



Results from the 2011
Behavioral Risk Factor
Surveillance System

Idaho Behavioral Risk Factors

Bureau of Vital Records
and Health Statistics
Idaho Department of
Health and Welfare

April 2014

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Acknowledgments

This project was funded in part by grants from the Centers for Disease Control and Prevention, numbers 5U58DP001964-02 and 1U58SO000055-01, and administered via a cooperative agreement with the Idaho Bureau of Vital Records and Health Statistics. The contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention.

Special thanks go to Jeff Harder of Boise, Idaho, for his excellent artwork and his design of the cover.

The Idaho Department of Health and Welfare would like to thank the citizens of Idaho who have participated in the Behavioral Risk Factor Surveillance System.

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This report is available electronically at <http://healthstatistics.dhw.idaho.gov>.

For more details on this project or any of the survey results, please contact the Bureau of Vital Records and Health Statistics at (208) 332-7326.

Suggested Citation

Idaho Behavioral Risk Factors: Results from the 2011 Behavioral Risk Factor Surveillance System. Idaho Department of Health and Welfare, Division of Health, Bureau of Vital Records and Health Statistics, 2014.

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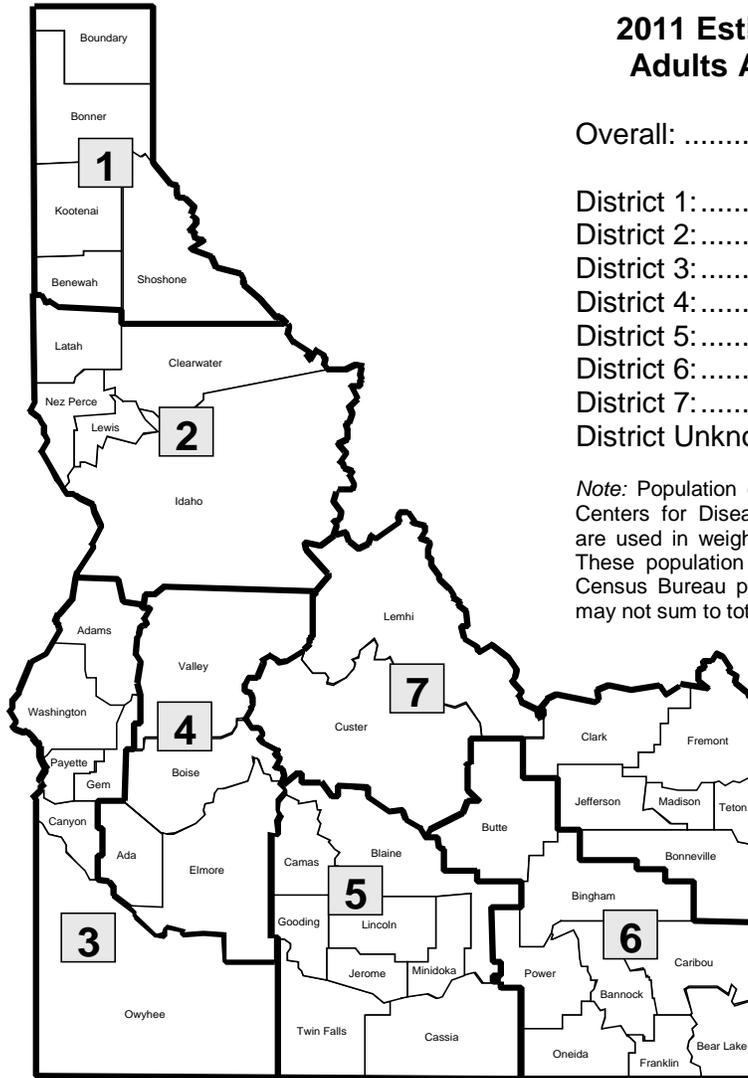
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Map of Idaho Public Health Districts

Idaho is divided into seven public health districts, with each of the districts containing four to eight counties. The seven health districts are independent agencies governed by a local board appointed by the county commissioners within the district.



2011 Estimated Population Adults Aged 18 and Over

Overall:	1,152,832
District 1:.....	163,832
District 2:.....	80,683
District 3:.....	178,964
District 4:.....	305,501
District 5:.....	128,759
District 6:.....	114,986
District 7:.....	131,320
District Unknown	48,786

Note: Population estimates are obtained from the Centers for Disease Control and Prevention and are used in weighting BRFSS data (see page 2). These population estimates may differ from U.S. Census Bureau population figures. District figures may not sum to total due to rounding.

Panhandle Health District	North Central District Health Department	Southwest District Health	Central District Health Department	South Central Public Health District	Southeastern Idaho Public Health	Eastern Idaho Public Health District
District 1	District 2	District 3	District 4	District 5	District 6	District 7
Benewah Bonner Boundary Kootenai Shoshone	Clearwater Idaho Latah Lewis Nez Perce	Adams Canyon Gem Owyhee Payette Washington	Ada Boise Elmore Valley	Blaine Camas Cassia Gooding Jerome Lincoln Minidoka Twin Falls	Bannock Bear Lake Bingham Butte Caribou Franklin Oneida Power	Bonneville Clark Custer Fremont Jefferson Lemhi Madison Teton

Idaho Behavioral Risk Factor Surveillance System

Introduction

Chronic diseases and injuries comprise nine of the ten leading causes of death nationally and in Idaho. Deaths from influenza and pneumonia, infectious diseases for which preventive vaccines are available, comprise the remaining category (1,2).

Monitoring of modifiable risk factors for these diseases and injuries, as well as the use of preventive health services, is vital to planning and implementing public health education and intervention programs at the state and local level. Monitoring helps track progress toward achieving public health objectives. Systematic, ongoing monitoring and assessment of health indicators in the population is known as public health surveillance.

The Behavioral Risk Factor Surveillance System (BRFSS) is a public health surveillance program developed and partially funded by the Federal Centers for Disease Control and Prevention (CDC). The BRFSS is designed to provide state and sub-state estimates of the prevalence of chronic diseases, conditions, and health-related behaviors associated with the major causes of death and disability. Idaho has worked with CDC to conduct the BRFSS since its inception in 1984. Since then, the BRFSS has grown to include all 50 states, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, Guam, American Samoa, and Palau.

BRFSS data are used to identify emerging health problems and to develop and evaluate public health programs. BRFSS information is used by the general public, the media, health researchers and clinicians, and policy makers such as legislators and public health officials. For certain state and national objectives, the BRFSS is the only source of data. BRFSS is unique in providing data enabling state health policymakers to assess their own states' needs and determine progress toward goals.

Methods

Data Collection

The 2011 Idaho BRFSS used random-digit-dialed (RDD) surveys of adult (aged 18 and older) landline and cellular telephone users. Landline telephone numbers were sampled using disproportionately stratified sampling (DSS) with the state's seven public health districts defined as strata. Interviewers conducted a minimum of 700 landline interviews in each public health district. For each landline household contacted, one adult was randomly selected for interviewing from among all adults living in the household. Cellular telephone users were sampled randomly statewide. In 2011, the cell phone survey was restricted to those adults who used a cell phone for 100% of their calls.

The survey instrument was a questionnaire comprised of three parts. The core component included questions standardized by CDC and asked in all states. An optional module component included questions standardized, edited, and evaluated by CDC and which addressed Idaho's needs. These optional questions, however, were not asked in all states. A state-added component included further questions not edited or evaluated by CDC but which addressed Idaho's needs. Landline respondents were asked the full questionnaire. Cell phone respondents were asked only the core component.

Trained interviewers used computer-assisted telephone interviewing (CATI) software to record responses.

Data Weighting

Ideally, all Idaho adults would have an equal chance of being surveyed and the sample would accurately represent the state's population. Sample design and random chance, however can affect the probability of selection. For example, people with multiple phones were more likely to be called. The sample may not include all population groups proportionately, and some demographic subgroups may have lower response rates. Known differences between the sample and the population due to sample design and population factors were accounted for by data weighting. A brief introduction to survey data weighting is available from the American Association of Public Opinion Research (AAPOR) (3).

In 2011, the BRFSS implemented a new weighting method known as raking or iterative proportional fitting. Raking improves the accuracy of BRFSS results by accounting for cell phone surveying and adjusting for a greater number of demographic differences between the survey sample and the statewide population. Raking replaced the previous weighting method known as post-stratification and is a primary reason why results from 2011 are not directly comparable to 2010 or earlier. The 2011 data should be considered a new baseline for future comparisons.

A summary of changes to the 2011 BRFSS methodology is available online from CDC (4). A more detailed report on the changes in BRFSS methodology and the effects on subsequent BRFSS estimates is presented by Pierannunzi, et al. (5).

Data Analysis

Idaho used SAS® v9.2 software for data manipulation and risk factor creation. Idaho used SAS-callable SUDAAN® (Survey Data Analysis) v10.0.1 software for statistical testing and calculation of confidence limits. SUDAAN takes into account the complex sampling design of the BRFSS survey. All "don't know," "not sure," and "refused" responses were excluded from analyses.

Statistically significant bivariate comparisons were determined by comparing 95% confidence intervals. Non-overlapping 95% confidence intervals were considered statistically significant ($p < 0.05$). Statistically significant trends over time were determined using the Cochran-Mantel-Haenszel test for trend ($p < 0.05$).

Reporting

Prevalence estimates are reported as percentages. Estimates with fewer than 50 respondents in the denominator are considered statistically unreliable and are suppressed. The BRFSS has adopted this standard to maintain a high degree of reliability. Suppressed estimates are indicated in data tables with an asterisk (*).

Differences between estimates are reported throughout BRFSS publications. Differences determined to be statistically significantly different are designated as such and are preceded by the words "significantly" or "statistically".

Data Limitations

Errors in estimation can result from BRFSS data being self-reported, e.g., certain behaviors may be underreported (6). Another source of error is based on sampling, as samples may deviate somewhat from the population. Additional errors may occur due to the population from which the sample is drawn. In order to be cost effective, the sample was limited to adults aged 18 and older who were non-institutionalized, lived in a household with either a landline telephone or who used a cell phone 100% of the time, and could communicate in English or Spanish. This excluded people in prisons or housed in medical facilities, those who exclusively spoke a

language other than English or Spanish, and others who could not communicate by telephone. Spanish interviewing for the Idaho BRFSS began in midyear 2004. The first complete year with Spanish interviews was 2005.

The Federal Communications Commission estimated 96.0% of Idaho households had telephone service in 2008 (7). With ongoing changes in telephone technology, there has been an increase in households with cellular telephones only. These households were likely underrepresented in the 2011 sampling frame for the BRFSS. Although data weighting helped account for the underrepresentation, there may be additional unknown bias as result of the small sample size (6).

Results

Number of Interviews

The 2011 survey included 6,077 interviews overall; 5,494 were conducted by landline phone, and 583 were conducted by cell phone.

Idaho vs. U.S. Medians

Idaho adults who ...	2011 Idaho Percent	2011 U.S. Median Percent*
Reported their general health as "fair" or "poor"	15.4	16.9
Did not have health care coverage	22.1	17.9
Did not have dental insurance	47.7	n/a
Had ever been told they had diabetes	9.4	9.5
Were diagnosed and still had asthma	9.2	9.1
Had ever been told they had arthritis	23.1	24.4
Had high cholesterol, among those screened	38.5	38.4
Were told they had high blood pressure	29.4	30.8
Did not participate in leisure time physical activity	21.4	26.2
Ate fewer than five servings of fruits and vegetables daily	82.5	83.3

* Median percent of all states and District of Columbia (51)

n/a = data not available

Idaho vs. U.S. Medians (continued)

Idaho adults who ...	2011 Idaho Percent	2011 U.S. Median Percent*
Were overweight (BMI \geq 25)	62.3	63.8
Were obese (BMI \geq 30)	27.0	27.8
Smoked cigarettes	17.2	21.1
Were binge drinkers (\geq 4 alcoholic drinks on single occasion for females, \geq 5 alcoholic drinks on single occasion for males)	16.6	18.3
Were heavy drinkers (>30 alcoholic drinks in past 30 days for females, >60 alcoholic drinks in past 30 days for males)	6.2	6.6
Used illicit drugs in the last 12 months	5.6	n/a
Had not had cholesterol checked within the last five years	32.0	24.5
Had not visited the dentist in the last 12 months	34.2	n/a

* Median percent of all states and District of Columbia (51)

n/a = data not available

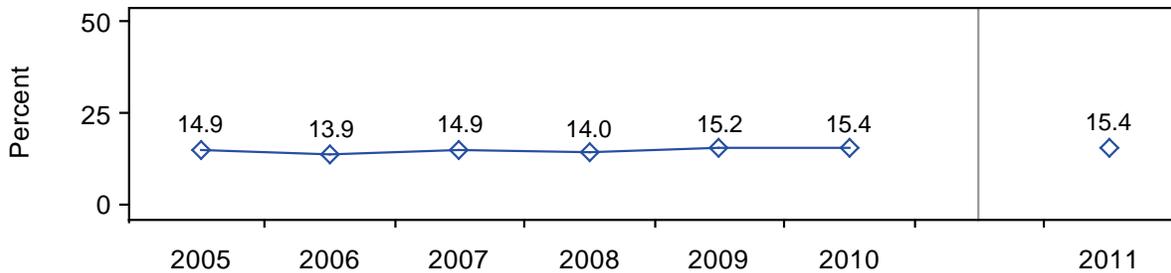
General Health

General Health Status

Respondents were asked to rate their health as “excellent”, “very good”, “good”, “fair”, or “poor.”

15.4% of Idaho adults rated their health as "fair" or "poor" in 2011. Between 2005 and 2010 there was no significant trend in the prevalence of "fair" or "poor" health.

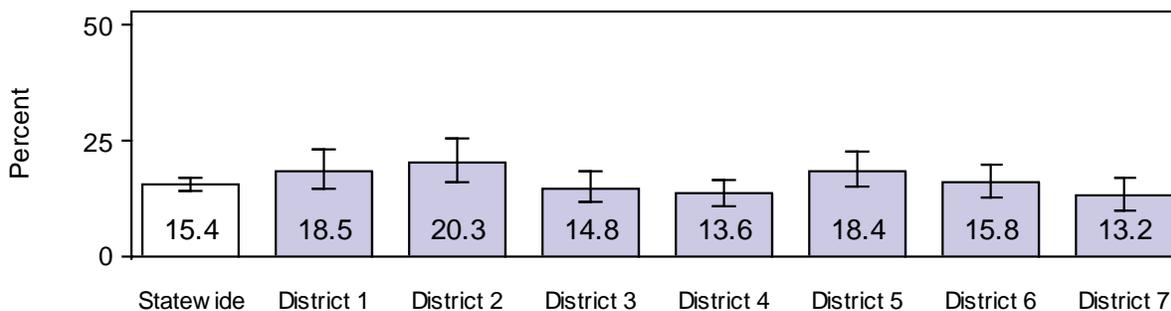
Idaho adults with “fair” or “poor” general health, 2005-2010 and 2011*



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

No public health district's percentage of adults with "fair" or "poor" health differed significantly from the statewide percentage.

Idaho adults with “fair” or “poor” general health by public health district, 2011



“Fair” or “poor” health was associated with:

- Age: 19.8% for ages 45 and older vs. 10.9% for ages 18-44
- Household income less than \$35,000: 22.7% vs. 8.7% for \$35,000+
- Being unemployed, a student, homemaker, retiree, or unable to work: 23.1% vs. 9.6% for employed
- Lower levels of education: 34.1% for K-11, 15.0% for high school graduate or some college, and 6.2% for college graduate.

General Health

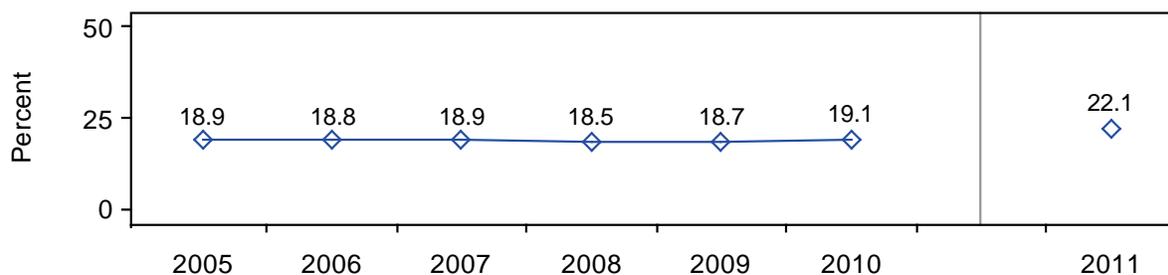
Health Care Coverage

Health care coverage was defined as having health insurance, prepaid plans such as HMOs, or government plans such as Medicare.

22.1% of Idaho adults did not have health care coverage in 2011.

Between 2005 and 2010 there was no significant trend in the percentage of adults without health care coverage.

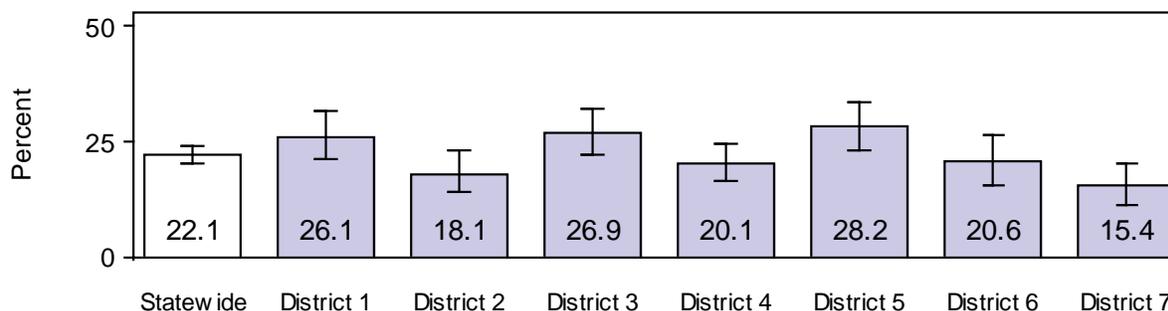
Idaho adults without health care coverage, 2005-2010 and 2011*



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

No public health district's percentage of adults without health care coverage differed significantly from the statewide percentage.

Idaho adults without health care coverage by public health district, 2011



Not having health care coverage was associated with:

- Younger age: 35.0% for 18-34, 21.0% for 35-64, and 1.5% for 65+
- Lower household income: 36.7% for less than \$35,000 vs. 8.9% for \$35,000+
- Being unemployed: 50.1% vs. 23.9% for employed
- Less education: 43.0% for less than high school/GED, 28.5% for high school graduate, 17.5% for some college, and 9.0% for college graduate
- Being Hispanic: 50.1% vs. 19.2% for non-Hispanic.

General Health

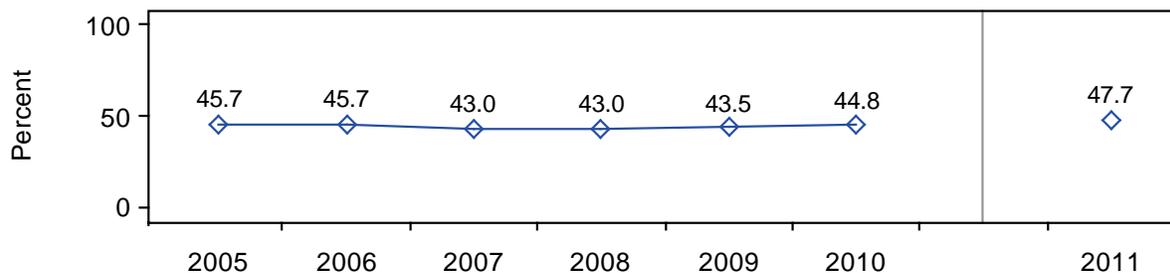
Dental Insurance

In addition to dental insurance, prepaid plans such as HMOs, and government plans such as Medicare that paid for some or all of routine dental care were included in this category

47.7% of Idaho adults did not have dental insurance in 2011.

Between 2005 and 2010 there was no significant trend in the percentage of adults without dental insurance.

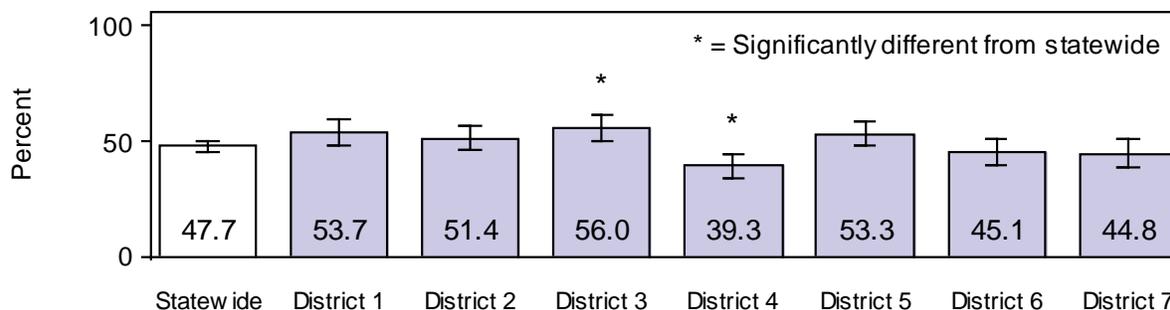
Idaho adults without dental insurance, 2005-2010 and 2011*



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

Among Idaho public health districts, District 3 had a significantly higher percentage and District 4 had a significantly lower percentage of adults without dental insurance compared with the statewide percentage.

Idaho adults without dental insurance by public health district, 2011



Not having dental insurance was associated with:

- Being age 65 or older: 69.8% vs. 43.2% for ages 18-64
- Household income less than \$35,000: 66.7% vs. 29.3% for \$35,000+
- Being unemployed, a student, homemaker, retiree, or unable to work: 56.8% vs. 37.9% for employed
- Not being a college graduate: 51.7% vs. 34.0% for college graduates
- Being Hispanic: 61.8% vs. 46.3% for non-Hispanic.

Chronic Disease Prevalence

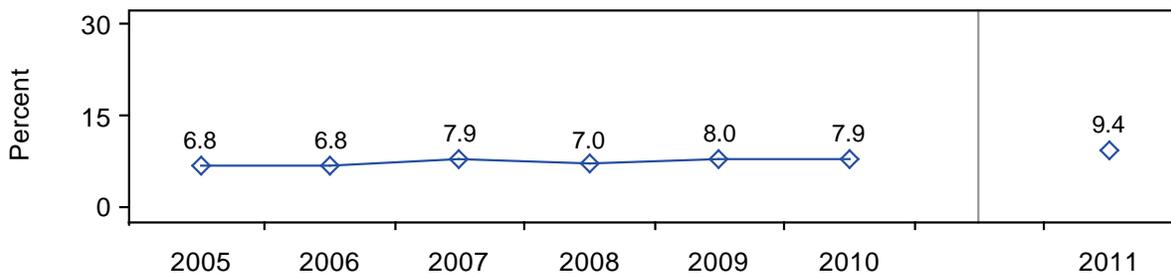
Diabetes

Respondents were asked whether they had been told by a doctor or other health professional they had diabetes. This figure does not include women told they had diabetes only during pregnancy.

9.4% of Idaho adults in 2011 had ever been diagnosed with diabetes.

Between 2005 and 2010, there was a significant upward trend in the percentage of Idaho adults diagnosed with diabetes.

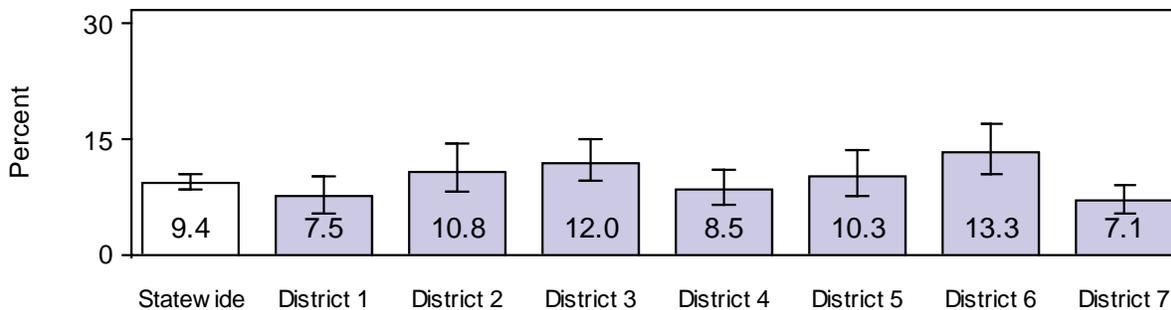
Idaho adults ever diagnosed with diabetes, 2005-2010 and 2011*



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

No public health district had a prevalence of diabetes significantly different from the statewide prevalence.

Idaho adults ever diagnosed with diabetes by public health district, 2011



Having a diagnosis of diabetes was associated with:

- Increasing age: 2.4% for 18-34, 10.0% for 35-64, 20.7% for 65+
- Lower household income: 11.0% for less than \$50,000 vs. 6.1% for \$50,000+
- Being a student, homemaker, retiree, or unable to work: 15.9% vs. 5.8% for those either employed or unemployed
- Not being a college graduate: 10.1% vs. 6.7% for college graduates.

Chronic Disease Prevalence

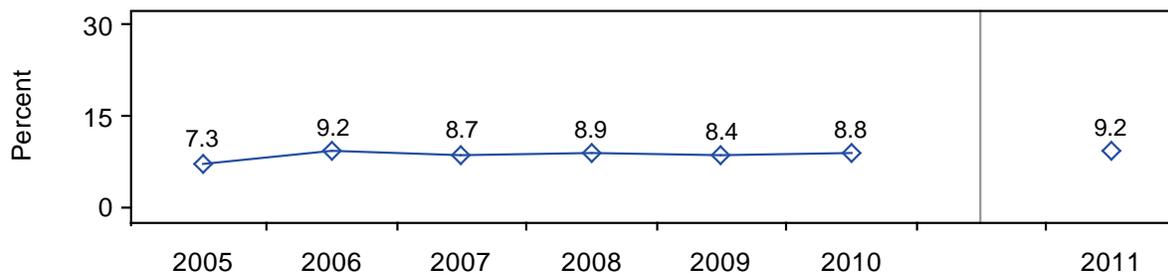
Asthma

The Idaho BRFSS reports asthma as those adults who had ever been told by a doctor or other health professional they had asthma and who indicated they still had asthma.

9.2% of Idaho adults had been diagnosed and currently had asthma in 2011.

Between 2005 and 2010 there was no statistically significant trend in the prevalence of adults who were diagnosed with and currently had asthma.

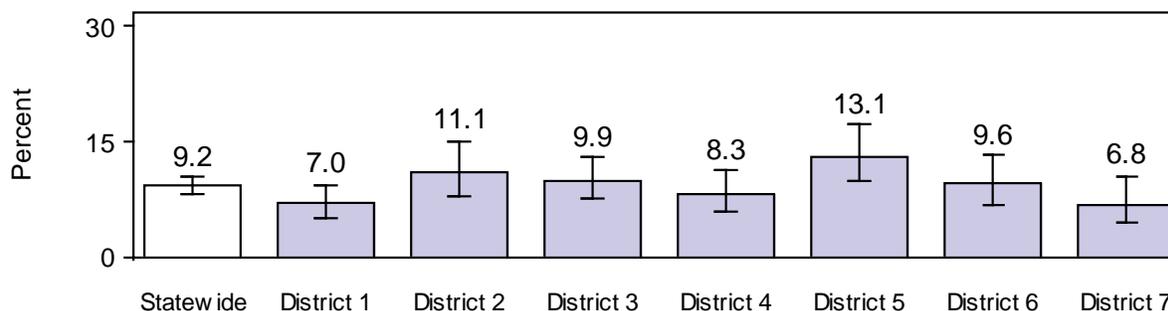
Idaho adults ever diagnosed with and still had asthma, 2005-2010 and 2011*



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

Among Idaho public health districts, no district had a prevalence of asthma significantly different from the statewide prevalence.

Idaho adults ever diagnosed with and still had asthma by public health district, 2011



Having current asthma was associated with:

- Being female: 11.1% vs. 7.4% for males
- Lower household income: 10.7% for less than \$50,000 vs. 6.2% for \$50,000+
- Being a student, homemaker, retiree, or unable to work: 11.5% vs. 7.8% for employed
- Lower education: 16.6% for less than high school/GED vs. 8.2% for high school graduate or higher.

Chronic Disease Prevalence

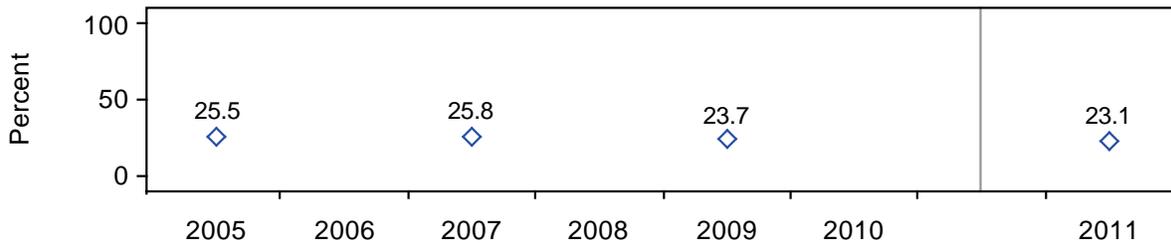
Arthritis

Respondents were asked whether they had been told by a doctor or other health professional they had some form of arthritis.

23.1% of Idaho adults had a diagnosis of arthritis in 2011.

There was no significant trend in arthritis prevalence between 2005 and 2010.

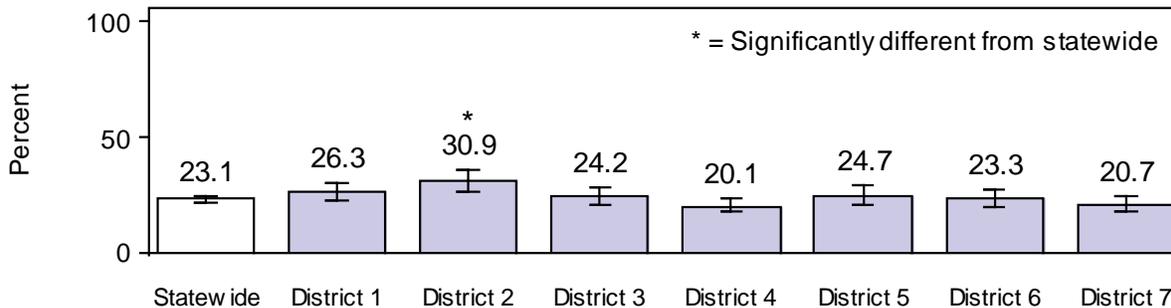
Idaho adults ever diagnosed with arthritis, 2005-2010 and 2011*
Breaks in the trendline indicate data are not available for those years



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

Among Idaho public health districts, District 2 had a prevalence of arthritis significantly higher than the statewide prevalence.

Idaho adults ever diagnosed with arthritis by public health district, 2011



Having current asthma was associated with:

- Being female: 26.0% vs. 20.1% for males
- Increasing age: 5.9% for 18-34, 24.4% for 35-64, and 51.1% for 65+
- Lower household income: 25.0% for less than \$50,000 vs. 18.7% for \$50,000+
- Being unemployed, a student, homemaker, retiree, or unable to work: 33.5% vs. 15.2% for employed
- Being non-Hispanic: 23.8% vs. 14.5% for Hispanic adults.

Chronic Condition Prevalence

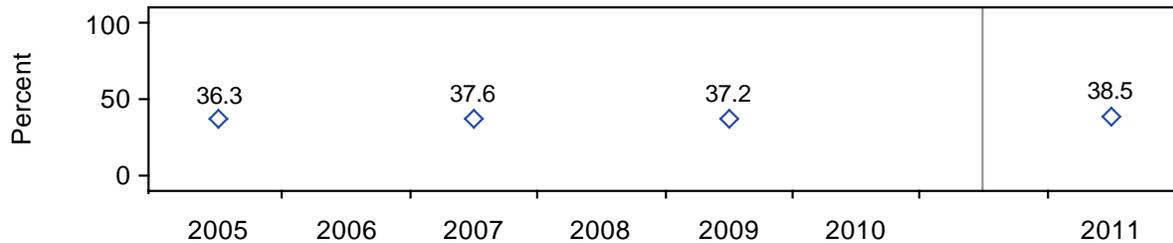
High Cholesterol

Respondents were asked whether they had been told by a doctor or other health professional they had high cholesterol. This figure includes only those adults who were screened.

38.5% of Idaho adults who were screened were diagnosed with high cholesterol in 2011.

There was no significant trend between 2005 and 2010 in the prevalence of high cholesterol among screened adults.

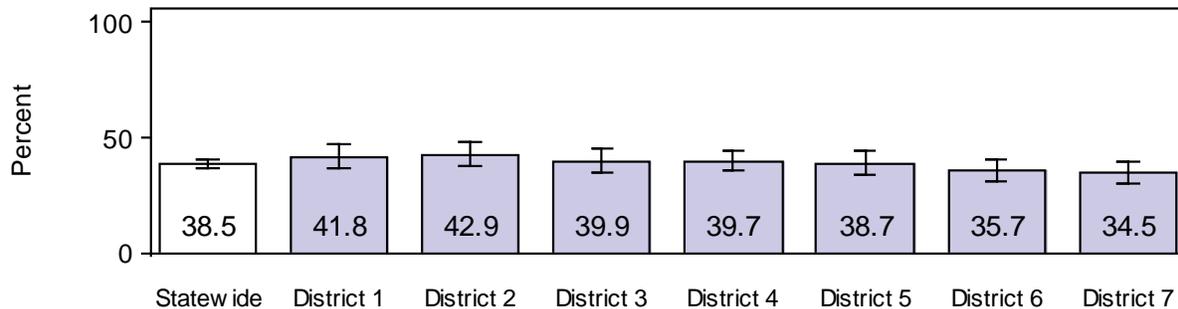
Idaho adults screened for and diagnosed with high cholesterol, 2005-2010 and 2011*
Breaks in the trendline indicate data are not available for those years



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

No public health district had a prevalence of high cholesterol among screened adults significantly different from the statewide prevalence.

Idaho adults screened for and diagnosed with high cholesterol by public health district, 2011



Among those screened, having high cholesterol was associated with:

- Increasing age: 13.9% for 18-34, 38.8% for 35-64, and 57.0% for 65+
- Lower household income: 41.3% for less than \$50,000 vs. 33.7% for \$50,000+
- Being a student, homemaker, retiree, or unable to work: 48.4% vs. 32.2% for employed or unemployed
- Not being a college graduate: 40.2% vs. 33.7% for college graduates.

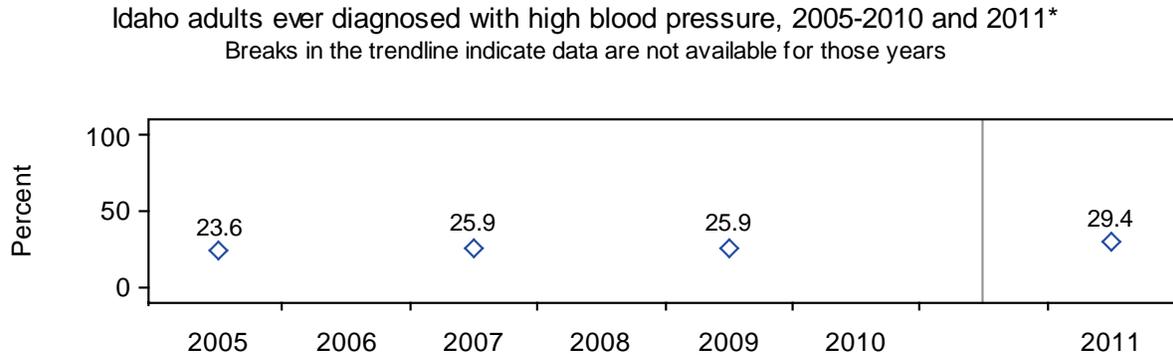
Chronic Condition Prevalence

High Blood Pressure

Respondents were asked whether they had been told by a doctor or other health professional they had high blood pressure.

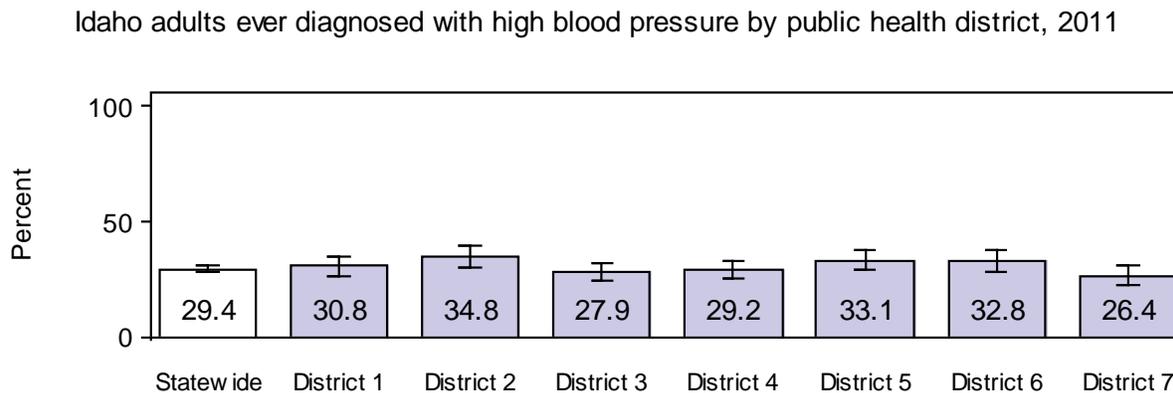
29.4% of Idaho adults had a diagnosis of high blood pressure in 2011.

Between 2005 and 2010, there was an increasing trend in the percentage of adults diagnosed with high blood pressure.



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

No public health district had a prevalence of diagnosed high blood pressure significantly different from the statewide prevalence.



