



Results from the 2007
Behavioral Risk Factor
Surveillance System

Idaho Behavioral Risk Factors

Bureau of Vital Records
and Health Statistics
Idaho Department of
Health and Welfare

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For more details on this project or any of the survey results, please contact the Bureau of Vital Records and Health Statistics at (208) 332-7326.

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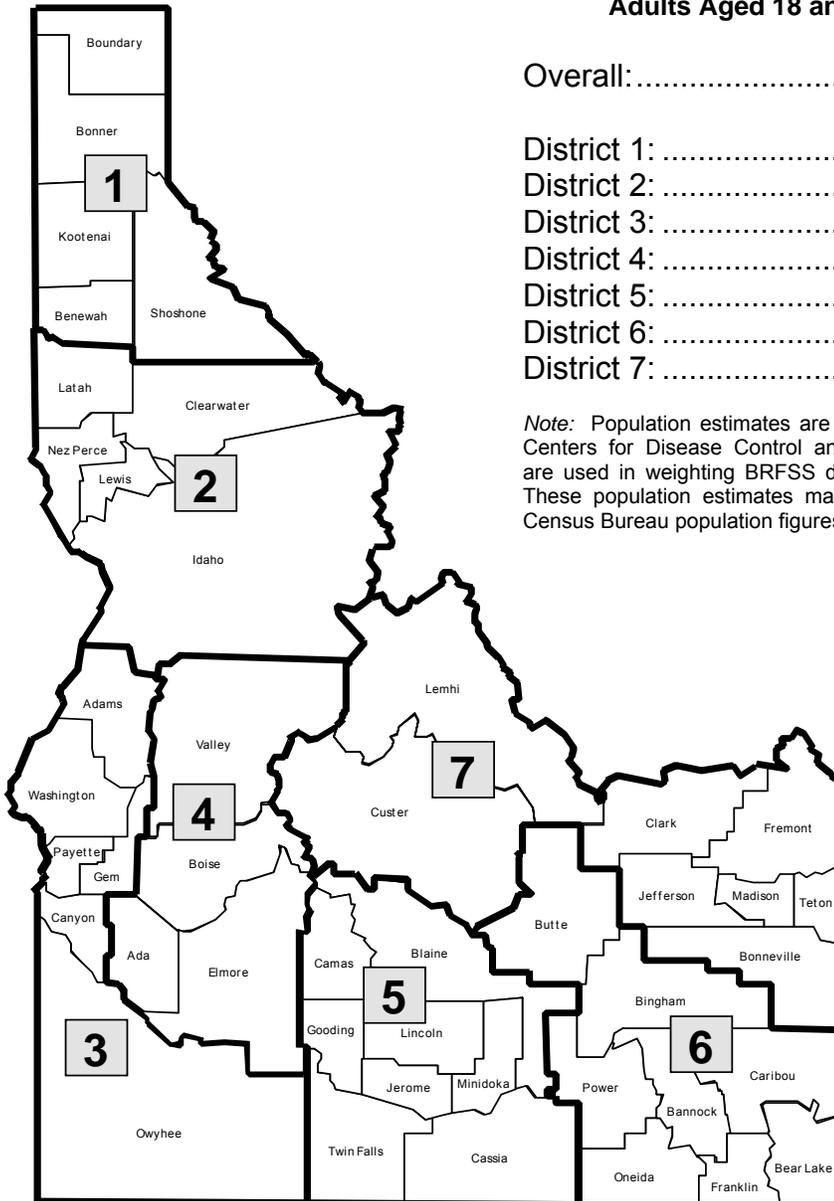
Idaho Public Health Districts

Idaho is divided into seven public health districts, with each of the districts containing four to eight counties. The seven health districts are independent agencies governed by a local board appointed by the county commissioners within the district.

2007 Estimated Population Adults Aged 18 and Over

Overall:	1,088,573
District 1:	161,320
District 2:	80,560
District 3:	170,252
District 4:	302,303
District 5:	126,852
District 6:	116,665
District 7:	130,621

Note: Population estimates are obtained from the Centers for Disease Control and Prevention and are used in weighting BRFSS data (see page 2). These population estimates may differ from U.S. Census Bureau population figures.



Idaho Behavioral Risk Factor Surveillance System

Introduction

Health risk behaviors and lack of preventive care are associated with higher rates of morbidity and mortality. Monitoring of modifiable risk factors for diseases and the use of preventive health services is vital to planning, initiating, and developing targeted education and intervention programs at the state and local level. It also provides a means of tracking progress toward achieving public health objectives. The Behavioral Risk Factor Surveillance System (BRFSS) is an ongoing surveillance program developed and partially funded by the Centers for Disease Control and Prevention (CDC). It is designed to estimate the prevalence of risk factors for the major causes of morbidity and mortality in the United States. The survey provides state-specific estimates of the proportion of adults aged 18 and over reporting health risk behaviors. For certain state and national objectives, BRFSS is the only source of data.

Idaho has participated in the BRFSS since its inception in 1984. Since then, the program has grown to encompass all 50 states and several U.S. territories. BRFSS data are valued at the state and national level for measuring progress toward national and state health objectives. BRFSS is unique in providing data that enable state health policymakers to assess their own states' needs and determine progress toward goals. Results from BRFSS have been used to support risk reduction and disease prevention activities by directing program planning, assessing trends, and targeting relevant population groups. This report summarizes major health risk behaviors and use of preventive health practices that affect chronic diseases associated with morbidity and mortality in Idaho. Summarized data in this report are not inclusive of all data that may be provided by BRFSS. For this reason, the 2007 questionnaire appears in its entirety in Appendix B.

Methodology

The BRFSS is conducted as a random telephone survey of the non-institutionalized adult population. In order to produce health district estimates, Idaho's sample has grown in size from 600 people in 1984 to over 5,300 in 2007. The survey is administered in every month of the calendar year. After annual data collection is complete, individual responses are weighted to be representative of the state's adult population, and analysis is performed on the weighted data.

Additional information regarding BRFSS methodology is available online at <http://www.cdc.gov/brfss>.

Sampling: Idaho used disproportionate stratified sampling for its 2007 BRFSS. The sample was stratified by Idaho's seven public health districts. A minimum of 700 Idahoans were interviewed within each health district, for a total sample size

of 5,343. Interviews were conducted by telephone using computer-assisted telephone interviewing (CATI) software to record responses.

Weighting: The data were weighted to the respondent's probability of selection as well as age and sex based on 2006 population estimates. For example, some households have more than one telephone line and are more likely to be called. The weighting corrects for this difference in probability of selection as well as differences between the population and the sample.

Analysis: Idaho used SUDAAN® (Survey Data Analysis) software for statistical testing and calculation of confidence limits. This software takes into account the complex sampling design methodology of BRFSS. Idaho used SAS® software for data manipulation and risk factor creation. All "don't know," "not sure," and "refused" responses have been excluded from the analysis.

Reporting

Prevalence estimates based on denominators with fewer than 50 respondents have been suppressed and are indicated in the data tables with an asterisk (*). The BRFSS has adopted this standard to maintain a high degree of reliability. Differences between estimates are reported throughout the document. Any difference determined to be statistically significantly different through statistical testing was designated as such and will be preceded by the words "significantly" or "statistically."

Data Limitations

Errors in estimation are a result of BRFSS data being self-reported and certain behaviors possibly being underreported (Centers for Disease Control and Prevention, 2007). Another source of error is based on sampling. Each sample drawn will deviate somewhat from the population. Additional possible errors may occur due to the population from which the sample is drawn. Ideally, all adults aged 18 and older would be potential respondents for the survey. However, in order to be cost effective, the sample is limited to adults aged 18 and older who are non-institutionalized, live in a household with a non-cellular (landline) telephone, and can communicate in English or Spanish. This excludes people in prisons and dormitories, those who exclusively speak a language other than English or Spanish, those with only cellular telephones and others who cannot communicate by telephone. Spanish interviewing for the Idaho BRFSS began in midyear 2004 with 2005 as the first complete year that included Spanish interviewing. An estimated 95.5 percent of occupied households in Idaho have telephone service (Federal Communications Commission, 2007). With ongoing changes in telephone technology, there has been an increase in households that have cellular telephones rather than traditional telephone lines. These households are not presently in the sampling frame for the BRFSS which may bias results (Centers for Disease Control and Prevention, 2007).

Additional information on telephone coverage in U.S. households is available at: www.fcc.gov/wcb/iatd/socc.html

Summary Results

General Health Status (page 10)

- The percentage of Idaho adults reporting their health as “fair” or “poor” was 14.9 percent in 2007. This was not a significant change since 2006.
- Those with household incomes below \$25,000 were more than three times as likely to say their general health was less than good compared with those with incomes of \$25,000 or higher.
- Adults without health care coverage were significantly more likely than those with coverage to report “fair” or “poor” health.

Health Care Coverage (page 12)

- In Idaho, 18.9 percent of adults did not have health care insurance coverage in 2007. This was not a significant change since 2006.
- More than one-in-three of those aged 18 to 24 were without health care coverage.
- Those who were unemployed were twice as likely to be without health insurance as the employed. Still, about one-in-five employed adults were without health coverage.

Dental Insurance (page 14)

- More than four-in-ten (43.0 percent) Idaho adults were without dental insurance. Dental insurance coverage has not varied significantly over the past ten years.
- Those over age 65 were more likely than younger adults to be without dental insurance.
- Hispanics were significantly more likely than non-Hispanics to be without dental insurance.

Diabetes (page 16)

- Adult diabetes prevalence in 2007 was 7.9 percent. While this is not a significant increase from 2006, the percentage of Idahoans with diabetes has increased significantly since 1998.
- Obese adults (BMI \geq 30) were more than four times as likely to have diabetes as those who were not overweight.

Summary Results

Asthma (page 18)

- Asthma prevalence (those with current asthma) was 8.7 percent in 2007 and has not changed significantly in the past nine years.
- In 2007, females were significantly more likely than males to have asthma.
- Those with household incomes below \$35,000 were significantly more likely to have asthma than those with incomes of \$35,000 or higher.

Arthritis (page 20)

- In 2007, 25.8 percent of Idaho adults had ever been told by a medical professional that they had arthritis. This was essentially unchanged from prior years.
- Females were significantly more likely to have arthritis than males.
- Those with arthritis were more than three times as likely as those without the condition to report that their activities were limited due to a health problem.

High Cholesterol (page 22)

- Among those screened for cholesterol, 37.5 percent were told that their cholesterol was high. This figure has increased significantly since 1999.
- Those over the age of 55 were nearly twice as likely to have had high cholesterol as younger adults.
- More than four-in-ten of those who were overweight (BMI ≥ 25) had been told they had high cholesterol.

High Blood Pressure (page 24)

- In 2007, 25.9 percent of Idaho adults had been told they had high blood pressure. Prevalence of high blood pressure has not changed significantly during the ten year tracking period.
- Those over the age of 55 were more than twice as likely to have had high blood pressure compared with younger adults.
- Adults who had been told they had high blood pressure were significantly more likely to have had a diagnosis of angina or coronary heart disease.

Summary Results

Fruit and Vegetable Consumption (page 26)

- More than three-quarters (77.7 percent) of Idaho adults reported that they do not eat five or more servings of vegetables per day. This figure has remained steady since 1998.
- Females were significantly more likely than males to get their five servings a day. Even so, more than seven-in-ten females did not meet the recommendation.
- Those with some college or more education were more likely to eat five or more fruit and vegetable servings compared with those with less education.

Physical Activity (page 28)

- In Idaho, 19.6 percent of adults did not participate in leisure time physical activity. This was not a significant change since 2006.
- Idaho adults residing in Health District 4 and Health District 7 were significantly more likely to participate in leisure time physical activity than adults residing in other health districts.

Weight (page 30)

- In 2007, the percentage of Idaho adults who were overweight (BMI \geq 25) reached a new high of 63.1 percent. Although this was not significantly higher than in 2006, the prevalence of overweight adults has increased by more than 20 percent since 1998.
- About one-in-four (25.1 percent) Idahoans was obese (BMI \geq 30) in 2007. The proportion of overweight adults who are also obese has increased significantly over the past ten years.
- Those with household incomes of \$75,000 or higher were significantly less likely to be obese than those with incomes below \$50,000.
- Idaho adults categorized as overweight and/or obese were significantly more likely to have diabetes.

Summary Results

Cigarette Smoking (page 34)

- The percentage of adults who were cigarette smokers was 19.1 percent. Though slightly higher than the 2006 level, the increase was not significant.
- Those with lower education and income levels were significantly more likely to smoke cigarettes.
- Cigarette smokers were significantly more likely to have “fair” or “poor” general health.

Alcohol Consumption (page 36)

- Binge drinking for females is defined as having four or more alcoholic beverages on a single occasion. For males, binge drinking is defined as having five or more alcoholic beverages on a single occasion. In 2007, 14.7 percent of Idaho adults engaged in binge drinking in the past 30 days. This was not a significant change from recent years.
- Heavy drinking (more than 30 drinks per month for females and more than 60 drinks for males) showed no significant change from recent years with 5.0 percent of adults reporting heavy drinking.
- In every age category, males were significantly more likely to be binge drinkers than females.
- Males and females were not significantly different with regard to heavy drinking.
- While the likelihood of binge drinking decreased with age, heavy drinking was consistent across all age categories.

Summary Results

Illicit Drug Use (page 40)

- The percentage of Idaho adults who used illicit drugs for non-medical reasons in the prior 12 months was 5.1 percent in 2007. This has not changed significantly since 2002.
- Those aged 18 to 24 were significantly more likely to have used illicit drugs compared with those in any other age group.
- Unemployed adults reported illicit drug use nearly four times as often as those who were employed.

Seat Belt Use (page 42)

- The percentage of Idaho adults who did not always wear a seat belt when driving or riding in a car was 24.6 percent in 2007.
- Males were significantly more likely to say they did not consistently wear their seat belts compared with females.
- Older adults (65 and over) were more likely use their seat belts than were younger adults.

Cholesterol Screening (page 44)

- In 2007, 33.3 percent of adults had not had a cholesterol check in the prior five years. There have been no significant changes in cholesterol screening rates since 1999.
- Those without health care coverage were significantly less likely to receive cholesterol screening compared with those with coverage.

Dental Visits (page 46)

- In 2007, 32.3 percent of Idaho adults had not visited a dentist within the previous 12 months. This was not a significant change from recent years.
- Idahoans with household incomes below \$15,000 and those with less than a high school education were less likely to have had an annual dental visit than those with higher incomes and education levels.

2007 Risk Factors: Idaho and United States Median*

Percent of adults who:	Idaho %	Median of U.S. States*
Reported their general health as "fair" or "poor"	14.9	14.9
Did not have health care coverage	18.9	14.2
Did not have dental insurance	43.0	n/a
Had ever been told they had diabetes	7.9	8.0
Were diagnosed and still had asthma	8.7	8.4
Had ever been told they had arthritis	25.8	27.5
Were ever told they had high cholesterol (among those who had been checked)	37.6	37.6
Were ever told they had high blood pressure	25.9	27.8
Did not eat five or more servings of fruits and vegetables each day	77.7	75.6
Did not participate in leisure time physical activity	19.6	22.6

* Median of all states and District of Columbia (51)
n/a = data not available

2007 Risk Factors: Idaho and United States Median*

Percent of adults who:	Idaho %	Median of U.S. States*
Were overweight (BMI \geq 25)	63.1	62.9
Were obese (BMI \geq 30)	25.1	26.3
Smoked cigarettes	19.1	19.8
Were binge drinkers (\geq 4 alcoholic drinks on single occasion for females, \geq 5 alcoholic drinks on single occasion for males)	14.7	15.8
Were heavy drinkers (>30 alcoholic drinks in past 30 days for females, >60 alcoholic drinks in past 30 days for males)	5.0	5.2
Used illicit drugs in the last 12 months	5.1	n/a
Did not always wear a seatbelt when driving or riding	24.6	n/a
Had not had cholesterol checked within the last five years	33.3	25.1
Had not visited the dentist in the previous 12 months	32.3	n/a

* Median of all states and District of Columbia (51)

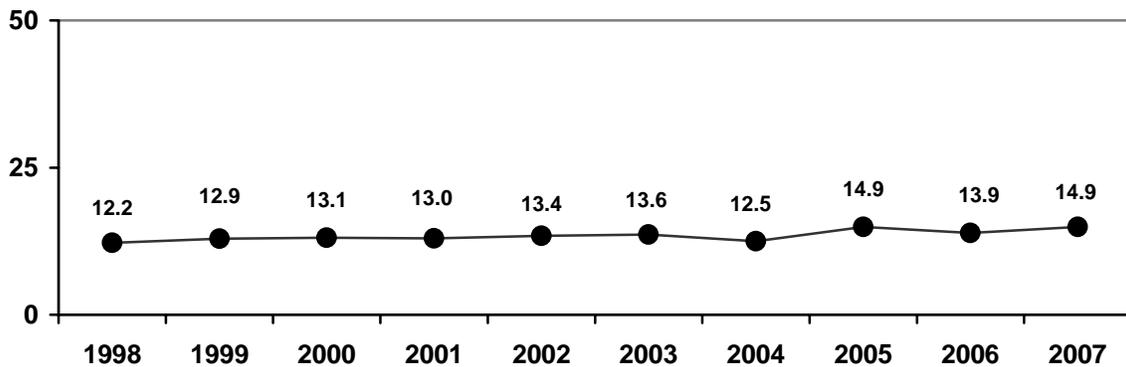
n/a = data not available

General Health

General Health Status

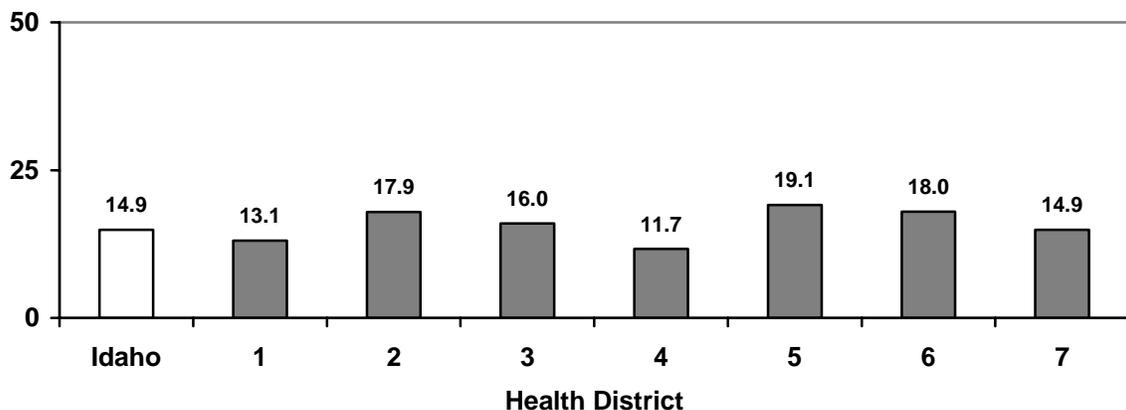
Respondents were asked to rate their health as “excellent,” “very good,” “good,” “fair,” or “poor.” In 2007, 14.9 percent of Idaho adults reported their general health status as “fair” or “poor.” This figure has remained steady in recent years but is significantly higher than in 1998 (12.2 percent).

Percent of Idaho adults who reported their general health status as "fair" or "poor" 1998-2007



“Fair” or “poor” general health was highest in District 5, at 19.1 percent followed closely by District 6, at 18.0 percent and District 2, at 17.9 percent. District 4 had the lowest percentage of “fair” or “poor” health, at 11.7 percent.

Percent of Idaho adults who reported their general health status as "fair" or "poor," 2007 Health District

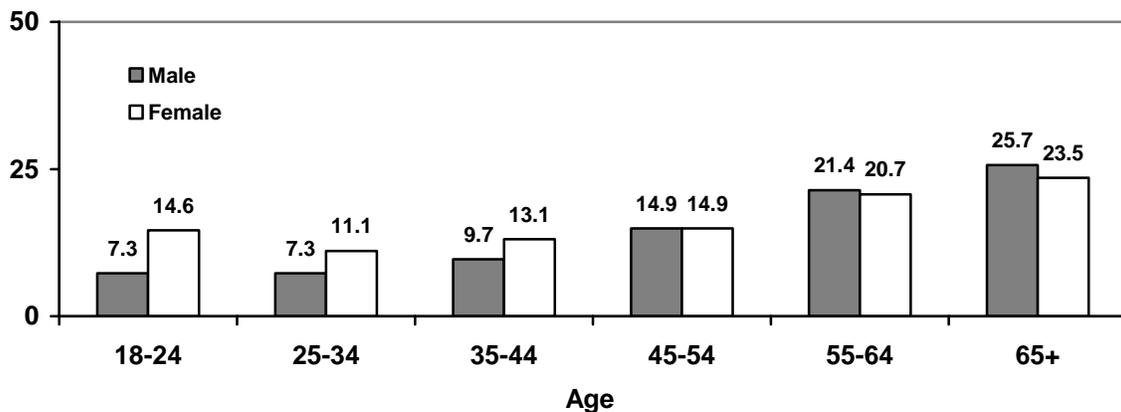


General Health

General Health Status

Overall, women and men did not differ significantly with respect to general health status in 2007. While females aged 18 to 24 appeared to be more likely to report “fair” or “poor” health compared with males in the same age group, the difference was not statistically significant. Those aged 55 and over were significantly more likely to report “fair” or “poor” health compared with younger adults, however.

**Percent of Idaho adults who reported their general health status as "fair" or "poor," 2007
Age and Sex**



Other Highlights:

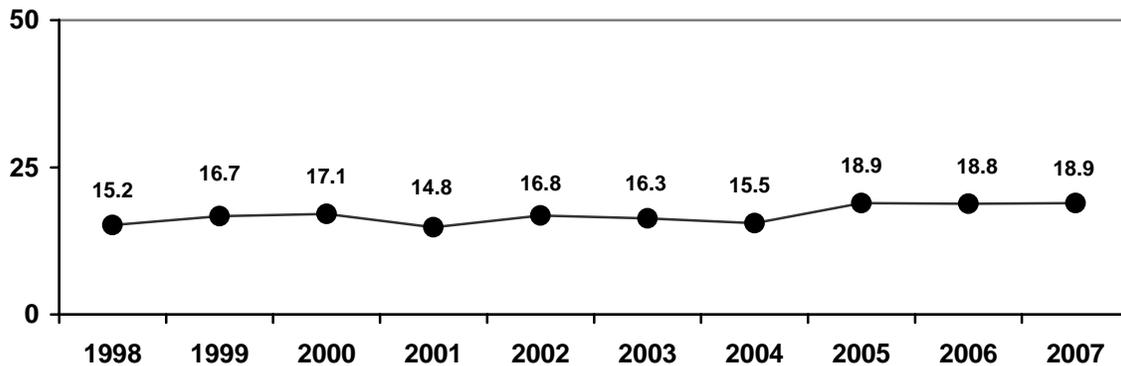
- Those with annual incomes below \$25,000 were more than three times as likely to say their general health was less than good compared with those with incomes of \$25,000 or above (29.1 percent compared with 9.4 percent).
- Adults who were employed were significantly less likely to report “fair” or “poor” health (9.7 percent) when compared with other employment categories (23.7 percent of unemployed and “other,” which includes students, homemakers, retirees and those unable to work).
- More than one-in-three (32.7 percent) of those with less than a high school diploma reported having “fair” or “poor” health compared with 7.0 percent of those with a college degree.
- Those without health care coverage were significantly more likely than those with coverage to report “fair” or “poor” health (19.3 percent compared with 14.0 percent).

General Health

Health Care Coverage

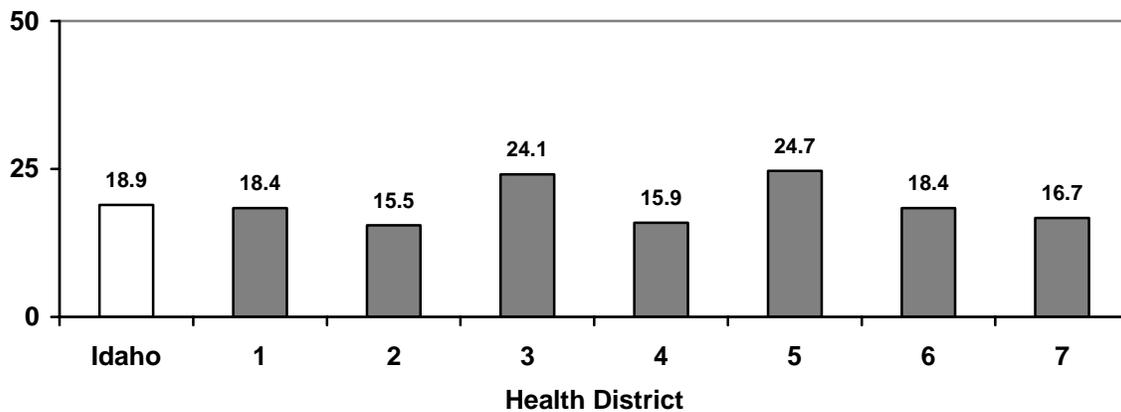
In 2007, 18.9 percent of adults in Idaho had no health care insurance. This rate has been level since 2005.

