4.1	6.0	2,594	3.5	1.9	6.4	350	4.5	2.9	6.9	373	5.1	3.3	7.9	321
Unemployed	6.1	3.7	9.8	271	*	*	*	*	*	*	*	*	7.6	2.7	19.5	53
Other**	13.2	11.7	14.8	2,496	13.4	10.1	17.5	385	16.0	12.0	21.0	396	14.2	10.4	19.1	365
EDUCATION																
K-11th Grade	9.9	7.5	12.9	473	6.4	2.9	13.6	64	12.3	6.0	23.6	79	13.8	8.4	22.0	90
12th Grade or GED	9.7	8.1	11.4	1,682	7.4	4.7	11.6	231	9.3	6.4	13.3	281	11.5	7.7	16.7	254
Some College	7.5	6.3	9.0	1,660	7.6	5.0	11.3	260	6.4	4.0	10.2	220	6.8	4.0	11.4	229
College Graduate+	6.1	4.9	7.6	1,560	7.4	4.2	12.5	223	7.1	4.5	11.0	229	4.8	2.4	9.3	165

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Diabetes

Idaho adults who had ever been told they had diabetes, 2009

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	6.4	4.9	8.2	777	9.1	7.2	11.5	738	10.2	7.9	13.1	778	8.2	6.3	10.6	761
SEX																
Male	6.3	4.3	9.4	301	7.6	5.0	11.4	273	10.5	6.8	15.8	298	9.2	6.5	13.0	325
Female	6.4	4.6	8.9	476	10.7	8.2	13.8	465	9.9	7.5	13.0	480	7.3	4.9	10.7	436
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	3.2	1.1	9.2	87	0.8	0.1	5.7	61	3.3	0.7	13.4	95	4.2	1.6	10.8	95
35-44	1.3	0.3	5.6	122	5.0	1.8	13.1	92	3.7	1.3	10.4	111	2.6	0.8	8.4	104
45-54	5.2	2.6	10.0	148	9.5	5.5	15.7	146	9.2	4.3	18.4	163	12.2	7.1	20.1	151
55-64	14.0	8.9	21.4	168	15.7	9.9	23.9	141	20.2	14.2	27.9	155	12.3	7.5	19.6	164
65+	17.4	12.7	23.3	225	21.2	16.2	27.4	262	19.8	14.7	26.0	219	19.1	14.1	25.3	220
18-34	2.0	0.7	5.8	110	0.5	0.1	3.4	90	4.5	1.6	12.4	128	3.2	1.2	8.4	116
35-54	3.2	1.7	5.9	270	7.4	4.5	11.8	238	6.6	3.6	12.1	274	7.7	4.7	12.4	255
55+	15.7	12.0	20.2	393	18.8	14.8	23.5	403	20.0	15.9	24.8	374	15.8	12.1	20.3	384
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	3.2	0.8	11.9	51
35-54	1.9	0.7	5.1	106	5.1	1.9	13.3	97	7.2	2.5	19.0	104	7.0	3.5	13.6	112
55+	17.7	11.9	25.6	146	17.8	11.7	26.1	141	19.2	13.2	26.9	152	20.3	14.2	28.2	161
Female																
18-34	1.2	0.3	4.6	62	1.0	0.1	7.0	56	2.8	0.7	10.7	86	3.3	0.8	12.6	65
35-54	4.6	2.2	9.7	164	9.7	5.8	15.8	141	6.1	3.4	10.9	170	8.3	4.1	16.2	143
55+	13.8	9.8	19.1	247	19.6	14.9	25.4	262	20.7	15.6	27.0	222	11.4	7.9	16.1	223
INCOME																
Less than \$15,000	8.2	3.2	19.0	52	26.0	15.3	40.6	74	21.8	12.4	35.3	92	11.4	5.8	21.1	71
\$15,000 - \$24,999	10.9	6.2	18.4	87	14.5	9.4	21.7	148	12.7	6.6	23.2	123	11.1	6.5	18.2	114
\$25,000 - \$34,999	7.6	3.6	15.5	94	8.4	4.4	15.5	92	13.2	7.7	21.7	90	11.4	6.0	20.6	87
\$35,000 - \$49,999	8.9	5.0	15.1	119	10.8	6.0	18.6	103	3.6	1.6	7.6	126	11.3	6.2	19.7	123
\$50,000-\$74,999	8.1	3.7	16.7	106	4.4	2.0	9.6	112	9.3	5.1	16.2	118	4.7	2.1	10.4	130
\$75,000+	3.5	1.9	6.3	217	0.7	0.1	4.7	111	4.2	2.1	8.1	143	7.7	3.7	15.5	148
EMPLOYMENT																
Employed	3.9	2.5	6.2	394	4.0	2.5	6.2	354	7.8	4.8	12.4	406	7.7	5.1	11.3	396
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	10.6	7.7	14.4	337	19.0	14.6	24.3	349	14.8	11.2	19.1	338	9.1	6.5	12.6	326
EDUCATION																
K-11th Grade	*	*	*	*	10.8	6.4	17.8	93	6.5	3.0	13.3	57	9.0	3.2	22.5	51
12th Grade or GED	7.2	4.4	11.4	180	11.4	7.9	16.3	262	15.4	10.2	22.7	254	7.3	4.7	11.2	220
Some College	7.9	5.3	11.8	241	7.9	5.1	11.9	213	7.1	4.7	10.7	251	8.0	5.2	12.2	246
College Graduate+	4.6	2.7	7.7	317	6.0	3.1	11.2	170	7.8	4.8	12.3	212	9.1	5.5	14.8	244

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Asthma

Idaho adults who were diagnosed and still had asthma, 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	8.4	7.4	9.5	5,356	9.1	6.6	12.4	777	11.8	8.1	16.8	804	7.4	5.1	10.5	738
SEX																
Male	7.5	6.1	9.3	2,125	7.8	4.3	13.8	325	12.8	6.8	22.7	311	7.3	4.1	12.9	299
Female	9.2	8.0	10.6	3,231	10.4	7.3	14.5	452	10.7	7.9	14.4	493	7.4	4.8	11.2	439
AGE																
18-24	14.0	9.3	20.7	171	*	*	*	*	*	*	*	*	*	*	*	*
25-34	6.3	4.3	9.0	522	*	*	*	*	9.1	4.1	19.1	63	1.9	0.6	6.1	76
35-44	7.6	5.7	10.1	718	5.5	2.4	12.2	93	17.1	9.8	28.2	88	8.4	3.7	18.0	109
45-54	8.3	6.6	10.5	1,036	11.2	6.7	18.2	148	9.4	5.7	15.0	147	7.6	4.2	13.4	135
55-64	8.0	6.5	9.8	1,169	9.2	5.8	14.2	200	9.9	6.4	15.0	205	10.0	6.0	16.3	140
65+	8.1	6.6	9.9	1,698	7.2	4.5	11.3	259	5.7	3.5	9.1	271	7.3	3.9	13.4	250
18-34	9.0	6.8	11.8	693	10.9	4.8	22.9	69	15.3	6.8	30.8	88	5.5	1.9	14.9	95
35-54	8.0	6.6	9.6	1,754	8.6	5.5	13.1	241	12.8	8.7	18.6	235	8.0	4.8	13.2	244
55+	8.1	7.0	9.3	2,867	8.1	5.9	11.1	459	7.5	5.5	10.3	476	8.5	5.7	12.5	390
SEX and AGE																
Male																
18-34	9.6	6.4	14.2	270	*	*	*	*	*	*	*	*	*	*	*	*
35-54	6.0	4.3	8.4	708	4.8	1.8	12.1	100	5.8	2.4	13.3	85	8.8	3.9	18.6	105
55+	7.1	5.5	9.0	1,140	5.4	3.0	9.5	192	6.8	3.9	11.4	194	9.0	4.7	16.7	159
Female																
18-34	8.4	5.7	12.1	423	*	*	*	*	3.6	1.4	9.0	57	6.5	2.0	19.3	62
35-54	10.0	8.1	12.3	1,046	12.2	7.5	19.1	141	19.9	13.1	29.1	150	7.2	3.9	13.0	139
55+	8.9	7.5	10.6	1,727	10.8	7.4	15.5	267	8.2	5.6	12.0	282	8.1	5.1	12.7	231
INCOME																
Less than \$15,000	14.5	10.4	19.8	558	22.5	11.3	40.0	91	11.8	5.3	24.1	86	19.9	9.6	36.6	95
\$15,000 - \$24,999	9.8	7.1	13.3	921	11.3	4.2	26.8	125	14.6	6.9	28.4	173	4.8	2.3	9.5	154
\$25,000 - \$34,999	11.0	8.2	14.8	666	7.3	3.6	14.3	93	15.7	6.3	34.1	114	10.1	5.0	19.5	97
\$35,000 - \$49,999	9.3	6.8	12.6	808	9.1	4.5	17.3	128	8.6	3.7	18.6	102	9.1	3.7	20.9	111
\$50,000-\$74,999	6.4	4.7	8.6	811	5.9	3.0	11.1	124	5.5	2.8	10.6	127	3.3	1.2	8.7	95
\$75,000+	5.6	4.0	7.7	939	4.1	1.8	9.3	108	14.8	5.2	35.7	113	3.4	0.8	14.3	100
EMPLOYMENT																
Employed	7.5	6.3	9.0	2,585	8.3	5.1	13.3	349	12.6	7.6	20.1	371	4.9	2.4	9.8	320
Unemployed	7.0	4.2	11.3	271	*	*	*	*	*	*	*	*	10.5	4.9	21.3	53
Other**	10.1	8.4	12.0	2,476	10.8	6.9	16.5	383	13.2	7.5	22.2	392	10.0	6.2	15.7	363
EDUCATION																
K-11th Grade	8.4	5.6	12.4	468	9.6	4.3	19.8	63	16.1	5.3	39.7	79	6.6	3.2	13.0	90
12th Grade or GED	10.1	8.1	12.6	1,674	12.2	6.5	22.0	231	14.9	7.8	26.8	279	11.1	6.2	19.2	254
Some College	8.9	7.2	10.9	1,647	8.3	5.5	12.3	259	5.8	3.5	9.4	216	5.8	3.1	10.5	227
College Graduate+	6.1	4.9	7.6	1,556	6.4	3.5	11.5	222	11.4	7.3	17.4	229	4.6	1.9	10.4	164

*Figure not reliable by BRFS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Asthma

Idaho adults who were diagnosed and still had asthma, 2009

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	6.5	4.8	8.7	772	8.1	6.2	10.6	734	9.2	6.5	12.8	775	10.8	8.2	14.2	756
SEX																
Male	4.4	2.6	7.4	297	5.0	2.9	8.7	273	10.0	5.8	16.7	297	12.0	8.0	17.7	323
Female	8.6	6.0	12.2	475	11.2	8.3	15.0	461	8.4	5.6	12.4	478	9.6	6.7	13.7	433
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	7.4	3.3	15.8	87	3.6	0.9	13.5	61	6.2	2.8	13.0	93	13.2	7.6	21.9	94
35-44	5.3	2.6	10.6	122	10.3	5.2	19.3	92	6.7	3.3	13.0	110	9.2	4.7	17.2	104
45-54	7.8	4.2	13.9	148	11.2	7.0	17.5	146	4.4	2.2	8.4	163	6.9	3.6	12.7	149
55-64	5.7	3.1	10.2	166	6.1	3.3	10.8	139	6.0	3.2	11.2	155	11.8	7.3	18.6	164
65+	9.6	6.0	15.0	221	10.4	7.0	15.4	260	7.7	4.5	12.8	219	7.0	4.3	11.4	218
18-34	5.4	2.5	11.2	110	4.6	1.8	11.1	90	15.2	8.6	25.4	126	14.2	8.7	22.2	115
35-54	6.5	4.1	10.2	270	10.8	7.2	15.8	238	5.4	3.3	8.8	273	8.0	5.0	12.5	253
55+	7.6	5.2	10.9	387	8.5	6.1	11.8	399	6.9	4.6	10.2	374	9.4	6.6	13.2	382
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	16.6	8.4	30.2	51
35-54	5.1	2.4	10.5	106	5.8	2.2	14.5	97	4.5	1.9	10.0	104	7.7	3.8	15.2	111
55+	5.3	2.5	11.1	142	7.1	3.8	12.7	141	7.4	4.0	13.3	152	11.0	6.7	17.7	160
Female																
18-34	8.1	3.3	18.7	62	7.4	2.6	19.0	56	12.6	6.2	23.9	85	11.7	6.0	21.7	64
35-54	8.0	4.4	14.0	164	15.8	10.5	23.1	141	6.4	3.5	11.3	169	8.3	4.5	14.7	142
55+	9.6	6.4	14.2	245	9.8	6.7	14.2	258	6.4	3.7	10.9	222	7.8	4.8	12.5	222
INCOME																
Less than \$15,000	7.6	2.6	20.6	51	20.5	10.6	36.0	73	8.6	3.9	18.1	92	8.9	4.0	18.8	70
\$15,000 - \$24,999	11.1	5.3	22.1	87	6.8	3.9	11.5	147	10.3	3.4	27.4	121	13.4	6.6	25.3	114
\$25,000 - \$34,999	8.7	4.0	17.8	94	8.6	4.3	16.4	91	6.9	1.8	23.6	90	24.1	13.4	39.3	87
\$35,000 - \$49,999	12.0	6.3	21.8	117	9.1	4.4	17.9	103	9.5	5.1	17.0	126	4.2	1.6	10.8	121
\$50,000-\$74,999	6.3	2.9	12.9	105	2.8	1.1	6.9	112	13.4	6.7	25.1	118	9.2	4.8	16.8	130
\$75,000+	3.7	1.8	7.2	216	8.8	4.7	16.0	111	7.5	3.0	17.4	143	7.3	3.8	13.7	148
EMPLOYMENT																
Employed	6.1	4.0	9.1	393	5.7	3.6	8.8	353	7.5	4.6	12.1	404	11.9	8.4	16.7	395
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	8.3	5.4	12.7	333	12.1	8.5	16.8	346	10.9	6.9	16.7	337	8.8	5.2	14.4	322
EDUCATION																
K-11th Grade	*	*	*	*	6.7	2.9	14.9	90	16.2	4.6	43.9	57	6.7	2.1	19.6	50
12th Grade or GED	6.1	3.3	11.0	177	8.3	5.1	13.2	261	7.9	4.1	14.7	252	15.4	9.7	23.4	220
Some College	9.7	6.0	15.3	239	12.2	8.0	18.1	213	8.6	4.5	15.9	250	10.6	6.4	17.2	243
College Graduate+	4.6	2.8	7.7	316	4.1	2.2	7.6	170	9.5	5.9	15.0	212	8.0	4.7	13.1	243

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Arthritis

Idaho adults who had ever been told they had arthritis, 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	23.7	22.3	25.2	5,210	28.1	24.7	31.9	754	28.5	24.7	32.8	772	25.7	22.2	29.6	713
SEX																
Male	19.2	17.3	21.2	2,059	22.5	18.1	27.6	314	23.7	18.7	29.6	296	24.1	18.9	30.3	292
Female	28.2	26.3	30.2	3,151	33.5	28.5	38.9	440	33.4	28.0	39.2	476	27.3	22.9	32.3	421
AGE																
18-24	2.5	1.1	5.7	168	*	*	*	*	*	*	*	*	*	*	*	*
25-34	8.4	6.0	11.8	517	*	*	*	*	10.1	4.3	21.7	61	3.3	1.2	8.8	75
35-44	15.3	12.3	18.8	697	17.8	10.8	27.8	88	14.1	8.2	23.0	84	22.6	14.4	33.7	107
45-54	24.7	21.7	28.1	1,007	23.3	16.9	31.1	143	27.4	20.1	36.1	142	28.6	21.0	37.6	131
55-64	40.0	36.7	43.4	1,141	49.1	41.7	56.6	195	48.6	41.1	56.2	196	47.5	38.4	56.7	138
65+	52.3	49.4	55.1	1,645	55.4	48.4	62.2	253	55.5	48.8	62.0	260	58.0	50.9	64.8	236
18-34	6.3	4.6	8.7	685	5.3	2.0	13.7	67	8.9	3.8	19.7	86	2.5	0.9	6.8	94
35-54	20.1	17.9	22.5	1,704	20.7	15.8	26.7	231	21.4	16.3	27.5	226	25.5	19.6	32.4	238
55+	46.4	44.2	48.6	2,786	52.5	47.4	57.5	448	52.6	47.5	57.6	456	53.2	47.5	58.8	374
SEX and AGE																
Male																
18-34	4.5	2.6	7.7	263	*	*	*	*	*	*	*	*	*	*	*	*
35-54	16.5	13.5	20.1	685	15.1	9.1	24.0	94	17.1	10.5	26.6	82	26.9	18.1	38.1	103
55+	39.1	35.8	42.5	1,105	46.8	39.3	54.5	188	47.8	40.2	55.6	184	50.9	42.0	59.7	154
Female																
18-34	8.2	5.5	12.1	422	*	*	*	*	12.7	4.2	32.8	57	5.1	1.9	13.3	61
35-54	23.7	20.7	27.0	1,019	26.0	19.0	34.5	137	25.8	18.9	34.1	144	24.0	16.9	32.8	135
55+	53.2	50.4	56.0	1,681	58.0	51.2	64.5	260	57.0	50.5	63.2	272	55.3	47.9	62.4	220
INCOME																
Less than \$15,000	33.4	27.9	39.3	545	36.5	24.7	50.2	86	47.5	30.9	64.7	84	36.2	23.6	51.0	90
\$15,000 - \$24,999	27.4	23.8	31.4	886	27.6	19.3	37.7	120	27.8	20.1	37.2	161	25.3	18.3	33.9	150
\$25,000 - \$34,999	26.0	22.2	30.2	647	33.8	24.2	44.9	90	29.7	20.6	40.8	108	35.2	24.0	48.3	93
\$35,000 - \$49,999	25.1	21.6	28.9	793	21.9	15.3	30.4	125	29.4	20.0	41.1	99	24.0	16.3	33.8	108
\$50,000-\$74,999	21.6	18.5	25.2	799	24.3	16.8	33.9	124	28.2	20.8	37.0	125	26.7	18.2	37.3	96
\$75,000+	16.9	14.4	19.8	915	29.9	21.2	40.4	106	19.9	13.0	29.2	111	11.8	6.9	19.5	97
EMPLOYMENT																
Employed	15.7	14.2	17.4	2,515	16.8	13.3	21.0	340	18.9	14.9	23.7	354	15.0	11.3	19.5	311
Unemployed	18.5	13.8	24.4	260	*	*	*	*	*	*	*	*	22.1	12.1	36.9	51
Other**	37.6	35.0	40.4	2,413	43.6	37.0	50.5	371	42.2	35.7	48.9	380	41.9	35.4	48.8	349
EDUCATION																
K-11th Grade	23.4	19.1	28.3	447	26.1	16.3	39.1	58	22.5	13.3	35.4	74	26.1	17.3	37.4	85
12th Grade or GED	24.1	21.6	26.8	1,610	22.5	17.2	28.9	221	29.3	22.9	36.6	265	28.7	22.3	36.0	242
Some College	27.4	24.7	30.2	1,618	34.1	27.5	41.5	253	32.5	24.5	41.7	211	27.5	21.0	35.1	222
College Graduate+	19.7	17.5	22.1	1,525	27.7	21.7	34.8	220	26.4	20.1	33.8	221	19.5	13.9	26.7	161

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Arthritis

Idaho adults who had ever been told they had arthritis, 2009

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	19.6	16.7	22.9	754	23.8	20.6	27.2	723	23.3	20.1	26.9	759	23.2	19.9	26.8	735
SEX																
Male	12.7	9.3	17.2	292	17.8	13.5	23.0	266	21.1	16.1	27.1	288	21.5	16.8	27.1	311
Female	26.7	22.3	31.6	462	29.7	25.3	34.4	457	25.5	21.5	29.9	471	24.7	20.4	29.6	424
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	12.2	6.3	22.2	86	3.2	0.8	12.5	59	9.4	4.4	18.8	95	10.3	5.4	19.0	94
35-44	12.6	7.6	20.2	117	9.5	4.3	19.9	91	12.6	6.7	22.3	109	17.7	11.5	26.3	101
45-54	22.5	15.9	30.8	147	31.3	23.9	39.7	143	21.9	15.1	30.6	158	21.9	15.6	29.8	143
55-64	29.0	22.1	37.0	164	38.6	30.4	47.5	140	42.1	34.0	50.6	151	38.0	30.1	46.5	157
65+	46.2	39.1	53.5	214	51.8	44.9	58.6	256	51.0	43.8	58.2	212	51.4	44.2	58.6	214
18-34	7.6	3.8	14.4	109	1.8	0.4	7.4	88	7.8	3.9	15.0	127	9.9	5.4	17.3	114
35-54	17.5	13.1	23.0	264	21.0	15.9	27.1	234	17.5	12.7	23.6	267	19.9	15.3	25.5	244
55+	37.3	32.2	42.8	378	45.9	40.4	51.4	396	46.7	41.2	52.3	363	44.8	39.4	50.4	371
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-54	11.3	6.3	19.4	105	17.8	10.9	27.8	95	17.7	10.3	28.6	102	16.3	10.4	24.5	104
55+	27.1	20.0	35.7	138	32.7	24.9	41.5	139	37.5	29.5	46.3	145	40.6	32.6	49.1	157
Female																
18-34	11.7	5.5	23.3	61	1.4	0.2	9.2	56	5.4	2.1	12.9	86	7.9	3.3	18.1	65
35-54	24.1	17.6	32.1	159	24.2	17.6	32.3	139	17.3	11.9	24.5	165	23.2	16.7	31.4	140
55+	46.5	39.7	53.4	240	57.9	51.1	64.4	257	54.9	47.7	61.8	218	49.0	41.7	56.2	214
INCOME																
Less than \$15,000	24.9	13.6	41.1	50	33.2	21.8	46.9	74	36.1	24.2	50.0	90	28.9	17.8	43.2	71
\$15,000 - \$24,999	30.0	18.6	44.6	84	30.7	22.6	40.1	144	28.3	19.8	38.6	116	21.4	13.1	33.1	111
\$25,000 - \$34,999	21.0	13.3	31.4	92	25.3	17.0	35.9	90	21.1	13.7	31.2	89	17.1	10.9	25.7	85
\$35,000 - \$49,999	26.9	18.8	37.0	117	22.8	15.3	32.7	100	21.5	14.5	30.8	124	29.0	20.7	39.1	120
\$50,000-\$74,999	17.8	11.4	26.7	103	17.4	10.9	26.6	111	23.5	15.2	34.5	117	19.6	12.8	28.7	123
\$75,000+	13.2	9.3	18.5	212	18.2	12.0	26.5	109	18.5	12.3	26.8	139	21.4	15.4	29.0	141
EMPLOYMENT																
Employed	12.0	9.0	16.0	385	16.6	13.0	21.0	348	18.4	14.3	23.4	397	19.3	15.3	24.2	380
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	34.3	28.1	41.2	325	38.6	32.7	44.9	341	34.3	28.6	40.4	330	30.4	24.7	36.8	317
EDUCATION																
K-11th Grade	*	*	*	*	22.9	15.1	33.3	90	23.6	13.2	38.7	54	15.2	7.9	27.0	50
12th Grade or GED	18.9	13.1	26.4	175	25.0	19.8	31.1	253	25.4	19.6	32.2	247	24.5	18.5	31.8	207
Some College	24.2	18.6	30.8	233	30.1	23.5	37.6	213	25.0	19.1	31.9	248	23.9	18.2	30.8	238
College Graduate+	16.0	12.2	20.7	310	15.2	10.7	21.1	167	18.5	13.6	24.7	206	23.3	17.9	29.8	240

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Cholesterol

Idaho adults ever told they had high cholesterol, among those screened, 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	37.3	35.3	39.2	4,437	38.7	34.1	43.5	668	35.8	31.2	40.8	652	39.7	35.0	44.6	601
SEX																
Male	38.3	35.3	41.5	1,747	40.0	32.8	47.6	272	35.2	27.8	43.5	241	38.0	30.8	45.7	246
Female	36.2	33.9	38.5	2,690	37.4	31.7	43.5	396	36.4	30.9	42.3	411	41.4	35.5	47.5	355
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	20.3	15.0	26.8	275	*	*	*	*	*	*	*	*	*	*	*	*
35-44	27.5	22.9	32.5	537	22.4	13.6	34.6	72	31.4	20.1	45.4	57	36.4	25.6	48.9	82
45-54	39.1	35.2	43.2	882	41.2	32.0	51.0	130	37.5	28.1	47.9	114	33.9	25.3	43.6	115
55-64	48.8	45.2	52.4	1,090	53.2	45.6	60.7	190	46.9	39.2	54.8	183	53.1	43.7	62.3	130
65+	52.3	49.3	55.1	1,575	50.0	43.0	57.0	237	51.7	45.0	58.2	253	55.8	48.5	62.8	231
18-34	16.7	12.3	22.2	316	*	*	*	*	*	*	*	*	*	*	*	*
35-54	33.8	30.8	37.0	1,419	33.1	26.4	40.6	202	35.0	27.5	43.3	171	35.1	28.0	42.9	197
55+	50.6	48.3	52.9	2,665	51.6	46.4	56.7	427	49.7	44.6	54.7	436	54.6	48.8	60.3	361
SEX and AGE																
Male																
18-34	16.4	10.4	25.0	121	*	*	*	*	*	*	*	*	*	*	*	*
35-54	37.1	32.3	42.3	550	35.2	24.8	47.2	81	31.6	20.5	45.3	55	34.2	23.9	46.3	86
55+	51.4	47.8	55.0	1,070	52.6	44.7	60.4	177	53.0	45.1	60.8	175	53.6	44.5	62.4	147
Female																
18-34	17.0	11.5	24.5	195	*	*	*	*	*	*	*	*	*	*	*	*
35-54	30.7	27.2	34.6	869	31.1	23.1	40.5	121	37.8	28.4	48.2	116	35.9	26.8	46.2	111
55+	49.8	46.9	52.7	1,595	50.5	43.8	57.2	250	46.5	40.2	53.0	261	55.5	48.0	62.8	214
INCOME																
Less than \$15,000	42.0	34.7	49.7	412	54.7	40.0	68.7	71	38.1	22.3	56.8	64	38.7	24.3	55.4	74
\$15,000 - \$24,999	43.9	38.7	49.3	734	46.6	32.3	61.4	103	33.3	22.4	46.4	130	52.5	40.4	64.4	120
\$25,000 - \$34,999	41.4	36.2	46.8	552	48.5	36.5	60.7	82	38.2	27.0	50.7	89	46.4	33.9	59.3	77
\$35,000 - \$49,999	40.0	35.1	45.2	683	33.3	23.8	44.3	113	45.0	33.7	56.7	89	34.2	24.8	45.1	93
\$50,000-\$74,999	37.0	32.7	41.6	711	38.2	28.0	49.5	114	29.8	21.8	39.3	113	36.3	25.5	48.6	81
\$75,000+	30.8	27.1	34.8	831	28.0	19.6	38.4	98	33.1	22.5	45.7	97	29.0	19.4	40.8	88
EMPLOYMENT																
Employed	32.1	29.5	34.8	2,069	28.5	23.0	34.7	289	30.6	24.3	37.8	276	31.4	25.2	38.2	245
Unemployed	32.0	24.3	40.9	195	*	*	*	*	*	*	*	*	*	*	*	*
Other**	45.8	42.9	48.6	2,155	51.3	44.3	58.3	344	43.6	36.7	50.8	347	46.4	39.4	53.5	316
EDUCATION																
K-11th Grade	42.1	34.7	49.8	326	*	*	*	*	27.5	14.9	45.2	59	44.9	29.1	61.8	62
12th Grade or GED	41.0	37.3	44.9	1,327	45.0	35.8	54.5	186	43.3	34.7	52.4	226	47.5	39.0	56.2	201
Some College	37.8	34.4	41.3	1,388	39.0	30.9	47.9	227	32.8	24.8	41.8	175	38.0	30.0	46.6	192
College Graduate+	32.9	29.7	36.2	1,388	32.0	25.2	39.7	206	34.8	27.6	42.7	191	30.9	22.9	40.2	143