Having high blood pressure was associated with:

- Increasing age: 12.4% for 18-34, 30.2% for 35-64, 59.2% for 65+
- Low household income: 35.3% for less than \$15,000 vs. 25.5% for \$75,000+
- Being unemployed, a student, homemaker, retiree, or unable to work: 38.6% vs. 22.5% for employed
- Not being a college graduate: 30.7% vs. 24.9% for college graduates.

Health Risk Behaviors

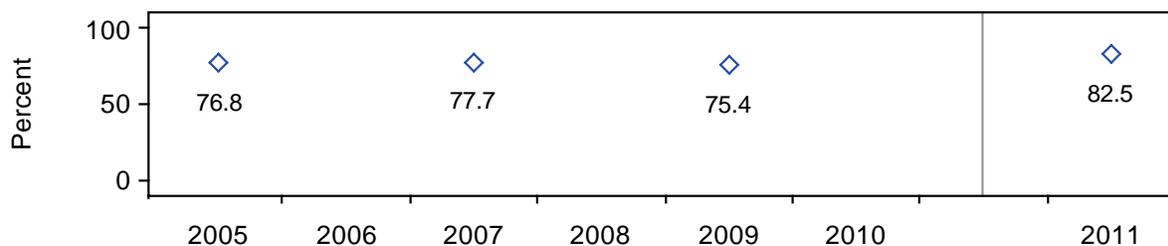
Fruit and Vegetable Consumption

Respondents were asked about the fruits and vegetables they ate. Responses were analyzed to determine whether respondents ate at least five servings of fruits and vegetables daily.

82.5% of Idaho adults did not eat five servings of fruits and vegetables daily in 2011.

Between 2005 and 2010, there was no significant trend in the percentage of adults who ate five servings of fruits and vegetables daily.

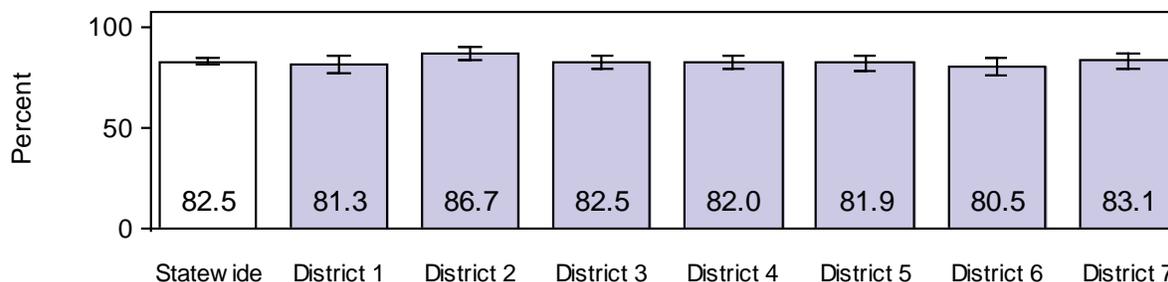
Idaho adults who did not eat 5 servings of fruits and vegetables daily 2005-2010 and 2011*
Breaks in the trendline indicate data are not available for those years



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

No public health district had a percentage of adults who did not eat five servings of fruits and vegetables daily that was significantly different from the statewide percentage.

Idaho adults who did not eat 5 servings of fruits and vegetables daily by public health district, 2011



Not eating five servings of fruits and vegetable daily was associated with:

- Being male: 86.9% vs. 78.2% for females
- Not being a college graduate: 83.7% vs. 78.3% for college graduates
- Being non-Hispanic: 83.4% vs. 73.7% for Hispanic adults.

Health Risk Behaviors

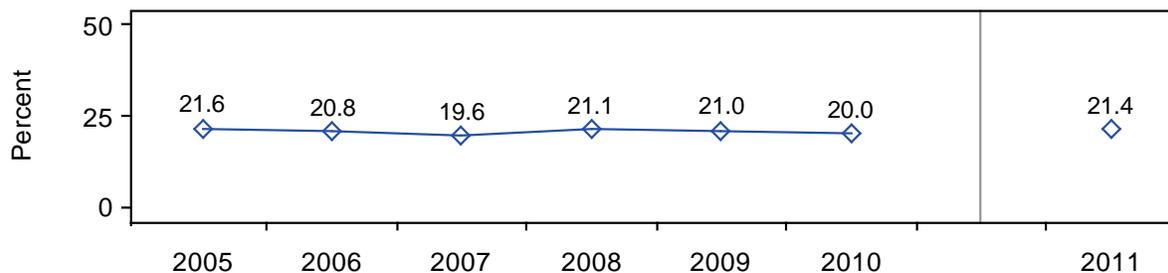
Physical Activity

Physical activity was defined as any activity, such as running, golf, gardening, or walking for exercise, in which a person participated outside of their regular job during the past month.

21.4% of Idaho adults did not participate in physical activity in the past month in 2011.

There was no significant trend between 2005 and 2010 in the percentage of Idaho adults who did not participate in non-job related physical activity.

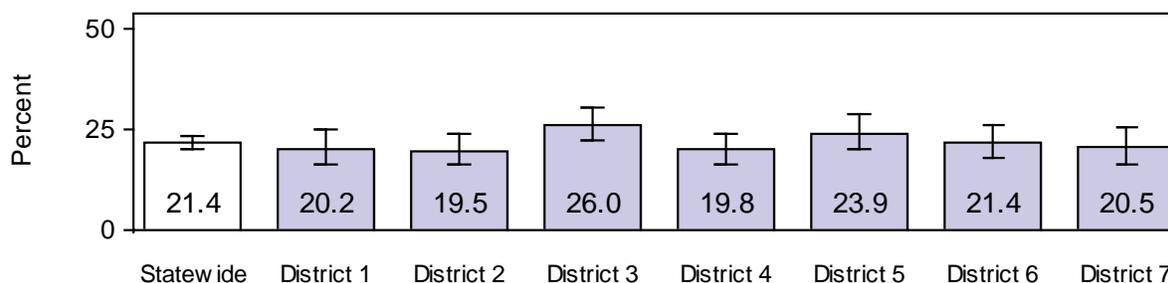
Idaho adults who did not participate in leisure time physical activity, 2005-2010 and 2011*



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

No public health district had a percentage of adults who did not participate in leisure time physical activity during the past month significantly different from the statewide percentage.

Idaho adults who did not participate in leisure time physical activity by public health district, 2011



Not participating in physical activity was associated with:

- Being 65 or older: 31.7% vs. 19.3% for age 18-64
- Lower household income: 25.9% for less than \$50,000 vs. 12.1% for \$50,000+
- Education levels: 42.7% for less than high school/GED, 20.9% for high school graduate or some college and 11.0% for college graduate.
- Being Hispanic: 31.5% vs. 20.4% for non-Hispanic adults.

Health Risk Behaviors

Body Mass Index

Body Mass Index (BMI) is an index based on height and weight used to categorize an adult as not overweight or obese, overweight, or obese. BMI is calculated using the following formula:

$$\frac{\text{Weight in kilograms}}{(\text{Height in meters})^2}$$

The following table illustrates common BMI classifications that are used in this report.

BMI Category	BMI
Not Overweight or Obese*	< 25.0
Overweight**	25.0 +
Obese	30.0 +

*The category “Not Overweight or Obese” also includes adults who are underweight based on BMI < 18.5. Although underweight is a recognized health risk, only 2.6 percent of Idaho’s adult population fell into the underweight category in 2010.

** The category Overweight *includes* the category Obese.

Health Risk Behaviors

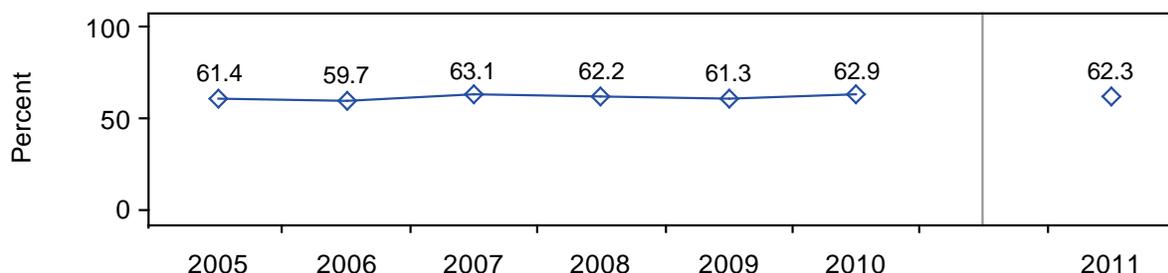
Overweight

Adults with a BMI of 25 or greater were considered overweight. This definition includes adults who were obese (BMI of 30 or greater).

62.3% of adults in Idaho were overweight in 2011.

Between 2005 and 2010, there was no significant trend in the percentage of overweight adults

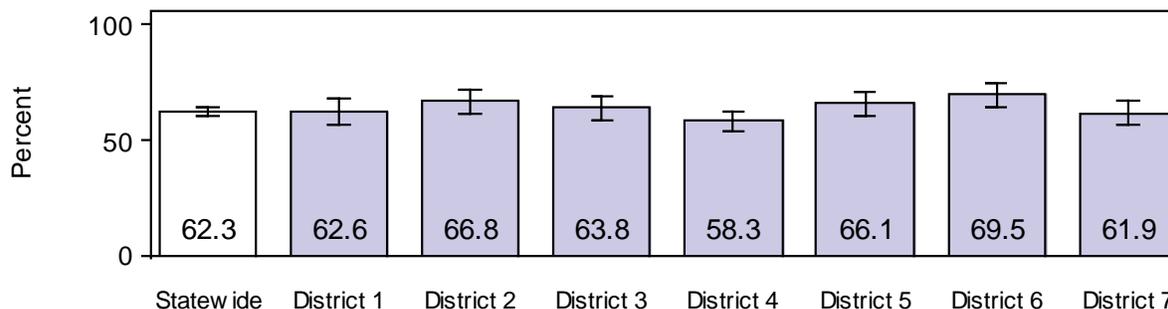
Idaho adults who were overweight, 2005-2010 and 2011*



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

No public health district had a significantly different percentage of overweight adults than the statewide percentage.

Idaho adults who were overweight by public health district, 2011



Being overweight was associated with:

- Being male: 68.5% vs. 55.6% for females
- Age 35 and older: 69.2% vs. 47.9% for ages 18-34.

Health Risk Behaviors

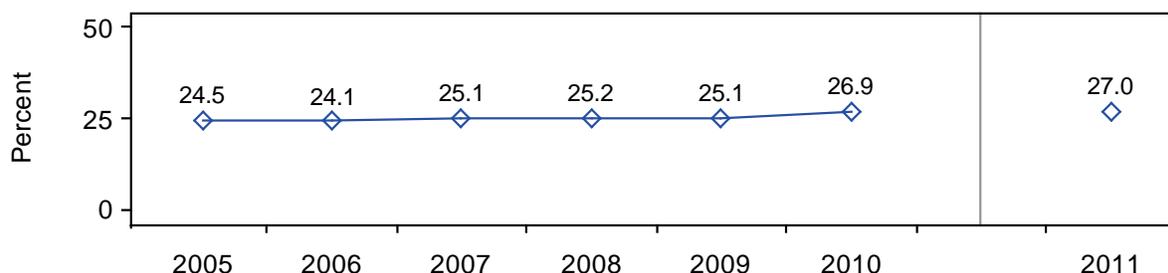
Obesity

Adult obesity was defined as having a BMI of 30 or greater.

27.0% of adults in Idaho were obese in 2011.

Between 2005 and 2010, there was a significantly increasing trend in the percentage of Idaho adults who were obese.

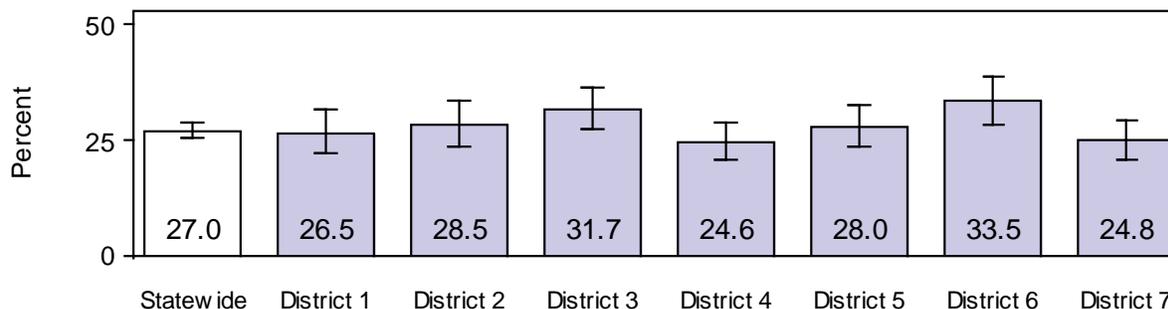
Idaho adults who were obese, 2005-2010 and 2011*



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

No public health district had a significantly different percentage of obese adults than the statewide percentage.

Idaho adults who were obese by public health district, 2011



Being obese was associated with:

- Age 35-64: 30.9% vs. 23.1% for ages 18-34 and 65+
- Not being a college graduate: 28.6% vs. 21.5% for college graduates.

The prevalence of obesity was statistically similar between genders, between Hispanic and non-Hispanic adults, and across income levels and employment status categories.

Health Risk Behaviors

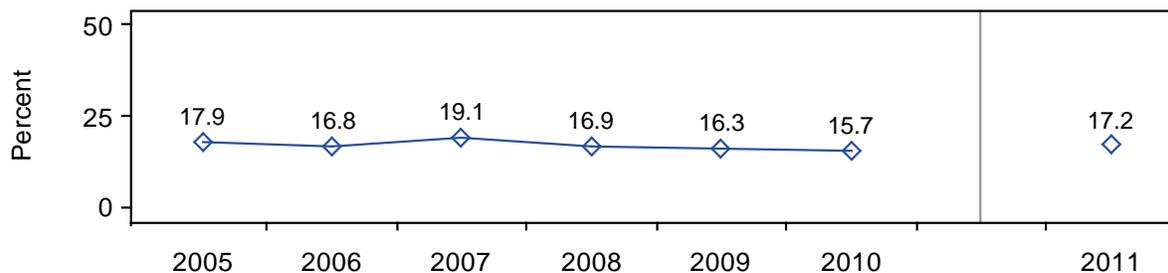
Cigarette Smoking

Adults were classified as cigarette smokers if they smoked at least 100 cigarettes in their lifetimes and currently smoked every day or some days.

17.2% of Idaho adults were current smokers in 2011.

There was a significant decreasing trend between 2005 and 2010 in the percentage of Idaho adults who were current smokers.

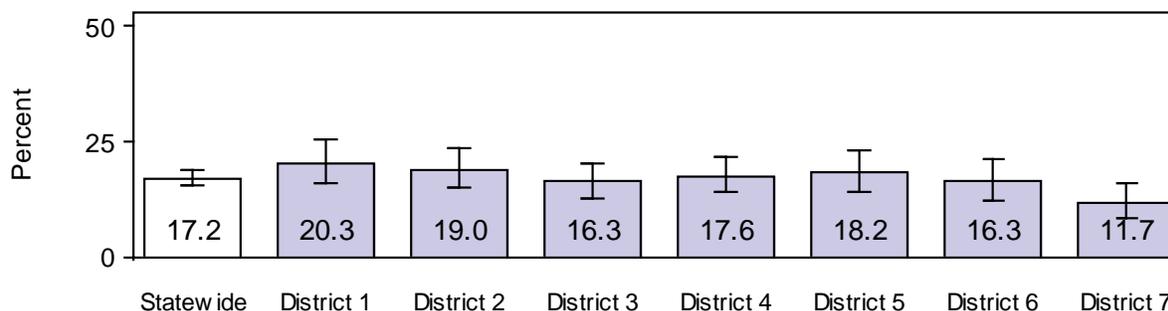
Idaho adults who were current cigarette smokers, 2005-2010 and 2011*



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

No public health district had a prevalence of cigarette smoking statistically different from the statewide prevalence.

Idaho adults who were current cigarette smokers by public health district, 2011



Being a current smoker was associated with:

- Age less than 65: 19.1% vs. 8.4% for 65+
- Household income less than \$35,000: 24.4% vs. 11.3% for \$35,000+
- Being unemployed: 29.9% vs. 16.1% for being a student, homemaker, retiree, unable to work, or employed
- Lower levels of education: 25.3% for high school/GED or less, 15.0% for some college, and 5.2% for college graduate.

Health Risk Behaviors

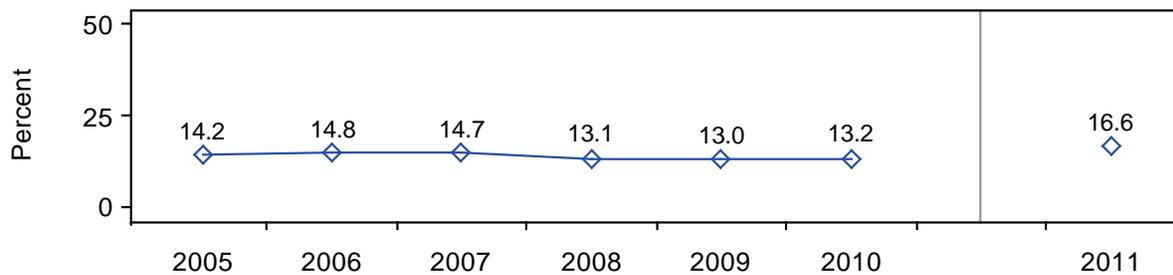
Binge Drinking

Binge drinking for females was defined as consuming four or more alcoholic beverages on one occasion in the last 30 days. For males, binge drinking is five or more alcoholic beverages on one occasion in the last 30 days.

16.6% of adults in Idaho were binge drinkers in 2011.

Between 2005 and 2010, there was a slight, but significantly declining trend in the prevalence of binge drinking among adults.

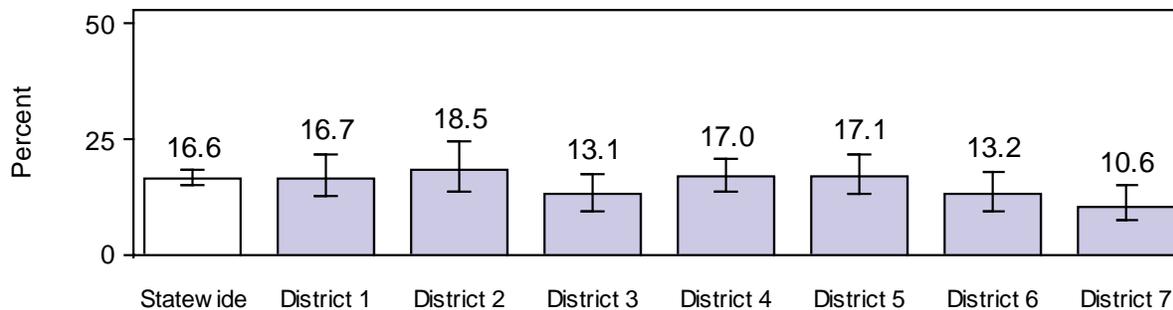
Idaho adults who were binge drinkers, 2005-2010 and 2011*



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

No public health district had a prevalence of binge drinking significantly different from the statewide prevalence.

Idaho adults who were binge drinkers by public health district, 2011



Binge drinking was associated with:

- Being male: 22.0% vs. 11.2% for females
- Younger age groups: 25.9% for 18-34, 14.4% 35-64, and 4.9% for 65+
- Being employed or unemployed: 21.9% vs. 7.0% for students, homemakers, retirees, or those unable to work.

Health Risk Behaviors

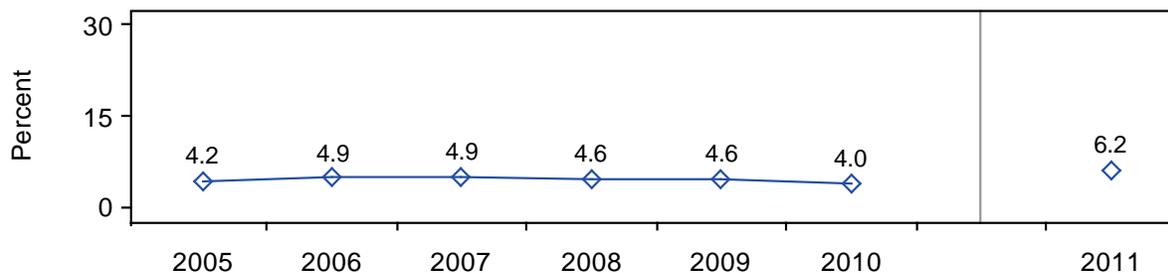
Heavy Drinking

Heavy drinking for females was defined as consuming more than 30 alcoholic beverages in the last 30 days. For males, heavy drinking is more than 60 alcoholic beverages in the last 30 days.

6.2% of adults in Idaho were heavy drinkers in 2011.

Between 2005 and 2010, there was no significant trend in the prevalence of heavy drinking among Idaho adults.

Idaho adults who were heavy drinkers, 2005-2010 and 2011*

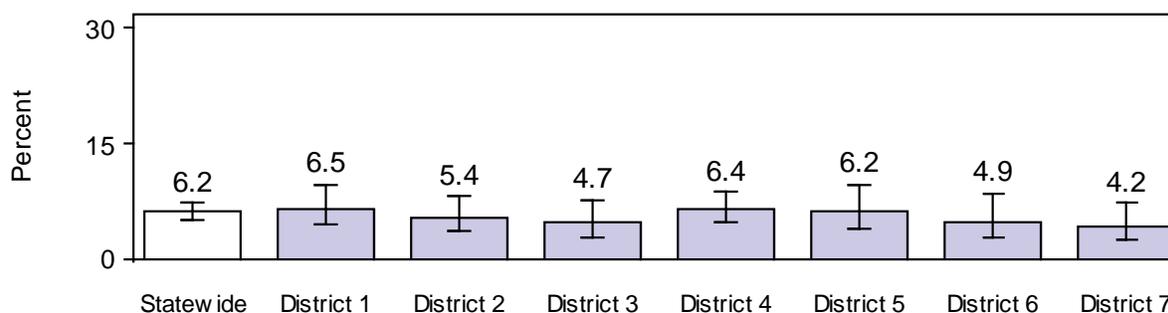


*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

Note: The CDC adopted a revised definition of heavy drinking in 2005. Binge drinking figures reported in previous BRFSS publications may not be comparable.

No public health district had a prevalence of heavy drinking significantly different from the statewide prevalence.

Idaho adults who were heavy drinkers by public health district, 2011



Heavy drinking was associated with:

- Males aged 18-34: 11.4% vs. 5.0% for males 35 + and 4.1% for females 18-34
- Being employed: 8.3% vs. 3.2% for students, homemakers, retiree, those unable to work, or unemployed.

The prevalence of heavy drinking was statistically similar across age groups, income levels, employment status categories, education levels, and Hispanic/non-Hispanic ethnicity.

Health Risk Behaviors

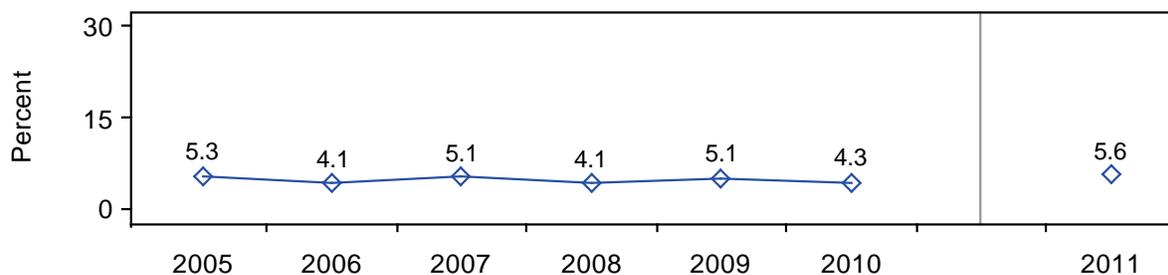
Illicit Drug Use

Illicit drugs include prescription drugs not prescribed by a doctor or those used to get high or out of curiosity. These include marijuana, cocaine (including crack), heroin, methamphetamines, and prescription painkillers.

5.6% of Idaho adults in 2011 used illicit drugs in the past 12 months.

Between 2005 and 2010, there was no significant trend in the prevalence of illicit drug use among Idaho adults.

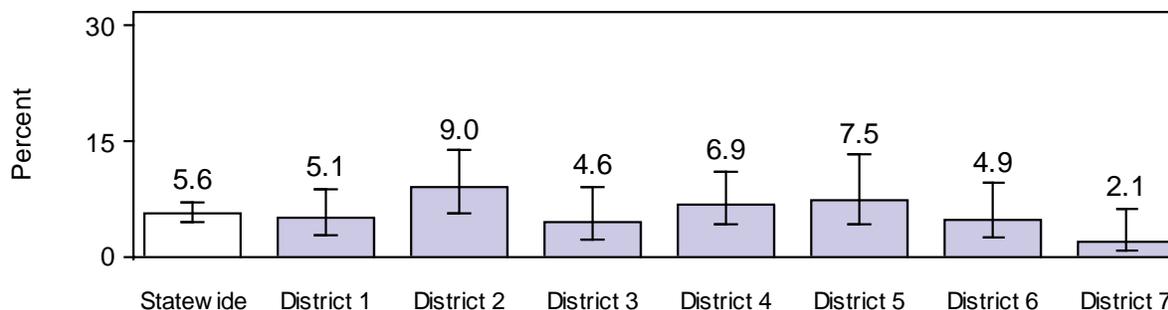
Idaho adults who used illicit drugs in the past 12 months, 2005-2010 and 2011*



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

Although the prevalence of illicit drug use among public health districts was variable, no district's prevalence differed significantly from the statewide prevalence.

Idaho adults who used illicit drugs in the past 12 months by public health district, 2011



Illicit drug use was associated with:

- Being male: 7.9% vs. 3.3% for females
- Younger age groups: 10.9% for 18-34, 3.9% for 35-64, and 0.7% for 65+
- Lower education: 9.7% for less than high school/GED vs. 3.1% for college graduates.

Preventive Behaviors

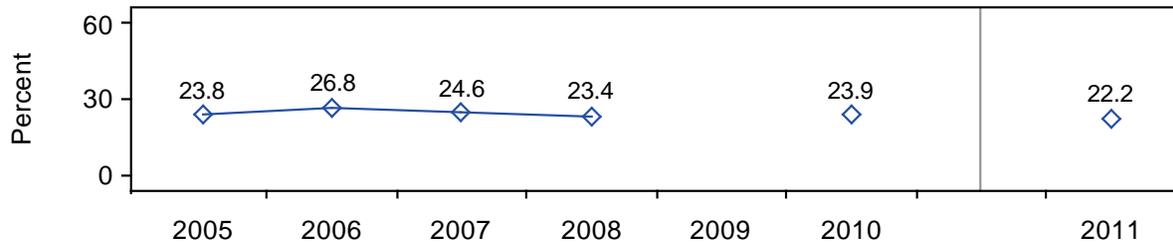
Seat Belt Use

Respondents were asked how often they used seat belts when they drove or rode in a car: "always", "nearly always", "sometimes", "seldom", or "never."

22.2% of Idaho adults did not always use a seat belt in 2011.

Between 2005 and 2010, there was no significant trend in the prevalence of adults not always wearing seat belts.

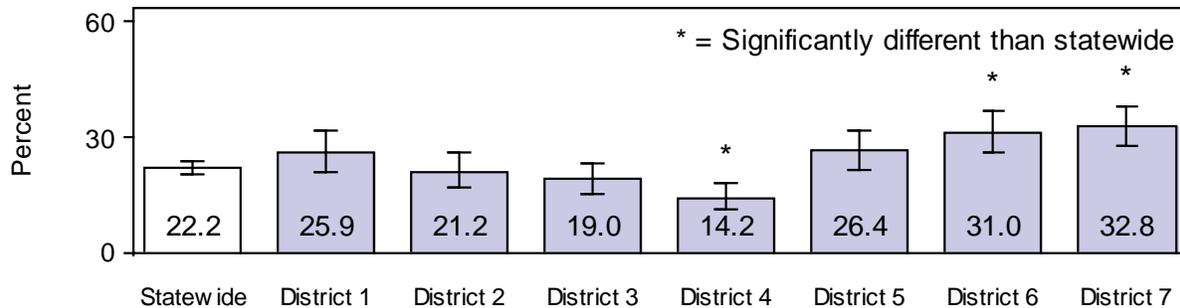
Idaho adults who did not always wear a seat belt, 2005-2010 and 2011*
Breaks in the trendline indicate data are not available for those years



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

Public Health District 4 had a significantly lower percentage of adults who did not always wear a seatbelt than statewide. In Districts 6 and 7, about 1 in 3 adults did not always wear a seatbelt—significantly higher percentages than statewide.

Idaho adults who did not always wear a seat belt by Health District, 2011



Not always wearing a seat belt was associated with:

- Being male: 28.0% vs. 16.6% for females
- Being employed or unemployed: 25.1% vs. 17.0% for students, homemakers, retiree, or those unable to work
- Lower education: 25.5% for high school/GED or less vs. 20.0% for some college or college graduate.

Preventive Behaviors

Cholesterol Screening

The U.S. Preventive Services Task Force recommends cholesterol screening for men aged 35 and older but makes no recommendation for others not at special risk of coronary heart disease (please see Data Tables for percentages for men aged 35 and older).

32.0% of Idaho adults in 2011 had a cholesterol check in the past five years.

Between 2005 and 2010, there was a statistically significant decreasing trend in the percentage of Idaho adults who had a cholesterol check in the past five years.

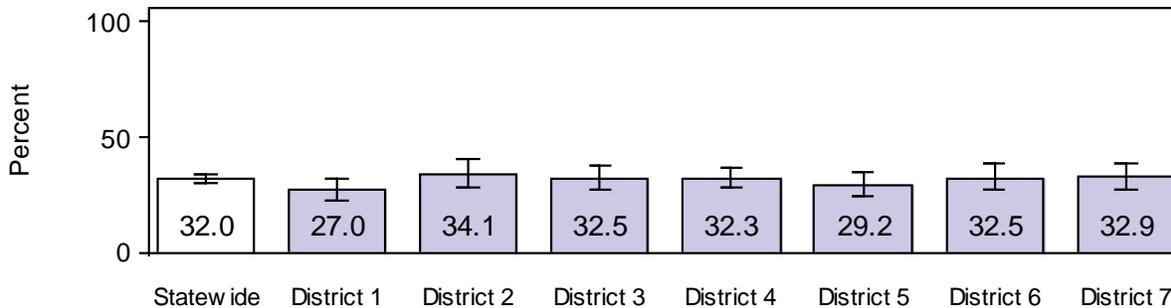
Idaho adults with no cholesterol check within the past 5 years, 2005-2010 and 2011*
Breaks in the trendline indicate data are not available for those years



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

No public health district percentage differed significantly from the statewide percentage of adults who did not have a cholesterol check in the past five years.

Idaho adults with no cholesterol check in the past 5 years by public health district, 2011



Not having a cholesterol check in the past five years was associated with:

- Younger age groups: 60.6% for 18-34, 23.3% for 35-64, and 6.6% for 65+
- Lower household income: 36.8% for less than \$50,000 vs. 20.5% for \$50,000 +
- Being employed or unemployed: 36.5% vs. 23.3% for students, homemakers, retirees, or those unable to work
- Less education: 40.0% for K-12 vs. 26.2% for some college or college graduate
- Being Hispanic: 45.6% vs. 30.7% for non-Hispanic adults.

Preventive Behaviors

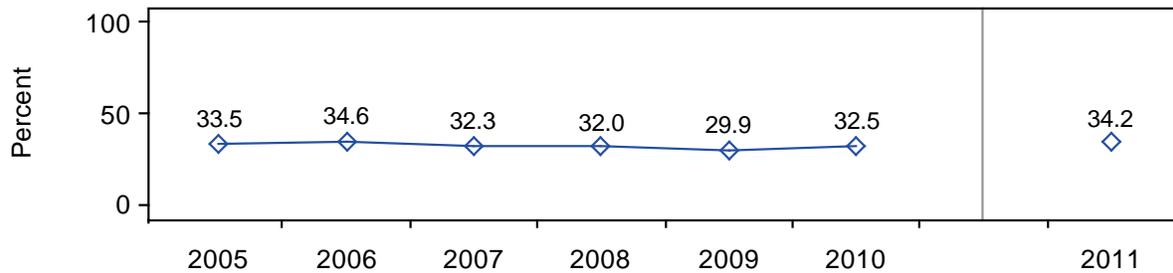
Dental Visits

Respondents were asked how long it had been since they visited a dentist for any reason

34.2% of Idaho adults in 2011 had not visited a dentist in the past 12 months.

Between 2005 and 2010, there was a gradual, but significant, declining trend in the percentage of Idaho adults who had not visited a dentist in the last 12 months.

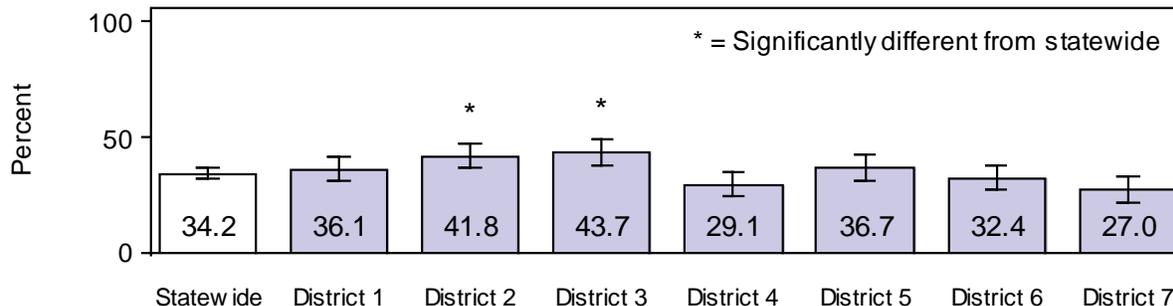
Idaho adults who had not visited a dentist in the past 12 months, 2005-2010 and 2011*



*Method changes make results from 2011 and later not directly comparable with 2010 and earlier.

Public Health Districts 2 and 3 had significantly higher percentages of adults who had not visited a dentist in the past 12 months compared with the statewide percentage.

Idaho adults had not visited a dentist in the past 12 months by public health district, 2011



Not visiting a dentist in the last 12 months was associated with:

- Being male: 37.9% vs. 30.6% for females
- Household income lower than \$35,000: 51.0% vs. 19.7% for \$35,000+
- Being unemployed: 46.6% vs 32.8% for students, homemakers, retirees, unable to work, or employed
- Education levels: 56.1% for less than high school/GED, 41.6% for high school/GED, 30.6% for some college, and 18.3% for college graduate
- Being Hispanic: 49.6% vs. 32.8% for non-Hispanic adults.

Data Tables

The data tables on the following pages provide both state and health district data for various demographic subcategories. An understanding of the tables is important to interpreting the data correctly.

- A. This title refers to the risk factor.
- B. This title refers to the population surveyed. For most questions, this will be the adult (aged 18 and over) Idaho population. However, for some calculated variables and some risk factors, the population surveyed may be a subset of adults aged 18 and over. For instance, the High Cholesterol risk factor table will include only those who have been screened for high cholesterol. It is important to understand the population the data represent in order to accurately interpret the data in the tables.
- C. The labels across the top of the table (i.e., Statewide and District) refer to the geographic region of residence of the population in (B). For more information on geographic break-outs, please refer to the map of Idaho's seven public health districts in this report.
- D. The labels on the left side of the table refer to the particular group the numbers represent. For example, the row labeled "Female" will contain data for women for the geographic region indicated at the top of the table (C). In the following example table, the circled data point should be interpreted as:

“In 2011, 38.6% of females in Public Health District 1 were at risk for this risk factor.”

- E. The symbol "n" refers to the number of people in the sample within the indicated demographic group and geographic region who responded to the question. It does NOT represent the number of people who have the risk factor in the population. An asterisk indicates fewer than 50 people in the group responded (please refer to *Data Analysis* in the Methods section for an explanation on suppressing data for sample sizes less than 50). In the following example table, the boxed data point should be interpreted as:

“In 2011, 750 people in Public Health District 1 answered the survey question regarding this risk factor.”

Data Tables

F. The shaded columns contain the prevalence (in percent) of the risk factor. This percentage is a weighted percentage and is not calculated using the sample frequencies from the column containing n. Therefore, it is not possible to calculate the prevalence by simply dividing n by the total number of people sampled for the year (please refer to *Data Weighting* in the Methods section for explanation on weighting procedures).

G. The two numbers in the column labeled "95% CI" are the lower and upper limits of the 95% confidence interval. Confidence intervals are a way to measure sampling error and define the range of values where the "true" percentage would be found. This interval can be interpreted to mean the true population value would be found within this interval at least 95% of the time if the sample were to be repeated a large number of times.

In the following example table, the confidence interval data should be interpreted as:

"For this risk factor, the estimated prevalence in Idaho in 2011 was 38.5%. We can say if we sampled this population a large number of times, at least 95% of the time the true prevalence would fall within the range of 36.6% to 40.5%.