Percent of Idaho adults without health care coverage 1998-2007



Idaho adults living in Health District 2 and District 4 were the least likely to report having no health care coverage in 2007 (15.5 percent and 15.9 percent, respectively). In contrast, nearly one-in-four of those in District 3 and District 5 had no health care coverage.

Percent of Idaho adults without health care coverage, 2007 Health District

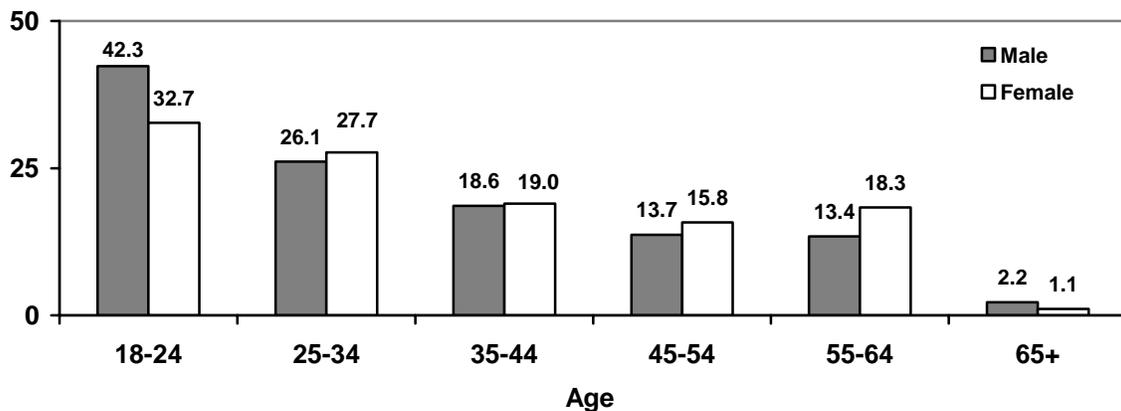


General Health

Health Care Coverage

In 2007, no significant difference in health care coverage existed between males and females. However, there were significant differences among age groups. While nearly all (98.4 percent) Idahoans aged 65 and over had some kind of health care coverage, adults in younger age categories were significantly less likely to have coverage.

Percent of Idaho adults without health care coverage, 2007
Age and Sex



Other Highlights:

- Nearly four-in-ten (39.4 percent) Idahoans with incomes below \$25,000 reported being without health insurance. This compares with just over one-in-ten (11.3 percent) of those with incomes of \$25,000 or higher.
- Although unemployed adults reported being without health insurance coverage twice as often as employed adults (42.7 percent versus 21.1 percent, respectively), the majority of those without health insurance were employed (69.5 percent).
- Idaho adults with a high school education or below reported being uninsured more than two-and-a-half times as often as those with some college or more (29.8 percent compared with 11.3 percent).
- The majority of Hispanics in Idaho were without health coverage (51.5 percent).

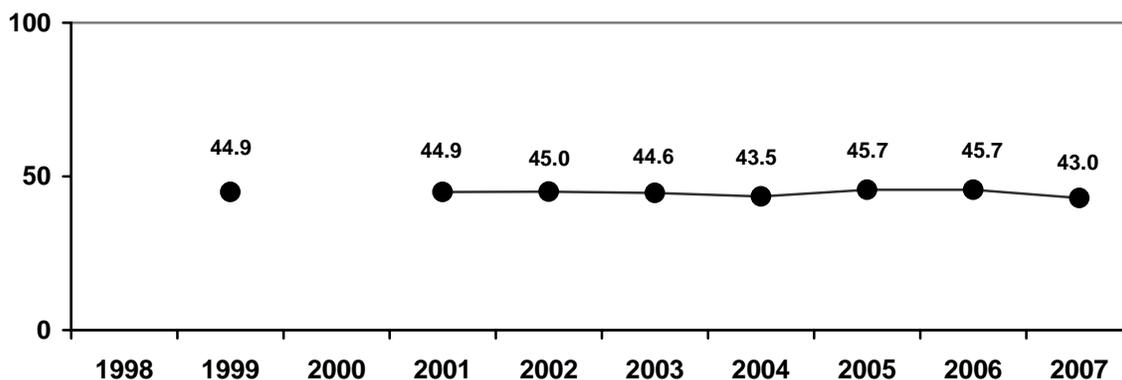
General Health

Dental Insurance

In 2007, 43.0 percent of Idaho adults had no dental insurance. The ten year trend of adults without dental insurance has remained fairly flat.

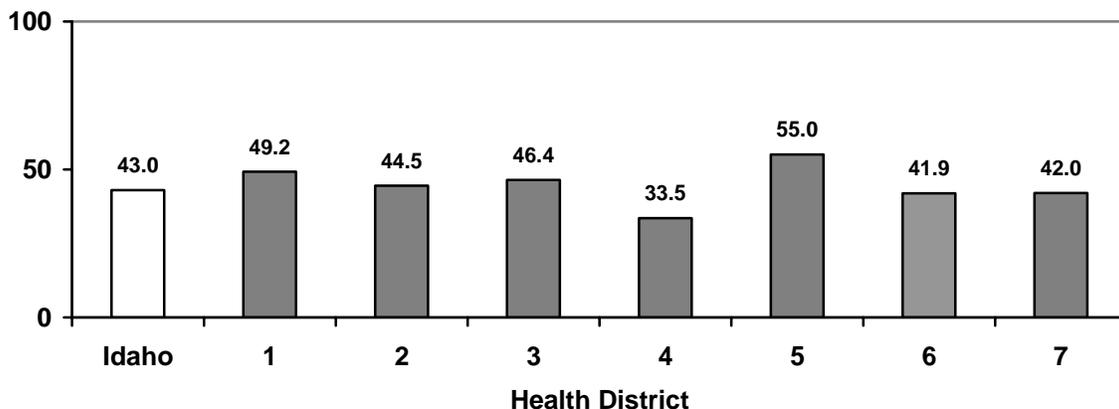
Percent of Idaho adults without dental insurance, 1998-2007

Breaks in the trendline indicate data are not available for those years



Health District 4 had a significantly lower percentage (33.5 percent) while District 5 had a significantly higher percentage (55.0 percent) of adults without dental insurance when compared with the state as a whole.

Percent of Idaho adults without dental insurance, 2007
Health District

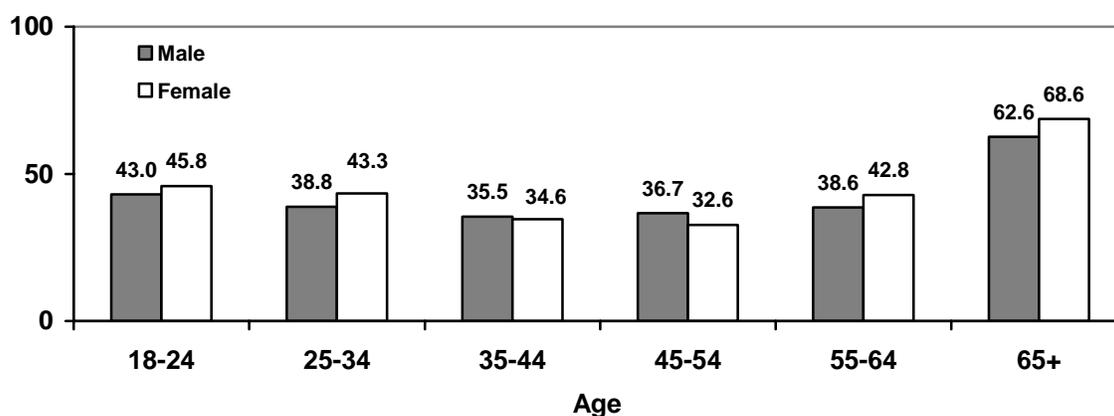


General Health

Dental Insurance

While males and females were equally likely to be without dental insurance coverage, differences were observed between age categories. More than six-in-ten (65.9 percent) of Idaho residents over the age of 65 were without dental insurance in 2007. Those between the ages of 35 to 54 were significantly less likely to be without dental insurance (35.2 percent) than all other age categories.

Percent of Idaho adults without dental insurance, 2007
Age and Sex



Other Highlights:

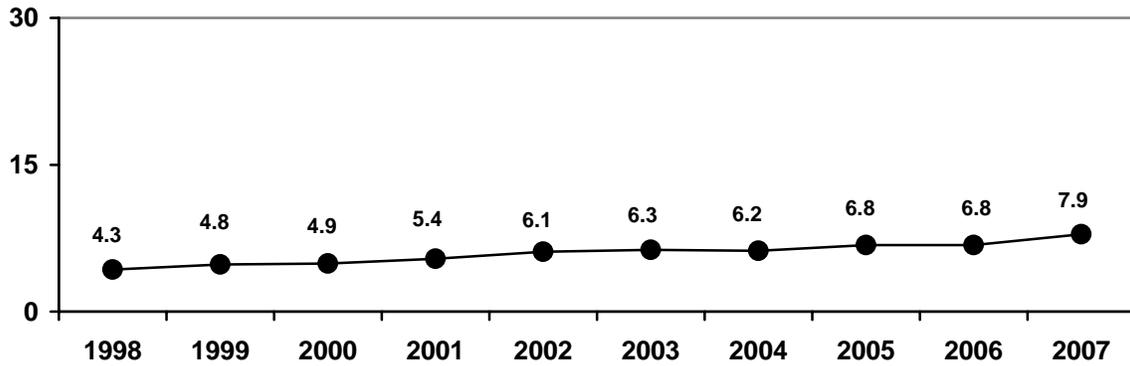
- Lower income groups were less likely to have dental insurance. Nearly seven-in-ten (68.2 percent) Idaho adults with incomes below \$25,000 did not have dental insurance. Among Idahoans with incomes of \$50,000 or more, about one-in-four (25.4 percent) were without dental insurance.
- More than two-thirds (68.4 percent) of Idaho adults with less than a high school education were without dental insurance. Less than one-third (29.5 percent) of college graduates were without dental insurance.
- Hispanics were significantly more likely than non-Hispanics to be without dental insurance (60.5 percent compared with 41.5 percent).
- More than nine-in-ten (92.2 percent) Idaho adults without health care insurance were also without dental insurance.

Chronic Disease Prevalence

Diabetes

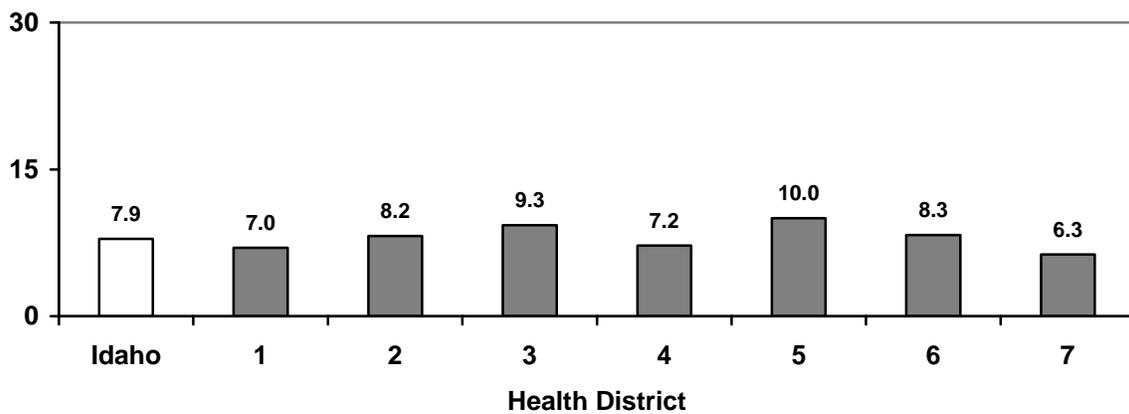
The percentage of Idaho adults with diabetes increased slightly to 7.9 percent in 2007. This was not a significant increase from the prior year. However, the prevalence of diabetes has increased by 84 percent since 1998 (from 4.3 percent to 7.9 percent), a statistically significant difference.

Percent of Idaho adults who had ever been told they had diabetes 1998-2007



There were no significant differences by district in diabetes prevalence in 2007. It ranged from a high of 10.0 percent in District 5 to a low of 6.3 percent in District 7.

Percent of Idaho adults who had ever been told they had diabetes, 2007 Health District

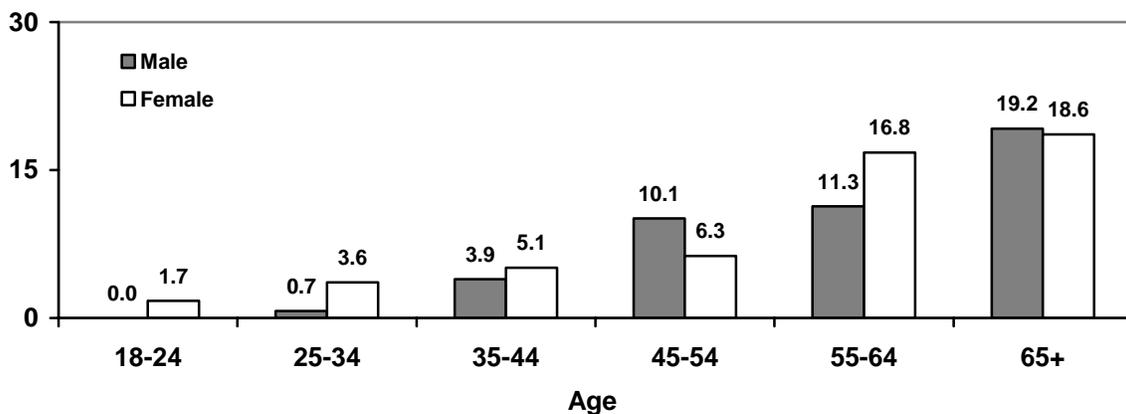


Chronic Disease Prevalence

Diabetes

Males and females did not significantly differ overall with regard to diabetes prevalence (7.2 percent for males and 8.6 percent for females). Adults over the age of 65 were significantly more likely to have ever been diagnosed with diabetes when compared with those under age 55. For both sexes, the prevalence of diabetes increased with age.

Percent of Idaho adults who had ever been told they had diabetes, 2007
Age and Sex



Other Highlights:

- Those with household incomes below \$25,000 were more than twice as likely to report having diabetes compared with those having incomes of \$25,000 or above (13.1 percent compared with 6.0 percent).
- Significant differences in diabetes prevalence existed by education level. Those with a high school education or below reported having diabetes significantly more often than those with a college degree (11.1 percent compared with 5.7 percent).
- Obese (BMI \geq 30) adults reported diabetes more than four times as often as those who were not overweight (BMI < 25). Among obese adults, 14.8 percent had diabetes compared with 3.4 percent of those who were not overweight or obese.
- Those who did not engage in leisure time physical activity reported diabetes at more than twice the rate of those who did have leisure time physical activity (13.3 percent compared with 6.6 percent).

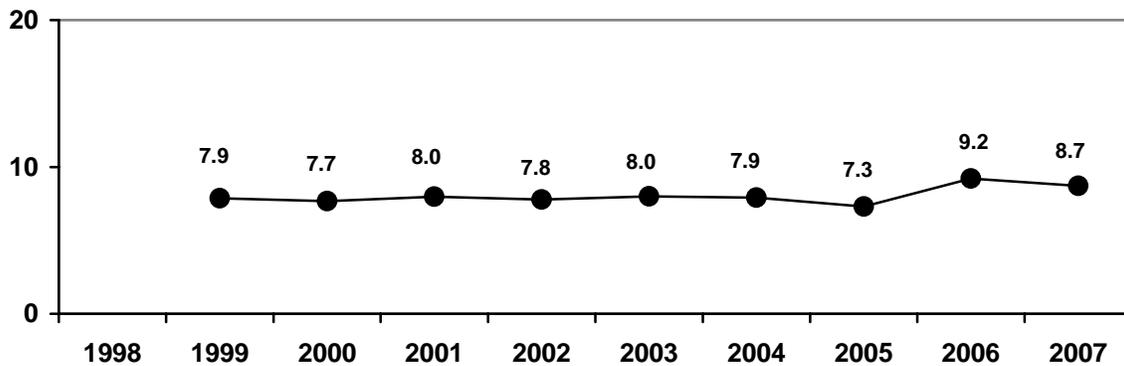
Chronic Disease Prevalence

Asthma

Prior to 2002, the Idaho BRFSS reported asthma prevalence as those who had ever been told they had asthma. Since 2002, Idaho began reporting asthma prevalence as those adults who had ever been told they had asthma and still had it. In 2007, 8.7 percent of Idaho adults had asthma. This was not a significant change since 2006.

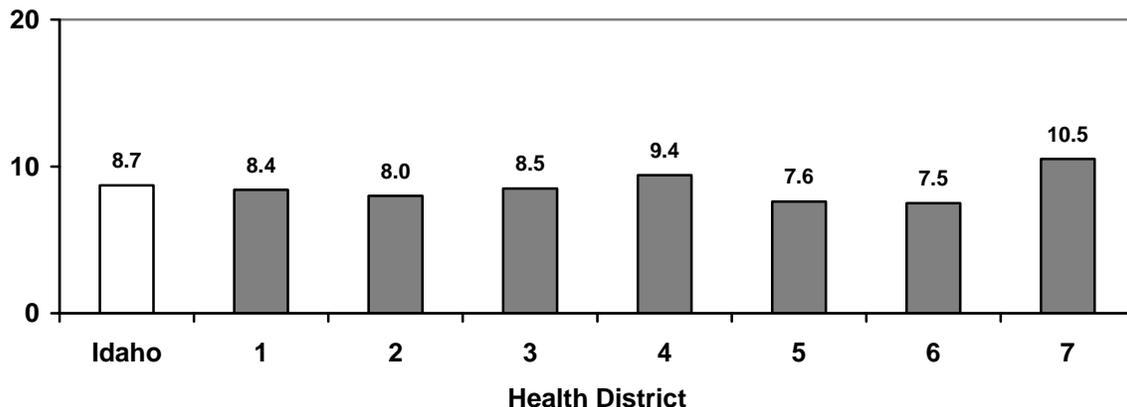
Percent of Idaho adults who were diagnosed and still had asthma 1999-2007

Breaks in the trendline indicate data are not available for those years



Asthma prevalence ranged from a high of 10.5 percent in Health District 7 and a low of 7.5 percent in Health District 6. There were no significant differences between districts.

Percent of Idaho adults who were diagnosed and still had asthma, 2007 Health District

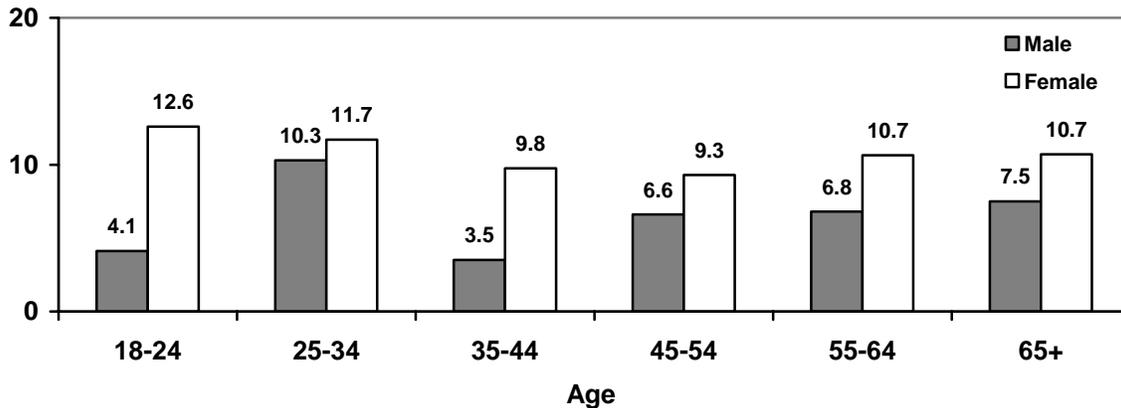


Chronic Disease Prevalence

Asthma

In 2007, females were significantly more likely than males to have current asthma (10.8 percent compared with 6.7 percent, overall). There were no significant differences by age category, however.

Percent of Idaho adults who were diagnosed and still had asthma, 2007
Age and Sex



Other Highlights:

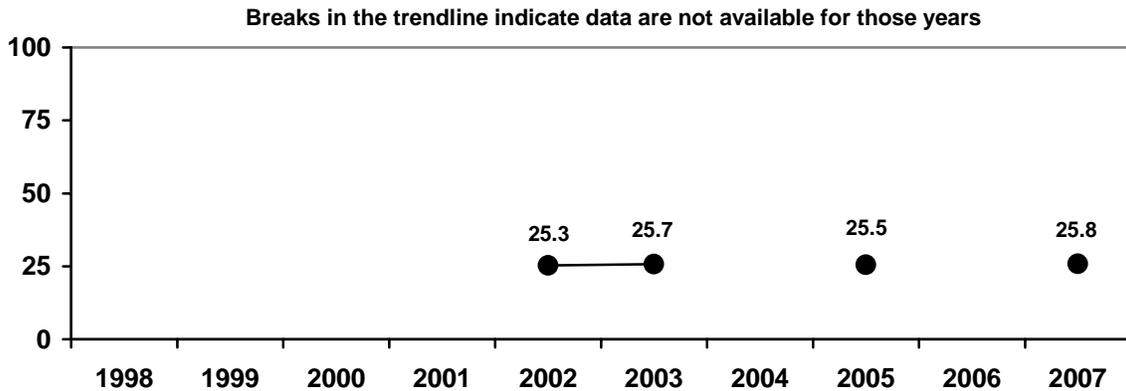
- Those with household incomes below \$35,000 were significantly more likely to have asthma than those with incomes of \$35,000 or above (10.9 percent compared with 7.2 percent).
- There were no significant differences in asthma prevalence by level of education or employment status.
- Adults with current asthma reported their general health status as “fair” or “poor” more than twice as often as those who did not have asthma (28.9 percent compared with 13.5 percent).
- Non-Hispanics were twice as likely to have a current diagnosis of asthma compared with Hispanics (9.0 percent compared with 4.5 percent).

Chronic Disease Prevalence

Arthritis

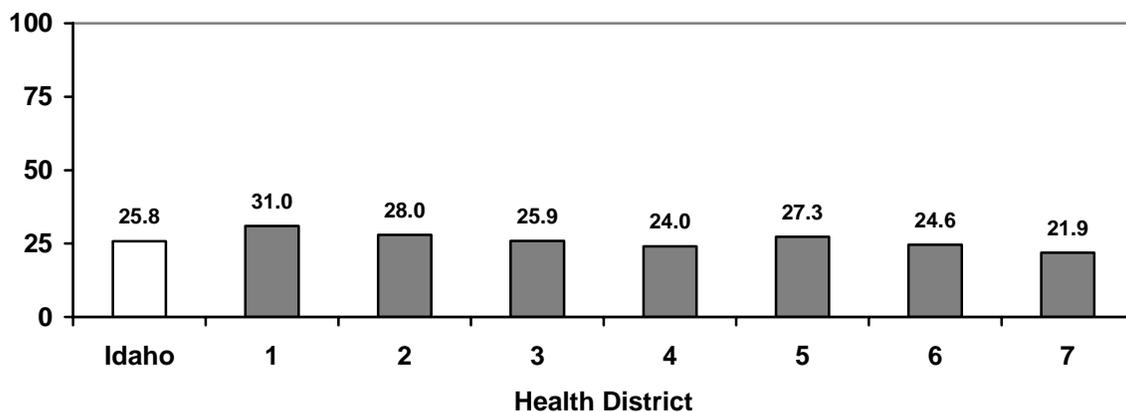
Due to a change in the definition of arthritis, BRFSS data for arthritis prevalence prior to 2002 are not comparable to BRFSS data from 2002 and later years. In 2007, one-in-four (25.8 percent) of Idaho adults had ever been told by a medical professional that they had arthritis.

**Percent of Idaho adults who had ever been told they had arthritis
2002-2007**



Arthritis prevalence was the highest in District 1 (31.0 percent) and the lowest in District 7 (21.9 percent). No other district differed significantly from the statewide level.

