

Person-Centered Planning

What is person-centered planning?

- Person centered planning (PCP) is a process that focuses on a participant's specific capabilities and strengths
- From the PCP process, an Individual Support Plan (ISP) for state plan or traditional waiver services or a Support and Spending Plan (SSP) for participants who have chosen the Self Direction option is developed.
- PCP is having a team that can help the participant choose and receive services that will help them achieve their goals, increase their independence, and best meet their needs.
- PCP is looking at a participant's situation and helping them solve problems so they can have more control in their life.
- PCP is an ongoing process that assists the participant to participate as fully as possible in the community and realize their dreams.

Who is included in person-centered planning?

- The participant and their guardian (if applicable) can choose who to include in the process. The Plan Developer (for state plan or traditional waiver services) or Support Broker (for Self Direction services) can also assist with these choices.
- PCP should involve the Plan Developer or Support Broker. They generally help facilitate the PCP meeting.
- PCP should include people who know the participant well and are important in the participant's life. These can be family members, advocates, service providers, etc. These should be people who are committed to seeing the participant succeed.
- The participant should always be present for PCP, unless they are medically or emotionally unable to attend the meeting.

When does the person-centered planning meeting happen?

- The PCP meeting generally happens at least once a year, about three (3) months before the start of a new plan year.
- A PCP meeting can also happen anytime during the year if the participant's situation changes and the plan needs to be modified.