A Risk Factor																
B Population																
D	C			E Public Health District												
	Statewide			District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n				
TOTAL	F 38.5	G 36.6	40.5	5,012	41.8	36.6	47.1	750	42.9	37.9	48.0	701	39.9	35.1	44.9	678
SEX																
Male	40.4	37.4	43.6	1,967	44.9	36.8	53.3	313	51.5	43.5	59.3	259	41.0	33.3	49.1	249
Female	36.7	34.4	39.2	3,045	38.6	32.5	45.1	437	35.6	29.8	41.8	442	38.9	33.1	45.0	429

General Health Status

Idaho adults reporting "fair" or "poor" general health, 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	15.4	14.1	16.9	6,048	18.5	14.6	23.2	884	20.3	16.0	25.5	830	14.8	11.9	18.2	825
SEX																
Male	14.6	12.6	16.8	2,417	18.3	12.8	25.4	373	21.0	14.6	29.2	323	13.3	9.0	19.3	306
Female	16.3	14.6	18.2	3,631	18.8	13.6	25.4	511	19.7	14.3	26.5	507	16.2	12.7	20.4	519
AGE																
18-24	11.3	7.2	17.3	243	*	*	*	*	*	*	*	*	*	*	*	*
25-34	10.8	7.6	15.1	522	10.7	2.8	33.6	50	28.6	12.9	52.0	57	6.6	2.5	16.4	70
35-44	10.8	8.3	13.8	765	17.1	8.7	31.0	77	21.5	12.7	34.1	89	9.6	5.3	16.8	114
45-54	17.1	14.2	20.5	1,051	23.8	15.3	35.1	141	17.8	11.5	26.5	163	18.3	11.4	28.0	123
55-64	18.7	15.9	21.8	1,411	19.5	13.1	28.1	245	25.6	18.1	35.0	202	20.4	14.3	28.3	198
65+	23.5	21.0	26.1	1,989	21.3	16.3	27.3	338	23.7	18.2	30.2	287	23.4	17.4	30.6	264
18-34	11.1	8.4	14.4	765	12.1	4.3	29.4	71	16.9	7.2	34.6	80	7.8	3.3	17.2	119
35-64	15.4	13.8	17.3	3,227	20.4	15.5	26.4	463	21.6	17.0	27.2	454	15.8	12.1	20.4	435
65+	23.5	21.0	26.1	1,989	21.3	16.3	27.3	338	23.7	18.2	30.2	287	23.4	17.4	30.6	264
SEX and AGE																
Male																
18-34	10.3	6.6	15.6	323	*	*	*	*	*	*	*	*	*	*	*	*
35-64	14.5	12.1	17.2	1,273	16.6	10.5	25.2	189	23.3	16.5	31.8	185	11.8	7.2	18.8	154
65+	23.7	19.9	27.9	800	27.0	18.9	37.0	157	27.0	18.3	38.0	98	25.6	16.3	37.8	104
Female																
18-34	11.9	8.4	16.5	442	*	*	*	*	*	*	*	*	6.6	2.7	15.1	73
35-64	16.4	14.2	18.9	1,954	24.7	17.6	33.6	274	20.0	14.0	27.7	269	19.5	14.2	26.1	281
65+	23.3	20.3	26.6	1,189	15.7	10.7	22.4	181	21.6	15.1	29.9	189	21.1	14.6	29.6	160
INCOME																
Less than \$15,000	34.3	28.6	40.5	680	35.0	20.3	53.3	110	55.8	41.2	69.5	119	31.6	20.7	45.0	98
\$15,000 - \$24,999	21.5	17.9	25.5	980	32.2	20.5	46.7	148	20.1	13.2	29.5	145	13.9	8.7	21.4	159
\$25,000 - \$34,999	14.9	11.2	19.6	745	12.8	4.9	29.5	106	14.0	8.4	22.6	118	17.8	9.7	30.5	144
\$35,000 - \$49,999	12.1	9.2	15.7	939	13.7	7.0	25.0	135	7.4	3.9	13.3	131	3.7	1.7	7.6	118
\$50,000-\$74,999	8.0	6.2	10.3	890	8.2	3.9	16.4	112	10.2	4.4	21.8	108	12.9	7.2	22.1	110
\$75,000+	6.1	4.5	8.3	1,080	6.4	2.6	14.6	147	9.3	3.7	21.4	108	7.0	3.1	15.0	88
EMPLOYMENT																
Employed	9.6	8.0	11.5	2,835	14.0	8.8	21.5	366	11.1	6.5	18.3	376	8.6	5.0	14.5	354
Unemployed	21.9	16.4	28.5	337	12.1	5.6	24.3	55	*	*	*	*	13.5	6.8	24.9	51
Other**	23.4	21.1	25.8	2,849	26.4	20.2	33.7	455	33.2	25.7	41.7	415	22.9	18.2	28.4	415
EDUCATION																
K-11th Grade	34.1	28.1	40.6	432	49.6	32.1	67.2	56	37.2	23.6	53.1	66	36.2	24.6	49.7	94
12th Grade or GED	16.0	13.9	18.4	1,809	13.7	9.6	19.1	278	18.8	14.0	24.9	279	12.5	9.1	16.9	286
Some College	14.1	12.0	16.6	1,946	20.2	13.6	28.8	303	20.2	12.2	31.5	259	8.9	6.0	12.9	270
College Graduate+	6.2	5.0	7.7	1,849	6.4	3.5	11.4	245	12.8	6.8	23.0	223	5.1	2.5	10.0	174
ETHNICITY																
Non-Hispanic	14.7	13.4	16.1	5,746	18.1	14.2	22.8	861	20.5	16.0	25.8	799	12.9	10.5	15.8	755
Hispanic	21.5	15.8	28.5	262	*	*	*	*	*	*	*	*	23.8	12.9	39.6	65

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

General Health Status

Idaho adults reporting "fair" or "poor" general health, 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	13.6	11.0	16.7	937	18.4	14.9	22.6	832	15.8	12.5	19.8	847	13.2	10.0	17.1	791
SEX																
Male	12.7	9.0	17.7	388	16.0	11.1	22.4	309	14.6	9.8	21.2	345	11.7	7.9	17.1	324
Female	14.4	11.1	18.6	549	20.9	16.1	26.6	523	17.0	12.9	22.2	502	14.5	10.0	20.5	467
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	13.4	6.4	25.8	80	12.0	4.9	26.4	71	10.6	4.8	22.0	78	8.0	3.2	18.4	84
35-44	4.8	2.0	11.3	139	13.3	7.2	23.2	121	18.5	10.1	31.3	103	8.0	3.0	19.4	109
45-54	10.4	6.1	17.2	181	24.8	16.0	36.3	148	19.4	11.7	30.5	158	12.5	7.4	20.5	130
55-64	20.4	14.1	28.7	206	16.0	10.8	23.1	189	13.4	8.1	21.4	187	14.7	9.7	21.7	177
65+	23.6	18.0	30.2	277	24.4	17.7	32.5	268	25.6	19.2	33.2	284	23.9	18.1	30.9	253
18-34	13.2	7.7	21.6	124	15.1	8.4	25.6	100	8.7	3.9	18.3	109	10.0	4.5	20.7	112
35-64	11.2	8.3	14.9	526	18.3	13.8	23.8	458	17.1	12.6	22.9	448	11.6	8.2	16.1	416
65+	23.6	18.0	30.2	277	24.4	17.7	32.5	268	25.6	19.2	33.2	284	23.9	18.1	30.9	253
SEX and AGE																
Male																
18-34	11.4	4.7	24.9	62	*	*	*	*	*	*	*	*	*	*	*	*
35-64	11.3	7.2	17.5	212	17.1	11.0	25.8	158	17.7	11.1	27.1	186	11.8	6.8	19.5	182
65+	22.5	14.3	33.6	112	25.2	14.8	39.4	108	17.7	11.2	26.8	113	18.1	11.2	27.9	98
Female																
18-34	15.4	7.9	27.8	62	22.4	12.0	37.9	58	9.6	4.0	21.3	66	11.0	3.6	28.6	72
35-64	11.0	7.5	16.0	314	19.4	13.5	27.0	300	16.5	11.2	23.6	262	11.4	7.6	16.7	234
65+	24.3	17.3	33.0	165	23.5	16.4	32.5	160	31.1	21.9	42.0	171	28.4	20.3	38.2	155
INCOME																
Less than \$15,000	36.6	24.0	51.3	102	44.1	29.2	60.0	88	24.2	13.1	40.3	87	31.4	14.6	55.0	66
\$15,000 - \$24,999	23.6	14.8	35.4	108	23.0	14.7	34.1	148	29.2	19.3	41.5	126	18.3	11.3	28.2	127
\$25,000 - \$34,999	14.3	7.8	24.7	99	6.0	2.7	12.8	87	18.0	9.5	31.6	108	12.1	6.7	20.8	72
\$35,000 - \$49,999	12.9	7.2	22.1	135	23.8	14.0	37.4	131	17.5	8.9	31.6	142	11.2	5.1	22.9	130
\$50,000-\$74,999	6.6	3.6	11.8	149	10.9	5.1	21.9	113	7.6	4.0	14.0	151	5.0	2.5	9.8	132
\$75,000+	3.8	1.8	7.8	240	5.7	2.4	12.8	159	6.1	2.9	12.7	153	6.6	3.3	12.7	172
EMPLOYMENT																
Employed	8.0	5.3	12.0	450	13.3	9.1	19.0	427	9.4	5.7	15.1	412	6.1	3.7	9.9	393
Unemployed	22.2	10.5	41.0	62	*	*	*	*	*	*	*	*	*	*	*	*
Other**	21.9	17.2	27.3	421	24.4	18.7	31.3	356	24.3	18.6	31.0	393	20.2	14.1	28.2	359
EDUCATION																
K-11th Grade	*	*	*	*	30.4	19.8	43.6	80	*	*	*	*	*	*	*	*
12th Grade or GED	16.4	11.4	22.8	225	18.3	12.8	25.4	254	20.8	14.1	29.6	258	16.6	10.9	24.3	207
Some College	13.4	9.2	19.2	261	17.5	11.6	25.7	271	14.2	9.7	20.4	283	10.3	6.7	15.4	267
College Graduate+	5.6	3.6	8.4	406	6.5	3.2	12.8	226	6.1	3.5	10.5	259	6.8	4.1	11.0	274
ETHNICITY																
Non-Hispanic	13.3	10.7	16.5	904	15.3	12.2	19.2	762	15.7	12.3	19.8	814	12.9	9.7	17.0	761
Hispanic	*	*	*	*	32.2	19.5	48.4	62	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Health Care Coverage

Idaho adults without health care coverage, 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	22.1	20.3	24.0	6,058	26.1	21.2	31.6	888	18.1	14.2	22.9	837	26.9	22.3	31.9	827
SEX																
Male	22.9	20.1	25.9	2,423	26.3	19.3	34.7	376	13.8	9.7	19.2	325	26.8	19.9	35.1	307
Female	21.3	19.1	23.7	3,635	25.9	19.6	33.4	512	22.3	16.1	29.9	512	27.0	21.5	33.2	520
AGE																
18-24	32.1	25.6	39.5	238	*	*	*	*	*	*	*	*	*	*	*	*
25-34	37.1	31.9	42.6	525	39.6	24.4	57.0	50	37.1	21.9	55.5	58	42.8	29.3	57.5	70
35-44	25.3	21.1	30.1	768	28.3	17.6	42.2	77	24.7	15.9	36.4	89	33.7	23.4	45.9	114
45-54	21.4	17.9	25.2	1,053	33.0	23.0	45.0	143	22.7	15.1	32.5	165	28.4	19.1	40.1	123
55-64	15.9	13.2	19.0	1,415	20.8	14.3	29.3	246	17.2	11.4	25.0	203	17.4	11.3	25.6	197
65+	1.5	0.7	3.1	1,994	1.4	0.5	4.0	338	1.0	0.3	3.4	290	0.0	0.0	0.0	267
18-34	35.0	30.8	39.4	763	43.2	29.7	57.9	72	26.3	15.9	40.2	81	40.6	30.4	51.8	119
35-64	21.0	18.9	23.3	3,236	27.4	21.8	33.9	466	21.4	16.9	26.8	457	27.1	21.6	33.5	434
65+	1.5	0.7	3.1	1,994	1.4	0.5	4.0	338	1.0	0.3	3.4	290	0.0	0.0	0.0	267
SEX and AGE																
Male																
18-34	37.2	31.0	44.0	321	*	*	*	*	*	*	*	*	*	*	*	*
35-64	19.8	16.7	23.3	1,281	29.6	21.2	39.6	191	18.0	12.3	25.6	186	20.2	13.0	29.9	154
65+	2.9	1.3	6.5	802	2.0	0.5	7.1	157	2.3	0.6	8.8	99	0.0	0.0	0.0	105
Female																
18-34	32.6	27.3	38.3	442	*	*	*	*	*	*	*	*	29.7	19.0	43.3	73
35-64	22.2	19.5	25.3	1,955	25.0	18.2	33.2	275	24.9	18.3	32.9	271	33.6	26.0	42.2	280
65+	0.4	0.1	0.9	1,192	0.7	0.1	5.1	181	0.2	0.0	1.8	191	0.0	0.0	0.0	162
INCOME																
Less than \$15,000	43.6	37.0	50.5	679	62.7	46.6	76.4	112	47.1	32.5	62.3	121	48.4	33.8	63.3	99
\$15,000 - \$24,999	37.0	32.1	42.2	983	34.3	22.5	48.5	148	28.5	18.7	40.8	145	39.4	28.5	51.4	159
\$25,000 - \$34,999	30.9	25.6	36.8	752	43.2	29.5	58.0	107	21.6	10.9	38.3	119	23.6	14.6	35.8	146
\$35,000 - \$49,999	16.5	12.7	21.1	941	13.4	5.2	30.2	136	5.8	2.3	13.8	133	14.4	7.2	26.9	117
\$50,000-\$74,999	5.2	3.4	7.9	890	12.8	6.2	24.6	112	7.3	3.3	15.5	108	2.5	0.7	8.4	110
\$75,000+	4.8	3.2	7.3	1,083	1.5	0.4	5.7	147	3.5	1.0	11.1	109	7.9	3.4	17.4	88
EMPLOYMENT																
Employed	23.9	21.4	26.6	2,840	24.8	18.5	32.2	367	20.9	15.2	28.1	377	24.6	18.4	32.1	354
Unemployed	50.1	42.3	57.8	339	54.8	34.6	73.4	57	*	*	*	*	54.8	36.7	71.7	51
Other**	12.7	10.7	15.1	2,850	21.3	14.2	30.6	456	7.2	4.5	11.3	420	21.7	16.1	28.5	417
EDUCATION																
K-11th Grade	43.0	36.4	50.0	439	47.4	30.0	65.5	57	29.0	17.6	43.7	69	40.7	27.9	55.0	94
12th Grade or GED	28.5	25.0	32.2	1,809	30.8	22.3	40.9	280	16.7	11.6	23.5	281	36.9	28.9	45.7	287
Some College	17.5	14.8	20.5	1,948	23.6	16.3	33.0	304	18.3	11.3	28.2	261	15.3	10.0	22.6	270
College Graduate+	9.0	7.1	11.3	1,851	11.8	6.3	21.1	245	10.9	5.1	21.7	223	9.8	5.0	18.3	175
ETHNICITY																
Non-Hispanic	19.2	17.5	21.1	5,749	25.9	21.0	31.5	865	17.1	13.1	21.9	805	20.8	16.7	25.6	757
Hispanic	50.1	41.8	58.3	269	*	*	*	*	*	*	*	*	58.3	42.9	72.2	65

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Health Care Coverage

Idaho adults without health care coverage, 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	20.1	16.4	24.4	938	28.2	23.3	33.6	830	20.6	15.7	26.5	849	15.4	11.4	20.4	789
SEX																
Male	20.6	15.0	27.5	388	28.0	20.8	36.4	309	24.7	16.9	34.7	346	18.9	12.2	28.0	324
Female	19.6	15.1	25.1	550	28.3	22.1	35.5	521	16.5	11.6	23.0	503	12.2	8.4	17.5	465
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	44.3	32.2	57.1	81	50.8	36.6	64.8	71	36.4	23.4	51.8	79	18.4	9.5	32.5	84
35-44	21.1	13.5	31.5	140	32.6	22.2	45.2	122	23.7	9.9	46.8	103	19.6	11.5	31.3	110
45-54	15.2	9.5	23.2	181	24.0	15.7	35.0	146	15.0	9.2	23.6	158	15.4	8.7	25.9	130
55-64	12.2	6.9	20.6	206	16.9	10.2	26.8	190	16.2	10.5	24.1	187	9.6	5.5	16.2	178
65+	1.4	0.4	5.7	276	5.6	1.4	19.1	267	1.0	0.3	2.7	287	0.5	0.1	3.2	252
18-34	36.7	27.6	46.9	125	49.5	37.6	61.4	99	35.1	24.4	47.6	108	22.8	14.0	34.9	110
35-64	16.5	12.5	21.5	527	24.5	19.2	30.8	458	18.1	12.1	26.1	448	15.1	10.9	20.6	418
65+	1.4	0.4	5.7	276	5.6	1.4	19.1	267	1.0	0.3	2.7	287	0.5	0.1	3.2	252
SEX and AGE																
Male																
18-34	37.5	24.6	52.5	62	*	*	*	*	*	*	*	*	*	*	*	*
35-64	14.5	9.2	22.3	212	24.4	16.5	34.7	159	19.8	10.7	33.7	187	16.5	10.2	25.7	184
65+	3.5	0.9	13.3	112	11.0	3.0	33.4	108	0.8	0.2	3.1	114	0.0	0.0	0.0	98
Female																
18-34	35.8	23.9	49.7	63	55.6	39.9	70.3	58	26.6	15.2	42.3	66	15.9	8.3	28.1	71
35-64	18.3	13.0	25.3	315	24.6	18.1	32.6	299	16.1	10.8	23.2	261	13.6	8.9	20.3	234
65+	0.0	0.0	0.0	164	0.0	0.0	0.0	159	1.1	0.3	4.3	173	0.8	0.1	5.5	154
INCOME																
Less than \$15,000	43.9	29.5	59.5	102	29.3	17.1	45.6	87	44.7	26.0	65.0	85	23.3	10.1	45.2	64
\$15,000 - \$24,999	42.5	30.3	55.8	108	42.0	30.0	55.0	147	37.4	23.1	54.3	130	27.6	16.7	42.0	127
\$25,000 - \$34,999	32.7	21.0	47.0	100	51.7	35.9	67.2	87	26.0	15.4	40.4	109	21.8	10.4	40.2	73
\$35,000 - \$49,999	15.0	8.2	26.0	135	25.3	15.9	37.7	131	18.4	9.3	33.0	141	30.1	17.6	46.4	131
\$50,000-\$74,999	3.1	0.7	12.7	149	5.9	1.9	17.2	113	3.1	1.2	7.7	151	3.0	0.7	12.9	132
\$75,000+	3.7	1.6	8.5	241	8.0	3.4	17.8	160	10.6	3.5	28.0	153	2.3	0.6	8.1	172
EMPLOYMENT																
Employed	23.3	18.1	29.4	451	31.8	25.1	39.3	427	25.3	18.0	34.3	414	18.9	13.2	26.2	394
Unemployed	47.7	32.0	64.0	62	*	*	*	*	*	*	*	*	*	*	*	*
Other**	7.2	4.3	11.9	420	14.2	9.0	21.7	353	9.7	5.8	15.7	395	4.8	2.2	10.3	355
EDUCATION																
K-11th Grade	*	*	*	*	66.0	53.1	76.9	78	*	*	*	*	*	*	*	*
12th Grade or GED	27.3	19.4	36.8	224	28.5	20.6	38.0	254	24.4	16.6	34.4	256	25.2	16.1	37.0	206
Some College	16.2	10.9	23.6	261	18.8	12.4	27.4	270	18.5	11.9	27.7	284	14.2	8.3	23.1	266
College Graduate+	10.2	6.9	15.0	407	5.0	2.5	9.5	227	8.2	4.4	14.9	258	2.8	1.4	5.8	275
ETHNICITY																
Non-Hispanic	18.1	14.5	22.3	904	21.8	17.0	27.6	760	19.2	14.6	24.7	812	11.5	8.1	16.0	759
Hispanic	*	*	*	*	61.0	44.6	75.2	62	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Insurance

Idaho adults without dental insurance, 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	47.7	45.5	50.0	4,958	53.7	48.0	59.3	721	51.4	46.1	56.7	705	56.0	50.2	61.6	693
SEX																
Male	48.0	44.5	51.6	1,956	51.2	42.3	60.0	292	53.7	45.0	62.3	273	57.6	48.3	66.4	252
Female	47.5	44.6	50.4	3,002	55.9	48.7	62.8	429	49.3	42.9	55.8	432	54.3	47.5	61.0	441
AGE																
18-24	38.6	29.7	48.3	132	*	*	*	*	*	*	*	*	*	*	*	*
25-34	49.9	43.1	56.6	343	*	*	*	*	*	*	*	*	*	*	*	*
35-44	44.9	39.5	50.4	604	42.3	28.1	57.9	51	50.2	36.4	64.0	71	57.2	44.8	68.8	95
45-54	36.9	32.8	41.1	885	35.1	25.8	45.6	117	46.7	37.5	56.0	142	42.1	31.7	53.2	105
55-64	45.2	41.8	48.5	1,236	55.0	47.4	62.3	215	43.7	35.5	52.3	178	49.0	40.4	57.6	174
65+	69.8	67.1	72.4	1,705	68.9	62.6	74.6	282	70.2	63.1	76.4	248	75.6	69.0	81.1	235
18-34	45.0	39.5	50.7	475	*	*	*	*	46.5	32.5	61.1	59	54.6	41.5	67.0	77
35-64	42.1	39.5	44.7	2,725	43.9	37.8	50.1	383	46.7	40.6	52.9	391	50.1	43.7	56.4	374
65+	69.8	67.1	72.4	1,705	68.9	62.6	74.6	282	70.2	63.1	76.4	248	75.6	69.0	81.1	235
SEX and AGE																
Male																
18-34	46.9	38.6	55.3	186	*	*	*	*	*	*	*	*	*	*	*	*
35-64	42.8	38.8	46.9	1,076	41.3	32.0	51.3	148	53.2	44.4	61.7	160	49.5	39.0	60.0	129
65+	67.7	63.3	71.9	680	64.9	55.2	73.5	129	74.3	62.9	83.1	86	79.3	68.3	87.2	89
Female																
18-34	43.1	35.9	50.6	289	*	*	*	*	*	*	*	*	*	*	*	*
35-64	41.3	38.2	44.5	1,649	46.3	38.8	53.9	235	41.1	33.0	49.7	231	50.5	43.2	57.8	245
65+	71.6	68.3	74.7	1,025	73.1	64.9	80.0	153	67.6	58.4	75.6	162	72.3	63.8	79.4	146
INCOME																
Less than \$15,000	70.9	63.5	77.3	557	79.2	60.2	90.6	93	76.6	63.0	86.2	98	79.6	64.4	89.4	84
\$15,000 - \$24,999	71.6	65.4	77.1	769	69.7	56.9	80.0	118	82.7	72.0	89.9	114	73.5	60.8	83.2	136
\$25,000 - \$34,999	59.4	53.1	65.4	601	58.8	44.3	72.0	88	41.9	30.0	54.9	103	59.4	47.0	70.8	119
\$35,000 - \$49,999	38.9	33.7	44.3	784	41.4	28.0	56.2	113	38.4	27.2	51.1	115	36.4	25.3	49.2	99
\$50,000-\$74,999	27.9	23.6	32.7	753	36.3	22.7	52.4	89	30.9	21.5	42.1	96	31.5	20.6	45.0	96
\$75,000+	22.4	18.9	26.2	919	25.9	15.7	39.7	121	23.9	15.2	35.3	94	29.8	19.0	43.6	78
EMPLOYMENT																
Employed	37.9	34.8	41.1	2,263	41.6	33.9	49.6	294	39.9	32.9	47.3	313	41.4	33.2	50.1	286
Unemployed	67.0	57.5	75.3	267	*	*	*	*	*	*	*	*	*	*	*	*
Other**	56.8	53.2	60.2	2,412	65.8	56.5	74.0	380	61.4	52.9	69.2	361	66.6	57.8	74.4	365
EDUCATION																
K-11th Grade	65.3	56.8	73.0	343	*	*	*	*	57.7	37.4	75.6	51	71.1	52.3	84.6	75
12th Grade or GED	53.6	49.2	57.9	1,457	56.1	45.4	66.2	219	60.2	52.0	67.9	238	61.8	52.7	70.2	235
Some College	45.8	42.0	49.6	1,609	54.7	45.4	63.6	250	51.9	42.9	60.8	225	50.3	40.9	59.7	234
College Graduate+	34.0	30.4	37.7	1,541	37.8	28.2	48.4	202	29.1	21.8	37.6	190	35.1	25.7	45.9	148
ETHNICITY																
Non-Hispanic	46.3	44.0	48.7	4,740	54.0	48.2	59.7	702	50.9	45.5	56.2	683	53.4	47.3	59.4	643
Hispanic	61.8	51.8	70.8	188	*	*	*	*	*	*	*	*	*	*	*	*

*Figure not reliable by BRFS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Insurance

Idaho adults without dental insurance, 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	39.3	34.3	44.6	722	53.3	47.8	58.7	692	45.1	39.6	50.7	719	44.8	39.1	50.6	676
SEX																
Male	37.2	30.0	45.0	298	53.8	45.0	62.3	258	50.4	42.1	58.7	293	48.2	39.4	57.1	280
Female	41.7	34.9	48.8	424	52.8	46.3	59.3	434	40.1	33.2	47.4	426	41.5	34.6	48.7	396
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	*	*	*	*	55.1	39.3	69.9	50	48.5	33.6	63.7	56	46.3	32.9	60.3	63
35-44	37.8	26.9	50.1	99	53.8	42.1	65.2	105	33.1	22.2	46.1	86	47.4	35.8	59.2	94
45-54	33.2	25.0	42.7	143	48.0	38.0	58.2	125	30.1	21.8	40.0	139	35.1	26.0	45.5	111
55-64	36.9	29.4	45.1	175	46.6	38.3	55.1	166	41.0	32.7	49.8	163	46.0	37.7	54.6	161
65+	64.2	56.9	70.8	233	74.3	67.3	80.2	222	73.0	66.5	78.7	252	67.0	59.9	73.5	221
18-34	34.2	23.0	47.5	65	46.9	33.6	60.7	69	45.2	32.3	58.7	75	38.2	26.5	51.5	81
35-64	35.8	30.2	41.9	417	49.6	43.6	55.7	396	34.4	29.0	40.3	388	42.7	36.7	48.9	366
65+	64.2	56.9	70.8	233	74.3	67.3	80.2	222	73.0	66.5	78.7	252	67.0	59.9	73.5	221
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-64	36.5	28.2	45.6	171	54.0	44.2	63.5	138	37.0	28.6	46.2	165	44.3	35.5	53.5	163
65+	58.4	46.7	69.2	96	74.6	63.4	83.2	92	69.6	58.9	78.5	98	64.1	52.3	74.4	86
Female																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	29.6	17.8	44.8	52
35-64	35.1	27.9	42.9	246	45.9	38.7	53.2	258	31.6	25.3	38.7	223	40.8	33.2	49.0	203
65+	69.3	60.6	76.9	137	74.0	64.6	81.6	130	75.6	67.2	82.4	154	69.4	60.3	77.1	135
INCOME																
Less than \$15,000	64.5	47.9	78.2	87	66.2	46.9	81.3	69	67.9	46.1	84.0	69	60.5	35.8	80.8	55
\$15,000 - \$24,999	60.5	43.0	75.7	78	74.8	62.3	84.2	111	83.9	72.9	91.0	105	73.6	59.7	84.1	103
\$25,000 - \$34,999	58.6	40.5	74.6	66	65.3	48.5	79.1	71	65.7	49.4	78.9	90	62.6	41.7	79.7	61
\$35,000 - \$49,999	33.2	22.1	46.6	105	45.7	34.4	57.5	111	39.4	27.9	52.2	120	43.4	31.7	55.9	119
\$50,000-\$74,999	27.2	18.4	38.3	114	35.1	25.5	46.1	106	15.1	9.8	22.4	129	24.4	15.7	35.8	119
\$75,000+	14.2	9.5	20.8	196	34.8	26.0	44.8	143	15.8	9.6	24.8	141	32.8	23.3	43.9	145
EMPLOYMENT																
Employed	30.2	23.5	37.9	321	43.4	36.3	50.9	355	37.4	30.0	45.5	354	42.3	35.0	50.1	327
Unemployed	63.3	43.6	79.4	51	*	*	*	*	*	*	*	*	*	*	*	*
Other**	46.9	39.2	54.8	348	63.5	54.7	71.4	300	54.9	46.1	63.4	331	42.5	34.6	50.8	313
EDUCATION																
K-11th Grade	*	*	*	*	72.7	54.8	85.4	63	*	*	*	*	*	*	*	*
12th Grade or GED	44.5	34.1	55.3	169	58.7	48.6	68.1	194	53.1	42.5	63.4	218	50.3	38.0	62.7	176
Some College	39.1	30.4	48.5	196	44.2	35.7	53.0	233	41.3	32.9	50.2	237	44.8	35.8	54.2	226
College Graduate+	31.4	24.9	38.7	325	42.9	35.0	51.1	201	29.8	22.9	37.9	224	33.4	26.2	41.4	241
ETHNICITY																
Non-Hispanic	38.8	33.7	44.1	700	51.2	45.6	56.7	639	43.8	38.3	49.5	696	42.4	37.0	48.0	652
Hispanic	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Diabetes

Idaho adults who had ever been told they had diabetes, 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	9.4	8.4	10.4	6,065	7.5	5.5	10.2	888	10.8	8.1	14.3	837	12.0	9.5	15.0	828
SEX																
Male	10.3	8.8	12.0	2,425	10.5	6.9	15.7	375	11.6	7.3	17.7	325	13.3	9.3	18.7	307
Female	8.5	7.4	9.7	3,640	4.5	3.0	6.7	513	10.1	7.0	14.4	512	10.7	8.0	14.1	521
AGE																
18-24	2.8	1.2	6.4	243	*	*	*	*	*	*	*	*	*	*	*	*
25-34	2.2	1.1	4.3	521	0.8	0.1	5.6	50	2.9	0.4	18.0	58	1.0	0.2	4.5	70
35-44	4.5	2.8	7.2	769	1.2	0.2	8.0	77	15.0	6.1	32.4	89	5.1	2.4	10.4	114
45-54	10.6	8.0	13.8	1,052	3.7	1.5	8.7	142	6.5	3.1	12.8	165	15.4	8.4	26.4	123
55-64	15.3	12.7	18.2	1,416	8.3	5.3	12.9	247	20.5	13.1	30.6	203	21.7	14.6	30.8	198
65+	20.7	18.4	23.1	1,998	19.4	14.6	25.3	338	17.5	12.7	23.5	290	24.3	18.3	31.5	267
18-34	2.4	1.4	4.2	764	3.9	0.7	19.5	72	1.7	0.2	11.0	81	2.7	0.8	9.0	119
35-64	10.0	8.5	11.6	3,237	4.6	3.1	7.0	466	13.9	9.4	20.0	457	13.5	9.8	18.4	435
65+	20.7	18.4	23.1	1,998	19.4	14.6	25.3	338	17.5	12.7	23.5	290	24.3	18.3	31.5	267
SEX and AGE																
Male																
18-34	2.6	1.1	6.0	322	*	*	*	*	*	*	*	*	*	*	*	*
35-64	11.4	9.2	14.0	1,279	5.6	3.3	9.5	190	14.7	8.1	25.1	186	16.9	10.6	25.8	154
65+	22.8	19.3	26.8	803	27.2	19.2	36.9	157	20.0	12.0	31.5	99	22.9	14.7	33.8	105
Female																
18-34	2.2	1.2	4.2	442	*	*	*	*	*	*	*	*	2.4	0.6	8.3	73
35-64	8.6	6.9	10.6	1,958	3.5	1.8	6.7	276	13.1	7.8	21.0	271	10.4	6.8	15.6	281
65+	18.9	16.1	22.0	1,195	11.7	7.2	18.6	181	15.9	10.6	23.2	191	25.7	17.8	35.7	162
INCOME																
Less than \$15,000	10.9	8.4	14.0	684	4.2	2.1	8.3	112	19.9	10.8	33.7	121	16.5	9.1	27.8	99
\$15,000 - \$24,999	12.4	9.8	15.6	982	11.5	6.9	18.5	147	12.2	7.0	20.6	145	11.8	7.3	18.5	159
\$25,000 - \$34,999	10.7	7.9	14.2	751	7.3	3.3	15.2	107	14.2	5.5	32.2	119	12.5	7.6	20.0	146
\$35,000 - \$49,999	9.8	7.4	12.9	939	10.0	3.4	25.5	137	7.1	3.5	13.7	133	8.2	3.5	17.9	118
\$50,000-\$74,999	8.2	6.1	10.8	890	7.2	3.5	14.2	112	9.2	4.6	17.5	108	16.2	7.6	31.1	110
\$75,000+	4.5	3.1	6.5	1,081	2.5	1.2	5.2	147	6.4	2.6	14.8	109	9.7	4.7	18.9	88
EMPLOYMENT																
Employed	5.3	4.2	6.6	2,841	3.1	1.9	5.1	367	7.3	3.9	13.1	377	6.4	3.9	10.6	355
Unemployed	9.2	6.0	13.9	340	2.9	1.1	7.7	57	*	*	*	*	6.3	2.4	15.5	51
Other**	15.9	14.1	17.9	2,855	14.7	10.0	21.1	456	16.9	12.5	22.6	420	20.6	15.8	26.3	417
EDUCATION																
K-11th Grade	13.4	10.2	17.3	442	7.6	3.2	17.1	57	18.8	9.2	34.5	69	17.4	10.2	28.0	94
12th Grade or GED	10.5	8.7	12.7	1,811	10.3	5.6	18.1	280	14.2	8.5	22.9	281	12.8	8.8	18.4	287
Some College	8.7	7.2	10.5	1,948	6.0	3.9	8.9	305	8.5	5.6	12.9	261	11.2	7.5	16.4	271
College Graduate+	6.7	5.3	8.3	1,852	6.0	3.7	9.7	244	5.5	2.8	10.5	223	3.9	1.7	8.6	175
ETHNICITY																
Non-Hispanic	9.3	8.3	10.3	5,759	7.2	5.1	9.9	866	11.2	8.3	14.8	805	13.2	10.4	16.7	758
Hispanic	10.3	6.5	16.0	266	*	*	*	*	*	*	*	*	4.9	1.7	13.0	65

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Diabetes

Idaho adults who had ever been told they had diabetes, 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	8.5	6.6	11.0	938	10.3	7.7	13.5	833	13.3	10.3	16.9	853	7.1	5.5	9.2	790
SEX																
Male	9.7	6.8	13.7	387	9.4	5.9	14.9	310	13.5	9.1	19.7	349	8.1	5.5	11.7	325
Female	7.4	5.1	10.8	551	11.1	7.9	15.4	523	13.1	9.6	17.6	504	6.2	4.4	8.8	465
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	2.5	0.6	9.9	81	0.0	0.0	0.0	71	7.7	2.3	22.6	78	0.0	0.0	0.0	84
35-44	3.9	1.2	12.4	140	8.7	3.0	22.7	122	5.0	2.0	12.1	104	0.0	0.0	0.0	110
45-54	10.9	6.0	19.0	181	14.6	7.8	25.6	147	16.0	8.8	27.3	158	6.7	3.1	13.8	129
55-64	16.0	10.3	23.8	206	14.5	8.4	23.7	190	14.4	8.4	23.5	187	15.0	9.7	22.4	177
65+	18.3	13.4	24.4	276	18.1	13.1	24.5	268	29.5	22.8	37.1	288	22.7	16.8	29.8	253
18-34	1.4	0.3	5.5	125	1.4	0.2	9.4	100	6.4	2.5	15.2	110	0.8	0.1	5.2	112
35-64	9.8	6.9	13.8	527	12.6	8.5	18.4	459	12.1	8.2	17.4	449	6.8	4.6	10.1	416
65+	18.3	13.4	24.4	276	18.1	13.1	24.5	268	29.5	22.8	37.1	288	22.7	16.8	29.8	253
SEX and AGE																
Male																
18-34	1.6	0.2	10.5	62	*	*	*	*	*	*	*	*	*	*	*	*
35-64	11.7	7.3	18.2	212	10.1	4.7	20.3	159	15.0	8.9	24.3	187	8.3	4.9	13.8	183
65+	22.2	14.2	32.9	111	19.1	11.4	30.3	108	26.9	18.2	37.8	115	25.5	15.7	38.5	98
Female																
18-34	1.1	0.2	7.5	63	0.0	0.0	0.0	58	7.9	3.0	19.3	66	1.3	0.2	8.9	72
35-64	8.0	4.6	13.7	315	14.9	9.6	22.5	300	8.5	5.3	13.4	262	5.3	3.0	9.1	233
65+	15.7	10.1	23.5	165	17.1	11.7	24.3	160	31.3	22.2	42.0	173	20.5	14.1	28.7	155
INCOME																
Less than \$15,000	11.0	6.4	18.4	102	13.0	7.3	22.1	88	13.7	6.2	27.5	87	3.7	1.6	8.5	65
\$15,000 - \$24,999	11.6	5.8	22.2	108	12.2	5.8	23.9	147	21.6	11.9	35.8	130	12.7	7.3	21.1	127
\$25,000 - \$34,999	11.5	5.3	23.0	99	7.3	3.3	15.3	87	13.8	7.2	24.9	109	7.2	3.6	13.8	73
\$35,000 - \$49,999	12.6	7.6	20.2	135	9.8	4.9	18.5	131	13.6	7.3	24.0	142	7.2	3.7	13.5	130
\$50,000-\$74,999	5.6	2.8	10.9	149	7.4	3.5	14.9	113	12.4	7.1	20.8	151	5.1	2.6	9.7	132
\$75,000+	4.2	1.8	9.2	241	4.0	1.6	9.7	160	7.2	2.9	16.7	153	2.5	1.0	6.1	171
EMPLOYMENT																
Employed	5.7	3.4	9.3	451	3.9	2.2	6.8	428	7.9	4.8	12.8	415	4.3	2.6	7.1	392
Unemployed	7.9	3.1	18.6	62	*	*	*	*	*	*	*	*	*	*	*	*
Other**	14.1	10.5	18.6	420	17.2	12.6	23.0	355	20.3	15.2	26.5	396	12.4	9.1	16.5	358
EDUCATION																
K-11th Grade	*	*	*	*	16.2	9.2	27.0	80	*	*	*	*	*	*	*	*
12th Grade or GED	8.5	5.4	13.1	225	8.5	5.0	14.3	255	15.3	10.0	22.7	258	5.8	3.3	9.8	204
Some College	10.2	6.3	16.1	261	10.1	5.8	17.0	270	9.7	6.2	14.8	285	7.1	4.8	10.3	267
College Graduate+	7.1	4.6	10.7	406	7.1	3.9	12.7	227	12.5	7.3	20.6	259	7.3	4.4	12.0	276
ETHNICITY																
Non-Hispanic	7.9	6.1	10.2	904	9.8	7.2	13.2	763	13.6	10.5	17.5	816	7.3	5.6	9.4	761
Hispanic	*	*	*	*	12.5	5.8	24.9	62	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Asthma