**Percent of Idaho adults who had ever been told they had arthritis, 2007
Health District**

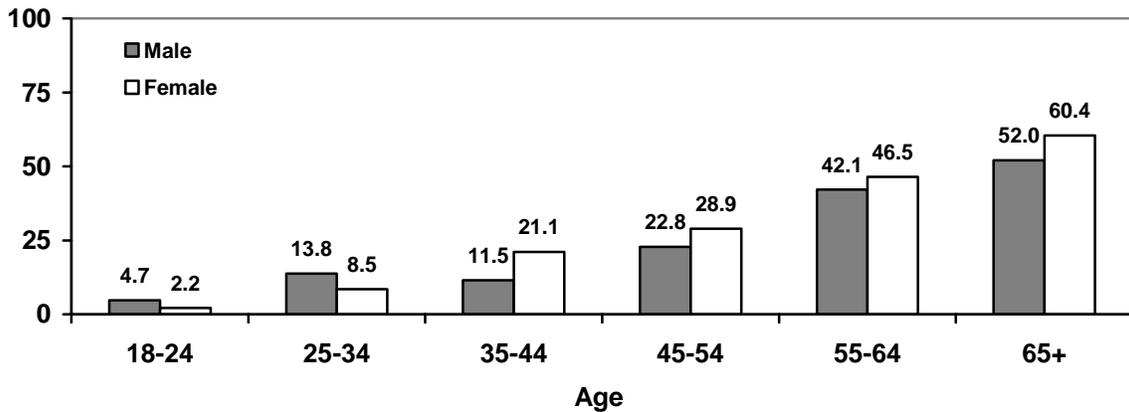


Chronic Disease Prevalence

Arthritis

Arthritis prevalence in 2007 was significantly higher among females (28.3 percent) than males (23.3 percent). The likelihood of having arthritis increased with age. More than half (56.7 percent) of those 65 and older had been diagnosed with arthritis.

Percent of Idaho adults who had ever been told they had arthritis, 2007
Age and Sex



Other Highlights:

- Idaho residents with incomes below \$25,000 per year were significantly more likely to have arthritis than those with incomes of \$25,000 or higher (32.1 percent compared with 23.9 percent).
- The unemployed and those with an employment status of “other” (including students, homemakers, retirees and those unable to work) were significantly more likely than the employed to have arthritis (25.7 percent among unemployed and 38.9 percent of “other” compared with 18.6 percent of the employed).
- Hispanics were significantly less likely than non-Hispanics to have been diagnosed with arthritis (14.3 percent compared with 26.7 percent).
- Over four-in-ten (43.2 percent) adults with arthritis said that their activities were limited due to a health problem. This compares with 12.0 percent of those without arthritis.

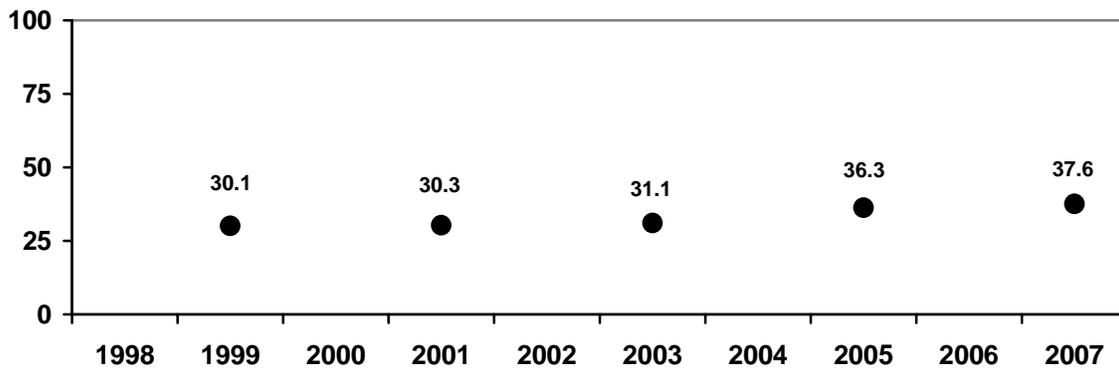
Chronic Condition Prevalence

High Cholesterol

More than seven-in-ten (72.4 percent) of Idaho adults had ever been screened for high cholesterol. Among those who had ever been screened, 37.6 percent reported that they were told their cholesterol was high. The percentage of adults who were screened and told they had high cholesterol has increased significantly since 1999 (from 30.1 percent).

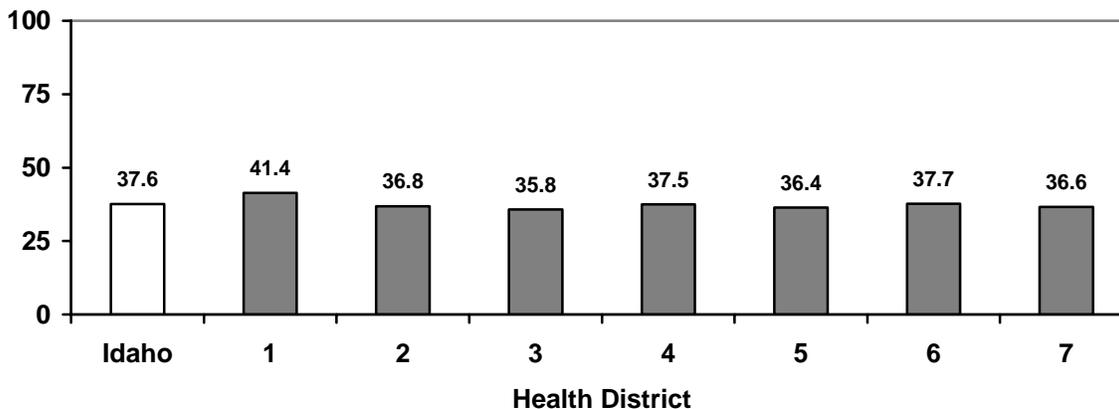
Percent of Idaho adults who were ever told they had high cholesterol, among those screened, 1999-2007

Breaks in the trendline indicate data are not available for those years



The prevalence of high cholesterol by health district was consistently above one-in-three screened adults. There were no significant differences between districts.

Percent of Idaho adults who were ever told they had high cholesterol, among those screened, 2007
Health District

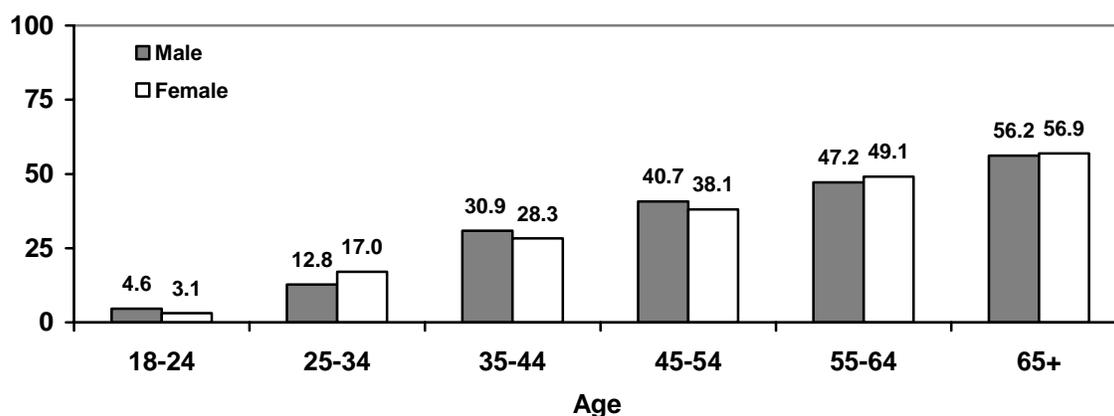


Chronic Condition Prevalence

High Cholesterol

There were no significant differences between males and females who had been told they had high cholesterol after being screened. Adults aged 55 and older were almost twice as likely to have had high blood cholesterol levels as those under age 55 (52.6 percent compared with 27.4 percent).

Percent of Idaho adults who were ever told they had high cholesterol, among those screened, 2007
Age and Sex



Other Highlights:

- The percentage of Idaho adults with high cholesterol generally did not vary by education level or income. The only exception to this was the comparison of those in the lowest income category with those with the highest incomes. Those with incomes above \$75,000 were significantly less likely to have been told they had high cholesterol than those with incomes below \$15,000 (33.8 percent compared with 47.1 percent, respectively).
- Adults who had been screened and told they had high cholesterol reported their general health status as “fair” or “poor” more than twice as often as those who had not been told they had high cholesterol (23.1 percent compared with 11.3 percent).
- More than four-in-ten (42.5 percent) of those who were overweight had been told they had high cholesterol. This compares with 27.3 percent who were not overweight.
- Adults with high cholesterol reported having diabetes about three times as often as those who had not been told they had high cholesterol (18.4 percent compared with 6.0 percent).

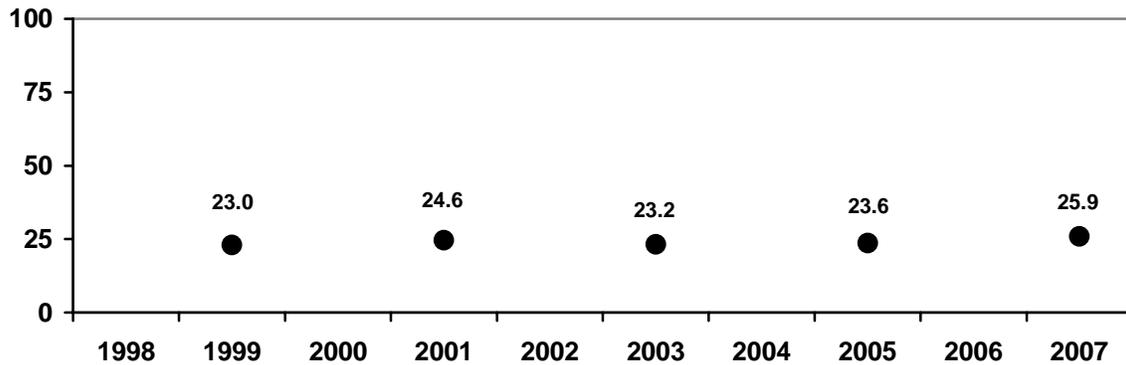
Chronic Condition Prevalence

High Blood Pressure

The prevalence of high blood pressure in Idaho's adult population has not changed significantly over the last nine years. In 2007, 25.9 percent of Idaho adults had ever been told they had high blood pressure.

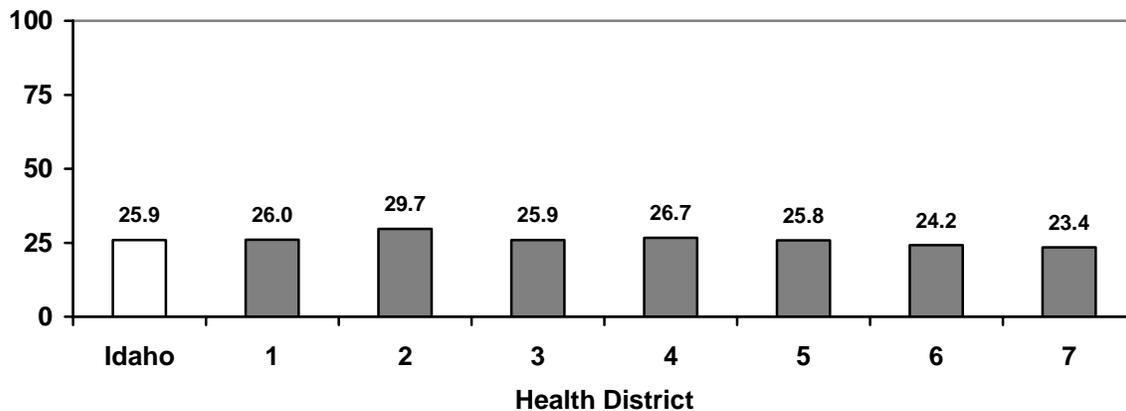
Percent of Idaho adults who were ever told they had high blood pressure, 1999-2007

Breaks in the trendline indicate data are not available for those years



High blood pressure did not vary significantly by health district in 2007. It ranged from a low of 23.4 percent in District 7 to a high of 29.7 percent in District 2.

Percent of Idaho adults who were ever told they had high blood pressure, 2007
Health District

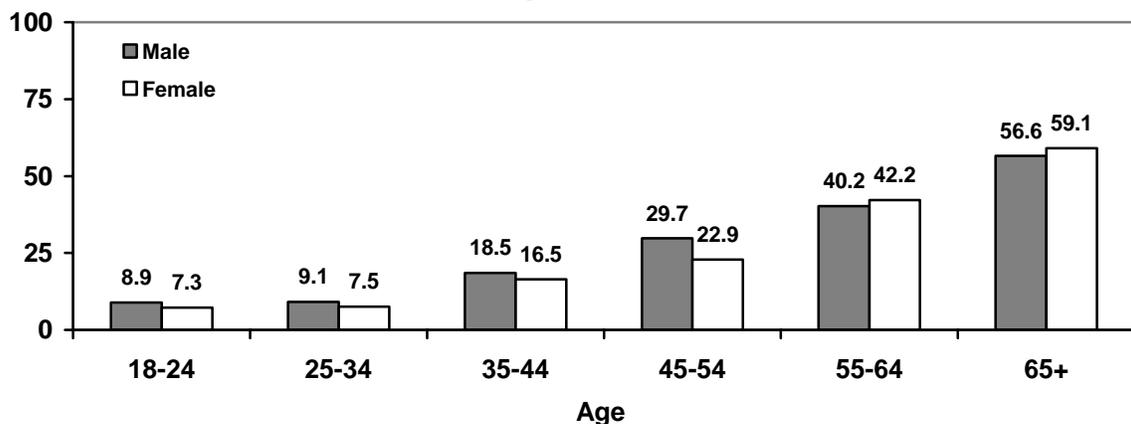


Chronic Condition Prevalence

High Blood Pressure

There was no significant difference between the percentage of males and the percentage of females who reported they had high blood pressure. However, significant differences existed between age groups. Approximately one-half (50.4 percent) of those over the age of 55 had been told they had high blood pressure compared with one-in-four (24.6 percent) of those aged 35 to 54.

Percent of Idaho adults who were ever told they had high blood pressure, 2007
Age and Sex



Other Highlights:

- Those with incomes below \$25,000 per year were significantly more likely to have been told they had high blood pressure than those with incomes of \$50,000 or more (31.3 percent compared with 21.3 percent).
- Adults with high blood pressure reported their general health status as “fair” or “poor” more than twice as often as those who did not have high blood pressure (27.5 percent compared with 10.5 percent).
- Adults who had been told they had high blood pressure were significantly more likely to have been told by a health professional that they also have angina or coronary heart disease (10.4 percent compared with 1.5 percent).
- Those who were overweight (BMI \geq 25) reported having high blood pressure twice as often as those who were not overweight (BMI < 25). Almost one-in-three (31.8 percent) overweight adults had high blood pressure compared with 15.7 percent of adults who were not overweight.

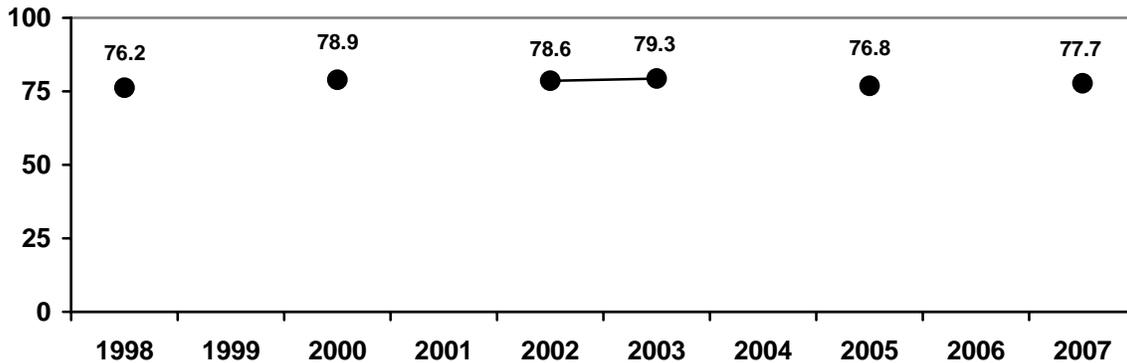
Health Risk Behaviors

Fruit and Vegetable Consumption

The percentage of adults who did not get the recommended daily five servings of fruit and vegetables has not changed significantly over the last ten years. In 2007, more than three-in-four (77.7 percent) adults reported that they do not eat five servings of fruits and vegetables a day.

Percent of Idaho adults who did not eat five servings of fruits and vegetables each day, 1998-2007

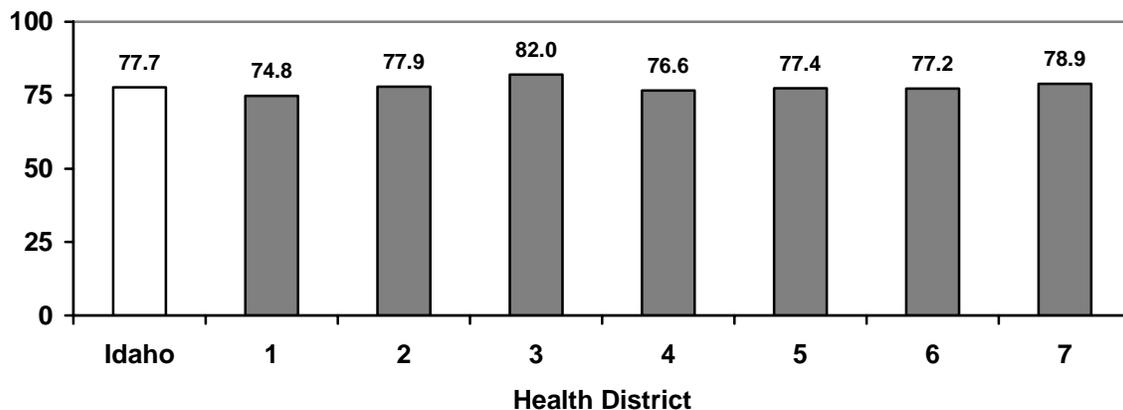
Breaks in the trendline indicate data are not available for those years



Results may differ from previous publications due to revisions in the risk factor calculation.

The percentage of those who did not eat five servings of fruit and vegetables was consistent across all health districts with no significant differences. It ranged from a high of 82.0 percent in District 3 to a low of 74.8 percent in District 1.

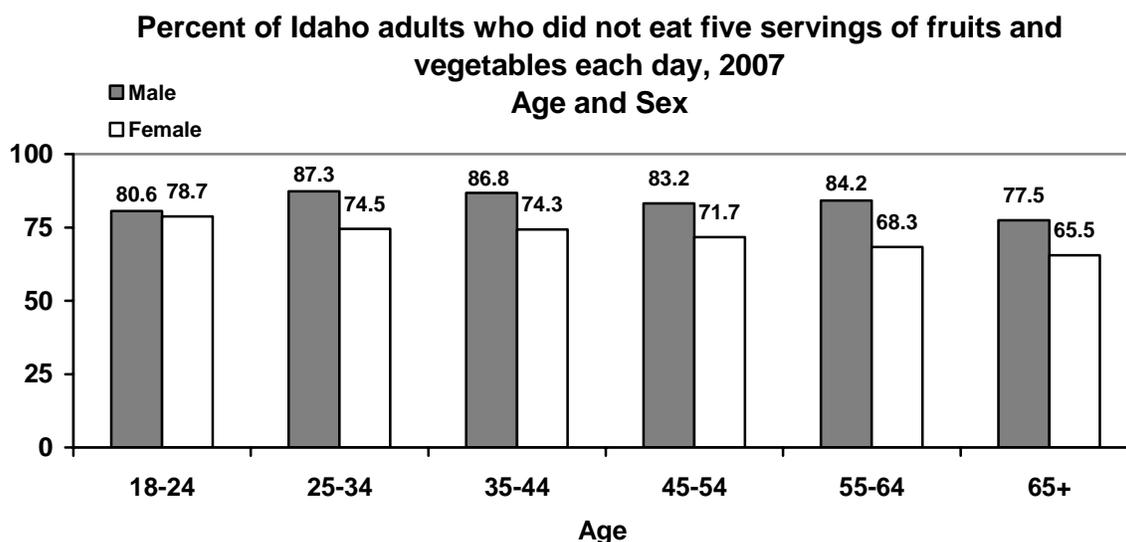
Percent of Idaho adults who did not eat five servings of fruits and vegetables each day, 2007
Health District



Health Risk Behaviors

Fruit and Vegetable Consumption

Males were significantly more likely to not meet the recommended daily amount of fruits and vegetable servings than females (82.4 percent compared with 71.3 percent). Younger adults were less likely than older adults to consume five servings per day. Nearly eight-in-ten adults (79.7 percent) aged 18 to 34 did not consume five or more servings per day compared with seven-in-ten (70.8 percent) adults 55 and older.



Other Highlights:

- There were no significant differences in fruit and vegetable consumption by income categories. However, those with some college or more education were more likely to get the recommended five servings a day compared with those with a high school education or less (73.1 percent compared with 84.3 percent).
- Adults who did not get the recommended servings of fruits and vegetables were significantly more likely to be obese than adults who did get five servings a day (26.3 percent compared with 21.2 percent).
- No significant differences were observed in prevalence of high cholesterol or hypertension between those who consumed five servings a day and those who did not.

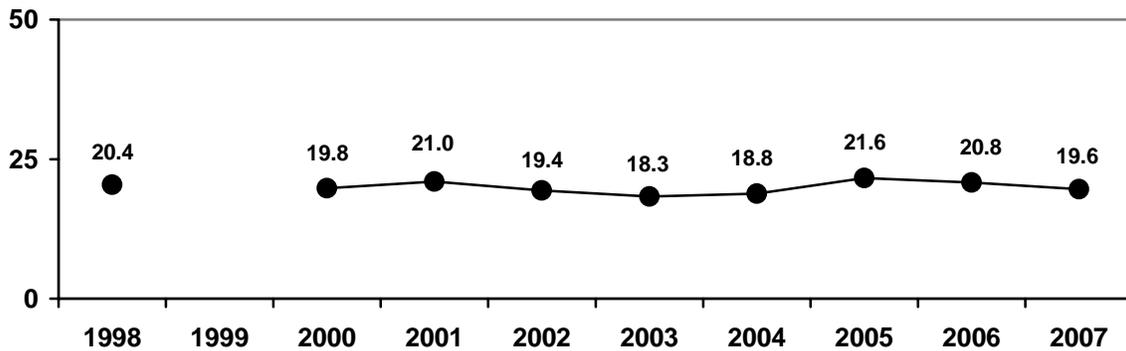
Health Risk Behaviors

Physical Activity

In 2007, approximately one-in-five (19.6 percent) Idaho adults did not participate in physical activity. There were no significant changes in the ten year trend of leisure time physical activity.

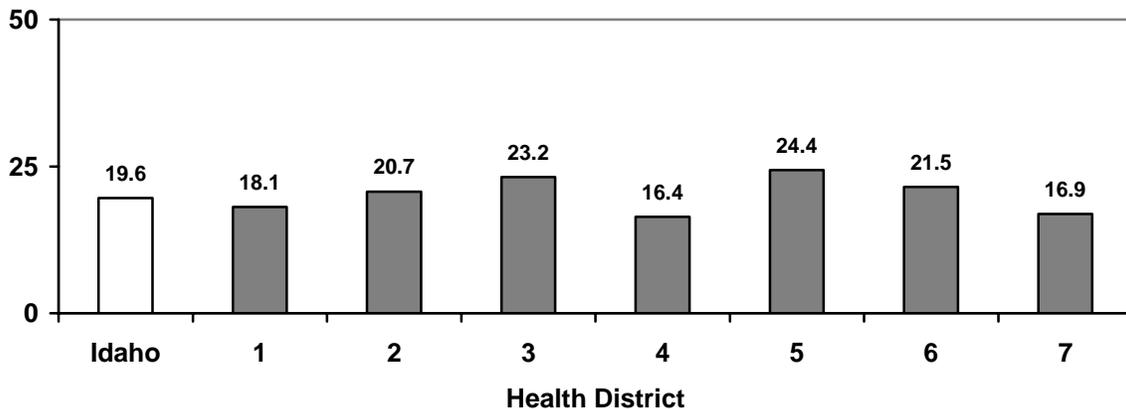
Percent of Idaho adults who did not participate in leisure time physical activity, 1998-2007

Breaks in the trendline indicate data are not available for those years



Idaho adults residing in District 4 and District 7 were significantly less likely to report no leisure time physical activity compared with the rest of the state. Those in Health District 5 and Health District 3 were the most likely to have no leisure time physical activity.