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Cholesterol

Idaho adults ever told they had high cholesterol, among those screened, 2009

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	35.7	31.4	40.2	674	37.6	33.0	42.3	597	40.8	36.2	45.5	627	33.9	29.7	38.3	618
SEX																
Male	36.7	30.0	43.9	262	42.3	34.8	50.1	217	42.5	35.1	50.3	240	35.7	29.4	42.5	269
Female	34.6	29.5	40.1	412	33.2	28.1	38.7	380	39.1	33.6	44.8	387	32.0	26.7	37.9	349
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	30.5	19.1	45.0	52	*	*	*	*	20.0	10.7	34.3	53	11.3	5.1	23.2	51
35-44	23.9	15.1	35.7	100	30.9	20.3	43.9	72	35.3	24.7	47.5	79	19.8	12.0	31.0	75
45-54	41.4	32.6	50.8	134	36.6	27.7	46.5	118	43.8	34.3	53.8	139	36.0	27.5	45.5	132
55-64	42.3	34.1	50.9	161	53.6	44.1	62.8	128	48.9	40.4	57.5	147	49.5	41.1	58.0	151
65+	52.3	45.0	59.5	216	48.2	41.1	55.4	236	53.5	46.0	60.8	199	54.4	46.9	61.7	203
18-34	22.5	13.5	35.2	59	*	*	*	*	21.1	11.6	35.2	62	11.0	5.0	22.5	52
35-54	33.0	26.5	40.3	234	34.0	26.8	41.9	190	40.3	33.0	48.0	218	29.3	23.1	36.5	207
55+	47.2	41.6	52.8	377	50.6	44.8	56.4	364	51.2	45.5	56.9	346	52.0	46.4	57.6	354
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-54	39.0	28.3	50.9	86	39.9	28.3	52.8	74	45.8	33.9	58.2	79	30.9	21.8	41.7	89
55+	47.8	39.1	56.7	144	51.2	41.8	60.4	129	53.0	44.3	61.6	142	52.9	44.5	61.1	156
Female																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-54	27.6	20.3	36.2	148	28.1	20.4	37.5	116	35.1	26.9	44.3	139	27.9	19.8	37.7	118
55+	46.6	39.7	53.6	233	50.1	43.2	57.0	235	49.5	42.2	56.9	204	51.2	43.7	58.6	198
INCOME																
Less than \$15,000	*	*	*	*	31.5	19.5	46.6	55	49.5	31.6	67.4	62	*	*	*	*
\$15,000 - \$24,999	39.6	26.6	54.3	77	46.3	34.3	58.6	111	46.2	33.6	59.3	104	37.8	26.5	50.6	89
\$25,000 - \$34,999	37.4	25.7	50.9	79	41.7	28.9	55.7	77	49.1	35.3	63.1	74	30.8	20.8	43.1	74
\$35,000 - \$49,999	45.8	34.0	58.2	104	48.4	36.0	61.0	81	33.4	24.1	44.1	100	40.8	30.4	52.2	103
\$50,000-\$74,999	37.2	26.8	48.9	95	39.8	29.7	50.9	98	42.7	33.0	53.1	102	33.0	23.5	44.2	108
\$75,000+	33.0	26.2	40.7	192	22.4	15.0	32.1	99	35.0	25.6	45.8	124	29.3	21.7	38.3	133
EMPLOYMENT																
Employed	33.2	27.4	39.5	333	33.1	27.0	39.9	280	36.3	30.3	42.9	325	30.2	24.7	36.2	321
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	41.9	35.4	48.7	307	47.8	41.1	54.6	294	48.4	41.2	55.7	280	42.7	35.8	49.8	267
EDUCATION																
K-11th Grade	*	*	*	*	36.9	23.1	53.2	58	*	*	*	*	*	*	*	*
12th Grade or GED	31.9	23.0	42.3	144	43.0	35.2	51.2	205	46.9	37.9	56.2	197	34.6	26.9	43.2	168
Some College	39.7	32.0	48.0	209	35.4	27.9	43.8	184	37.5	29.6	46.0	207	35.7	28.1	44.1	194
College Graduate+	33.4	27.2	40.2	291	33.8	25.2	43.5	150	35.0	27.9	42.9	183	31.3	25.0	38.4	224

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Blood Pressure

Idaho adults who were ever told they had high blood pressure, 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	25.9	24.4	27.4	5,378	27.7	24.2	31.4	781	29.3	25.4	33.6	807	28.0	24.2	32.2	741
SEX																
Male	27.6	25.2	30.1	2,135	28.5	23.3	34.3	325	32.0	25.6	39.3	313	28.4	22.4	35.4	302
Female	24.2	22.5	26.0	3,243	26.9	22.5	31.8	456	26.5	22.3	31.2	494	27.6	23.1	32.6	439
AGE																
18-24	5.0	2.7	9.0	171	*	*	*	*	*	*	*	*	*	*	*	*
25-34	10.0	7.2	13.7	526	*	*	*	*	12.1	5.4	24.8	64	9.5	3.9	21.3	77
35-44	18.9	15.3	23.1	719	19.1	11.5	29.9	93	24.4	15.5	36.3	88	21.6	13.8	32.2	110
45-54	24.8	21.9	28.1	1,039	23.6	17.1	31.7	150	29.1	21.5	38.1	147	30.5	22.6	39.7	134
55-64	41.2	37.9	44.6	1,177	44.7	37.4	52.1	201	41.3	34.3	48.7	207	46.0	37.0	55.1	141
65+	56.0	53.2	58.8	1,705	57.4	50.5	63.9	260	57.6	51.1	63.8	271	58.6	51.7	65.3	251
18-34	8.2	6.2	10.9	697	4.6	1.7	12.2	69	8.6	3.6	18.9	89	8.4	3.7	17.8	96
35-54	22.0	19.6	24.5	1,758	21.5	16.3	27.8	243	27.0	21.0	34.0	235	25.9	20.0	32.7	244
55+	49.0	46.8	51.2	2,882	51.4	46.4	56.4	461	50.5	45.6	55.3	478	53.0	47.4	58.6	392
SEX and AGE																
Male																
18-34	10.8	7.5	15.2	272	*	*	*	*	*	*	*	*	*	*	*	*
35-54	25.7	21.8	30.0	709	24.3	16.3	34.5	100	30.4	20.9	41.8	85	27.2	18.6	38.0	106
55+	49.0	45.6	52.5	1,147	51.1	43.5	58.6	192	52.6	45.0	60.0	195	50.9	42.2	59.5	160
Female																
18-34	5.5	3.4	8.8	425	*	*	*	*	1.9	0.6	6.2	57	5.0	1.6	14.8	62
35-54	18.2	15.7	21.0	1,049	18.9	12.9	26.9	143	23.6	16.8	32.2	150	24.5	17.3	33.4	138
55+	48.9	46.2	51.7	1,735	51.7	45.1	58.2	269	48.5	42.3	54.6	283	55.0	47.7	62.0	232
INCOME																
Less than \$15,000	35.6	29.7	41.9	561	37.8	25.9	51.3	91	42.1	27.5	58.2	86	46.0	31.1	61.6	95
\$15,000 - \$24,999	32.0	28.1	36.1	925	26.0	18.1	35.9	125	31.8	22.2	43.2	172	30.6	22.7	39.8	156
\$25,000 - \$34,999	30.3	26.0	35.0	668	33.0	23.7	43.8	93	23.6	15.6	34.1	115	33.3	22.5	46.2	97
\$35,000 - \$49,999	24.6	21.1	28.4	814	24.2	17.3	32.8	129	33.5	23.4	45.4	103	19.1	12.8	27.6	111
\$50,000-\$74,999	24.9	21.4	28.7	815	27.3	18.9	37.8	126	23.6	16.8	32.2	128	26.7	18.4	36.9	97
\$75,000+	18.1	15.3	21.1	939	20.4	13.9	28.9	108	25.4	17.0	36.1	113	17.5	11.0	26.9	100
EMPLOYMENT																
Employed	19.8	17.9	21.8	2,592	18.5	14.5	23.2	350	23.1	17.9	29.2	373	17.1	13.1	21.9	321
Unemployed	18.2	13.8	23.6	271	*	*	*	*	*	*	*	*	31.9	19.4	47.6	53
Other**	37.2	34.6	39.9	2,492	39.1	33.0	45.5	386	43.3	36.8	50.0	393	42.5	35.8	49.5	365
EDUCATION																
K-11th Grade	27.8	22.8	33.5	470	30.4	19.2	44.6	63	26.5	15.8	41.1	77	39.9	27.3	54.1	91
12th Grade or GED	26.7	24.1	29.5	1,679	23.9	18.5	30.4	232	31.0	24.6	38.2	280	29.5	23.2	36.7	254
Some College	28.5	25.8	31.3	1,661	35.6	28.8	42.9	261	32.0	23.9	41.4	220	27.3	20.8	35.0	229
College Graduate+	21.8	19.2	24.5	1,558	21.6	16.3	28.1	223	25.9	19.9	32.9	229	20.1	14.6	27.0	164

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Blood Pressure

Idaho adults who were ever told they had high blood pressure, 2009

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	23.6	20.3	27.3	777	25.9	22.4	29.8	737	27.2	23.7	31.0	778	23.1	19.9	26.7	757
SEX																
Male	26.7	21.4	32.8	301	25.4	20.0	31.7	273	27.5	21.9	33.9	298	26.8	21.6	32.7	323
Female	20.4	16.8	24.7	476	26.4	22.2	31.1	464	26.9	22.8	31.4	480	19.5	16.0	23.7	434
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	15.2	8.7	25.3	87	5.6	1.8	16.0	61	5.4	2.0	14.0	95	9.7	5.0	18.0	94
35-44	21.2	13.7	31.4	122	14.4	6.9	27.5	92	19.1	12.4	28.2	111	9.0	4.7	16.5	103
45-54	18.3	12.5	25.9	148	23.6	17.3	31.3	146	29.5	21.5	39.1	163	30.7	23.0	39.6	151
55-64	36.4	28.8	44.8	168	40.9	32.3	50.1	141	45.7	37.5	54.1	155	37.8	30.2	46.2	164
65+	53.5	46.4	60.5	225	56.1	49.3	62.7	261	54.7	47.5	61.7	219	55.2	48.0	62.2	218
18-34	10.2	5.8	17.3	110	7.4	3.3	15.8	90	8.0	3.8	16.0	128	7.8	4.1	14.3	115
35-54	19.8	14.8	26.0	270	19.3	14.0	25.9	238	24.7	19.1	31.3	274	20.5	15.5	26.6	254
55+	44.8	39.5	50.3	393	49.3	43.8	54.8	402	50.4	44.9	55.8	374	46.6	41.2	52.1	382
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	13.7	6.7	25.8	50
35-54	26.8	18.4	37.4	106	19.9	11.8	31.5	97	28.0	19.0	39.2	104	23.3	15.9	32.8	111
55+	45.6	37.0	54.4	146	49.4	40.5	58.3	141	48.1	39.8	56.6	152	49.1	41.0	57.4	161
Female																
18-34	8.1	3.3	18.7	62	7.4	2.4	20.6	56	6.9	2.9	15.2	86	2.0	0.5	8.2	65
35-54	12.4	8.1	18.6	164	18.6	12.9	26.1	141	21.5	15.6	28.9	170	17.8	11.8	25.9	143
55+	44.2	37.6	51.0	247	49.2	42.6	55.9	261	52.4	45.3	59.4	222	44.2	37.3	51.3	221
INCOME																
Less than \$15,000	25.9	14.3	42.3	52	38.3	25.3	53.2	74	42.0	28.8	56.4	92	19.6	11.6	31.0	71
\$15,000 - \$24,999	37.5	25.4	51.4	87	31.5	23.1	41.3	148	36.9	26.3	48.8	123	30.5	21.5	41.2	114
\$25,000 - \$34,999	34.8	24.2	47.2	94	28.0	18.7	39.7	92	27.1	18.5	37.9	90	23.5	14.8	35.2	87
\$35,000 - \$49,999	24.8	16.8	35.1	119	27.4	18.9	37.8	103	19.3	13.5	26.9	126	29.5	20.9	40.0	123
\$50,000-\$74,999	29.9	21.0	40.7	106	18.0	11.6	26.8	112	22.6	15.9	31.1	118	20.3	13.7	29.1	128
\$75,000+	15.5	11.1	21.2	217	15.1	8.0	26.7	111	24.7	17.2	34.1	143	19.3	13.0	27.6	147
EMPLOYMENT																
Employed	20.9	16.7	26.0	394	18.0	13.8	23.1	354	22.0	17.6	27.1	406	19.7	15.6	24.5	394
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	33.0	27.1	39.6	337	43.0	36.7	49.5	348	37.1	31.1	43.5	338	27.5	22.5	33.2	325
EDUCATION																
K-11th Grade	*	*	*	*	18.3	11.7	27.7	92	15.9	9.1	26.5	57	15.8	7.8	29.4	51
12th Grade or GED	22.0	15.8	29.8	180	32.9	26.5	40.0	262	30.1	23.8	37.2	254	22.3	16.9	28.7	217
Some College	26.0	20.3	32.7	241	28.0	21.6	35.6	213	28.0	21.6	35.5	251	26.0	20.1	32.9	246
College Graduate+	21.4	16.4	27.3	317	18.3	11.8	27.1	170	25.1	19.5	31.8	212	22.7	17.2	29.2	243

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Fruit and Vegetable Consumption

Idaho adults who did not eat five servings of fruits and vegetables each day, 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	75.4	73.7	77.0	5,187	72.1	67.7	76.1	751	78.5	74.4	82.2	773	78.5	74.4	82.1	706
SEX																
Male	82.0	79.5	84.3	2,051	79.7	73.4	84.8	310	83.9	77.3	88.8	298	86.9	81.3	91.0	291
Female	68.8	66.5	71.0	3,136	65.0	58.8	70.7	441	73.1	67.6	78.0	475	70.2	64.4	75.4	415
AGE																
18-24	79.7	71.7	85.9	169	*	*	*	*	*	*	*	*	*	*	*	*
25-34	73.0	68.1	77.4	513	*	*	*	*	69.3	54.8	80.8	62	86.2	76.0	92.6	74
35-44	76.3	72.1	79.9	696	61.8	50.5	72.0	89	81.8	71.8	88.8	84	76.1	67.0	83.3	107
45-54	77.5	74.2	80.5	1,004	78.1	69.9	84.6	143	84.3	77.0	89.6	142	79.6	71.1	86.1	128
55-64	75.9	72.9	78.6	1,130	76.0	69.1	81.8	192	73.8	66.5	80.0	194	82.0	74.1	87.8	137
65+	71.9	69.3	74.3	1,641	74.0	67.7	79.5	252	71.4	65.1	77.0	262	74.0	67.4	79.6	235
18-34	75.4	71.3	79.1	682	71.0	58.6	80.9	67	80.6	69.3	88.4	87	80.1	70.1	87.4	93
35-54	76.9	74.3	79.3	1,700	70.6	63.6	76.7	232	83.2	77.4	87.7	226	77.7	71.7	82.8	235
55+	73.8	71.9	75.6	2,771	74.9	70.4	79.0	444	72.5	67.8	76.7	456	77.6	72.7	81.8	372
SEX and AGE																
Male																
18-34	79.1	73.0	84.1	265	*	*	*	*	*	*	*	*	*	*	*	*
35-54	84.5	80.8	87.7	685	79.2	68.3	87.0	95	90.1	82.2	94.8	82	89.3	81.7	94.0	102
55+	82.6	79.9	84.9	1,096	80.9	74.1	86.2	183	76.9	69.5	82.9	185	82.8	75.3	88.4	155
Female																
18-34	71.4	65.7	76.5	417	*	*	*	*	75.7	61.0	86.1	57	72.2	58.2	83.0	60
35-54	69.3	65.7	72.6	1,015	62.6	53.2	71.1	137	76.2	67.5	83.2	144	66.0	56.9	74.0	133
55+	65.8	63.0	68.4	1,675	69.3	62.9	75.0	261	68.3	62.1	74.0	271	72.8	66.0	78.7	217
INCOME																
Less than \$15,000	76.2	69.6	81.8	545	83.8	69.5	92.1	87	79.1	62.8	89.5	84	79.0	64.9	88.4	90
\$15,000 - \$24,999	78.1	73.5	82.1	879	74.1	61.8	83.5	119	76.5	64.0	85.6	161	77.8	67.0	85.8	149
\$25,000 - \$34,999	78.9	74.5	82.6	642	79.8	66.9	88.6	90	80.0	69.6	87.5	110	81.9	71.8	88.9	94
\$35,000 - \$49,999	72.3	67.6	76.5	790	61.9	50.3	72.3	126	78.9	67.6	87.0	99	73.3	61.2	82.7	106
\$50,000-\$74,999	75.0	70.9	78.8	796	70.2	59.5	79.1	123	78.0	69.4	84.8	124	77.6	66.2	86.0	95
\$75,000+	70.6	66.4	74.5	916	65.9	54.4	75.9	105	77.1	66.9	84.8	111	85.7	76.7	91.5	96
EMPLOYMENT																
Employed	76.9	74.5	79.1	2,501	71.4	64.9	77.1	338	83.0	77.9	87.1	353	82.2	76.6	86.7	304
Unemployed	83.6	75.9	89.2	261	*	*	*	*	*	*	*	*	91.4	77.2	97.1	52
Other**	71.4	68.7	74.0	2,403	71.1	64.4	77.0	369	72.3	66.2	77.8	381	70.9	64.1	77.0	348
EDUCATION																
K-11th Grade	80.1	73.7	85.3	444	90.5	78.7	96.0	57	78.8	58.8	90.7	74	80.6	67.0	89.5	86
12th Grade or GED	79.0	76.1	81.7	1,602	70.3	61.3	77.9	223	82.3	75.7	87.4	266	80.7	73.8	86.2	240
Some College	75.0	71.7	78.0	1,613	75.2	67.5	81.5	251	81.7	74.5	87.1	211	75.5	67.2	82.3	219
College Graduate+	70.6	67.5	73.6	1,519	64.4	56.0	71.9	218	70.8	63.0	77.5	221	77.7	69.4	84.3	159

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Fruit and Vegetable Consumption

Idaho adults who did not eat five servings of fruits and vegetables each day, 2009

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	72.9	68.6	76.8	749	77.2	73.0	80.9	717	77.8	73.9	81.3	757	75.4	71.0	79.4	734
SEX																
Male	80.3	73.9	85.4	287	84.2	77.0	89.5	265	85.1	78.6	89.8	288	77.0	69.5	83.0	312
Female	65.3	59.4	70.7	462	70.2	64.9	75.0	452	70.8	65.8	75.4	469	74.0	68.5	78.7	422
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	64.3	52.8	74.4	85	79.5	67.0	88.2	57	76.5	65.0	85.0	94	69.7	58.1	79.3	94
35-44	75.2	65.1	83.1	115	84.0	74.2	90.5	90	85.3	77.4	90.7	109	78.7	69.2	85.9	102
45-54	77.5	69.2	84.1	147	76.1	67.7	82.9	143	72.2	63.9	79.1	158	75.9	67.4	82.7	143
55-64	72.3	64.6	78.8	162	77.9	70.2	84.1	139	75.0	66.8	81.7	148	76.8	69.0	83.1	158
65+	70.1	63.2	76.1	214	69.6	63.0	75.5	254	73.9	67.1	79.8	213	70.7	63.6	76.9	211
18-34	70.0	59.8	78.7	108	78.8	66.8	87.2	86	80.4	71.0	87.4	127	75.5	65.3	83.5	114
35-54	76.4	70.0	81.8	262	79.8	73.7	84.8	233	78.3	72.7	83.1	267	77.2	71.1	82.4	245
55+	71.2	66.1	75.8	376	73.4	68.4	77.8	393	74.4	69.3	79.0	361	73.7	68.6	78.3	369
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-54	82.1	72.0	89.1	103	88.8	80.3	93.9	95	86.4	78.0	92.0	102	81.9	73.3	88.2	106
55+	84.6	77.6	89.7	135	85.0	77.7	90.2	138	82.3	74.6	88.1	144	82.1	74.8	87.7	156
Female																
18-34	64.5	49.7	76.9	60	79.4	66.3	88.3	54	74.6	63.1	83.4	85	80.8	69.5	88.6	65
35-54	70.5	62.1	77.7	159	70.7	61.6	78.4	138	70.7	62.7	77.5	165	72.8	63.8	80.2	139
55+	59.5	52.6	66.1	241	62.8	56.0	69.0	255	67.5	60.3	73.8	217	65.5	58.2	72.2	213
INCOME																
Less than \$15,000	*	*	*	*	78.6	65.0	87.8	74	76.9	59.4	88.4	90	71.7	50.0	86.5	71
\$15,000 - \$24,999	74.6	57.8	86.3	84	78.0	65.5	86.9	141	86.9	79.1	92.1	115	83.4	72.6	90.5	110
\$25,000 - \$34,999	76.6	63.9	85.8	88	81.2	71.1	88.3	87	80.6	69.8	88.2	88	73.0	59.9	83.1	85
\$35,000 - \$49,999	69.6	58.0	79.1	116	80.9	69.2	88.9	100	74.9	65.7	82.3	122	78.6	68.1	86.3	121
\$50,000-\$74,999	76.9	66.1	85.1	103	74.3	62.3	83.5	111	71.8	62.4	79.6	117	76.2	63.6	85.4	123
\$75,000+	65.7	57.7	72.9	213	71.8	61.5	80.2	109	76.3	67.3	83.4	141	68.5	59.1	76.5	141
EMPLOYMENT																
Employed	73.6	67.8	78.6	383	82.3	77.1	86.5	346	80.3	75.7	84.3	396	73.3	66.8	78.9	381
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	70.2	63.0	76.6	323	69.5	62.9	75.5	338	70.7	63.2	77.2	329	76.9	70.6	82.2	315
EDUCATION																
K-11th Grade	*	*	*	*	81.4	65.5	91.0	89	85.4	72.0	93.0	53	63.7	41.9	81.0	50
12th Grade or GED	82.3	74.3	88.2	171	79.9	72.4	85.7	249	80.9	73.8	86.5	247	75.5	66.9	82.5	206
Some College	70.2	61.6	77.5	235	73.4	65.6	80.0	212	75.9	69.2	81.5	247	81.8	74.0	87.6	238
College Graduate+	68.5	62.0	74.4	308	74.9	66.7	81.6	167	73.5	65.1	80.6	206	71.5	64.2	77.9	240

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Physical Activity

Idaho adults who did not participate in leisure time physical activity, 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	21.0	19.6	22.6	5,380	21.9	18.3	25.9	783	22.2	18.7	26.2	809	26.0	21.9	30.6	742
SEX																
Male	21.4	19.1	23.9	2,134	24.6	19.0	31.4	326	17.7	13.2	23.2	312	30.5	23.7	38.4	302
Female	20.7	19.0	22.5	3,246	19.2	15.2	23.9	457	26.9	22.0	32.5	497	21.6	17.4	26.4	440
AGE																
18-24	13.4	8.9	19.5	169	*	*	*	*	*	*	*	*	*	*	*	*
25-34	17.1	13.5	21.4	527	*	*	*	*	9.5	4.1	20.8	65	17.8	10.0	29.5	77
35-44	20.2	16.7	24.3	720	16.7	10.2	26.1	93	13.0	7.7	21.2	88	26.4	17.2	38.2	110
45-54	20.9	18.1	24.0	1,041	23.5	16.8	31.9	151	32.0	23.3	42.2	147	23.4	16.0	32.8	135
55-64	21.3	18.6	24.2	1,175	20.6	15.2	27.5	201	28.2	21.9	35.5	207	28.7	20.9	38.1	141
65+	32.4	29.8	35.1	1,706	29.1	23.6	35.4	261	33.7	27.8	40.2	273	37.6	30.9	44.8	251
18-34	15.8	12.9	19.2	696	19.3	11.0	31.6	69	11.1	5.9	20.1	89	20.5	12.7	31.3	96
35-54	20.6	18.3	23.1	1,761	20.4	15.5	26.4	244	23.5	17.7	30.4	235	24.9	18.7	32.4	245
55+	27.1	25.3	29.1	2,881	25.1	21.1	29.6	462	31.3	26.9	36.1	480	33.7	28.5	39.4	392
SEX and AGE																
Male																
18-34	15.2	11.0	20.7	272	*	*	*	*	*	*	*	*	*	*	*	*
35-54	22.4	18.7	26.6	711	20.7	13.5	30.5	101	21.6	13.3	33.2	85	30.9	20.9	43.2	106
55+	27.5	24.6	30.7	1,144	27.7	21.6	34.9	192	28.7	22.3	36.0	195	36.1	28.0	45.2	160
Female																
18-34	16.5	12.8	20.9	424	*	*	*	*	20.0	10.2	35.5	58	14.7	7.8	26.2	62
35-54	18.7	16.2	21.5	1,050	20.1	14.0	28.0	143	25.3	18.2	34.1	150	18.9	12.8	27.0	139
55+	26.8	24.5	29.3	1,737	22.7	17.8	28.5	270	33.8	27.9	40.3	285	31.5	25.1	38.7	232
INCOME																
Less than \$15,000	39.2	32.8	45.9	561	39.3	26.9	53.3	92	45.6	30.0	62.1	87	55.2	39.9	69.5	95
\$15,000 - \$24,999	29.1	25.2	33.4	926	20.3	13.7	28.8	126	25.0	16.9	35.5	172	32.4	23.3	42.9	156
\$25,000 - \$34,999	25.1	21.0	29.8	667	25.3	16.6	36.4	93	20.6	13.6	30.1	115	18.5	11.0	29.6	97
\$35,000 - \$49,999	21.4	17.7	25.6	813	26.9	17.2	39.6	129	20.8	12.9	31.8	103	17.3	10.5	27.2	111
\$50,000-\$74,999	15.3	12.5	18.5	817	13.5	7.9	22.3	126	16.4	10.7	24.2	128	14.4	8.1	24.3	97
\$75,000+	8.1	6.2	10.4	939	8.1	4.1	15.4	108	13.7	8.3	21.7	113	11.3	5.6	21.5	100
EMPLOYMENT																
Employed	17.7	15.8	19.7	2,593	18.8	14.0	24.8	351	17.6	13.3	23.0	372	20.5	15.3	26.9	321
Unemployed	21.3	15.6	28.4	269	*	*	*	*	*	*	*	*	31.2	17.5	49.2	53
Other**	26.2	23.8	28.7	2,494	25.0	20.1	30.7	387	29.6	24.1	35.7	396	32.6	26.2	39.7	366
EDUCATION																
K-11th Grade	41.3	35.0	47.9	471	52.3	36.5	67.7	64	30.3	17.9	46.3	79	40.3	27.5	54.6	91
12th Grade or GED	25.9	23.0	29.0	1,681	27.1	19.9	35.8	232	26.2	19.9	33.7	280	30.0	22.7	38.5	254
Some College	19.5	17.1	22.1	1,660	16.6	12.3	22.0	262	21.5	16.0	28.3	220	25.1	18.4	33.3	229
College Graduate+	11.0	9.2	13.2	1,557	11.1	7.0	17.1	223	13.4	8.8	19.9	229	12.0	7.3	19.0	165