Idaho adults who were diagnosed with and still had asthma, 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	9.2	8.2	10.4	6,029	7.0	5.2	9.4	885	11.1	8.0	15.1	829	9.9	7.5	13.0	824
SEX																
Male	7.4	5.9	9.2	2,413	5.1	2.9	8.7	373	7.9	5.0	12.4	322	7.3	4.4	11.8	305
Female	11.1	9.6	12.8	3,616	8.9	6.3	12.6	512	14.0	9.2	20.8	507	12.5	9.0	17.0	519
AGE																
18-24	9.9	6.4	15.0	242	*	*	*	*	*	*	*	*	*	*	*	*
25-34	9.4	6.6	13.2	520	6.5	1.8	20.3	50	11.0	4.8	23.0	58	11.0	5.0	22.3	70
35-44	8.8	6.6	11.6	765	8.7	4.3	16.9	77	10.5	5.6	18.9	89	8.1	4.0	15.6	113
45-54	8.7	6.6	11.2	1,048	7.1	3.8	12.9	142	13.7	8.1	22.1	163	8.8	4.8	15.6	123
55-64	8.4	6.6	10.7	1,412	7.0	4.0	12.1	246	12.6	6.8	22.2	202	9.5	5.1	16.8	198
65+	10.5	8.6	12.7	1,977	9.8	6.3	14.9	336	7.9	4.4	13.9	286	12.4	7.3	20.1	265
18-34	9.6	7.3	12.6	762	3.7	1.1	12.3	72	11.6	5.1	24.6	80	10.6	6.0	18.0	119
35-64	8.6	7.4	10.1	3,225	7.5	5.2	10.7	465	12.3	8.8	17.0	454	8.7	6.0	12.5	434
65+	10.5	8.6	12.7	1,977	9.8	6.3	14.9	336	7.9	4.4	13.9	286	12.4	7.3	20.1	265
SEX and AGE																
Male																
18-34	7.9	5.0	12.4	319	*	*	*	*	*	*	*	*	*	*	*	*
35-64	6.0	4.5	8.1	1,278	2.6	1.2	5.8	190	9.9	5.8	16.4	185	5.1	2.6	9.9	154
65+	10.7	7.6	14.8	795	12.5	6.7	22.1	155	7.4	3.5	14.9	98	14.3	6.3	29.0	103
Female																
18-34	11.4	8.2	15.7	443	*	*	*	*	*	*	*	*	14.6	7.6	26.1	73
35-64	11.3	9.4	13.4	1,947	13.0	8.8	18.9	275	14.8	9.6	22.1	269	12.1	7.8	18.2	280
65+	10.3	8.1	12.9	1,182	7.2	4.1	12.3	181	8.2	3.6	17.7	188	10.5	6.0	17.8	162
INCOME																
Less than \$15,000	13.6	10.1	18.0	676	9.9	4.9	19.1	112	22.1	11.8	37.6	118	18.6	10.3	31.1	99
\$15,000 - \$24,999	12.7	9.6	16.5	972	10.3	5.7	18.0	147	10.2	5.7	17.8	142	9.9	5.0	18.5	159
\$25,000 - \$34,999	9.1	6.3	12.9	747	4.8	2.0	10.9	107	19.0	7.9	39.2	118	5.4	2.7	10.5	144
\$35,000 - \$49,999	8.1	6.0	10.9	940	5.1	1.6	15.2	136	9.6	4.8	18.2	133	12.9	6.1	25.1	117
\$50,000-\$74,999	6.3	4.5	8.8	888	9.5	4.3	19.5	111	7.3	3.6	14.0	108	9.8	4.9	18.7	110
\$75,000+	6.2	4.3	8.7	1,075	4.8	2.2	10.3	146	3.6	1.5	8.2	108	4.5	1.8	10.5	88
EMPLOYMENT																
Employed	7.8	6.4	9.4	2,830	6.9	4.3	10.9	366	11.2	6.7	18.2	373	6.1	3.6	10.1	355
Unemployed	9.4	6.1	14.3	338	5.7	2.1	14.5	57	*	*	*	*	10.4	3.6	26.6	51
Other**	11.5	9.7	13.6	2,832	7.4	5.0	11.0	454	11.1	7.5	15.9	416	14.8	10.6	20.2	413
EDUCATION																
K-11th Grade	16.6	12.1	22.5	434	9.8	3.6	23.8	57	16.6	7.5	32.7	68	17.3	9.7	29.1	93
12th Grade or GED	6.7	5.3	8.4	1,798	6.7	4.1	10.9	279	11.5	7.4	17.5	278	5.4	3.1	9.2	285
Some College	10.2	8.4	12.3	1,944	5.4	3.3	8.6	304	11.0	5.8	20.0	258	10.7	6.9	16.3	270
College Graduate+	7.0	5.5	8.8	1,841	9.2	4.8	16.9	243	7.3	4.3	12.0	222	9.3	5.2	16.1	175
ETHNICITY																
Non-Hispanic	9.3	8.2	10.5	5,724	6.8	5.0	9.1	863	11.2	8.1	15.4	797	10.2	7.6	13.4	755
Hispanic	8.9	5.2	14.7	265	*	*	*	*	*	*	*	*	8.2	3.3	19.1	64

*Figure not reliable by BRFS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Asthma

Idaho adults who were diagnosed with and still had asthma, 2011

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	8.3	6.0	11.2	929	13.1	9.9	17.3	826	9.6	6.8	13.3	846	6.8	4.4	10.5	788
SEX																
Male	7.3	4.2	12.6	386	11.6	7.0	18.6	308	6.5	3.5	11.5	346	5.4	3.1	9.3	324
Female	9.2	6.5	12.8	543	14.6	10.5	20.0	518	12.6	8.4	18.5	500	8.1	4.3	14.5	464
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	10.3	4.3	22.8	80	10.9	4.0	26.8	70	11.7	4.9	25.3	78	6.2	2.3	15.5	83
35-44	7.0	3.6	13.3	138	14.6	8.4	24.1	122	6.7	2.8	15.1	103	2.4	0.9	6.6	110
45-54	7.6	3.8	14.6	180	13.6	7.2	24.3	147	6.6	3.2	12.8	158	6.9	3.2	14.5	128
55-64	7.3	4.0	13.0	205	12.7	6.6	23.1	189	7.9	4.3	14.0	187	5.7	3.1	10.4	177
65+	7.9	4.7	12.9	274	13.4	8.2	20.9	264	10.9	6.5	17.8	282	7.1	4.2	11.9	252
18-34	10.5	5.5	19.3	123	12.4	6.0	23.8	98	12.6	6.5	23.0	110	8.6	3.6	19.4	111
35-64	7.3	5.0	10.6	523	13.7	9.6	19.0	458	7.0	4.7	10.5	448	5.0	3.1	7.9	415
65+	7.9	4.7	12.9	274	13.4	8.2	20.9	264	10.9	6.5	17.8	282	7.1	4.2	11.9	252
SEX and AGE																
Male																
18-34	11.4	4.4	26.5	62	*	*	*	*	*	*	*	*	*	*	*	*
35-64	5.8	2.9	11.3	211	10.5	5.4	19.2	160	3.5	1.6	7.8	187	5.5	2.7	10.6	183
65+	3.7	1.1	11.8	111	13.3	5.5	28.6	107	6.6	2.7	15.4	113	5.2	2.2	11.9	98
Female																
18-34	9.4	4.1	20.2	61	12.3	4.8	28.1	58	13.6	5.6	29.7	67	10.7	3.5	28.4	72
35-64	8.7	5.5	13.5	312	16.7	11.2	24.1	298	11.3	7.2	17.4	261	4.5	2.5	7.9	232
65+	10.7	6.1	18.2	163	13.4	8.7	20.2	157	13.9	7.4	24.5	169	8.6	4.5	16.1	154
INCOME																
Less than \$15,000	7.6	3.6	15.4	101	18.8	10.2	32.0	85	10.0	3.9	23.5	85	19.7	6.2	47.5	66
\$15,000 - \$24,999	15.7	7.7	29.2	107	17.7	9.8	29.8	146	16.8	7.4	34.0	128	6.0	2.8	12.4	125
\$25,000 - \$34,999	9.6	4.0	21.3	99	14.9	5.3	35.3	86	6.3	2.0	17.8	109	12.8	4.7	30.4	73
\$35,000 - \$49,999	5.4	2.2	12.3	134	14.5	8.0	25.0	130	9.3	4.5	18.1	142	7.1	3.4	14.4	131
\$50,000-\$74,999	3.1	1.2	8.2	149	7.7	3.1	18.2	113	5.7	2.7	11.7	151	2.2	0.9	5.3	131
\$75,000+	5.2	2.5	10.4	236	5.8	2.6	12.5	160	9.2	4.0	19.7	153	3.9	1.5	9.8	171
EMPLOYMENT																
Employed	7.2	4.5	11.4	448	9.6	6.0	15.1	425	9.6	6.0	15.0	413	4.5	2.8	7.3	392
Unemployed	7.4	2.6	19.3	61	*	*	*	*	*	*	*	*	*	*	*	*
Other**	10.6	6.9	16.0	415	16.4	11.1	23.6	353	10.9	6.6	17.3	391	11.3	5.9	20.6	356
EDUCATION																
K-11th Grade	*	*	*	*	12.7	6.2	24.4	76	*	*	*	*	*	*	*	*
12th Grade or GED	6.8	3.6	12.5	223	11.2	6.5	18.8	252	4.1	2.2	7.8	254	2.7	1.1	6.3	205
Some College	10.0	6.3	15.5	261	19.5	13.0	28.2	271	10.6	6.5	16.7	283	5.7	3.1	10.3	265
College Graduate+	4.0	2.3	6.9	400	4.6	2.4	8.7	226	6.4	3.2	12.3	259	7.7	4.5	13.0	275
EDUCATION																
K-11th Grade	8.0	5.9	10.9	895	13.7	10.1	18.2	758	10.1	7.2	14.0	809	7.1	4.5	11.0	758
12th Grade or GED	*	*	*	*	10.0	3.9	23.6	60	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Arthritis

Idaho adults who had ever been told they had arthritis, 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	23.1	21.7	24.5	6,021	26.3	22.6	30.3	881	30.9	26.2	36.0	827	24.2	20.7	28.1	821
SEX																
Male	20.1	18.1	22.2	2,405	22.0	17.1	27.7	372	22.4	16.8	29.2	321	20.8	15.9	26.7	305
Female	26.0	24.2	27.9	3,616	30.6	25.4	36.3	509	38.9	32.1	46.1	506	27.6	23.0	32.7	516
AGE																
18-24	3.7	1.8	7.8	240	*	*	*	*	*	*	*	*	*	*	*	*
25-34	7.5	5.1	10.9	518	4.0	1.0	13.9	50	8.9	2.4	28.3	57	10.5	4.6	22.4	69
35-44	11.5	9.1	14.5	766	21.7	12.7	34.7	77	19.8	11.7	31.6	88	9.9	5.1	18.4	113
45-54	26.2	22.7	30.0	1,043	24.5	16.5	34.7	140	25.8	18.0	35.6	164	34.0	24.1	45.6	121
55-64	36.6	33.4	40.0	1,405	37.0	29.8	44.9	245	47.0	38.0	56.2	200	44.3	35.9	53.2	197
65+	51.1	48.2	54.1	1,982	51.9	45.0	58.6	335	56.1	48.5	63.3	287	43.7	36.4	51.3	266
18-34	5.9	4.2	8.3	758	2.3	0.6	8.3	72	9.9	3.4	25.4	79	6.3	2.9	13.2	117
35-64	24.4	22.5	26.4	3,214	28.2	23.2	33.8	462	31.2	25.8	37.1	452	28.4	23.2	34.1	431
65+	51.1	48.2	54.1	1,982	51.9	45.0	58.6	335	56.1	48.5	63.3	287	43.7	36.4	51.3	266
SEX and AGE																
Male																
18-34	5.4	3.1	9.4	316	*	*	*	*	*	*	*	*	*	*	*	*
35-64	21.0	18.4	24.0	1,271	22.4	15.9	30.5	188	24.2	17.8	32.1	185	23.2	16.0	32.4	154
65+	46.5	41.9	51.2	797	46.1	36.3	56.2	156	48.1	37.1	59.2	98	39.4	28.7	51.1	105
Female																
18-34	6.3	4.1	9.6	442	*	*	*	*	*	*	*	*	6.3	2.3	16.2	73
35-64	27.8	25.2	30.6	1,943	34.7	27.6	42.5	274	38.2	30.4	46.7	267	33.2	26.4	40.9	277
65+	55.0	51.3	58.7	1,185	57.6	48.0	66.6	179	61.0	50.8	70.2	189	48.1	38.9	57.4	161
INCOME																
Less than \$15,000	29.5	24.9	34.6	680	26.5	16.2	40.3	111	40.7	27.8	55.0	119	33.9	22.7	47.3	99
\$15,000 - \$24,999	27.8	24.1	31.9	974	44.8	32.2	58.0	146	28.0	18.8	39.4	144	20.7	13.9	29.7	158
\$25,000 - \$34,999	22.1	18.3	26.4	747	18.2	11.3	27.9	106	41.4	26.5	58.0	117	21.6	14.8	30.4	145
\$35,000 - \$49,999	21.7	18.4	25.3	933	23.7	15.6	34.1	135	27.5	18.8	38.3	131	25.3	17.0	35.9	118
\$50,000-\$74,999	20.1	17.0	23.6	883	25.9	16.8	37.6	111	30.4	21.4	41.1	107	26.3	17.4	37.9	110
\$75,000+	17.6	15.0	20.5	1,081	15.6	10.7	22.1	147	17.8	10.7	28.0	109	14.7	7.9	25.6	88
EMPLOYMENT																
Employed	15.2	13.5	17.0	2,822	17.2	12.9	22.5	363	20.2	14.4	27.7	374	15.4	11.4	20.3	354
Unemployed	22.3	17.2	28.3	335	22.0	11.7	37.6	57	*	*	*	*	25.3	13.2	43.0	50
Other**	35.9	33.4	38.4	2,837	40.0	33.4	47.0	453	44.4	37.1	52.0	414	35.0	29.3	41.3	414
EDUCATION																
K-11th Grade	24.2	19.9	29.1	438	38.6	24.1	55.4	57	33.2	20.9	48.2	69	24.8	16.3	35.8	92
12th Grade or GED	25.1	22.5	27.9	1,792	25.8	19.8	32.9	275	32.7	26.1	40.2	277	22.1	16.8	28.4	283
Some College	23.4	21.0	25.9	1,939	26.7	20.6	33.7	305	32.5	23.6	42.9	259	29.4	23.0	36.9	271
College Graduate+	19.2	17.0	21.5	1,841	19.7	14.5	26.2	242	23.5	17.2	31.3	220	16.3	11.0	23.6	174
ETHNICITY																
Non-Hispanic	23.8	22.4	25.3	5,719	26.2	22.6	30.3	860	31.6	26.8	36.8	796	26.7	22.9	30.9	752
Hispanic	14.5	10.3	20.2	263	*	*	*	*	*	*	*	*	10.5	4.8	21.3	64

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Arthritis

Idaho adults who had ever been told they had arthritis, 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	20.1	17.3	23.2	934	24.7	20.9	29.0	827	23.3	19.7	27.3	847	20.7	17.7	24.1	786
SEX																
Male	15.7	11.8	20.4	385	24.2	18.4	31.1	310	24.0	18.4	30.7	345	20.3	15.8	25.8	320
Female	24.4	20.5	28.7	549	25.2	20.5	30.5	517	22.6	18.4	27.4	502	21.1	17.2	25.6	466
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	6.7	2.4	17.0	81	8.4	2.4	25.5	70	8.6	3.3	20.3	78	4.9	2.0	11.5	84
35-44	8.6	4.9	14.6	140	9.2	4.7	17.2	122	7.4	3.7	14.6	104	9.5	4.8	17.7	109
45-54	23.1	16.7	31.2	181	33.9	24.1	45.3	146	22.5	14.9	32.5	157	19.0	12.6	27.6	127
55-64	29.4	22.6	37.2	204	32.6	25.0	41.3	189	36.7	27.8	46.6	186	42.6	34.4	51.4	176
65+	49.6	42.4	56.8	275	44.7	36.8	52.8	265	59.9	52.5	66.9	284	55.5	47.9	62.9	252
18-34	6.1	2.7	13.5	124	11.0	5.0	22.5	99	4.7	1.8	11.6	110	3.0	1.2	7.1	112
35-64	19.6	16.0	23.8	525	25.5	20.5	31.1	457	22.6	17.7	28.4	447	22.8	18.6	27.7	412
65+	49.6	42.4	56.8	275	44.7	36.8	52.8	265	59.9	52.5	66.9	284	55.5	47.9	62.9	252
SEX and AGE																
Male																
18-34	6.2	1.7	20.4	61	*	*	*	*	*	*	*	*	*	*	*	*
35-64	15.6	10.9	21.9	211	24.7	17.2	34.1	160	23.6	16.1	33.1	186	22.1	16.3	29.3	179
65+	39.6	28.8	51.4	111	42.5	30.5	55.3	107	61.5	50.3	71.7	113	54.2	41.5	66.4	97
Female																
18-34	6.0	2.2	15.4	63	9.2	2.8	25.8	57	3.1	1.0	9.2	67	3.2	1.1	9.5	72
35-64	23.5	18.5	29.3	314	26.2	20.3	33.0	297	21.4	16.0	28.0	261	23.6	17.9	30.5	233
65+	56.4	47.3	65.1	164	47.0	37.4	56.7	158	58.7	48.9	67.9	171	56.4	47.2	65.3	155
INCOME																
Less than \$15,000	34.8	23.9	47.6	102	45.5	30.3	61.6	87	18.7	10.6	31.0	87	16.2	8.9	27.5	65
\$15,000 - \$24,999	18.1	11.7	27.0	106	32.2	22.0	44.3	147	37.8	26.8	50.2	128	24.8	16.5	35.6	126
\$25,000 - \$34,999	19.8	11.5	31.9	100	15.5	9.1	25.1	87	29.3	19.1	42.1	108	28.7	18.0	42.5	73
\$35,000 - \$49,999	20.0	13.5	28.6	135	26.7	16.9	39.4	130	16.5	10.4	25.1	140	23.2	15.5	33.1	131
\$50,000-\$74,999	18.0	12.2	25.8	148	15.4	9.4	24.4	113	20.7	13.6	30.2	150	11.2	7.0	17.4	129
\$75,000+	15.7	11.4	21.3	241	16.7	10.9	24.6	159	20.9	12.9	32.0	153	20.3	14.5	27.6	172
EMPLOYMENT																
Employed	12.9	9.6	17.0	448	19.2	14.4	25.1	426	15.5	11.5	20.6	411	12.4	9.5	16.2	390
Unemployed	15.1	8.3	25.9	62	*	*	*	*	*	*	*	*	*	*	*	*
Other**	34.8	29.3	40.7	419	36.7	30.1	43.9	353	35.2	28.7	42.3	394	33.1	26.9	40.0	357
EDUCATION																
K-11th Grade	*	*	*	*	15.8	9.1	26.1	79	*	*	*	*	*	*	*	*
12th Grade or GED	25.6	19.3	33.1	221	30.5	23.1	39.1	251	24.3	18.1	31.9	259	19.5	14.4	25.8	205
Some College	18.1	13.6	23.6	261	25.3	18.9	33.1	270	23.5	17.9	30.1	282	19.7	15.1	25.3	263
College Graduate+	18.2	14.5	22.7	406	20.8	15.4	27.5	226	19.9	13.9	27.7	256	21.3	16.3	27.3	275
ETHNICITY																
Non-Hispanic	21.0	18.0	24.2	901	25.7	21.8	30.1	758	22.7	19.2	26.7	810	20.9	17.9	24.3	756
Hispanic	*	*	*	*	19.3	9.3	36.0	61	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Cholesterol

Idaho adults ever told they had high cholesterol, among those screened, 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	38.5	36.6	40.5	5,012	41.8	36.6	47.1	750	42.9	37.9	48.0	701	39.9	35.1	44.9	678
SEX																
Male	40.4	37.4	43.6	1,967	44.9	36.8	53.3	313	51.5	43.5	59.3	259	41.0	33.3	49.1	249
Female	36.7	34.4	39.2	3,045	38.6	32.5	45.1	437	35.6	29.8	41.8	442	38.9	33.1	45.0	429
AGE																
18-24	3.4	0.9	12.4	71	*	*	*	*	*	*	*	*	*	*	*	*
25-34	18.7	13.1	26.0	261	*	*	*	*	*	*	*	*	*	*	*	*
35-44	24.3	20.0	29.2	566	24.1	13.8	38.7	60	41.6	26.1	59.0	65	28.1	18.1	40.9	80
45-54	40.4	36.0	44.8	901	42.7	31.6	54.5	125	31.4	23.2	41.1	137	44.8	33.0	57.3	96
55-64	49.4	45.7	53.0	1,293	51.4	43.4	59.4	217	50.1	40.6	59.6	186	60.6	51.6	68.9	184
65+	57.0	54.0	60.0	1,865	61.3	54.4	67.7	314	54.2	46.4	61.9	274	59.1	51.0	66.8	255
18-34	13.9	9.8	19.5	332	*	*	*	*	*	*	*	*	2.5	0.7	8.9	57
35-64	38.8	36.3	41.3	2,760	41.0	34.7	47.7	402	41.4	34.8	48.3	388	45.2	38.6	52.0	360
65+	57.0	54.0	60.0	1,865	61.3	54.4	67.7	314	54.2	46.4	61.9	274	59.1	51.0	66.8	255
SEX and AGE																
Male																
18-34	16.7	10.4	25.9	139	*	*	*	*	*	*	*	*	*	*	*	*
35-64	41.8	37.8	45.8	1,058	46.7	36.4	57.2	155	47.1	37.0	57.5	153	49.0	38.5	59.5	127
65+	58.0	53.1	62.7	754	63.8	54.0	72.5	147	65.9	54.7	75.5	93	59.2	45.9	71.3	99
Female																
18-34	10.7	6.5	17.3	193	*	*	*	*	*	*	*	*	*	*	*	*
35-64	36.0	32.9	39.2	1,702	35.4	28.4	43.1	247	35.2	27.4	43.9	235	41.8	33.8	50.3	233
65+	56.2	52.4	60.0	1,111	58.8	49.2	67.8	167	47.2	37.4	57.1	181	59.1	49.7	67.8	156
INCOME																
Less than \$15,000	38.4	31.9	45.3	507	37.5	21.3	57.0	82	52.4	37.1	67.3	92	46.0	31.1	61.7	75
\$15,000 - \$24,999	43.1	37.6	48.7	761	57.9	45.7	69.2	116	38.4	27.9	50.1	112	41.7	29.9	54.4	126
\$25,000 - \$34,999	41.3	35.4	47.4	609	49.2	34.3	64.3	87	41.6	27.0	57.9	103	50.1	37.5	62.8	119
\$35,000 - \$49,999	41.4	36.5	46.5	797	39.8	27.8	53.3	122	46.7	35.8	58.0	115	27.9	18.4	39.8	101
\$50,000-\$74,999	37.6	33.1	42.4	770	37.1	25.1	50.9	101	34.6	24.5	46.4	99	45.5	33.6	57.8	94
\$75,000+	31.0	27.3	34.9	977	30.8	22.7	40.4	137	36.6	25.5	49.4	97	26.8	17.2	39.3	79
EMPLOYMENT																
Employed	32.3	29.6	35.1	2,250	34.1	27.2	41.7	299	33.2	26.1	41.2	301	29.9	23.6	37.0	284
Unemployed	31.2	24.0	39.5	235	*	*	*	*	*	*	*	*	*	*	*	*
Other**	48.4	45.5	51.3	2,509	53.2	44.9	61.3	403	58.1	51.2	64.6	373	54.4	47.2	61.4	356
EDUCATION																
K-11th Grade	41.5	34.1	49.4	300	*	*	*	*	*	*	*	*	42.7	27.8	59.0	65
12th Grade or GED	41.1	37.4	44.9	1,429	41.3	31.9	51.4	223	47.7	38.9	56.5	234	39.0	31.1	47.6	225
Some College	39.1	35.8	42.5	1,652	41.0	33.0	49.6	268	36.7	28.9	45.2	219	43.2	35.0	51.7	232
College Graduate+	33.7	30.7	36.8	1,622	41.4	32.5	51.0	212	39.8	31.2	49.1	200	31.4	23.3	40.8	155
ETHNICITY																
Non-Hispanic	39.1	37.1	41.1	4,810	41.2	36.0	46.6	730	42.7	37.6	47.8	685	43.4	38.4	48.6	633
Hispanic	32.8	23.8	43.3	173	*	*	*	*	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Cholesterol

Idaho adults ever told they had high cholesterol, among those screened, 2011

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	39.7	35.4	44.2	776	38.7	33.6	44.0	689	35.7	30.8	40.9	705	34.5	29.8	39.5	645
SEX																
Male	39.5	32.7	46.7	315	40.6	32.4	49.4	255	37.5	29.5	46.3	281	35.9	28.8	43.6	264
Female	39.9	34.4	45.6	461	36.7	30.9	43.1	434	34.1	28.5	40.2	424	33.3	27.3	39.8	381
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-44	20.9	12.7	32.4	102	24.3	14.3	38.1	88	26.0	15.6	39.9	79	21.0	12.4	33.4	80
45-54	36.5	27.7	46.2	153	45.1	34.1	56.7	129	40.2	30.0	51.3	143	42.8	32.2	54.1	111
55-64	48.7	40.1	57.4	197	45.7	36.8	54.9	171	40.6	31.7	50.2	168	43.5	35.0	52.5	164
65+	60.7	53.4	67.5	264	47.7	39.4	56.1	248	54.3	46.3	62.1	261	51.1	43.1	59.1	235
18-34	25.7	13.5	43.5	50	*	*	*	*	*	*	*	*	*	*	*	*
35-64	35.7	30.4	41.4	452	39.7	33.4	46.3	388	36.6	30.4	43.4	390	36.3	30.4	42.7	355
65+	60.7	53.4	67.5	264	47.7	39.4	56.1	248	54.3	46.3	62.1	261	51.1	43.1	59.1	235
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-64	36.3	28.3	45.2	178	44.6	34.0	55.8	132	36.6	26.8	47.6	156	37.9	28.9	47.8	150
65+	61.1	49.4	71.7	109	44.8	32.4	57.8	103	52.8	40.5	64.8	104	46.8	34.1	59.9	91
Female																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-64	35.2	28.4	42.7	274	35.5	28.4	43.3	256	36.7	29.6	44.5	234	34.7	27.4	42.9	205
65+	60.3	50.9	69.0	155	51.0	41.4	60.5	145	55.4	44.9	65.4	157	54.5	44.9	63.8	144
INCOME																
Less than \$15,000	36.4	24.1	50.8	83	49.3	30.0	68.8	69	39.8	21.9	60.9	55	*	*	*	*
\$15,000 - \$24,999	52.9	36.4	68.8	73	34.5	23.0	48.1	118	37.2	25.3	50.9	104	36.4	25.3	49.2	99
\$25,000 - \$34,999	43.7	29.0	59.7	73	13.8	6.9	25.9	67	40.9	27.7	55.6	90	35.0	20.4	53.1	63
\$35,000 - \$49,999	48.2	37.3	59.2	115	46.7	34.1	59.7	112	42.5	30.0	56.1	124	40.6	28.2	54.2	98
\$50,000-\$74,999	39.3	29.7	49.7	130	49.2	36.2	62.3	99	27.8	18.6	39.4	126	35.1	25.0	46.7	109
\$75,000+	29.2	22.3	37.1	218	39.8	30.3	50.1	144	33.0	24.4	42.9	137	31.7	23.6	41.1	153
EMPLOYMENT																
Employed	33.6	27.5	40.2	349	39.2	31.9	47.0	339	32.0	25.4	39.4	338	28.7	22.8	35.4	303
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	48.5	42.1	54.9	386	41.1	34.0	48.6	318	44.1	36.5	51.9	338	43.9	36.3	51.8	312
EDUCATION																
K-11th Grade	*	*	*	*	32.2	18.9	49.2	51	*	*	*	*	*	*	*	*
12th Grade or GED	45.0	35.8	54.5	171	43.0	33.1	53.5	198	39.3	29.9	49.5	203	37.4	28.0	47.9	158
Some College	45.2	37.1	53.6	215	39.1	30.8	48.0	235	29.0	22.1	37.1	242	32.4	25.3	40.5	221
College Graduate+	30.3	25.1	36.1	362	34.6	26.5	43.7	204	40.0	31.8	48.7	226	38.1	30.5	46.3	235
ETHNICITY																
Non-Hispanic	38.3	34.1	42.8	756	40.0	34.8	45.4	642	36.4	31.5	41.6	677	35.7	30.9	40.8	626
Hispanic	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Blood Pressure

Idaho adults who were ever told they had high blood pressure, 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	29.4	27.8	31.1	6,056	30.8	26.7	35.1	883	34.8	30.0	40.0	834	27.9	24.2	31.9	825
SEX																
Male	31.1	28.5	33.7	2,423	31.0	25.0	37.6	372	39.5	31.9	47.6	324	29.9	23.9	36.6	306
Female	27.8	25.8	29.8	3,633	30.5	25.3	36.4	511	30.5	24.6	37.0	510	25.9	21.8	30.5	519
AGE																
18-24	10.2	6.4	15.7	244	*	*	*	*	*	*	*	*	*	*	*	*
25-34	14.1	10.8	18.3	523	14.4	6.4	29.2	50	11.9	5.2	24.6	58	5.4	2.2	12.7	69
35-44	18.3	14.8	22.4	768	17.5	9.6	29.9	77	30.4	18.5	45.7	89	18.9	11.6	29.2	114
45-54	30.9	27.3	34.8	1,054	26.1	18.3	35.9	142	32.1	23.9	41.7	165	35.5	25.7	46.6	123
55-64	42.6	39.1	46.1	1,413	44.0	35.9	52.5	244	43.2	34.6	52.2	203	44.1	35.5	53.0	198
65+	59.2	56.3	62.0	1,989	57.9	51.0	64.5	337	56.6	48.9	64.1	288	57.8	50.2	65.2	266
18-34	12.4	9.8	15.6	767	10.2	5.0	19.8	71	18.5	9.8	32.3	81	4.0	1.9	8.5	118
35-64	30.2	28.1	32.5	3,235	30.1	24.8	35.9	463	35.4	29.6	41.6	457	32.0	26.6	38.0	435
65+	59.2	56.3	62.0	1,989	57.9	51.0	64.5	337	56.6	48.9	64.1	288	57.8	50.2	65.2	266
SEX and AGE																
Male																
18-34	14.1	10.3	19.1	324	*	*	*	*	*	*	*	*	*	*	*	*
35-64	33.4	30.0	37.0	1,279	32.3	24.4	41.5	188	42.6	33.6	52.1	186	37.0	28.1	46.8	154
65+	59.5	54.9	64.0	800	59.5	49.4	68.9	156	66.4	55.4	75.9	99	58.6	46.6	69.6	105
Female																
18-34	10.6	7.4	14.8	443	*	*	*	*	*	*	*	*	4.5	1.7	11.6	73
35-64	27.0	24.4	29.7	1,956	27.5	21.3	34.7	275	28.1	21.6	35.7	271	27.5	21.6	34.3	281
65+	58.9	55.2	62.5	1,189	56.4	46.9	65.4	181	50.6	40.7	60.4	189	57.1	47.5	66.2	161
INCOME																
Less than \$15,000	35.3	29.8	41.2	684	36.6	23.6	51.8	111	26.8	17.7	38.4	121	35.1	23.6	48.5	99
\$15,000 - \$24,999	31.7	27.6	36.2	979	35.6	24.9	48.1	147	31.3	21.2	43.5	144	28.9	20.6	38.8	158
\$25,000 - \$34,999	29.0	24.6	33.8	750	35.0	24.2	47.6	106	49.0	33.7	64.4	118	32.3	23.6	42.4	146
\$35,000 - \$49,999	28.9	25.1	33.0	940	28.5	19.7	39.2	136	35.3	24.5	48.0	133	29.4	19.6	41.5	117
\$50,000-\$74,999	29.9	25.8	34.3	889	25.6	16.0	38.2	112	38.0	27.5	49.7	108	31.5	21.6	43.4	110
\$75,000+	25.5	22.2	29.2	1,082	23.8	15.8	34.1	147	31.7	21.7	43.8	108	19.4	11.1	31.6	88
EMPLOYMENT																
Employed	22.5	20.4	24.7	2,839	24.8	19.4	31.1	366	28.3	21.6	36.0	376	18.2	13.8	23.5	353
Unemployed	31.4	24.9	38.7	340	16.6	8.5	29.8	57	*	*	*	*	24.8	13.6	40.9	51
Other**	40.2	37.6	42.9	2,849	42.3	35.4	49.5	453	44.2	37.0	51.7	418	40.8	34.7	47.3	416
EDUCATION																
K-11th Grade	34.9	29.2	41.1	440	40.6	25.1	58.3	56	44.5	29.6	60.4	69	31.3	21.0	43.9	93
12th Grade or GED	31.3	28.3	34.4	1,810	29.0	22.3	36.7	279	39.2	31.5	47.6	279	28.3	22.5	35.0	286
Some College	28.8	26.1	31.6	1,948	32.3	25.5	39.9	303	32.6	24.3	42.2	260	27.5	21.3	34.6	270
College Graduate+	24.9	22.4	27.5	1,847	25.1	18.8	32.6	243	27.5	20.5	35.8	223	22.7	16.4	30.4	175
ETHNICITY																
Non-Hispanic	29.9	28.3	31.6	5,751	29.6	25.6	33.9	860	35.8	30.8	41.1	803	30.0	26.1	34.3	756
Hispanic	23.7	17.5	31.4	266	*	*	*	*	*	*	*	*	16.5	8.6	29.4	64

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Blood Pressure

Idaho adults who were ever told they had high blood pressure, 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	29.2	25.6	33.1	937	33.1	28.7	37.8	832	32.8	28.0	38.1	851	26.4	22.5	30.6	792
SEX																
Male	29.3	23.8	35.5	388	36.6	29.6	44.2	311	34.9	27.3	43.5	347	29.7	23.6	36.7	325
Female	29.1	24.6	34.0	549	29.6	24.6	35.2	521	30.7	25.2	36.9	504	23.4	18.9	28.6	467
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	21.6	12.8	34.1	81	13.8	6.3	27.4	70	16.0	8.0	29.7	79	10.4	5.1	20.1	84
35-44	12.7	7.3	21.0	139	27.1	17.2	39.9	122	29.0	15.1	48.4	104	13.2	6.8	23.9	110
45-54	27.1	20.0	35.5	181	36.7	26.5	48.2	148	36.1	26.7	46.6	158	29.0	20.3	39.6	130
55-64	43.3	35.0	52.0	206	36.9	28.8	45.7	190	41.2	32.1	50.9	186	46.4	37.9	55.1	178
65+	62.4	55.3	68.9	276	62.3	54.0	69.9	267	56.9	49.3	64.1	286	55.1	47.2	62.7	252
18-34	17.4	10.8	26.8	125	13.4	6.9	24.5	99	16.4	8.9	28.2	111	11.2	5.9	20.5	112
35-64	26.4	22.0	31.3	526	33.6	27.9	39.9	460	35.6	28.8	42.9	448	28.7	23.6	34.4	418
65+	62.4	55.3	68.9	276	62.3	54.0	69.9	267	56.9	49.3	64.1	286	55.1	47.2	62.7	252
SEX and AGE																
Male																
18-34	19.5	10.3	33.8	62	*	*	*	*	*	*	*	*	*	*	*	*
35-64	27.7	21.0	35.6	212	39.0	29.7	49.3	160	39.3	28.6	51.1	187	30.0	22.7	38.5	184
65+	61.7	50.0	72.2	112	59.6	46.2	71.7	108	54.0	42.2	65.4	113	52.5	39.4	65.3	97
Female																
18-34	15.0	7.3	28.4	63	7.1	2.3	20.0	57	14.5	6.2	30.4	67	5.1	1.5	15.8	72
35-64	25.1	19.8	31.2	314	28.5	22.0	36.0	300	31.0	24.4	38.6	261	27.3	20.7	35.0	234
65+	62.8	54.0	70.9	164	64.9	55.5	73.3	159	58.8	49.2	67.9	173	57.0	47.8	65.8	155
INCOME																
Less than \$15,000	41.9	28.7	56.3	102	56.0	40.0	70.8	88	33.6	19.6	51.2	87	23.1	10.0	44.7	66
\$15,000 - \$24,999	28.0	18.5	40.0	108	37.6	26.8	49.9	147	38.0	25.4	52.5	129	26.8	18.5	37.1	127
\$25,000 - \$34,999	25.3	15.9	37.9	100	19.0	11.5	29.8	87	23.3	14.2	35.8	109	33.4	20.5	49.5	73
\$35,000 - \$49,999	31.6	23.1	41.5	135	32.9	23.6	43.9	130	34.3	23.6	46.7	141	25.5	17.0	36.4	131
\$50,000-\$74,999	28.6	20.5	38.5	149	36.8	25.1	50.2	113	37.1	24.9	51.3	151	26.9	18.8	36.8	131
\$75,000+	24.9	19.0	32.0	241	23.8	17.1	32.1	160	34.9	24.3	47.2	153	23.8	17.0	32.2	172
EMPLOYMENT																
Employed	22.7	18.2	27.9	450	24.5	19.5	30.4	428	29.1	22.5	36.8	414	18.9	14.7	24.0	394
Unemployed	31.8	18.5	48.9	62	*	*	*	*	*	*	*	*	*	*	*	*
Other**	40.6	34.5	46.9	420	45.9	38.7	53.2	355	38.4	31.3	46.1	395	36.8	29.7	44.5	358
EDUCATION																
K-11th Grade	*	*	*	*	35.2	23.7	48.7	80	*	*	*	*	*	*	*	*
12th Grade or GED	32.9	25.5	41.3	225	37.6	29.5	46.4	255	33.2	25.6	41.8	257	23.9	17.2	32.1	207
Some College	28.6	22.6	35.5	261	30.8	23.7	38.9	270	32.3	24.1	41.8	285	28.5	21.8	36.3	267
College Graduate+	23.7	19.2	28.8	406	25.7	19.5	33.1	226	28.6	21.5	36.8	258	27.7	21.8	34.5	275
ETHNICITY																
Non-Hispanic	29.3	25.7	33.2	904	34.2	29.6	39.1	763	32.8	28.1	37.8	814	27.5	23.5	31.9	762
Hispanic	*	*	*	*	27.3	15.3	43.8	61	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Fruit and Vegetable Consumption