Percent of Idaho adults who did not participate in leisure time physical activity, 2007
Health District

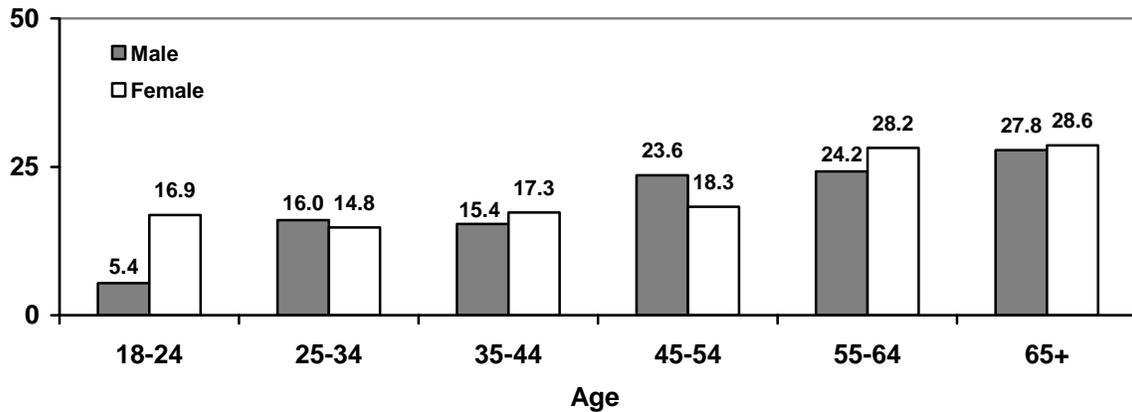


Health Risk Behaviors

Physical Activity

No significant difference existed between male and female participation in leisure time physical activity in 2007. Adults over 55 were significantly more likely to say they did not participate in physical activity compared with those 54 and younger (27.3 percent compared with 16.3 percent).

Percent of Idaho adults who did not participate in leisure time physical activity, 2007
Age and Sex



Other Highlights:

- Leisure time physical activity differed significantly by income and education levels. Close to one-in-three (31.3 percent) adults with incomes below \$25,000 did not participate in leisure time physical activity compared with about one-in-ten (10.6 percent) of those with incomes of \$75,000 or more. Adults with a K to 11th grade education reported no leisure time physical activity nearly four times as often as those with a college degree (40.9 percent compared with 10.3 percent).
- Approximately one-in-three (32.8 percent) adults with no leisure time physical activity reported “fair” or “poor” general health status compared with just over one-in-ten (10.6 percent) of those with leisure time physical activity.
- Overweight (BMI \geq 25) adults were significantly more likely to report no leisure time physical activity when compared with those who were not overweight (21.1 percent compared with 14.8 percent).

Health Risk Behaviors

Weight

Body Mass Index

Body Mass Index (BMI) is an index based on height and weight used to categorize an adult as not overweight or obese, overweight, or obese. BMI is calculated using the following formula:

$$\frac{\text{Weight in kilograms}}{(\text{Height in meters})^2}$$

The following table illustrates common category breakouts based on BMI that are used in this report.

BMI Category	BMI
Not Overweight or Obese*	< 25.0
Overweight**	25.0 +
Obese	30.0 +

*The category "Not Overweight or Obese" also includes adults who are underweight based on BMI < 18.5). Although underweight is a recognized health risk, in 2007 only 1.6 percent of Idaho's adult population fell into the underweight category.

** The category Overweight *includes* the category Obese.

Health Risk Behaviors

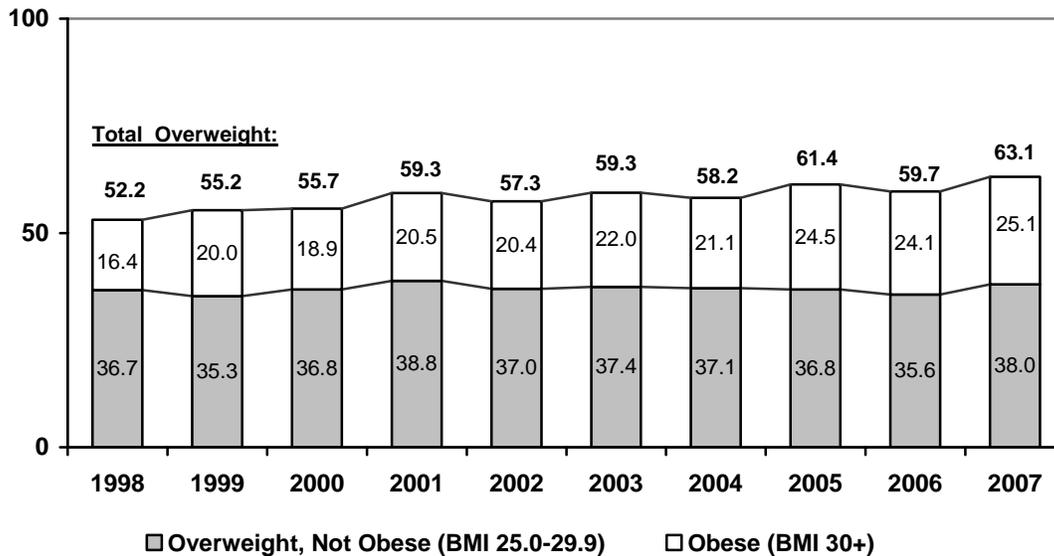
Weight

Overweight and Obesity Trends

The percentage of Idaho adults who were overweight or obese in 2007 was 63.1 percent. Although this is not a statistically significant difference since 2006, it is a significant increase since 1998.

The prevalence of obesity also increased significantly in the past ten years and reached a new high in 2007, with one-in-four (25.1 percent) Idaho adults being classified as obese.

**Percent of Idaho adults who were overweight and/or obese*
1998-2007**



*Results for overweight and obese may differ from previous publications due to revisions in risk factor calculation.

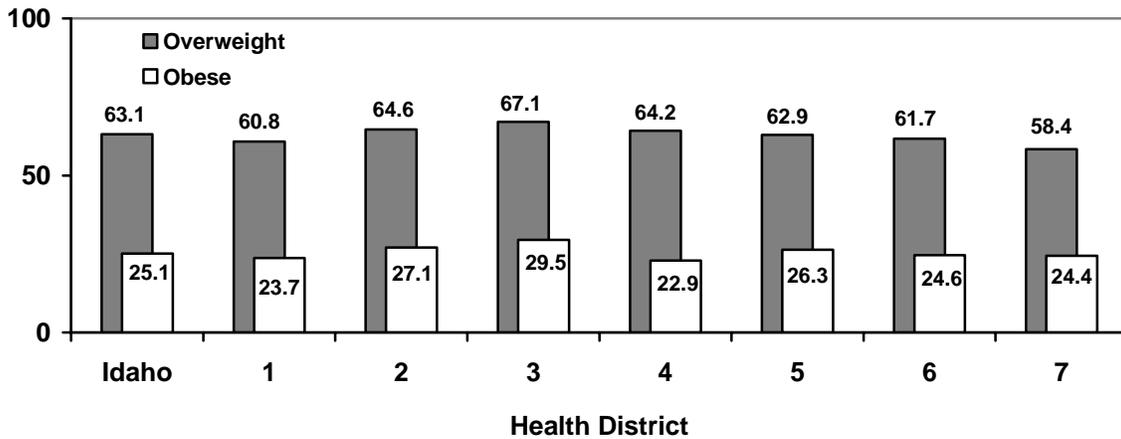
Note: For each year, the percentage of "Overweight, Not Obese" plus the percentage of "Obese" may not sum to the exact figure for "Total Overweight" due to rounding.

Health Risk Behaviors

Weight

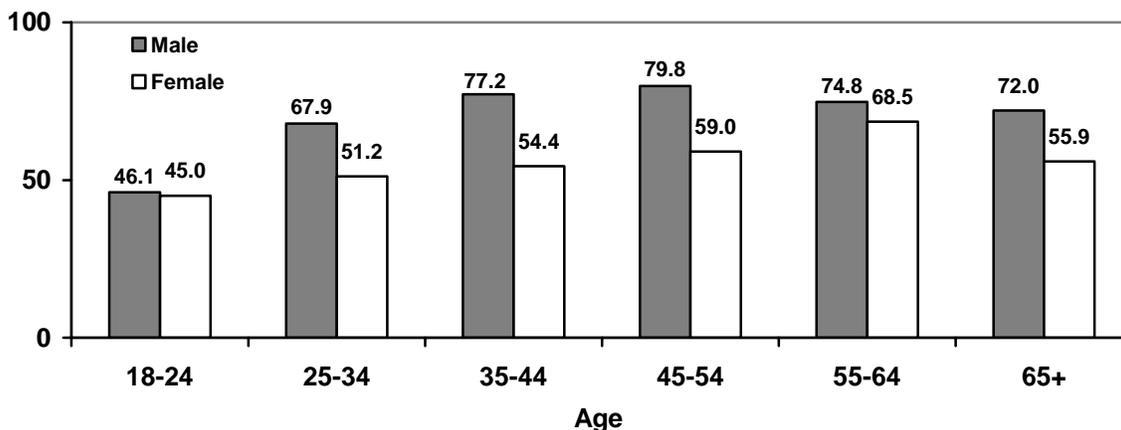
Overweight and obesity prevalence did not vary significantly by health district. District 3 and District 2 had the highest percentages of obese adults (29.5 percent and 27.1 percent, respectively) but neither significantly differed from the rest of the state.

Percent of Idaho adults who were overweight and/or obese, 2007
Health District



Males were significantly more likely to be overweight than females (70.3 percent compared with 55.5 percent). The likelihood of being overweight increased with age until decreasing significantly among those 65 and over.

Percent of Idaho adults who were overweight, 2007
Age and Sex

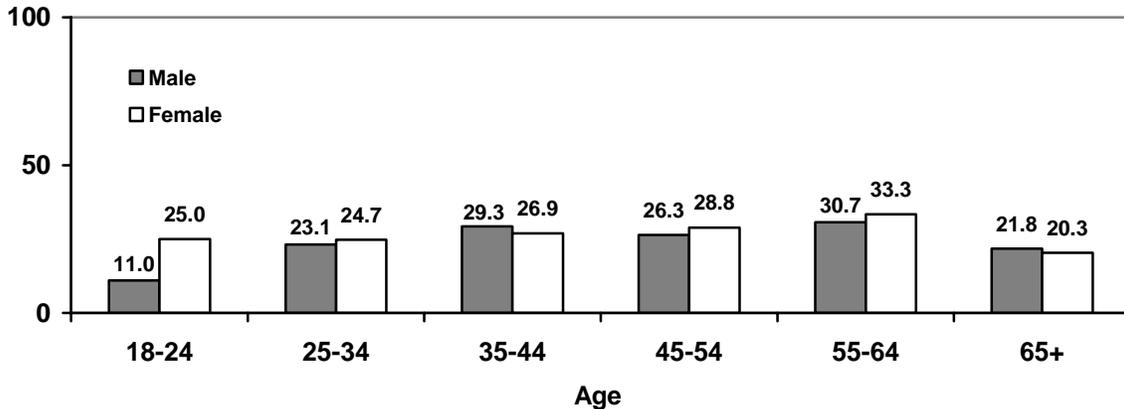


Health Risk Behaviors

Weight

Males (24.1 percent) and females (26.2 percent) were equally likely to be obese. Obesity prevalence increased with age until the 65 and over category, where the rate dropped significantly (to 21.0 percent).

**Percent of Idaho adults who were obese, 2007
Age and Sex**



Other Highlights:

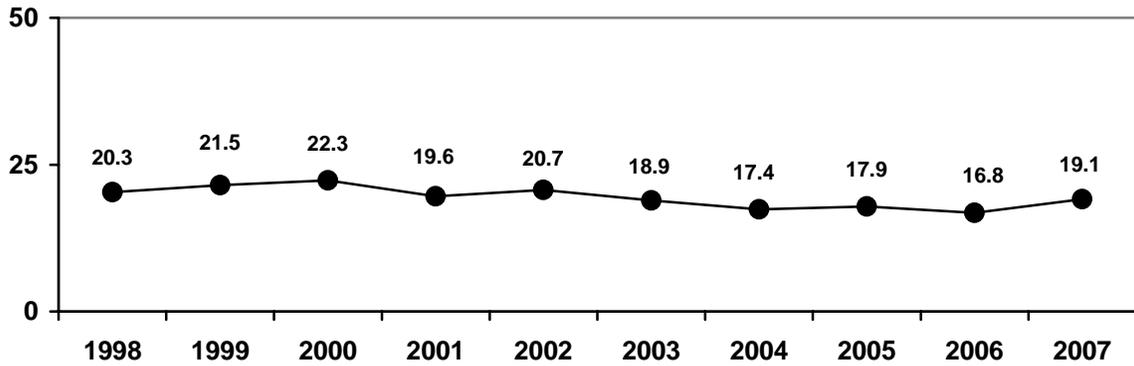
- College graduates were less likely than those with lower levels of education to be obese (19.7 percent compared with 27.3 percent). However, the prevalence of overweight adults (BMI \geq 25) did not differ significantly by education level.
- No significant differences in the percentage of overweight or obese adults were seen between the employed and unemployed.
- Those with household incomes of \$75,000 or more were significantly less likely to be obese than those with incomes below \$50,000 (20.7 percent compared with 28.1 percent).
- Those categorized as overweight or obese were significantly more likely than those who were not overweight to have diabetes. Prevalence of diabetes was 14.8 percent among the obese, 7.3 percent among those who were overweight but not obese, and 3.4 percent among those who were not overweight.

Health Risk Behaviors

Cigarette Smoking

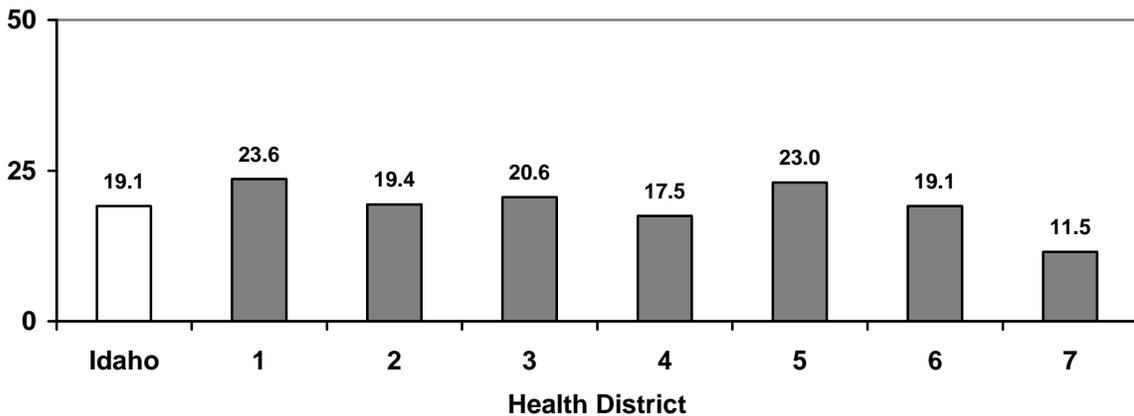
The prevalence of cigarette smoking among Idaho adults increased to 19.1 percent in 2007, the highest point of any of the past five years. The increase was not a significant change since 2006, however.

Percent of Idaho adults who smoked cigarettes
1998-2007



In 2007, smoking ranged from a high of 23.6 in District 1 to a low of 11.5 in District 7. The percentage of smokers in Health District 7 was significantly lower than the rest of the state.

Percent of Idaho adults who smoked cigarettes, 2007
Health District

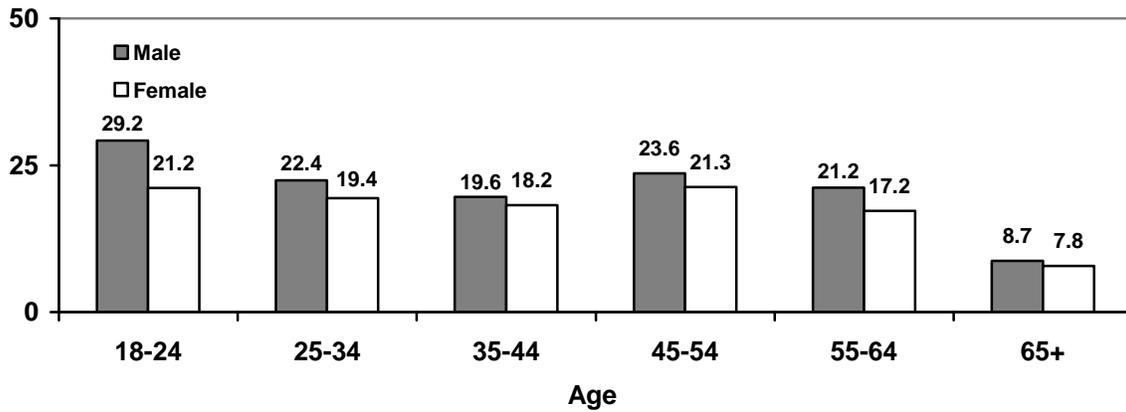


Health Risk Behaviors

Cigarette Smoking

In 2007, there was no significant difference between males and females in smoking prevalence (20.9 percent for males and 17.4 percent for females). Adults over the age of 55 were significantly less likely to smoke (13.4 percent) compared with those in younger age categories.

Percent of Idaho adults who smoked cigarettes, 2007
Age and Sex



Other Highlights:

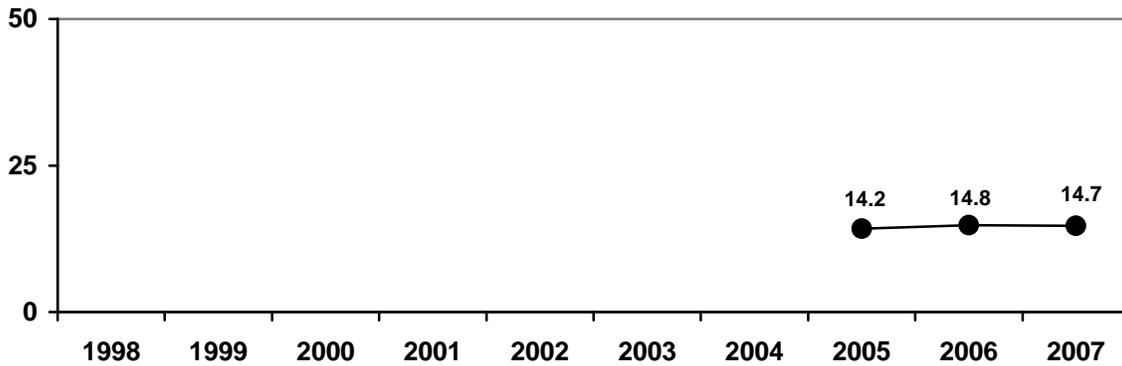
- Adults with incomes below \$25,000 were significantly more likely to smoke cigarettes than those with higher incomes. More than one-in-four (28.9 percent) of those with incomes below \$25,000 smoked compared with slightly over one-in-ten (11.7 percent) of those with incomes above \$50,000.
- Unemployed Idahoans were significantly more likely to smoke than those who were employed (36.3 percent of the unemployed compared with 21.0 percent of the employed).
- Smoking prevalence decreased as education level increased. Almost four-in-ten (38.9 percent) of those with less than a high school education smoked cigarettes compared with fewer than one-in-ten (8.2 percent) college graduates.
- Smokers were significantly more likely to have “fair” or “poor” general health compared with non-smokers (21.9 percent compared with 13.3 percent).

Health Risk Behaviors

Alcohol Consumption

Binge drinking for females is defined as consuming four or more alcoholic beverages on one occasion in the last 30 days. For males, binge drinking is five or more alcoholic beverages on one occasion in the last 30 days. In 2007, 14.7 percent of Idaho adults had engaged in binge drinking in the prior 30 days. This was not a significant change from the prior two years.

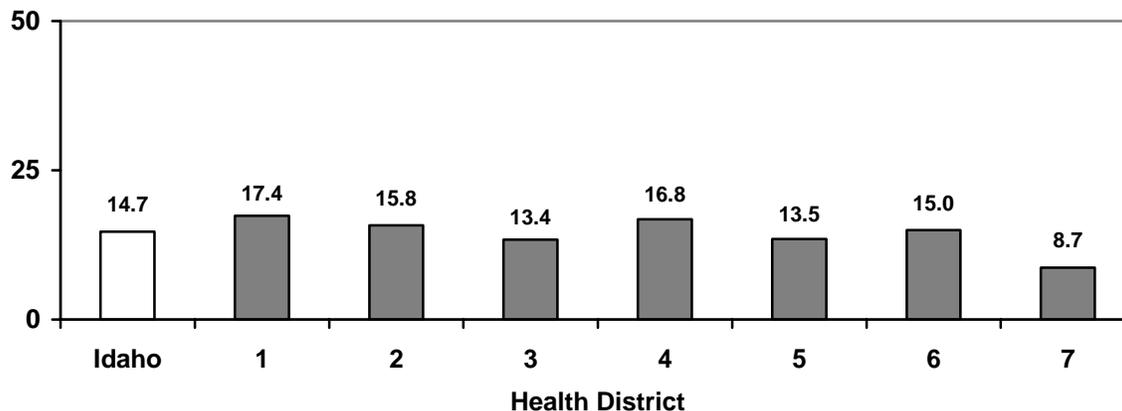
**Percent of Idaho adults who were binge drinkers
2005-2007**



Note: The CDC adopted a revised definition of binge drinking in 2005. Binge drinking figures reported in previous BRFSS publications may not be comparable.

Binge drinking ranged from a high of 17.4 percent in District 1 to a low of 8.7 percent in District 7. District 7 had significantly lower levels of binge drinking than the rest of the state.

**Percent of Idaho adults who were binge drinkers, 2007
Health District**

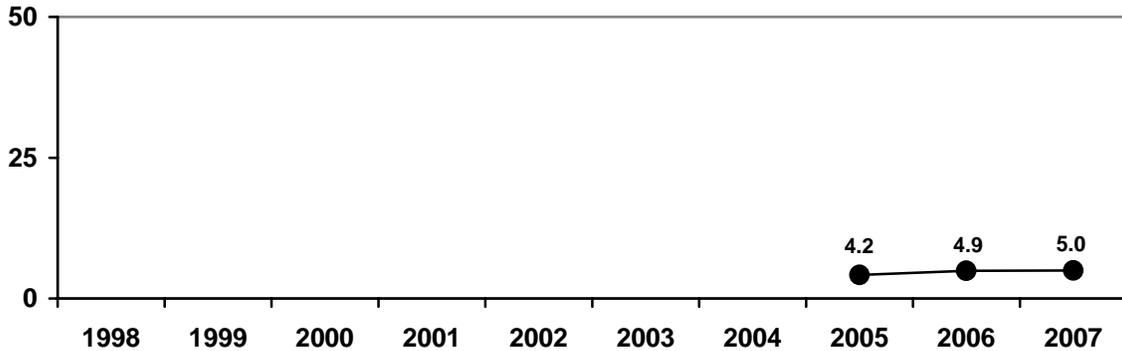


Health Risk Behaviors

Alcohol Consumption

Heavy drinking for females is defined as consuming more than 30 alcoholic beverages in the last 30 days. For males, heavy drinking is more than 60 alcoholic beverages in the last 30 days. In 2007, 5.0 percent of Idaho adults were heavy drinkers. This figure has not changed significantly since 2005.

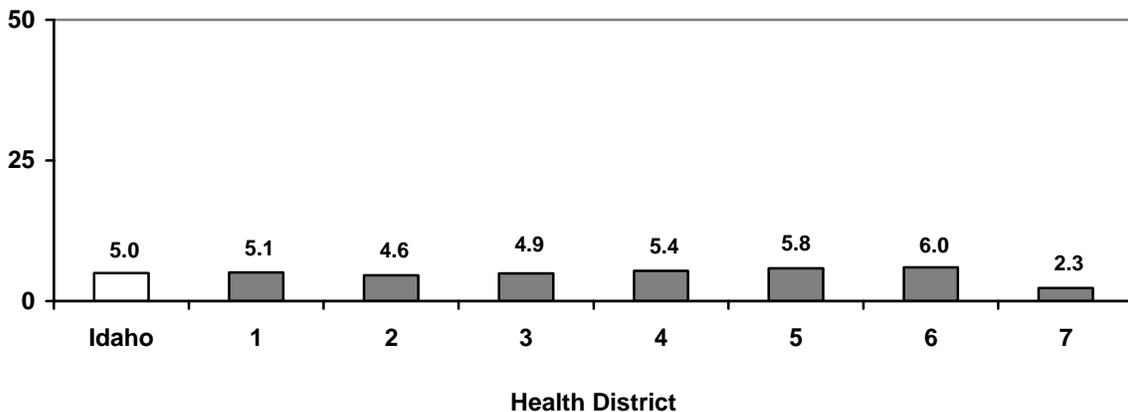
**Percent of Idaho adults who were heavy drinkers
2005-2007**



Note: The CDC adopted a revised definition of heavy drinking in 2005. Heavy drinking figures reported in previous BRFSS publications may not be comparable.