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Physical Activity

Idaho adults who did not participate in leisure time physical activity, 2009

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	15.1	12.3	18.4	772	23.3	19.5	27.5	736	23.3	19.8	27.2	778	22.8	19.2	26.9	760
SEX																
Male	15.5	11.3	21.0	298	22.4	16.7	29.5	273	22.2	17.0	28.5	298	20.4	15.5	26.3	325
Female	14.6	11.3	18.7	474	24.2	19.8	29.2	463	24.4	20.1	29.3	480	25.2	20.3	30.9	435
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	16.2	9.4	26.6	86	22.7	13.4	35.8	61	6.6	3.1	13.5	95	16.8	10.5	25.8	95
35-44	16.7	10.2	26.3	122	17.6	10.1	28.9	92	32.8	23.7	43.4	111	21.4	12.9	33.3	104
45-54	11.1	6.6	18.2	148	25.1	18.3	33.4	146	23.9	16.8	32.8	163	25.3	18.1	34.0	151
55-64	13.6	8.8	20.5	166	25.7	18.5	34.5	141	21.3	15.2	29.1	155	22.4	15.9	30.4	164
65+	29.7	23.5	36.8	222	29.2	23.3	35.9	261	36.5	29.9	43.5	219	34.7	28.1	41.9	219
18-34	11.1	6.4	18.5	109	20.6	12.5	32.0	89	13.1	7.5	21.9	128	17.7	11.6	26.1	116
35-54	14.0	9.7	19.8	270	21.6	16.2	28.2	238	28.0	22.1	34.8	274	23.5	17.7	30.4	255
55+	21.5	17.3	26.4	388	27.6	22.9	32.9	402	29.1	24.4	34.3	374	28.6	23.8	33.9	383
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	11.1	4.9	23.0	51
35-54	16.4	9.6	26.5	106	20.8	12.9	31.7	97	33.8	24.2	44.9	104	21.5	13.1	33.3	112
55+	21.3	15.0	29.4	143	27.4	20.1	36.2	141	24.1	17.6	31.9	152	32.1	24.8	40.5	161
Female																
18-34	12.0	5.9	23.1	61	22.2	12.6	36.1	55	16.9	9.1	29.2	86	24.3	14.9	37.2	65
35-54	11.5	7.3	17.7	164	22.4	16.0	30.6	141	22.4	16.3	30.1	170	25.3	18.2	34.1	143
55+	21.7	16.6	27.8	245	27.8	22.1	34.3	261	33.8	27.4	40.7	222	25.2	19.6	31.9	222
INCOME																
Less than \$15,000	24.1	12.0	42.5	50	35.4	22.8	50.4	74	30.1	20.0	42.6	92	44.7	28.2	62.4	71
\$15,000 - \$24,999	31.4	20.6	44.7	87	32.7	22.7	44.6	148	31.1	21.2	42.9	123	29.8	19.6	42.4	114
\$25,000 - \$34,999	27.8	17.7	40.8	93	27.8	17.4	41.5	92	30.8	19.9	44.3	90	25.4	16.4	37.1	87
\$35,000 - \$49,999	21.0	13.3	31.3	119	19.2	12.1	29.2	102	21.0	13.9	30.3	126	21.9	14.5	31.8	123
\$50,000-\$74,999	10.6	5.1	20.4	106	16.3	9.6	26.3	112	17.7	11.8	25.8	118	22.8	15.6	32.0	130
\$75,000+	5.0	2.5	10.1	216	10.4	5.1	19.9	111	12.6	8.1	19.2	143	7.4	4.3	12.4	148
EMPLOYMENT																
Employed	11.8	8.5	16.3	393	20.8	16.2	26.2	354	21.1	16.5	26.6	406	21.0	16.3	26.5	396
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	23.1	17.7	29.4	334	23.4	18.6	28.9	348	25.9	21.0	31.5	338	26.3	20.5	33.1	325
EDUCATION																
K-11th Grade	*	*	*	*	42.0	28.9	56.4	92	28.5	15.7	46.1	57	54.2	34.7	72.5	51
12th Grade or GED	20.2	14.1	28.1	180	21.7	16.5	28.0	262	35.0	27.6	43.2	254	25.3	18.7	33.2	219
Some College	15.5	10.7	21.9	239	27.9	20.9	36.2	213	18.3	13.9	23.8	251	18.4	13.0	25.3	246
College Graduate+	8.7	5.5	13.5	315	7.5	4.3	13.0	169	12.9	8.8	18.6	212	16.9	12.3	22.7	244

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Overweight

Idaho adults who were overweight (BMI ≥ 25), 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	61.3	59.3	63.3	5,151	60.5	55.7	65.2	747	63.6	58.1	68.8	770	66.0	60.9	70.7	716
SEX																
Male	68.6	65.4	71.6	2,118	66.4	58.9	73.1	323	67.5	58.4	75.5	310	71.9	63.7	78.9	299
Female	53.7	51.2	56.3	3,033	54.6	48.2	60.8	424	59.1	52.8	65.1	460	59.8	53.7	65.7	417
AGE																
18-24	30.7	23.4	39.0	163	*	*	*	*	*	*	*	*	*	*	*	*
25-34	60.5	55.3	65.5	498	*	*	*	*	62.5	47.0	75.8	59	61.9	48.4	73.7	72
35-44	62.9	58.4	67.2	688	56.2	45.3	66.5	92	58.5	46.6	69.4	84	70.2	59.6	79.0	106
45-54	67.9	64.3	71.4	1,005	64.2	54.7	72.7	146	74.3	65.8	81.3	139	77.9	69.1	84.8	132
55-64	74.0	70.9	76.9	1,131	76.2	69.1	82.1	190	70.3	63.1	76.7	201	75.2	66.6	82.2	140
65+	63.1	60.3	65.8	1,647	63.1	56.2	69.5	248	63.1	56.6	69.1	262	67.8	60.9	74.0	242
18-34	50.0	45.3	54.7	661	49.7	37.1	62.3	68	57.2	43.1	70.2	83	52.7	41.0	64.1	91
35-54	65.5	62.7	68.3	1,693	60.5	53.4	67.2	238	67.2	60.0	73.7	223	73.9	67.1	79.8	238
55+	68.2	66.2	70.2	2,778	69.3	64.4	73.8	438	66.2	61.5	70.7	463	71.1	65.8	75.9	382
SEX and AGE																
Male																
18-34	55.4	48.2	62.4	266	*	*	*	*	*	*	*	*	*	*	*	*
35-54	73.9	69.7	77.7	708	67.1	56.1	76.5	101	71.9	60.9	80.8	85	80.3	70.0	87.7	106
55+	76.9	74.0	79.6	1,139	75.7	68.3	81.8	190	76.2	69.1	82.0	195	75.6	67.7	82.1	157
Female																
18-34	43.8	38.0	49.8	395	*	*	*	*	59.5	42.8	74.3	53	44.1	31.3	57.8	57
35-54	56.7	52.9	60.3	985	53.8	44.6	62.8	137	61.9	52.6	70.5	138	67.1	57.8	75.3	132
55+	59.8	56.9	62.5	1,639	62.7	55.9	69.0	248	56.3	49.8	62.6	268	67.1	59.8	73.6	225
INCOME																
Less than \$15,000	60.1	52.8	67.1	532	51.1	36.0	65.9	88	71.9	54.8	84.4	82	78.3	59.3	90.0	92
\$15,000 - \$24,999	61.0	56.1	65.8	883	58.9	44.9	71.5	118	59.7	46.0	72.1	162	60.4	49.3	70.5	152
\$25,000 - \$34,999	62.8	57.2	68.1	649	59.6	47.0	71.1	88	58.8	44.9	71.5	112	60.3	44.7	74.1	97
\$35,000 - \$49,999	66.4	61.4	71.0	788	67.8	56.3	77.4	126	59.7	44.6	73.2	101	62.0	48.9	73.5	108
\$50,000-\$74,999	64.3	59.8	68.5	794	66.4	55.2	76.1	124	56.3	45.7	66.4	122	70.1	57.8	80.1	94
\$75,000+	60.2	55.9	64.4	918	55.1	43.5	66.1	104	71.4	57.3	82.3	110	70.6	59.0	80.1	100
EMPLOYMENT																
Employed	62.7	60.0	65.4	2,493	59.5	52.7	66.0	341	61.9	54.0	69.3	356	65.7	58.1	72.6	311
Unemployed	55.8	46.7	64.6	260	*	*	*	*	*	*	*	*	71.0	51.9	84.7	51
Other**	60.3	57.2	63.3	2,379	61.0	53.5	68.0	364	67.3	60.9	73.0	373	65.8	58.7	72.3	353
EDUCATION																
K-11th Grade	64.7	57.4	71.4	432	61.9	45.1	76.3	61	77.1	58.1	89.1	71	72.4	57.4	83.6	84
12th Grade or GED	59.0	55.1	62.8	1,603	58.2	48.6	67.2	219	55.1	45.1	64.8	264	59.7	50.8	68.0	246
Some College	63.7	60.0	67.2	1,592	68.6	60.2	76.0	249	72.9	63.3	80.8	210	65.9	56.2	74.4	221
College Graduate+	60.2	56.7	63.5	1,517	53.1	44.7	61.3	216	57.4	48.8	65.5	224	71.1	61.4	79.2	163

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Overweight

Idaho adults who were overweight (BMI ≥ 25), 2009

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	57.7	52.9	62.4	751	62.1	57.0	66.9	690	63.0	58.2	67.6	746	61.4	56.5	66.0	731
SEX																
Male	68.8	61.0	75.7	299	64.9	56.8	72.3	269	69.2	61.5	75.9	294	69.9	62.7	76.2	324
Female	46.0	40.2	52.0	452	58.9	52.8	64.7	421	56.7	50.9	62.4	452	52.6	46.1	59.0	407
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	61.4	50.1	71.6	83	64.5	49.4	77.2	55	64.2	51.9	74.8	89	53.6	42.7	64.2	93
35-44	63.9	53.8	72.9	114	58.5	46.0	70.0	84	64.1	53.5	73.6	106	63.1	52.5	72.6	102
45-54	62.0	53.2	70.0	147	64.8	55.8	72.8	138	73.5	65.7	80.1	158	70.5	61.8	77.9	145
55-64	69.8	61.7	76.7	161	79.8	72.0	85.9	134	76.6	68.8	82.9	151	73.4	65.4	80.1	154
65+	57.6	50.5	64.4	221	65.4	58.5	71.6	250	63.2	56.0	69.9	211	65.5	58.3	71.9	213
18-34	45.6	35.2	56.4	105	51.0	38.9	62.9	81	50.5	39.8	61.1	120	51.0	40.9	60.9	113
35-54	62.9	56.3	69.1	261	61.9	54.3	68.9	222	69.1	62.6	75.0	264	67.0	60.3	73.0	247
55+	63.7	58.4	68.8	382	71.8	66.6	76.4	384	69.7	64.5	74.5	362	69.3	64.0	74.1	367
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	59.7	44.6	73.1	51
35-54	75.9	65.9	83.7	106	63.0	51.2	73.4	96	76.8	66.2	84.8	103	77.5	68.0	84.7	111
55+	77.8	69.9	84.1	146	79.2	71.2	85.5	140	77.5	69.7	83.7	150	76.3	68.7	82.5	161
Female																
18-34	38.2	25.8	52.4	59	*	*	*	*	45.5	33.3	58.4	79	41.9	29.5	55.3	62
35-54	48.8	40.5	57.2	155	60.7	51.3	69.3	126	61.6	53.2	69.4	161	56.4	47.1	65.3	136
55+	50.2	43.3	57.1	236	64.6	57.9	70.8	244	62.4	55.2	69.0	212	62.1	54.8	69.0	206
INCOME																
Less than \$15,000	*	*	*	*	59.6	42.4	74.7	70	65.4	49.8	78.2	86	74.5	58.8	85.7	66
\$15,000 - \$24,999	65.8	51.7	77.5	85	62.7	50.1	73.8	141	58.5	44.7	71.1	118	59.5	46.4	71.3	107
\$25,000 - \$34,999	58.4	45.2	70.5	92	71.7	59.2	81.5	85	66.0	50.5	78.6	89	71.4	58.2	81.7	86
\$35,000 - \$49,999	67.9	56.5	77.5	117	68.6	53.4	80.6	95	67.7	56.9	77.0	121	66.7	53.1	78.0	120
\$50,000-\$74,999	62.8	51.6	72.7	106	65.9	53.8	76.2	107	61.7	51.6	70.9	113	62.7	51.0	73.0	128
\$75,000+	58.5	50.6	66.0	212	55.6	44.2	66.4	107	66.5	56.0	75.6	141	52.3	42.5	61.8	144
EMPLOYMENT																
Employed	61.9	55.5	67.9	379	62.5	55.7	68.8	331	65.6	59.3	71.4	392	62.9	56.5	68.9	383
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	52.1	44.4	59.6	327	65.2	58.0	71.7	327	63.6	56.6	70.0	322	58.9	50.7	66.6	313
EDUCATION																
K-11th Grade	*	*	*	*	56.8	41.5	71.0	83	64.8	42.5	82.1	51	*	*	*	*
12th Grade or GED	58.7	47.3	69.2	171	59.6	50.8	67.7	249	62.2	53.4	70.3	243	58.5	49.4	67.0	211
Some College	58.9	50.3	67.0	235	71.9	63.7	78.8	196	57.7	49.5	65.4	243	60.6	51.3	69.3	238
College Graduate+	57.9	51.0	64.5	309	58.4	48.5	67.7	162	69.9	61.8	77.0	207	59.1	51.4	66.4	236

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Obesity

Idaho adults who were obese (BMI ≥ 30), 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	25.1	23.5	26.8	5,151	24.5	20.5	29.0	747	27.5	23.0	32.6	770	30.6	26.1	35.5	716
SEX																
Male	26.1	23.6	28.8	2,118	24.1	18.1	31.5	323	28.3	21.6	36.2	310	31.3	24.2	39.5	299
Female	24.1	22.1	26.2	3,033	24.8	19.9	30.5	424	26.6	21.0	33.0	460	29.8	24.7	35.5	417
AGE																
18-24	12.9	8.5	19.1	163	*	*	*	*	*	*	*	*	*	*	*	*
25-34	23.2	18.9	28.2	498	*	*	*	*	23.3	12.7	38.7	59	26.7	15.8	41.3	72
35-44	25.1	21.4	29.3	688	22.1	14.5	32.4	92	31.8	21.6	44.0	84	36.7	26.7	48.0	106
45-54	32.1	28.6	35.8	1,005	23.6	16.7	32.3	146	38.2	28.8	48.5	139	43.3	34.2	52.9	132
55-64	32.4	29.1	35.9	1,131	33.1	26.3	40.7	190	26.4	20.5	33.3	201	34.4	25.9	44.0	140
65+	21.7	19.4	24.1	1,647	15.9	11.7	21.3	248	25.0	19.7	31.2	262	20.4	14.8	27.3	242
18-34	19.6	16.2	23.4	661	27.4	17.1	40.7	68	22.0	12.5	35.8	83	24.4	15.4	36.5	91
35-54	28.7	26.1	31.5	1,693	22.9	17.5	29.3	238	35.3	28.2	43.2	223	39.9	33.0	47.3	238
55+	26.7	24.7	28.8	2,778	24.0	19.9	28.7	438	25.6	21.6	30.1	463	26.7	21.6	32.5	382
SEX and AGE																
Male																
18-34	20.3	15.3	26.3	266	*	*	*	*	*	*	*	*	*	*	*	*
35-54	29.7	25.7	34.0	708	22.7	14.8	33.2	101	34.6	24.0	47.0	85	41.8	31.3	53.1	106
55+	28.3	25.1	31.6	1,139	21.5	15.9	28.3	190	29.8	23.4	37.0	195	27.8	19.9	37.4	157
Female																
18-34	18.8	14.8	23.7	395	*	*	*	*	22.8	10.5	42.7	53	25.2	15.4	38.3	57
35-54	27.7	24.5	31.1	985	23.1	16.5	31.3	137	36.1	27.6	45.6	138	37.9	29.3	47.3	132
55+	25.3	22.8	27.9	1,639	26.6	20.9	33.2	248	21.5	16.8	27.0	268	25.7	19.6	32.8	225
INCOME																
Less than \$15,000	33.6	27.6	40.1	532	27.4	17.1	41.0	88	36.5	20.4	56.4	82	51.0	35.1	66.6	92
\$15,000 - \$24,999	27.5	23.4	31.9	883	23.7	13.2	38.8	118	27.3	18.2	38.8	162	24.4	16.7	34.2	152
\$25,000 - \$34,999	27.4	23.1	32.3	649	26.0	16.8	37.8	88	26.3	16.6	39.0	112	28.2	18.4	40.7	97
\$35,000 - \$49,999	27.5	23.4	32.0	788	30.5	20.3	43.2	126	20.0	12.9	29.7	101	30.6	21.4	41.6	108
\$50,000-\$74,999	24.3	20.8	28.1	794	25.3	16.9	36.2	124	26.9	18.9	36.8	122	31.2	21.1	43.4	94
\$75,000+	21.0	17.5	24.9	918	15.6	9.5	24.6	104	28.8	16.6	45.1	110	34.4	21.4	50.2	100
EMPLOYMENT																
Employed	25.4	23.2	27.8	2,493	22.7	17.6	28.8	341	25.6	20.1	32.0	356	31.8	25.3	39.1	311
Unemployed	27.3	20.5	35.3	260	*	*	*	*	*	*	*	*	35.4	21.2	52.8	51
Other**	24.4	22.0	26.9	2,379	26.6	20.2	34.1	364	30.6	23.4	39.1	373	28.0	21.6	35.4	353
EDUCATION																
K-11th Grade	31.6	25.6	38.2	432	23.5	12.2	40.5	61	29.7	14.2	51.7	71	37.1	24.1	52.4	84
12th Grade or GED	24.9	22.0	28.1	1,603	22.0	15.0	31.1	219	27.1	20.1	35.5	264	27.3	20.8	35.0	246
Some College	28.5	25.6	31.7	1,592	35.0	27.3	43.6	249	32.1	23.6	42.0	210	30.4	23.2	38.6	221
College Graduate+	20.0	17.3	22.9	1,517	15.3	10.2	22.2	216	22.2	16.1	29.7	224	31.8	21.7	44.0	163

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Obesity

Idaho adults who were obese (BMI ≥ 30), 2009

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	22.1	18.7	25.9	751	23.4	19.8	27.6	690	27.0	23.3	31.1	746	24.6	20.9	28.8	731
SEX																
Male	24.7	19.5	30.7	299	21.0	15.8	27.3	269	27.4	21.7	34.0	294	27.6	21.8	34.2	324
Female	19.4	15.3	24.2	452	26.2	21.3	31.7	421	26.6	22.1	31.5	452	21.6	17.1	26.9	407
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	16.2	9.3	26.7	83	21.7	12.4	35.4	55	26.3	17.4	37.6	89	19.8	12.8	29.5	93
35-44	20.5	13.5	29.7	114	18.1	10.7	29.0	84	29.8	21.3	39.9	106	24.6	15.5	36.6	102
45-54	30.2	22.6	39.0	147	27.8	20.5	36.5	138	34.5	26.4	43.6	158	32.7	24.7	42.0	145
55-64	33.2	25.4	42.0	161	31.2	23.0	40.7	134	32.5	25.1	41.0	151	31.9	24.3	40.7	154
65+	20.4	15.2	26.8	221	24.3	18.8	30.7	250	24.3	18.4	31.3	211	27.2	21.2	34.2	213
18-34	13.6	8.1	22.0	105	19.2	11.8	29.7	81	20.4	13.7	29.3	120	17.4	11.3	25.9	113
35-54	25.3	19.9	31.6	261	23.3	17.8	29.9	222	32.3	26.3	39.0	264	28.9	22.6	36.1	247
55+	26.8	22.0	32.3	382	27.3	22.4	32.8	384	28.3	23.5	33.7	362	29.5	24.5	35.0	367
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	21.0	11.8	34.5	51
35-54	27.4	19.3	37.4	106	17.3	10.6	27.0	96	35.6	26.2	46.3	103	32.5	23.0	43.8	111
55+	31.0	23.2	40.1	146	26.7	19.3	35.5	140	30.5	23.1	39.1	150	31.4	24.0	39.8	161
Female																
18-34	12.0	5.3	24.9	59	*	*	*	*	24.2	15.7	35.4	79	13.8	7.1	24.9	62
35-54	22.9	16.6	30.7	155	30.1	22.1	39.5	126	29.0	22.0	37.3	161	25.2	17.8	34.3	136
55+	22.8	17.3	29.4	236	28.0	21.9	35.0	244	26.2	20.3	33.1	212	27.5	21.3	34.8	206
INCOME																
Less than \$15,000	*	*	*	*	34.7	20.7	51.9	70	40.8	27.5	55.6	86	26.1	13.1	45.1	66
\$15,000 - \$24,999	31.4	20.3	45.0	85	34.4	24.4	46.1	141	26.3	17.7	37.2	118	25.0	16.1	36.7	107
\$25,000 - \$34,999	31.0	20.3	44.2	92	23.7	14.8	35.9	85	27.8	18.6	39.4	89	24.0	15.0	36.1	86
\$35,000 - \$49,999	24.0	15.6	35.1	117	29.1	19.4	41.2	95	24.3	16.9	33.7	121	31.3	22.0	42.5	120
\$50,000-\$74,999	22.4	15.1	32.0	106	19.9	13.0	29.2	107	26.2	18.3	36.0	113	21.2	14.1	30.5	128
\$75,000+	18.3	13.0	25.1	212	8.2	4.3	15.2	107	28.6	20.5	38.3	141	20.8	13.9	30.0	144
EMPLOYMENT																
Employed	23.8	19.2	29.1	379	22.4	17.5	28.2	331	27.9	22.9	33.6	392	25.2	20.1	31.1	383
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	17.3	13.2	22.4	327	25.6	20.2	31.8	327	27.0	21.5	33.3	322	25.2	19.6	31.6	313
EDUCATION																
K-11th Grade	*	*	*	*	33.3	21.6	47.4	83	28.0	15.9	44.5	51	*	*	*	*
12th Grade or GED	23.4	16.1	32.7	171	20.6	15.5	26.8	249	30.3	23.5	38.1	243	26.2	19.2	34.7	211
Some College	26.9	20.5	34.3	235	32.4	24.7	41.3	196	24.4	18.4	31.6	243	21.5	15.9	28.5	238
College Graduate+	16.7	12.5	22.0	309	11.5	6.9	18.8	162	25.7	19.5	33.1	207	23.4	17.6	30.4	236

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cigarette Smoking

Idaho adults who smoked cigarettes, 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	16.3	14.8	17.9	5,370	22.6	18.6	27.1	781	15.8	12.7	19.4	805	18.8	15.3	22.9	739
SEX																
Male	18.7	16.3	21.4	2,130	26.7	20.4	34.1	326	14.3	10.1	19.9	311	21.4	15.8	28.5	300
Female	13.9	12.3	15.7	3,240	18.5	14.1	23.9	455	17.3	13.2	22.3	494	16.2	12.3	21.1	439
AGE																
18-24	18.9	12.6	27.3	171	*	*	*	*	*	*	*	*	*	*	*	*
25-34	20.5	16.6	25.1	528	*	*	*	*	24.7	14.2	39.2	65	17.6	10.3	28.4	77
35-44	15.0	12.0	18.5	718	20.5	13.0	30.6	93	21.8	13.4	33.5	87	26.8	17.4	39.0	110
45-54	19.2	16.3	22.3	1,039	32.6	24.3	42.2	150	20.4	14.4	28.2	146	19.4	13.3	27.5	135
55-64	15.4	13.0	18.0	1,173	17.4	12.4	23.7	201	16.1	11.2	22.4	206	21.0	14.7	29.0	141
65+	8.3	6.9	10.0	1,701	12.3	8.5	17.4	261	10.0	6.9	14.2	271	10.2	6.9	14.6	248
18-34	19.9	16.4	24.0	699	27.2	17.0	40.5	69	14.3	8.3	23.6	90	17.5	10.9	26.9	96
35-54	17.1	15.0	19.4	1,757	27.0	21.1	34.0	243	21.1	15.7	27.6	233	23.3	17.2	30.7	245
55+	11.6	10.3	13.2	2,874	14.7	11.5	18.6	462	12.6	9.8	16.2	477	15.0	11.5	19.3	389
SEX and AGE																
Male																
18-34	23.5	18.0	30.0	273	*	*	*	*	*	*	*	*	*	*	*	*
35-54	18.7	15.3	22.6	710	31.9	22.3	43.3	101	19.8	12.4	30.2	84	33.4	23.3	45.4	106
55+	13.5	11.3	16.1	1,140	17.5	12.5	24.0	192	12.1	8.0	18.0	194	15.2	10.2	22.2	158
Female																
18-34	16.1	12.3	21.0	426	*	*	*	*	17.3	8.7	31.6	58	20.9	12.2	33.4	62
35-54	15.5	13.2	18.2	1,047	22.3	16.0	30.3	142	22.3	15.5	31.0	149	13.0	8.1	20.2	139
55+	9.9	8.5	11.6	1,734	12.0	8.4	16.9	270	13.1	9.5	17.8	283	14.7	10.4	20.5	231
INCOME																
Less than \$15,000	28.5	23.1	34.6	562	37.9	25.0	52.8	92	26.3	14.5	42.7	86	33.4	20.5	49.2	95
\$15,000 - \$24,999	29.0	24.6	34.0	922	40.5	28.3	54.0	126	19.5	12.6	28.8	172	30.7	21.3	42.0	154
\$25,000 - \$34,999	18.4	14.4	23.2	668	29.8	19.5	42.6	93	15.7	9.2	25.5	115	19.3	10.5	32.6	97
\$35,000 - \$49,999	13.4	10.2	17.4	814	18.8	10.5	31.4	129	16.5	9.7	26.8	103	10.4	5.7	18.4	111
\$50,000-\$74,999	11.8	9.1	15.2	815	15.6	9.1	25.5	126	11.3	6.4	19.2	128	15.9	9.0	26.6	96
\$75,000+	6.5	4.7	8.9	937	11.0	4.7	23.8	108	3.8	1.6	8.8	112	6.0	2.7	12.7	100
EMPLOYMENT																
Employed	15.4	13.4	17.6	2,590	23.8	18.2	30.6	351	15.5	11.3	20.9	371	15.8	11.4	21.5	321
Unemployed	32.2	24.9	40.5	271	*	*	*	*	*	*	*	*	33.6	19.9	50.9	53
Other**	14.5	12.5	16.8	2,485	20.6	15.2	27.3	385	12.5	9.4	16.4	393	19.4	14.0	26.2	363
EDUCATION																
K-11th Grade	31.6	25.6	38.2	472	49.8	34.2	65.4	64	14.9	7.8	26.6	79	34.5	22.8	48.4	90
12th Grade or GED	23.2	19.9	26.8	1,676	28.8	20.6	38.6	232	20.8	14.8	28.4	278	22.4	16.1	30.2	253
Some College	15.2	12.8	17.8	1,660	19.3	14.1	26.0	261	14.2	9.1	21.5	220	18.7	12.5	27.0	228
College Graduate+	5.6	4.2	7.3	1,551	9.3	5.1	16.4	222	11.5	7.3	17.8	227	4.9	2.6	9.2	165

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cigarette Smoking

Idaho adults who smoked cigarettes, 2009

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	14.4	11.2	18.4	775	16.6	12.9	21.1	738	14.7	11.5	18.6	776	11.4	8.5	15.0	756
SEX																
Male	17.3	12.1	24.0	300	19.9	13.9	27.8	273	19.2	13.6	26.4	298	10.2	6.2	16.5	322
Female	11.5	8.1	16.1	475	13.2	9.6	17.9	465	10.3	7.7	13.6	478	12.5	8.9	17.1	434
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	20.4	12.5	31.4	87	23.8	13.5	38.6	61	19.4	10.9	32.2	95	17.8	10.4	28.7	95
35-44	8.0	4.0	15.3	122	10.1	5.2	18.8	92	17.2	10.1	27.8	110	9.8	5.3	17.5	104
45-54	15.5	10.0	23.3	148	15.1	10.1	21.9	146	23.2	15.8	32.7	163	10.1	6.2	16.0	151
55-64	14.8	9.7	22.0	167	16.1	10.5	23.9	141	9.7	5.8	15.9	154	10.8	6.9	16.4	163
65+	6.9	3.9	12.0	224	7.5	4.6	12.0	262	5.4	3.1	9.2	219	4.6	2.4	8.7	216
18-34	20.9	13.2	31.5	110	27.1	17.4	39.6	90	15.7	9.3	25.2	128	15.5	9.4	24.4	116
35-54	11.7	8.0	16.7	270	12.7	9.0	17.8	238	20.4	15.0	27.2	273	10.0	6.8	14.4	255
55+	10.9	7.8	15.2	391	11.3	8.2	15.5	403	7.5	5.1	10.9	373	7.6	5.3	10.9	379
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	14.2	6.0	30.1	51
35-54	9.5	4.8	18.0	106	10.0	5.2	18.2	97	26.4	17.2	38.3	104	8.7	4.7	15.6	112
55+	16.2	10.5	24.1	145	13.2	8.1	20.8	141	6.6	3.4	12.4	152	6.7	3.7	11.9	158
Female																
18-34	13.7	6.4	27.1	62	14.7	6.5	29.9	56	8.0	3.9	15.6	86	16.7	9.3	28.1	65
35-54	14.0	9.2	20.7	164	15.6	10.4	22.7	141	14.6	9.9	21.0	169	11.2	6.9	17.8	143
55+	6.1	3.7	10.0	246	9.6	6.3	14.3	262	8.3	5.2	13.0	221	8.5	5.4	13.3	221
INCOME																
Less than \$15,000	21.6	10.7	38.9	52	27.4	15.8	43.2	74	25.5	15.8	38.4	92	24.9	13.8	40.9	71
\$15,000 - \$24,999	31.8	19.0	48.1	87	26.1	16.2	39.2	148	28.8	18.0	42.6	123	19.6	11.5	31.3	112
\$25,000 - \$34,999	21.9	12.2	36.0	94	8.9	4.5	16.8	92	13.6	6.9	24.9	90	14.1	7.0	26.3	87
\$35,000 - \$49,999	15.4	8.6	26.0	119	19.6	9.8	35.4	103	8.5	4.0	17.1	126	3.7	1.4	9.2	123
\$50,000-\$74,999	8.2	4.0	16.1	106	9.0	4.3	18.0	112	12.4	6.0	23.9	117	12.2	5.2	26.2	130
\$75,000+	5.8	3.2	10.4	217	8.2	3.6	17.6	111	7.5	3.2	16.7	143	5.0	2.2	11.1	146
EMPLOYMENT																
Employed	11.9	7.8	17.6	393	15.5	10.9	21.5	354	16.1	11.5	22.1	405	12.8	8.8	18.3	395
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	14.5	10.1	20.4	336	12.3	8.6	17.3	349	9.2	6.3	13.2	337	7.4	4.3	12.4	322
EDUCATION																
K-11th Grade	*	*	*	*	24.1	13.1	40.1	93	17.9	9.1	32.1	56	26.5	13.7	45.1	51
12th Grade or GED	23.8	15.3	35.1	179	23.0	16.2	31.6	262	25.5	18.4	34.1	253	14.9	9.5	22.7	219
Some College	14.3	9.7	20.7	241	13.0	8.3	19.8	213	12.4	7.7	19.5	251	12.4	7.3	20.3	246
College Graduate+	5.0	2.8	8.8	315	5.8	2.4	13.2	170	2.7	1.3	5.7	212	2.8	1.4	5.3	240