Idaho adults consuming fewer than five servings of fruits and vegetables a day, 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	82.5	81.0	83.9	5,802	81.3	76.8	85.1	841	86.7	83.0	89.7	795	82.5	78.5	85.9	794
SEX																
Male	86.9	84.7	88.8	2,315	85.2	78.4	90.1	346	92.0	88.2	94.7	304	88.2	82.2	92.4	296
Female	78.2	76.0	80.2	3,487	77.5	71.1	82.9	495	81.8	75.6	86.7	491	76.9	71.3	81.7	498
AGE																
18-24	86.2	80.7	90.4	234	*	*	*	*	*	*	*	*	*	*	*	*
25-34	81.9	77.3	85.7	506	*	*	*	*	86.9	69.6	95.1	57	76.6	62.1	86.7	67
35-44	79.6	75.0	83.5	737	72.3	57.2	83.6	73	86.2	77.4	92.0	86	81.5	69.9	89.3	109
45-54	83.6	80.5	86.3	1,018	77.7	67.1	85.6	136	84.6	75.0	90.9	157	89.8	83.0	94.1	121
55-64	83.4	80.9	85.7	1,377	81.6	74.8	86.9	243	82.2	75.1	87.7	196	86.2	80.1	90.6	193
65+	81.2	78.7	83.5	1,868	85.2	80.3	89.0	309	86.1	79.8	90.7	268	79.2	71.7	85.1	253
18-34	83.8	80.3	86.7	740	85.9	71.6	93.6	68	90.6	78.9	96.1	79	79.4	69.5	86.7	112
35-64	82.2	80.2	84.1	3,132	77.6	71.7	82.6	452	84.3	79.7	88.0	439	85.8	81.0	89.6	423
65+	81.2	78.7	83.5	1,868	85.2	80.3	89.0	309	86.1	79.8	90.7	268	79.2	71.7	85.1	253
SEX and AGE																
Male																
18-34	88.4	83.7	91.8	310	*	*	*	*	*	*	*	*	*	*	*	*
35-64	86.7	83.7	89.3	1,232	80.8	70.6	88.1	181	87.6	80.9	92.1	174	93.9	89.1	96.7	152
65+	84.8	80.7	88.1	754	88.2	80.7	93.0	138	91.8	82.8	96.3	92	85.5	73.3	92.7	101
Female																
18-34	79.0	73.8	83.4	430	*	*	*	*	*	*	*	*	77.7	65.0	86.7	70
35-64	77.7	75.0	80.2	1,900	74.1	67.0	80.2	271	81.2	74.3	86.5	265	78.1	70.1	84.4	271
65+	78.3	75.0	81.3	1,114	82.4	75.5	87.7	171	82.6	73.5	89.0	176	72.7	62.6	80.8	152
INCOME																
Less than \$15,000	85.0	79.6	89.1	657	84.4	59.7	95.2	106	86.1	74.9	92.7	118	74.0	56.6	86.2	95
\$15,000 - \$24,999	85.4	81.2	88.7	934	90.8	81.8	95.6	139	93.9	89.5	96.6	137	83.8	72.4	91.1	158
\$25,000 - \$34,999	81.3	76.3	85.5	718	80.5	63.4	90.8	101	81.5	63.2	91.9	114	88.9	81.2	93.7	141
\$35,000 - \$49,999	85.2	81.6	88.2	917	82.4	72.1	89.4	132	86.9	78.1	92.5	126	82.8	71.8	90.1	115
\$50,000-\$74,999	78.3	74.0	82.1	863	80.7	68.3	89.0	107	83.4	74.1	89.8	103	86.3	78.3	91.7	106
\$75,000+	79.7	76.4	82.7	1,057	72.8	61.8	81.6	141	80.5	70.1	88.0	106	79.6	68.1	87.7	85
EMPLOYMENT																
Employed	83.8	81.7	85.7	2,735	82.2	76.1	87.0	354	88.5	84.4	91.7	358	85.6	79.9	89.9	340
Unemployed	83.4	77.0	88.3	324	85.7	67.3	94.6	52	*	*	*	*	*	*	*	*
Other**	80.5	78.1	82.8	2,719	79.2	71.0	85.5	427	87.1	82.2	90.8	398	77.7	71.1	83.2	401
EDUCATION																
K-11th Grade	83.9	78.3	88.2	415	82.4	57.0	94.3	55	89.8	79.5	95.3	64	84.3	71.7	91.9	89
12th Grade or GED	85.3	82.4	87.8	1,699	80.0	70.6	86.9	263	92.7	87.5	95.8	263	84.2	77.0	89.4	269
Some College	82.4	79.6	84.8	1,885	83.2	76.5	88.4	288	86.6	78.6	92.0	252	82.6	75.4	88.0	265
College Graduate+	78.3	75.7	80.6	1,793	78.9	71.4	84.8	234	75.1	66.8	81.9	213	75.9	67.2	82.9	170
ETHNICITY																
Non-Hispanic	83.4	81.9	84.7	5,517	81.3	76.7	85.2	819	86.4	82.5	89.5	765	83.6	79.9	86.8	732
Hispanic	73.7	65.1	80.8	247	*	*	*	*	*	*	*	*	76.9	59.7	88.2	57

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Fruit and Vegetable Consumption

Idaho adults consuming fewer than five servings of fruits and vegetables a day, 2011

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	82.0	78.6	85.0	899	81.9	77.7	85.5	795	80.5	75.4	84.8	816	83.1	79.0	86.5	764
SEX																
Male	87.0	82.0	90.7	374	83.1	75.6	88.7	300	81.3	72.3	87.9	332	89.3	83.5	93.2	316
Female	77.3	72.3	81.5	525	80.7	75.9	84.8	495	79.8	73.8	84.7	484	77.5	71.4	82.6	448
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	83.6	72.5	90.8	75	76.6	62.1	86.8	69	75.9	60.9	86.4	75	85.6	75.7	91.9	83
35-44	80.8	71.2	87.7	135	81.6	68.5	90.0	119	77.1	54.9	90.3	99	80.4	67.7	89.0	104
45-54	81.0	74.0	86.4	176	88.2	81.4	92.8	143	80.3	69.0	88.2	153	87.6	79.3	92.9	125
55-64	84.4	78.2	89.0	202	82.9	75.6	88.3	182	84.1	75.7	90.0	182	79.9	71.5	86.4	173
65+	79.0	72.5	84.3	260	77.0	68.2	83.9	248	84.3	77.5	89.3	272	80.8	74.7	85.7	241
18-34	84.2	75.5	90.2	117	81.5	70.7	88.9	97	78.5	67.9	86.3	106	85.2	76.1	91.2	111
35-64	81.8	77.5	85.5	513	84.4	79.4	88.4	444	80.6	72.7	86.7	434	82.8	77.3	87.2	402
65+	79.0	72.5	84.3	260	77.0	68.2	83.9	248	84.3	77.5	89.3	272	80.8	74.7	85.7	241
SEX and AGE																
Male																
18-34	87.9	74.7	94.7	57	*	*	*	*	*	*	*	*	*	*	*	*
35-64	87.6	81.3	91.9	208	88.1	78.6	93.8	154	80.1	65.7	89.4	179	88.7	79.5	94.1	178
65+	82.9	72.2	90.1	107	76.0	60.6	86.6	104	86.4	75.5	92.9	109	87.0	78.3	92.5	94
Female																
18-34	80.2	67.0	89.0	60	82.8	70.1	90.8	56	76.4	61.5	86.7	64	79.0	65.4	88.2	71
35-64	76.3	69.9	81.6	305	81.1	75.1	86.0	290	81.3	75.0	86.3	255	76.2	68.7	82.4	224
65+	76.3	67.7	83.2	153	78.1	69.1	85.1	144	82.8	73.2	89.5	163	76.0	67.5	82.9	147
INCOME																
Less than \$15,000	87.1	75.5	93.7	101	82.7	69.5	90.9	83	88.4	72.2	95.7	79	88.0	75.4	94.7	65
\$15,000 - \$24,999	78.3	65.3	87.3	102	78.1	64.4	87.5	139	86.4	74.2	93.4	121	89.4	78.9	95.0	120
\$25,000 - \$34,999	78.9	64.3	88.5	94	78.4	63.3	88.5	82	71.0	55.8	82.6	104	80.5	63.9	90.6	71
\$35,000 - \$49,999	89.0	81.9	93.6	133	87.1	73.7	94.2	127	79.9	67.3	88.4	139	89.5	81.5	94.3	128
\$50,000-\$74,999	75.9	66.4	83.3	143	77.0	65.4	85.5	113	67.0	50.9	79.9	147	79.2	67.3	87.6	130
\$75,000+	82.1	75.9	87.0	235	79.7	71.0	86.3	158	86.6	79.5	91.5	153	76.9	67.4	84.3	167
EMPLOYMENT																
Employed	82.8	77.9	86.7	436	82.2	76.2	86.9	413	78.5	70.8	84.7	401	86.0	80.6	90.1	378
Unemployed	83.9	69.2	92.3	59	*	*	*	*	*	*	*	*	*	*	*	*
Other**	81.4	76.3	85.6	400	80.3	74.1	85.4	337	83.8	76.8	89.0	376	79.9	73.1	85.3	347
EDUCATION																
K-11th Grade	*	*	*	*	81.5	68.0	90.1	74	*	*	*	*	*	*	*	*
12th Grade or GED	83.8	75.9	89.5	210	89.7	82.5	94.2	233	83.1	74.0	89.5	241	88.5	80.5	93.5	198
Some College	81.4	74.6	86.7	250	79.5	71.2	85.9	265	78.1	68.0	85.7	275	83.9	76.9	89.1	260
College Graduate+	79.2	74.6	83.3	394	72.3	63.6	79.5	222	81.0	73.6	86.7	254	79.6	73.2	84.8	266
ETHNICITY																
Non-Hispanic	83.2	80.1	86.0	868	84.6	80.9	87.7	727	81.4	76.8	85.2	784	83.7	79.6	87.1	737
Hispanic	*	*	*	*	67.8	50.6	81.2	60	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Physical Activity

Idaho adults with no leisure time physical activity, 2011

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	21.4	19.8 23.1	5,784	20.2	16.2 24.8	836	19.5	15.9 23.6	787	26.0	21.9 30.5	798
SEX												
Male	20.6	18.3 23.2	2,311	14.8	10.0 21.4	344	18.3	13.3 24.6	301	25.9	20.1 32.8	298
Female	22.2	20.1 24.5	3,473	25.5	19.6 32.3	492	20.5	15.7 26.4	486	26.0	20.6 32.2	500
AGE												
18-24	15.9	11.2 22.2	236	*	*	*	*	*	*	*	*	*
25-34	19.0	14.6 24.3	500	*	*	*	8.6	3.7 18.7	55	20.7	11.6 34.1	66
35-44	19.8	15.7 24.6	734	16.3	7.6 31.5	72	14.7	8.3 24.6	84	34.3	23.3 47.4	109
45-54	19.7	16.5 23.4	1,014	16.3	9.7 26.2	136	18.9	12.8 27.0	157	25.6	17.0 36.8	121
55-64	21.5	18.7 24.6	1,369	20.9	15.1 28.2	239	26.8	18.8 36.6	195	25.4	18.2 34.3	193
65+	31.7	28.9 34.7	1,870	29.6	23.3 36.7	311	28.6	21.6 36.9	265	32.1	25.1 40.0	255
18-34	17.7	14.3 21.6	736	17.4	8.4 32.8	66	11.6	5.7 22.0	77	18.1	11.5 27.2	113
35-64	20.3	18.3 22.5	3,117	18.0	13.5 23.5	447	20.3	15.9 25.5	436	28.7	22.9 35.2	423
65+	31.7	28.9 34.7	1,870	29.6	23.3 36.7	311	28.6	21.6 36.9	265	32.1	25.1 40.0	255
SEX and AGE												
Male												
18-34	16.9	12.4 22.6	312	*	*	*	*	*	*	*	*	*
35-64	20.4	17.3 23.8	1,225	13.1	7.9 20.9	178	20.5	14.7 27.8	173	28.3	20.1 38.2	150
65+	29.4	25.1 34.1	755	24.6	15.8 36.0	140	25.2	16.1 37.0	91	33.5	22.9 46.1	101
Female												
18-34	18.5	13.9 24.2	424	*	*	*	*	*	*	17.4	9.1 30.7	68
35-64	20.2	17.6 23.1	1,892	23.1	16.5 31.3	269	20.1	14.0 28.0	263	29.0	21.3 38.1	273
65+	33.7	30.1 37.6	1,115	34.3	25.9 43.8	171	30.7	21.3 42.1	174	30.6	22.4 40.3	154
INCOME												
Less than \$15,000	29.6	24.1 35.8	659	31.9	16.7 52.3	106	39.5	26.3 54.4	115	36.0	23.2 51.0	96
\$15,000 - \$24,999	28.9	24.5 33.9	929	26.9	17.9 38.4	141	17.3	10.0 28.1	136	27.2	18.4 38.2	157
\$25,000 - \$34,999	21.2	16.9 26.1	715	15.3	8.4 26.3	100	18.0	11.2 27.7	112	20.2	13.7 28.8	144
\$35,000 - \$49,999	24.4	20.0 29.5	912	20.3	10.3 36.2	130	18.0	9.1 32.5	124	23.4	14.1 36.4	114
\$50,000-\$74,999	14.8	12.1 18.1	858	15.1	8.8 24.7	107	13.9	7.7 23.9	102	20.0	11.9 31.5	105
\$75,000+	10.1	8.1 12.5	1,048	9.1	5.2 15.4	141	12.3	6.6 21.7	106	14.0	7.9 23.7	85
EMPLOYMENT												
Employed	19.6	17.4 22.1	2,717	16.4	11.3 23.1	352	14.6	10.4 20.2	356	24.1	18.6 30.7	338
Unemployed	23.0	17.2 30.0	324	11.4	4.7 24.9	51	*	*	*	28.9	14.6 49.0	51
Other**	23.4	21.1 26.0	2,719	27.6	20.9 35.5	425	26.0	20.1 33.0	392	26.6	21.0 33.0	405
EDUCATION												
K-11th Grade	42.7	35.9 49.7	406	51.5	33.7 69.0	55	34.6	20.0 52.7	57	46.3	32.8 60.4	88
12th Grade or GED	24.2	21.2 27.4	1,699	15.7	11.1 21.6	260	20.7	15.2 27.6	262	27.7	20.9 35.6	275
Some College	18.3	15.9 21.0	1,878	19.9	13.6 28.0	284	17.0	12.0 23.6	252	16.8	12.1 22.8	264
College Graduate+	11.0	9.2 13.0	1,790	11.1	6.6 18.1	236	12.5	7.6 19.9	213	16.4	10.7 24.3	170
ETHNICITY												
Non-Hispanic	20.4	18.8 22.1	5,500	19.7	15.7 24.5	814	18.8	15.2 23.0	759	23.8	19.9 28.2	734
Hispanic	31.5	24.2 39.9	247	*	*	*	*	*	*	37.2	23.4 53.3	59

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Physical Activity

Idaho adults with no leisure time physical activity, 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	19.8	16.3	23.7	892	23.9	19.7	28.7	793	21.4	17.6	25.9	822	20.5	16.4	25.4	759
SEX																
Male	18.1	13.3	24.1	373	22.0	16.1	29.3	297	20.5	15.0	27.4	336	24.4	17.8	32.3	316
Female	21.4	16.8	26.9	519	25.8	20.2	32.3	496	22.3	17.3	28.4	486	17.0	12.4	23.0	443
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	15.0	7.3	28.4	76	31.2	18.6	47.4	69	17.7	9.0	31.8	76	17.3	8.6	31.5	81
35-44	15.8	8.4	27.7	134	20.3	12.3	31.5	119	16.4	8.7	28.7	98	19.0	11.0	30.9	106
45-54	16.3	10.6	24.3	175	19.4	12.4	29.2	141	28.5	19.1	40.3	153	20.1	12.3	30.9	124
55-64	20.0	13.9	27.9	202	18.9	12.7	27.1	179	19.9	13.6	28.1	182	20.9	14.5	29.3	172
65+	33.1	26.4	40.6	255	35.0	27.3	43.6	251	33.5	26.6	41.2	277	31.1	24.0	39.3	239
18-34	17.6	10.6	27.6	117	24.5	15.3	36.9	97	14.5	8.1	24.7	108	16.8	9.2	28.9	109
35-64	17.1	13.0	22.2	511	19.5	15.1	24.9	439	22.0	16.8	28.2	433	20.0	15.2	25.7	402
65+	33.1	26.4	40.6	255	35.0	27.3	43.6	251	33.5	26.6	41.2	277	31.1	24.0	39.3	239
SEX and AGE																
Male																
18-34	9.0	3.3	22.4	58	*	*	*	*	*	*	*	*	*	*	*	*
35-64	19.3	12.8	28.1	207	16.6	10.7	24.7	152	23.0	15.2	33.1	180	23.7	16.3	33.2	179
65+	35.3	24.5	47.8	106	27.4	17.2	40.7	103	33.7	23.7	45.4	111	26.2	16.0	39.7	94
Female																
18-34	27.1	15.6	43.0	59	22.2	10.4	41.2	56	18.2	9.0	33.3	65	10.7	3.6	27.8	69
35-64	15.1	10.6	21.0	304	22.2	16.1	29.7	287	20.8	15.0	28.1	253	15.7	11.0	22.0	223
65+	31.6	23.4	41.0	149	42.9	32.9	53.6	148	33.4	24.3	43.8	166	35.0	25.9	45.2	145
INCOME																
Less than \$15,000	22.4	13.3	35.2	100	30.3	18.1	46.1	83	28.7	15.5	47.0	84	28.1	12.4	52.1	65
\$15,000 - \$24,999	40.7	28.2	54.6	102	29.3	19.7	41.1	138	29.7	18.1	44.6	121	24.7	14.6	38.7	117
\$25,000 - \$34,999	16.2	8.6	28.3	95	36.3	20.0	56.5	80	25.3	15.2	39.0	102	18.5	8.7	35.1	71
\$35,000 - \$49,999	30.5	20.7	42.6	132	25.5	16.7	36.9	126	19.7	12.2	30.2	141	28.6	17.6	43.0	128
\$50,000-\$74,999	9.4	5.2	16.3	143	19.9	10.4	34.6	112	18.6	11.9	27.9	146	16.6	10.4	25.6	129
\$75,000+	9.6	6.0	15.1	232	10.9	6.8	17.2	155	10.1	5.8	16.9	153	10.0	5.6	17.4	164
EMPLOYMENT																
Employed	18.5	13.8	24.3	434	23.3	17.6	30.2	407	22.2	16.7	29.0	400	18.0	13.0	24.4	376
Unemployed	14.4	7.5	26.0	58	*	*	*	*	*	*	*	*	*	*	*	*
Other**	22.5	17.4	28.5	396	25.3	19.4	32.3	342	20.7	15.7	26.8	381	20.2	14.1	28.2	345
EDUCATION																
K-11th Grade	*	*	*	*	38.6	25.4	53.7	74	*	*	*	*	*	*	*	*
12th Grade or GED	28.3	20.7	37.4	208	28.2	20.7	37.2	234	23.5	16.8	32.0	246	20.4	13.1	30.1	193
Some College	17.7	12.5	24.5	248	19.0	13.3	26.4	266	20.1	14.5	27.0	274	19.6	13.6	27.4	259
College Graduate+	9.5	6.7	13.4	392	9.2	6.1	13.6	218	9.8	5.9	15.6	254	13.3	8.8	19.5	268
ETHNICITY																
Non-Hispanic	19.1	15.7	23.1	861	23.1	18.7	28.2	725	21.7	17.8	26.2	791	19.5	15.4	24.4	732
Hispanic	*	*	*	*	27.8	16.4	42.9	60	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Overweight

Idaho adults who were overweight (BMI ≥ 25), 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	62.3	60.3	64.3	5,739	62.6	57.1	67.9	854	66.8	61.0	72.1	791	63.8	58.7	68.7	783
SEX																
Male	68.5	65.4	71.5	2,405	70.5	61.7	78.0	376	72.4	64.3	79.3	320	66.8	58.7	74.1	305
Female	55.6	52.9	58.1	3,334	54.0	46.8	61.0	478	61.3	53.1	68.8	471	60.5	54.1	66.5	478
AGE																
18-24	37.7	30.7	45.3	224	*	*	*	*	*	*	*	*	*	*	*	*
25-34	55.7	49.9	61.3	483	*	*	*	*	66.9	49.1	80.9	54	51.0	36.3	65.5	66
35-44	65.5	60.7	70.1	737	66.2	52.2	77.8	76	73.6	61.3	83.0	84	68.8	57.5	78.3	111
45-54	70.4	66.4	74.1	1,000	68.0	57.4	77.0	143	70.8	61.4	78.8	155	74.1	62.0	83.4	114
55-64	73.7	70.5	76.7	1,330	72.3	64.5	78.9	229	77.0	67.7	84.3	187	79.4	72.2	85.2	188
65+	67.5	64.8	70.2	1,924	66.9	60.4	72.8	331	65.6	57.8	72.7	284	68.0	60.7	74.5	258
18-34	47.9	43.4	52.5	707	45.3	30.9	60.5	64	55.5	40.3	69.7	77	45.8	35.0	57.1	110
35-64	69.8	67.4	72.0	3,067	69.0	62.9	74.4	448	73.8	68.1	78.8	426	73.7	67.7	79.0	413
65+	67.5	64.8	70.2	1,924	66.9	60.4	72.8	331	65.6	57.8	72.7	284	68.0	60.7	74.5	258
SEX and AGE																
Male																
18-34	49.7	43.1	56.3	322	*	*	*	*	*	*	*	*	*	*	*	*
35-64	78.8	75.3	81.9	1,267	80.4	71.4	87.2	191	79.2	70.8	85.6	183	78.9	69.1	86.2	153
65+	76.1	72.1	79.6	800	75.8	66.9	82.9	157	77.8	67.4	85.6	98	74.5	63.6	83.1	105
Female																
18-34	45.8	39.6	52.1	385	*	*	*	*	*	*	*	*	46.2	32.6	60.3	64
35-64	60.1	56.9	63.2	1,800	55.4	47.3	63.3	257	68.1	60.0	75.3	243	68.6	60.6	75.6	260
65+	59.8	56.0	63.4	1,124	57.9	48.5	66.8	174	57.9	47.5	67.6	186	60.8	51.3	69.6	153
INCOME																
Less than \$15,000	62.0	55.2	68.5	661	58.0	39.6	74.4	109	83.0	71.7	90.3	118	59.1	42.5	73.9	95
\$15,000 - \$24,999	60.6	55.2	65.8	937	57.0	42.1	70.7	144	63.1	46.9	76.8	134	59.2	46.8	70.5	154
\$25,000 - \$34,999	62.5	56.5	68.0	707	65.0	50.4	77.2	103	55.4	38.9	70.8	111	68.3	54.9	79.2	137
\$35,000 - \$49,999	62.4	57.0	67.5	904	54.9	40.1	68.8	133	68.8	56.5	78.9	127	69.0	56.4	79.4	116
\$50,000-\$74,999	62.9	58.1	67.5	843	72.6	58.7	83.2	107	70.8	59.3	80.2	104	55.7	43.0	67.7	104
\$75,000+	64.7	60.6	68.5	1,048	66.6	56.0	75.8	142	71.2	57.9	81.7	104	72.0	58.8	82.3	83
EMPLOYMENT																
Employed	62.4	59.6	65.2	2,696	64.3	56.5	71.5	355	69.4	61.0	76.7	354	60.4	52.8	67.6	340
Unemployed	61.8	53.6	69.3	325	50.3	30.2	70.4	56	*	*	*	*	*	*	*	*
Other**	62.0	59.0	65.0	2,694	62.9	54.6	70.5	436	66.6	58.4	73.8	399	69.6	62.7	75.8	390
EDUCATION																
K-11th Grade	64.7	57.2	71.5	411	85.5	72.5	92.9	55	81.3	69.0	89.4	64	59.6	44.6	73.1	89
12th Grade or GED	61.5	57.7	65.1	1,721	55.6	45.6	65.3	269	72.9	64.7	79.9	267	61.5	52.9	69.4	276
Some College	63.4	59.9	66.8	1,838	61.9	52.3	70.6	293	61.0	49.6	71.4	249	70.8	62.2	78.2	248
College Graduate+	60.1	56.8	63.4	1,761	63.0	53.2	71.8	235	61.7	51.9	70.6	209	59.7	49.7	68.9	169
ETHNICITY																
Non-Hispanic	61.8	59.7	63.8	5,464	61.9	56.2	67.3	831	68.6	62.7	73.9	762	64.0	58.7	69.0	720
Hispanic	67.3	58.1	75.3	239	*	*	*	*	*	*	*	*	63.6	46.8	77.6	59

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Overweight

Idaho adults who were overweight (BMI ≥ 25), 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	58.3	53.9	62.7	890	66.1	60.8	71.0	781	69.5	64.3	74.3	801	61.9	56.3	67.1	747
SEX																
Male	64.2	57.2	70.6	383	71.3	63.1	78.3	307	77.4	69.7	83.6	344	71.2	62.4	78.6	321
Female	52.4	46.7	58.1	507	60.1	53.4	66.5	474	60.9	53.9	67.4	457	52.9	45.7	60.1	426
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	51.0	38.4	63.4	79	56.8	41.4	70.9	66	64.0	48.2	77.2	69	46.4	33.0	60.3	72
35-44	52.4	42.0	62.6	133	75.6	64.5	84.1	115	83.9	74.5	90.3	101	66.2	54.4	76.3	105
45-54	63.3	54.4	71.3	172	73.7	64.1	81.4	136	80.0	71.8	86.2	148	78.2	68.9	85.3	127
55-64	72.2	64.2	79.1	197	73.5	64.6	80.8	179	69.2	59.1	77.8	174	79.4	71.3	85.7	169
65+	65.7	58.8	72.1	260	72.5	65.0	78.9	257	68.1	61.1	74.4	276	67.8	60.1	74.6	242
18-34	48.4	38.5	58.5	121	48.5	36.2	60.9	91	57.8	45.4	69.3	97	42.8	31.7	54.7	98
35-64	61.9	56.4	67.1	502	74.3	68.8	79.1	430	77.6	72.2	82.3	423	74.4	68.8	79.3	401
65+	65.7	58.8	72.1	260	72.5	65.0	78.9	257	68.1	61.1	74.4	276	67.8	60.1	74.6	242
SEX and AGE																
Male																
18-34	44.7	31.4	58.9	62	*	*	*	*	*	*	*	*	*	*	*	*
35-64	73.8	65.1	80.9	208	81.3	72.9	87.5	157	83.7	75.8	89.4	185	84.0	76.8	89.2	182
65+	74.1	63.5	82.5	111	80.4	70.0	87.9	108	73.6	62.6	82.2	114	82.9	73.3	89.5	97
Female																
18-34	53.0	38.9	66.8	59	45.1	29.1	62.2	50	45.9	30.6	62.0	54	40.5	26.3	56.6	58
35-64	50.2	43.2	57.1	294	66.9	59.6	73.6	273	69.9	62.5	76.3	238	63.4	54.8	71.1	219
65+	59.4	50.2	68.0	149	63.8	53.4	73.1	149	63.9	54.3	72.5	162	55.4	45.5	64.8	145
INCOME																
Less than \$15,000	55.1	39.7	69.5	97	72.3	56.2	84.1	85	78.1	61.9	88.7	85	56.7	35.0	76.1	64
\$15,000 - \$24,999	58.6	44.6	71.3	102	65.0	51.4	76.6	140	58.6	42.2	73.4	121	71.6	58.7	81.8	125
\$25,000 - \$34,999	63.8	50.2	75.5	97	58.9	39.8	75.7	80	67.0	53.6	78.1	100	56.9	39.5	72.8	69
\$35,000 - \$49,999	54.0	42.6	65.0	128	75.9	64.5	84.5	124	74.4	60.6	84.6	139	62.8	47.3	76.0	121
\$50,000-\$74,999	55.1	44.7	65.0	142	70.5	59.4	79.6	106	67.9	55.5	78.2	141	60.5	47.9	71.8	125
\$75,000+	60.7	52.9	68.0	237	64.6	54.7	73.3	153	75.4	66.0	82.8	151	59.5	49.2	68.9	165
EMPLOYMENT																
Employed	57.1	51.1	63.0	435	64.6	57.2	71.4	401	75.5	68.1	81.6	385	63.8	56.2	70.7	373
Unemployed	67.2	50.1	80.7	59	*	*	*	*	*	*	*	*	*	*	*	*
Other**	58.4	51.5	64.9	393	64.7	56.9	71.8	335	61.4	53.3	69.0	376	57.2	48.4	65.6	335
EDUCATION																
K-11th Grade	*	*	*	*	65.3	48.0	79.4	72	*	*	*	*	*	*	*	*
12th Grade or GED	61.8	52.4	70.4	214	66.6	57.1	74.9	240	63.3	53.4	72.2	240	60.6	49.5	70.7	197
Some College	61.5	53.7	68.7	246	66.1	57.4	73.9	252	74.8	66.9	81.3	270	56.7	47.3	65.6	250
College Graduate+	55.4	49.2	61.4	390	65.7	57.0	73.4	217	65.3	56.8	73.0	244	65.6	57.2	73.0	258
ETHNICITY																
Non-Hispanic	57.9	53.4	62.3	865	63.8	58.2	69.0	718	67.2	61.8	72.1	769	60.9	55.3	66.2	719
Hispanic	*	*	*	*	81.2	64.4	91.1	55	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Obesity

Idaho adults who were obese (BMI ≥ 30), 2011

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	27.0	25.3 28.9	5,739	26.5	21.9 31.6	854	28.5	23.7 33.7	791	31.7	27.2 36.6	783
SEX												
Male	26.2	23.7 28.9	2,405	25.2	19.1 32.4	376	26.6	20.1 34.3	320	28.5	22.1 35.8	305
Female	27.9	25.6 30.4	3,334	27.9	21.5 35.3	478	30.3	23.8 37.8	471	35.3	29.4 41.7	478
AGE												
18-24	15.7	11.0 22.0	224	*	*	*	*	*	*	*	*	*
25-34	27.6	22.7 33.0	483	*	*	*	24.7	11.9 44.4	54	25.9	15.1 40.7	66
35-44	27.5	23.1 32.3	737	26.5	15.4 41.6	76	27.4	18.2 39.1	84	33.0	22.5 45.6	111
45-54	32.1	28.3 36.2	1,000	27.3	18.5 38.4	143	32.1	23.3 42.3	155	43.4	32.7 54.9	114
55-64	33.1	29.8 36.6	1,330	27.0	20.2 35.0	229	40.1	31.0 49.9	187	42.6	33.9 51.9	188
65+	24.3	21.7 27.0	1,924	20.8	15.4 27.4	331	24.9	19.2 31.6	284	20.1	14.6 27.0	258
18-34	22.5	18.9 26.5	707	30.1	18.1 45.5	64	20.9	11.4 35.1	77	26.0	17.4 37.0	110
35-64	30.9	28.6 33.2	3,067	27.0	21.5 33.2	448	33.4	27.9 39.4	426	39.4	33.3 45.8	413
65+	24.3	21.7 27.0	1,924	20.8	15.4 27.4	331	24.9	19.2 31.6	284	20.1	14.6 27.0	258
SEX and AGE												
Male												
18-34	19.7	15.0 25.4	322	*	*	*	*	*	*	*	*	*
35-64	30.4	27.1 34.0	1,267	28.1	20.4 37.4	191	32.1	24.8 40.4	183	34.7	26.2 44.4	153
65+	25.8	21.7 30.3	800	20.9	13.1 31.7	157	25.7	17.2 36.5	98	18.0	10.3 29.6	105
Female												
18-34	25.7	20.6 31.7	385	*	*	*	*	*	*	27.6	16.8 41.8	64
35-64	31.3	28.3 34.5	1,800	25.6	18.5 34.3	257	34.8	26.9 43.6	243	44.1	35.9 52.6	260
65+	22.9	19.8 26.3	1,124	20.6	14.0 29.2	174	24.4	17.2 33.3	186	22.3	15.6 30.9	153
INCOME												
Less than \$15,000	30.0	24.4 36.3	661	32.7	17.7 52.4	109	45.8	30.9 61.5	118	41.1	27.3 56.4	95
\$15,000 - \$24,999	29.0	24.7 33.6	937	31.0	21.0 43.1	144	29.7	19.6 42.3	134	25.7	17.4 36.2	154
\$25,000 - \$34,999	29.0	24.1 34.5	707	38.0	24.8 53.2	103	30.1	19.3 43.6	111	33.2	22.9 45.5	137
\$35,000 - \$49,999	26.5	22.5 30.9	904	25.1	14.3 40.3	133	28.2	17.6 42.0	127	34.7	23.9 47.4	116
\$50,000-\$74,999	28.9	24.6 33.6	843	25.0	14.8 39.1	107	26.3	17.6 37.5	104	26.9	18.0 38.1	104
\$75,000+	22.0	18.6 25.8	1,048	14.4	7.7 25.5	142	19.5	12.2 29.8	104	22.8	14.1 34.8	83
EMPLOYMENT												
Employed	26.6	24.2 29.1	2,696	25.3	19.1 32.6	355	29.8	22.6 38.0	354	29.8	23.6 36.7	340
Unemployed	32.0	25.0 39.9	325	30.7	16.5 49.7	56	*	*	*	*	*	*
Other**	26.5	24.0 29.2	2,694	26.9	20.1 35.1	436	26.8	21.0 33.5	399	31.7	25.6 38.4	390
EDUCATION												
K-11th Grade	32.8	26.6 39.6	411	51.3	33.5 68.8	55	36.4	21.7 54.2	64	34.8	22.9 49.0	89
12th Grade or GED	28.2	25.0 31.5	1,721	23.1	16.8 31.0	269	29.7	23.3 36.9	267	29.3	22.3 37.5	276
Some College	27.6	24.6 30.7	1,838	24.7	17.6 33.4	293	27.5	19.3 37.5	249	38.5	30.5 47.1	248
College Graduate+	21.5	18.9 24.3	1,761	22.4	14.9 32.2	235	24.0	15.8 34.7	209	18.3	12.1 26.7	169
ETHNICITY												
Non-Hispanic	26.2	24.5 28.0	5,464	26.3	21.7 31.5	831	29.3	24.3 34.7	762	28.8	24.6 33.3	720
Hispanic	35.9	27.9 44.8	239	*	*	*	*	*	*	47.8	32.1 63.9	59

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Obesity

Idaho adults who were obese (BMI ≥ 30), 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	24.6	20.9	28.7	890	28.0	23.7	32.8	781	33.5	28.4	39.0	801	24.8	20.8	29.3	747
SEX																
Male	22.8	17.7	29.0	383	27.2	21.0	34.5	307	35.8	27.9	44.6	344	27.1	21.1	34.1	321
Female	26.4	21.4	32.0	507	28.9	23.3	35.2	474	30.9	25.2	37.3	457	22.6	17.7	28.5	426
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	28.1	17.9	41.3	79	31.4	19.7	46.1	66	38.7	25.3	54.1	69	15.0	7.9	26.9	72
35-44	17.8	11.0	27.7	133	27.6	18.8	38.6	115	49.2	32.4	66.1	101	28.5	18.3	41.6	105
45-54	26.6	19.5	35.1	172	37.3	26.6	49.5	136	36.7	27.4	47.1	148	31.9	22.9	42.5	127
55-64	28.0	21.0	36.2	197	34.8	25.9	45.0	179	32.6	24.2	42.3	174	38.5	30.3	47.5	169
65+	25.2	19.1	32.4	260	21.1	14.8	29.1	257	27.9	21.2	35.9	276	31.4	23.9	40.0	242
18-34	25.7	17.6	36.0	121	23.9	15.4	35.1	91	27.9	18.3	40.0	97	11.2	6.1	19.8	98
35-64	23.9	19.5	28.8	502	33.4	27.5	39.9	430	39.3	32.3	46.9	423	32.7	27.1	39.0	401
65+	25.2	19.1	32.4	260	21.1	14.8	29.1	257	27.9	21.2	35.9	276	31.4	23.9	40.0	242
SEX and AGE																
Male																
18-34	21.4	11.6	36.2	62	*	*	*	*	*	*	*	*	*	*	*	*
35-64	22.6	16.6	30.0	208	33.5	24.5	43.9	157	39.1	28.3	51.1	185	34.5	26.3	43.8	182
65+	27.9	18.3	40.1	111	20.5	11.6	33.6	108	33.3	23.0	45.5	114	39.5	26.7	53.9	97
Female																
18-34	31.1	19.2	46.2	59	26.5	14.3	43.9	50	23.8	13.2	39.2	54	12.4	5.7	24.9	58
35-64	25.1	19.3	32.0	294	33.2	26.1	41.2	273	39.6	32.1	47.7	238	30.7	23.4	39.1	219
65+	23.1	16.0	32.3	149	21.7	14.1	31.9	149	23.8	15.6	34.7	162	24.7	17.7	33.4	145
INCOME																
Less than \$15,000	32.3	19.9	47.8	97	23.9	13.9	37.8	85	18.9	9.6	33.7	85	15.2	8.1	26.6	64
\$15,000 - \$24,999	29.9	19.0	43.6	102	33.8	23.0	46.7	140	31.2	19.4	46.1	121	31.5	20.8	44.6	125
\$25,000 - \$34,999	21.3	11.8	35.5	97	18.0	9.4	31.9	80	44.7	31.5	58.8	100	32.8	19.4	49.8	69
\$35,000 - \$49,999	19.9	12.9	29.4	128	35.3	25.0	47.2	124	36.3	25.7	48.3	139	29.5	19.2	42.5	121
\$50,000-\$74,999	26.9	18.9	36.7	142	30.4	18.6	45.6	106	39.7	26.9	54.0	141	25.1	16.5	36.4	125
\$75,000+	20.7	15.0	27.9	237	23.9	16.1	33.9	153	38.9	27.5	51.7	151	19.9	13.8	27.9	165
EMPLOYMENT																
Employed	23.2	18.4	28.7	435	27.3	21.6	33.7	401	39.5	32.0	47.6	385	25.7	20.2	32.0	373
Unemployed	26.4	13.1	46.2	59	*	*	*	*	*	*	*	*	*	*	*	*
Other**	27.4	21.6	33.9	393	25.7	19.5	33.1	335	24.0	18.2	31.0	376	23.8	18.1	30.7	335
EDUCATION																
K-11th Grade	*	*	*	*	27.9	17.1	42.1	72	*	*	*	*	*	*	*	*
12th Grade or GED	29.7	22.3	38.4	214	30.2	22.4	39.5	240	33.7	25.3	43.2	240	20.1	13.2	29.3	197
Some College	24.0	17.7	31.7	246	28.9	21.9	37.2	252	38.8	29.9	48.6	270	25.2	18.9	32.8	250
College Graduate+	19.2	14.9	24.3	390	21.7	15.2	29.9	217	26.7	19.2	35.9	244	27.9	21.6	35.3	258
ETHNICITY																
Non-Hispanic	23.8	20.1	27.8	865	27.2	22.7	32.2	718	32.3	27.5	37.5	769	24.6	20.6	29.2	719
Hispanic	*	*	*	*	33.3	20.5	49.3	55	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cigarette Smoking

