

Region 5 Behavioral Health Community Board

Meeting Minutes – Regularly Scheduled Meeting

11:30 - 1:30

December 10, 2014

Members Present: Mary Christy, Tom Hanson, Angenie McCleary, Aime Muntz, Scott Rasmussen, Debbie Thomas, Lee Wilson

Members Excused: Dawn Anderson, Rick Huber, Helen Edwards

Was a Quorum established? (No) (more than half, 12 members, constitutes a Quorum)

Others Present: Rosie Andueza, Erin Dunning, Erica Estes, Frank Knight, Susan Koepnick, Lynn Opdycke, Matthew Smith, Mike Waite, Janelle Johnson, Kathy McRill

Note Taker Sally Bryan

I. Announcements

Board Member positions are:

- Debbie Thomas – Chairperson
- Tom Hanson – Vice Chairperson
- Mary Christy – Treasurer

II. Business

Approval of Minutes:

- Motion to Approve – Angenie McCleary
- Seconded: Jami Stroud

Legislative/Central Office updates – Rosie Andueza

DBH's Legislative Priorities

- SUD
 - Budget
 - ATR IV
 - PWWC – eligibility change; specialty network
- Recovery Centers
- SOAR Training

State Planning Council update -

Action Items from last meeting:

Sally will inform the Times News regarding our meeting times and dates.

Sally put the BHCBC meetings on a re-occurring calendar on the Times News events calendar.

Janelle Johnson will keep the Board updated on the progress of CIT Training plans.

On March 20th there will be a De-Escalation speaker in which law enforcement will be invited.

A 40-hour CIT training is being planned in April 2015 for Twin Falls area. A CIT Training in Wood River area is being planned for fall 2015.

Bev Ashton will make the reservation for the Lincoln County Community Center for the Mental Health First Aid Training once the date is finalized. Amanda Lehto is the person setting up the training. Done

III. Discussion:

Vacant positions that need to be filled are:

- Private Provider of Mental Health Services
- Law Enforcement

Nominations can be sent to Erica Estes

Nominations will be open until December 19th at 5:00 PM.

Lynn Opdycke was nominated for the Private Provider member

Sue Koenick self-nominated for the Private Provider member

Erica Estes will be accepting nominations. She will send an email with details.

Membership approval process:

The appointing authority consists of the current Board Chairperson and the Regional Program Manager. The process will include open nominations, followed by acceptance of applications and Board feedback, prior to the appointing authority making the appointment.

Activity :

One year from now . . .	The “bump” in the road . . .
<ul style="list-style-type: none">• Mission statement/by-laws/focus/energy/equal voices/get media active• Transitioned to action group• All the seats full• Active in the community• Making a difference• Being a resource• Presence in the community as representatives of BH• Keep moving forward• Knowing others strengths and utilizing them• Increase recovery and resiliency services for the region• Transitioning to a more formal structure• Building team adhesion• Educating the masses on the cost of crisis that could be averted with money and services up front (The cost of crisis)• Speak the same language/ goals• Knowing our direction	<ul style="list-style-type: none">• Running out of gas/losing steam• People won't speak up/slow process• Retention of Board members• Need more active members• Need people with passion• Confidence to speak up• Funding Availability• Time & Focus• Too many directions• Staying motivated and working• Don't forget to celebrate successes• Being able to have an impact throughout the region• Utilizing members• Loss of community based services• A lot to accomplish in a short amount of time.

Discussion continued:

The purpose of this activity is to help us have a vision so we can move to action.

Ideas for a Mission Statement:

“We can overcome the stigma of mental illness and addiction by replacing it with compassion, accurate information and fostering community action in creating community resources.”

Accurate information needs to be in the media.

Improving the health of the community and better outcomes for our region is important.

“Enhancing the health of the community”

Replace “compassion” with “empathy” or “understanding”

Empower is a good word

A final version will be voted on at the next meeting.

Our region has a little less than \$15,000 to use to move the board forward. This money is made available every year for the Board start up.

Medical Reserve Corp. presentation – Angie Durham with South Central Public Health

A copy of the flyer will be attached to minutes or visit www.volunteer.idaho.org

Central Office/Legislative update – Rosie Andueza

- Funding for two more crisis centers is on the horizon.
- There are a lot of changes to SUD rules. If you are interested in having input on these changes please attend meetings.
- ATR 4 is beginning.
 - Outreach has been ongoing to assist the homeless.
 - The PWWC definition is being expanded to Pregnant Women and Women with Children to the age of three at the time of screening.
 - Outreach will be done in places like WIC.
 - Send those who need help to BPA who can access the funding.
- Recovery centers are being looked at in targeted counties.
- SOAR Training is available if a wanted. There needs to be 8 – 10 people to support training.

IV. Subcommittee’s did not meet

Next Meeting: January 14, 2015