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Binge Drinking

Idaho adults who were binge drinkers (males who consumed 5+ drinks and females who consumed 4+ drinks on one occasion in the last 30 days), 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	13.0	11.6	14.5	5,251	13.8	10.5	17.9	760	19.9	15.6	25.0	782	13.4	10.1	17.7	725
SEX																
Male	17.8	15.4	20.5	2,070	16.4	11.2	23.5	315	29.2	21.8	38.0	303	20.0	14.1	27.5	294
Female	8.2	6.8	9.9	3,181	11.3	7.8	16.1	445	10.4	7.4	14.4	479	7.1	4.4	11.1	431
AGE																
18-24	15.9	10.3	23.9	168	*	*	*	*	*	*	*	*	*	*	*	*
25-34	20.0	16.0	24.7	518	*	*	*	*	31.5	19.3	46.8	62	23.1	14.0	35.7	76
35-44	14.4	11.4	18.1	705	23.2	15.3	33.7	90	25.3	16.6	36.6	87	9.9	4.7	19.9	107
45-54	13.3	10.9	16.2	1,006	17.9	10.9	28.0	146	26.3	17.9	36.9	140	17.2	10.8	26.2	131
55-64	10.2	8.1	12.7	1,150	10.0	6.2	15.9	194	15.3	10.5	21.8	198	6.1	3.2	11.5	139
65+	2.7	2.0	3.7	1,668	3.9	2.1	7.1	254	4.4	2.4	8.1	266	2.4	1.1	5.2	246
18-34	18.5	15.1	22.5	686	14.5	7.2	27.1	68	26.2	16.0	39.7	87	21.6	13.8	32.2	95
35-54	13.8	11.9	16.1	1,711	20.3	14.8	27.3	236	25.8	19.5	33.4	227	13.4	8.9	19.6	238
55+	6.2	5.2	7.5	2,818	6.8	4.6	9.9	448	9.0	6.5	12.4	464	4.0	2.4	6.6	385
SEX and AGE																
Male																
18-34	24.0	18.5	30.5	263	*	*	*	*	*	*	*	*	*	*	*	*
35-54	19.7	16.2	23.8	687	26.8	17.5	38.8	95	34.1	23.6	46.4	84	22.5	14.3	33.4	103
55+	8.7	6.8	11.1	1,115	7.6	4.4	12.7	188	13.1	8.8	19.1	188	4.9	2.4	9.4	157
Female																
18-34	12.8	9.2	17.7	423	*	*	*	*	9.7	4.0	21.8	57	13.7	7.1	24.8	62
35-54	8.0	6.4	9.9	1,024	14.3	9.2	21.7	141	17.2	11.6	24.8	143	4.2	1.9	9.0	135
55+	4.0	3.0	5.3	1,703	6.0	3.4	10.2	260	5.3	3.0	9.1	276	3.3	1.5	7.0	228
INCOME																
Less than \$15,000	7.5	4.6	12.0	551	11.1	4.2	25.9	89	3.0	1.1	7.6	85	4.4	1.9	10.2	93
\$15,000 - \$24,999	17.2	13.2	22.0	893	24.6	13.3	40.8	120	26.1	16.0	39.6	165	16.3	8.6	28.8	151
\$25,000 - \$34,999	11.9	8.5	16.4	656	12.2	6.4	22.2	91	24.0	13.9	38.1	112	14.9	6.9	29.5	95
\$35,000 - \$49,999	9.1	6.6	12.3	798	9.2	4.7	17.3	127	15.5	8.5	26.5	98	13.7	7.3	24.1	110
\$50,000-\$74,999	13.2	10.2	16.9	801	16.6	10.0	26.2	123	20.0	13.1	29.3	126	23.8	13.7	38.1	96
\$75,000+	17.3	13.9	21.5	923	16.4	8.5	29.1	106	28.2	16.0	44.9	111	9.9	3.8	23.1	99
EMPLOYMENT																
Employed	16.2	14.2	18.4	2,519	18.5	13.7	24.4	341	25.9	19.6	33.5	356	18.9	13.5	25.8	311
Unemployed	24.5	17.9	32.7	264	*	*	*	*	*	*	*	*	18.4	8.6	35.0	52
Other**	5.6	4.0	7.7	2,447	6.6	2.9	14.1	375	5.8	3.8	8.7	387	4.9	2.3	10.2	360
EDUCATION																
K-11th Grade	16.0	11.1	22.5	456	16.7	6.5	36.6	60	22.6	10.1	43.1	75	20.6	10.3	36.9	89
12th Grade or GED	13.0	10.7	15.7	1,627	14.4	9.3	21.8	225	17.4	10.9	26.7	271	11.1	6.6	18.0	247
Some College	11.8	9.4	14.7	1,624	14.9	9.2	23.3	256	22.0	14.7	31.5	210	11.5	6.7	18.9	224
College Graduate+	13.2	10.7	16.3	1,535	10.9	6.3	18.4	217	19.5	12.5	29.1	225	15.2	8.5	25.8	163

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Note: Definition changed to account for gender differences in 2006.

Binge Drinking

Idaho adults who were binge drinkers (males who consumed 5+ drinks and females who consumed 4+ drinks on one occasion in the last 30 days), 2009

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	14.9	11.6	18.9	761	10.4	7.4	14.4	720	8.9	6.4	12.4	761	8.5	6.1	11.8	742
SEX																
Male	19.9	14.7	26.4	294	15.6	10.2	23.2	261	13.1	8.6	19.5	288	10.5	6.7	16.2	315
Female	9.8	6.3	14.9	467	5.4	3.5	8.2	459	4.9	3.0	8.1	473	6.6	4.0	10.8	427
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	28.3	19.2	39.5	86	12.7	5.9	25.1	60	13.1	6.7	23.9	94	12.1	6.4	21.8	93
35-44	15.0	8.7	24.5	118	8.5	4.3	16.0	90	15.2	8.8	24.8	110	8.1	4.2	15.1	103
45-54	9.0	5.3	15.1	146	12.1	7.5	18.9	142	9.4	4.6	18.2	157	10.2	6.0	16.9	144
55-64	15.5	10.1	23.0	167	10.7	6.2	17.6	140	4.2	1.9	9.3	152	4.2	2.1	8.1	160
65+	2.8	1.3	6.0	218	2.6	1.1	5.9	254	0.8	0.3	2.3	214	1.6	0.6	4.4	216
18-34	23.1	15.4	33.2	109	15.5	7.9	28.0	88	11.8	6.5	20.4	126	12.3	7.1	20.6	113
35-54	12.1	8.1	17.5	264	10.4	7.0	15.1	232	12.1	7.9	18.2	267	9.2	6.1	13.7	247
55+	9.3	6.3	13.5	385	6.2	4.0	9.7	394	2.5	1.2	4.9	366	2.9	1.6	5.0	376
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-54	17.5	10.7	27.2	104	12.9	7.6	21.0	93	19.4	11.7	30.4	101	12.4	7.3	20.2	107
55+	14.2	8.7	22.1	141	9.1	5.1	15.6	136	4.2	1.8	9.4	146	3.7	1.9	7.3	159
Female																
18-34	18.6	9.4	33.3	61	4.5	1.5	12.7	56	8.6	3.9	17.7	85	10.5	4.9	21.1	65
35-54	6.4	3.6	11.2	160	7.9	4.4	13.8	139	5.3	2.6	10.5	166	6.1	3.1	11.7	140
55+	5.0	2.7	9.0	244	3.7	1.8	7.6	258	1.0	0.4	2.5	220	2.0	0.7	5.4	217
INCOME																
Less than \$15,000	13.6	5.2	31.4	50	7.2	1.9	23.8	73	1.8	0.6	5.5	91	6.0	1.4	22.2	70
\$15,000 - \$24,999	13.7	6.0	28.5	84	15.3	7.1	29.9	144	12.6	5.1	27.9	118	11.4	5.1	23.8	111
\$25,000 - \$34,999	12.8	5.7	26.1	93	2.4	0.7	8.1	90	6.0	1.7	19.1	90	10.9	3.7	27.8	85
\$35,000 - \$49,999	8.1	3.4	17.9	118	7.7	2.7	20.1	102	8.9	4.7	16.3	123	4.3	1.9	9.4	120
\$50,000-\$74,999	12.3	6.8	21.2	104	8.8	3.1	22.8	110	5.6	2.4	12.3	116	6.2	2.5	14.7	126
\$75,000+	20.3	13.9	28.6	213	18.9	12.2	28.0	109	13.2	7.2	22.9	142	11.8	7.0	19.2	143
EMPLOYMENT																
Employed	16.4	12.0	21.9	385	11.6	8.2	16.2	345	12.1	8.2	17.4	396	12.5	8.7	17.7	385
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	8.4	4.5	15.0	331	6.3	2.9	13.2	342	1.9	0.9	4.2	333	1.3	0.6	2.7	319
EDUCATION																
K-11th Grade	*	*	*	*	13.0	4.7	31.3	90	3.8	0.7	18.0	54	6.0	1.2	25.0	50
12th Grade or GED	11.6	6.8	19.2	173	12.3	7.2	20.2	254	14.6	9.1	22.7	246	13.1	7.4	22.0	211
Some College	14.2	8.6	22.5	237	5.9	3.1	11.1	210	6.5	3.2	12.8	248	7.5	4.2	12.9	239
College Graduate+	16.8	11.6	23.6	313	11.2	6.5	18.6	166	6.4	3.3	11.9	209	6.3	3.3	11.6	242

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Note: Definition changed to account for gender differences in 2006.

Heavy Drinking

Idaho adults who were heavy drinkers (males who consumed >60 drinks and females who consumed >30 drinks in the last 30 days), 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	4.6	3.8	5.6	5,235	5.3	3.5	7.8	756	8.3	5.5	12.5	782	3.2	1.7	5.6	725
SEX																
Male	5.3	4.1	6.8	2,063	5.2	2.8	9.4	316	12.0	6.9	20.0	300	4.9	2.3	10.0	293
Female	3.9	2.8	5.3	3,172	5.4	3.2	9.0	440	4.7	3.0	7.3	482	1.4	0.7	3.1	432
AGE																
18-24	7.7	4.0	14.2	170	*	*	*	*	*	*	*	*	*	*	*	*
25-34	5.1	3.2	8.2	519	*	*	*	*	13.5	5.5	29.5	63	4.2	1.2	14.0	76
35-44	2.4	1.5	3.8	701	4.1	1.6	9.9	89	5.7	2.2	14.0	87	1.4	0.3	5.5	108
45-54	4.4	3.0	6.4	1,004	7.7	3.1	17.6	148	5.8	2.8	11.7	139	4.8	1.8	12.4	131
55-64	6.0	4.4	8.1	1,149	6.3	3.3	11.9	195	10.0	6.4	15.5	200	3.8	1.7	8.6	139
65+	3.2	2.3	4.2	1,656	5.5	3.2	9.4	248	5.1	2.9	8.8	264	0.4	0.1	1.7	244
18-34	6.0	4.1	8.9	689	3.5	1.0	11.3	68	12.2	5.3	25.3	88	4.4	1.5	12.1	95
35-54	3.4	2.5	4.6	1,705	6.1	3.1	11.7	237	5.8	3.2	10.1	226	3.0	1.3	6.8	239
55+	4.5	3.6	5.6	2,805	5.9	3.9	9.0	443	7.2	5.0	10.2	464	1.9	0.9	4.1	383
SEX and AGE																
Male																
18-34	7.2	4.5	11.2	265	*	*	*	*	*	*	*	*	*	*	*	*
35-54	3.8	2.5	5.9	685	7.5	2.6	19.6	96	7.1	3.3	14.8	83	4.1	1.4	11.6	103
55+	5.0	3.7	6.9	1,108	6.9	3.9	12.0	188	7.8	4.7	12.8	186	2.2	0.8	6.1	156
Female																
18-34	4.8	2.4	9.6	424	*	*	*	*	2.7	0.6	11.3	58	0.7	0.1	5.0	62
35-54	3.0	2.0	4.5	1,020	4.7	2.3	9.4	141	4.4	1.8	10.1	143	1.9	0.6	6.3	136
55+	4.0	2.9	5.5	1,697	5.0	2.6	9.1	255	6.6	4.0	10.6	278	1.7	0.6	5.1	227
INCOME																
Less than \$15,000	3.3	1.4	7.5	550	5.9	1.2	24.6	90	0.9	0.2	3.7	85	1.4	0.3	5.7	92
\$15,000 - \$24,999	6.3	4.1	9.7	893	1.8	0.6	5.2	120	11.1	5.4	21.5	164	7.0	2.6	17.9	152
\$25,000 - \$34,999	3.5	2.2	5.6	654	10.0	5.0	18.7	90	6.9	3.0	15.3	113	1.0	0.1	6.7	95
\$35,000 - \$49,999	4.3	2.6	7.0	798	4.5	1.8	11.2	127	7.6	3.7	14.9	99	3.2	0.8	12.8	110
\$50,000-\$74,999	3.6	2.3	5.5	799	3.4	1.3	8.6	123	3.7	1.7	7.6	126	4.9	1.4	15.7	95
\$75,000+	6.3	4.1	9.6	922	8.8	3.1	22.3	106	18.7	7.9	38.1	112	0.7	0.2	2.8	99
EMPLOYMENT																
Employed	4.7	3.7	6.0	2,515	6.4	3.6	11.0	340	11.4	6.7	18.9	361	4.3	2.0	8.9	312
Unemployed	8.2	4.5	14.6	263	*	*	*	*	*	*	*	*	6.9	2.1	20.4	52
Other**	3.7	2.5	5.4	2,436	3.7	2.2	6.1	372	4.2	2.6	6.7	382	0.7	0.3	1.9	359
EDUCATION																
K-11th Grade	3.4	1.6	7.2	456	1.3	0.2	8.9	57	1.0	0.2	4.4	75	8.6	2.7	24.2	90
12th Grade or GED	5.7	4.2	7.7	1,621	5.7	2.7	11.7	225	11.4	5.9	21.0	268	1.3	0.5	3.5	245
Some College	4.8	3.2	7.1	1,618	5.7	3.4	9.1	254	7.6	4.0	14.1	212	3.0	1.2	7.5	225
College Graduate+	3.7	2.6	5.3	1,531	5.7	2.4	13.2	218	9.0	3.8	20.0	226	2.7	0.7	9.5	163

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Note: Definition changed to account for gender differences in 2006.

Heavy Drinking

Idaho adults who were heavy drinkers (males who consumed >60 drinks and females who consumed >30 drinks in the last 30 days), 2009

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	5.4	3.5	8.2	755	3.2	1.9	5.4	719	3.6	2.0	6.3	757	3.8	2.2	6.6	741
SEX																
Male	4.3	2.4	7.6	290	4.0	1.8	8.7	261	5.8	2.9	11.5	286	5.3	2.5	10.7	317
Female	6.5	3.6	11.6	465	2.4	1.4	4.1	458	1.5	0.7	2.9	471	2.4	1.0	5.5	424
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	7.2	2.9	16.8	86	4.6	1.3	14.6	60	3.0	0.6	13.3	94	4.1	1.2	12.9	93
35-44	1.9	0.6	5.7	116	2.3	0.5	9.5	91	3.0	0.9	9.9	108	1.0	0.2	7.0	102
45-54	2.3	0.8	6.4	146	2.7	0.9	7.5	140	6.7	2.6	16.0	156	4.0	1.7	8.9	144
55-64	10.1	5.9	16.7	164	2.7	1.0	7.1	139	3.3	1.4	8.0	152	1.7	0.6	4.5	160
65+	4.5	2.4	8.2	217	2.8	1.3	6.1	255	1.0	0.4	2.8	213	1.5	0.5	4.2	215
18-34	7.8	3.5	16.5	109	4.4	1.5	12.1	89	3.6	1.0	12.1	126	6.6	2.9	14.3	114
35-54	2.1	1.0	4.4	262	2.5	1.0	5.9	231	4.9	2.3	10.2	264	2.6	1.2	5.5	246
55+	7.4	4.8	11.1	381	2.8	1.5	5.1	394	2.2	1.1	4.4	365	1.6	0.7	3.2	375
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-54	0.7	0.1	4.7	104	3.4	1.1	10.5	92	8.0	3.2	18.7	99	2.7	1.0	7.3	108
55+	8.9	5.1	15.2	137	0.9	0.1	5.8	136	2.8	1.0	7.5	146	2.1	0.8	5.1	159
Female																
18-34	10.7	3.7	27.2	61	0.7	0.1	4.8	56	0.8	0.1	5.5	85	3.3	0.8	12.6	65
35-54	3.5	1.5	8.0	158	1.6	0.5	5.0	139	2.1	0.7	5.6	165	2.5	0.8	7.7	138
55+	6.0	3.2	11.2	244	4.5	2.4	8.3	258	1.5	0.6	3.9	219	1.1	0.3	3.6	216
INCOME																
Less than \$15,000	6.1	1.2	25.8	50	4.6	0.7	25.9	73	0.6	0.1	4.1	90	1.0	0.2	4.1	70
\$15,000 - \$24,999	8.3	2.6	23.7	84	2.5	0.8	7.8	144	9.5	3.1	25.2	117	5.7	1.5	19.3	112
\$25,000 - \$34,999	2.0	0.6	7.0	92	1.8	0.4	6.9	91	1.0	0.2	3.9	90	5.6	1.2	22.6	83
\$35,000 - \$49,999	5.7	2.1	14.8	117	6.4	1.9	19.5	103	1.3	0.3	5.6	121	1.9	0.5	6.6	121
\$50,000-\$74,999	4.8	2.0	11.0	104	2.9	0.7	11.1	109	3.0	1.0	8.6	116	1.2	0.4	4.0	126
\$75,000+	6.9	3.2	14.3	212	3.9	1.6	9.1	109	5.5	2.1	13.6	142	3.9	1.4	10.2	142
EMPLOYMENT																
Employed	2.4	1.2	4.9	382	4.2	2.2	8.0	344	5.3	2.7	10.0	394	5.3	2.8	9.7	382
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	8.0	4.3	14.6	329	1.4	0.6	3.1	342	1.4	0.6	3.4	331	2.0	0.6	7.1	321
EDUCATION																
K-11th Grade	*	*	*	*	2.8	0.6	12.2	91	4.8	1.2	17.4	55	0.5	0.1	3.3	50
12th Grade or GED	5.3	2.4	11.2	174	5.4	2.5	11.3	253	6.5	3.0	13.8	243	9.1	4.2	18.6	213
Some College	8.0	3.7	16.2	235	1.2	0.3	5.0	210	2.1	0.5	8.7	246	2.7	1.1	6.4	236
College Graduate+	4.1	2.3	7.3	308	2.5	1.2	5.4	165	1.5	0.6	3.7	209	1.0	0.4	2.8	242

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Note: Definition changed to account for gender differences in 2006.

Illicit Drug Use

Idaho adults who used illicit drugs in the last 12 months, 2009

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	5.1	4.0 6.6	4,931	4.5	2.4 8.4	725	7.3	3.9 13.3	737	5.5	3.2 9.5	674
SEX												
Male	7.5	5.6 10.2	1,939	6.1	2.5 14.0	294	10.3	4.8 20.6	285	9.3	4.9 16.9	276
Female	2.7	1.7 4.2	2,992	3.2	1.5 6.5	431	4.2	1.5 11.6	452	1.9	0.7 4.8	398
AGE												
18-24	16.5	10.2 25.6	161	*	* *	*	*	* *	*	*	* *	*
25-34	7.9	5.1 12.1	478	*	* *	*	10.9	3.9 26.8	58	6.9	2.1 20.8	72
35-44	2.7	1.6 4.4	652	3.2	0.9 10.9	85	3.6	1.3 9.6	77	2.7	0.8 8.4	100
45-54	3.5	2.2 5.4	950	7.9	3.1 18.6	140	2.0	0.5 7.9	131	4.9	1.7 13.2	120
55-64	2.1	1.2 3.6	1,086	3.4	1.6 6.9	188	4.2	1.9 8.8	186	3.6	0.7 16.3	131
65+	0.4	0.2 0.8	1,572	0.7	0.2 2.3	243	0.0	0.0 0.0	257	0.4	0.1 2.9	226
18-34	11.1	7.9 15.2	639	6.6	1.8 21.8	61	17.8	8.4 33.6	82	10.6	4.9 21.3	91
35-54	3.1	2.2 4.3	1,602	5.8	2.7 12.0	225	2.7	1.2 6.1	208	3.7	1.7 8.1	220
55+	1.2	0.8 1.9	2,658	2.0	1.0 3.7	431	1.7	0.8 3.8	443	1.9	0.4 7.5	357
SEX and AGE												
Male												
18-34	16.1	11.0 23.0	249	*	* *	*	*	* *	*	*	* *	*
35-54	4.2	2.7 6.6	640	8.9	3.3 22.0	89	3.7	1.3 10.1	75	5.2	1.8 13.9	94
55+	1.7	0.9 3.2	1,046	1.7	0.7 4.3	176	1.9	0.6 5.2	180	2.8	0.4 16.9	149
Female												
18-34	5.7	3.0 10.4	390	*	* *	*	10.1	2.4 33.3	53	2.3	0.3 14.4	59
35-54	1.9	1.2 3.2	962	3.0	1.2 7.2	136	1.7	0.4 6.6	133	2.3	0.8 6.5	126
55+	0.7	0.4 1.3	1,612	2.2	0.9 5.1	255	1.7	0.5 5.1	263	1.0	0.3 4.1	208
INCOME												
Less than \$15,000	10.2	6.2 16.4	513	7.7	2.0 25.6	83	16.2	4.2 46.4	80	14.7	4.5 38.4	86
\$15,000 - \$24,999	8.7	5.4 13.6	828	9.5	2.4 30.8	116	5.4	1.9 14.3	152	4.9	1.5 14.8	146
\$25,000 - \$34,999	3.8	1.9 7.2	603	1.2	0.2 7.8	86	7.8	2.0 26.4	101	9.4	3.4 23.2	87
\$35,000 - \$49,999	4.2	2.2 8.0	763	1.5	0.5 4.8	122	1.6	0.2 10.4	97	5.5	1.5 18.0	102
\$50,000-\$74,999	2.1	1.1 4.0	766	4.0	1.3 11.6	117	1.6	0.4 6.0	121	4.8	1.3 16.4	91
\$75,000+	3.9	1.8 7.9	885	5.7	1.1 24.0	103	14.8	4.0 41.8	108	0.0	0.0 0.0	92
EMPLOYMENT												
Employed	4.9	3.5 7.0	2,366	5.3	2.7 10.1	325	5.0	2.0 12.1	333	4.9	2.3 10.1	285
Unemployed	13.3	8.0 21.1	251	*	* *	*	*	* *	*	12.8	4.1 33.6	50
Other**	3.7	2.2 6.2	2,296	4.4	1.3 13.9	357	6.1	1.7 19.7	368	4.5	1.4 13.4	337
EDUCATION												
K-11th Grade	10.5	5.9 18.0	409	3.2	0.5 19.6	55	17.1	4.5 47.7	65	17.5	7.1 36.9	81
12th Grade or GED	6.5	4.2 10.0	1,529	3.2	1.1 9.2	218	2.3	1.0 5.6	253	2.8	0.7 10.7	232
Some College	4.4	2.6 7.2	1,529	5.9	1.9 17.1	239	11.1	4.6 24.6	202	5.8	2.5 12.9	209
College Graduate+	2.8	1.8 4.4	1,457	5.0	1.8 13.2	211	5.0	1.1 20.5	216	1.9	0.3 10.1	151

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Illicit Drug Use

Idaho adults who used illicit drugs in the last 12 months, 2009

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	5.6	3.1	10.0	715	5.2	2.6	10.0	679	4.6	2.7	7.9	707	3.0	1.8	5.0	694
SEX																
Male	8.5	4.3	16.0	270	8.4	3.9	17.0	250	6.4	3.1	12.8	265	3.3	1.6	6.5	299
Female	2.8	0.9	8.9	445	2.0	0.5	7.8	429	2.9	1.3	6.3	442	2.7	1.2	5.8	395
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	10.6	4.8	21.8	80	*	*	*	*	10.4	4.6	21.9	89	3.1	1.0	9.3	89
35-44	1.2	0.3	5.0	111	5.4	1.7	15.9	85	4.1	0.9	16.1	98	2.0	0.5	7.6	96
45-54	1.7	0.5	5.7	142	1.7	0.5	5.8	134	2.9	1.1	7.5	149	3.4	1.4	8.0	134
55-64	1.3	0.3	5.4	153	0.7	0.1	4.8	133	1.3	0.3	5.4	141	1.4	0.4	4.6	154
65+	0.0	0.0	0.0	203	0.3	0.0	2.1	246	0.0	0.0	0.0	199	1.4	0.3	5.3	198
18-34	14.8	7.7	26.5	103	13.3	5.6	28.2	76	9.3	4.5	18.2	119	4.4	1.9	9.6	107
35-54	1.5	0.6	3.7	253	3.4	1.4	8.4	219	3.4	1.4	8.3	247	2.7	1.3	5.7	230
55+	0.7	0.2	2.8	356	0.5	0.1	2.0	379	0.6	0.1	2.6	340	1.4	0.6	3.4	352
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-54	1.3	0.3	5.1	98	5.4	1.8	15.0	90	5.0	1.6	14.8	94	3.9	1.5	9.6	100
55+	1.4	0.3	5.9	127	0.7	0.1	4.5	132	1.4	0.3	5.7	131	2.5	0.9	6.5	151
Female																
18-34	6.9	1.5	25.9	59	*	*	*	*	6.7	2.5	16.9	79	5.4	2.0	13.9	59
35-54	1.7	0.5	5.6	155	1.4	0.3	6.2	129	1.9	0.5	7.4	153	1.6	0.5	5.4	130
55+	0.0	0.0	0.0	229	0.3	0.0	2.2	247	0.0	0.0	0.0	209	0.3	0.0	2.2	201
INCOME																
Less than \$15,000	*	*	*	*	17.6	6.6	39.3	71	4.1	1.4	11.7	83	8.1	2.9	20.6	65
\$15,000 - \$24,999	13.3	4.5	33.2	76	10.1	2.9	30.0	133	10.0	3.5	25.6	103	7.6	2.8	19.3	102
\$25,000 - \$34,999	3.1	0.4	18.6	84	0.0	0.0	0.0	82	1.1	0.2	7.7	85	3.0	1.0	9.3	78
\$35,000 - \$49,999	5.6	1.4	19.4	115	6.5	1.0	33.4	93	7.3	2.8	17.9	117	0.6	0.1	4.0	117
\$50,000-\$74,999	1.3	0.2	8.7	99	0.0	0.0	0.0	107	0.9	0.1	5.9	113	1.7	0.5	5.2	118
\$75,000+	5.0	1.6	14.4	207	2.2	0.5	9.4	106	0.0	0.0	0.0	130	0.9	0.1	6.0	139
EMPLOYMENT																
Employed	6.2	2.9	12.8	368	4.9	2.1	10.9	321	4.6	2.1	9.8	373	1.9	0.8	4.2	361
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	3.7	1.0	12.8	305	1.6	0.4	6.9	326	4.0	1.8	8.9	305	1.6	0.6	4.7	298
EDUCATION																
K-11th Grade	*	*	*	*	10.2	2.5	33.5	86	*	*	*	*	*	*	*	*
12th Grade or GED	12.5	5.4	26.0	161	7.2	2.8	17.4	235	7.3	3.2	15.8	232	5.2	2.3	11.3	198
Some College	4.8	1.5	14.6	225	0.2	0.0	1.6	196	2.9	0.9	8.6	233	1.2	0.4	3.4	225
College Graduate+	1.5	0.5	4.6	296	4.2	1.2	13.1	162	4.1	1.5	10.6	192	2.2	0.8	5.9	229