Idaho adults who smoked cigarettes, 2011

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	17.2	15.6 18.9	6,056	20.3	16.1 25.4	885	19.0	15.2 23.5	833	16.3	12.9 20.5	823
SEX												
Male	19.4	16.9 22.2	2,420	19.9	13.7 28.1	374	18.0	12.5 25.3	322	20.0	14.2 27.4	305
Female	15.0	13.1 17.0	3,636	20.7	15.5 27.3	511	19.9	15.1 25.8	511	12.7	9.5 16.8	518
AGE												
18-24	18.2	13.1 24.7	243	*	* *	*	*	* *	*	*	* *	*
25-34	24.4	19.6 30.0	522	18.9	9.3 34.4	50	19.6	10.4 33.8	58	23.3	12.5 39.3	69
35-44	17.4	13.6 22.0	767	27.6	17.0 41.5	76	18.3	10.2 30.5	89	11.8	5.7 22.6	114
45-54	20.0	16.7 23.7	1,053	20.0	12.0 31.4	142	25.6	18.3 34.6	165	25.6	16.8 36.8	123
55-64	14.1	11.8 16.8	1,414	13.1	9.0 18.7	247	20.3	12.9 30.3	203	17.3	11.6 25.1	196
65+	8.4	6.9 10.2	1,991	12.4	8.6 17.5	336	7.9	5.3 11.7	287	9.1	5.7 14.1	266
18-34	21.7	18.1 25.9	765	28.4	16.9 43.6	72	23.2	13.9 36.1	80	17.4	10.4 27.7	117
35-64	17.3	15.4 19.5	3,234	19.7	14.9 25.5	465	21.5	16.8 27.1	457	18.2	13.7 23.8	433
65+	8.4	6.9 10.2	1,991	12.4	8.6 17.5	336	7.9	5.3 11.7	287	9.1	5.7 14.1	266
SEX and AGE												
Male												
18-34	27.0	21.2 33.6	321	*	* *	*	*	* *	*	*	* *	*
35-64	17.7	14.8 21.1	1,279	17.3	11.0 26.0	191	14.8	9.9 21.6	186	21.7	14.1 31.9	153
65+	9.3	6.9 12.3	799	12.6	7.4 20.5	155	10.0	5.4 17.8	97	6.5	3.3 12.4	105
Female												
18-34	16.2	12.1 21.2	444	*	* *	*	*	* *	*	9.2	3.8 20.7	72
35-64	16.9	14.5 19.6	1,955	22.4	15.9 30.6	274	28.4	21.0 37.0	271	15.0	10.9 20.5	280
65+	7.7	6.0 9.9	1,192	12.1	7.3 19.5	181	6.6	3.9 11.1	190	11.8	6.4 20.5	161
INCOME												
Less than \$15,000	27.6	21.8 34.3	683	34.0	19.1 53.0	111	28.4	17.2 42.9	121	15.0	7.0 29.1	98
\$15,000 - \$24,999	27.1	22.5 32.3	983	29.8	17.9 45.3	148	22.5	14.1 33.9	145	27.8	18.2 40.1	158
\$25,000 - \$34,999	18.7	14.4 24.0	747	18.8	9.1 34.8	106	18.7	11.0 29.9	117	16.0	9.2 26.3	146
\$35,000 - \$49,999	16.3	12.5 21.1	941	10.5	5.8 18.3	137	15.6	7.2 30.3	133	13.6	7.3 23.9	117
\$50,000-\$74,999	13.8	10.5 17.8	888	32.8	20.5 48.1	111	14.2	7.9 24.3	108	6.3	2.7 13.8	110
\$75,000+	4.9	3.5 6.7	1,081	5.3	2.6 10.4	147	15.6	7.5 29.5	109	0.9	0.2 3.8	88
EMPLOYMENT												
Employed	17.7	15.4 20.2	2,836	20.1	14.0 27.9	366	16.3	11.6 22.4	377	17.2	12.0 24.0	352
Unemployed	29.9	23.3 37.5	341	30.8	16.1 50.8	57	*	* *	*	18.4	8.4 35.6	51
Other**	13.6	11.7 15.9	2,851	18.4	12.8 25.8	454	21.7	15.8 29.2	416	13.6	9.5 19.1	415
EDUCATION												
K-11th Grade	31.8	25.6 38.9	440	25.6	13.8 42.4	57	37.4	22.9 54.7	68	26.9	16.4 40.9	93
12th Grade or GED	22.5	19.4 25.9	1,811	25.0	17.2 35.0	280	21.6	15.6 29.0	280	22.7	16.4 30.4	285
Some College	15.0	12.6 17.7	1,947	20.6	13.7 29.9	303	16.7	11.1 24.3	260	9.6	5.8 15.6	270
College Graduate+	5.2	3.9 6.9	1,846	9.4	4.9 17.2	243	8.6	4.4 16.1	222	2.0	0.9 4.5	174
ETHNICITY												
Non-Hispanic	17.1	15.5 18.9	5,750	21.0	16.6 26.2	862	17.8	14.1 22.2	802	17.1	13.3 21.7	755
Hispanic	18.2	12.3 26.2	267	*	* *	*	*	* *	*	12.8	5.8 25.9	63

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cigarette Smoking

Idaho adults who smoked cigarettes, 2011

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	17.6	14.2	21.7	936	18.2	14.1	23.2	834	16.3	12.4	21.1	854	11.7	8.3	16.1	788
SEX																
Male	20.1	14.6	26.9	386	22.1	15.6	30.2	311	19.9	13.7	28.2	349	10.9	6.7	17.2	323
Female	15.3	11.3	20.3	550	14.3	9.8	20.3	523	12.6	8.6	18.3	505	12.4	7.7	19.2	465
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	33.3	21.9	47.1	80	26.0	14.2	42.7	71	13.0	4.9	30.4	79	13.2	6.8	24.2	83
35-44	22.3	13.9	33.9	140	14.8	7.7	26.8	122	14.2	7.3	25.6	104	7.1	3.0	16.3	109
45-54	17.6	11.5	25.9	181	20.5	13.1	30.5	148	19.1	11.9	29.2	158	16.9	9.7	27.7	129
55-64	13.0	8.0	20.3	205	12.0	7.3	19.2	190	16.3	10.4	24.5	187	11.1	6.3	18.7	178
65+	6.4	3.8	10.8	276	11.6	6.8	19.2	268	8.3	5.2	13.0	288	3.3	1.5	7.4	252
18-34	22.4	14.8	32.3	124	26.2	16.2	39.4	100	19.9	11.4	32.5	111	15.6	8.6	26.6	111
35-64	18.0	13.7	23.4	526	16.0	11.8	21.3	460	16.6	12.4	22.0	449	11.7	8.0	16.7	416
65+	6.4	3.8	10.8	276	11.6	6.8	19.2	268	8.3	5.2	13.0	288	3.3	1.5	7.4	252
SEX and AGE																
Male																
18-34	25.0	14.2	40.3	61	*	*	*	*	*	*	*	*	*	*	*	*
35-64	19.4	12.8	28.2	211	17.3	10.9	26.3	160	18.9	12.4	27.6	187	12.0	6.9	20.3	183
65+	10.3	5.0	19.9	112	13.9	6.4	27.7	108	7.0	3.8	12.6	115	3.5	0.9	12.8	97
Female																
18-34	19.4	10.6	32.6	63	17.3	7.0	36.6	58	12.8	5.2	28.4	67	17.7	8.3	33.8	72
35-64	16.8	11.6	23.6	315	14.7	9.9	21.4	300	14.0	9.2	20.6	262	11.3	7.0	17.9	233
65+	3.8	1.7	8.2	164	9.3	4.6	17.9	160	9.2	4.8	16.8	173	3.2	1.2	8.1	155
INCOME																
Less than \$15,000	37.6	23.6	53.9	102	27.8	16.0	43.9	88	27.5	14.5	46.1	87	24.3	9.0	51.0	66
\$15,000 - \$24,999	33.0	21.5	47.0	108	21.3	12.7	33.6	148	33.9	19.6	51.8	130	19.4	10.2	33.7	127
\$25,000 - \$34,999	17.9	9.4	31.4	100	36.1	20.2	55.6	87	13.7	7.0	25.2	109	14.4	6.1	30.2	71
\$35,000 - \$49,999	23.6	14.4	36.2	134	12.2	6.0	23.3	131	13.9	6.3	27.9	142	11.1	5.3	22.1	130
\$50,000-\$74,999	12.7	7.2	21.4	148	5.4	1.8	14.8	113	9.9	5.5	17.3	151	10.7	5.2	20.9	132
\$75,000+	4.1	2.1	7.9	240	7.6	3.7	14.8	160	6.0	2.3	14.8	153	1.0	0.2	4.9	171
EMPLOYMENT																
Employed	19.1	14.3	25.1	449	19.1	13.4	26.4	428	14.0	9.2	20.8	415	11.6	7.8	16.9	391
Unemployed	36.1	21.4	53.9	62	*	*	*	*	*	*	*	*	*	*	*	*
Other**	11.1	7.7	15.7	420	14.5	9.6	21.2	356	15.5	9.7	23.7	397	8.9	4.0	18.5	358
EDUCATION																
K-11th Grade	*	*	*	*	33.5	20.5	49.6	80	*	*	*	*	*	*	*	*
12th Grade or GED	23.7	16.3	33.0	225	18.9	12.9	27.0	255	22.4	15.3	31.5	259	22.1	14.2	32.8	205
Some College	18.2	13.0	25.0	260	15.9	9.9	24.6	271	11.7	7.2	18.5	285	6.0	3.2	10.8	266
College Graduate+	5.6	3.3	9.3	405	3.8	1.6	8.6	227	3.8	1.7	7.9	259	3.4	1.6	7.1	274
ETHNICITY																
Non-Hispanic	17.5	14.0	21.7	902	20.2	15.6	25.7	764	15.9	11.9	21.0	817	11.2	7.9	15.8	758
Hispanic	*	*	*	*	8.3	2.9	21.8	62	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Binge Drinking

Idaho adults who were binge drinkers (males who consumed 5+ drinks and females who consumed 4+ drinks on an occasion in the last 30 days), 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	16.6	15.0	18.4	5,630	16.7	12.5	21.9	806	18.5	13.8	24.3	766	13.1	9.6	17.7	776
SEX																
Male	22.0	19.3	25.0	2,250	22.9	15.9	31.8	330	24.1	16.6	33.7	295	17.3	11.6	24.9	289
Female	11.2	9.6	13.2	3,380	10.6	6.9	16.0	476	13.4	8.4	20.7	471	8.9	5.4	14.3	487
AGE																
18-24	20.9	15.3	27.9	231	*	*	*	*	*	*	*	*	*	*	*	*
25-34	29.7	24.6	35.4	492	*	*	*	*	26.3	13.4	45.2	54	29.3	16.9	45.9	65
35-44	17.1	13.5	21.5	713	23.7	13.2	38.7	65	19.1	11.0	31.2	82	17.2	8.6	31.3	107
45-54	15.4	12.5	18.8	986	16.6	9.5	27.4	134	27.8	19.3	38.4	153	7.9	4.2	14.2	118
55-64	10.3	8.2	12.8	1,339	9.5	6.1	14.7	231	8.8	4.9	15.3	189	9.5	5.1	17.1	188
65+	4.9	3.7	6.6	1,810	4.5	2.4	8.3	298	3.9	1.8	8.1	258	7.5	3.6	15.1	246
18-34	25.9	22.0	30.2	723	28.1	16.5	43.7	66	29.4	16.9	46.0	75	18.5	10.9	29.7	110
35-64	14.4	12.6	16.4	3,038	15.9	11.5	21.5	430	18.8	14.2	24.4	424	11.7	7.7	17.4	413
65+	4.9	3.7	6.6	1,810	4.5	2.4	8.3	298	3.9	1.8	8.1	258	7.5	3.6	15.1	246
SEX and AGE																
Male																
18-34	36.1	29.8	43.0	304	*	*	*	*	*	*	*	*	*	*	*	*
35-64	17.1	14.3	20.4	1,195	19.4	12.7	28.4	168	21.2	14.7	29.6	170	12.0	6.7	20.6	147
65+	7.3	5.1	10.4	733	4.4	2.3	8.1	136	6.2	2.2	16.4	89	12.6	5.5	26.3	97
Female																
18-34	15.1	11.2	20.0	419	*	*	*	*	*	*	*	*	8.6	3.4	20.2	67
35-64	11.7	9.6	14.1	1,843	12.1	7.2	19.8	262	16.4	10.6	24.6	254	11.4	6.1	20.2	266
65+	2.9	1.7	4.8	1,077	4.6	1.6	12.7	162	2.4	0.9	6.5	169	2.3	0.6	7.8	149
INCOME																
Less than \$15,000	13.8	9.6	19.5	637	6.3	1.5	23.4	100	22.7	9.9	44.0	113	17.1	7.1	35.8	92
\$15,000 - \$24,999	20.9	16.3	26.3	898	21.6	10.6	39.1	137	21.9	9.7	42.4	130	22.0	12.1	36.5	153
\$25,000 - \$34,999	16.4	12.1	21.7	699	10.9	5.5	20.4	97	14.4	7.4	26.1	108	14.2	7.7	24.8	142
\$35,000 - \$49,999	20.4	15.9	25.7	891	19.9	9.4	37.2	128	19.7	9.7	35.9	121	8.2	4.0	16.3	109
\$50,000-\$74,999	14.6	11.4	18.5	845	24.9	14.2	40.0	104	13.5	7.5	23.3	99	7.7	3.7	15.1	104
\$75,000+	16.3	13.2	20.1	1,023	16.8	9.4	28.3	133	23.5	13.7	37.2	104	8.1	3.1	19.4	84
EMPLOYMENT																
Employed	21.6	19.1	24.3	2,647	22.8	16.5	30.7	341	25.6	18.1	35.0	343	16.2	10.9	23.5	329
Unemployed	23.7	17.1	31.9	316	31.8	13.4	58.4	50	*	*	*	*	21.5	9.1	42.8	51
Other**	7.0	5.5	8.8	2,646	5.1	2.9	8.8	408	11.0	6.7	17.6	385	6.5	3.5	11.7	392
EDUCATION																
K-11th Grade	17.8	12.6	24.6	390	7.4	1.3	32.0	53	18.1	7.2	38.8	59	24.6	13.0	41.5	84
12th Grade or GED	15.1	12.4	18.2	1,656	9.1	5.5	14.5	252	23.9	16.9	32.6	252	11.4	6.6	18.9	269
Some College	17.8	15.0	21.1	1,820	23.2	15.2	33.7	273	17.7	9.5	30.5	246	10.0	5.9	16.3	256
College Graduate+	16.0	13.3	19.1	1,755	21.4	13.1	33.0	228	13.0	7.6	21.5	207	9.9	5.2	18.1	166
ETHNICITY																
Non-Hispanic	16.1	14.5	17.9	5,363	16.8	12.6	22.1	785	18.5	13.7	24.5	740	11.3	8.1	15.6	716
Hispanic	21.9	14.9	30.9	234	*	*	*	*	*	*	*	*	21.4	10.0	40.0	56

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Binge Drinking

Idaho adults who were binge drinkers (males who consumed 5+ drinks and females who consumed 4+ drinks on an occasion in the last 30 days), 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	17.0	13.8	20.7	871	17.1	13.2	21.8	769	13.2	9.5	18.1	800	10.6	7.3	15.0	750
SEX																
Male	22.4	17.2	28.7	367	23.5	16.8	31.7	290	17.7	11.5	26.2	323	11.0	6.6	17.8	313
Female	11.6	8.3	16.0	504	10.8	7.4	15.4	479	8.9	5.4	14.5	477	10.1	5.9	16.8	437
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	30.8	20.4	43.6	74	25.4	14.9	39.9	67	20.0	10.3	35.2	76	13.5	6.4	26.5	80
35-44	16.2	9.8	25.5	132	29.5	18.5	43.6	116	10.4	4.6	21.7	95	6.3	2.8	13.7	106
45-54	16.3	10.6	24.4	170	16.4	8.9	28.4	134	15.7	9.3	25.4	147	12.8	6.4	23.9	123
55-64	15.2	9.8	22.7	200	10.3	6.2	16.6	177	6.3	3.2	12.2	179	6.5	3.0	13.3	169
65+	7.2	4.1	12.3	246	2.5	1.2	5.2	242	2.1	1.0	4.5	267	4.1	1.7	9.2	236
18-34	23.4	16.0	32.9	115	23.8	15.3	35.2	94	21.7	13.1	33.8	108	15.4	8.4	26.5	107
35-64	16.0	12.2	20.6	502	18.8	13.6	25.4	427	10.9	7.4	15.6	421	8.6	5.5	13.3	398
65+	7.2	4.1	12.3	246	2.5	1.2	5.2	242	2.1	1.0	4.5	267	4.1	1.7	9.2	236
SEX and AGE																
Male																
18-34	30.6	19.3	44.9	57	*	*	*	*	*	*	*	*	*	*	*	*
35-64	20.6	14.4	28.5	204	23.1	14.4	34.8	148	10.4	6.1	17.4	174	11.6	6.6	19.8	179
65+	10.2	5.1	19.2	104	3.8	1.6	8.8	102	3.8	1.4	9.6	104	8.6	3.4	19.7	92
Female																
18-34	15.3	7.5	28.6	58	10.1	4.5	20.8	55	10.5	4.0	25.0	65	18.2	9.0	33.5	68
35-64	11.4	7.7	16.4	298	14.9	9.8	22.0	279	11.3	6.6	18.6	247	5.2	2.7	10.0	219
65+	5.0	1.9	12.3	142	1.2	0.3	4.8	140	1.1	0.3	3.7	163	0.7	0.1	4.6	144
INCOME																
Less than \$15,000	11.9	5.4	24.1	96	9.9	3.8	23.3	81	19.4	8.0	40.0	81	6.2	0.9	32.0	64
\$15,000 - \$24,999	21.0	11.7	34.8	96	21.8	12.2	35.7	130	6.9	2.6	17.1	118	15.5	6.8	31.3	117
\$25,000 - \$34,999	21.1	11.4	35.7	94	18.5	7.1	40.3	80	13.0	5.4	28.3	99	6.2	1.4	23.0	69
\$35,000 - \$49,999	19.7	12.1	30.5	129	9.6	4.9	17.7	124	17.1	8.9	30.1	137	13.6	5.5	29.6	127
\$50,000-\$74,999	15.1	9.3	23.5	141	15.3	8.8	25.3	111	7.9	3.9	15.4	144	13.9	7.1	25.5	129
\$75,000+	17.1	11.7	24.4	229	18.2	11.0	28.5	151	19.7	9.8	35.5	151	7.7	3.1	17.7	160
EMPLOYMENT																
Employed	21.7	17.0	27.3	423	21.2	15.9	27.8	395	15.8	10.5	22.9	392	14.2	9.4	21.0	373
Unemployed	24.9	13.0	42.3	57	*	*	*	*	*	*	*	*	*	*	*	*
Other**	6.7	4.3	10.1	387	7.0	3.2	14.6	331	6.7	3.0	14.4	369	3.8	1.5	9.1	342
EDUCATION																
K-11th Grade	*	*	*	*	23.6	13.4	38.1	71	*	*	*	*	*	*	*	*
12th Grade or GED	16.4	10.0	25.8	205	11.6	7.0	18.6	225	14.5	8.7	23.2	241	20.9	12.4	33.0	193
Some College	13.5	9.1	19.4	242	20.0	12.7	30.2	257	17.0	10.0	27.4	265	10.0	5.4	17.6	250
College Graduate+	21.5	16.4	27.7	386	14.8	9.2	22.9	215	5.6	3.1	10.0	249	4.0	2.0	7.7	268
ETHNICITY																
Non-Hispanic	17.5	14.3	21.4	841	16.5	12.4	21.7	705	13.5	9.6	18.6	772	10.1	7.0	14.4	725
Hispanic	*	*	*	*	20.5	10.8	35.5	57	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Heavy Drinking

Idaho adults who were heavy drinkers (males who consumed >60 drinks and females who consumed >30 drinks in the last 30 days), 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	6.2	5.2	7.3	5,629	6.5	4.4	9.7	802	5.4	3.6	8.1	767	4.7	2.8	7.7	778
SEX																
Male	7.2	5.6	9.2	2,251	6.9	3.8	12.2	327	5.7	3.0	10.6	295	6.0	2.9	12.1	291
Female	5.2	4.2	6.4	3,378	6.2	3.6	10.4	475	5.2	3.0	8.7	472	3.3	1.9	5.7	487
AGE																
18-24	4.0	2.1	7.8	232	*	*	*	*	*	*	*	*	*	*	*	*
25-34	10.8	7.4	15.5	492	*	*	*	*	4.5	1.3	13.9	54	8.0	2.1	26.1	65
35-44	4.3	2.8	6.5	712	6.9	2.7	16.2	65	4.7	1.5	13.5	82	3.1	1.0	9.3	107
45-54	6.8	4.9	9.4	987	5.6	1.9	15.1	133	10.3	5.2	19.3	153	4.9	2.1	11.3	118
55-64	6.6	4.9	8.9	1,339	6.1	3.5	10.2	231	4.1	2.0	8.3	190	5.1	2.0	12.5	189
65+	3.7	2.6	5.2	1,811	4.3	2.2	8.3	297	4.0	1.9	8.3	258	4.0	1.2	12.4	246
18-34	7.9	5.6	10.8	724	8.9	3.7	20.0	65	4.9	1.7	13.5	76	5.6	1.9	15.3	111
35-64	5.9	4.9	7.2	3,038	6.1	3.7	9.8	429	6.5	4.0	10.4	425	4.3	2.5	7.4	414
65+	3.7	2.6	5.2	1,811	4.3	2.2	8.3	297	4.0	1.9	8.3	258	4.0	1.2	12.4	246
SEX and AGE																
Male																
18-34	11.4	7.7	16.6	307	*	*	*	*	*	*	*	*	*	*	*	*
35-64	5.2	3.7	7.3	1,193	5.7	2.4	13.0	167	4.9	2.5	9.2	170	4.1	1.7	9.8	147
65+	4.2	2.5	6.9	734	4.0	1.9	8.4	135	5.2	1.5	16.2	89	6.0	1.3	23.5	97
Female																
18-34	4.1	2.3	7.1	417	*	*	*	*	*	*	*	*	2.0	0.5	7.9	66
35-64	6.6	5.2	8.3	1,845	6.5	4.0	10.6	262	8.1	4.2	15.1	255	4.5	2.3	8.8	267
65+	3.2	2.0	5.2	1,077	4.6	1.6	12.5	162	3.3	1.4	7.5	169	1.9	0.7	5.1	149
INCOME																
Less than \$15,000	3.0	1.6	5.8	639	0.5	0.1	1.6	100	2.1	0.7	6.4	112	2.3	0.7	7.1	93
\$15,000 - \$24,999	7.2	4.7	11.0	898	3.1	1.4	6.4	134	6.5	2.4	16.4	129	10.4	4.1	23.9	155
\$25,000 - \$34,999	5.5	3.4	8.8	698	5.2	2.0	12.8	97	9.9	4.7	19.8	110	6.6	2.7	15.3	140
\$35,000 - \$49,999	6.2	3.7	10.1	889	4.7	2.0	10.7	128	1.8	0.7	4.8	121	3.0	0.9	9.2	109
\$50,000-\$74,999	7.6	5.2	11.0	844	10.9	4.0	26.1	103	6.3	2.5	14.9	99	2.8	0.8	9.4	104
\$75,000+	8.0	5.8	10.9	1,025	11.1	5.2	22.2	134	10.8	4.4	24.1	105	3.1	0.6	14.4	84
EMPLOYMENT																
Employed	8.3	6.7	10.2	2,655	9.4	5.7	15.1	342	5.1	3.2	8.0	345	7.0	3.6	13.0	331
Unemployed	3.5	1.9	6.6	313	*	*	*	*	*	*	*	*	1.1	0.1	7.5	51
Other**	3.2	2.4	4.2	2,640	3.6	2.2	5.9	404	5.7	2.7	11.5	384	2.8	1.4	5.7	392
EDUCATION																
K-11th Grade	7.8	4.3	13.6	390	0.9	0.1	6.5	53	5.0	1.7	13.8	59	10.5	3.7	26.4	84
12th Grade or GED	4.9	3.6	6.7	1,656	2.3	1.1	4.5	251	8.0	4.1	14.8	253	2.9	1.4	5.9	270
Some College	6.6	5.0	8.7	1,820	10.7	6.3	17.8	271	4.4	2.0	9.4	246	3.3	1.3	7.9	257
College Graduate+	6.3	4.6	8.4	1,753	8.1	3.6	17.3	226	4.1	1.6	10.1	207	4.7	2.0	10.6	166
ETHNICITY																
Non-Hispanic	6.1	5.1	7.2	5,357	6.7	4.4	9.9	781	4.9	3.2	7.3	740	4.6	2.6	8.0	715
Hispanic	7.2	3.5	14.1	238	*	*	*	*	*	*	*	*	5.1	1.5	15.7	58

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Heavy Drinking

Idaho adults who were heavy drinkers (males who consumed >60 drinks and females who consumed >30 drinks in the last 30 days), 2011

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	6.4	4.7	8.6	873	6.2	3.9	9.7	766	4.9	2.7	8.6	801	4.2	2.4	7.2	750
SEX																
Male	5.9	3.5	9.6	368	7.2	3.6	14.0	288	8.2	4.2	15.4	326	2.8	1.1	6.7	313
Female	6.9	4.7	10.0	505	5.2	3.1	8.7	478	1.7	0.7	4.3	475	5.5	2.8	10.7	437
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	9.2	4.3	18.6	76	8.7	2.6	25.2	66	10.0	3.7	24.3	75	6.7	2.2	18.8	80
35-44	3.9	1.7	8.9	131	9.7	3.6	23.3	116	0.3	0.0	2.0	95	3.1	0.8	10.9	106
45-54	8.5	4.6	15.0	170	8.3	3.5	18.3	135	4.2	1.5	11.1	147	4.5	1.2	15.5	124
55-64	11.0	6.4	18.3	201	5.8	3.2	10.4	175	2.8	1.0	7.8	179	5.7	2.5	12.6	168
65+	4.8	2.3	9.7	247	3.1	1.6	6.0	242	2.4	1.1	5.1	269	1.6	0.6	4.3	235
18-34	5.0	2.3	10.5	117	5.4	1.6	16.5	92	9.3	4.1	19.9	107	5.2	1.9	13.1	108
35-64	7.6	5.2	10.8	502	8.0	4.7	13.0	426	2.5	1.2	5.1	421	4.4	2.3	8.3	398
65+	4.8	2.3	9.7	247	3.1	1.6	6.0	242	2.4	1.1	5.1	269	1.6	0.6	4.3	235
SEX and AGE																
Male																
18-34	4.7	1.5	14.0	58	*	*	*	*	*	*	*	*	*	*	*	*
35-64	6.8	3.6	12.3	204	7.7	3.2	17.6	147	2.1	0.9	4.5	175	3.5	1.0	11.7	178
65+	4.6	1.5	13.2	104	3.2	1.3	7.4	102	2.9	1.2	7.2	106	2.5	0.8	7.7	92
Female																
18-34	5.3	1.9	13.9	59	1.2	0.2	8.4	54	0.0	0.0	0.0	64	7.7	2.5	21.4	68
35-64	8.3	5.4	12.7	298	8.2	4.5	14.4	279	3.1	1.0	9.1	246	5.4	2.8	10.3	220
65+	4.8	1.8	12.4	143	3.0	1.1	8.3	140	2.0	0.6	6.9	163	0.9	0.1	6.3	143
INCOME																
Less than \$15,000	9.1	3.6	20.9	97	2.1	0.7	6.3	81	1.1	0.3	4.4	81	0.0	0.0	0.0	65
\$15,000 - \$24,999	6.3	2.2	17.1	97	9.3	3.8	21.0	130	1.1	0.3	3.4	118	5.2	1.2	20.1	118
\$25,000 - \$34,999	1.6	0.4	6.0	94	9.0	1.6	37.0	80	3.3	0.6	15.4	99	5.7	1.2	23.5	68
\$35,000 - \$49,999	9.5	4.9	17.7	127	2.1	0.7	5.8	124	0.7	0.2	2.9	137	3.9	1.6	9.5	127
\$50,000-\$74,999	8.2	3.9	16.3	142	6.6	3.1	13.5	111	6.5	2.8	14.1	143	6.8	2.7	16.4	129
\$75,000+	6.2	3.7	10.3	230	5.4	2.9	9.7	151	15.4	6.3	33.1	151	4.4	1.1	16.1	159
EMPLOYMENT																
Employed	8.0	5.5	11.6	425	7.9	4.4	13.7	394	6.7	3.4	13.0	393	6.2	3.4	11.2	374
Unemployed	2.8	0.8	9.1	57	*	*	*	*	*	*	*	*	*	*	*	*
Other**	4.2	2.4	7.4	387	2.9	1.7	5.1	330	2.6	1.0	6.6	370	1.0	0.4	2.2	341
EDUCATION																
K-11th Grade	*	*	*	*	9.9	3.7	23.9	71	*	*	*	*	*	*	*	*
12th Grade or GED	3.5	1.5	7.8	205	3.7	1.9	7.0	223	6.3	2.7	14.1	241	7.4	3.1	16.6	194
Some College	7.3	4.4	11.7	242	7.1	2.9	16.1	256	5.3	1.8	14.2	267	4.3	1.8	9.9	250
College Graduate+	8.3	5.2	13.0	387	5.2	3.1	8.7	215	2.4	0.8	6.4	249	1.5	0.5	4.1	267
ETHNICITY																
Non-Hispanic	6.7	4.9	9.1	842	5.9	3.6	9.7	703	5.3	3.0	9.3	773	4.6	2.7	7.9	724
Hispanic	*	*	*	*	7.6	2.3	22.2	56	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Illicit Drug Use

Idaho adults who used illicit drugs in the last 12 months, 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	5.6	4.4	7.2	4,924	5.1	2.9	8.9	703	9.0	5.7	13.8	707	4.6	2.2	9.2	688
SEX																
Male	7.9	5.9	10.7	1,944	7.5	3.7	14.7	284	13.4	7.6	22.5	273	5.7	2.1	14.1	254
Female	3.3	2.2	4.9	2,980	3.0	1.2	7.5	419	4.9	2.5	9.3	434	3.4	1.2	9.2	434
AGE																
18-24	12.3	7.5	19.4	140	*	*	*	*	*	*	*	*	*	*	*	*
25-34	9.9	5.9	15.9	337	*	*	*	*	*	*	*	*	*	*	*	*
35-44	3.3	1.7	6.5	599	*	*	*	*	6.0	2.2	15.2	71	2.5	0.5	11.4	95
45-54	4.6	2.9	7.2	879	7.8	3.7	15.9	114	6.0	2.8	12.3	143	2.3	0.5	11.2	102
55-64	3.6	2.6	5.0	1,221	3.6	1.6	7.6	210	5.0	2.1	11.6	177	4.9	2.3	10.5	172
65+	0.7	0.4	1.2	1,696	1.4	0.5	4.0	275	1.5	0.3	6.6	248	0.9	0.2	3.4	234
18-34	10.9	7.7	15.3	477	*	*	*	*	20.3	10.7	35.3	61	7.7	2.6	20.5	78
35-64	3.9	2.9	5.2	2,699	5.1	3.0	8.7	373	5.6	3.4	9.2	391	3.3	1.7	6.5	369
65+	0.7	0.4	1.2	1,696	1.4	0.5	4.0	275	1.5	0.3	6.6	248	0.9	0.2	3.4	234
SEX and AGE																
Male																
18-34	14.7	9.6	22.0	189	*	*	*	*	*	*	*	*	*	*	*	*
35-64	5.5	3.8	8.0	1,063	7.1	3.8	13.0	145	6.6	3.3	12.9	158	3.2	1.2	8.3	129
65+	1.0	0.5	2.1	677	1.8	0.4	7.4	125	4.0	0.9	16.2	86	0.9	0.1	5.8	90
Female																
18-34	6.8	3.8	12.0	288	*	*	*	*	*	*	*	*	*	*	*	*
35-64	2.2	1.5	3.3	1,636	3.3	1.1	9.1	228	4.8	2.4	9.5	233	3.4	1.3	8.6	240
65+	0.4	0.1	1.0	1,019	1.0	0.2	4.2	150	0.0	0.0	0.0	162	0.9	0.1	6.0	144
INCOME																
Less than \$15,000	10.2	5.7	17.6	558	3.1	1.0	8.8	87	13.6	6.2	27.3	101	0.7	0.1	4.6	85
\$15,000 - \$24,999	6.0	3.7	9.7	758	10.2	4.1	23.5	116	12.9	5.8	26.3	112	3.9	1.3	11.4	133
\$25,000 - \$34,999	5.6	3.0	10.2	596	5.8	1.8	16.9	86	14.1	6.1	29.3	104	2.7	1.1	6.8	117
\$35,000 - \$49,999	5.6	3.0	10.2	780	1.0	0.2	4.6	112	10.8	2.4	37.4	114	8.1	2.0	27.1	99
\$50,000-\$74,999	4.5	2.1	9.2	745	11.7	2.7	38.8	86	4.4	1.2	14.6	96	2.1	0.4	10.0	95
\$75,000+	3.2	1.5	6.7	909	2.0	0.4	9.2	117	1.6	0.2	10.6	95	8.2	1.2	39.3	75
EMPLOYMENT																
Employed	6.1	4.4	8.4	2,240	5.7	2.9	10.8	283	10.5	5.5	19.0	311	4.0	1.6	9.6	282
Unemployed	9.7	4.9	18.0	263	*	*	*	*	*	*	*	*	*	*	*	*
Other**	4.1	2.6	6.4	2,404	2.5	1.2	5.2	373	7.3	3.8	13.5	365	6.2	2.2	16.0	363
EDUCATION																
K-11th Grade	9.7	5.4	16.7	339	*	*	*	*	21.9	8.9	44.5	53	3.1	0.7	12.1	75
12th Grade or GED	4.9	2.9	8.1	1,440	4.5	1.6	12.3	217	7.4	3.6	14.6	236	5.3	1.3	18.7	235
Some College	6.5	4.4	9.4	1,600	6.0	2.4	14.4	241	8.3	4.2	15.6	227	5.4	1.9	14.7	229
College Graduate+	3.1	1.9	5.1	1,536	4.7	1.8	11.6	200	2.3	0.3	14.5	189	2.3	0.5	11.2	148
ETHNICITY																
Non-Hispanic	5.8	4.5	7.5	4,711	5.3	3.0	9.1	685	7.8	4.7	12.7	684	5.0	2.3	10.4	640
Hispanic	4.2	1.7	9.7	183	*	*	*	*	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Illicit Drug Use

