

## **Behavioral Plans**

**010.14 BEHAVIORAL PLAN.** A written plan which decreases the frequency or intensity of maladaptive behaviors and increases the frequency of adaptive behaviors and introduces new skills.

### **225. REQUIREMENTS FOR BEHAVIOR MANAGEMENT.**

The facility must identify and evaluate behavioral symptoms that are distressing to the resident or infringe on other residents' rights.

**01. Evaluation for Behavior Management.** The facility evaluation must include the following;

- a. Identification if the resident behavior is transitory or permanent;
- b. Review of the resident's previous behaviors and activities;
- c. Review of baseline data including intensity, duration and frequency of the resident behavior;
- d. Identification of recent changes in the resident's life, such as death in the family, change in resident's daily routine, or changes in the Resident's Negotiated Service Agreement;
- e. Identification of environmental causes that could contribute to the resident's behavior such as excessive heat, noise, overcrowding, hunger, staffing;
- f. Rule out possible medical causes such as pain, constipation, fever, infection, or medication side effects; and
- g. Identification of events that trigger behavioral symptoms.

**02. Intervention.** The facility must develop an intervention for each behavioral symptom.

- a. All staff must be aware of and consistently implement each behavioral symptom intervention;
- b. The intervention needs to be the least restrictive; and
- c. Each intervention needs to be reviewed within seventy-two (72) hours of implementation, and from then on as appropriate, to evaluate the continued need for the intervention.

**03. Prescribing Provider.** The resident's medication regime must be evaluated every six (6) months to assure that medications used to treat behavioral symptoms are necessary and at the lowest possible dose.

**04. Psychotropic or Behavior Modifying Medication.**

a. Psychotropic or behavior modifying medication intervention must not be the first resort to address behaviors. The facility must attempt non-drug interventions to assist and redirect the resident's behavior.

b. Psychotropic or behavior modifying medications must be prescribed by a physician or authorized provider.

c. The facility will monitor the resident to determine continued need for the medication based on the resident's demonstrated behaviors.

d. The facility will monitor the resident for any side effects that could impact the resident's health and safety.

e. The use of psychotropic or behavior modifying medications must be reviewed by the physician or authorized provider at least every six (6) months. **The facility must provide behavior updates to the physician or authorized provider to help facilitate an informed decision on the continuing use of the psychotropic or behavior modifying medication.**

**320.02. KEY ELEMENTS OF THE NEGOTIATED SERVICE AGREEMENT.** A resident's agreement must be based on the following:

i. Identification of specific behavioral symptoms

**711. ONGOING RESIDENT CARE RECORDS.**

The administrator must assure that the facility's policies and procedures for ongoing resident care records are implemented and meet the requirements described in Subsections 711.01 through 711.14 of these rules.

**01. Behavior Management Records.** The facility must have behavior management records for residents when applicable. These records must document requirements in Section 225 and Subsection 320.02 of these rules. The records must also include the following:

- a. The date and time a specific behavior was observed;
- b. What interventions were used; and
- c. The effectiveness of the intervention.