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cholesterol Screening

Idaho adults who had not had cholesterol checked within the last five years, 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	30.6	28.6	32.6	5,232	25.5	21.1	30.5	758	36.5	31.2	42.2	788	34.5	29.6	39.8	715
SEX																
Male	32.1	29.1	35.3	2,084	28.7	21.8	36.7	318	43.1	34.6	52.0	304	35.5	27.8	44.1	290
Female	29.0	26.6	31.6	3,148	22.4	17.1	28.7	440	29.7	23.6	36.5	484	33.6	27.7	40.0	425
AGE																
18-24	71.4	61.3	79.7	148	*	*	*	*	*	*	*	*	*	*	*	*
25-34	52.0	46.8	57.2	498	*	*	*	*	63.0	46.4	76.9	64	62.0	48.6	73.8	67
35-44	29.8	25.8	34.3	694	25.5	16.9	36.4	89	39.2	28.4	51.2	84	29.4	19.9	41.1	106
45-54	21.2	18.3	24.5	1,022	15.0	9.7	22.5	149	33.5	24.4	43.9	141	21.4	14.7	30.1	133
55-64	10.8	9.0	12.9	1,168	12.4	8.3	18.2	200	18.3	13.0	25.1	205	13.6	8.3	21.4	139
65+	8.2	6.9	9.8	1,663	8.8	5.6	13.6	251	10.2	6.3	16.0	266	9.2	5.9	14.2	243
18-34	58.6	53.8	63.2	646	55.7	42.1	68.4	61	61.7	47.5	74.2	88	68.7	57.2	78.3	85
35-54	25.4	22.9	28.1	1,716	19.7	14.6	26.0	238	36.0	28.9	43.8	225	25.5	19.4	32.8	239
55+	9.5	8.3	10.7	2,831	10.6	7.8	14.1	451	13.7	10.4	17.9	471	11.2	8.0	15.4	382
SEX and AGE																
Male																
18-34	57.6	50.3	64.6	255	*	*	*	*	*	*	*	*	*	*	*	*
35-54	29.5	25.4	34.0	697	21.8	14.3	31.7	100	43.6	32.2	55.8	80	27.5	18.0	39.6	104
55+	8.3	6.7	10.1	1,126	9.9	6.1	15.7	189	14.1	9.5	20.5	192	8.8	5.3	14.5	154
Female																
18-34	59.6	53.7	65.2	391	*	*	*	*	51.8	35.5	67.7	56	66.7	53.1	77.9	55
35-54	21.2	18.4	24.4	1,019	17.7	11.5	26.2	138	28.8	20.9	38.3	145	23.5	16.8	32.0	135
55+	10.6	9.0	12.4	1,705	11.2	7.7	15.9	262	13.4	9.0	19.5	279	13.2	8.6	19.9	228
INCOME																
Less than \$15,000	44.9	37.7	52.2	540	45.4	30.3	61.3	88	30.2	17.1	47.5	83	41.2	26.5	57.7	93
\$15,000 - \$24,999	40.4	35.5	45.5	904	43.0	30.1	56.9	123	45.4	33.3	58.0	171	35.8	24.9	48.3	147
\$25,000 - \$34,999	29.5	24.5	35.0	645	27.1	16.6	41.1	91	36.9	23.8	52.4	110	30.8	19.1	45.5	89
\$35,000 - \$49,999	28.4	23.7	33.5	793	23.8	14.1	37.4	127	39.4	25.8	54.9	102	35.2	23.5	48.9	108
\$50,000-\$74,999	23.8	19.8	28.4	803	14.7	8.3	24.8	124	22.0	14.1	32.7	125	29.0	18.0	43.3	96
\$75,000+	20.8	17.0	25.1	924	10.2	5.1	19.5	107	24.8	12.7	42.7	109	28.5	17.7	42.3	98
EMPLOYMENT																
Employed	33.0	30.4	35.7	2,527	30.6	24.3	37.7	345	43.4	35.8	51.3	362	40.8	33.7	48.3	308
Unemployed	45.8	37.0	54.8	262	*	*	*	*	*	*	*	*	36.2	20.5	55.6	51
Other**	23.2	20.3	26.5	2,419	14.4	9.4	21.4	369	19.3	13.9	26.1	385	25.2	18.6	33.2	354
EDUCATION																
K-11th Grade	48.5	41.8	55.2	448	46.5	30.4	63.3	61	37.4	21.7	56.2	76	41.3	27.2	56.9	82
12th Grade or GED	39.4	35.5	43.4	1,646	37.1	27.9	47.4	223	44.0	34.7	53.8	276	39.9	31.4	49.0	251
Some College	27.8	24.4	31.4	1,611	20.6	14.3	28.7	252	35.6	26.2	46.3	216	32.8	24.5	42.4	221
College Graduate+	19.2	16.4	22.3	1,518	12.0	7.5	18.6	220	27.4	19.2	37.5	219	25.2	16.4	36.7	158

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cholesterol Screening

Idaho adults who had not had cholesterol checked within the last five years, 2009

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	26.4	22.0	31.3	765	32.8	28.1	38.0	713	30.5	26.0	35.5	752	36.0	31.3	41.0	741
SEX																
Male	25.1	18.8	32.6	297	38.2	30.7	46.4	266	31.5	24.3	39.6	289	37.1	29.9	45.0	320
Female	27.7	21.9	34.4	468	27.2	22.0	33.2	447	29.6	24.2	35.7	463	34.9	29.0	41.3	421
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	45.3	34.5	56.6	85	54.2	40.2	67.6	58	45.1	33.3	57.5	89	53.1	42.1	63.7	90
35-44	24.9	17.1	34.8	121	32.8	22.5	45.1	90	34.9	25.6	45.6	104	39.0	28.5	50.5	100
45-54	16.8	10.6	25.6	146	30.9	23.3	39.7	142	20.3	14.1	28.2	161	24.7	17.7	33.2	150
55-64	5.7	3.2	10.0	165	11.7	7.0	19.0	141	8.8	5.2	14.5	155	13.1	8.3	20.2	163
65+	4.5	2.4	8.3	223	11.6	7.8	16.8	253	9.0	5.7	14.1	212	7.7	4.8	12.2	215
18-34	52.7	41.7	63.4	106	60.6	48.6	71.5	80	55.8	45.0	66.2	118	61.0	51.1	70.1	108
35-54	21.0	15.7	27.4	267	31.8	25.3	39.1	232	26.9	21.2	33.4	265	31.2	24.9	38.4	250
55+	5.1	3.3	7.8	388	11.6	8.5	15.8	394	8.9	6.3	12.5	367	10.4	7.4	14.4	378
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-54	26.8	18.2	37.5	105	38.1	27.9	49.6	95	29.2	20.6	39.6	102	33.8	24.1	45.0	111
55+	4.6	2.2	9.3	145	10.3	6.1	16.9	137	8.5	5.0	14.0	150	6.5	3.4	12.1	159
Female																
18-34	66.9	53.6	78.0	60	*	*	*	*	56.0	43.0	68.2	81	59.8	46.6	71.8	59
35-54	14.9	9.9	22.0	162	25.3	17.9	34.6	137	24.6	17.8	33.0	163	28.7	21.2	37.7	139
55+	5.6	3.3	9.2	243	12.8	8.6	18.7	257	9.3	5.8	14.5	217	14.1	9.6	20.4	219
INCOME																
Less than \$15,000	45.2	26.3	65.6	52	45.5	29.3	62.8	70	37.4	24.1	53.0	87	65.2	49.7	78.1	67
\$15,000 - \$24,999	32.3	19.9	47.9	85	45.9	34.5	57.7	144	34.8	22.7	49.2	122	49.4	37.0	61.9	112
\$25,000 - \$34,999	25.4	14.8	40.1	92	24.1	14.4	37.6	89	37.1	24.4	51.8	89	32.2	20.4	46.7	85
\$35,000 - \$49,999	24.3	15.0	36.8	117	38.1	25.4	52.7	100	25.5	16.8	36.8	120	25.5	16.7	36.8	119
\$50,000-\$74,999	21.3	13.2	32.5	106	25.1	15.2	38.6	109	21.6	13.3	33.1	116	34.8	24.4	46.8	127
\$75,000+	20.7	14.2	29.1	215	24.1	15.5	35.4	110	19.0	12.0	28.9	138	19.7	12.3	30.0	147
EMPLOYMENT																
Employed	26.3	21.1	32.3	387	36.3	30.0	43.1	345	30.4	24.5	37.1	391	36.4	30.0	43.4	389
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	22.2	14.9	31.7	333	21.6	15.4	29.4	335	26.8	20.4	34.4	329	35.4	28.2	43.3	314
EDUCATION																
K-11th Grade	*	*	*	*	56.3	42.7	69.1	89	48.5	30.4	67.1	55	*	*	*	*
12th Grade or GED	41.4	31.0	52.6	178	36.0	27.8	45.0	255	34.6	26.8	43.4	249	42.7	33.7	52.2	214
Some College	25.9	18.5	35.0	239	21.2	14.8	29.5	204	26.8	19.8	35.3	242	36.5	28.4	45.4	237
College Graduate+	15.6	10.8	21.9	312	25.6	17.8	35.3	165	24.1	16.2	34.3	203	20.3	14.5	27.7	241

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Visits

Idaho adults who had not visited the dentist in the last 12 months, 2009

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	29.9	28.1	31.8	4,983	34.0	29.5	38.7	725	37.7	32.6	43.1	746	37.9	32.9	43.2	684
SEX																
Male	32.0	29.2	35.1	1,968	35.8	28.9	43.3	295	35.9	28.3	44.2	289	41.5	33.4	50.1	281
Female	27.8	25.7	30.0	3,015	32.4	26.8	38.5	430	39.6	33.2	46.4	457	34.4	28.9	40.3	403
AGE																
18-24	31.6	24.1	40.2	160	*	*	*	*	*	*	*	*	*	*	*	*
25-34	33.7	28.9	39.0	486	*	*	*	*	40.7	27.2	55.7	59	44.9	32.2	58.4	72
35-44	28.6	24.5	33.2	658	35.6	25.7	47.0	84	28.8	19.4	40.5	81	34.5	24.1	46.6	101
45-54	25.3	22.2	28.6	968	27.4	20.2	36.0	142	46.8	37.4	56.5	133	34.2	25.5	44.2	122
55-64	25.3	22.3	28.4	1,094	25.7	19.7	32.9	187	23.4	17.5	30.7	189	33.5	25.1	43.1	134
65+	34.7	32.0	37.4	1,586	39.3	32.7	46.4	244	41.8	35.3	48.6	257	36.4	29.6	43.9	230
18-34	33.0	28.7	37.5	646	39.5	27.4	53.1	61	41.1	28.4	55.2	82	43.6	32.5	55.4	91
35-54	26.9	24.3	29.6	1,626	31.1	24.9	38.0	226	38.5	31.5	46.2	214	34.4	27.3	42.2	223
55+	30.2	28.2	32.3	2,680	33.0	28.3	38.1	431	34.0	29.4	39.1	446	35.1	29.7	41.0	364
SEX and AGE																
Male																
18-34	33.9	27.5	41.0	253	*	*	*	*	*	*	*	*	*	*	*	*
35-54	30.9	26.6	35.4	654	36.4	26.3	47.8	89	42.9	31.8	54.7	78	41.5	30.3	53.7	97
55+	31.5	28.3	34.8	1,057	30.9	24.2	38.5	177	32.3	25.4	40.0	181	35.0	27.0	44.0	151
Female																
18-34	31.9	26.8	37.6	393	*	*	*	*	50.8	34.2	67.2	53	40.5	28.5	53.8	59
35-54	22.9	20.1	26.0	972	26.4	19.5	34.8	137	34.2	25.8	43.7	136	27.0	19.7	35.8	126
55+	29.0	26.6	31.7	1,623	35.0	28.8	41.8	254	35.7	29.5	42.4	265	35.2	28.1	43.0	213
INCOME																
Less than \$15,000	47.8	40.7	55.1	513	58.9	42.1	73.8	81	73.6	58.3	84.7	82	58.0	41.5	72.9	86
\$15,000 - \$24,999	51.2	46.1	56.3	838	57.5	42.9	70.9	116	51.2	38.3	63.9	153	45.6	34.9	56.8	147
\$25,000 - \$34,999	33.4	28.7	38.5	611	40.6	29.2	53.2	87	41.1	28.4	55.0	103	44.1	31.8	57.1	91
\$35,000 - \$49,999	31.6	27.1	36.6	771	35.0	25.4	46.0	123	27.2	17.4	39.9	99	34.1	23.6	46.5	103
\$50,000-\$74,999	19.6	16.3	23.5	776	14.2	8.2	23.6	117	26.2	17.6	37.2	123	29.3	18.9	42.3	92
\$75,000+	11.3	8.5	14.7	896	9.4	4.6	18.2	103	13.1	7.2	22.6	108	13.8	3.9	38.7	94
EMPLOYMENT																
Employed	27.1	24.7	29.7	2,397	27.8	22.2	34.1	326	33.4	26.6	41.0	341	34.4	27.3	42.4	292
Unemployed	43.4	34.8	52.3	252	*	*	*	*	*	*	*	*	46.9	29.9	64.7	50
Other**	31.4	28.8	34.1	2,318	37.9	31.1	45.2	357	39.8	33.3	46.6	368	40.5	33.4	48.0	340
EDUCATION																
K-11th Grade	47.6	40.6	54.7	411	49.9	32.9	66.9	55	54.8	35.1	73.1	65	55.6	41.0	69.3	84
12th Grade or GED	36.4	32.9	40.0	1,540	47.2	38.3	56.4	215	40.3	31.7	49.6	257	43.3	34.8	52.1	233
Some College	28.8	25.8	32.0	1,552	32.2	25.0	40.4	242	40.6	30.4	51.7	206	31.9	24.4	40.4	213
College Graduate+	19.3	16.3	22.7	1,473	16.3	11.2	23.1	211	24.3	17.4	32.8	217	27.3	17.0	40.9	153

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Visits

Idaho adults who had not visited the dentist in the last 12 months, 2009

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	19.4	15.9	23.5	727	36.3	31.6	41.2	686	28.3	24.2	32.7	714	30.7	26.2	35.5	701
SEX																
Male	20.9	15.4	27.6	277	40.2	32.8	48.2	255	29.3	22.8	36.7	268	34.9	28.1	42.4	303
Female	18.0	14.0	22.8	450	32.2	27.0	37.9	431	27.3	22.7	32.4	446	26.4	21.1	32.5	398
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	21.7	13.7	32.7	83	42.1	28.0	57.6	50	28.7	19.1	40.8	90	37.5	27.3	48.9	90
35-44	21.6	13.9	32.0	111	28.3	19.0	39.9	85	36.0	26.0	47.3	98	26.3	16.8	38.7	98
45-54	14.9	9.7	22.3	145	23.4	16.6	32.0	137	28.4	21.3	36.7	152	26.6	19.2	35.5	137
55-64	18.6	12.9	26.1	157	38.1	29.5	47.6	133	18.6	12.7	26.3	141	24.1	17.2	32.6	153
65+	22.8	17.1	29.7	205	42.3	35.5	49.4	249	36.1	29.3	43.6	201	33.2	26.5	40.6	200
18-34	20.1	13.0	29.9	106	43.9	31.9	56.6	77	25.4	17.3	35.5	121	36.1	27.0	46.4	108
35-54	18.2	13.3	24.4	256	25.7	19.8	32.6	222	31.8	25.7	38.7	250	26.4	20.2	33.7	235
55+	20.6	16.4	25.6	362	40.5	35.0	46.2	382	27.7	22.9	33.1	342	28.6	23.7	34.1	353
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-54	20.9	13.2	31.4	101	24.9	16.4	36.0	92	36.4	26.5	47.6	94	33.2	23.1	45.0	103
55+	22.8	15.9	31.5	129	47.2	38.1	56.4	134	26.1	19.1	34.5	134	32.9	25.3	41.5	151
Female																
18-34	20.6	11.8	33.5	60	*	*	*	*	25.3	16.3	37.0	81	34.3	22.8	48.0	59
35-54	15.4	10.3	22.4	155	26.5	19.2	35.3	130	27.5	20.6	35.8	156	20.0	13.8	28.0	132
55+	18.8	14.1	24.5	233	34.3	28.2	41.1	248	29.1	22.9	36.2	208	24.4	18.4	31.5	202
INCOME																
Less than \$15,000	*	*	*	*	57.2	40.4	72.6	69	38.1	25.8	52.1	84	49.5	31.8	67.3	65
\$15,000 - \$24,999	45.1	31.0	60.0	76	56.6	45.0	67.6	137	50.0	36.3	63.6	105	56.8	43.6	69.1	104
\$25,000 - \$34,999	20.7	12.4	32.3	85	31.0	20.8	43.6	83	27.8	17.6	41.0	84	37.8	25.1	52.4	78
\$35,000 - \$49,999	30.4	20.0	43.4	115	42.9	30.3	56.6	94	26.1	17.8	36.4	119	25.3	16.8	36.2	118
\$50,000-\$74,999	9.6	5.2	17.1	101	23.9	15.3	35.4	108	19.4	12.9	28.2	114	25.9	16.2	38.7	121
\$75,000+	9.9	6.1	15.6	211	13.6	7.8	22.6	107	14.6	9.3	22.2	133	9.9	5.1	18.4	140
EMPLOYMENT																
Employed	20.2	15.4	26.0	374	32.4	26.3	39.1	326	24.5	19.5	30.3	373	29.0	23.1	35.6	365
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	17.1	12.9	22.4	311	37.1	31.0	43.7	329	31.4	25.6	37.8	312	31.7	24.9	39.3	301
EDUCATION																
K-11th Grade	*	*	*	*	50.3	36.1	64.4	85	*	*	*	*	*	*	*	*
12th Grade or GED	23.2	15.8	32.8	164	41.7	33.9	50.0	238	31.6	24.5	39.7	234	35.9	27.6	45.0	199
Some College	20.6	15.0	27.7	228	37.7	29.7	46.6	199	23.6	18.2	30.0	239	31.6	23.8	40.7	225
College Graduate+	16.0	10.9	22.9	302	18.1	11.3	27.7	164	23.3	16.2	32.3	193	20.4	14.5	28.0	233

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Appendix A

Trends of Selected Risk Variables by Public Health District From 2002 Through 2009

The following tables present data for each health district for selected risk variables from the years 2002 through 2009.

Variable Heading	Definition	Question/Page in Appendix B
General Health	Adults who reported their general health status as "fair" or "poor"	Q1.1 p. 96
Health Care Coverage	Adults without health care coverage	Q3.1 p. 96
Dental Insurance	Adults without dental insurance	ID2.4 p.109
Diabetes	Adults who had ever been told they had diabetes	Q6.1 p. 96
Asthma	Adults who were diagnosed and still had asthma	Q10.1-Q10.2 p. 97
Arthritis	Adults who were ever told they had arthritis	Q17.1 p. 102
High Cholesterol	Adults who were ever told they had high cholesterol, among those screened	Q8.1, Q8.3 p. 97
High Blood Pressure	Adults who were ever told they had high blood pressure	Q7.1 p. 97
Fruits and Vegetables	Adults who did not eat five servings of fruits and vegetables each day	Q18.1-Q18.6 p.102
Physical Activity	Adults who did not participate in leisure time physical activity	Q5.1 p. 96
Overweight	Adults who were overweight (BMI \geq 25)	Q12.11, Q12.12 p. 99
Obesity	Adults who were obese (BMI \geq 30)	
Cigarette Smoking	Adults who smoked cigarettes	Q11.1-Q11.2 p. 97
Binge Drinking	Males who consumed 5+ drinks and females who consumed 4+ drinks on one occasion in the last 30 days	Q15.5 p. 100
Heavy Drinking	Males who consumed >60 drinks and females who consumed >30 drinks in the last 30 days	Q15.1-Q15.3 p. 100
Illicit Drug Use	Adults who used illicit drugs in the last 12 months	ID7.1-ID7.2 p. 110
Cholesterol Screening	Adults who had not had cholesterol checked within the last five years	Q8.2 p. 97
Dental Visits	Adults who had not visited the dentist in the last 12 months	ID2.5 p. 109

Trends of Selected Risk Factors

By Public Health District, 2002-2009

	Year											
	2002			2003			2004			2005		
	%	95% CI	n									
Idaho												
General Health	13.4	12.4 14.6	4,850	13.6	12.6 14.8	4,813	12.5	11.5 13.6	5,060	14.9	13.7 16.2	5,724
Health Care Coverage	16.8	15.6 18.2	4,845	16.3	15.0 17.7	4,808	15.5	14.3 16.8	5,051	18.9	17.3 20.6	5,716
Dental Insurance	45.0	43.3 46.7	4,791	44.6	42.9 46.3	4,771	43.5	41.8 45.2	5,013	45.7	43.9 47.5	5,390
Diabetes	6.1	5.4 6.8	4,853	6.3	5.5 7.1	4,823	6.2	5.5 6.9	5,070	6.8	6.2 7.6	5,726
Asthma ¹	7.8	6.9 8.7	4,836	8.0	7.1 9.0	4,800	7.9	7.0 8.9	5,041	7.3	6.5 8.2	5,697
Arthritis ²	25.3	24.0 26.8	4,838	25.7	24.3 27.1	4,799	*	* * *	*	25.5	24.2 26.9	5,644
High Cholesterol	*	* * *	*	31.1	29.3 32.9	3,588	*	* * *	*	36.3	34.5 38.1	4,329
High Blood Pressure	*	* * *	*	23.2	21.8 24.6	4,811	*	* * *	*	23.6	22.3 25.0	5,720
Fruits and Vegetables ³	78.6	77.2 80.0	4,856	79.3	77.9 80.7	4,823	*	* * *	*	76.8	75.3 78.3	5,625
Physical Activity	19.4	18.1 20.7	4,855	18.3	17.1 19.7	4,817	18.8	17.5 20.1	5,061	21.6	20.2 23.1	5,722
Overweight ³	57.3	55.6 59.1	4,661	59.3	57.5 61.1	4,583	58.2	56.4 60.0	4,889	61.4	59.5 63.1	5,439
Obesity	20.4	19.1 21.8	4,661	22.0	20.5 23.5	4,583	21.1	19.7 22.5	4,889	24.5	23.1 26.1	5,439
Cigarette Smoking	20.7	19.3 22.2	4,846	18.9	17.6 20.3	4,813	17.4	16.2 18.8	5,054	17.9	16.6 19.4	5,719
Binge Drinking ^{4,5}	*	* * *	*	*	* * *	*	*	* * *	*	14.2	12.7 15.8	5,683
Heavy Drinking ^{4,5}	*	* * *	*	*	* * *	*	*	* * *	*	4.2	3.6 5.0	5,668
Illicit Drug Use ⁴	5.8	4.9 6.9	4,830	6.5	5.6 7.5	4,802	5.8	4.9 6.8	5,046	5.3	4.3 6.5	5,332
Cholesterol Screening	*	* * *	*	32.6	30.9 34.3	4,645	*	* * *	*	33.6	31.8 35.4	5,549
Dental Visits	32.5	30.9 34.1	4,836	33.8	32.2 35.5	4,795	33.4	31.8 35.0	5,025	33.5	31.9 35.3	5,481
District 1												
General Health	17.4	14.7 20.6	721	16.8	13.9 20.1	681	13.1	10.7 15.9	706	13.4	10.5 16.8	902
Health Care Coverage	20.7	17.4 24.5	722	20.2	17.0 23.9	679	19.6	16.3 23.5	702	21.2	17.1 25.8	902
Dental Insurance	53.5	49.3 57.5	714	50.9	46.7 55.1	678	51.8	47.6 56.0	697	51.9	47.5 56.3	857
Diabetes	6.8	5.1 9.0	723	7.0	5.2 9.4	683	4.6	3.3 6.5	707	6.3	4.9 8.0	901
Asthma ¹	10.2	8.0 12.9	721	8.3	6.4 10.7	676	7.9	6.0 10.4	701	7.4	5.6 9.8	894
Arthritis ²	32.2	28.6 36.1	719	31.7	28.0 35.7	679	*	* * *	*	27.9	24.7 31.4	891
High Cholesterol	*	* * *	*	33.7	29.4 38.4	514	*	* * *	*	39.3	35.2 43.7	737
High Blood Pressure	*	* * *	*	24.0	20.7 27.7	682	*	* * *	*	25.6	22.4 29.0	902
Fruits and Vegetables ³	77.4	74.0 80.5	722	78.5	74.8 81.7	683	*	* * *	*	80.0	76.9 82.8	891
Physical Activity	19.5	16.5 22.9	722	19.0	15.9 22.5	683	19.1	16.0 22.6	705	20.8	17.7 24.4	900
Overweight ³	59.0	54.9 63.1	695	59.6	55.3 63.7	649	60.0	55.8 64.1	678	59.4	54.9 63.7	858
Obesity	22.8	19.5 26.4	695	20.4	17.2 24.0	649	21.5	18.2 25.2	678	21.7	18.5 25.2	858
Cigarette Smoking	27.0	23.3 31.0	721	21.7	18.5 25.3	682	20.9	17.7 24.6	703	20.7	17.0 25.0	900
Binge Drinking ^{4,5}	*	* * *	*	*	* * *	*	*	* * *	*	13.2	10.5 16.4	893
Heavy Drinking ^{4,5}	*	* * *	*	*	* * *	*	*	* * *	*	5.2	3.8 7.1	887
Illicit Drug Use ⁴	7.3	5.2 10.3	718	6.7	4.8 9.2	677	5.2	3.5 7.6	701	6.6	4.0 10.7	845
Cholesterol Screening	*	* * *	*	31.0	27.2 35.2	658	*	* * *	*	28.2	24.3 32.6	881
Dental Visits	37.5	33.6 41.6	719	37.9	33.9 42.0	681	37.5	33.6 41.7	696	38.3	33.9 42.8	869

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2002-2009

	Year											
	2006			2007			2008			2009		
	%	95% CI	n									
Idaho												
General Health	13.9	12.8 15.1	5,337	14.9	13.8 16.2	5,303	14.0	12.9 15.2	5,099	15.2	14.0 16.5	5,382
Health Care Coverage	18.8	17.2 20.4	5,326	18.9	17.3 20.6	5,299	18.5	16.9 20.4	5,099	18.7	17.1 20.4	5,374
Dental Insurance	45.7	43.9 47.5	5,081	43.0	41.2 44.9	4,992	43.0	41.0 44.9	4,814	43.5	41.5 45.5	4,963
Diabetes	6.8	6.1 7.7	5,339	7.9	7.1 8.7	5,306	7.0	6.3 7.8	5,108	8.0	7.2 8.8	5,385
Asthma ¹	9.2	8.2 10.3	5,295	8.7	7.7 9.8	5,273	8.9	7.8 10.1	5,079	8.4	7.4 9.5	5,356
Arthritis ²	*	* *	*	25.8	24.4 27.3	5,215	*	* *	*	23.7	22.3 25.2	5,210
High Cholesterol	*	* *	*	37.6	35.7 39.5	4,130	*	* *	*	37.3	35.3 39.2	4,437
High Blood Pressure	*	* *	*	25.9	24.5 27.4	5,304	*	* *	*	25.9	24.4 27.4	5,378
Fruits and Vegetables ³	*	* *	*	77.7	76.2 79.2	5,201	*	* *	*	75.4	73.7 77.0	5,187
Physical Activity	20.8	19.4 22.2	5,331	19.6	18.2 21.0	5,304	21.1	19.7 22.7	5,104	21.0	19.6 22.6	5,380
Overweight ³	59.7	57.9 61.6	5,091	63.1	61.2 64.9	5,042	62.2	60.2 64.2	4,851	61.3	59.3 63.3	5,151
Obesity	24.1	22.7 25.6	5,091	25.1	23.6 26.7	5,042	25.2	23.6 26.8	4,851	25.1	23.5 26.8	5,151
Cigarette Smoking	16.8	15.5 18.2	5,328	19.1	17.6 20.7	5,302	16.9	15.4 18.4	5,095	16.3	14.8 17.9	5,370
Binge Drinking ^{4,5}	14.8	13.4 16.3	5,258	14.7	13.3 16.3	5,227	13.1	11.8 14.6	5,028	13.0	11.6 14.5	5,251
Heavy Drinking ^{4,5}	4.9	4.0 5.9	5,223	5.0	4.1 5.9	5,180	4.6	3.9 5.6	5,010	4.6	3.8 5.6	5,235
Illicit Drug Use ⁴	4.1	3.2 5.1	5,084	5.1	4.1 6.5	4,945	4.1	3.2 5.2	4,797	5.1	4.0 6.6	4,931
Cholesterol Screening	*	* *	*	33.3	31.4 35.3	5,149	*	* *	*	30.6	28.6 32.6	5,232
Dental Visits	34.6	32.9 36.3	5,321	32.3	30.6 34.1	5,018	32.0	30.2 33.9	5,091	29.9	28.1 31.8	4,983
District 1												
General Health	15.9	13.2 19.1	748	13.1	10.7 16.0	769	16.5	13.5 19.9	728	13.5	11.1 16.3	783
Health Care Coverage	20.6	16.8 24.9	750	18.4	15.0 22.4	767	20.5	16.7 25.0	727	19.8	16.0 24.3	780
Dental Insurance	46.9	42.4 51.5	718	49.2	44.6 53.8	715	48.6	43.9 53.3	685	47.9	43.1 52.8	725
Diabetes	7.0	5.4 9.2	750	7.0	5.3 9.2	770	6.4	4.8 8.4	729	7.3	5.7 9.5	780
Asthma ¹	11.0	8.0 14.9	739	8.4	6.4 11.1	760	9.5	7.2 12.5	724	9.1	6.6 12.4	777
Arthritis ²	*	* *	*	31.0	27.2 35.0	749	*	* *	*	28.1	24.7 31.9	754
High Cholesterol	*	* *	*	41.4	36.9 46.0	612	*	* *	*	38.7	34.1 43.5	668
High Blood Pressure	*	* *	*	26.0	22.7 29.6	768	*	* *	*	27.7	24.3 31.4	781
Fruits and Vegetables ³	*	* *	*	74.8	70.7 78.6	747	*	* *	*	72.1	67.7 76.1	751
Physical Activity	16.8	13.8 20.3	749	18.1	15.2 21.3	769	24.5	20.9 28.6	729	21.9	18.3 25.9	783
Overweight ³	62.7	58.1 67.1	723	60.8	56.3 65.2	735	63.3	58.6 67.8	685	60.5	55.7 65.2	747
Obesity	23.7	20.3 27.6	723	23.7	20.2 27.5	735	24.3	20.7 28.3	685	24.5	20.5 29.0	747
Cigarette Smoking	19.2	15.8 23.1	747	23.6	19.9 27.8	765	20.5	16.9 24.7	729	22.6	18.6 27.1	781
Binge Drinking ^{4,5}	17.4	13.9 21.5	740	17.4	14.1 21.4	753	15.8	12.2 20.1	713	13.8	10.6 17.9	760
Heavy Drinking ^{4,5}	6.7	4.8 9.1	731	5.1	3.5 7.4	744	6.8	4.9 9.4	710	5.3	3.5 7.8	756
Illicit Drug Use ⁴	4.6	2.8 7.7	717	4.7	2.8 7.9	705	4.8	2.9 7.8	679	4.5	2.4 8.4	725
Cholesterol Screening	*	* *	*	32.0	27.6 36.7	752	*	* *	*	25.5	21.1 30.5	758
Dental Visits	37.8	33.6 42.2	747	36.7	32.4 41.2	716	33.7	29.6 38.1	725	34.0	29.5 38.7	725