Prevalence of heavy drinking was significantly lower in District 7 than for the state as a whole. None of the other districts showed significantly different rates of heavy drinking compared with the statewide level.

**Percent of Idaho adults who were heavy drinkers, 2007
Health District**

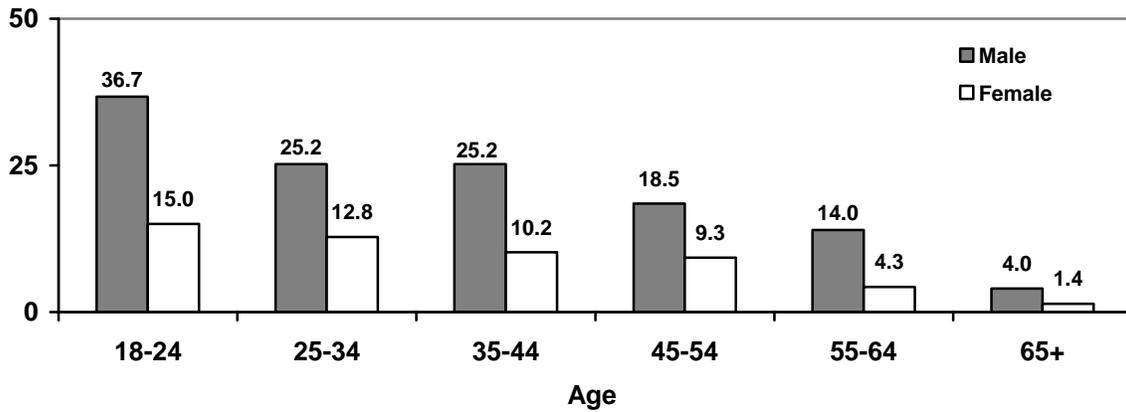


Health Risk Behaviors

Alcohol Consumption

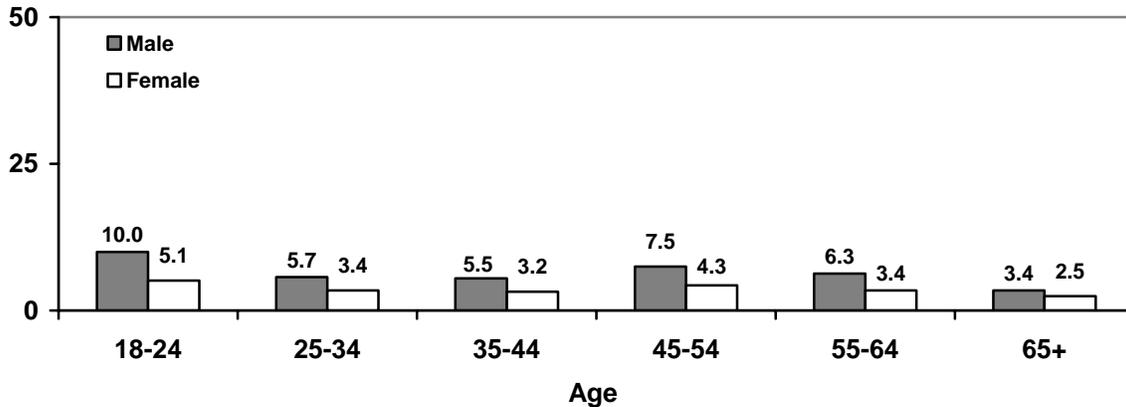
Binge drinking was most prevalent among younger males (36.7 percent of males aged 18 to 24). However, males were more than twice as likely as females to binge drink in every age category. The percentage of Idaho adults who engaged in binge drinking dropped off significantly after the age of 55 (to 5.7 percent).

Percent of Idaho adults who were binge drinkers, 2007
Age and Sex



The percentage of males who engaged in heavy drinking was not significantly higher than that of females (5.8 percent compared with 4.0 percent). Those over the age of 65 were significantly less likely to be heavy drinkers compared with adults 18 to 24 (2.6 percent compared with 8.8 percent).

Percent of Idaho adults who were heavy drinkers, 2007
Age and Sex



Health Risk Behaviors

Alcohol Consumption

Other Highlights:

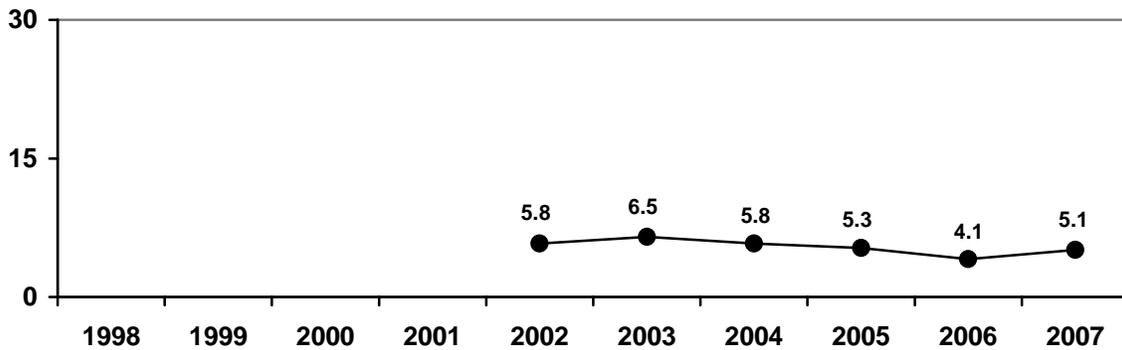
- Binge and heavy drinking did not vary significantly by income or education. No significant differences were seen between the employed and unemployed.
- About one-in-five (20.3 percent) of Idahoans under the legal drinking age (18 to 20 years) reported binge drinking in the last 30 days. Within that same age group, 6.9 percent reported heavy drinking.
- Binge drinkers were more than twice as likely to smoke cigarettes compared with those who were not binge drinkers (38.7 percent of binge drinkers smoked cigarettes compared with 15.2 percent of those who were not binge drinkers).
- Over one-half of those who reported heavy drinking were also smokers (50.2 percent of heavy drinkers compared with 17.2 percent of those who were not heavy drinkers).
- Illicit drug use was reported significantly more often by binge drinkers and heavy drinkers compared with those who did not engage in those behaviors.
 - 21.3 percent of binge drinkers had used illicit drugs in the past year compared with 2.0 percent of those who were not binge drinkers.
 - 25.0 percent of heavy drinkers had used illicit drugs in the past year compared with 4.1 percent of those who were not heavy drinkers.

Health Risk Behaviors

Illicit Drug Use

In 2007, 5.1 percent of Idaho adults reported illicit drug use in the prior 12 months. This figure has not changed significantly since 2002. Drug use includes all drugs not prescribed by a doctor or used to get high or for curiosity. This includes marijuana, cocaine (including crack), heroin or other opiates (such as codeine), and methamphetamines.

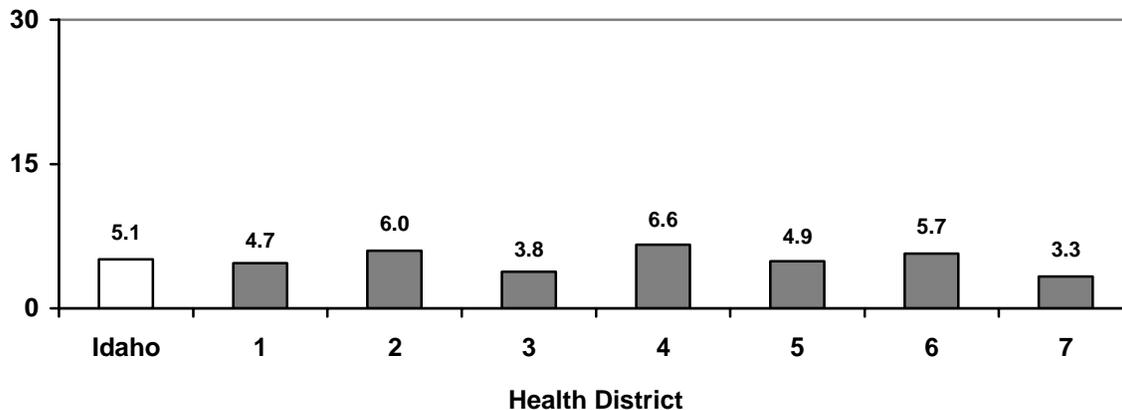
**Percent of Idaho adults who used illicit drugs
in the last 12 months, 2002-2007**
Breaks in the trendline indicate data are not available for those years*



*Question wording changes make data prior to 2002 not comparable with 2002 and later.

Illicit drug use was highest in District 4 and lowest in District 7. However, none of the differences between districts were statistically significant.

**Percent of Idaho adults who used illicit drugs
in the last 12 months, 2007**
Health District

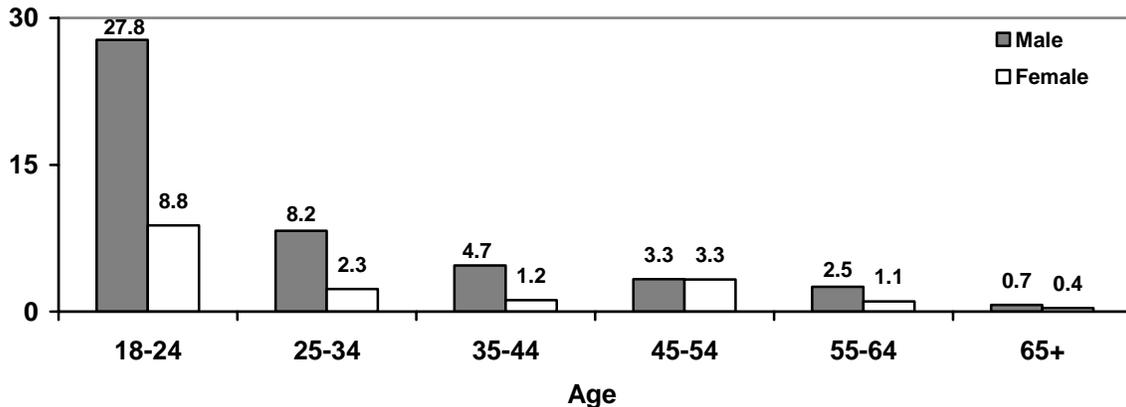


Health Risk Behaviors

Illicit Drug Use

Males were not significantly more likely to use illicit drugs (7.7 percent) compared with females (2.6 percent). Adults aged 18 to 24 were significantly more likely to have reported drug use (12.6 percent) than adults in all other age categories.

**Percent of Idaho adults who used illicit drugs
in the last 12 months, 2007
Age and Sex**



Other Highlights:

- In 2007, illicit drug use did not differ significantly by income. However, the unemployed reported illicit drug use almost four times as often as the employed (21.2 percent compared with 5.5 percent).
- Those with a high school or less education were significantly more likely to use illicit drugs than those with some college or more education (7.5 percent compared with 3.5 percent).
- Idaho adults who had used illicit drugs within the past 12 months were three times as likely to smoke cigarettes as those who did not use illicit drugs (52.6 percent compared with 17.0 percent).
- More than one-half (51.8 percent) of illicit drug users reported one more days in the past 30 during which their mental health was “not good” compared with around one-third of non-users (34.5 percent).

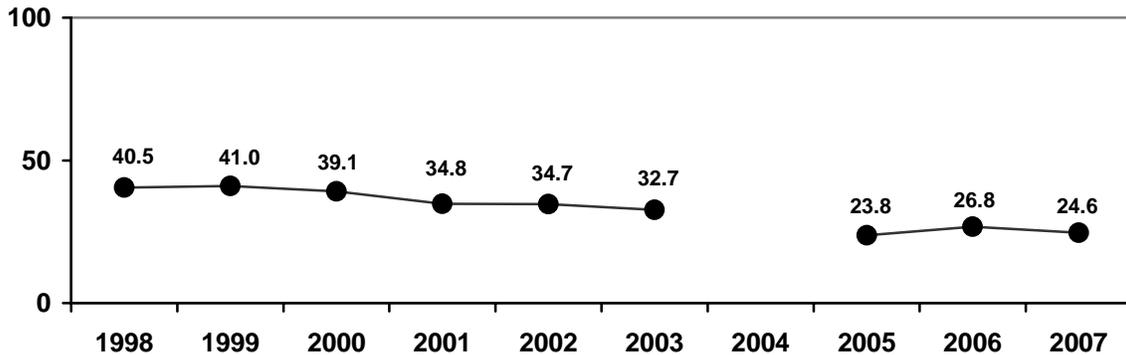
Preventive Behaviors

Seat Belt Use

In 2007, approximately one-in-four (24.6 percent) Idaho adults did not always wear a seat belt when driving or riding in a car. The percentage of Idaho adults who did not always use a seat belt has decreased significantly from levels seen in 2003 and prior years.

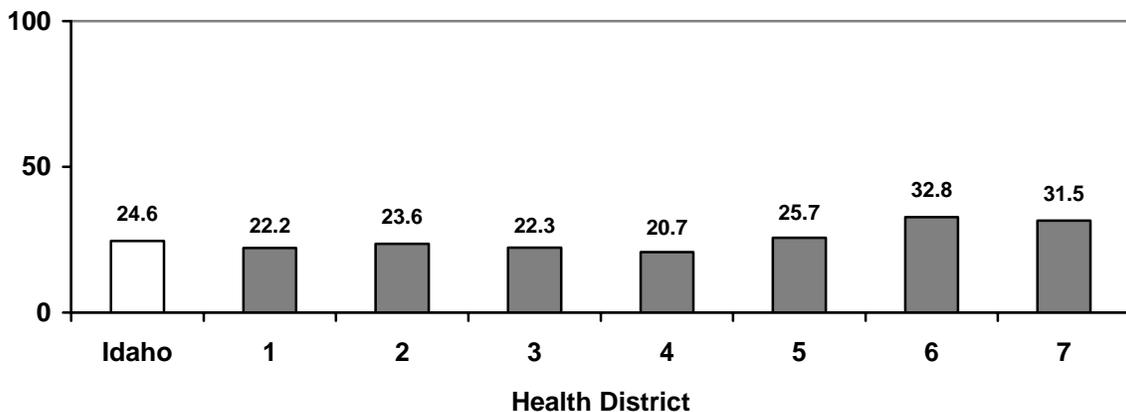
Percent of Idaho adults who did not always wear a seat belt, 1998-2007

Breaks in the trendline indicate data are not available for those years



Health Districts 6 and 7 had a significantly higher percentage of adults who did not always wear a seat belt compared with the rest of the state (32.8 percent and 31.5 percent, respectively). Adults in District 4 were the least likely to drive or ride without a seat belt (20.7 percent).

Percent of Idaho adults who did not always wear a seat belt, 2007
Health District

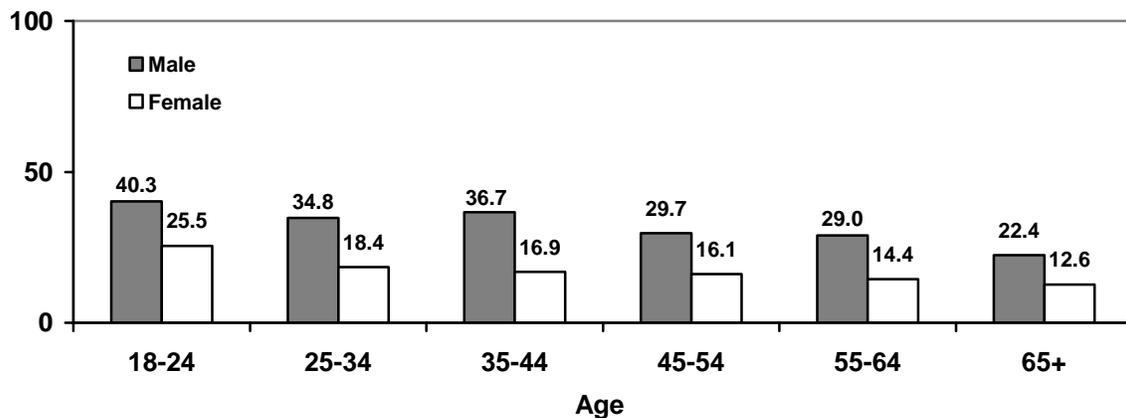


Preventive Behaviors

Seat Belt Use

Males were significantly more likely to not always wear their seat belt when driving or riding in a car compared with females (32.2 percent compared with 17.0 percent). Older adults were significantly more likely to use a seat belt than younger adults. One-third (33.3 percent) of those aged 18 to 24 did not always use a seat belt compared with one-in-five (19.3 percent) of those over age 55.

Percent of Idaho adults who did not always wear a seat belt, 2007
Age and Sex



Other Highlights:

- Those with less than a high school education were significantly more likely to report that they did not always use a seat belt compared with those with some college or more education (34.3 percent compared with 22.0 percent).
- Compared with those who consistently used seat belts, those who did not were significantly more likely to report other risky behaviors such as binge drinking (25.6 percent of non-users compared with 11.4 percent of seat belt users), cigarette smoking (24.6 percent compared with 16.8 percent), and illicit drug use (12.1 percent compared with 2.9 percent).
- Seat belt usage was not significantly different for those with children in the household compared with those without children.

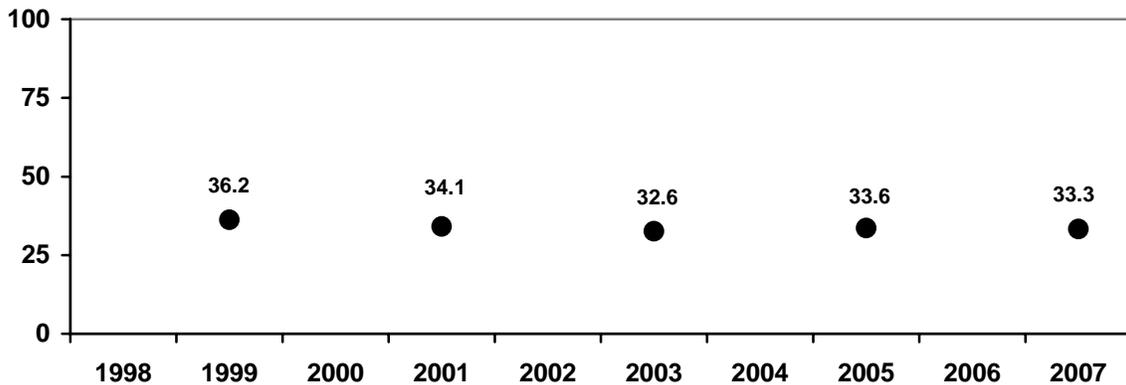
Preventive Behaviors

Cholesterol Screening

The percentage of the adult population who had not received a screening for blood cholesterol levels within the previous five years was 33.3 percent in 2007. The ten year trend of adults not receiving screenings shows no significant differences between years.

Percent of Idaho adults who had not had cholesterol checked within the last five years, 1999-2007

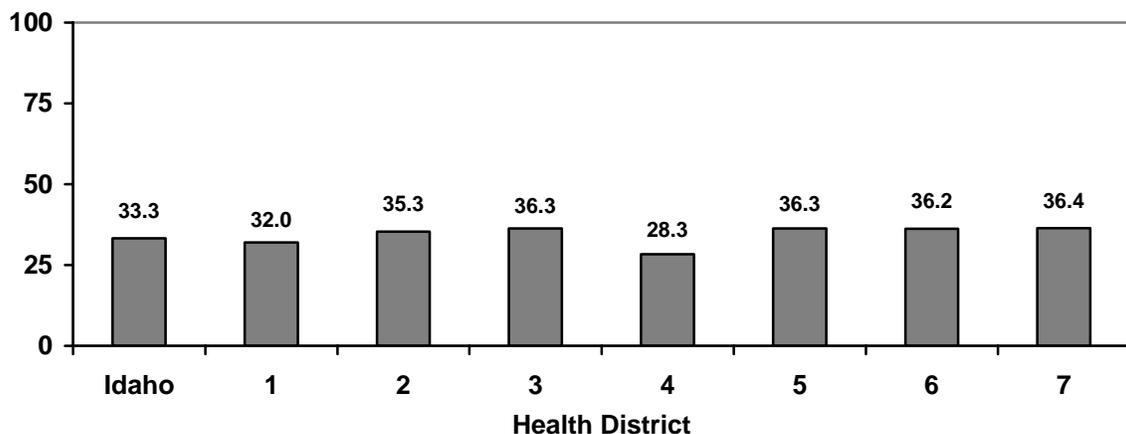
Breaks in the trendline indicate data are not available for those years



The percent of adults who had cholesterol checks was consistent across health districts. While those in District 4 were the most likely to have had cholesterol checks and those in District 7 were the least likely, the difference was not statistically significant.

Percent of Idaho adults who had not had cholesterol checked within the last five years, 2007

Health District

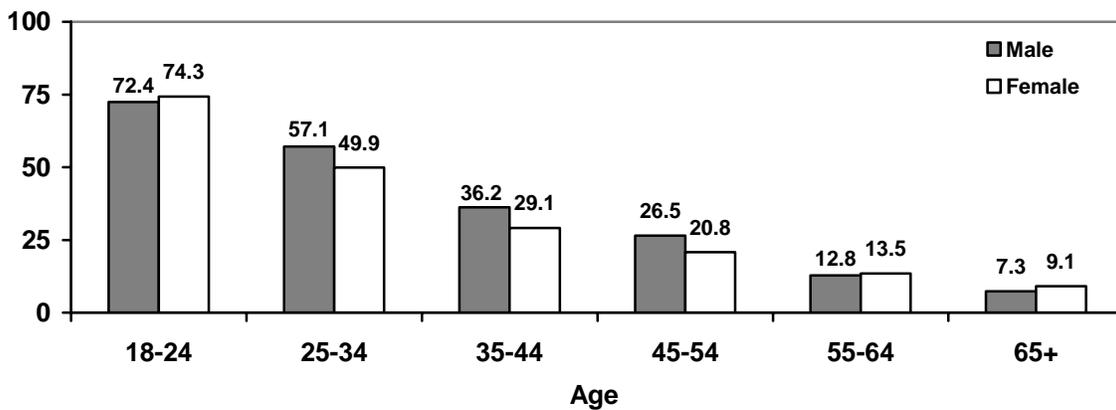


Preventive Behaviors

Cholesterol Screening

Cholesterol screening did not differ significantly by sex. However, older adults were significantly more likely than younger adults to have these screenings. Nearly three-quarters (73.3 percent) of those aged 18 to 24 had not had their cholesterol checked in the prior five years compared with about one-in-ten (10.6 percent) of those over the age of 55.

Percent of Idaho adults who had not had cholesterol checked within the last five years, 2007
Age and Sex



Other Highlights:

- The likelihood of receiving cholesterol screening increased with income. Those with incomes of \$75,000 or more were almost twice as likely to have had their cholesterol checked as those with incomes below \$25,000 (40.0 of those with incomes below \$25,000 had not had the screening compared with 23.1 percent of those with incomes of \$75,000 and higher).
- Unemployed adults were significantly more likely to have not had cholesterol screening in the prior five years compared with employed adults (53.4 percent compared with 36.7 percent).
- Cholesterol screening was also related to education level. Of those with a high school education or less, 42.5 percent had not been screened compared with 27.0 percent of those with some college or more education.
- Almost two-in-three adults without health care coverage did not receive cholesterol screening (64.3 percent). Among those who had health coverage, 26.2 percent had not had the screening.

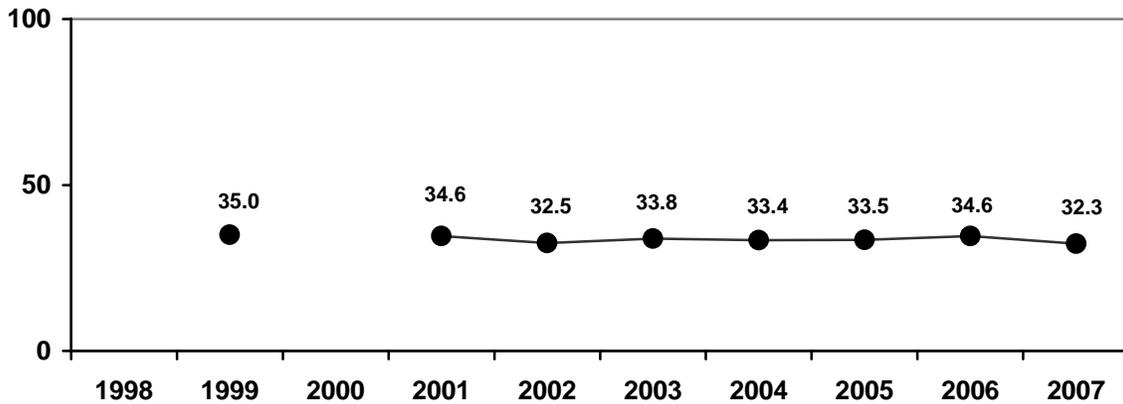
Preventive Behaviors

Dental Visits

The percentage of Idaho adults who had not visited a dentist in the prior year remained consistent over the past ten years. In 2007, nearly one-in-three (32.3 percent) adults had not visited the dentist in the prior 12 months.