Idaho adults who used illicit drugs in the last 12 months, 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	6.9	4.2	11.1	713	7.5	4.1	13.2	688	4.9	2.4	9.6	716	2.1	0.7	6.3	682
SEX																
Male	11.3	6.6	18.7	295	9.7	4.4	20.0	254	5.9	2.5	13.1	294	0.7	0.2	2.1	282
Female	2.0	0.7	5.8	418	5.4	2.1	12.8	434	3.9	1.2	12.4	422	3.4	0.9	12.1	400
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	*	*	*	*	*	*	*	*	4.8	1.1	18.8	56	0.8	0.1	5.4	63
35-44	4.2	1.1	15.3	98	1.6	0.4	6.1	103	3.4	0.5	20.5	85	2.3	0.7	7.3	95
45-54	6.3	2.8	13.6	142	0.0	0.0	0.0	126	4.3	1.6	10.9	138	0.4	0.1	3.1	111
55-64	3.0	1.3	6.8	171	6.5	3.5	11.8	165	0.6	0.2	2.7	164	1.7	0.5	5.1	159
65+	0.0	0.0	0.0	232	1.1	0.3	3.3	223	0.0	0.0	0.0	250	0.4	0.1	1.5	225
18-34	13.8	6.8	25.8	63	19.2	9.3	35.2	67	10.0	4.0	22.6	76	3.4	0.6	16.9	84
35-64	4.8	2.5	8.7	411	2.7	1.5	4.8	394	2.9	1.2	6.8	387	1.5	0.7	3.2	365
65+	0.0	0.0	0.0	232	1.1	0.3	3.3	223	0.0	0.0	0.0	250	0.4	0.1	1.5	225
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-64	8.2	4.2	15.5	167	1.9	0.7	5.3	137	5.4	2.2	12.5	164	1.2	0.4	4.1	162
65+	0.0	0.0	0.0	97	1.5	0.4	5.9	90	0.0	0.0	0.0	99	0.8	0.2	3.5	88
Female																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	6.5	1.2	28.8	54
35-64	0.9	0.3	2.4	244	3.4	1.7	6.6	257	0.2	0.0	1.1	223	1.8	0.6	4.9	203
65+	0.0	0.0	0.0	135	0.7	0.1	4.8	133	0.0	0.0	0.0	151	0.0	0.0	0.0	137
INCOME																
Less than \$15,000	23.2	10.6	43.7	85	12.1	2.5	42.5	72	6.4	1.1	30.2	69	2.3	0.5	10.0	57
\$15,000 - \$24,999	6.5	1.8	20.9	77	5.7	1.6	19.0	109	3.6	0.9	13.4	103	0.6	0.1	4.2	104
\$25,000 - \$34,999	6.4	0.9	33.5	66	7.2	1.3	31.7	69	5.0	1.2	18.3	90	0.8	0.1	5.7	61
\$35,000 - \$49,999	7.2	2.2	21.0	104	1.3	0.4	4.2	111	13.2	4.3	34.3	119	0.5	0.1	3.4	119
\$50,000-\$74,999	3.4	0.8	13.3	112	2.7	0.8	8.6	105	0.0	0.0	0.0	128	7.6	1.5	30.3	119
\$75,000+	3.6	1.1	11.1	195	2.3	0.9	5.6	140	5.2	0.9	25.8	141	0.0	0.0	0.0	145
EMPLOYMENT																
Employed	8.2	4.3	14.9	317	9.3	4.6	17.7	351	3.2	1.2	8.0	354	1.3	0.6	2.9	330
Unemployed	9.1	2.6	27.6	50	*	*	*	*	*	*	*	*	*	*	*	*
Other**	4.0	1.5	10.2	344	5.3	1.4	17.9	301	3.6	0.9	13.8	330	0.0	0.0	0.3	316
EDUCATION																
K-11th Grade	*	*	*	*	13.6	4.6	34.2	64	*	*	*	*	*	*	*	*
12th Grade or GED	7.0	2.7	17.3	166	1.2	0.3	4.5	189	6.9	2.2	19.2	217	0.0	0.0	0.0	174
Some College	8.3	3.9	17.0	194	9.9	3.9	22.9	234	2.9	1.0	7.9	237	3.9	0.9	15.5	230
College Graduate+	3.2	1.2	8.4	322	5.9	2.5	13.5	200	0.5	0.1	2.0	223	2.2	0.8	5.6	244
ETHNICITY																
Non-Hispanic	7.3	4.4	11.7	692	7.5	4.0	13.5	635	4.9	2.4	9.9	692	2.3	0.7	6.9	658
Hispanic	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Seat Belt Use

Idaho adults who did not always wear a seat belt, 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	22.2	20.6	24.0	5,690	25.9	20.9	31.6	818	21.2	16.9	26.2	773	19.0	15.3	23.3	786
SEX																
Male	28.0	25.2	30.9	2,278	31.0	23.3	39.9	338	26.8	20.2	34.6	296	22.8	16.9	30.0	294
Female	16.6	14.7	18.6	3,412	20.9	14.9	28.4	480	16.1	10.8	23.3	477	15.1	11.2	19.9	492
AGE																
18-24	26.8	20.7	33.9	235	*	*	*	*	*	*	*	*	*	*	*	*
25-34	25.9	21.3	31.1	497	*	*	*	*	22.7	12.5	37.5	54	22.8	12.2	38.5	65
35-44	23.3	19.1	28.0	717	35.1	21.0	52.4	67	20.3	12.2	31.6	82	22.2	13.8	33.8	107
45-54	22.6	19.3	26.4	1,005	25.8	17.0	36.9	135	27.0	18.8	37.1	155	18.3	10.9	29.1	120
55-64	19.2	16.6	22.0	1,352	20.2	13.4	29.3	237	18.1	11.3	27.8	190	20.6	14.5	28.3	190
65+	16.0	14.0	18.3	1,824	15.7	11.3	21.4	301	12.6	8.4	18.4	261	13.6	8.8	20.4	251
18-34	26.3	22.5	30.5	732	33.4	20.4	49.5	66	27.3	16.4	41.9	76	19.7	12.3	30.0	112
35-64	21.8	19.7	24.0	3,074	26.2	20.2	33.2	439	22.0	17.2	27.7	427	20.3	15.6	26.0	417
65+	16.0	14.0	18.3	1,824	15.7	11.3	21.4	301	12.6	8.4	18.4	261	13.6	8.8	20.4	251
SEX and AGE																
Male																
18-34	32.2	26.3	38.7	310	*	*	*	*	*	*	*	*	*	*	*	*
35-64	27.5	24.1	31.2	1,210	32.4	23.0	43.6	174	30.2	22.6	39.2	170	24.3	16.7	34.0	149
65+	20.9	17.4	24.9	740	21.9	14.4	31.9	138	21.4	13.0	33.2	90	15.2	7.7	27.7	99
Female																
18-34	20.0	15.6	25.3	422	*	*	*	*	*	*	*	*	14.0	6.7	26.9	67
35-64	16.1	13.9	18.5	1,864	19.7	13.5	27.7	265	14.2	8.7	22.2	257	16.6	11.6	23.1	268
65+	11.9	9.7	14.3	1,084	9.7	5.9	15.6	163	7.1	3.8	12.9	171	12.0	7.3	19.1	152
INCOME																
Less than \$15,000	23.8	18.2	30.5	643	30.2	14.9	51.6	102	18.4	9.7	32.1	112	11.1	4.2	26.3	94
\$15,000 - \$24,999	23.7	19.4	28.6	904	31.2	18.6	47.3	138	21.9	13.3	33.8	131	26.1	16.4	38.7	154
\$25,000 - \$34,999	23.0	18.4	28.4	707	17.4	8.2	33.2	97	27.2	14.4	45.3	110	21.5	14.0	31.5	143
\$35,000 - \$49,999	24.8	20.7	29.5	902	23.2	12.5	39.0	129	21.2	11.1	36.6	122	19.6	11.6	31.1	112
\$50,000-\$74,999	20.2	16.8	24.1	848	18.3	10.7	29.6	104	19.7	11.5	31.4	100	13.5	7.4	23.4	105
\$75,000+	20.3	16.9	24.3	1,037	33.2	21.9	46.9	139	17.9	10.3	29.1	105	15.9	8.6	27.8	84
EMPLOYMENT																
Employed	25.4	23.0	28.0	2,681	27.7	20.7	35.9	346	22.8	16.6	30.4	349	25.1	19.2	32.1	333
Unemployed	23.4	16.9	31.3	321	31.5	14.6	55.3	51	*	*	*	*	9.6	2.7	28.7	51
Other**	17.0	14.8	19.4	2,664	22.5	15.4	31.6	413	17.3	11.8	24.4	386	13.7	9.4	19.5	398
EDUCATION																
K-11th Grade	26.6	20.6	33.6	396	38.9	21.5	59.8	55	30.3	15.6	50.6	57	23.9	13.4	39.0	86
12th Grade or GED	25.0	21.9	28.4	1,671	25.6	17.3	36.2	254	26.3	19.7	34.3	254	23.4	17.2	31.1	272
Some College	21.5	18.7	24.5	1,844	25.7	17.9	35.5	276	20.7	13.5	30.2	251	14.0	9.4	20.4	259
College Graduate+	17.5	15.1	20.3	1,769	19.5	12.3	29.5	232	9.7	5.4	16.9	209	12.7	7.7	20.1	168
ETHNICITY																
Non-Hispanic	22.8	21.1	24.7	5,413	25.7	20.6	31.5	797	20.9	16.5	26.0	746	19.4	15.5	24.0	722
Hispanic	15.8	10.3	23.3	242	*	*	*	*	*	*	*	*	17.4	8.8	31.7	59

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Seat Belt Use

Idaho adults who did not always wear a seat belt, 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	14.2	11.3	17.8	879	26.4	21.7	31.7	776	31.0	25.8	36.6	808	32.8	27.9	38.2	757
SEX																
Male	19.9	15.0	26.0	370	38.0	30.2	46.4	292	34.6	26.4	43.8	328	39.6	31.9	47.8	315
Female	8.7	5.9	12.8	509	14.9	10.5	20.7	484	27.4	21.6	34.2	480	26.6	20.9	33.4	442
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	20.5	11.8	33.0	76	26.1	15.1	41.1	69	38.0	25.2	52.8	76	36.2	23.9	50.5	81
35-44	11.5	6.6	19.2	133	27.9	17.5	41.3	116	43.1	26.2	61.8	96	30.7	20.2	43.8	106
45-54	14.8	9.2	22.9	174	25.8	16.8	37.4	138	30.4	21.5	41.1	152	35.4	25.8	46.2	124
55-64	10.4	6.5	16.3	200	19.9	13.7	28.1	177	23.8	17.6	31.3	180	33.5	25.5	42.5	172
65+	9.4	5.7	15.3	247	20.3	14.8	27.2	243	22.3	16.5	29.4	268	27.5	21.2	34.8	237
18-34	19.8	12.8	29.4	117	33.4	22.6	46.3	96	33.6	23.4	45.6	108	35.3	25.0	47.0	109
35-64	12.4	9.2	16.5	507	24.6	19.2	31.0	431	32.0	25.1	39.7	428	33.2	27.4	39.5	402
65+	9.4	5.7	15.3	247	20.3	14.8	27.2	243	22.3	16.5	29.4	268	27.5	21.2	34.8	237
SEX and AGE																
Male																
18-34	28.4	17.1	43.2	58	*	*	*	*	*	*	*	*	*	*	*	*
35-64	16.2	11.1	23.2	205	34.8	25.4	45.5	148	36.4	25.5	49.0	178	39.3	30.6	48.6	180
65+	15.6	8.6	26.5	105	28.6	19.1	40.5	102	24.8	16.4	35.7	105	31.2	20.5	44.3	92
Female																
18-34	10.2	4.2	22.9	59	16.2	6.9	33.6	55	32.0	19.7	47.5	65	28.5	17.4	42.9	69
35-64	8.7	5.4	13.6	302	15.7	10.5	23.0	283	26.7	20.0	34.5	250	26.3	19.3	34.7	222
65+	4.9	1.8	12.6	142	11.4	6.9	18.5	141	20.6	13.3	30.5	163	24.7	17.7	33.3	145
INCOME																
Less than \$15,000	16.7	7.5	33.1	97	31.1	16.1	51.5	82	44.9	26.4	65.0	81	23.7	11.7	42.0	65
\$15,000 - \$24,999	10.6	5.2	20.5	96	29.9	18.6	44.2	132	30.1	17.7	46.1	119	32.8	21.2	46.9	118
\$25,000 - \$34,999	19.4	9.8	34.8	94	23.6	11.4	42.5	80	32.5	20.9	46.9	101	33.8	19.5	51.9	71
\$35,000 - \$49,999	13.9	8.0	22.9	131	25.3	16.7	36.3	124	35.5	25.1	47.5	139	48.6	35.5	61.8	128
\$50,000-\$74,999	17.0	10.6	26.1	142	25.5	16.9	36.6	111	23.3	15.2	33.9	144	31.6	21.5	43.8	129
\$75,000+	13.2	8.3	20.4	232	24.9	16.0	36.6	152	25.5	15.7	38.6	152	26.3	18.4	36.1	162
EMPLOYMENT																
Employed	15.9	11.9	21.0	430	31.7	25.1	39.1	399	33.6	26.4	41.7	397	38.7	31.7	46.1	376
Unemployed	23.1	10.3	44.0	57	*	*	*	*	*	*	*	*	*	*	*	*
Other**	9.3	6.2	13.7	388	15.7	11.2	21.6	333	24.9	18.1	33.2	370	26.8	20.4	34.3	344
EDUCATION																
K-11th Grade	*	*	*	*	28.9	16.7	45.2	72	*	*	*	*	*	*	*	*
12th Grade or GED	14.0	8.7	21.7	204	32.0	23.4	42.0	229	32.8	24.4	42.3	244	36.4	26.6	47.5	194
Some College	12.8	8.1	19.7	243	21.6	14.9	30.2	260	32.8	24.5	42.3	269	37.4	29.1	46.5	256
College Graduate+	15.3	11.2	20.7	391	22.7	14.8	33.2	214	23.3	17.0	31.1	250	22.7	16.7	30.0	268
ETHNICITY																
Non-Hispanic	14.8	11.7	18.5	848	28.3	23.3	33.9	710	30.6	25.7	35.9	779	34.6	29.5	40.0	731
Hispanic	*	*	*	*	16.5	6.6	35.6	58	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cholesterol Screening

Idaho adults who had not had cholesterol checked within the last five years, 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	32.0	30.0	34.0	5,888	27.0	22.2	32.5	859	34.1	28.6	40.1	819	32.5	27.7	37.6	805
SEX																
Male	33.6	30.5	36.8	2,357	24.5	17.9	32.6	362	34.6	26.9	43.2	317	34.3	26.9	42.7	293
Female	30.3	27.8	33.0	3,531	29.5	22.8	37.2	497	33.7	26.0	42.3	502	30.6	24.9	37.0	512
AGE																
18-24	70.4	63.0	76.9	219	*	*	*	*	*	*	*	*	*	*	*	*
25-34	53.4	47.8	59.0	492	*	*	*	*	54.7	38.1	70.4	56	40.9	27.6	55.8	65
35-44	35.5	30.8	40.6	749	28.4	17.3	43.0	76	41.2	29.1	54.5	88	42.8	31.7	54.6	112
45-54	21.5	18.2	25.2	1,041	23.5	14.9	35.1	140	27.4	19.1	37.6	164	30.4	20.8	42.0	120
55-64	12.1	10.0	14.6	1,393	11.0	6.8	17.4	242	11.8	7.3	18.6	199	12.6	7.5	20.4	192
65+	6.6	5.3	8.1	1,931	6.1	3.3	11.1	328	6.6	3.7	11.6	283	5.7	3.4	9.2	264
18-34	60.6	56.0	65.0	711	60.8	44.4	75.0	62	68.7	55.2	79.6	76	52.9	41.7	63.8	111
35-64	23.3	21.1	25.7	3,183	20.6	15.5	26.8	458	26.4	21.2	32.5	451	29.7	24.0	36.2	424
65+	6.6	5.3	8.1	1,931	6.1	3.3	11.1	328	6.6	3.7	11.6	283	5.7	3.4	9.2	264
SEX and AGE																
Male																
18-34	59.5	52.7	66.0	300	*	*	*	*	*	*	*	*	*	*	*	*
35-64	25.9	22.4	29.7	1,257	23.0	15.4	32.7	186	24.8	17.7	33.7	186	31.8	22.9	42.3	146
65+	6.6	4.8	9.0	781	5.7	2.6	12.4	153	6.7	2.8	15.3	95	5.7	2.6	11.9	103
Female																
18-34	61.7	55.8	67.4	411	*	*	*	*	*	*	*	*	51.4	37.9	64.7	69
35-64	20.8	18.2	23.6	1,926	17.9	12.0	26.0	272	28.1	20.8	36.7	265	27.8	20.9	36.0	278
65+	6.5	4.9	8.7	1,150	6.5	2.6	15.4	175	6.5	3.0	13.7	188	5.7	3.0	10.5	161
INCOME																
Less than \$15,000	42.2	35.5	49.1	654	36.8	22.1	54.4	107	44.7	30.0	60.4	119	44.8	29.5	61.0	93
\$15,000 - \$24,999	40.7	35.6	46.0	946	40.5	27.8	54.7	138	44.8	31.8	58.7	143	30.6	20.7	42.7	156
\$25,000 - \$34,999	35.3	29.7	41.3	733	34.1	21.6	49.2	106	25.0	12.6	43.4	116	34.9	23.9	47.7	143
\$35,000 - \$49,999	31.0	26.0	36.4	928	21.7	10.9	38.5	134	35.8	22.5	51.8	130	22.4	13.5	34.8	116
\$50,000-\$74,999	24.5	20.2	29.3	871	24.6	13.6	40.4	111	21.1	12.4	33.5	108	21.3	13.0	32.9	108
\$75,000+	17.6	14.3	21.4	1,062	7.9	2.9	19.8	145	20.6	11.3	34.7	108	23.4	13.2	37.9	86
EMPLOYMENT																
Employed	35.3	32.6	38.2	2,778	30.9	23.9	39.0	355	41.4	33.2	50.1	371	33.9	27.0	41.4	348
Unemployed	45.3	37.4	53.5	324	42.5	23.8	63.6	54	*	*	*	*	*	*	*	*
Other**	23.3	20.5	26.3	2,762	17.9	12.1	25.7	444	23.3	16.8	31.4	409	27.6	21.3	34.9	406
EDUCATION																
K-11th Grade	44.8	38.0	51.7	424	28.8	15.1	47.9	54	52.3	36.6	67.5	67	40.2	27.3	54.8	90
12th Grade or GED	38.0	34.3	41.8	1,753	33.5	24.9	43.4	268	26.4	18.8	35.8	277	36.8	28.6	45.7	276
Some College	28.7	25.4	32.3	1,904	22.9	15.2	33.0	301	36.8	26.4	48.6	253	27.5	20.2	36.2	267
College Graduate+	22.0	19.1	25.3	1,797	23.8	15.4	34.9	234	28.7	19.5	39.9	220	23.5	15.1	34.6	171
ETHNICITY																
Non-Hispanic	30.7	28.7	32.7	5,592	27.5	22.6	33.1	837	32.6	27.0	38.8	789	30.6	25.8	35.9	738
Hispanic	45.6	37.3	54.2	261	*	*	*	*	*	*	*	*	42.0	27.2	58.3	62

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cholesterol Screening

Idaho adults who had not had cholesterol checked within the last five years, 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	32.3	28.0	36.9	921	29.2	24.5	34.5	812	32.5	27.1	38.3	822	32.9	27.6	38.6	753
SEX																
Male	35.3	28.7	42.5	382	30.6	23.6	38.7	305	37.1	28.5	46.5	338	33.9	26.0	42.8	314
Female	29.5	24.1	35.4	539	27.7	21.7	34.7	507	27.8	21.8	34.7	484	31.9	25.3	39.4	439
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	55.0	42.3	67.1	79	47.5	33.5	61.9	69	47.9	34.1	62.1	74	56.6	42.9	69.4	76
35-44	34.7	25.2	45.7	136	34.2	23.8	46.4	119	43.1	26.8	61.0	102	31.7	21.3	44.3	103
45-54	18.0	12.4	25.6	179	19.0	11.7	29.2	146	16.7	10.6	25.3	158	21.0	13.0	32.2	127
55-64	7.4	4.3	12.5	206	18.4	11.1	29.0	187	18.1	11.8	26.8	184	11.0	6.6	17.8	175
65+	4.3	2.2	8.0	269	7.2	3.5	14.3	259	12.5	8.4	18.2	272	7.7	4.7	12.3	240
18-34	69.5	60.0	77.6	121	54.2	41.8	66.1	95	56.1	43.9	67.6	100	60.6	48.5	71.6	99
35-64	21.0	16.6	26.3	521	23.7	18.5	29.8	452	25.2	18.7	33.1	444	21.6	16.6	27.8	405
65+	4.3	2.2	8.0	269	7.2	3.5	14.3	259	12.5	8.4	18.2	272	7.7	4.7	12.3	240
SEX and AGE																
Male																
18-34	68.1	54.0	79.5	60	*	*	*	*	*	*	*	*	*	*	*	*
35-64	24.0	16.8	32.9	211	28.2	19.8	38.6	155	25.6	15.6	38.9	185	25.5	18.1	34.7	180
65+	4.7	1.5	14.1	109	4.8	1.7	12.8	108	19.1	11.3	30.3	110	5.9	2.5	13.3	94
Female																
18-34	71.2	57.9	81.6	61	59.5	43.0	74.1	54	44.6	29.8	60.4	60	60.0	44.0	74.2	62
35-64	18.2	13.4	24.3	310	19.4	13.8	26.6	297	24.9	18.3	32.8	259	17.3	11.2	25.9	225
65+	4.0	2.0	8.0	160	9.8	3.8	23.1	151	7.6	4.3	13.2	162	9.2	5.1	16.0	146
INCOME																
Less than \$15,000	36.9	22.8	53.5	100	31.5	18.4	48.4	84	57.6	38.3	74.9	81	49.0	27.8	70.5	60
\$15,000 - \$24,999	50.2	37.4	63.0	106	37.9	26.2	51.2	143	43.8	30.1	58.6	123	37.9	24.8	53.0	120
\$25,000 - \$34,999	44.1	31.0	58.0	98	40.9	25.2	58.7	85	27.0	16.3	41.2	106	19.9	9.2	37.8	69
\$35,000 - \$49,999	29.3	19.1	42.2	133	24.7	16.0	36.1	130	28.4	17.7	42.2	140	45.8	32.6	59.7	128
\$50,000-\$74,999	25.6	16.8	36.8	147	16.3	9.1	27.3	112	20.0	12.9	29.7	146	31.3	20.5	44.5	124
\$75,000+	17.9	12.2	25.4	239	15.6	9.3	24.9	157	24.5	14.7	38.1	152	17.2	11.0	25.9	162
EMPLOYMENT																
Employed	36.1	30.3	42.3	445	34.1	27.6	41.4	421	33.4	26.0	41.8	403	35.7	28.8	43.3	379
Unemployed	59.3	43.9	73.0	61	*	*	*	*	*	*	*	*	*	*	*	*
Other**	18.4	12.7	25.8	411	18.0	12.2	25.8	343	29.9	22.0	39.1	379	26.4	18.7	36.0	339
EDUCATION																
K-11th Grade	*	*	*	*	54.5	40.6	67.7	80	*	*	*	*	*	*	*	*
12th Grade or GED	40.5	31.7	50.0	221	35.0	26.4	44.7	245	41.4	32.1	51.3	247	47.5	37.0	58.2	199
Some College	31.1	23.9	39.4	256	14.9	10.3	21.2	264	29.4	21.4	38.9	276	31.7	23.2	41.7	255
College Graduate+	20.8	15.7	27.1	401	17.4	10.9	26.6	222	20.0	13.5	28.4	251	16.7	11.6	23.4	259
ETHNICITY																
Non-Hispanic	31.2	26.9	35.9	890	26.5	21.6	32.1	743	31.8	26.7	37.4	787	30.7	25.5	36.4	724
Hispanic	*	*	*	*	43.9	29.3	59.5	62	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Visits

Idaho adults with no dental visit in the last 12 months, 2011

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	34.2	32.1	36.5	4,983	36.1	31.0	41.4	721	41.8	36.6	47.2	708	43.7	38.0	49.5	702
SEX																
Male	37.9	34.5	41.5	1,968	34.9	27.2	43.4	291	43.4	34.9	52.3	273	51.9	42.7	60.9	258
Female	30.6	28.0	33.3	3,015	37.1	30.7	44.1	430	40.3	34.3	46.7	435	35.2	28.8	42.1	444
AGE																
18-24	31.0	23.2	40.0	138	*	*	*	*	*	*	*	*	*	*	*	*
25-34	38.7	32.2	45.7	344	*	*	*	*	*	*	*	*	*	*	*	*
35-44	37.4	32.1	43.0	605	40.4	26.4	56.1	51	36.7	24.7	50.5	71	42.1	30.1	55.0	97
45-54	32.7	28.8	36.8	890	37.1	27.5	47.8	117	50.1	41.1	59.1	145	48.2	37.7	58.9	106
55-64	30.0	27.0	33.2	1,242	35.9	29.0	43.4	217	40.4	32.3	49.0	179	29.5	22.2	37.9	176
65+	34.6	31.9	37.4	1,711	38.4	32.3	45.0	281	41.2	34.5	48.4	245	37.1	30.5	44.3	237
18-34	35.4	30.2	40.9	482	*	*	*	*	40.6	27.3	55.5	61	51.7	38.8	64.3	79
35-64	33.4	30.9	36.0	2,737	37.5	31.6	43.7	385	42.9	37.0	49.0	395	39.5	33.4	46.0	379
65+	34.6	31.9	37.4	1,711	38.4	32.3	45.0	281	41.2	34.5	48.4	245	37.1	30.5	44.3	237
SEX and AGE																
Male																
18-34	41.6	33.7	50.1	189	*	*	*	*	*	*	*	*	*	*	*	*
35-64	36.5	32.5	40.6	1,080	38.5	29.2	48.7	149	49.9	41.1	58.7	160	42.6	32.5	53.4	131
65+	34.8	30.5	39.4	684	37.6	28.7	47.5	128	38.4	28.0	49.9	84	44.3	33.7	55.5	92
Female																
18-34	28.7	22.6	35.8	293	*	*	*	*	*	*	*	*	*	*	*	*
35-64	30.4	27.4	33.5	1,657	36.5	29.4	44.2	236	36.9	29.6	44.9	235	36.7	29.9	44.1	248
65+	34.4	31.1	37.9	1,027	39.2	31.1	47.9	153	43.0	34.4	52.0	161	30.4	22.7	39.4	145
INCOME																
Less than \$15,000	52.8	45.5	60.0	569	45.8	29.3	63.2	92	56.6	43.2	69.1	101	61.3	43.9	76.3	88
\$15,000 - \$24,999	57.5	51.5	63.3	774	60.2	47.6	71.6	118	49.2	36.2	62.4	114	59.8	46.8	71.5	137
\$25,000 - \$34,999	40.4	34.2	46.9	601	28.3	16.6	44.0	87	43.2	30.7	56.6	104	44.3	32.7	56.5	119
\$35,000 - \$49,999	30.4	25.2	36.2	783	28.9	17.9	43.2	113	32.0	21.0	45.4	114	39.5	26.7	53.9	99
\$50,000-\$74,999	17.8	14.4	21.8	755	23.3	13.8	36.6	89	36.0	24.9	48.8	96	18.2	10.7	29.1	97
\$75,000+	12.2	9.3	15.9	917	23.8	13.6	38.3	121	14.0	7.7	24.2	95	18.4	9.6	32.3	78
EMPLOYMENT																
Employed	31.4	28.4	34.7	2,270	32.0	24.9	40.0	292	36.1	29.4	43.5	314	43.4	35.1	52.0	289
Unemployed	46.6	37.7	55.8	271	*	*	*	*	*	*	*	*	*	*	*	*
Other**	34.8	31.7	38.1	2,426	40.5	32.8	48.7	380	45.1	37.2	53.3	362	41.9	33.8	50.5	368
EDUCATION																
K-11th Grade	56.1	48.0	64.0	351	*	*	*	*	28.2	16.3	44.1	53	54.8	37.4	71.1	78
12th Grade or GED	41.6	37.5	45.9	1,459	42.6	33.1	52.7	220	51.1	43.0	59.1	236	51.2	42.1	60.2	238
Some College	30.6	27.2	34.2	1,619	30.7	23.2	39.4	249	46.6	37.8	55.6	228	38.3	29.2	48.3	236
College Graduate+	18.3	15.6	21.4	1,545	17.6	11.8	25.5	202	22.8	16.1	31.3	189	22.6	15.1	32.4	149
ETHNICITY																
Non-Hispanic	32.8	30.6	35.0	4,761	36.7	31.5	42.2	702	41.0	35.8	46.4	685	41.6	35.7	47.7	651
Hispanic	49.6	39.9	59.3	191	*	*	*	*	*	*	*	*	*	*	*	*

*Figure not reliable by BRFS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Visits

Idaho adults with no dental visit in the last 12 months, 2011

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	29.1	24.3	34.4	724	36.7	31.4	42.4	696	32.4	27.4	38.0	723	27.0	22.0	32.6	680
SEX																
Male	32.3	25.1	40.5	299	44.0	35.4	53.1	259	37.8	29.9	46.4	296	27.7	20.2	36.7	282
Female	25.6	19.8	32.5	425	29.7	24.3	35.7	437	27.4	21.4	34.4	427	26.3	20.2	33.5	398
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	*	*	*	*	49.2	33.6	65.0	50	26.2	15.2	41.4	57	21.5	11.4	36.8	63
35-44	32.4	21.5	45.5	98	50.7	39.0	62.4	105	30.3	19.5	43.7	85	35.0	24.2	47.7	95
45-54	25.6	18.2	34.9	144	30.3	21.6	40.7	126	31.6	23.4	41.1	139	23.8	15.9	34.1	110
55-64	27.9	21.0	35.9	177	25.7	18.9	33.9	166	29.8	22.1	39.0	163	24.4	17.8	32.6	160
65+	29.7	23.1	37.2	234	31.2	24.8	38.4	224	37.8	31.4	44.6	255	32.2	25.8	39.2	224
18-34	29.7	19.0	43.3	64	40.6	28.0	54.7	70	32.0	20.8	45.8	77	23.6	14.1	36.9	83
35-64	28.6	23.2	34.8	419	36.1	30.1	42.5	397	30.7	25.3	36.5	387	28.0	22.5	34.3	365
65+	29.7	23.1	37.2	234	31.2	24.8	38.4	224	37.8	31.4	44.6	255	32.2	25.8	39.2	224
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-64	31.4	23.3	40.8	172	41.3	31.4	51.9	138	37.3	28.9	46.5	165	30.1	22.0	39.6	163
65+	32.5	22.0	45.1	96	26.1	17.4	37.2	92	33.1	23.7	44.1	100	30.7	21.1	42.2	88
Female																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	24.5	13.2	40.8	54
35-64	25.5	18.9	33.5	247	31.7	24.9	39.3	259	23.4	17.8	30.1	222	25.7	18.9	33.8	202
65+	27.1	19.7	36.2	138	35.7	27.1	45.2	132	41.3	33.0	50.1	155	33.3	25.3	42.5	136
INCOME																
Less than \$15,000	52.4	36.9	67.5	88	57.5	40.8	72.7	72	51.1	32.2	69.7	70	39.8	22.9	59.5	56
\$15,000 - \$24,999	56.5	40.1	71.6	79	53.7	40.0	66.9	113	57.1	43.7	69.6	106	61.9	46.9	75.0	103
\$25,000 - \$34,999	38.0	21.9	57.2	66	58.1	41.8	72.9	70	38.9	24.4	55.6	90	35.1	19.2	55.2	62
\$35,000 - \$49,999	31.8	19.7	46.8	105	24.9	15.8	36.9	111	24.2	15.4	36.0	120	30.1	19.3	43.6	119
\$50,000-\$74,999	13.4	7.2	23.5	114	24.8	15.3	37.5	106	17.7	10.6	28.0	129	12.2	6.5	21.6	120
\$75,000+	10.1	5.6	17.6	196	12.2	6.9	20.7	143	10.9	5.9	19.1	140	5.1	2.3	10.9	143
EMPLOYMENT																
Employed	28.2	21.4	36.2	322	34.1	27.1	41.8	356	28.9	21.9	37.0	355	24.4	18.4	31.6	329
Unemployed	36.5	21.9	54.1	51	*	*	*	*	*	*	*	*	*	*	*	*
Other**	28.1	21.5	35.7	350	31.8	24.8	39.7	304	34.3	27.8	41.6	334	26.0	19.3	34.1	315
EDUCATION																
K-11th Grade	*	*	*	*	63.0	46.9	76.7	65	*	*	*	*	*	*	*	*
12th Grade or GED	35.7	26.1	46.7	170	43.7	33.6	54.2	191	46.0	35.7	56.7	220	28.0	18.6	39.7	176
Some College	27.2	19.4	36.8	196	27.4	20.3	36.0	236	27.3	20.7	35.1	239	25.3	18.1	34.1	227
College Graduate+	17.2	12.3	23.6	326	17.0	11.3	24.7	203	20.3	14.4	27.9	224	14.0	8.8	21.6	243
ETHNICITY																
Non-Hispanic	28.1	23.3	33.4	702	33.7	28.4	39.4	641	31.6	26.6	37.1	700	24.6	20.1	29.7	656
Hispanic	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

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Appendix A: Questionnaire

2011 Behavioral Risk Factor Surveillance System Questionnaire

In the following pages, the 2011 Idaho BRFSS questionnaire is presented in its entirety. In addition to the text of each question, the results for most of the questions are included. Some results are not provided due to space constraints or confidentiality.

The number of people (n) who responded to each question is listed below the text for the respective question. The percent for each response category can be found in parentheses to the right of the response categories. Note that percentages are weighted results and do not directly correspond to the n's for each question.

Weighted percentages account for unequal probability of selection among individuals (e.g., people with multiple phones are more likely to be called) and differences between the demographic groups known to make up the state's population and those responding to the survey.

NOTE: Care should be exercised when interpreting these results. In order to interpret the results correctly, it is important to understand what group has been asked the question. For example, for question ID01.3, 19.5% of the respondents reported using Medicare to pay for most of their medical care. This question, however, was asked only of those who responded "yes" to question Q3.1. The exclusion of certain respondents is indicated by the text in square brackets at the beginning of question ID01.3. These are called "skip patterns" and are used extensively throughout the survey.

In order to properly identify what group has been asked a specific question, the skip pattern must be considered. In addition, there may be confusion when trying to compare results from the questionnaire to those in published reports. The risk factors reported in published reports are often constructed from the responses of multiple questions and may not be comparable to the results of one particular question.

Response categories displayed in capital letters were not read aloud during the survey interview. Responses of "Don't Know" and "Refused" were excluded from the n's, percentages, and means calculations. Other responses may have been excluded and are indicating by showing the response without any percentage. If there were fewer than 50 respondents for a question the results are suppressed as the results are considered statistically unreliable.

For help in interpreting these results, contact the Idaho BRFSS Project Director at (208) 332-7326.