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2002-2009

	Year											
	2002			2003			2004			2005		
	%	95% CI	n									
District 2												
General Health	15.2	12.1 18.8	705	15.0	12.3 18.1	656	16.8	13.9 20.1	737	16.7	14.0 19.8	791
Health Care Coverage	16.1	13.2 19.4	704	15.9	12.8 19.5	658	15.9	12.9 19.4	736	22.5	18.6 26.9	785
Dental Insurance	46.5	42.5 50.6	698	49.5	45.1 53.9	652	49.8	45.7 54.0	729	54.6	50.2 58.9	744
Diabetes	6.3	4.6 8.4	705	5.8	4.2 8.0	658	6.7	4.9 9.1	737	6.9	5.1 9.1	791
Asthma ¹	9.2	6.6 12.7	699	7.3	5.4 9.8	655	7.7	5.8 10.1	732	7.4	5.4 10.0	785
Arthritis ²	27.1	23.8 30.7	703	30.8	27.1 34.8	653	*	* *	*	28.1	24.7 31.8	775
High Cholesterol	*	* *	*	33.4	28.9 38.2	486	*	* *	*	36.1	31.8 40.6	593
High Blood Pressure	*	* *	*	25.8	22.4 29.5	657	*	* *	*	26.0	22.6 29.7	789
Fruits and Vegetables ³	76.5	72.6 79.9	706	78.9	75.2 82.1	659	*	* *	*	76.6	73.0 79.9	776
Physical Activity	16.8	14.0 20.0	706	16.7	13.9 20.1	657	16.3	13.7 19.4	734	23.9	20.2 28.0	791
Overweight ³	58.8	54.4 63.0	678	59.4	54.9 63.8	625	59.1	54.8 63.2	710	61.1	56.8 65.2	744
Obesity	19.1	16.2 22.5	678	20.8	17.6 24.5	625	20.9	17.8 24.3	710	24.9	21.4 28.7	744
Cigarette Smoking	20.1	17.0 23.7	704	17.5	14.4 21.1	658	18.6	15.7 21.9	737	19.3	15.7 23.4	785
Binge Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	13.6	10.8 17.0	783
Heavy Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	4.5	3.1 6.5	786
Illicit Drug Use ⁴	6.0	4.3 8.4	698	7.3	5.1 10.4	655	5.5	3.7 8.2	733	4.4	2.7 7.0	737
Cholesterol Screening	*	* *	*	34.5	30.3 39.0	634	*	* *	*	37.5	33.1 42.2	762
Dental Visits	35.8	31.8 40.1	699	37.4	33.2 41.8	655	36.4	32.5 40.5	731	37.3	33.0 41.8	754
District 3												
General Health	14.0	11.4 17.0	688	16.8	13.9 20.2	677	15.7	13.0 18.7	708	17.9	14.8 21.5	783
Health Care Coverage	17.3	14.3 20.7	686	22.6	19.0 26.7	677	18.9	15.6 22.6	708	25.7	21.5 30.4	785
Dental Insurance	45.9	41.6 50.2	670	48.8	44.5 53.1	674	46.7	42.5 51.0	704	48.4	43.9 52.9	735
Diabetes	7.5	5.6 10.0	689	7.7	5.8 10.3	679	7.2	5.5 9.5	710	8.4	6.5 10.8	785
Asthma ¹	6.3	4.6 8.7	687	7.9	5.9 10.6	678	9.5	7.4 12.2	707	8.1	6.2 10.5	780
Arthritis ²	27.0	23.5 30.7	684	25.6	22.2 29.4	677	*	* *	*	26.4	23.0 30.1	778
High Cholesterol	*	* *	*	32.9	28.5 37.7	487	*	* *	*	38.3	33.7 43.1	578
High Blood Pressure	*	* *	*	24.5	21.2 28.2	677	*	* *	*	26.0	22.5 29.8	781
Fruits and Vegetables ³	80.1	76.5 83.3	689	83.1	79.8 86.0	678	*	* *	*	79.1	75.5 82.2	774
Physical Activity	22.0	18.8 25.7	689	20.6	17.4 24.2	676	27.3	23.4 31.5	710	27.7	23.9 31.8	785
Overweight ³	60.6	56.1 64.9	655	61.5	57.1 65.8	637	60.1	55.7 64.4	682	68.0	63.5 72.2	749
Obesity	22.8	19.4 26.5	655	24.4	21.0 28.3	637	24.0	20.6 27.8	682	29.9	26.1 34.0	749
Cigarette Smoking	20.2	17.0 23.7	687	21.8	18.5 25.5	676	19.7	16.6 23.2	707	21.8	18.0 26.2	786
Binge Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	13.3	10.4 17.0	777
Heavy Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	3.4	2.1 5.5	775
Illicit Drug Use ⁴	3.0	1.7 5.0	681	6.3	4.3 9.1	676	5.5	3.7 8.1	708	6.7	3.9 11.2	728
Cholesterol Screening	*	* *	*	38.0	33.8 42.5	656	*	* *	*	38.2	33.7 43.0	760
Dental Visits	37.4	33.3 41.7	686	41.5	37.3 45.8	673	38.6	34.5 42.9	707	39.9	35.5 44.5	753

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2002-2009

	Year											
	2006			2007			2008			2009		
	%	95% CI	n									
District 2												
General Health	15.9	13.0 19.3	746	17.9	14.5 21.7	776	16.5	13.7 19.8	751	17.8	14.7 21.6	809
Health Care Coverage	21.8	17.1 27.3	743	15.5	12.0 19.9	776	16.2	12.8 20.2	750	20.6	16.0 26.0	809
Dental Insurance	52.5	47.7 57.3	709	44.5	39.6 49.4	732	46.1	41.5 50.7	708	46.6	41.2 52.1	742
Diabetes	6.8	5.2 8.9	746	8.2	6.3 10.4	777	7.9	6.1 10.1	754	8.4	6.6 10.6	810
Asthma ¹	7.0	5.3 9.3	742	8.0	5.9 10.9	772	11.5	9.0 14.6	752	11.8	8.1 16.8	804
Arthritis ²	*	* *	*	28.0	24.4 31.9	764	*	* *	*	28.5	24.7 32.8	772
High Cholesterol	*	* *	*	36.8	32.6 41.3	619	*	* *	*	35.8	31.2 40.8	652
High Blood Pressure	*	* *	*	29.7	25.8 33.9	776	*	* *	*	29.3	25.4 33.6	807
Fruits and Vegetables ³	*	* *	*	77.9	73.6 81.7	762	*	* *	*	78.5	74.4 82.2	773
Physical Activity	22.2	18.5 26.3	745	20.7	17.3 24.6	777	21.2	17.9 25.0	752	22.2	18.7 26.2	809
Overweight ³	61.7	56.5 66.7	717	64.6	59.5 69.4	741	63.5	58.8 67.9	717	63.6	58.1 68.7	770
Obesity	23.1	19.6 27.0	717	27.1	23.1 31.4	741	28.1	24.3 32.2	717	27.5	23.0 32.6	770
Cigarette Smoking	21.8	17.3 27.0	745	19.4	15.5 23.9	778	18.3	15.0 22.0	748	15.8	12.7 19.4	805
Binge Drinking ^{4,5}	19.6	15.2 24.9	727	15.8	12.1 20.3	766	17.5	14.1 21.5	741	19.9	15.6 25.0	782
Heavy Drinking ^{4,5}	5.3	3.4 8.2	719	4.6	3.0 6.9	752	5.5	3.8 7.9	739	8.3	5.5 12.5	782
Illicit Drug Use ⁴	4.0	2.0 7.8	717	6.0	3.4 10.5	729	2.7	1.5 5.0	709	7.3	3.9 13.3	737
Cholesterol Screening	*	* *	*	35.3	30.2 40.8	751	*	* *	*	36.5	31.2 42.2	788
Dental Visits	39.6	35.0 44.4	741	41.0	36.2 46.0	737	35.9	31.7 40.4	748	37.7	32.6 43.1	746
District 3												
General Health	18.4	15.6 21.7	788	16.0	13.3 19.3	747	16.5	13.5 20.1	749	20.9	17.3 25.0	741
Health Care Coverage	23.5	19.9 27.5	783	24.1	19.9 29.0	745	25.4	20.9 30.5	750	23.9	19.7 28.6	740
Dental Insurance	46.0	41.8 50.2	751	46.4	41.7 51.2	709	48.5	43.5 53.5	702	48.8	43.7 53.9	679
Diabetes	7.9	6.1 10.2	788	9.3	7.3 11.8	746	7.1	5.5 9.1	749	8.8	6.9 11.3	741
Asthma ¹	8.3	6.3 10.8	786	8.5	6.5 11.0	744	10.3	7.7 13.6	743	7.4	5.1 10.5	738
Arthritis ²	*	* *	*	25.9	22.5 29.5	740	*	* *	*	25.7	22.2 29.6	713
High Cholesterol	*	* *	*	35.8	31.5 40.4	567	*	* *	*	39.7	35.0 44.6	601
High Blood Pressure	*	* *	*	25.9	22.5 29.5	749	*	* *	*	28.0	24.2 32.2	741
Fruits and Vegetables ³	*	* *	*	82.0	78.5 85.1	736	*	* *	*	78.5	74.4 82.1	706
Physical Activity	25.0	21.7 28.6	786	23.2	19.7 27.2	748	25.6	21.9 29.7	748	26.0	21.9 30.6	742
Overweight ³	61.1	56.8 65.4	739	67.1	62.3 71.6	713	67.2	62.3 71.7	712	66.0	60.9 70.7	716
Obesity	27.5	24.0 31.3	739	29.5	25.6 33.7	713	31.0	26.5 35.9	712	30.6	26.1 35.5	716
Cigarette Smoking	20.9	17.7 24.5	785	20.6	16.8 25.0	749	17.7	14.3 21.7	748	18.8	15.3 22.9	739
Binge Drinking ^{4,5}	10.4	8.1 13.2	775	13.4	10.0 17.8	734	11.2	8.4 14.7	735	13.4	10.1 17.7	725
Heavy Drinking ^{4,5}	3.1	1.9 5.0	764	4.9	3.4 7.0	731	3.8	2.5 5.8	736	3.2	1.7 5.6	725
Illicit Drug Use ⁴	3.6	2.2 5.9	754	3.8	1.9 7.3	702	3.2	1.7 5.7	699	5.5	3.2 9.5	674
Cholesterol Screening	*	* *	*	36.3	31.7 41.1	731	*	* *	*	34.5	29.6 39.8	715
Dental Visits	41.7	37.6 45.9	786	32.7	28.6 37.1	715	38.6	33.9 43.5	748	37.9	33.0 43.2	684

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2002-2009

	Year											
	2002			2003			2004			2005		
	%	95% CI	n									
District 4												
General Health	10.3	8.2 12.9	713	11.0	8.6 13.8	681	9.1	7.1 11.5	753	13.5	10.8 16.7	784
Health Care Coverage	13.8	11.0 17.2	714	11.2	8.7 14.3	680	11.7	9.3 14.7	753	12.9	9.4 17.4	783
Dental Insurance	36.1	32.2 40.3	705	32.7	28.8 36.7	672	33.8	29.9 38.0	748	34.0	29.6 38.6	735
Diabetes	4.2	2.9 6.1	714	4.9	3.3 7.1	683	4.3	3.0 6.1	754	6.0	4.5 7.9	786
Asthma ¹	6.7	4.9 9.1	709	8.9	6.7 11.7	681	7.9	5.9 10.5	748	5.7	4.1 7.7	782
Arthritis ²	21.3	18.2 24.6	713	21.7	18.7 25.2	681	*	*	*	23.1	20.0 26.6	767
High Cholesterol	*	*	*	28.5	24.5 32.8	544	*	*	*	34.6	30.6 38.9	627
High Blood Pressure	*	*	*	20.9	17.9 24.2	682	*	*	*	21.9	19.0 25.2	786
Fruits and Vegetables ³	77.3	73.8 80.5	714	76.2	72.4 79.6	683	*	*	*	74.1	69.9 78.0	764
Physical Activity	15.8	13.1 18.9	714	16.7	13.8 20.0	683	14.0	11.5 16.9	753	17.3	14.0 21.0	784
Overweight ³	54.4	50.1 58.6	680	56.6	52.2 60.9	646	54.3	50.0 58.6	737	58.3	53.8 62.8	750
Obesity	19.4	16.4 22.9	680	19.9	16.5 23.7	646	16.8	14.0 20.1	737	22.6	19.2 26.4	750
Cigarette Smoking	21.1	17.8 24.9	713	18.2	15.2 21.7	681	15.6	12.7 19.0	753	16.2	13.3 19.7	785
Binge Drinking ^{4,5}	*	*	*	*	*	*	*	*	*	19.6	15.7 24.3	782
Heavy Drinking ^{4,5}	*	*	*	*	*	*	*	*	*	5.2	3.7 7.2	780
Illicit Drug Use ⁴	8.0	5.6 11.3	711	7.9	5.6 10.9	681	7.5	5.3 10.6	748	4.8	2.9 7.9	725
Cholesterol Screening	*	*	*	26.8	23.0 30.9	667	*	*	*	28.1	24.0 32.6	767
Dental Visits	25.5	22.0 29.4	714	25.9	22.4 29.8	680	28.8	25.1 32.8	752	26.2	22.5 30.3	750
District 5												
General Health	14.8	12.0 18.1	624	11.9	9.4 14.9	710	13.5	11.0 16.6	685	16.7	14.0 19.8	922
Health Care Coverage	21.3	17.7 25.5	622	20.7	17.2 24.6	707	16.8	13.6 20.6	683	24.7	21.1 28.6	923
Dental Insurance	55.8	51.2 60.2	619	55.4	51.1 59.7	700	51.9	47.5 56.2	679	57.3	53.2 61.2	867
Diabetes	5.6	4.0 7.8	624	5.8	4.1 8.2	711	7.0	5.2 9.4	687	7.3	5.8 9.3	924
Asthma ¹	7.3	5.4 9.8	622	7.2	5.4 9.4	706	8.4	6.3 11.1	686	8.4	6.2 11.1	920
Arthritis ²	24.3	20.8 28.0	622	25.2	21.8 28.9	707	*	*	*	25.3	22.3 28.5	910
High Cholesterol	*	*	*	31.5	27.0 36.3	525	*	*	*	32.4	28.7 36.4	670
High Blood Pressure	*	*	*	26.8	23.1 30.8	709	*	*	*	24.4	21.4 27.7	921
Fruits and Vegetables ³	78.9	74.9 82.3	624	80.2	76.5 83.4	711	*	*	*	74.0	70.5 77.2	909
Physical Activity	23.7	20.0 27.9	624	20.5	17.3 24.0	711	24.0	20.5 27.8	687	24.4	21.2 28.0	922
Overweight ³	57.8	53.2 62.2	603	59.7	55.3 64.0	672	60.6	56.3 64.8	661	62.1	58.2 65.9	873
Obesity	19.5	16.2 23.3	603	22.3	18.9 26.2	672	21.6	18.3 25.4	661	23.1	19.9 26.7	873
Cigarette Smoking	18.8	15.4 22.8	622	21.0	17.7 24.8	709	20.0	16.6 23.9	685	20.5	17.4 24.1	921
Binge Drinking ^{4,5}	*	*	*	*	*	*	*	*	*	12.5	9.7 15.9	917
Heavy Drinking ^{4,5}	*	*	*	*	*	*	*	*	*	4.0	2.5 6.3	915
Illicit Drug Use ⁴	6.1	4.0 9.3	624	6.2	4.2 9.1	709	5.3	3.4 8.1	684	5.3	3.6 7.7	862
Cholesterol Screening	*	*	*	34.9	30.8 39.2	685	*	*	*	38.0	34.1 42.1	892
Dental Visits	37.1	32.9 41.5	621	37.3	33.2 41.5	705	38.2	34.0 42.5	678	39.5	35.7 43.5	879

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

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³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2002-2009

	Year											
	2006			2007			2008			2009		
	%	95% CI	n									
District 4												
General Health	10.4	8.0 13.5	776	11.7	9.4 14.4	752	11.5	9.3 14.3	751	11.5	9.1 14.4	776
Health Care Coverage	16.3	12.8 20.7	775	15.9	12.3 20.2	751	16.5	12.8 21.1	750	13.2	10.0 17.2	775
Dental Insurance	38.0	33.6 42.6	736	33.5	29.3 37.9	716	31.6	27.4 36.2	710	31.7	27.3 36.4	724
Diabetes	6.6	4.9 8.9	776	7.2	5.5 9.2	752	6.0	4.6 8.0	751	6.4	4.9 8.2	777
Asthma ¹	9.5	7.2 12.3	769	9.4	7.0 12.5	747	9.9	7.3 13.2	750	6.5	4.8 8.7	772
Arthritis ²	*	* *	*	24.0	20.7 27.6	738	*	* *	*	19.6	16.7 22.9	754
High Cholesterol	*	* *	*	37.5	33.2 41.9	631	*	* *	*	35.7	31.4 40.2	674
High Blood Pressure	*	* *	*	26.7	23.1 30.6	751	*	* *	*	23.6	20.3 27.3	777
Fruits and Vegetables ³	*	* *	*	76.6	72.9 80.0	736	*	* *	*	72.9	68.6 76.8	749
Physical Activity	17.3	14.3 20.9	774	16.4	13.3 19.9	752	15.5	12.6 18.9	751	15.1	12.3 18.4	772
Overweight ³	57.4	52.9 61.8	737	64.2	59.7 68.6	715	59.4	54.7 64.0	720	57.7	52.9 62.4	751
Obesity	22.1	18.8 25.7	737	22.9	19.3 27.0	715	21.1	17.8 24.9	720	22.1	18.7 25.9	751
Cigarette Smoking	15.3	12.4 18.9	775	17.5	14.1 21.6	751	18.3	14.8 22.3	749	14.4	11.2 18.4	775
Binge Drinking ^{4,5}	18.0	14.5 22.1	762	16.8	13.2 21.1	734	15.0	11.8 18.8	738	14.9	11.6 18.9	761
Heavy Drinking ^{4,5}	5.7	3.6 9.0	763	5.4	3.5 8.3	729	6.2	4.2 9.0	734	5.4	3.5 8.2	755
Illicit Drug Use ⁴	5.3	3.3 8.4	728	6.6	4.0 10.7	700	6.3	4.0 10.0	708	5.6	3.1 10.0	715
Cholesterol Screening	*	* *	*	28.3	23.8 33.2	735	*	* *	*	26.4	22.0 31.3	765
Dental Visits	27.1	23.3 31.4	773	25.3	21.4 29.7	716	26.8	22.7 31.3	750	19.4	15.9 23.5	727
District 5												
General Health	15.1	12.1 18.8	753	19.1	15.9 22.7	755	13.1	10.7 15.9	724	16.4	13.4 20.0	738
Health Care Coverage	24.2	19.9 29.1	752	24.7	20.7 29.1	755	21.2	17.2 26.0	727	23.3	19.0 28.2	735
Dental Insurance	59.7	55.1 64.1	717	55.0	50.5 59.5	700	49.5	44.7 54.2	680	54.0	49.1 58.8	684
Diabetes	5.5	4.0 7.5	754	10.0	7.8 12.7	755	7.7	5.9 9.8	726	9.1	7.2 11.5	738
Asthma ¹	8.7	6.7 11.4	749	7.6	5.6 10.2	755	7.1	5.3 9.4	723	8.1	6.2 10.6	734
Arthritis ²	*	* *	*	27.3	23.7 31.2	740	*	* *	*	23.8	20.6 27.2	723
High Cholesterol	*	* *	*	36.4	31.8 41.1	560	*	* *	*	37.6	33.0 42.3	597
High Blood Pressure	*	* *	*	25.8	22.5 29.5	755	*	* *	*	25.9	22.4 29.8	737
Fruits and Vegetables ³	*	* *	*	77.4	73.4 80.9	741	*	* *	*	77.2	73.0 80.9	717
Physical Activity	25.7	21.7 30.1	753	24.4	20.8 28.3	755	23.3	19.5 27.6	725	23.3	19.5 27.5	736
Overweight ³	58.9	54.2 63.4	717	62.9	58.3 67.4	709	62.8	58.0 67.2	679	62.1	57.0 66.9	690
Obesity	24.5	20.9 28.5	717	26.3	22.7 30.2	709	22.8	19.4 26.7	679	23.4	19.8 27.6	690
Cigarette Smoking	18.3	14.8 22.3	753	23.0	19.3 27.1	754	16.1	12.6 20.3	725	16.6	12.9 21.1	738
Binge Drinking ^{4,5}	18.2	14.4 22.8	747	13.5	10.6 17.2	744	11.9	8.6 16.2	715	10.4	7.4 14.4	720
Heavy Drinking ^{4,5}	7.6	5.1 11.2	742	5.8	3.7 9.0	740	3.3	2.2 4.9	709	3.2	1.9 5.4	719
Illicit Drug Use ⁴	3.8	2.3 6.2	713	4.9	2.9 8.2	694	2.8	1.5 5.1	673	5.2	2.6 10.0	679
Cholesterol Screening	*	* *	*	36.3	31.8 41.0	727	*	* *	*	32.8	28.1 38.0	713
Dental Visits	43.2	38.6 47.9	752	34.1	29.9 38.6	703	36.2	31.8 40.8	726	36.3	31.6 41.2	686

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2002-2009

	Year											
	2002			2003			2004			2005		
	%	95% CI	n									
District 6												
General Health	14.0	11.5 16.9	704	14.4	11.8 17.5	693	14.1	11.7 17.0	756	15.7	13.0 18.9	757
Health Care Coverage	15.7	12.7 19.2	704	13.8	11.1 17.1	692	14.0	11.2 17.5	755	15.1	11.9 18.9	755
Dental Insurance	42.4	38.3 46.6	692	46.2	41.9 50.4	684	41.5	37.5 45.7	751	44.1	39.8 48.6	723
Diabetes	7.9	6.0 10.2	704	8.2	6.2 10.7	693	8.9	7.1 11.2	759	7.1	5.4 9.1	757
Asthma ¹	7.5	5.7 10.0	703	8.8	6.7 11.5	690	6.7	5.1 8.7	753	6.7	5.1 8.7	754
Arthritis ²	26.5	23.1 30.2	703	24.9	21.6 28.5	690	*	* * *	*	26.1	22.8 29.7	751
High Cholesterol	*	* * *	*	30.6	26.4 35.2	499	*	* * *	*	38.2	33.8 42.8	573
High Blood Pressure	*	* * *	*	23.7	20.3 27.4	690	*	* * *	*	22.2	19.2 25.6	758
Fruits and Vegetables ³	79.9	76.5 83.0	705	79.9	76.3 83.1	693	*	* * *	*	78.7	75.1 81.8	749
Physical Activity	23.6	20.3 27.2	705	20.1	16.8 23.9	692	17.2	14.6 20.3	757	21.0	17.8 24.5	757
Overweight ³	58.5	54.2 62.6	681	61.3	57.0 65.5	665	57.8	53.5 62.1	726	63.5	58.9 67.8	713
Obesity	20.2	17.1 23.7	681	26.6	22.9 30.8	665	21.7	18.7 25.1	726	28.5	24.4 33.0	713
Cigarette Smoking	19.1	16.0 22.5	704	17.7	14.8 21.1	693	16.6	13.7 19.9	754	15.9	13.1 19.2	758
Binge Drinking ^{4,5}	*	* * *	*	*	* * *	*	*	* * *	*	12.6	9.6 16.5	752
Heavy Drinking ^{4,5}	*	* * *	*	*	* * *	*	*	* * *	*	2.5	1.6 4.0	752
Illicit Drug Use ⁴	5.1	3.4 7.5	703	5.8	4.0 8.3	690	3.1	2.0 4.9	755	6.2	3.7 10.3	707
Cholesterol Screening	*	* * *	*	34.4	30.2 38.8	661	*	* * *	*	34.6	30.1 39.5	734
Dental Visits	30.9	27.2 34.8	704	35.6	31.6 39.8	689	32.3	28.6 36.3	751	32.1	28.0 36.5	735
District 7												
General Health	12.1	9.5 15.1	695	12.2	10.0 14.8	715	10.5	8.4 13.0	715	12.6	10.3 15.4	785
Health Care Coverage	15.8	12.6 19.5	693	13.6	10.8 17.0	715	14.9	12.0 18.3	714	16.3	13.4 19.6	783
Dental Insurance	44.6	40.1 49.1	693	43.0	38.7 47.4	711	41.1	37.0 45.4	705	46.0	41.6 50.4	729
Diabetes	6.3	4.6 8.5	694	5.8	4.1 8.0	716	7.2	5.4 9.4	716	6.7	5.1 8.7	782
Asthma ¹	8.9	6.7 11.8	695	6.0	4.4 8.1	714	6.5	4.8 8.7	714	9.1	6.7 12.2	782
Arthritis ²	23.4	20.1 27.0	694	25.3	22.1 28.8	712	*	* * *	*	24.9	21.8 28.4	772
High Cholesterol	*	* * *	*	30.5	26.3 35.0	533	*	* * *	*	36.2	31.9 40.8	551
High Blood Pressure	*	* * *	*	19.7	16.7 23.1	714	*	* * *	*	21.2	18.3 24.3	783
Fruits and Vegetables ³	81.2	77.8 84.2	696	81.8	78.4 84.8	716	*	* * *	*	77.2	73.4 80.7	762
Physical Activity	17.7	14.8 21.0	695	15.7	13.1 18.7	715	16.6	13.7 20.0	715	21.1	18.0 24.7	783
Overweight ³	55.6	50.9 60.3	669	60.0	55.5 64.3	689	60.4	55.9 64.7	695	59.7	55.2 64.0	752
Obesity	18.8	15.7 22.3	669	21.4	17.8 25.4	689	25.9	22.2 30.0	695	23.2	19.9 26.8	752
Cigarette Smoking	16.4	13.3 20.0	695	13.5	10.9 16.7	714	12.2	9.8 15.1	715	12.1	9.8 14.8	784
Binge Drinking ^{4,5}	*	* * *	*	*	* * *	*	*	* * *	*	7.6	5.8 9.9	779
Heavy Drinking ^{4,5}	*	* * *	*	*	* * *	*	*	* * *	*	3.6	2.4 5.3	773
Illicit Drug Use ⁴	2.7	1.7 4.4	695	3.4	2.0 5.7	714	5.6	3.7 8.5	717	3.2	2.0 5.1	728
Cholesterol Screening	*	* * *	*	35.7	31.3 40.4	684	*	* * *	*	38.7	34.3 43.2	753
Dental Visits	31.1	27.0 35.5	693	29.8	25.9 34.1	712	26.8	23.2 30.6	710	29.6	25.8 33.7	741