Percent of Idaho adults who had not visited the dentist in the last 12 months, 1999-2007

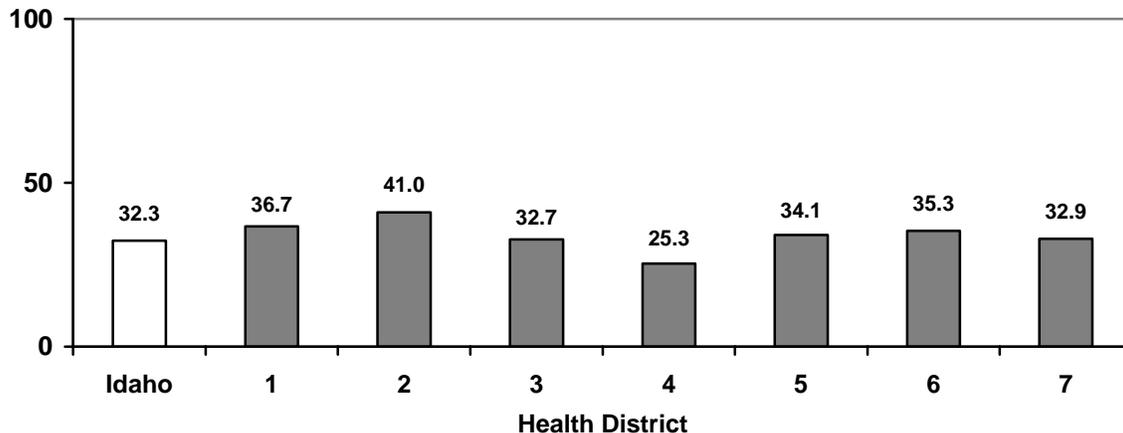
Breaks in the trendline indicate data are not available for those years



The percentage of adults without an annual dental visit ranged from a high of 41.0 percent in District 2, to a low of 25.3 percent in District 4. Both of these districts were significantly different from the state as a whole.

Percent of Idaho adults who had not visited the dentist in the last 12 months, 2007

Health District

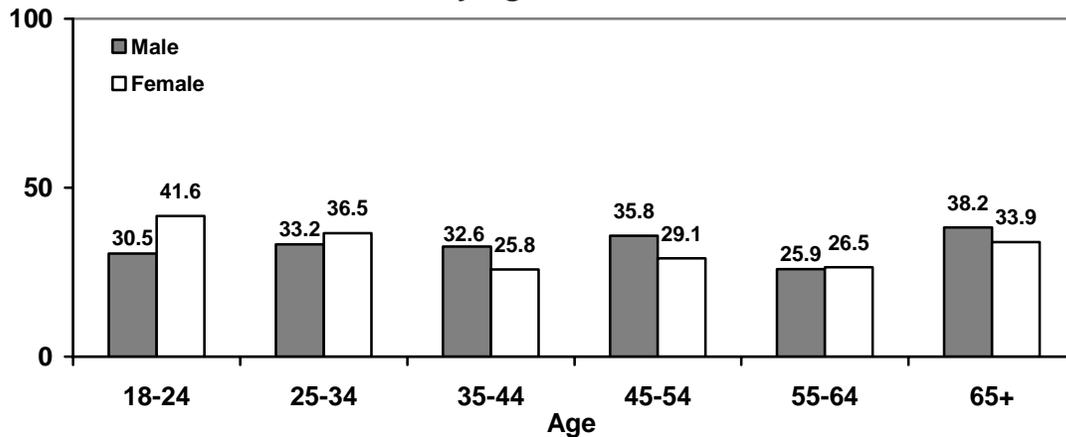


Preventive Behaviors

Dental Visits

Dental visits did not vary significantly by age or sex. While 41.6 percent of females aged 18 to 24 had not had a dental visit in the prior year, the difference versus males in the same age group was not statistically significant.

**Percent of Idaho adults who had not visited the dentist
in the last 12 months, 2007
by Age and Sex**



Other Highlights:

- Those with incomes below \$15,000 were almost three times as likely to have not had an annual dental visit compared with those with incomes above \$50,000 (53.0 percent compared with 18.1 percent).
- Similarly, 55.3 percent of those with less than a high school education reported not having a dental visit compared with 19.9 percent of college graduates.
- The unemployed were significantly more likely to have not had a dental visit compared with the employed (46.9 percent compared with 31.5 percent).
- Those who did not have dental insurance were significantly more likely to report not visiting a dentist in the past year compared with those who did have dental insurance (48.9 percent compared with 19.4 percent).

Understanding the Data Tables

The data tables on the following pages provide both state and health district data for various demographic subcategories. An understanding of the tables is important to interpreting the data correctly.

- A. This title refers to the risk factor.
- B. This title refers to the population surveyed. For most questions, this will be the adult (aged 18 and over) Idaho population. However, for some calculated variables and some risk factors, the population surveyed may be a subset of adults aged 18 and over. For instance, the Breast Cancer Screening risk factor table will only include the female population aged 40 and over, since only females were asked those questions and breast cancer screening is recommended for that age group. Colorectal Cancer Screening will only include adults over the age of 50, since only they were asked questions about colorectal cancer screening. It is important to understand the population the data represent in order to accurately interpret the data in the tables.
- C. The labels across the top of the table (i.e., state and district) refer to the geographic region of residence of the population in (B). For more information on geographic break-outs, please see page iv of this report for a map of Idaho's seven public health districts.
- D. The labels on the left side of the table refer to the particular group the numbers represent. For example, the row labeled "Female" will contain data for women for the geographic region indicated at the top of the table (C). In the example table provided, the data could be interpreted (see circled data point):
- “In 2007, 13.0 percent of females in Health District 1 were at risk for this risk factor.”
- E. The symbol "n" refers to the number of people sampled who responded to the question within the demographic group and geographic region indicated. It does NOT represent the number of people who have the risk factor in the population. An asterisk indicates that fewer than 50 people in the group responded (see Methodology and Reporting section, pages 1-2 for explanation on sampling and suppressing data for sample sizes less than 50). In the example table provided, the data could be interpreted (see boxed data point):
- “In 2007, there were 689 people in Health District 1 sampled for this risk factor.”

Understanding the Data Tables

F. The shaded columns contain the prevalence (percent) of the risk factor. This percentage is a weighted percentage and is not calculated using the sample frequencies from the column containing n. Therefore, it is not possible to calculate the prevalence by simply dividing n by the total number of people sampled for the year (see Methodology section, pages 1-2 for explanation on weighting procedures).

G. The two numbers in the column labeled "95% CI" are the lower and upper limits of the confidence interval. Confidence intervals are a way to measure sampling error and define the range of values where the "true" percentage would be found. This interval can be interpreted to mean that there is a 95 percent certainty that the true prevalence of the risk factor in the population falls within the confidence interval. In the example table provided, the data could be interpreted like this:

"For this risk factor, the prevalence in Idaho was 11.7 percent in 2007. We can say, with 95 percent certainty, the actual population prevalence falls within the range of 10.6 percent to 12.8 percent."

A Risk Factor																
D	C			B Population												
				Health District												
	E			District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n				
TOTAL	F 11.7	G 10.6	12.8	4,830	10.8	8.3	13.3	689	11.6	8.9	14.3	685	11.5	9.0	14.0	680
SEX																
Male	10.6	9.0	12.2	2,070	8.5	5.2	11.8	274	10.5	6.8	14.2	317	14.5	10.2	18.8	294
Female	12.7	11.2	14.2	2,760	13.0	9.5	16.5	415	12.7	8.6	16.8	368	8.6	5.7	11.5	386

General Health Status

Idaho adults who reported their general health was "fair" or "poor," 2007

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	14.9	13.8 16.2	5,303	13.1	10.7 16.0	769	17.9	14.5 21.7	776	16.0	13.3 19.3	747
SEX												
Male	13.8	12.1 15.7	2,089	11.3	8.1 15.7	286	16.6	12.1 22.3	312	12.7	9.2 17.2	304
Female	16.1	14.6 17.7	3,214	14.9	11.6 18.9	483	19.2	14.6 24.7	464	19.3	15.3 24.1	443
AGE												
18-24	10.9	7.2 16.0	236	*	* *	*	*	* *	*	*	* *	*
25-34	9.1	6.9 12.1	714	4.5	1.4 13.6	86	12.2	6.7 21.1	91	11.6	6.9 18.9	122
35-44	11.4	9.2 14.0	834	10.5	5.8 18.4	113	11.4	6.2 20.1	107	14.6	9.3 22.1	118
45-54	14.9	12.6 17.6	1,094	13.0	8.3 19.9	165	16.9	11.2 24.8	158	16.1	10.4 24.1	137
55-64	21.0	18.2 24.2	1,033	22.3	15.8 30.5	151	26.6	18.4 36.8	172	24.9	17.2 34.7	131
65+	24.5	21.9 27.4	1,355	19.1	14.1 25.3	225	26.2	20.3 33.2	211	21.6	15.8 28.8	205
18-34	9.8	7.7 12.4	950	5.2	2.1 12.4	113	12.6	6.7 22.5	126	11.0	6.6 17.6	152
35-54	13.2	11.6 15.0	1,928	11.9	8.3 16.7	278	14.4	10.2 19.9	265	15.3	11.2 20.5	255
55+	22.9	20.9 25.0	2,388	20.6	16.4 25.5	376	26.4	21.3 32.2	383	23.1	18.2 28.8	336
SEX and AGE												
Male												
18-34	7.3	4.7 11.1	366	*	* *	*	7.9	2.6 21.7	53	4.8	1.7 12.6	62
35-54	12.3	10.0 15.1	752	8.3	4.0 16.3	99	13.3	7.4 22.7	96	11.3	6.3 19.3	104
55+	23.6	20.4 27.0	960	20.7	14.4 28.8	147	29.3	21.2 39.1	163	24.9	17.3 34.4	138
Female												
18-34	12.5	9.5 16.4	584	6.3	1.9 19.3	73	18.0	8.3 34.5	73	17.4	10.0 28.6	90
35-54	14.0	11.9 16.5	1,176	15.3	10.3 22.2	179	15.5	10.4 22.6	169	19.5	13.6 27.1	151
55+	22.2	19.8 24.8	1,428	20.6	15.4 26.8	229	23.7	18.1 30.3	220	21.5	15.7 28.8	198
INCOME												
Less than \$15,000	38.8	32.7 45.2	488	44.6	31.1 59.1	77	38.0	24.0 54.4	98	37.5	24.5 52.7	64
\$15,000 - \$24,999	24.2	20.5 28.4	851	19.7	13.5 27.7	133	28.1	18.9 39.6	137	26.8	18.2 37.6	126
\$25,000 - \$34,999	16.3	13.2 20.0	703	5.9	2.9 11.9	95	9.8	5.2 17.7	101	17.7	11.7 26.1	115
\$35,000 - \$49,999	11.0	8.8 13.7	892	7.5	4.0 13.7	125	14.3	9.0 22.1	120	13.2	7.9 21.2	132
\$50,000 - \$74,999	8.5	6.4 11.1	835	6.7	3.3 13.3	138	7.6	4.0 14.1	109	8.8	4.8 15.8	114
\$75,000+	4.5	3.2 6.3	915	3.8	1.3 10.7	110	6.7	3.3 12.9	124	3.4	1.4 7.9	114
EMPLOYMENT												
Employed	9.7	8.4 11.1	2,928	6.4	4.3 9.4	410	9.5	6.2 14.4	410	9.9	7.1 13.6	403
Unemployed	23.7	16.1 33.3	150	*	* *	*	*	* *	*	*	* *	*
Other**	23.7	21.5 26.0	2,209	26.3	20.9 32.4	330	26.7	21.5 32.6	342	25.6	20.4 31.6	316
EDUCATION												
K-11th Grade	32.7	27.2 38.6	464	*	* *	*	39.0	24.6 55.7	87	35.1	23.4 48.9	78
12th Grade or GED	17.8	15.6 20.2	1,659	14.0	10.0 19.3	256	20.5	15.1 27.3	244	15.1	10.9 20.4	271
Some College	13.7	11.8 16.0	1,671	13.5	9.7 18.6	278	15.0	10.7 20.6	216	15.4	11.0 21.1	229
College Graduate+	7.0	5.7 8.6	1,496	8.4	4.8 14.1	186	6.8	4.0 11.4	225	7.3	4.3 12.3	165

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

General Health Status

Idaho adults who reported their general health was "fair" or "poor," 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	11.7	9.4	14.4	752	19.1	15.9	22.7	755	18.0	14.9	21.6	755	14.9	11.6	18.7	749
SEX																
Male	10.8	7.7	15.0	283	17.3	12.8	23.1	286	17.5	12.9	23.3	298	16.9	11.7	23.8	320
Female	12.5	9.4	16.4	469	20.8	16.7	25.7	469	18.5	14.6	23.2	457	12.9	9.6	17.1	429
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	8.0	3.9	15.7	95	9.8	5.2	17.7	99	9.7	5.1	17.8	101	11.1	5.8	20.3	120
35-44	6.1	3.1	11.6	133	20.3	13.1	29.9	113	17.4	11.2	26.0	126	8.6	4.5	15.8	124
45-54	11.9	7.5	18.5	160	21.2	15.2	28.7	182	19.0	12.8	27.4	152	11.8	7.3	18.7	140
55-64	15.7	10.2	23.4	162	23.3	15.6	33.3	119	23.6	17.4	31.1	155	18.2	11.7	27.1	143
65+	25.7	18.9	33.9	163	27.2	20.4	35.4	199	25.1	19.0	32.5	180	29.6	22.8	37.4	172
18-34	7.9	4.3	14.1	122	10.2	5.3	18.9	136	12.5	7.0	21.3	136	12.5	6.6	22.4	165
35-54	8.8	6.0	12.8	293	20.8	15.9	26.6	295	18.3	13.6	24.0	278	10.3	7.0	14.9	264
55+	20.6	16.0	26.0	325	25.4	20.1	31.6	318	24.4	19.9	29.6	335	24.0	19.1	29.7	315
SEX and AGE																
Male																
18-34	*	*	*	*	11.0	4.2	26.1	59	11.1	4.1	27.0	51	17.8	7.8	35.5	61
35-54	10.3	6.0	17.1	115	18.0	11.6	26.8	108	19.7	12.9	28.8	116	11.4	6.6	19.0	114
55+	23.4	16.1	32.9	121	23.2	15.6	33.1	117	22.9	16.4	31.1	130	23.1	16.1	32.0	144
Female																
18-34	14.2	7.8	24.7	82	9.3	3.9	20.7	77	13.9	7.1	25.5	85	7.6	3.1	17.2	104
35-54	7.3	4.3	12.3	178	23.6	17.0	31.8	187	16.9	11.2	24.7	162	9.1	5.2	15.5	150
55+	18.0	13.0	24.4	204	27.4	20.4	35.6	201	25.8	20.0	32.5	205	24.8	18.5	32.5	171
INCOME																
Less than \$15,000	36.6	22.5	53.4	60	48.3	33.9	62.9	78	44.3	29.9	59.8	71	*	*	*	*
\$15,000 - \$24,999	17.1	9.9	28.0	83	25.9	17.5	36.5	139	27.1	18.3	38.3	123	30.6	18.0	46.8	110
\$25,000 - \$34,999	19.2	11.8	29.6	94	17.1	10.5	26.6	107	18.5	11.9	27.6	96	22.2	12.6	36.1	95
\$35,000 - \$49,999	10.9	6.1	18.9	109	11.9	6.5	20.6	146	13.7	8.3	21.6	123	7.3	3.9	13.5	137
\$50,000 - \$74,999	6.5	2.8	14.4	121	12.3	5.4	25.7	88	10.2	6.0	16.7	129	11.0	6.3	18.5	136
\$75,000+	3.7	1.9	7.1	204	4.3	1.8	10.0	93	10.1	4.0	23.4	121	4.1	1.9	8.6	149
EMPLOYMENT																
Employed	6.9	4.6	10.2	426	16.6	12.6	21.6	441	13.3	9.6	18.2	414	10.5	7.4	14.7	424
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	21.3	16.7	26.8	309	24.8	19.4	31.0	287	24.4	19.3	30.2	317	20.1	14.1	28.0	308
EDUCATION																
K-11th Grade	*	*	*	*	36.8	26.5	48.4	92	39.6	25.4	55.7	65	44.1	29.3	60.0	53
12th Grade or GED	17.3	12.1	24.2	185	22.8	16.6	30.5	246	20.9	15.1	28.2	259	17.5	12.3	24.4	198
Some College	11.7	7.6	17.4	226	13.7	9.7	19.1	233	13.0	9.0	18.3	245	16.1	9.9	25.3	244
College Graduate+	5.7	3.5	9.2	299	9.5	5.6	15.7	183	11.8	7.8	17.4	184	4.9	2.8	8.4	254

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Health Care Coverage

Idaho adults who did not have health care coverage, 2007

	Statewide			Public Health District									
				District 1			District 2			District 3			
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n	
TOTAL	18.9	17.3 20.6	5,299	18.4	15.0 22.4	767	15.5	12.0 19.9	776	24.1	19.9 29.0	745	
SEX													
Male	19.3	16.7 22.2	2,086	18.0	12.8 24.7	284	15.9	10.9 22.6	312	23.0	16.3 31.4	302	
Female	18.5	16.7 20.4	3,213	18.8	14.7 23.6	483	15.2	10.7 21.2	464	25.3	20.3 30.9	443	
AGE													
18-24	37.6	30.5 45.3	232	*	*	*	*	*	*	*	*	*	
25-34	26.9	22.4 31.8	712	26.8	17.9 38.0	85	19.1	11.5 30.0	90	23.8	16.6 33.0	122	
35-44	18.8	16.0 22.1	835	21.1	13.9 30.9	114	19.0	12.2 28.4	107	31.2	23.1 40.7	119	
45-54	14.7	12.5 17.3	1,097	12.7	8.2 19.0	165	18.8	12.9 26.6	160	17.3	11.5 25.2	138	
55-64	15.9	13.4 18.7	1,035	19.6	13.6 27.4	151	15.7	8.7 26.8	173	23.5	16.3 32.7	131	
65+	1.6	0.8 3.1	1,352	0.8	0.1 5.3	224	0.7	0.2 3.2	210	2.2	0.8 5.9	202	
18-34	31.2	27.2 35.4	944	31.9	22.6 43.0	111	20.8	12.8 32.1	124	34.4	24.7 45.6	151	
35-54	16.8	14.9 18.8	1,932	16.6	12.2 22.1	279	18.9	14.2 24.7	267	24.5	19.2 30.7	257	
55+	8.4	7.1 9.9	2,387	9.8	6.7 13.9	375	7.3	4.0 12.9	383	11.9	8.3 16.7	333	
SEX and AGE													
Male													
18-34	32.5	26.2 39.6	363	*	*	*	*	22.2	11.9 37.7	53	32.0	17.3 51.4	61
35-54	16.2	13.4 19.4	753	16.2	9.8 25.5	100	17.7	11.0 27.2	96	21.2	14.2 30.5	105	
55+	7.8	5.9 10.4	960	8.7	4.6 16.1	146	7.1	2.3 20.2	163	13.8	7.8 23.0	136	
Female													
18-34	29.7	25.2 34.6	581	31.8	20.6 45.5	73	19.2	8.5 37.8	71	36.8	25.6 49.5	90	
35-54	17.4	15.0 20.0	1,179	16.9	11.7 23.8	179	20.1	14.2 27.6	171	27.9	20.6 36.7	152	
55+	8.9	7.3 10.8	1,427	10.7	6.9 16.1	229	7.5	4.5 12.2	220	10.2	6.7 15.3	197	
INCOME													
Less than \$15,000	39.2	32.7 46.2	486	26.0	15.4 40.4	76	36.5	21.6 54.5	98	56.6	42.3 69.9	64	
\$15,000 - \$24,999	39.5	34.2 45.0	850	34.9	24.9 46.5	133	26.7	18.0 37.6	137	45.1	32.3 58.6	124	
\$25,000 - \$34,999	24.3	19.8 29.5	704	19.8	11.4 32.2	96	19.7	10.5 33.9	102	21.7	14.5 31.2	116	
\$35,000 - \$49,999	13.2	10.4 16.7	893	14.0	8.3 22.6	125	6.2	3.0 12.2	120	17.9	9.7 30.6	132	
\$50,000 - \$74,999	7.1	5.3 9.6	835	9.2	4.5 17.7	138	3.1	1.1 8.4	109	6.3	2.8 13.6	114	
\$75,000+	4.9	3.1 7.6	915	8.8	3.9 18.6	110	0.0	0.0 0.0	124	6.3	2.5 14.9	114	
EMPLOYMENT													
Employed	21.1	18.8 23.5	2,929	22.3	17.5 27.9	409	17.3	12.4 23.5	411	27.2	21.2 34.1	404	
Unemployed	42.7	33.0 53.0	149	*	*	*	*	*	*	*	*	*	
Other**	12.7	10.8 14.9	2,207	9.0	6.0 13.4	329	8.0	5.4 11.8	341	15.8	11.3 21.5	314	
EDUCATION													
K-11th Grade	47.0	40.3 53.9	466	*	*	*	*	38.7	24.2 55.7	87	47.4	34.3 60.9	80
12th Grade or GED	24.5	21.2 28.2	1,652	24.9	18.3 33.0	255	15.7	10.4 23.2	243	29.3	20.9 39.4	268	
Some College	15.6	13.4 18.0	1,671	18.6	13.8 24.6	277	12.8	7.3 21.5	217	17.8	12.7 24.3	228	
College Graduate+	6.6	5.1 8.4	1,497	7.5	4.0 13.5	186	6.5	3.7 11.0	225	8.7	5.2 14.5	165	

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Health Care Coverage

Idaho adults who did not have health care coverage, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	15.9	12.3	20.2	751	24.7	20.7	29.1	755	18.4	14.8	22.6	754	16.7	13.2	21.0	751
SEX																
Male	18.8	12.8	26.6	282	23.3	17.4	30.4	285	19.5	13.9	26.7	299	15.6	11.0	21.6	322
Female	12.9	9.6	17.1	469	26.0	21.2	31.6	470	17.2	13.1	22.3	455	17.9	12.9	24.2	429
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	25.9	16.3	38.6	95	36.3	26.7	47.1	99	27.4	19.1	37.6	101	29.6	21.3	39.4	120
35-44	11.0	6.5	18.0	133	21.5	14.5	30.6	113	21.2	14.6	29.9	126	15.3	9.6	23.5	123
45-54	12.3	7.6	19.2	160	20.2	14.6	27.4	182	12.9	8.2	19.6	152	13.9	8.8	21.1	140
55-64	10.7	6.6	16.8	162	20.4	13.7	29.3	119	10.3	6.3	16.3	155	13.0	8.0	20.5	144
65+	2.9	0.8	10.3	163	2.0	0.7	5.6	199	1.1	0.3	4.7	180	0.0	0.0	0.0	174
18-34	28.4	19.5	39.4	122	45.2	35.4	55.5	136	31.5	22.8	41.8	135	26.6	18.7	36.3	165
35-54	11.6	8.2	16.2	293	20.8	16.2	26.4	295	16.9	12.7	22.1	278	14.6	10.6	19.7	263
55+	6.9	4.3	10.8	325	10.3	7.0	14.8	318	5.4	3.4	8.6	335	6.4	3.9	10.3	318
SEX and AGE																
Male																
18-34	*	*	*	*	40.3	26.1	56.4	59	35.0	21.6	51.2	51	26.6	16.3	40.5	61
35-54	13.0	7.9	20.6	115	21.3	14.2	30.7	107	15.5	9.8	23.6	116	12.1	7.0	20.0	114
55+	6.0	2.5	13.5	121	8.1	4.2	15.1	117	5.8	2.8	11.6	131	4.8	2.1	10.4	146
Female																
18-34	21.5	13.6	32.3	82	50.7	38.3	63.0	77	27.9	18.0	40.5	84	26.5	15.8	40.8	104
35-54	10.2	6.2	16.2	178	20.3	15.0	26.9	188	18.2	12.6	25.6	162	17.1	11.6	24.6	149
55+	7.6	4.5	12.7	204	12.2	7.7	18.9	201	5.1	2.8	9.2	204	7.8	4.2	14.1	172
INCOME																
Less than \$15,000	37.1	22.6	54.5	60	44.0	29.5	59.5	78	40.6	25.6	57.7	70	*	*	*	*
\$15,000 - \$24,999	41.9	26.1	59.6	83	50.3	39.2	61.4	139	35.9	24.3	49.5	123	33.0	22.4	45.8	111
\$25,000 - \$34,999	31.9	20.2	46.3	94	24.9	15.9	36.7	106	22.7	14.5	33.7	96	19.7	11.6	31.6	94
\$35,000 - \$49,999	10.6	5.6	19.1	109	15.2	9.7	22.9	146	15.1	8.4	25.6	123	10.9	4.9	22.6	138
\$50,000 - \$74,999	3.1	1.1	8.7	121	9.9	4.0	22.4	88	2.5	0.9	6.6	129	18.4	11.7	27.6	136
\$75,000+	3.5	1.2	10.1	204	5.0	2.1	11.6	93	6.5	1.7	21.9	121	4.9	2.0	12.0	149
EMPLOYMENT																
Employed	18.2	13.3	24.5	426	25.0	20.2	30.5	441	18.3	13.8	23.8	414	19.1	15.0	24.0	424
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	10.4	6.9	15.3	309	18.7	12.9	26.4	287	15.5	10.1	23.0	317	13.1	7.4	22.2	310
EDUCATION																
K-11th Grade	*	*	*	*	46.1	34.4	58.3	92	50.1	34.2	66.1	64	48.9	33.8	64.2	54
12th Grade or GED	21.6	13.6	32.5	185	32.2	24.6	40.9	246	22.1	15.4	30.7	258	21.3	14.8	29.8	197
Some College	15.7	10.5	22.8	225	18.4	13.1	25.4	233	11.3	7.7	16.5	246	11.6	7.2	18.0	245
College Graduate+	2.9	1.6	5.2	299	7.7	4.4	13.2	183	10.2	6.1	16.8	184	11.5	5.8	21.4	255