Section 01: Health Status

Q1.1 Would you say that in general your health is ...
(n=6,048)

- 1 Excellent (20.3%)
- 2 Very good (32.0%)
- 3 Good (32.2%)
- 4 Fair (10.8%)
- 5 Poor (4.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 02: Healthy Days – Health-Related Quality of Life

Q2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?
(n=5,934)

Mean number of days not good: 3.9
Reported any days not good: 36.7%
Mean number of days for those with any: 10.5

- 88 NONE
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q2.2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?
(n=5,980)

Mean number of days not good: 3.9
Reported any days not good: 37.9%
Mean number of days for those with any: 10.1

- 88 NONE
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q2.3 **[If Q2.1 ≠ 88 AND Q2.2 ≠ 88]** During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?
(n=3,275)

Mean number of days limited overall: 4.3
Reported any days limited: 41.2%
Mean number of days limited for those with any: 10.5

- 88 NONE
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Section 03: Health Care Access

Q3.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare or Indian Health Services?
(n=6,058)

- 1 Yes (77.9%)
- 2 No (22.1%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q3.2 Do you have one person you think of as your personal doctor or health care provider?
(n=6,058)

- 1 Yes, only one (65.7%)
- 2 More than one (7.3%)
- 3 No (27.0%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q3.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?
(n=6,064)

- 1 Yes (18.6%)
- 2 No (81.4%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q3.4 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.
(n=6,028)

- 1 Within past year (anytime less than 12 months ago) (55.4%)
- 2 Within past 2 years (1 year but less than 2 years ago) (15.0%)
- 3 Within past 5 years (2 years but less than 5 years ago) (12.4%)
- 4 5 or more years ago (16.0%)
- 8 Never (1.1%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 04: Hypertension Awareness

Q4.1 Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?
(n=6,056)

- 1 Yes (29.4%)
- 2 Yes, but female told only during pregnancy (0.9%)
- 3 No (68.7%)
- 4 No, pre-diabetes or borderline diabetes (1.0%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q4.2 **[If Q4.1 = 1]** Are you currently taking medicine for your high blood pressure?
(n=2,334)

- 1 Yes (67.9%)
- 2 No (32.1%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Section 05: Cholesterol Awareness

Q5.1 Blood cholesterol is a fatty substance found in the blood. Have you EVER had your blood cholesterol checked?
(n=5,948)

- 1 Yes (72.7%)
- 2 No (27.3%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

- Q5.2 **[If Q5.1 = 1]** About how long has it been since you last had your blood cholesterol checked?
(n=5,008)
- 1 Within past year (anytime less than 12 ago) (66.5%)
 - 2 Within past 2 years (1 year but less than 2 years ago) (14.8%)
 - 3 Within past 5 years (2 years but less than 5 years ago) (12.5%)
 - 4 5 or more years ago (6.2%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q5.3 Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?
(n=5,012)
- 1 Yes (38.5%)
 - 2 No (61.5%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED

Section 06: Chronic Health Conditions

- Q6.1 Now I would like to ask you some questions about general health conditions. Has a doctor, nurse or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure." Ever told you that you had a heart attack also called a myocardial infarction?
(n=6,048)
- 1 Yes (3.9%)
 - 2 No (96.1%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q6.2 Ever told you had angina or coronary heart disease?
(n=6,026)
- 1 Yes (4.1%)
 - 2 No (95.9%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q6.3 Ever told you had a stroke?
(n=6,065)
- 1 Yes (2.4%)
 - 2 No (97.6%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q6.4 Ever told you had asthma?
(n=6,052)
- 1 Yes (13.2%)
 - 2 No (86.8%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q6.5 **[If Q6.4 = 1]** Do you still have asthma?
(n=760)
- 1 Yes (72.7%)
 - 2 No (27.3%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED

- Q6.6 Ever told you had skin cancer?
(n=6,051)
- 1 Yes (6.1%)
 - 2 No (93.9%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q6.7 Ever told you had any other types of cancer?
(n=6,056)
- 1 Yes (6.5%)
 - 2 No (93.5%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q6.8 Ever told you have COPD chronic obstructive pulmonary disease, emphysema, or chronic bronchitis?
(n=6,032)
- 1 Yes (5.2%)
 - 2 No (94.8%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q6.9 Ever told you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?
(n=6,021)
- 1 Yes (23.1%)
 - 2 No (76.9%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q6.10 Ever told you have a depressive disorder including depression, major depression, dysthymia, or minor depression?
(n=6,051)
- 1 Yes (19.6%)
 - 2 No (80.4%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q6.11 Ever told you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence.
(n=6,051)
- 1 Yes (2.4%)
 - 2 No (97.6%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q6.12 Ever told you have vision or eye problems?
(n=5,994)
- 1 Yes (19.7%)
 - 2 No (80.2%)
 - 3 Respondent is blind (0.2%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q6.13 Ever told you have diabetes?
(n=6,065)
- 1 Yes (9.4%)
 - 2 Yes, but female told only during pregnancy (0.8%)
 - 3 No (88.8%)
 - 4 No, pre-diabetes or borderline diabetes (1.0%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED

Module 01: Pre-Diabetes

- M1.1 **[If Q6.13 > 1]** Have you had a test for high blood sugar or diabetes within the past three years?
(n=4,549)
- 1 Yes (51.4%)
 - 2 No (48.6%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- M1.2 **[If (Q6.13 > 1 AND Q6.13 < 4) OR Q6.13 > 4]** Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?
(n=4,754)
- 1 Yes (7.3%)
 - 2 Yes, during pregnancy (1.2%)
 - 3 No (91.5%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED

Section 07: Tobacco Use

- Q7.1 Have you smoked at least 100 cigarettes in your entire life?
(n=6,058)
- 1 Yes (41.5%)
 - 2 No (58.5%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q7.2 **[If Q7.1 = 1]** Do you now smoke cigarettes every day, some days, or not at all?
(n=2,497)
- 1 Everyday (29.8%)
 - 2 Some days (11.6%)
 - 3 Not at all (58.6%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q7.3 **[If Q7.2 = 1 OR Q7.2 = 2]** During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?
(n=854)
- 1 Yes (55.1%)
 - 2 No (44.9%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q7.4 **[If Q7.2 > 2 AND Q7.2 < 10]** How long has it been since you last smoked a cigarette, even one or two puffs?
(n=1,640)
- 1 Within the past month (less than 1 month ago) (3.4%)
 - 2 Within the past 3 months (1 month but less than 3 months ago) (3.7%)
 - 3 Within the past 6 months (3 months but less than 6 months ago) (5.4%)
 - 4 Within the past year (6 months but less than 1 year ago) (7.1%)
 - 5 Within the past 5 years (1 year but less than 5 years ago) (16.3%)
 - 6 Within the past 10 years (5 years but less than 10 years ago) (8.7%)
 - 7 10 years or more (55.0%)
 - 8 Never smoked regularly (0.3%)
 - 77 DON'T KNOW/NOT SURE
 - 99 REFUSED

- Q7.5 Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?
(n=6,072)
- 1 Everyday (2.9%)
 - 2 Some days (1.9%)
 - 3 Not at all (95.2%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED

Section 08: Demographics

- Q8.1 What is your age?
(n=6,010)
- Mean age: 45.9
- 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q8.2 Are you Hispanic or Latino?
(n=6,037)
- 1 Yes (9.1%)
 - 2 No (90.9%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q8.3 Which one or more of the following would you say is your race?
(n=5,922)
- 1 White (94.3%)
 - 2 Black or African American (0.3%)
 - 3 Asian (0.8%)
 - 4 Native Hawaiian or Other Pacific Islander (0.3%)
 - 5 American Indian or Alaska Native (1.7%)
 - 6 Other (0.3%)
 - 7 Multiracial (2.3%)
 - 77 DON'T KNOW/NOT SURE
 - 99 REFUSED
- Q8.4 **[If Q8.3 < 7 AND Q8.3 > 0 AND Q8.3 ≠ 8]** Which one of these groups would you say best represents your race?
(n=89)
- 1 White (76.4%)
 - 2 Black or African American (8.1%)
 - 3 Asian (1.9%)
 - 4 Native Hawaiian or Other Pacific Islander (2.6%)
 - 5 American Indian or Alaska Native (10.9%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q8.5 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.
(n=6,071)
- 1 Yes (11.9%)
 - 2 No (88.1%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED

<p>Q8.6 Are you...? (n=6,053)</p> <p>1 Married (59.5%) 2 Divorced (11.5%) 3 Widowed (5.8%) 4 Separated (1.6%) 5 Never married (17.2%) 6 A member of an unmarried couple (4.4%)</p> <p>7 DON'T KNOW/NOT SURE 9 REFUSED</p>	<p>Q8.12 About how tall are you without shoes? (n=6,039)</p> <p>Mean height in feet and inches (male): 5 feet 10 inches Mean height in feet and inches (female): 5 feet 4 inches</p> <p>77777 DON'T KNOW/NOT SURE 99999 REFUSED</p>
<p>Q8.7 How many children less than 18 years of age live in your household? (n=6,068)</p> <p>Mean number of children living with: 0.9 Reported living with any children: 42.5% Mean number of children for those living with any: 2.1</p> <p>88 NONE 77 DON'T KNOW/NOT SURE 99 REFUSED</p>	<p>Q8.13 What county do you live in? (n=5,992)</p> <p>Due to the size of the table, these data are not printed.</p> <p>777 DON'T KNOW/NOT SURE 999 REFUSED</p>
<p>Q8.8 What is the highest grade or year of school you completed? (n=6,065)</p> <p>1 Never attended school or only attended kindergarten (0.1%) 2 Grades 1 through 8 (Elementary) (2.7%) 3 Grades 9 through 11 (Some high school) (9.7%) 4 Grade 12 or GED (High school graduate) (29.7%) 5 College 1 year to 3 years (Some college or technical school) (36.1%) 6 College 4 years or more (College graduate) (21.7%)</p> <p>7 DON'T KNOW/NOT SURE 9 REFUSED</p>	<p>Q8.14 What is the ZIP Code where you live? (n=6,076)</p> <p>Due to the size of the table, these data are not printed.</p> <p>77777 DON'T KNOW/NOT SURE 99999 REFUSED</p>
<p>Q8.9 Are you currently ...? (n=6,048)</p> <p>1 Employed for wages (46.2%) 2 Self-employed (10.5%) 3 Out of work for more than 1 year (3.4%) 4 Out of work for less than 1 year (4.3%) 5 A Homemaker (9.3%) 6 A Student (5.6%) 7 Retired (16.0%) 8 Unable to work (4.7%)</p> <p>77 DON'T KNOW/NOT SURE 99 REFUSED</p>	<p>Q8.15 Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine. (n=5,484)</p> <p>1 Yes (3.0%) 2 No (97.0%)</p> <p>7 DON'T KNOW/NOT SURE 9 REFUSED</p>
<p>Q8.10 Annual household income from all sources: (n=5,338)</p> <p>1 Less than \$10,000 (5.2%) 2 \$10,000 to \$14,999 (7.0%) 3 \$15,000 to \$19,999 (8.3%) 4 \$20,000 to \$24,000 (10.0%) 5 \$25,000 to \$34,999 (15.2%) 6 \$35,000 to \$49,999 (18.5%) 7 \$50,000 to \$74,999 (15.4%) 8 \$75,000 or more (20.4%)</p> <p>77 DON'T KNOW/NOT SURE 99 REFUSED</p>	<p>Q8.16 [If Q8.15 = 1] How many of these telephone numbers are residential numbers? (n=184)</p> <p>1 One (73.3%) 2 Two (23.1%) 3 Three (3.2%) 4 Four (0.3%) 5 Five (0.0%) 6 Six or more (0.2%)</p> <p>7 DON'T KNOW/NOT SURE 9 REFUSED</p>
<p>Q8.11 About how much do you weigh without shoes? (n=5,809)</p> <p>Mean weight in pounds (male): 195.2 Mean weight in pounds (female): 161.2</p> <p>77777 DON'T KNOW/NOT SURE 99999 REFUSED</p>	<p>Q8.17 Do you have a cell phone for personal use? Please include cell phones used for both business and personal use. (n=5,472)</p> <p>1 Yes (83.9%) 2 No (16.1%)</p> <p>7 DON'T KNOW/NOT SURE 9 REFUSED</p>
	<p>Q8.18 [If Q8.17 > 1] Do you share a cell phone for personal use (at least one-third of the time) with other adults? (n=1,441)</p> <p>1 Yes (14.7%) 2 No (85.3%)</p> <p>7 DON'T KNOW/NOT SURE 9 REFUSED</p>
	<p>Q8.19 [If Q8.17 = 1] Do you usually share this cell phone (at least one-third of the time) with any other adults? (n=4,034)</p> <p>1 Yes (15.4%) 2 No (84.6%)</p> <p>7 DON'T KNOW/NOT SURE 9 REFUSED</p>

Q8.20 **[If Q8.17 = 1 OR Q8.18 = 1]** Thinking about all the phone calls that you receive on your landline and cell phone, what percent, between 0 and 100, are received on your cell phone?
(n=3,957)

Mean percent of calls: 44.8%

777 DON'T KNOW/NOT SURE
999 REFUSED

Q8.21 Do you own or rent your home?
(n=6,030)

1 Own (70.9%)
2 Rent (24.0%)
3 Other arrangement (5.1%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Q8.22 Sex of respondent:
(n=6,077)

1 Male (49.9%)
2 Female (50.1%)

Q8.23 **[If Q8.1 < 45 AND Q8.22 = 2]** To your knowledge, are you now pregnant?
(n=965)

1 Yes (5.4%)
2 No (94.6%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Section 09: Fruits and Vegetables

Q9.1 During the past month, how many times per day, week, or month did you drink 100% PURE fruit juices? Do not include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to. Only include 100% juice.
(n=5,774)

Mean times per day drank juice: 0.4
Reported drinking any juice: 67.0%
Mean times per day for those who drank juice: 0.6

555 NEVER
777 DON'T KNOW/NOT SURE
999 REFUSED

Q9.2 During the past month, not counting juice, how many times per day, week, or month did you eat fruit? Count fresh, frozen, or canned fruit.
(n=5,804)

Mean times per day ate fruit: 1.1
Reported eating any fruit: 96.9%
Mean times per day for those who ate fruit: 1.1

555 NEVER
777 DON'T KNOW/NOT SURE
999 REFUSED

Q9.3 During the past month, how many times per day, week, or month did you eat cooked or canned beans, such as refried, baked, black, and garbanzo beans, beans in soup, soybeans, edamame, tofu or lentils. Do NOT include long green beans.
(n=5,739)

Mean times per day ate beans: 0.3
Reported eating any beans: 88.1%
Mean times per day for those who ate beans: 0.3

555 NEVER
777 DON'T KNOW/NOT SURE
999 REFUSED

Q9.4 During the past month, how many times per day, week, or month did you eat dark green vegetables for example broccoli or dark leafy greens including romaine, chard, collard greens or spinach?
(n=5,781)

Mean times per day ate green vegetables: 0.5
Reported eating any green vegetables: 92.1%
Mean times per day for those who ate green vegetables: 0.6

555 NEVER
777 DON'T KNOW/NOT SURE
999 REFUSED

Q9.5 During the past month, how many times per day, week, or month did you eat orange-colored vegetables such as sweet potatoes, pumpkin, winter squash, or carrots?
(n=5,780)

Mean times per day ate orange vegetables: 0.3
Reported eating any orange vegetables: 84.5%
Mean times per day for those who ate orange vegetables: 0.3

555 NEVER
777 DON'T KNOW/NOT SURE
999 REFUSED

Q9.6 Not counting what you just told me about, during the past month, about how many times per day, week, or month did you eat OTHER vegetables? Examples of other vegetables include tomatoes, tomato juice or V-8 juice, corn, eggplant, peas, lettuce, cabbage, and white potatoes that are not fried such as baked or mashed potatoes.
(n=5748)

Mean times per day ate other vegetables: 0.9
Reported eating any other vegetables: 98.9%
Mean times per day for those who ate other vegetables: 0.9

555 NEVER
777 DON'T KNOW/NOT SURE
999 REFUSED

Section 10: Exercise (Physical Activity)

Q10.1 The next few questions are about exercise, recreation, or physical activities other than your regular job duties. During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics golf, gardening, or walking for exercise?
(n=5,784)

1 Yes (78.6%)
2 No (21.4%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Q10.2 **[If Q10.1 = 1]** What type of physical activity or exercise did you spend the most time doing during the past month?
(n=4,442)

Mode physical activity: Walking

77 DON'T KNOW/NOT SURE
99 REFUSED

Q10.3 **[If Q10.2 > 0 AND Q10.2 < 77]** How many times per week or per month did you take part in this physical activity or exercise during the past month?
(n=4,402)

Mean times per month: 16.2

777 DON'T KNOW/NOT SURE
999 REFUSED

Q10.4 **[If Q10.2 > 0 AND Q10.2 < 77]** And when you took part in this activity, for how many minutes or hours did you usually keep at it?
(n=4,364)

Mean length of time: 70.9 minutes

777 DON'T KNOW/NOT SURE
999 REFUSED

Q10.5 **[If Q10.2 > 0 AND Q10.2 < 77]** What other type of physical activity gave you the next most exercise during the past month?
(n=4,336)

Mode physical activity: Walking

88 NO OTHER ACTIVITY
77 DON'T KNOW/NOT SURE
99 REFUSED

Q10.6 **[If Q10.5 > 0 AND Q10.5 < 77]** How many times per week or per month did you take part in this activity during the past month?
(n=2,948)

Mean times per month: 12.2

777 DON'T KNOW/NOT SURE
999 REFUSED

Q10.7 **[If Q10.2 > 0 AND Q10.2 < 77]** And when you took part in this activity, for how many minutes or hours did you usually keep at it?
(n=2,919)

Mean length of time: 72.5 minutes

777 DON'T KNOW/NOT SURE
999 REFUSED

Q10.8 During the past month, how many times per week or per month did you do physical activities or exercises to STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands.
(n=5,702)

Mean times per month: 5.5
Reported any muscle strengthening activity: 44.5%
Mean times per month for those who strengthened muscles: 12.3

777 DON'T KNOW/NOT SURE
999 REFUSED

Section 11: Disability

Q11.1 The following questions are about health problems or impairments you may have. Are you limited in any way in any activities because of physical, mental, or emotional problems?
(n=5,697)

1 Yes (25.2%)
2 No (74.8%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Q11.2 Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?
(n=5,724)

1 Yes (5.9%)
2 No (94.1%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Section 12: Arthritis Burden

Q12.1 **[If Q6.9 = 1]** Next I will ask you about your arthritis. Arthritis can cause symptoms like pain, aching, or stiffness in or around a joint. Are you limited in any way in any of your usual activities because of arthritis or joint symptoms?
(n=1,897)

1 Yes (57.1%)
2 No (42.9%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Q12.2 **[If Q6.9 = 1]** In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?
(n=1,856)

1 Yes (37.2%)
2 No (62.8%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Q12.3 **[If Q6.9 = 1]** During the past 30 days, to what extent has your arthritis or joint symptoms interfered with your normal social activities, such as going shopping, to the movies, or to religious or social gatherings?
(n=1,894)

1 A lot (19.8%)
2 A little (24.8%)
3 Not at all (55.4%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Q12.4 **[If Q6.9 = 1]** Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. DURING THE PAST 30 DAYS, how bad was your joint pain ON AVERAGE? Please answer on a scale of 0 to 10 where 0 is no pain or aching and 10 is pain or aching as bad as it can be.
(n=1,863)

Mean pain score: 4.5
Reported having some pain: 93.1%
Mean pain score for those with any pain: 4.8

77 DON'T KNOW/NOT SURE
99 REFUSED

Section 13: Seatbelt Use

- Q13.1 How often do you use seat belts when you drive or ride in a car? Would you say— (n=5,696)
- 1 Always (77.7%)
 - 2 Nearly always (13.2%)
 - 3 Sometimes (4.3%)
 - 4 Seldom (2.4%)
 - 5 Never (2.4%)
- 8 NEVER DRIVE OR RIDE IN A CAR (0.0%)
 - 7 DON'T KNOW/NOT SURE
 - 9 REFUSED

Section 14: Immunization

- Q14.1 Now I will ask you questions about seasonal flu vaccine. There are two ways to get the seasonal flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called FluMist. During the past 12 months, have you had either a seasonal flu shot or a seasonal flu vaccine that was sprayed in your nose? (n=5,685)
- 1 Yes (31.6%)
 - 2 No (68.4%)
- 7 DON'T KNOW/NOT SURE
 - 9 REFUSED
- Q14.2 **[If Q14.1 = 1]** During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose? (n=2,114)
- January, 2010 – August, 2010 (2.8%)
 - September, 2010 (5.6%)
 - October, 2010 (36.6%)
 - November, 2010 (22.0%)
 - December, 2010 (5.8%)
 - January, 2011 (3.8%)
 - February, 2011 (2.2%)
 - March, 2011 (0.7%)
 - April, 2011 – August, 2011 (1.9%)
 - September, 2011 (4.3%)
 - October, 2011 (11.1%)
 - November, 2011 (3.1%)
 - December, 2011 (0.0%)
- 77/7777 DON'T KNOW/NOT SURE
 - 99/9999 REFUSED
- Q14.3 At what kind of place did you get your last flu shot/vaccine? (n=2,236)
- 1 A doctor's office or health maintenance organization (HMO) (32.3%)
 - 2 A health department (3.9%)
 - 3 Another type of clinic or health center (Example: a community health center) (11.5%)
 - 4 A senior, recreation, or community center (1.0%)
 - 5 A store (Examples: supermarket, drug store) (21.4%)
 - 6 A hospital (Example: inpatient) (7.3%)
 - 7 An emergency room (0.0%)
 - 8 Workplace (16.5%)
 - 9 Some other kind of place (3.1%)
 - 10 In Canada or Mexico (0.0%)
 - 11 At school (2.9%)
- 77 DON'T KNOW/NOT SURE
 - 99 REFUSED

- Q14.4 A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot? (n=5,187)
- 1 Yes (27.6%)
 - 2 No (72.4%)
- 7 DON'T KNOW/NOT SURE
 - 9 REFUSED

Section 15: Alcohol Consumption

- Q15.1 During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor? (n=5,653)
- Mean days per month drank alcohol: 4.8
Reported any days of drinking: 48.9%
Mean days per month for those who drank: 9.9
- 888 NO DRINKS IN PAST 30 DAYS
 - 777 DON'T KNOW/NOT SURE
 - 999 REFUSED

- Q15.2 **[If Q15.1 < 77]** One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average? (n=2,513)
- Mean number of drinks: 2.3
- 77 DON'T KNOW/NOT SURE
 - 99 REFUSED

- Q15.3 **[If Q15.1 < 77]** Considering all types of alcoholic beverages, how many times during the past 30 days did you have [If Q8.22=1, 5, 4] or more drinks on an occasion? (n=2,514)
- Mean days per month binge drank: 1.3
Reported any days of binge drinking: 33.7%
Mean days per month for those who binge drank: 3.8
- 88 NONE
 - 77 DON'T KNOW/NOT SURE
 - 99 REFUSED

- Q15.4 **[If Q15.1 < 77]** During the past 30 days, what is the largest number of drinks you had on any occasion? (n=2,472)
- Mean number of drinks: 4.0
- 77 DON'T KNOW/NOT SURE
 - 99 REFUSED

Section 16: HIV/AIDS

- Q16.1 The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had. Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth. (n=5,494)
- 1 Yes (29.1%)
 - 2 No (70.9%)
- 7 DON'T KNOW/NOT SURE
 - 9 REFUSED

Q16.2 **[If Q16.1 = 1]** Not including blood donations, in what month and year was your last HIV test?
(n=1,038)

Mode month and year: July, 2010

77/7777 DON'T KNOW/NOT SURE
99/9999 REFUSED

Q16.3 I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You do not need to tell me which one: You have used intravenous drugs in the past year; You have been treated for a sexually transmitted or venereal disease in the past year; You have given or received money or drugs in exchange for sex in the past year; You had anal sex without a condom in the past year. Do any of these situations apply to you?
(n=5,614)

1 Yes (3.6%)
2 No (96.4%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Module 10: Actions to Control High Blood Pressure

M10.1 **[If Q4.1 = 1]** Earlier you stated that you had been diagnosed with high blood pressure. Are you now doing any of the following to help lower or control your high blood pressure? Are you changing your eating habits to help lower or control your high blood pressure?
(n=1,990)

1 Yes (75.7%)
2 No (24.3%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M10.2 **[If Q4.1 = 1]** Are you cutting down on salt to help lower or control your high blood pressure?
(n=2,003)

1 Yes (73.0%)
2 No (20.5%)
3 Do not use salt (6.4%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M10.3 **[If Q4.1 = 1]** Are you reducing alcohol use to help lower or control your high blood pressure?
(n=2,000)

1 Yes (33.6%)
2 No (23.9%)
3 Do not drink (42.4%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M10.4 **[If Q4.1 = 1]** Are you exercising to help lower or control your high blood pressure?
(n=1,990)

1 Yes (70.3%)
2 No (29.7%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M10.5 **[If Q4.1 = 1]** Has a doctor or other health professional ever advised you to do any of the following to help lower or control your high blood pressure? Ever advised you to changing your eating habits to help lower or control your high blood pressure?
(n=1,998)

1 Yes (59.2%)
2 No (40.8%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M10.6 **[If Q4.1 = 1]** Ever advised you to cut down on salt to help lower or control your high blood pressure?
(n=1,991)

1 Yes (63.8%)
2 No (34.6%)
3 Do not use salt (1.6%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M10.7 **[If Q4.1 = 1]** Ever advised you to reduce alcohol use to help lower or control your high blood pressure?
(n=2,003)

1 Yes (26.9%)
2 No (54.7%)
3 Do not drink (18.4%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M10.8 **[If Q4.1 = 1]** Ever advised you to exercise to help lower or control your high blood pressure?
(n=1,985)

1 Yes (77.2%)
2 No (22.8%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M10.9 **[If Q4.1 = 1]** Ever advised you to take medication to help lower or control your high blood pressure?
(n=2,000)

1 Yes (84.3%)
2 No (15.7%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M10.10 **[If Q4.1 = 1]** Were you told on TWO OR MORE DIFFERENT VISITS by a doctor or other health professional that you had high blood pressure?
(n=1,975)

1 Yes (75.9%)
2 Yes, but female told only during pregnancy (0.5%)
3 No (23.2%)
4 Told borderline or pre-hypertensive (0.4%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Module 11: Heart Attack and Stroke

M11.1 Now I would like to ask you about your knowledge of the signs and symptoms of a heart attack and stroke. Which of the following do you think is a symptom of a heart attack? For each, tell me "yes," "no," or you're "not sure." Do you think pain or discomfort in the jaw, neck, or back are symptoms of a heart attack?
(n=4,421)

- 1 Yes (71.7%)
- 2 No (28.3%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M11.2 Do you think feeling weak, lightheaded, or faint are symptoms of a heart attack?
(n=4,277)

- 1 Yes (77.2%)
- 2 No (22.8%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M11.3 Do you think chest pain or discomfort are symptoms of a heart attack?
(n=4,907)

- 1 Yes (97.1%)
- 2 No (2.9%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M11.4 Do you think sudden trouble seeing in one or both eyes is a symptom of a heart attack?
(n=3,646)

- 1 Yes (48.9%)
- 2 No (51.1%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M11.5 Do you think pain or discomfort in the arms or shoulder are symptoms of a heart attack?
(n=4,847)

- 1 Yes (94.1%)
- 2 No (5.9%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M11.6 Do you think shortness of breath is a symptom of a heart attack?
(n=4,728)

- 1 Yes (93.6%)
- 2 No (6.4%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M11.7 Which of the following do you think is a symptom of a stroke? For each tell me "yes," "no," or you're "not sure." Do you think sudden confusion or trouble speaking are symptoms of a stroke?
(n=4,777)

- 1 Yes (97.3%)
- 2 No (2.7%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M11.8 Do you think sudden numbness or weakness of face, arm, or leg, especially on one side, are symptoms of a stroke?
(n=4,872)

- 1 Yes (98.5%)
- 2 No (1.5%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M11.9 Do you think sudden trouble seeing in one or both eyes is a symptom of a stroke?
(n=3,961)

- 1 Yes (91.4%)
- 2 No (8.6%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M11.10 Do you think sudden chest pain or discomfort are symptoms of a stroke?
(n=3,639)

- 1 Yes (44.3%)
- 2 No (55.7%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M11.11 Do you think sudden trouble walking, dizziness, or loss of balance are symptoms of a stroke?
(n=4,614)

- 1 Yes (95.8%)
- 2 No (4.2%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M11.12 Do you think severe headache with no known cause is a symptom of a stroke?
(n=3,832)

- 1 Yes (82.3%)
- 2 No (17.7%)

7 DON'T KNOW/NOT SURE
9 REFUSED

M11.13 If you thought someone was having a heart attack or a stroke, what is the first thing you would do?
(n=4,989)

- 1 Take them to the hospital (8.6%)
- 2 Tell them to call their doctor (0.7%)
- 3 Call 911 (85.3%)
- 4 Call their spouse or family member (1.1%)
- 5 Do something else (4.3%)

7 DON'T KNOW/NOT SURE
9 REFUSED

State Added 01: Health Care Coverage

ID01.1 **[If Q3.1 = 2]** Previously you said you did not have any health care coverage. What is the main reason you are without health care coverage?
(n=629)

- 1 Lost job or changed employers (12.2%)
- 2 Spouse/parent lost job/changed employers (2.3%)
- 3 Became divorced or separated (0.2%)
- 4 Spouse or parent died (0.6%)
- 5 Became ineligible because of age or left school (3.6%)
- 6 Employer doesn't offer or stopped offering coverage (9.0%)
- 7 Cut back to part time or became temporary employee (1.7%)
- 8 Benefits from employer or former employer ran out (0.6%)
- 9 Couldn't afford to pay the premiums (47.1%)
- 10 Insurance company Refused coverage (0.5%)
- 11 Lost Medicaid or medical assistance eligibility (5.1%)
- 87 Other reason (17.0%)

77 DON'T KNOW/NOT SURE
99 REFUSED

ID01.2 **[If Q3.1 = 2]** About how long has it been since you had health care coverage?
(n=640)

- 1 Within the past 6 months (11.8%)
- 2 Within the past year (7-12 months) (8.5%)
- 3 Within the past 2 years (more than 1 year, less than 2 years) (15.8%)
- 4 Within the past 5 years (more than 2 years, less than 5 years) (21.7%)
- 5 5 or more years ago (25.7%)
- 8 Never (16.4%)

7 DON'T KNOW/NOT SURE
9 REFUSED

ID01.3 **[If Q3.1 = 1]** Previously you said that you had some kind of health care coverage. What type of health care coverage do you use to pay for most of your medical care?
(n=4,261)

- 1 Your Employer (33.6%)
- 2 Someone else's employer (18.4%)
- 3 A plan that you or someone else buys on your own (13.3%)
- 4 Medicare (19.5%)
- 5 Medicaid or Medical Assistance (5.5%)
- 6 The military, CHAMPUS, Tricare, or the VA (5.7%)
- 7 The Indian Health Service (0.6%)
- 8 Some other source (3.3%)

88 NONE (0.1%)
77 DON'T KNOW/NOT SURE
99 REFUSED

State Added 02: Occupation

ID02.1 Which of the following best describes your current employment?
(n=2,261)

- 1 Management or professional (27.1%)
- 2 Office, clerical or administrative support (12.2%)
- 3 Health care practitioner or support (9.2%)
- 4 Service or sales (20.9%)
- 5 Production, construction, installation, or mining (13.7%)
- 6 Farming, fishing or forestry (6.3%)
- 7 Transportation or material moving (3.7%)
- 8 Armed Forces, law enforcement or emergency services (3.6%)
- 9 Other (3.3%)

77 DON'T KNOW/NOT SURE
99 REFUSED

State Added 03: Dental Insurance Coverage

ID03.1 Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs, or government plans such as Medicaid?
(n=4,958)

- 1 Yes (52.3%)
- 2 No (47.7%)

7 DON'T KNOW/NOT SURE
9 REFUSED

State Added 04: Dental Visits

ID04.1 How long has it been since you visited a dentist or dental clinic for any reason? Include visits to dental specialists, such as orthodontists.
(n=4,983)

- 1 Within the past year (any time less than 12 months ago) (65.8%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (10.3%)
- 3 Within the past 5 years (2 years but less than 5 years ago) (11.5%)
- 4 5 or more years ago (11.8%)
- 8 Never (0.5%)

7 DON'T KNOW/NOT SURE
9 REFUSED

State Added 05: Oral Cancer Screening

ID05.1 At your last dental visit, did the dentist or dental hygienist tell you that they were examining you for signs of oral cancer?
(n=3,318)

- 1 Yes (24.8%)
- 2 No (75.2%)

7 DON'T KNOW/NOT SURE
9 REFUSED

State Added 06: Weight Control

ID06.1 In the past 12 months, has a doctor, nurse or other health professional given you advice about your weight?
(n=4,991)

- 1 Yes, lose weight (16.3%)
- 2 Yes, gain weight (1.0%)
- 3 Yes, maintain current weight (1.7%)
- 4 No (81.1%)

7 DON'T KNOW/NOT SURE
9 REFUSED

State Added 07: Sun and UV Exposure

ID07.1 The next questions are about what you do to protect your skin when you go outside. When you go outside on a sunny summer day for more than one hour, how often do you use sunscreen or sun-block? Would you say ...
(n=4,980)

- 1 Always (12.3%)
- 2 Nearly always (18.6%)
- 3 Sometimes (25.5%)
- 4 Seldom (16.2%)
- 5 Never (21.3%)
- 6 Don't stay out more than an hour (6.0%)

7 DON'T KNOW/NOT SURE
9 REFUSED

ID07.2 **[If ID07.1 > 0 AND ID07.1 ≠ 6]** When you go outside on a sunny summer day for more than an hour, how often do you wear long-sleeved shirts? Would you say ...
(n=4,566)

- 1 Always (6.1%)
- 2 Nearly always (7.1%)
- 3 Sometimes (25.1%)
- 4 Seldom (22.0%)
- 5 Never (37.6%)
- 6 Don't stay out more than an hour (2.1%)

7 DON'T KNOW/NOT SURE
9 REFUSED

ID07.3 **[If ID07.1 > 0 AND ID07.1 ≠ 6]** When you go outside on a sunny summer day for more than an hour, how often do you wear a wide-brimmed hat or any other hat that shades your face, ears, and neck from the sun?
(n=4,563)

- 1 Always (16.1%)
- 2 Nearly always (14.6%)
- 3 Sometimes (25.3%)
- 4 Seldom (13.9%)
- 5 Never (29.3%)
- 6 Don't stay out more than an hour (0.8%)

7 DON'T KNOW/NOT SURE
9 REFUSED

ID07.4 **[If ID07.1 > 0 AND ID07.1 ≠ 5]** What is the Sun Protection Factor or SPF of the sunscreen you use most often?
(n=3,355)

- 1 SPF less than 15 (2.0%)
- 2 SPF 15 (15.6%)
- 3 SPF 30 (35.8%)
- 4 SPF higher than 30 (37.8%)
- 5 Other SPF value (8.8%)

7 DON'T KNOW/NOT SURE
9 REFUSED

ID07.5 Thinking about the last 12 months, on how many days did you use a tanning bed or sun lamp?
(n=4,962)

Mean number of days: 0.6
Reported any days of tanning: 4.9%
Mean number of days of those who tanned: 13.0

7 DON'T KNOW/NOT SURE
9 REFUSED

State Added 08: Social Context

ID08.1 The next questions are of a personal or sensitive nature. This information allows us to better understand various situations that may contribute to public health problems. Please keep in mind that your answers are strictly confidential. You may ask me to skip any question you do not want to answer. How often in the past 12 months would you say you were worried or stressed about having enough money to buy nutritious meals? Would you say you were worried or stressed ...
(n=4,948)

- 1 Always (4.9%)
- 2 Usually (4.9%)
- 3 Sometimes (17.5%)
- 4 Rarely (18.5%)
- 5 Never (54.1%)
- 8 Not Applicable (0.1%)

7 DON'T KNOW/NOT SURE
9 REFUSED

State Added 09: Suicide

ID09.1 Have you ever attempted suicide?
(n=4,952)

- 1 Yes (6.1%)
- 2 No (93.9%)

7 DON'T KNOW/NOT SURE
9 REFUSED

ID09.2 **[If ID09.1 = 1]** When did you make the last attempt?
(n=234)

- 1 Within the past year (1 to 12 months ago) (14.8%)
- 2 Within the last 5 years (1 to 5 years ago) (21.3%)
- 3 Within the past 10 years (5 to 10 years ago) (13.4%)
- 4 More than 10 years ago (50.6%)

7 DON'T KNOW/NOT SURE
9 REFUSED

State Added 10: Sexual Orientation

ID10.1 Research has shown that some sexual minority community members have important health risk factors such as smoking. We are collecting information about sexual orientation to learn whether this is true in Idaho. Do you consider yourself to be:
(n=4,690)

- 1 Heterosexual, that is, straight (97.7%)
- 2 Homosexual, that is gay or lesbian (0.9%)
- 3 Bisexual (1.2%)
- 4 Transgender (0.0%)
- 5 Other (Specify) (0.1%)

7 DON'T KNOW/NOT SURE
9 REFUSED

State Added 11: Illicit Drug Use

ID11.1 I am now going to ask about your non-medical use of drugs. "Non-medical use" means using drugs not prescribed by a doctor, or used to get high or for curiosity. I will be referring to cocaine, including crack, heroin or drugs like heroin such as codeine or Demerol, marijuana, also referred to as pot, methamphetamine, also known as meth, crank or ice, hallucinogens, inhalants, prescription painkillers, stimulants and sedatives. Remember, all information on this survey is strictly confidential. Have you ever used any of the drugs I just mentioned?
(n=4929)

- 1 Yes (23.6%)
- 2 No (76.4%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID11.2 **[If ID11.1 = 1]** How long has it been since you last used any of these drugs for non-medical purposes? Would you say ...
(n=848)

- 1 Within the last 30 days (0-30 days) (13.3%)
- 2 More than 30 days but within the past 12 months (31 days to 12 months) (10.6%)
- 3 More than 12 months ago (76.1%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

State Added 12: Sexual Violence

ID12.1 Now I'd like to ask you some questions about different types of physical and/or sexual violence or other unwanted sexual experiences. This information will allow us to better understand the problem of violence and unwanted sexual contact and may help others in the future. This is a sensitive topic. Some people may feel uncomfortable with these questions. At the end of this section, I will give you phone numbers for organizations that can provide information and referral for these issues. Please keep in mind that if you are not in a safe place you can ask me skip any questions you do not want to answer. Are you in a safe place to answer these questions?
(n=4,922)

- 1 Yes (97.9%)
- 2 No (2.1%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID12.2 **[If ID12.1 = 1]** My first questions are about unwanted sexual experiences you may have had. In the past 12 months, has anyone touched sexual parts of your body after you said or showed that you didn't want them to, or without your consent for example being groped or fondled?
(n=4,786)

- 1 Yes (1.4%)
- 2 No (98.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID12.3 **[If ID12.1 = 1]** In the past 12 months, has anyone exposed you to unwanted sexual situations that did not involve physical touching? Examples include things like sexual harassment, someone exposing sexual parts of their body to you, being seen by a peeping Tom, or someone making you look at sexual photos or movies?
(n=4,784)

- 1 Yes (1.5%)
- 2 No (98.5%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID12.4 **[If ID12.1 = 1]** Now, I am going to ask you questions about unwanted sex. Unwanted sex includes things like putting anything into your (vagina), anus, or mouth or making you do these things after you said or showed that you didn't want to. It includes times when you were unable to consent, for example, you were drunk or asleep, or you thought you would be hurt or punished if you refused. Has anyone ever had sex with you after you said or showed that you didn't want them to or without your consent?
(n=4,749)

- 1 Yes (6.2%)
- 2 No (93.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID12.5 **[If ID12.4 = 1]** Has this happened in the past 12 months?
(n=270)

- 1 Yes (6.4%)
- 2 No (93.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID12.6 **[If ID12Q01 = 1]** Has anyone EVER ATTEMPTED to have sex with you after you said or showed that you didn't want to or without your consent, BUT SEX DID NOT OCCUR?
(n=4,744)

- 1 Yes (7.3%)
- 2 No (92.7%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID12.7 **[If ID12.6 = 1]** Has this happened in the past 12 months?
(n=286)

- 1 Yes (15.9%)
- 2 No (84.1%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID12.8 **[If ID12.4 = 1 OR ID12.6 = 1]** Think about the time of the most recent incident involving a person who [had sex with you and/or attempted to have sex with you] after you said or showed that you didn't want to or without your consent? What was that person's relationship to you?
(n=381)

- 1 Current boyfriend/girlfriend (3.6%)
- 2 Former boyfriend/girlfriend (12.4%)
- 3 Fiancé (0.1%)
- 4 Spouse or live-in partner (5.8%)
- 5 Former spouse or former live-in partner (6.6%)
- 6 Someone you were dating (1.0%)
- 7 First date (3.4%)
- 8 Friend (24.3%)
- 9 Acquaintance (14.3%)
- 10 A person known for less than 24 hours (3.0%)
- 11 Complete stranger (5.7%)
- 12 Parent (1.8%)
- 13 Step-parent (1.5%)
- 15 Parent in-law (0.1%)
- 16 Other relative (8.5%)
- 17 Neighbor (2.3%)
- 18 Co-worker (2.3%)
- 19 Other non-relative (2.3%)
- 20 Multiple perpetrators (1.1%)

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

ID12.9 **[If ID12.8 > 0 AND ID12.8 ≠ 20]** Was the person who did this male or female?
(n=386)

- 1 Male (90.3%)
- 2 Female (9.7%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Appendix B: Copyright

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Suggested Citation:

Idaho Behavioral Risk Factors: Results from the 2011 Behavioral Risk Factor Surveillance System. Idaho Department of Health and Welfare, Division of Health, Bureau of Vital Records and Health Statistics, 2014.

Costs associated with this publication are available from the
Idaho Department of Health and Welfare.
HW-1206 April 2014