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2002-2009

	Year											
	2006			2007			2008			2009		
District 6	%	95% CI	n									
General Health	12.6	10.3 15.2	768	18.0	14.9 21.6	755	14.2	11.5 17.3	704	17.8	14.5 21.8	777
Health Care Coverage	13.2	10.7 16.3	765	18.4	14.8 22.6	754	14.2	10.6 18.6	703	15.7	12.4 19.7	777
Dental Insurance	40.6	36.5 44.7	726	41.9	37.4 46.4	713	43.7	38.4 49.1	664	44.8	40.1 49.6	711
Diabetes	6.9	5.3 8.8	768	8.3	6.5 10.5	756	8.9	6.8 11.5	704	10.2	7.9 13.1	778
Asthma ¹	8.8	6.9 11.1	757	7.5	5.4 10.2	748	6.5	4.6 9.2	699	9.2	6.5 12.8	775
Arthritis ²	*	* *	*	24.6	21.4 28.1	743	*	* *	*	23.3	20.1 26.9	759
High Cholesterol	*	* *	*	37.7	33.2 42.3	575	*	* *	*	40.8	36.2 45.5	627
High Blood Pressure	*	* *	*	24.2	21.1 27.6	753	*	* *	*	27.2	23.7 31.0	778
Fruits and Vegetables ³	*	* *	*	77.2	73.0 80.9	741	*	* *	*	77.8	73.9 81.3	757
Physical Activity	21.8	18.7 25.2	765	21.5	18.3 25.1	751	22.3	18.5 26.6	704	23.3	19.8 27.2	778
Overweight ³	61.7	57.3 65.8	736	61.7	57.0 66.2	722	65.1	59.6 70.2	674	63.0	58.2 67.6	746
Obesity	27.2	23.7 31.0	736	24.6	21.0 28.7	722	32.9	28.2 38.1	674	27.0	23.3 31.1	746
Cigarette Smoking	15.0	12.3 18.2	764	19.1	15.7 23.2	754	12.0	9.3 15.4	701	14.7	11.5 18.6	776
Binge Drinking ^{4,5}	10.4	7.9 13.5	754	15.0	11.4 19.5	747	8.6	6.2 11.9	698	8.9	6.4 12.4	761
Heavy Drinking ^{4,5}	2.9	1.8 4.7	757	6.0	3.5 10.0	741	2.6	1.4 4.8	695	3.6	2.0 6.3	757
Illicit Drug Use ⁴	3.8	2.2 6.6	730	5.7	3.1 10.3	709	3.8	1.8 7.7	665	4.6	2.7 7.9	707
Cholesterol Screening	*	* *	*	36.2	31.6 41.1	733	*	* *	*	30.5	26.0 35.5	752
Dental Visits	32.4	28.6 36.4	764	35.3	31.0 39.9	717	30.4	25.9 35.3	699	28.3	24.2 32.7	714
District 7	%	95% CI	n									
General Health	12.2	9.8 15.1	758	14.9	11.6 18.7	749	12.6	10.0 15.8	692	13.5	10.9 16.5	758
Health Care Coverage	14.0	11.0 17.5	758	16.7	13.2 21.0	751	14.6	11.0 19.0	692	20.6	16.6 25.2	758
Dental Insurance	47.9	43.4 52.3	724	42.0	37.4 46.8	707	46.6	41.2 52.1	665	46.9	42.1 51.8	698
Diabetes	7.0	5.3 9.1	757	6.3	4.8 8.1	750	7.1	5.5 9.1	695	8.2	6.3 10.6	761
Asthma ¹	9.6	7.3 12.7	753	10.5	7.7 14.1	747	6.0	4.3 8.3	688	10.8	8.2 14.2	756
Arthritis ²	*	* *	*	21.9	18.9 25.2	741	*	* *	*	23.2	19.9 26.8	735
High Cholesterol	*	* *	*	36.6	32.2 41.3	566	*	* *	*	33.9	29.7 38.3	618
High Blood Pressure	*	* *	*	23.4	20.0 27.1	752	*	* *	*	23.1	19.9 26.7	757
Fruits and Vegetables ³	*	* *	*	78.9	75.4 82.1	738	*	* *	*	75.4	71.0 79.4	734
Physical Activity	21.4	17.9 25.3	759	16.9	14.0 20.3	752	21.1	17.4 25.4	695	22.8	19.2 26.9	760
Overweight ³	57.5	52.8 62.0	722	58.4	53.3 63.3	707	56.8	51.1 62.3	664	61.4	56.5 66.0	731
Obesity	22.7	19.4 26.4	722	24.4	20.8 28.4	707	21.4	17.9 25.4	664	24.6	20.9 28.8	731
Cigarette Smoking	9.3	7.3 11.8	759	11.5	9.1 14.5	751	12.2	9.1 16.1	695	11.4	8.5 15.0	756
Binge Drinking ^{4,5}	7.5	5.7 9.8	753	8.7	6.5 11.4	749	10.8	7.7 15.0	688	8.5	6.1 11.8	742
Heavy Drinking ^{4,5}	2.1	1.3 3.2	747	2.3	1.4 3.7	743	2.1	1.1 4.0	687	3.8	2.2 6.6	741
Illicit Drug Use ⁴	1.8	0.8 3.7	725	3.3	1.8 5.8	706	1.3	0.7 2.6	664	3.0	1.8 5.0	694
Cholesterol Screening	*	* *	*	36.4	31.7 41.5	720	*	* *	*	36.0	31.3 41.0	741
Dental Visits	29.0	25.1 33.3	758	32.9	28.4 37.8	714	28.8	24.3 33.8	695	30.7	26.2 35.5	701

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

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⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Appendix B

2009 Behavioral Risk Factor Surveillance System Questionnaire

In the following pages, the 2009 Idaho BRFSS questionnaire is presented in its entirety. In addition to the text of each question, the results for most of the questions are included. The number of people who responded to the question (n) is listed below the text for each question. The percent for each response category can be found in parentheses to the right of the response categories. Note also that the percentages are weighted results (see Methodology on pages 1-2) and do not directly correspond to the n's for each question. The results have not been provided for all questions.

NOTE: Care should be exercised when interpreting these results. In order to interpret the results correctly, it is important to understand what group has been asked the question. For example, in question ID2.3 on page 108, 17.3% of the respondents have Medicare. However this question is asked only of those who respond “yes” to question Q3.1. The exclusion of certain respondents is indicated by the bold text at the beginning of question ID2.3. These are called “skip patterns” and are used extensively throughout the survey. In order to properly identify what group has been asked a specific question, the skip pattern must be considered. In addition, there may be some confusion when trying to compare results from the appendix to those in the previous sections. The risk factors reported in the main body of the report are often constructed from the responses of multiple questions and may not be comparable to the results of one particular question.

Response categories displayed in capital letters were not read aloud. Responses of “Don't Know” and “Refused” are excluded from the n's, percentage, and means calculations. Other responses may also be excluded and are indicating by showing the response without any percentage. If there are fewer than 50 respondents for a question the results are suppressed as the results are considered unreliable. Also the results of some questions, such as Q12.15 about county of residence, are suppressed due to length of resulting lists.

For help in interpreting these results, contact the Idaho BRFSS Project Director at (208) 332-7326.

Section 1: Health Status

Q1.1 Would you say that in general your health is ... ?
(n=5382)

- 1 Excellent (23.0%)
- 2 Very good (33.3%)
- 3 Good (28.5%)
- 4 Fair (11.4%)
- 5 Poor (3.7%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 2: Healthy Days—Health-Related Quality of Life

Q2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?
(n=5273)

Mean number of days not good: 3.6
Reported any days not good: 36.6%
Mean number days for those with any: 11.4

- 88 NONE
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q2.2 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?
(n=5315)

Mean number of days not good: 3.2
Reported any days not good: 33.5%
Mean number days for those with any: 10.6

- 88 NONE
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q2.3 [IF Q2.1<>88 AND Q2.2<>88] During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?
(n=2804)

Mean number of days limited overall: 4.5
Reported any days limited: 43.5%
Mean number days limited for those with any: 12.2

- 88 NONE
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Section 3: Health Care Access

Q3.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?
(n=5374)

- 1 Yes (81.3%)
- 2 No (18.7%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q3.2 Do you have one person you think of as your personal doctor or health care provider?
(n=5375)

- 1 Yes, only one (65.6%)
- 2 More than one (7.5%)
- 3 No (26.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q3.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?
(n=5382)

- 1 Yes (14.2%)
- 2 No (85.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q3.4 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.
(n=5353)

- 1 Within past year (anytime less than 12 months ago) (56.7%)
- 2 Within past 2 years (1 year but less than 2 years ago) (14.9%)
- 3 Within past 5 years (2 years but less than 5 years ago) (11.7%)
- 4 5 or more years ago (15.5%)
- 5 Never (1.3%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 4: Sleep

Q4.1 During the past 30 days, for about how many days have you felt you did not get enough rest or sleep?
(n=5292)

Mean number of days not enough sleep overall: 8.3
Reported any days not enough sleep: 70.5%
Mean number days for those with any: 11.9

- 88 NONE
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Section 5: Exercise

Q5.1 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?
(n=5380)

- 1 Yes (79.0%)
- 2 No (21.0%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 6: Diabetes

Q6.1 Have you ever been told by a doctor that you have diabetes?
(n=5385)

- 1 Yes (8.0%)
- 2 Yes, but female told only during pregnancy (0.9%)
- 3 No (90.1%)
- 4 No, pre-diabetes or borderline diabetes (1.0%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Module 1: Pre-Diabetes

M1.1 [IF Q6.1<>1] Have you had a test for high blood sugar or diabetes within the past three years?
(n=4613)

- 1 Yes (49.0%)
- 2 No (51.0%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M1.2 Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes? (If female, ask "Was this only when you were pregnant?").
(n=4737)

- 1 Yes (5.8%)
- 2 Yes, during pregnancy (1.4%)
- 3 No (92.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 7: Hypertension Awareness

Q7.1 Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?
(n=5378)

- 1 Yes (25.9%)
- 2 Yes, but female told only during pregnancy (1.2%)
- 3 No (72.0%)
- 4 Told borderline high or pre-hypertensive (0.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q7.2 **[IF Q7.1=1]** Are you currently taking medicine for your high blood pressure?
(n=1928)

- 1 Yes (72.5%)
- 2 No (27.5%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 8: Cholesterol Awareness

Q8.1 Blood cholesterol is a fatty substance found in the blood. Have you EVER had your blood cholesterol checked?
(n=5259)

- 1 Yes (75.2%)
- 2 No (24.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q8.2 **[IF Q8.1=1]** About how long has it been since you last had your blood cholesterol checked?
(n=4446)

- 1 Within the past year (anytime less than 12 months ago) (65.9%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (14.9%)
- 3 Within the past 5 years (2 years but less than 5 years ago) (11.7%)
- 4 5 or more years ago (7.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q8.3 **[IF Q8.1=1]** Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?
(n=4437)

- 1 Yes (37.3%)
- 2 No (62.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 9: Cardiovascular Disease Prevalence

Q9.1 Has a doctor, nurse, or other health professional ever told you that you had any of the following? Ever told you had a heart attack, also called a myocardial infarction?
(n=5359)

- 1 Yes (3.6%)
- 2 No (96.4%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q9.2 Ever told you had angina or coronary heart disease?
(n=5333)

- 1 Yes (3.9%)
- 2 No (96.1%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q9.3 Ever told you had a stroke?
(n=5372)

- 1 Yes (2.5%)
- 2 No (97.5%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 10: Asthma

Q10.1 Have you ever been told by a doctor, nurse, or other health professional that you had asthma?
(n=5380)

- 1 Yes (12.7%)
- 2 No (87.3%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q10.2 **[IF Q10.1=1]** Do you still have asthma?
(n=674)

- 1 Yes (68.1%)
- 2 No (31.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 11: Tobacco Use

Q11.1 Have you smoked at least 100 cigarettes in your entire life?
(n=5374)

- 1 Yes (38.4%)
- 2 No (61.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q11.2 Do you now smoke cigarettes every day, some days, or not at all?
(n=2238)

- 1 Every day (32.0%)
- 2 Some days (10.5%)
- 3 Not at all (57.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q11.3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?
(n=788)

- 1 Yes (58.9%)
- 2 No (41.1%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q11.4 [IF Q11.2=3] How long has it been since you last smoked cigarettes regularly?
(n=1446)

- 1 Within the past month (less than 1 month ago) (1.4%)
- 2 Within the past 3 months (1 month but less than 3 months ago) (2.3%)
- 3 Within the past 6 months (3 months but less than 6 months ago) (2.6%)
- 4 Within the past year (6 months but less than 1 year ago) (3.5%)
- 5 Within the past 5 years (1 year but less than 5 years ago) (16.1%)
- 6 Within the past 10 years (5 years but less than 10 years ago) (11.7%)
- 7 10 years or more (60.5%)
- 8 Never smoked regularly (1.9%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q11.5 Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?
(n=5385)

- 1 Every day (3.1%)
- 2 Some days (2.6%)
- 3 Not at all (94.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 12: Demographics

Q12.1 What is your age?
(n=5348)

Mean age: 45.9

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q12.2 Are you Hispanic or Latino?
(n=5360)

- 1 Yes (6.7%)
- 2 No (93.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q12.3 Which one or more of the following would you say is your race?
(n=5296)

- 1 White (94.7%)
- 2 Black or African American (0.3%)
- 3 Asian (0.6%)
- 4 Native Hawaiian or Other Pacific Islander (0.2%)
- 5 American Indian or Alaskan Native (1.7%)
- 6 Other race (0.8%)
- 7 Multiracial (1.7%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q12.4 [IF Q12.3 HAS MORE THAN ONE RESPONSE] Which one of these groups would you say best represents your race?
(n=65)

- 1 White (72.9%)
- 2 Black or African American (0.0%)
- 3 Asian (8.9%)
- 4 Native Hawaiian or other Pacific Islander (2.7%)
- 5 American Indian or Alaskan Native (15.6%)
- 6 Other race (0.0%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q12.5 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? Active duty does not include training for the Reserves or National Guard, but does include activation, for example, for the Persian Gulf War.
(n=5370)

- 1 Yes, now on active duty (0.4%)
- 2 Yes, on active duty during the last 12 months, but not now (0.4%)
- 3 Yes, on active duty in the past, but not during the last 12 months (12.4%)
- 4 No, training for Reserves or National Guard only (1.2%)
- 5 No, never served in the military (85.5%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q12.6 Are you ... ?
(n=5372)

- 1 Married (67.5%)
- 2 Divorced (8.4%)
- 3 Widowed (4.9%)
- 4 Separated (1.4%)
- 5 Never married (15.2%)
- 6 A member of an unmarried couple (2.7%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q12.7 How many children less than 18 years of age live in your household?
(n=5374)

Mean number of children: 1.0

- 88 NONE
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q12.8 What is the highest grade or year of school you completed?
(n=5379)

- 1 Never attended school or only kindergarten (0.1%)
- 2 Grades 1 through 8 (Elementary) (2.5%)
- 3 Grades 9 through 11 (Some high school) (7.2%)
- 4 Grade 12 or GED (High school graduate) (30.0%)
- 5 College 1 year to 3 years (Some college or technical school) (30.4%)
- 6 College 4 years or more (College graduate) (29.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

- Q12.9 Are you currently ... ?
(n=5366)
- 1 Employed for wages (46.0%)
 - 2 Self-employed (10.6%)
 - 3 Out of work for more than 1 year (2.2%)
 - 4 Out of work for less than 1 year (5.4%)
 - 5 A homemaker (11.1%)
 - 6 A student (4.0%)
 - 7 Retired (15.7%)
 - 8 Unable to work (5.1%)
 - 9 REFUSED
- Q12.10 Is your annual household income from all sources ... ?
(n=4729)
- 1 Less than \$10,000 (5.4%)
 - 2 Less than \$15,000 (\$10,000 to less than \$15,000) (4.9%)
 - 3 Less than \$20,000 (\$15,000 to less than \$20,000) (7.8%)
 - 4 Less than \$25,000 (\$20,000 to less than \$25,000) (9.8%)
 - 5 Less than \$35,000 (\$25,000 to less than \$35,000) (12.9%)
 - 6 Less than \$50,000 (\$35,000 to less than \$50,000) (17.7%)
 - 7 Less than \$75,000 (\$50,000 to less than \$75,000) (17.5%)
 - 8 \$75,000 or more (24.1%)
 - 77 DON'T KNOW/NOT SURE
 - 99 REFUSED
- Q12.11 About how much do you weigh without shoes?
(n=5175)
- Mean weight in pounds (male): 195.6
Mean weight in pounds (female): 158.2
- 7777 DON'T KNOW/NOT SURE
9999 REFUSED
- Q12.12 **[IF Q12.11<>7777 OR 9999]** About how tall are you without shoes?
(n=5344)
- Mean height in feet and inches (male): 5 feet, 11 inches
Mean height in feet and inches (female): 5 feet, 5 inches
- 7777 DON'T KNOW/NOT SURE
9999 REFUSED
- Q12.13 How much did you weigh a year ago?
(n=5108)
- Mean weight in pounds (male): 197.6
Mean weight in pounds (female): 159.4
- 7777 DON'T KNOW/NOT SURE
9999 REFUSED
- Q12.14 **[IF (Q12.11<>7777, 9999) OR (Q12.13<>Q12.11)]** Was the change between your current weight and your weight a year ago intentional?
(n=2328)
- 1 Yes (40.4%)
 - 2 No (59.6%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q12.15 What county do you live in?
(n=5306)
- (Due to size of the table, these data are not printed.)
- 777 DON'T KNOW/NOT SURE
999 REFUSED
- Q12.16 What is your ZIP Code where you live?
(n=5235)
- (Due to size of the table, these data are not printed.)
- 77777 DON'T KNOW/NOT SURE
99999 REFUSED
- Q12.17 Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine.
(n=5377)
- 1 Yes (3.4%)
 - 2 No (96.6%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q12.18 **[IF Q12.17=1]** How many of these telephone numbers are residential numbers?
(n=205)
- 1 One (66.6%)
 - 2 Two (30.4%)
 - 3 Three (2.8%)
 - 4 Four (0.2%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q12.19 During the past 12 months, has your household been without telephone service for 1 week or more? Do not include interruptions of telephone service because of weather or natural disasters.
(n=5375)
- 1 Yes (3.6%)
 - 2 No (96.4%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q12.20 Indicate sex of respondent.
(n=5390)
- 1 Male (50.0%)
 - 2 Female (50.0%)
- Q12.21 **[IF Q12.20=2 AND Q12.1< 45]** To your knowledge, are you now pregnant?
(n=896)
- 1 Yes (5.0%)
 - 2 No (95.0%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED

Section 13: Caregiver Status

Q13.1 People may provide regular care or assistance to a friend or family member who has a health problem, long-term illness, or disability. During the past month, did you provide any such care or assistance to a friend or family member?

(n=5349)

- 1 Yes (25.0%)
- 2 No (75.0%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 14: Disability

Q14.1 Are you limited in any way in any activities because of physical, mental, or emotional problems?

(n=5289)

- 1 Yes (20.1%)
- 2 No (79.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q14.2 Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

(n=5321)

- 1 Yes (6.5%)
- 2 No (93.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 15: Alcohol Consumption

Q15.1 During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

(n=5312)

- 1 Yes (44.6%)
- 2 No (55.4%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q15.2 **[IF Q15.1=1]** During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage?

(n=2151)

Mean number of days in the last 30: 10.4

- 888 NO DRINKS IN PAST 30 DAYS
- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

Q15.3 **[IF Q15.1=1 AND Q15.2<=888]** One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

(n=2128)

Mean number of drinks: 2.6

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q15.4 **[IF Q15.1=1 AND Q15.2<=888]** Considering all types of alcoholic beverages, how many times during the past 30 days did you have (IF MALE) 5 or more drinks on an occasion? (IF FEMALE) 4 or more drinks on an occasion?

(n=2122)

Mean number of times overall: 1.3
Reported any occasions: 29.8%
Mean number times for those with any: 4.3

- 88 NONE
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q15.5 **[IF Q15.1=1 AND Q15.2<=888]** During the past 30 days, what is the largest number of drinks you had on any occasion?

(n=2075)

Mean number of most drinks: 3.7

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Section 16: Immunization

Q16.1 A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a seasonal flu shot?

(n=5267)

- 1 Yes (35.5%)
- 2 No (64.5%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q16.2 **[IF Q16.1=1]** During what month and year did you receive your most recent seasonal flu shot?

(n=2161)

Mode month and year of most recent flu shot: October, 2008 (38.9%)

- 777777 DON'T KNOW/NOT SURE
- 999999 REFUSED

Q16.3 **[IF Q16.1<=1]** During the past 12 months, have you had a seasonal flu vaccine that was sprayed in your nose? The flu vaccine sprayed in the nose is also called FluMist™.

(n=5269)

- 1 Yes (0.7%)
- 2 No (99.3%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q16.4 **[IF Q16.3=1]** During what month and year did you receive your most recent seasonal flu vaccine that was sprayed in your nose?

(n=*)

*Data statistically unreliable (n<50).

Q16.5 A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?

(n=4908)

- 1 Yes (24.6%)
- 2 No (75.5%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Special Section: Pandemic Flu (January - February)

Q16.6 What do you think is the most effective one thing you can do to prevent getting sick from the flu?
(n=823)

- 1 Avoiding touching your eyes, nose or mouth as much as possible during the flu season (28.3%)
- 2 Avoiding close contact with others who may have the flu (41.3%)
- 3 Getting the flu vaccination (26.6%)
- 4 Taking anti-viral medicine, like Tamiflu®, on the first or second day that you have symptoms of the flu (3.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q16.7 What do you think is the most effective thing you can do to prevent spreading the flu to people when you are sick?
(n=867)

- 1 Frequent hand washing (26.6%)
- 2 Covering your mouth and nose when coughing or sneezing (9.2%)
- 3 Staying home when you are sick with the flu (59.7%)
- 4 Getting the flu vaccination (3.7%)
- 5 Something else (0.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q16.8 If there is a pandemic flu outbreak and you do not get the pandemic flu vaccination, what do you think your chances are of getting sick with the pandemic flu?
(n=830)

- 1 Very high (90-100%) (10.4%)
- 2 High (70-89%) (17.0%)
- 3 Average (50-69%) (41.5%)
- 4 Low (20-49%) (17.1%)
- 5 Very low (0-19%) (14.1%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q16.9 If there was a pandemic flu outbreak, how likely are you to get a pandemic flu vaccination if it was available to you?
(n=848)

- 1 Definitely get one (42.5%)
- 2 Probably get one (33.1%)
- 3 Probably not get one (18.6%)
- 4 Definitely not get a pandemic flu vaccination (5.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q16.10 If public health officials recommended that everyone go to a particular public place such as a local school, fire station, or sports stadium to get vaccinated to prevent the spread of pandemic flu, would you ... ?
(n=838)

- 1 Definitely go (36.0%)
- 2 Probably go (41.3%)
- 3 Probably not go (15.9%)
- 4 Definitely not go to a particular place to get vaccinated (6.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q16.11 Imagine an outbreak of pandemic flu in the U.S. in the next year. What would be the most important ONE thing you would want to know?
(n=824)

- 1 How to prevent getting the flu (46.6%)
- 2 How to prevent spreading the flu (6.3%)
- 3 Symptoms of the flu (14.9%)
- 4 How to treat the flu (13.0%)
- 5 Cities where cases of the flu have been identified (4.9%)
- 6 Information about the flu vaccine (8.6%)
- 7 Something else (5.8%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q16.12 During a pandemic flu outbreak in the U.S., what would be your one most preferred source for getting information about the pandemic flu? Please tell me your one most preferred source.
(n=831)

- 1 Newspapers (7.6%)
- 2 Television (33.5%)
- 3 Radio (5.2%)
- 4 Internet websites (20.4%)
- 5 Your doctor (20.9%)
- 6 The CDC (Centers for Disease Control and Prevention) (2.2%)
- 7 State or local public health departments (5.6%)
- 8 Other government agencies (0.3%)
- 9 Family or friends (1.4%)
- 10 Religious leaders (0.1%)
- 11 Some other source (2.9%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q16.13 Excluding vaccination, what is the one most likely thing you would do if a pandemic flu outbreak were reported IN YOUR STATE? Please choose one from the following list.
(n=828)

- 1 Consult a website (6.5%)
- 2 Avoid crowds and public events (18.5%)
- 3 Consult your doctor (32.9%)
- 4 Try to get a prescription for an anti-viral drug such as Tamiflu® (2.5%)
- 5 Reduce or avoid travel (1.8%)
- 6 Wash hands frequently (7.9%)
- 7 Wear a face mask (2.1%)
- 8 Keep household members at home while the outbreak lasts (17.0%)
- 9 Stock up on medicines and food to help with flu symptoms (4.4%)
- 10 Something else (6.4%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q16.14 If public health officials recommended that everyone stay at home for a month because of a serious outbreak of pandemic flu in your community, are you very likely, somewhat likely, somewhat unlikely, or very unlikely to stay home for a month?
(n=836)

- 1 Very likely (39.9%)
- 2 Somewhat likely (26.1%)
- 3 Somewhat unlikely (15.0%)
- 4 Very unlikely to stay at home for a month (19.0%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q16.15 **[IF Q12.9=1 OR Q12.9=2]** I'm going to read you a list of job types. Please tell me if you currently work in any of these fields: emergency medical services, law enforcement, fire services, the manufacture of pandemic vaccines or anti-virals, public health, healthcare provider, home health, in a nursing home, homeland or national security as one who would be deployed during a flu pandemic.

(n=429)

- 1 Yes (12.2%)
- 2 No (87.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 17: Arthritis Burden

Q17.1 Have you ever been told by a doctor of other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

(n=5210)

- 1 Yes (23.7%)
- 2 No (76.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q17.2 **[IF Q17.1=1]** Arthritis can cause symptoms like pain, aching, or stiffness around a joint. Are you now limited in any way or in any of your usual activities because of arthritis or joint symptoms?

(n=1809)

- 1 Yes (51.4%)
- 2 No (48.6%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q17.3 **[IF Q17.1=1]** In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?

(n=1779)

- 1 Yes (33.8%)
- 2 No (66.2%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q17.4 **[IF Q17.1=1]** During the past 30 days, to what extent has your arthritis or joint symptoms interfered with your normal social activities, such as going shopping, to the movies, or to religious or social gatherings?

(n=1811)

- 1 A lot (15.4%)
- 2 A little (26.0%)
- 3 Not at all (58.6%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q17.5 **[IF Q17.1=1]** Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. During the past 30 days, how bad was your joint pain on average? Please answer on a scale of 0 to 10 where 0 is no pain or aching and 10 is pain or aching as bad as it can be.

(n=1793)

- 1 Zero (8.8%)
- 2 One (7.9%)
- 3 Two (12.0%)
- 4 Three (14.2%)
- 5 Four (11.1%)
- 6 Five (14.9%)
- 7 Six (7.8%)
- 8 Seven (7.7%)
- 9 Eight (9.3%)
- 10 Nine (2.9%)
- 11 Ten (3.4%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Section 18: Fruit and Vegetables

Q18.1 How often do you drink fruit juices such as orange, grapefruit, or tomato?

(n=5132)

Mean times per day: 0.5

- 555 NEVER
- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

Q18.2 Not counting juice, how often do you eat fruit?

(n=5131)

Mean times per day: 0.9

- 555 NEVER
- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

Q18.3 How often do you eat green salad?

(n=5153)

Mean times per day: 0.5

- 555 NEVER
- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

Q18.4 How often do you eat potatoes not including French fries, fried potatoes, or potato chips?

(n=5135)

Mean times per day: 0.3

- 555 NEVER
- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

Q18.5 How often do you eat carrots?

(n=5094)

Mean times per day: 0.3

- 555 NEVER
- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

Q18.6 Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat?