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Insurance

Idaho adults who did not have dental insurance, 2007

	Statewide			Public Health District									
				District 1			District 2			District 3			
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n	
TOTAL	43.0	41.2 44.9	4,992	49.2	44.6 53.8	715	44.5	39.6 49.4	732	46.4	41.7 51.2	709	
SEX													
Male	41.8	38.8 44.8	1,956	48.4	41.3 55.7	267	43.6	36.5 51.0	291	41.2	33.9 48.9	288	
Female	44.2	42.0 46.5	3,036	50.0	44.4 55.5	448	45.4	39.0 52.0	441	51.5	45.7 57.3	421	
AGE													
18-24	44.4	36.8 52.2	217	*	*	*	*	*	*	*	*	*	
25-34	41.0	36.0 46.1	663	40.5	29.3 52.8	81	38.8	28.0 50.8	86	43.4	33.8 53.5	112	
35-44	35.1	31.3 39.1	790	48.5	38.1 59.0	106	37.9	27.5 49.6	94	45.6	36.2 55.3	117	
45-54	34.7	31.3 38.2	1,029	33.8	26.0 42.5	152	34.2	26.6 42.6	156	41.7	32.6 51.4	126	
55-64	40.7	37.1 44.3	980	53.4	44.1 62.4	139	40.9	31.9 50.6	163	44.4	35.1 54.1	127	
65+	65.9	62.7 68.9	1,283	71.0	63.8 77.3	209	65.8	58.2 72.7	199	59.8	52.1 67.1	196	
18-34	42.4	38.1 46.8	880	44.1	33.3 55.5	107	42.0	31.1 53.7	119	43.8	33.4 54.7	139	
35-54	34.9	32.3 37.5	1,819	40.5	34.0 47.4	258	35.8	29.4 42.7	250	43.8	37.1 50.7	243	
55+	53.9	51.4 56.3	2,263	62.6	56.7 68.2	348	54.9	49.0 60.6	362	52.8	46.7 58.9	323	
SEX and AGE													
Male													
18-34	40.5	33.8 47.5	334	*	*	*	*	37.6	24.0 53.5	51	39.7	24.1 57.7	55
35-54	36.1	32.1 40.3	705	44.6	34.1 55.5	94	41.7	31.1 53.1	86	36.8	27.6 47.1	100	
55+	50.6	46.7 54.4	909	59.1	49.5 68.0	136	52.0	42.9 61.0	154	48.7	39.3 58.2	133	
Female													
18-34	44.3	39.1 49.6	546	47.3	33.7 61.4	70	47.2	31.2 63.8	68	47.9	35.4 60.8	84	
35-54	33.6	30.4 36.9	1,114	36.5	29.0 44.7	164	30.2	23.3 38.2	164	51.0	42.1 59.9	143	
55+	56.9	53.8 59.9	1,354	66.0	58.8 72.5	212	57.6	50.1 64.8	208	56.4	48.7 63.9	190	
INCOME													
Less than \$15,000	69.4	62.0 75.8	455	68.9	51.6 82.2	72	67.2	49.6 81.0	92	69.7	54.6 81.5	60	
\$15,000 - \$24,999	67.6	62.7 72.1	802	76.3	65.1 84.7	126	60.8	48.4 72.0	128	68.7	57.1 78.4	123	
\$25,000 - \$34,999	51.1	46.1 56.0	673	57.4	45.5 68.5	90	54.3	41.3 66.8	99	54.8	43.8 65.5	111	
\$35,000 - \$49,999	34.7	30.9 38.7	836	40.8	30.6 51.9	112	30.0	21.7 39.9	110	33.5	24.9 43.4	125	
\$50,000 - \$74,999	27.3	23.5 31.4	793	36.8	27.6 47.2	130	26.1	16.8 38.1	107	31.7	22.9 42.1	109	
\$75,000+	23.9	20.5 27.6	881	27.8	18.6 39.4	103	15.7	10.0 23.6	120	24.1	16.4 34.0	109	
EMPLOYMENT													
Employed	36.1	33.6 38.6	2,755	41.2	35.3 47.4	379	34.9	28.9 41.4	391	40.6	34.3 47.2	384	
Unemployed	65.0	53.7 74.9	140	*	*	*	*	*	*	*	*	*	
Other**	53.5	50.5 56.4	2,085	62.1	55.0 68.7	308	55.7	47.7 63.4	320	54.4	47.5 61.2	302	
EDUCATION													
K-11th Grade	68.4	61.9 74.2	431	*	*	*	*	57.3	41.0 72.1	83	68.9	54.9 80.1	76
12th Grade or GED	49.4	45.8 53.0	1,541	54.0	45.8 62.0	237	47.5	39.4 55.8	230	49.5	40.7 58.4	252	
Some College	41.6	38.5 44.8	1,579	49.4	41.8 57.0	256	45.3	35.5 55.5	203	42.5	35.2 50.2	222	
College Graduate+	29.5	26.6 32.5	1,432	33.4	26.0 41.6	176	33.4	26.1 41.6	214	31.9	24.6 40.3	156	

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Insurance

Idaho adults who did not have dental insurance, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	33.5	29.3	37.9	716	55.0	50.5	59.5	700	41.9	37.4	46.4	713	42.0	37.4	46.8	707
SEX																
Male	35.8	29.0	43.3	267	52.6	45.3	59.8	255	40.2	33.5	47.3	286	38.6	32.2	45.5	302
Female	31.1	26.4	36.2	449	57.3	51.7	62.7	445	43.4	37.7	49.3	427	45.4	39.0	51.9	405
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	35.2	24.5	47.7	88	58.2	46.9	68.7	87	37.7	28.0	48.4	97	45.8	35.8	56.1	112
35-44	22.2	15.6	30.6	128	38.5	29.2	48.8	105	32.6	24.5	41.9	121	37.5	28.8	47.2	119
45-54	29.9	22.4	38.7	151	52.4	43.7	61.1	170	24.8	17.9	33.3	141	29.9	22.3	38.7	133
55-64	30.8	23.7	39.0	156	44.6	34.8	54.8	113	39.7	31.6	48.4	146	37.2	29.0	46.3	136
65+	55.0	46.3	63.4	158	72.3	64.5	78.9	189	74.7	66.8	81.2	170	74.1	66.1	80.7	162
18-34	35.8	26.2	46.7	114	61.7	50.6	71.7	117	40.8	31.2	51.1	131	40.1	30.6	50.5	153
35-54	25.8	20.6	31.7	279	45.8	39.1	52.5	275	28.5	23.1	34.7	262	33.5	27.6	40.1	252
55+	42.7	36.8	48.7	314	59.8	53.3	66.0	302	58.2	52.3	64.0	316	55.9	49.7	61.9	298
SEX and AGE																
Male																
18-34	*	*	*	*	59.1	41.9	74.3	50	*	*	*	*	34.0	21.8	48.7	55
35-54	29.6	21.5	39.3	109	49.8	39.1	60.5	95	27.3	19.6	36.8	111	33.1	24.6	42.9	110
55+	42.4	33.2	52.1	117	50.4	40.2	60.4	108	55.3	46.1	64.1	125	52.9	43.8	61.8	136
Female																
18-34	32.9	22.8	44.9	77	64.6	51.1	76.1	67	42.0	29.8	55.1	82	45.9	32.5	60.0	98
35-54	21.8	16.0	29.1	170	41.9	34.2	50.1	180	29.8	22.6	38.1	151	34.0	26.1	42.8	142
55+	42.9	35.7	50.5	197	67.8	60.0	74.7	194	61.0	53.3	68.2	191	58.5	50.1	66.4	162
INCOME																
Less than \$15,000	67.6	48.3	82.4	59	83.0	70.6	90.9	72	71.6	53.6	84.6	65	*	*	*	*
\$15,000 - \$24,999	54.7	39.5	69.0	79	76.4	63.8	85.6	127	71.1	59.2	80.7	116	64.7	48.4	78.1	103
\$25,000 - \$34,999	43.8	31.6	56.7	90	52.2	41.0	63.2	103	48.4	37.3	59.6	92	53.6	40.6	66.1	88
\$35,000 - \$49,999	27.4	19.0	37.9	104	43.2	33.9	52.9	133	34.4	25.4	44.7	119	36.4	27.7	46.0	133
\$50,000 - \$74,999	20.2	12.9	30.2	113	28.6	18.8	41.1	81	21.7	14.8	30.5	127	31.3	23.0	41.0	126
\$75,000+	18.5	13.0	25.5	196	47.0	34.5	59.8	89	24.1	15.5	35.6	118	27.8	20.7	36.1	146
EMPLOYMENT																
Employed	27.7	22.3	33.8	402	46.6	40.9	52.3	407	33.9	28.4	40.0	394	36.8	31.6	42.4	398
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	43.7	37.3	50.4	299	67.4	59.5	74.3	268	54.6	47.2	61.8	296	49.4	40.7	58.3	292
EDUCATION																
K-11th Grade	*	*	*	*	79.4	66.8	88.1	79	67.5	48.7	82.0	60	65.5	49.0	78.9	51
12th Grade or GED	42.4	32.8	52.5	175	59.4	51.3	67.0	224	44.2	36.2	52.5	242	53.4	44.6	62.0	181
Some College	34.9	27.7	42.8	214	52.2	43.8	60.6	220	37.8	30.7	45.5	234	35.7	28.1	44.1	230
College Graduate+	21.8	17.0	27.5	290	38.4	30.8	46.7	176	33.9	26.4	42.2	175	35.4	27.8	43.8	245

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Diabetes

Idaho adults who had ever been told they had diabetes, 2007

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	7.9	7.1 8.7	5,306	7.0	5.3 9.2	770	8.2	6.3 10.4	777	9.3	7.3 11.8	746
SEX												
Male	7.2	6.1 8.5	2,091	6.7	4.3 10.4	287	8.4	5.6 12.3	312	8.4	5.6 12.4	303
Female	8.6	7.6 9.7	3,215	7.3	5.2 10.2	483	7.9	5.9 10.7	465	10.2	7.6 13.5	443
AGE												
18-24	0.9	0.3 2.7	236	*	* *	*	*	* *	*	*	* *	*
25-34	2.1	1.2 3.6	712	5.1	1.7 14.1	86	1.4	0.2 9.1	91	3.9	1.7 8.6	120
35-44	4.5	3.1 6.5	835	2.3	0.6 7.9	114	11.1	5.4 21.3	107	4.5	2.0 9.7	119
45-54	8.2	6.3 10.5	1,097	6.1	2.9 12.2	165	5.9	2.9 11.5	160	10.0	5.4 18.0	137
55-64	14.1	11.7 16.8	1,033	10.9	6.3 18.0	151	11.7	7.6 17.5	173	21.0	13.7 30.8	131
65+	18.9	16.5 21.5	1,356	15.0	10.5 20.9	225	18.6	13.4 25.2	209	19.6	14.2 26.5	205
18-34	1.6	1.0 2.6	948	2.9	1.0 8.3	113	0.6	0.1 4.3	126	2.3	1.0 5.2	150
35-54	6.4	5.2 7.8	1,932	4.4	2.3 8.1	279	8.2	4.9 13.5	267	7.2	4.4 11.5	256
55+	16.6	14.9 18.4	2,389	13.0	9.7 17.4	376	15.6	12.0 20.0	382	20.3	15.6 25.9	336
SEX and AGE												
Male												
18-34	0.4	0.1 1.5	365	*	* *	*	1.2	0.2 7.9	53	0.5	0.1 3.4	61
35-54	7.0	5.1 9.5	753	5.1	2.0 12.5	100	7.8	3.1 18.4	96	7.5	3.5 15.3	104
55+	15.3	12.8 18.1	962	12.3	7.4 19.6	147	16.9	11.4 24.2	163	19.8	12.8 29.4	138
Female												
18-34	2.8	1.7 4.8	583	3.8	1.0 12.9	73	0.0	0.0 0.0	73	4.1	1.7 10.0	89
35-54	5.7	4.4 7.4	1,179	3.6	1.6 7.8	179	8.7	5.2 14.2	171	6.8	3.6 12.3	152
55+	17.8	15.5 20.3	1,427	13.7	9.5 19.4	229	14.4	10.2 20.0	219	20.6	15.0 27.7	198
INCOME												
Less than \$15,000	16.4	12.6 21.1	488	26.4	14.9 42.3	77	9.1	5.2 15.6	98	11.7	5.7 22.5	64
\$15,000 - \$24,999	11.5	9.2 14.2	850	8.9	5.1 15.0	133	11.4	6.5 19.2	137	18.4	11.8 27.5	125
\$25,000 - \$34,999	8.9	6.8 11.5	705	2.6	0.9 7.3	96	5.7	2.7 11.6	102	8.8	4.7 15.7	115
\$35,000 - \$49,999	6.3	4.8 8.3	893	6.3	3.4 11.4	125	8.6	4.8 14.9	120	6.5	2.8 14.2	132
\$50,000 - \$74,999	5.6	4.1 7.6	834	4.6	2.2 9.3	138	5.3	2.3 11.7	109	9.5	5.0 17.3	114
\$75,000+	4.4	3.3 6.0	915	3.5	1.2 9.8	110	7.0	3.1 14.9	124	5.4	2.6 11.0	114
EMPLOYMENT												
Employed	4.7	3.9 5.6	2,931	3.9	2.5 6.2	411	4.7	2.8 7.8	412	4.6	2.8 7.4	402
Unemployed	8.3	4.7 14.5	150	*	* *	*	*	* *	*	*	* *	*
Other**	13.7	12.1 15.4	2,210	13.1	9.2 18.2	330	14.0	10.5 18.4	341	17.9	13.6 23.1	316
EDUCATION												
K-11th Grade	11.1	8.2 14.8	466	*	* *	*	8.3	4.1 16.2	87	14.2	7.6 24.9	78
12th Grade or GED	8.1	6.8 9.7	1,660	6.7	4.2 10.5	257	7.4	4.8 11.2	246	8.0	5.3 11.8	270
Some College	8.7	7.3 10.3	1,670	5.8	3.6 9.3	278	11.3	7.1 17.5	215	8.2	5.2 12.7	229
College Graduate+	5.7	4.5 7.2	1,497	5.6	2.8 10.7	186	6.0	3.6 9.8	225	10.4	6.3 16.9	165

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Diabetes

Idaho adults who had ever been told they had diabetes, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	7.2	5.5	9.2	752	10.0	7.8	12.7	755	8.3	6.5	10.5	756	6.3	4.8	8.1	750
SEX																
Male	6.1	3.9	9.4	283	8.1	5.4	12.1	285	8.2	5.6	11.8	299	6.0	4.0	8.8	322
Female	8.2	6.1	11.0	469	11.8	8.7	15.9	470	8.4	6.1	11.5	457	6.6	4.7	9.2	428
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	1.3	0.3	5.2	95	1.9	0.3	12.4	99	0.0	0.0	0.0	101	1.3	0.4	4.1	120
35-44	4.9	2.2	10.4	133	6.5	3.0	13.6	112	2.5	0.9	6.7	126	2.5	0.8	7.6	124
45-54	8.3	4.5	14.8	160	9.3	5.8	14.7	183	12.3	6.9	20.8	152	5.1	2.3	11.1	140
55-64	10.4	6.4	16.5	162	18.6	11.9	27.9	118	17.8	12.3	25.2	155	11.8	7.4	18.4	143
65+	19.6	13.8	27.1	163	19.0	12.8	27.2	200	19.8	14.3	26.8	181	21.6	15.7	29.0	173
18-34	1.5	0.5	4.7	122	2.9	0.9	8.8	136	0.0	0.0	0.0	136	0.6	0.2	2.0	165
35-54	6.5	4.0	10.4	293	8.0	5.2	12.0	295	7.6	4.6	12.5	278	3.8	2.0	7.3	264
55+	14.9	11.2	19.5	325	18.8	14.1	24.7	318	18.9	14.8	23.8	336	16.8	12.9	21.7	316
SEX and AGE																
Male																
18-34	*	*	*	*	0.0	0.0	0.0	59	0.0	0.0	0.0	51	0.0	0.0	0.0	61
35-54	7.9	4.1	14.8	115	6.9	3.2	13.9	108	8.6	4.2	16.7	116	4.7	1.9	10.9	114
55+	11.1	6.4	18.4	121	18.2	11.5	27.7	116	17.8	12.0	25.6	131	16.0	10.7	23.3	146
Female																
18-34	3.2	1.0	9.6	82	6.1	2.0	17.5	77	0.0	0.0	0.0	85	1.2	0.4	3.9	104
35-54	5.0	2.6	9.5	178	9.1	5.7	14.3	187	6.7	3.2	13.7	162	2.9	1.1	7.8	150
55+	18.3	13.2	24.8	204	19.4	13.3	27.4	202	19.8	14.5	26.4	205	17.6	12.3	24.6	170
INCOME																
Less than \$15,000	16.9	9.1	29.3	60	26.8	15.7	42.0	78	12.3	6.5	22.0	71	*	*	*	*
\$15,000 - \$24,999	12.1	6.2	22.4	83	11.8	7.0	19.1	139	10.6	6.0	18.1	123	4.3	2.1	8.8	110
\$25,000 - \$34,999	11.3	6.4	19.2	94	11.6	6.4	20.1	107	10.3	5.9	17.5	96	8.9	4.8	16.1	95
\$35,000 - \$49,999	5.1	2.4	10.5	109	4.9	1.9	11.9	146	7.3	3.8	13.3	123	7.8	4.3	13.8	138
\$50,000 - \$74,999	4.5	2.0	9.8	121	4.7	1.5	13.5	87	7.7	3.9	14.4	129	3.9	1.7	8.3	136
\$75,000+	2.6	1.2	5.5	204	7.0	3.1	15.1	93	8.6	4.5	15.7	121	4.6	2.3	8.9	149
EMPLOYMENT																
Employed	4.3	2.7	6.7	426	6.3	4.2	9.3	441	5.7	3.7	8.6	414	4.5	2.9	6.9	425
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	12.8	9.4	17.1	309	16.7	12.2	22.5	287	12.8	9.4	17.1	318	9.1	6.5	12.6	309
EDUCATION																
K-11th Grade	*	*	*	*	8.9	4.7	16.2	93	9.0	4.1	18.8	65	11.5	5.6	22.2	54
12th Grade or GED	8.8	5.7	13.5	185	11.5	7.5	17.4	245	7.8	5.1	11.8	259	5.4	3.1	9.1	198
Some College	9.4	6.2	14.0	226	11.2	7.5	16.5	233	8.8	5.8	13.2	246	7.9	5.3	11.8	243
College Graduate+	4.3	2.5	7.4	299	6.3	3.3	11.5	183	8.0	4.7	13.3	184	3.9	2.3	6.7	255

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Asthma

Idaho adults who were diagnosed and still had asthma, 2007

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	8.7	7.7 9.8	5,273	8.4	6.4 11.1	760	8.0	5.9 10.9	772	8.5	6.5 11.0	744
SEX												
Male	6.7	5.3 8.4	2,082	5.5	3.2 9.4	286	5.1	3.0 8.3	308	5.2	3.1 8.8	302
Female	10.8	9.4 12.3	3,191	11.3	8.2 15.3	474	11.0	7.5 16.0	464	11.7	8.7 15.5	442
AGE												
18-24	8.3	4.9 13.6	234	*	* *	*	*	* *	*	*	* *	*
25-34	11.0	8.1 14.7	708	9.0	4.4 17.7	85	11.1	6.3 19.0	90	10.5	5.9 17.8	121
35-44	6.6	5.0 8.6	831	9.0	4.6 16.8	113	6.5	3.4 12.2	106	7.7	4.2 13.9	117
45-54	8.0	6.3 10.1	1,092	7.9	4.3 14.1	163	5.4	2.3 12.0	158	7.6	4.1 13.6	138
55-64	8.7	6.8 11.1	1,024	7.8	4.2 14.2	148	8.5	4.9 14.1	172	14.2	8.3 23.1	131
65+	9.3	7.6 11.3	1,349	9.0	5.9 13.7	223	11.9	7.7 18.0	209	6.9	4.1 11.5	204
18-34	9.9	7.6 12.8	942	8.3	4.2 15.8	112	7.7	3.6 15.8	125	8.0	4.6 13.5	150
35-54	7.3	6.1 8.7	1,923	8.4	5.4 12.9	276	5.9	3.5 9.8	264	7.6	4.9 11.7	255
55+	9.0	7.7 10.5	2,373	8.4	5.9 12.0	371	10.4	7.4 14.4	381	10.2	6.9 14.8	335
SEX and AGE												
Male												
18-34	7.8	4.8 12.6	364	*	* *	*	2.3	0.6 9.0	53	4.1	1.3 12.3	60
35-54	5.1	3.6 7.1	749	5.8	2.2 14.1	99	2.2	0.3 13.8	93	3.6	1.4 9.3	105
55+	7.2	5.3 9.6	959	6.5	3.2 12.6	147	10.9	6.5 17.8	162	8.8	4.2 17.3	137
Female												
18-34	12.1	9.0 16.0	578	12.7	5.8 25.5	72	13.9	5.8 29.5	72	11.8	6.4 20.9	90
35-54	9.5	7.8 11.6	1,174	11.0	6.8 17.2	177	9.5	5.9 15.0	171	11.8	7.3 18.6	150
55+	10.7	9.0 12.7	1,414	10.3	6.9 15.3	224	9.9	6.4 15.2	219	11.5	7.4 17.3	198
INCOME												
Less than \$15,000	12.8	9.4 17.3	485	19.7	10.3 34.5	76	15.0	5.9 33.0	100	14.5	7.2 27.1	63
\$15,000 - \$24,999	8.6	6.6 11.1	844	4.6	2.3 9.1	132	8.6	4.9 14.4	136	9.8	5.3 17.4	126
\$25,000 - \$34,999	12.4	8.7 17.3	702	6.8	3.2 13.9	95	5.7	2.7 11.9	100	11.4	6.7 18.7	116
\$35,000 - \$49,999	6.4	4.7 8.5	884	7.0	3.5 13.5	123	8.7	4.5 16.1	118	6.5	2.9 14.1	132
\$50,000 - \$74,999	7.2	5.2 10.0	832	6.9	3.2 14.5	138	3.7	1.5 8.8	108	7.2	3.6 14.1	112
\$75,000+	7.8	5.7 10.5	913	10.0	4.5 20.8	109	5.6	2.8 10.8	124	8.5	4.1 17.0	114
EMPLOYMENT												
Employed	7.9	6.6 9.4	2,919	6.5	4.1 10.0	407	4.7	3.0 7.1	410	7.2	4.8 10.7	402
Unemployed	13.1	7.5 21.8	150	*	* *	*	*	* *	*	*	* *	*
Other**	9.9	8.4 11.6	2,189	11.7	8.2 16.5	324	10.4	7.4 14.4	338	10.6	7.5 14.8	314
EDUCATION												
K-11th Grade	8.7	6.0 12.6	462	*	* *	*	10.8	3.1 31.5	86	10.1	4.4 21.6	79
12th Grade or GED	8.7	6.9 11.0	1,648	7.7	4.6 12.6	254	8.3	5.3 12.7	241	7.8	4.9 12.3	269
Some College	9.7	7.9 11.9	1,660	7.7	5.0 11.6	274	10.6	6.8 16.2	216	9.2	5.9 14.1	227
College Graduate+	7.6	6.0 9.6	1,491	8.1	4.5 14.0	185	3.5	1.9 6.3	225	7.8	4.6 12.9	165