(n=5095)

Mean servings per day: 1.3

- 555 NEVER
- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

Section 19: Physical Activity

Q19.1 **[IF Q12.9=1 OR 2]** When you are at work, which of the following best describes what you do? Would you say ... ?
(n=2447)

- 1 Mostly sitting or standing (59.0%)
- 2 Mostly walking (23.6%)
- 3 Mostly heavy labor or physically demanding work (17.4%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q19.2 Thinking about the moderate activities you do ["when you are not working" if "employed" or self-employed"] in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes some increase in breathing or heart rate?
(n=5126)

- 1 Yes (89.9%)
- 2 No (10.1%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q19.3 **[IF Q19.2=1]** How many days per week do you do these moderate activities for at least 10 minutes at a time?
(n=4498)

- 1 One day (2.9%)
- 2 Two days (7.6%)
- 3 Three days (16.2%)
- 4 Four days (12.9%)
- 5 Five days (18.5%)
- 6 Six days (10.6%)
- 7 Seven days (31.4%)
- 88 DO NOT DO ANY MODERATE PHYSICAL ACTIVITY FOR AT LEAST 10 MINUTES
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q19.4 **[IF Q19.3<>77, 88, OR 99]** On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?
(n=4318)

- Mean hours and minutes: 1 hour, 9 minutes
- 777 DON'T KNOW/NOT SURE
 - 999 REFUSED

Q19.5 Now, thinking about the vigorous activities you do ["when you are not working" if "employed" or self-employed"] in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?
(n=5090)

- 1 Yes (59.7%)
- 2 No (40.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q19.6 **[IF Q19.5=1]** How many days per week do you do these vigorous activities for at least 10 minutes at a time?
(n=2580)

- 1 One (15.4%)
- 2 Two (19.7%)
- 3 Three (26.3%)
- 4 Four (11.8%)
- 5 Five (13.2%)
- 6 Six (5.0%)
- 7 Seven (8.6%)
- 88 DO NOT DO ANY VIGOROUS PHYSICAL ACTIVITY FOR AT LEAST 10 MINUTES
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q19.7 **[IF Q19.6<>77, 88, OR 99]** On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?
(n=2535)

- Mean hours and minutes: 1 hour, 6 minutes
- 777 DON'T KNOW/NOT SURE
 - 999 REFUSED

Section 20: HIV/AIDS

Q20.1 **[IF Q12.1< 65]** Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.
(n=3406)

- 1 Yes (32.6%)
- 2 No (67.4%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q20.2 **[IF Q12.1< 65 AND Q20.1=1]** Not including blood donations, in what month and year was your last HIV test?
(n=877)

- Mode month and year: July, 2007 (3.4%)
- 777777 DON'T KNOW/NOT SURE
 - 999999 REFUSED

Q20.3 **[IF Q12.1< 65 AND Q20.1=1]** Where did you have your last HIV test ?
(n=1026)

- 1 Private doctor or HMO (36.7%)
- 2 Counseling and testing site (2.9%)
- 3 Hospital (21.1%)
- 4 Clinic (24.2%)
- 5 Jail or prison (or other correctional facility) (1.3%)
- 6 Drug treatment facility (0.2%)
- 7 At home (4.5%)
- 8 Somewhere else (9.1%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q20.4 **[IF Q12.1< 65 AND Q20.1=1]** Was it a rapid test where you could get your results within a couple of hours?
(n=147)

- 1 Yes (24.8%)
- 2 No (75.2%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q20.5 **[IF Q12.1< 65]** I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You do not need to tell me which one: you have used intravenous drugs in the past year, you have been treated for a sexually transmitted disease or venereal disease in the past year, you have given or received money or drugs in exchange for sex in the past year, you had anal sex without a condom in the past year. Do any of these situations apply to you?
(n=3469)

- 1 Yes (2.9%)
- 2 No (97.1%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 21: Emotional Support and Life Satisfaction

Q21.1 How often do you get the social and emotional support you need?
(n=5014)

- 1 Always (46.6%)
- 2 Usually (35.3%)
- 3 Sometimes (11.1%)
- 4 Rarely (3.7%)
- 5 Never (3.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q21.2 In general, how satisfied are you with your life?
(n=5044)

- 1 Very satisfied (46.6%)
- 2 Satisfied (48.4%)
- 3 Dissatisfied (4.2%)
- 4 Very dissatisfied (0.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 22: Cancer Survivors

Q22.1 Now I am going to ask you about cancer. Have you ever been told by a doctor, nurse, or other health professional that you had cancer?
(n=5072)

- 1 Yes (10.3%)
- 2 No (89.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q22.2 **[IF Q22.1=1]** How many different types of cancer have you had?
(n=784)

- 1 Only one (83.9%)
- 2 Two (12.0%)
- 3 Three or more (4.1%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q22.3 **[IF Q22.1=1]** At what age were you told that you had cancer? **[IF Q22.2=2 OR 3]** At what age was your first diagnosis of cancer?
(n=763)

- Mean age at first diagnosis: 50.2
- 97 AGE 97 AND OLDER
 - 98 DON'T KNOW/NOT SURE
 - 99 REFUSED

Q22.4 **[IF Q22.1=1][IF Q22.2=1]** What type of cancer was it? **[IF Q22.2=2 or 3]** With your most recent diagnoses of cancer, what type of cancer was it?
(n=747)

- 1 Breast cancer (13.1%)
- 2 Cervical cancer (cancer of the cervix) (8.6%)
- 3 Endometrial cancer (cancer of the uterus) (2.2%)
- 4 Ovarian cancer (cancer of the ovary) (1.2%)
- 5 Head and neck cancer (0.2%)
- 6 Oral cancer (0.2%)
- 7 Pharyngeal (throat) cancer (0.4%)
- 8 Thyroid (4.3%)
- 9 Colon (intestine) cancer (3.5%)
- 10 Esophageal (esophagus) (0.2%)
- 11 Pancreatic (pancreas) cancer (0.3%)
- 12 Rectal (rectum) cancer (1.0%)
- 13 Stomach (0.4%)
- 14 Hodgkin's Lymphoma (Hodgkin's disease) (1.0%)
- 15 Leukemia (blood) cancer (1.0%)
- 16 Non-Hodgkin's Lymphoma (1.8%)
- 17 Prostate cancer (10.2%)
- 18 Testicular cancer (0.3%)
- 19 Melanoma (12.5%)
- 20 Other skin cancer (29.0%)
- 21 Lung (1.1%)
- 22 Bladder cancer (2.4%)
- 23 Renal (kidney) cancer (0.6%)
- 24 Bone (0.1%)
- 25 Brain (0.2%)
- 26 Other (4.3%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Section 23: Cell Phone (April - December)

Q23.1 Do you have a cell phone for personal use? Please include cell phones used for both business and personal use.
(n=5379)

- 1 Yes (76.1%)
- 2 No (23.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q23.2 **[IF Q23.1<>1]** Do you share a cell phone for personal use (at least one-third of the time) with other adults?
(n=1533)

- 1 Yes (6.7%)
- 2 No (93.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q23.3 **[IF Q23.2=1]** Do you usually share this cell phone (at least one-third of the time) with any other adults?
(n=3845)

- 1 Yes (17.4%)
- 2 No (82.6%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q23.4 **[IF Q23.1=1 OR Q23.2=1]** Thinking about all the phone calls that you receive on your landline or cell phone, what percent, between 0 and 100, are received on your cell phone?
(n=3782)

- Mean percent calls received on cell phone: 35.8
- 777 DON'T KNOW/NOT SURE
 - 999 REFUSED

Module 8: Heart Attack and Stroke

M8.1 Do you think pain or discomfort in the jaw, neck, or back are symptoms of a heart attack?
(n=4392)

- 1 Yes (67.8%)
- 2 No (32.2%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M8.2 Do you think feeling weak, lightheaded, or faint are symptoms of a heart attack?
(n=4286)

- 1 Yes (76.4%)
- 2 No (23.6%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M8.3 Do you think chest pain or discomfort are symptoms of a heart attack?
(n=4922)

- 1 Yes (96.6%)
- 2 No (3.4%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M8.4 Do you think sudden trouble seeing in one or both eyes is a symptom of a heart attack?
(n=3703)

- 1 Yes (44.8%)
- 2 No (55.2%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M8.5 Do you think pain or discomfort in the arms or shoulder are symptoms of a heart attack?
(n=4831)

- 1 Yes (92.1%)
- 2 No (7.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M8.6 Do you think shortness of breath is a symptom of a heart attack?
(n=4738)

- 1 Yes (93.0%)
- 2 No (7.0%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M8.7 Which of the following do you think is a symptom of a stroke? For each, tell me "yes," "no," or you're "not sure."
(n=4735)

- 1 Yes (95.9%)
- 2 No (4.1%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M8.8 Do you think sudden numbness or weakness of face, arm, or leg, especially on one side, are symptoms of a stroke?
(n=4896)

- 1 Yes (98.0%)
- 2 No (2.0%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M8.9 Do you think sudden trouble seeing in one or both eyes is a symptom of a stroke?
(n=3976)

- 1 Yes (89.9%)
- 2 No (10.2%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M8.10 Do you think sudden chest pain or discomfort are symptoms of a stroke?
(n=3688)

- 1 Yes (44.4%)
- 2 No (55.7%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M8.11 Do you think sudden trouble walking, dizziness, or loss of balance are symptoms of a stroke?
(n=4625)

- 1 Yes (95.8%)
- 2 No (4.2%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M8.12 Do you think severe headache with no known cause is a symptom of a stroke?
(n=3802)

- 1 Yes (79.7%)
- 2 No (20.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M8.13 If you thought someone was having a heart attack or a stroke, what is the first thing you would do?
(n=5016)

- 1 Take them to the hospital (9.0%)
- 2 Tell them to call their doctor (0.8%)
- 3 Call 911 (84.7%)
- 4 Call their spouse or a family member (1.2%)
- 5 Do something else (4.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Module 25: Random Child Selection

M25.1 **[IF Q12.7 >= 1 AND < 88 RANDOMLY SELECT ONE CHILD]** What is the birth month and year of the [SELECTED] child?
(n=1330)

[Due to the size of the table, these data are not printed.]

- 777777 DON'T KNOW/NOT SURE
- 999999 REFUSED

M25.2 **[IF Q12.7< 88]** Is the child a boy or a girl?
(n=1432)

- 1 Boy (51.8%)
- 2 Girl (48.2%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M25.3 **[IF Q12.7< 88]** Is the child Hispanic or Latino?
(n=1434)

- 1 Yes (10.1%)
- 2 No (89.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M25.4 **[IF Q12.7< 88]** Which one or more of the following would you say is the race of the child?
(n=1411)

- 1 White (94.3%)
- 2 Black or African American (1.3%)
- 3 Asian (0.5%)
- 4 Native Hawaiian or Other Pacific Islander (0.3%)
- 5 American Indian or Alaskan Native (1.4%)
- 6 Other race (0.8%)
- 7 Multiracial (1.4%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M25.5 **[IF Q12.7< 88]** Which one of these groups would you say best represents the child's race?
(n<50)

Data statistically unreliable (n<50).

M25.6 **[IF Q12.7< 88]** How are you related to the child?
(n=1439)

- 1 Parent (include biologic, step, or adoptive parent) (92.1%)
- 2 Grandparent (3.8%)
- 3 Foster parent or guardian (0.3%)
- 4 Sibling (include biologic, step, and adoptive sibling) (2.7%)
- 5 Other relative (0.6%)
- 6 Not related in any way (0.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Module 26: Childhood Asthma Prevalence

M26.1 **[IF Q12.7< 88]** Has a doctor, nurse or other health professional ever said that the [SELECTED] child has asthma?
(n=1436)

- 1 Yes (8.7%)
- 2 No (91.3%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M26.2 **[IF Q12.7< 88 AND M26.1=1]** Does the child still have asthma?
(n=132)

- 1 Yes (55.7%)
- 2 No (44.3%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 24: Adult Novel H1N1 Influenza (September - December)

Q24.1 During the past month, were you ill with a fever?
(n=1692)

- 1 Yes (11.5%)
- 2 No (88.5%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q24.2 **[IF Q24.1=1]** Did you also have a cough and/or sore throat?
(n=167)

- 1 Yes (75.2%)
- 2 No (24.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q24.3 **[IF Q24.2=1]** When did you first become ill with fever, cough or sore throat?
(n=129)

- 1 Within the past week (17.9%)
- 2 2 weeks ago (33.5%)
- 3 3-4 weeks ago (48.7%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q24.4 **[IF Q24.2=1]** Did you visit a doctor, nurse, or other health professional for this illness?
(n=129)

- 1 Yes (41.9%)
- 2 No (58.1%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q24.5 **[IF Q24.4=1]** What did the doctor, nurse, or other health professional tell you? Did they say ... ?
(n<50)

Data statistically unreliable (n<50).

Q24.6 **[IF Q24.4=1]** Did you have a flu test that was positive for this illness? Usually a swab from your nose or throat is tested. Would you say ... ?
(n<50)

Data statistically unreliable (n<50).

Q24.7 **[IF Q24.4=1]** Did you receive Tamiflu® or zanamivir to treat this illness?
(n<50)

Data statistically unreliable (n<50).

Q24.8 **[IF Q24.4=1]** Did any other members of your household have a fever with cough or sore throat during the past month?
(n=1271)

1 Yes (32.2%)
2 No (67.9%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Q24.9 **[IF Q24.8=1]** How many household members, including you, were ill during the past month?
(n=338)

Mean number ill: 1.9

88 NONE
77 DON'T KNOW/NOT SURE
99 REFUSED

Q24.10 **[IF Q24.8=1]** How many people in your household, including you, were hospitalized for flu during the past month?
(n=401)

Mean number hospitalized: 0.0

88 NONE
77 DON'T KNOW/NOT SURE
99 REFUSED

Module 30: Children's Novel H1N1 Influenza (September - December)

M30.1 **[IF Q12.7< 88]** Has the [SELECTED] child had a fever with cough and/or sore throat during the past month?
(n=447)

1 Yes (31.0%)
2 No (69.0%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M30.2 **[IF M30.1=1]** Did the child visit a doctor, nurse, or other health professional for this illness?
(n=145)

1 Yes (36.3%)
2 No (63.7%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Module 31: Novel H1N1 Influenza Adult Immunization (September - December)

M31.1 There are two ways to get the H1N1 flu vaccination. One is a shot in the arm and the other is a spray, mist or drop in the nose. Since September, 2009, have you been vaccinated either way for the H1N1 flu?
(n=1353)

1 Yes (7.0%)
2 No (93.0%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M31.2 **[IF M31.1=1]** During what month did you receive your H1N1 flu vaccine?
(n=85)

1 September (15.2%)
2 October (45.1%)
3 November (34.3%)
4 December (5.4%)

77 DON'T KNOW/NOT SURE
99 REFUSED

M31.3 **[IF M31.1=1]** Was this a shot or was it a vaccine sprayed in the nose?
(n=88)

1 Flu shot (85.0%)
2 Flu Nasal Spray (spray, mist or drop in the nose) (15.0%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Module 32: High Risk Health Care Worker (September - December)

M32.1 Do you currently volunteer or work in a hospital, medical clinic, doctor's office, dentist's office, nursing home or some other health-care facility? This includes part-time and unpaid work in a health care facility as well as professional nursing care provided in the home.
(n=1302)

1 Yes (10.3%)
2 No (89.7%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M32.2 Do you provide direct patient care as part of your routine work? By direct patient care we mean physical or hands-on contact with patients.
(n=1296)

1 Yes (9.5%)
2 No (90.5%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M32.3 Has a doctor, nurse, or other health professional ever said that you have lung problems, other than asthma; kidney problems; anemia, including sickle cell; or a weakened immune system caused by a chronic illness or by medicines taken for a chronic illness?
(n=1293)

1 Yes (10.0%)
2 No (90.1%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M32.4 **[IF M32.3=1]** Do you still have (this/any of these) problem(s)?
(n=155)

1 Yes (65.6%)
2 No (34.5%)

7 DON'T KNOW/NOT SURE
9 REFUSED

**Module 33: Novel H1N1 Influenza Child Immunization
(September - December)**

M33.1 **[IF Q12.7< 88]** There are two ways to get the H1N1 flu vaccination. One is a shot in the arm and the other is a spray, mist or drop in the nose. Since September, 2009, has the [SELECTED CHILD] been vaccinated either way for the H1N1 flu?
(n=346)

- 1 Yes (10.0%)
- 2 No (90.0%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M33.2 **[IF M33.1=1]** Since September 2009, how many of these H1N1 vaccinations has he/she received?
(n<50)

Data statistically unreliable (n<50).

M33.3 **[IF M33.1=1]** During what month did he/she receive his/her (if child age < 10, "first H1N1 flu vaccine?"; otherwise, "H1N1 flu vaccine?")
(n<50)

Data statistically unreliable (n<50).

M33.4 **[IF M33.1=1]** Was this a shot or was it a vaccine sprayed in the nose?
(n<50)

Data statistically unreliable (n<50).

M33.5 **[IF M33.1=2]** During what month did he/she receive his/her second H1N1 flu vaccine?
(n=5)

Data statistically unreliable (n<50).

M33.6 **[IF M33.1=2]** Was this a shot or was it a vaccine sprayed in the nose?
(n=5)

Data statistically unreliable (n<50).

State Added 1: Child Safety

ID1.1 **[IF Q12.7<=88 OR 99 AND CHILD AGE<16]** How often does the [CHILD AGE]-month/year old child in your household use a **[IF CHILD AGE<5 "car safety seat", IF CHILD AGE>=5 "seatbelt"]** when they ride in a car?
(n=1143)

- 1 Always (90.9%)
- 2 Nearly always (6.7%)
- 3 Sometimes (1.5%)
- 4 Seldom (0.6%)
- 5 Never (0.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID1.2 **[IF Q12.7 >0 AND Q12.7< 88]** Does the child have any kind of health care coverage, including health insurance, prepaid plans such as H.M.O.'s, or government plans such as Medicaid or the Children's Health Insurance Program, also known as CHIP?
(n=1433)

- 1 Yes (91.1%)
- 2 No (8.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID1.3 **[IF Q12.7 >0 AND Q12.7< 88]** Do you believe children should have all vaccines that are recommended by your family doctor or other health professional prior to entering school?
(n=1403)

- 1 Yes (91.1%)
- 2 No (8.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID1.4 **[IF Q12.7 >0 AND Q12.7< 88]** Do you believe it is safer for a child to attend a day care facility that requires immunization than one that does not?
(n=1378)

- 1 Yes (91.1%)
- 2 No (8.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

State Added 2: Health Care Coverage

ID2.1 **[IF Q3.1=2]** Previously you said you did not have any health care coverage. What is the main reason you are without health care coverage?
(n=625)

- 1 Lost job or changed employers (13.7%)
- 2 Spouse/parent lost job/changed employers (1.5%)
- 3 Became divorced or separated (0.3%)
- 4 Became ineligible because of age or left school (2.7%)
- 5 Employer does not offer or stopped offering coverage (9.9%)
- 6 Cut back to part time or became temporary employee (0.9%)
- 7 Benefits from employer or former employer ran out (0.6%)
- 8 Couldn't afford to pay the premiums (52.7%)
- 9 Insurance company refused coverage (0.7%)
- 10 Lost Medicaid or Medical Assistance eligibility (1.1%)
- 11 Other reason (15.8%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

ID2.2 **[IF Q3.1=2]** About how long has it been since you had health care coverage?
(n=627)

- 1 Within the past 6 months (17.9%)
- 2 Within the past year (13.7%)
- 3 Within the past 2 years (12.6%)
- 4 Within the past 5 years (15.8%)
- 5 5 or more years ago (29.3%)
- 6 Never (10.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID2.3 **[IF Q3.1=1]** Previously you said that you had some kind of health care coverage. What type of health care coverage do you use to pay for most of your medical care?
(n=4269)

- 1 Employer (38.2%)
- 2 Someone else's employer (18.4%)
- 3 A plan bought or someone else buys (14.7%)
- 4 Medicare (17.3%)
- 5 Medicaid or Medical Assistance (4.0%)
- 6 The military/CHAMPUS/Tricare/VA (4.0%)
- 7 The Indian Health Service (0.2%)
- 8 Some other source (3.1%)
- 9 None (0.1%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

ID2.4 Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs, or government plans such as Medicaid?

(n=4963)

- 1 Yes (56.5%)
- 2 No (43.5%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID2.5 How long has it been since you last visited a dentist or a dental clinic for any reason? Include visits to dental specialists, such as orthodontists.

(n=4983)

- 1 Within the past year (any time less than 12 months ago) (70.1%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (11.2%)
- 3 Within the past 5 years (2 years but less than 5 years ago) (9.1%)
- 4 5 or more years ago (9.1%)
- 5 Never (0.5%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID2.6 **[IF ID2.5=1]** At your last dental visit, did the dentist or dental hygienist tell you that they were examining you for signs of oral cancer?

(n=3349)

- 1 Yes (24.1%)
- 2 No (75.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

State Added 3: Sun Protection

ID3.1 The next questions are about what you do to protect your skin when you go outside. When you go outside on a sunny summer day for more than one hour, how often do you use sunscreen or sun block? Would you say ... ?

(n=4989)

- 1 Always (14.9%)
- 2 Nearly always (20.3%)
- 3 Sometimes (27.3%)
- 4 Seldom (17.1%)
- 5 Never (19.4%)
- 6 Don't stay out more than an hour (1.0%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID3.2 **[IF ID3.1<=6]** When you go outside on a sunny summer day for more than one hour, how often do you wear long-sleeved shirts? Would you say ... ?

(n=4893)

- 1 Always (6.9%)
- 2 Nearly always (8.7%)
- 3 Sometimes (26.4%)
- 4 Seldom (22.5%)
- 5 Never (35.3%)
- 6 Don't stay out more than an hour (0.2%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID3.3 **[IF ID3.1<=5]** What is the Sun Protection Factor or SPF of the sunscreen or sun block that you use most often?

(n=3494)

- 1 SPF less than 15 (2.0%)
- 2 SPF 15 (17.5%)
- 3 SPF 30 (37.3%)
- 4 SPF higher than 30 (32.6%)
- 5 Other SPF value (8.5%)
- 6 Do not use sunscreen (2.1%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID3.4 Thinking about the last 12 months, on how many days did you use a tanning bed or sun lamp?

(n=4980)

Mean number of days: 1.0
Reported any use of tanning bed or sun lamp: 5.8%
Mean number of days for those with any use: 16.9

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

State Added 4: Radon Gas

ID4.1 Have you heard of radon, which is a radioactive gas that occurs in nature?

(n=4965)

- 1 Yes (80.4%)
- 2 No (19.6%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID4.2 **[IF ID4.1=1]** Have you ever tested your house for radon?

(n=4135)

- 1 Yes (18.4%)
- 2 No (81.6%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID4.3 **[IF ID4.1=1]** "Radon is the leading cause of lung cancer among non-smokers." Do you agree or disagree with this statement?

(n=2228)

- 1 Agree (64.6%)
- 2 Disagree (35.4%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

State Added 5: Health and Safety

ID5.1 In your opinion, how often should the health department inspect a restaurant or food preparation establishment for compliance with safe food handling laws?

(n=4907)

- 1 Twice a year or more often (86.0%)
- 2 Once per year (12.1%)
- 3 Less often than once per year (1.1%)
- 4 Never (0.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID5.2 How important is a health and safety inspection of food establishments in protecting you from food borne illness?
(n=4951)

- 1 Very important (86.1%)
- 2 Somewhat important (11.2%)
- 3 Only slightly important (2.1%)
- 4 Not at all important (0.6%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

State Added 6: Physical Activity

ID6.1 Currently Idaho has no time duration guidelines for physical activity for children attending elementary, middle or high school. The national recommendation is that children receive 150 minutes per week or 30 minutes per day of structured activity in schools. Which of the following proposed guidelines for structured activity in schools would you prefer?
(n=4692)

- 1 Less than 30 minutes of physical activity per week (1.6%)
- 2 Between 30 and 90 minutes per week (14.4%)
- 3 Between 91 minutes and 120 minutes per week (or between 18 to 24 minutes per school day) (18.6%)
- 4 Between 121 minutes to 150 minutes per week (or 24 to 30 minutes per school day) (25.1%)
- 5 More than 150 minutes of physical activity per week (more than 30 minutes per school day) (40.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

State Added 7: Non-Medical Drug Use

ID7.1 I am now going to ask about your non-medical use of drugs. "Non-medical use" means using drugs not prescribed by a doctor, or used to get high or for curiosity. I will be referring to cocaine (including crack), heroin or drugs like heroin (such as codeine or Demerol), marijuana (also referred to as pot or hashish), methamphetamine (also known as meth, crank or ice), hallucinogens, inhalants, prescription painkillers, stimulants, and sedatives. Remember, all information on this survey is strictly confidential. Have you ever used any of the drugs I just mentioned?
(n=4937)

- 1 Yes (23.7%)
- 2 No (76.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID7.2 **[IF ID7.1=1]** How long has it been since you last used any of these drugs for non-medical purposes? Would you say ...
(n=900)

- 1 Within the last 30 days (0-30 DAYS) (11.3%)
- 2 More than 30 days but within the past 12 months (31 DAYS TO 12 MONTHS) (10.4%)
- 3 More than 12 months ago (78.4%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

State Added 8: Sexual Violence

ID8INT Now I'd like to ask you some questions about different types of physical and/or sexual violence or other unwanted sexual experiences. This information will allow us to better understand the problem of violence and unwanted sexual contact and may help others in the future. This is a sensitive topic. Some people may feel uncomfortable with these questions. At the end of this section, I will give you phone numbers for organizations that can provide information and referral for these issues. Please keep in mind that if you are not in a safe place you can ask me to skip any question you do not want to answer. Are you in a safe place to answer these questions?
(n=4939)

- 1 Yes (98.1%)
- 2 No (1.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID8.1 **[IF ID8INT=1]** In the past 12 months, has anyone touched sexual parts of your body after you said or showed that you didn't want them to, or without your consent (for example being groped or fondled)?
(n=4806)

- 1 Yes (0.9%)
- 2 No (99.1%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID8.2 **[IF ID8INT=1]** In the past 12 months, has anyone exposed you to unwanted sexual situations that did not involve physical touching? Examples include things like sexual harassment, someone exposing sexual parts of their body to you, being seen by a peeping Tom, or someone making you look at sexual photos or movies?
(n=4799)

- 1 Yes (1.4%)
- 2 No (98.6%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID8.3 **[IF ID8INT=1]** Now I am going to ask you about unwanted sex. Unwanted sex includes things like putting anything into your (IF FEMALE vagina,) anus, or mouth, or making you do these things to them after you said or showed that you didn't want to. It includes times when you were unable to consent, for example, you were drunk or asleep, or you thought you would be hurt or punished if you refused. Has anyone EVER had sex with you after you said or showed that you didn't want them to or without your consent?
(n=4784)

- 1 Yes (5.1%)
- 2 No (94.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID8.4 **[IF ID8INT=1 AND ID8.3=1]** Has this happened in the past 12 months?
(n=271)

- 1 Yes (2.7%)
- 2 No (97.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID8.5 **[IF ID8INT=1]** Has anyone ever attempted to have sex with you after you said or showed that you didn't want to or without your consent, but sex did not occur?
(n=4779)

- 1 Yes (6.4%)
- 2 No (93.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID8.6 **[IF ID8INT=1 AND ID8.5=1]** Has this happened in the past 12 months?
(n=330)

- 1 Yes (10.1%)
- 2 No (89.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID8.7 **[IF ID8INT=1 AND (ID8.3=1 OR ID8.5=1)]** Think about the time of the most recent incident involving a person who had sex with you or attempted to have sex with you after you said or showed that you didn't want to or without your consent. What was that person's relationship to you?
(n=420)

- 1 Current boyfriend/girlfriend (2.7%)
- 2 Former boyfriend/girlfriend (11.4%)
- 3 Fiancé (0.3%)
- 4 Spouse or live-in partner (5.0%)
- 5 Former spouse or former live-in partner (4.7%)
- 6 Someone you were dating (1.3%)
- 7 First date (2.5%)
- 8 Friend (20.4%)
- 9 Acquaintance (14.5%)
- 10 A person known for less than 24 hours (1.3%)
- 11 Complete stranger (17.3%)
- 12 Parent (1.9%)
- 13 Step-parent (2.4%)
- 14 Parents partner (0.2%)
- 15 Other relative (6.3%)
- 16 Neighbor (2.4%)
- 17 Co-worker (3.7%)
- 18 Other non-relative (0.6%)
- 19 Multiple perpetrators (1.1%)

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

ID8.8 **[IF ID8INT=1 AND (ID8.3=1 OR ID8.5=1) AND ID8.7<>20]** Was the person who did this male or female?
(n=425)

- 1 Male (93.4%)
- 2 Female (6.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Appendix C

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