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Asthma

Idaho adults who were diagnosed and still had asthma, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	9.4	7.0	12.5	747	7.6	5.6	10.2	755	7.5	5.4	10.2	748	10.5	7.7	14.1	747
SEX																
Male	9.4	5.7	15.1	282	5.0	2.7	9.2	286	5.1	3.1	8.2	297	7.5	4.8	11.5	321
Female	9.4	6.8	12.7	465	10.2	7.2	14.1	469	9.8	6.5	14.4	451	13.3	8.8	19.6	426
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	14.6	8.2	24.7	94	5.7	2.6	12.3	99	8.4	4.2	15.9	100	9.4	5.0	16.9	119
35-44	4.7	2.3	9.3	132	5.8	2.8	11.8	113	3.0	1.2	7.4	126	11.4	6.7	18.9	124
45-54	7.4	4.1	13.1	160	8.4	5.2	13.2	183	6.3	3.3	11.5	151	12.6	7.6	20.2	139
55-64	8.0	4.2	14.6	162	6.4	3.2	12.4	118	8.6	5.0	14.3	151	7.8	4.5	13.3	142
65+	11.5	7.1	18.2	161	6.9	3.7	12.3	200	9.5	5.6	15.7	179	8.9	5.3	14.6	173
18-34	13.1	7.6	21.7	121	8.6	4.3	16.6	135	8.7	4.5	16.0	135	10.4	5.1	20.0	164
35-54	6.0	3.8	9.3	292	7.2	4.8	10.6	296	4.7	2.8	7.8	277	12.0	8.4	17.0	263
55+	9.7	6.6	14.1	323	6.6	4.2	10.3	318	9.1	6.2	13.1	330	8.4	5.7	12.1	315
SEX and AGE																
Male																
18-34	*	*	*	*	6.7	2.0	20.0	59	3.9	1.2	11.6	51	7.0	2.8	16.8	61
35-54	4.7	2.1	10.2	115	4.4	2.0	9.3	108	5.8	2.8	11.6	116	9.1	4.9	16.3	113
55+	8.0	3.8	16.0	121	4.1	1.4	11.1	117	5.7	2.7	11.6	129	6.3	3.3	11.7	146
Female																
18-34	10.5	5.5	19.2	81	10.8	4.6	23.3	76	13.5	6.3	26.5	84	13.6	5.3	30.8	103
35-54	7.3	4.2	12.3	177	10.1	6.3	15.7	188	3.6	1.7	7.3	161	15.0	9.6	22.8	150
55+	11.2	7.3	16.9	202	8.9	5.5	14.1	201	12.1	7.8	18.3	201	10.3	6.4	16.0	169
INCOME																
Less than \$15,000	9.0	3.9	19.4	60	17.1	8.1	32.6	77	6.5	3.2	12.7	69	*	*	*	*
\$15,000 - \$24,999	5.7	2.4	12.9	83	8.0	4.4	14.0	138	10.0	4.7	20.1	120	16.6	9.2	28.0	109
\$25,000 - \$34,999	21.8	11.4	37.6	94	8.8	4.3	17.2	107	13.0	7.1	22.7	95	6.3	2.6	14.4	95
\$35,000 - \$49,999	5.8	2.7	12.0	106	4.1	1.9	8.6	146	4.2	2.0	8.3	122	9.5	5.0	17.5	137
\$50,000 - \$74,999	10.1	5.2	18.6	121	3.8	1.5	9.6	88	4.8	2.0	11.0	129	7.1	3.9	12.5	136
\$75,000+	7.2	3.8	13.1	203	6.0	2.7	12.7	93	5.7	2.8	11.2	121	10.1	5.9	16.8	149
EMPLOYMENT																
Employed	9.9	6.7	14.4	423	7.1	4.8	10.6	442	7.0	4.5	10.8	411	8.7	6.1	12.3	424
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	7.7	5.1	11.4	307	8.8	5.4	14.1	286	7.5	5.0	11.1	313	13.8	8.3	22.1	307
EDUCATION																
K-11th Grade	*	*	*	*	6.6	3.2	13.2	93	5.6	2.3	13.2	63	13.9	6.4	27.6	54
12th Grade or GED	13.6	8.0	22.1	184	6.0	3.0	11.6	245	7.3	4.2	12.4	257	6.7	3.6	12.1	198
Some College	8.3	4.7	14.4	226	10.0	6.1	16.2	233	8.7	4.9	15.0	243	15.5	9.3	24.7	241
College Graduate+	8.6	5.4	13.5	296	7.4	4.4	12.0	183	6.7	3.8	11.5	183	7.1	4.5	11.0	254

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Arthritis

Idaho adults who had ever been told they had arthritis, 2007

	Public Health District															
	Statewide				District 1			District 2			District 3					
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	25.8	24.4	27.3	5,215	31.0	27.2	35.0	749	28.0	24.4	31.9	764	25.9	22.5	29.5	740
SEX																
Male	23.3	21.1	25.6	2,049	28.9	23.0	35.5	281	25.8	20.7	31.6	303	23.5	18.6	29.2	299
Female	28.3	26.5	30.2	3,166	33.1	28.6	38.0	468	30.3	25.4	35.6	461	28.2	23.9	32.9	441
AGE																
18-24	3.5	1.6	7.3	233	*	*	*	*	*	*	*	*	*	*	*	*
25-34	11.3	8.4	14.8	700	18.5	10.4	30.6	84	11.2	5.7	21.1	90	11.1	6.3	18.8	120
35-44	16.3	13.5	19.4	824	21.0	14.0	30.3	112	22.8	14.9	33.2	104	16.2	10.4	24.5	118
45-54	25.8	22.9	28.9	1,076	26.3	19.6	34.4	159	30.0	22.6	38.6	159	32.3	24.4	41.2	135
55-64	44.3	40.7	47.9	1,021	43.5	34.9	52.5	149	38.8	30.7	47.5	169	51.9	42.3	61.3	130
65+	56.7	53.5	59.8	1,327	58.0	50.4	65.2	216	60.4	53.0	67.3	205	50.9	43.4	58.3	203
18-34	8.1	6.1	10.6	933	15.4	8.6	25.9	111	6.8	3.3	13.6	125	6.6	3.6	11.6	150
35-54	21.0	19.0	23.3	1,900	23.9	18.8	29.8	271	26.8	21.1	33.2	263	23.8	18.8	29.8	253
55+	50.7	48.3	53.1	2,348	51.0	45.2	56.8	365	50.9	45.1	56.6	374	51.3	45.4	57.2	333
SEX and AGE																
Male																
18-34	10.1	6.9	14.6	358	*	*	*	*	7.0	2.8	16.4	52	8.7	4.0	17.9	61
35-54	17.1	14.3	20.4	738	17.5	10.8	27.0	97	24.1	16.0	34.8	93	21.2	14.4	30.2	102
55+	47.0	43.2	50.8	944	45.6	36.6	54.8	145	48.5	39.6	57.5	158	46.0	36.7	55.6	136
Female																
18-34	5.9	4.2	8.4	575	7.2	3.0	16.0	72	6.6	2.0	19.7	73	4.4	1.8	10.4	89
35-54	25.0	22.2	28.1	1,162	30.0	23.3	37.7	174	29.4	22.5	37.4	170	26.5	19.6	34.7	151
55+	54.1	51.0	57.1	1,404	56.1	48.9	63.1	220	53.1	45.7	60.3	216	55.9	48.4	63.2	197
INCOME																
Less than \$15,000	34.9	29.4	40.8	480	55.9	40.8	69.9	75	21.1	13.4	31.5	98	32.4	21.4	45.8	64
\$15,000 - \$24,999	30.7	26.8	34.9	835	41.2	31.2	52.1	130	33.8	24.8	44.2	134	36.0	26.0	47.2	125
\$25,000 - \$34,999	28.9	24.8	33.3	692	27.1	18.6	37.6	92	28.4	19.8	39.0	102	26.3	18.9	35.4	114
\$35,000 - \$49,999	23.7	20.6	27.0	879	28.6	20.8	38.0	122	29.5	21.0	39.6	116	25.8	18.4	35.0	130
\$50,000 - \$74,999	23.8	20.3	27.6	818	30.0	21.8	39.7	135	25.7	16.6	37.4	108	20.6	14.0	29.3	112
\$75,000+	21.2	18.2	24.6	908	20.4	12.2	32.1	108	27.7	19.9	37.2	123	26.4	18.3	36.5	113
EMPLOYMENT																
Employed	18.6	17.0	20.4	2,883	21.9	17.7	26.9	401	21.1	16.9	26.1	409	18.6	14.9	23.0	399
Unemployed	25.7	17.7	35.8	146	*	*	*	*	*	*	*	*	*	*	*	*
Other**	38.9	36.3	41.5	2,171	48.8	42.2	55.4	319	41.1	34.3	48.2	332	40.1	33.9	46.7	313
EDUCATION																
K-11th Grade	29.3	24.0	35.2	458	*	*	*	*	23.7	15.0	35.5	85	19.3	12.1	29.4	78
12th Grade or GED	26.9	24.4	29.7	1,630	33.8	27.2	41.2	252	31.0	24.4	38.4	240	25.4	20.0	31.5	269
Some College	26.1	23.6	28.7	1,640	28.5	22.8	34.9	267	25.7	19.7	32.8	214	33.6	26.9	41.0	226
College Graduate+	23.2	20.7	25.8	1,474	26.9	20.5	34.5	181	28.7	22.4	36.0	221	19.9	14.3	27.1	163

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Arthritis

Idaho adults who had ever been told they had arthritis, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	24.0	20.7	27.6	738	27.3	23.7	31.2	740	24.6	21.4	28.1	743	21.9	18.9	25.2	741
SEX																
Male	21.2	16.4	27.0	275	25.8	20.5	31.9	279	19.4	15.2	24.3	294	20.5	16.2	25.5	318
Female	26.7	22.7	31.2	463	28.8	24.3	33.7	461	29.6	25.0	34.5	449	23.3	19.2	27.9	423
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	11.0	5.6	20.2	94	9.8	4.6	19.7	96	7.0	3.1	15.3	100	9.9	5.4	17.6	116
35-44	16.7	11.0	24.5	132	13.9	8.2	22.6	110	14.3	9.2	21.5	124	9.6	5.5	16.3	124
45-54	20.2	14.3	27.8	156	26.7	19.9	34.7	180	26.7	19.7	35.2	148	26.0	19.1	34.3	139
55-64	41.0	33.0	49.5	160	45.5	35.8	55.6	117	49.1	40.8	57.5	153	41.5	33.0	50.5	143
65+	60.5	51.9	68.6	159	57.0	49.1	64.5	195	54.4	46.1	62.4	177	53.9	46.0	61.7	172
18-34	8.2	4.2	15.5	121	9.2	4.7	17.2	132	4.6	2.1	9.8	135	5.8	3.0	10.7	159
35-54	18.3	14.0	23.6	288	20.6	15.8	26.3	290	20.8	16.1	26.3	272	18.1	13.8	23.4	263
55+	50.4	44.4	56.5	319	51.8	45.5	58.0	312	51.9	46.0	57.7	330	47.9	42.0	53.8	315
SEX and AGE																
Male																
18-34	*	*	*	*	7.6	2.3	22.4	58	3.2	0.8	12.5	51	7.4	2.9	17.6	57
35-54	14.3	8.7	22.4	113	19.2	12.5	28.3	105	14.2	8.8	22.0	114	15.2	9.8	22.9	114
55+	47.1	37.6	56.9	117	53.2	43.3	62.8	114	44.5	35.7	53.6	128	44.8	36.3	53.6	146
Female																
18-34	5.1	2.0	12.5	81	11.0	5.2	21.7	74	6.0	2.4	14.4	84	4.3	2.0	9.0	102
35-54	22.5	16.6	29.9	175	22.0	16.0	29.4	185	27.4	20.5	35.6	158	21.1	15.0	28.8	149
55+	53.3	45.8	60.7	202	50.6	42.7	58.5	198	58.5	50.9	65.6	202	50.7	42.6	58.7	169
INCOME																
Less than \$15,000	31.6	19.5	46.8	58	43.1	29.4	57.9	77	39.6	26.3	54.8	68	*	*	*	*
\$15,000 - \$24,999	29.1	18.9	42.1	82	19.7	13.4	27.9	134	24.8	17.1	34.6	120	28.7	19.4	40.3	110
\$25,000 - \$34,999	30.5	20.5	42.8	94	29.5	20.9	39.9	104	36.6	27.0	47.5	94	23.5	15.6	33.8	92
\$35,000 - \$49,999	19.7	13.3	28.3	107	26.2	18.7	35.3	145	17.6	11.9	25.2	122	21.7	15.6	29.4	137
\$50,000 - \$74,999	22.9	15.2	33.1	117	22.7	14.7	33.4	87	22.7	16.0	31.1	128	22.5	16.0	30.7	131
\$75,000+	20.1	14.8	26.7	202	21.3	13.9	31.2	92	20.6	14.2	28.9	121	17.4	12.0	24.5	149
EMPLOYMENT																
Employed	17.3	13.7	21.7	419	18.6	14.9	23.0	432	17.3	13.8	21.6	406	17.5	13.9	21.7	417
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	37.5	31.6	43.8	304	40.2	33.4	47.3	283	37.4	31.2	44.0	313	28.6	23.0	35.0	307
EDUCATION																
K-11th Grade	*	*	*	*	24.6	15.6	36.7	91	35.5	23.0	50.4	62	36.2	22.8	52.2	53
12th Grade or GED	24.6	18.4	32.1	181	28.3	21.9	35.6	237	24.3	18.9	30.5	256	21.8	16.6	28.1	195
Some College	24.1	18.3	31.0	221	26.9	21.0	33.7	230	24.2	18.8	30.7	242	19.5	14.8	25.2	240
College Graduate+	22.0	17.3	27.6	294	28.0	21.5	35.7	181	21.1	15.9	27.5	181	21.3	16.4	27.1	253

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Cholesterol

Idaho adults ever told they had high cholesterol, among those screened, 2007

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	37.6	35.7	39.5	4,130	41.4	36.9	46.0	612	36.8	32.6	41.3	619	35.8	31.5	40.4	567
SEX																
Male	37.1	34.2	40.1	1,612	41.6	34.4	49.2	224	36.9	30.4	43.9	253	32.8	26.2	40.1	221
Female	38.0	35.7	40.4	2,518	41.2	35.9	46.7	388	36.7	31.5	42.3	366	38.4	33.0	44.2	346
AGE																
18-24	3.9	1.4	10.6	63	*	*	*	*	*	*	*	*	*	*	*	*
25-34	14.9	10.6	20.5	350	*	*	*	*	*	*	*	*	13.6	6.9	24.9	66
35-44	29.6	25.4	34.1	611	31.5	21.3	43.8	82	28.2	17.7	41.6	74	32.9	23.4	44.1	84
45-54	39.4	35.5	43.3	891	43.4	34.4	52.7	133	40.0	31.2	49.5	132	32.0	23.2	42.4	110
55-64	48.2	44.4	51.9	937	46.4	37.3	55.7	138	51.6	43.2	59.9	159	50.5	40.4	60.5	112
65+	56.6	53.4	59.8	1,245	59.8	52.2	66.8	209	44.1	36.7	51.6	197	54.8	46.9	62.4	184
18-34	12.0	8.6	16.4	413	*	*	*	*	11.1	4.1	26.7	55	10.9	5.4	20.6	73
35-54	34.7	31.9	37.7	1,502	38.3	31.4	45.8	215	35.1	28.1	42.8	206	32.5	25.8	40.0	194
55+	52.6	50.1	55.1	2,182	53.4	47.4	59.3	347	47.3	41.7	52.9	356	52.9	46.6	59.1	296
SEX and AGE																
Male																
18-34	10.4	5.9	17.7	161	*	*	*	*	*	*	*	*	*	*	*	*
35-54	36.1	31.6	40.9	555	37.4	26.3	50.1	73	35.2	24.2	48.1	72	35.7	24.9	48.1	70
55+	51.7	47.8	55.6	887	56.5	46.9	65.7	136	48.8	40.4	57.2	156	44.9	35.2	54.9	120
Female																
18-34	13.5	9.1	19.6	252	*	*	*	*	*	*	*	*	*	*	*	*
35-54	33.5	30.0	37.2	947	39.1	31.0	47.9	142	35.0	26.9	44.0	134	29.8	21.9	39.1	124
55+	53.4	50.3	56.5	1,295	50.5	43.3	57.7	211	45.9	38.5	53.4	200	59.7	51.7	67.1	176
INCOME																
Less than \$15,000	47.1	39.6	54.7	355	58.3	42.6	72.5	59	35.3	23.6	49.1	66	*	*	*	*
\$15,000 - \$24,999	39.8	35.0	44.8	626	36.1	26.4	47.0	103	33.1	23.0	45.0	113	49.5	38.2	60.8	97
\$25,000 - \$34,999	42.7	37.4	48.1	546	53.5	40.7	65.9	75	32.9	22.7	45.0	74	32.7	23.4	43.4	93
\$35,000 - \$49,999	35.5	31.3	40.0	695	38.4	28.1	50.0	97	38.3	28.0	49.8	94	34.6	24.9	45.7	99
\$50,000 - \$74,999	32.7	28.6	37.1	675	42.7	33.0	52.9	121	34.7	25.2	45.5	92	26.2	17.2	37.7	81
\$75,000+	33.8	29.8	38.0	780	32.5	22.9	43.8	89	37.4	28.1	47.8	114	30.2	21.2	41.1	97
EMPLOYMENT																
Employed	31.9	29.5	34.4	2,183	33.4	27.8	39.6	304	32.1	26.7	38.2	320	27.7	22.3	33.8	287
Unemployed	35.9	24.7	48.9	96	*	*	*	*	*	*	*	*	*	*	*	*
Other**	46.9	44.0	49.8	1,839	52.8	45.8	59.7	290	42.5	35.9	49.4	285	49.8	43.1	56.4	261
EDUCATION																
K-11th Grade	42.6	34.9	50.6	277	*	*	*	*	41.0	27.4	56.3	52	*	*	*	*
12th Grade or GED	41.2	37.7	44.8	1,233	45.8	37.9	53.9	198	39.2	31.7	47.3	185	35.5	28.2	43.6	200
Some College	35.4	32.3	38.5	1,332	38.6	31.4	46.4	218	35.7	28.0	44.2	178	33.6	26.7	41.3	183
College Graduate+	35.6	32.4	39.0	1,278	35.0	27.4	43.5	163	34.4	27.1	42.6	200	35.5	27.1	44.9	132

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Cholesterol

Idaho adults ever told they had high cholesterol, among those screened, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	37.5	33.2	41.9	631	36.4	31.8	41.1	560	37.7	33.2	42.3	575	36.6	32.2	41.3	566
SEX																
Male	36.2	29.7	43.4	234	37.8	30.5	45.7	199	36.9	30.3	44.0	229	38.3	31.6	45.5	252
Female	38.6	33.4	44.2	397	35.1	29.7	41.0	361	38.4	32.6	44.5	346	34.9	29.4	40.7	314
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	17.8	9.3	31.4	54	*	*	*	*	*	*	*	*	10.9	4.4	24.5	56
35-44	28.3	20.2	38.2	106	26.0	16.8	38.0	83	29.3	19.9	40.9	87	31.0	22.0	41.8	95
45-54	41.7	32.9	51.1	137	38.2	29.3	47.9	139	33.1	24.8	42.6	128	43.8	34.0	54.0	112
55-64	45.9	37.6	54.4	155	50.3	39.8	60.9	102	55.6	46.7	64.1	137	42.7	34.0	51.9	134
65+	63.7	55.0	71.5	157	48.5	40.4	56.8	183	63.3	54.9	70.9	162	52.4	44.1	60.7	153
18-34	14.3	7.5	25.5	66	*	*	*	*	8.6	3.6	19.1	56	12.6	5.7	25.6	67
35-54	34.9	28.6	41.7	243	32.2	25.5	39.8	222	31.5	25.1	38.7	215	37.8	30.9	45.2	207
55+	54.5	48.4	60.5	312	49.3	42.8	55.9	285	59.6	53.5	65.4	299	47.6	41.4	53.8	287
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-54	34.1	24.7	45.0	90	34.0	23.3	46.7	74	33.4	23.7	44.7	86	44.7	34.1	55.7	90
55+	54.2	44.4	63.6	117	51.1	40.8	61.3	105	54.0	44.6	63.1	118	47.9	39.0	56.9	135
Female																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-54	35.5	27.8	44.1	153	30.7	23.0	39.7	148	29.8	21.8	39.1	129	30.5	22.4	40.0	117
55+	54.9	47.2	62.3	195	47.8	39.6	56.1	180	64.9	57.2	71.9	181	47.3	38.9	55.8	152
INCOME																
Less than \$15,000	48.8	31.2	66.8	51	50.9	35.3	66.3	61	*	*	*	*	*	*	*	*
\$15,000 - \$24,999	47.3	32.8	62.4	64	34.9	23.9	47.9	87	36.9	25.6	49.9	94	30.5	19.4	44.4	68
\$25,000 - \$34,999	46.3	32.9	60.3	76	35.5	25.0	47.6	83	46.2	34.1	58.7	74	45.4	32.3	59.1	71
\$35,000 - \$49,999	36.0	25.7	47.7	92	29.6	20.4	40.8	102	34.7	25.3	45.5	97	37.5	28.3	47.7	114
\$50,000 - \$74,999	24.6	16.7	34.7	104	37.6	25.8	51.1	71	38.5	28.7	49.4	100	35.3	26.2	45.6	106
\$75,000+	34.6	27.2	42.8	178	37.5	26.7	49.6	78	31.2	22.7	41.1	102	34.0	25.4	43.9	122
EMPLOYMENT																
Employed	31.8	26.5	37.6	342	31.8	26.1	38.1	305	33.2	27.6	39.2	309	34.3	28.7	40.4	316
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	47.0	40.2	53.9	275	44.0	36.5	51.7	239	47.0	39.5	54.6	252	40.3	33.2	47.8	237
EDUCATION																
K-11th Grade	*	*	*	*	40.6	27.2	55.5	51	*	*	*	*	*	*	*	*
12th Grade or GED	45.0	35.2	55.2	144	43.3	34.5	52.5	165	36.3	28.9	44.4	194	40.1	31.5	49.4	147
Some College	31.2	24.6	38.8	196	33.8	26.5	42.1	184	39.6	32.0	47.7	189	40.5	32.7	48.8	184
College Graduate+	37.9	31.6	44.7	268	30.2	22.9	38.7	159	37.5	29.5	46.2	151	32.3	25.5	40.0	205

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Blood Pressure

Idaho adults who were ever told they had high blood pressure, 2007

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	25.9	24.5	27.4	5,304	26.0	22.7	29.6	768	29.7	25.8	33.9	776	25.9	22.5	29.5	749
SEX																
Male	26.0	23.7	28.4	2,093	27.5	22.2	33.4	287	31.8	25.9	38.3	312	24.3	19.4	30.0	305
Female	25.9	24.1	27.7	3,211	24.5	20.6	28.9	481	27.5	22.7	32.9	464	27.4	23.0	32.2	444
AGE																
18-24	8.1	4.8	13.4	236	*	*	*	*	*	*	*	*	*	*	*	*
25-34	8.4	6.0	11.6	713	7.9	3.7	15.8	86	13.7	7.4	23.9	91	8.2	4.2	15.4	122
35-44	17.5	14.6	20.9	834	15.0	8.7	24.7	114	26.9	18.0	38.1	106	15.5	9.9	23.4	119
45-54	26.3	23.3	29.6	1,098	24.3	17.8	32.2	165	24.6	17.7	33.0	160	27.9	20.3	36.9	138
55-64	41.2	37.7	44.8	1,034	38.4	30.1	47.5	151	47.9	39.2	56.8	173	49.1	39.7	58.6	131
65+	58.0	54.8	61.0	1,354	58.3	51.1	65.1	224	49.6	42.2	56.9	209	58.3	50.9	65.4	205
18-34	8.3	6.2	11.0	949	5.0	2.5	10.0	113	14.2	8.2	23.5	126	6.3	3.2	12.2	152
35-54	22.0	19.8	24.3	1,932	20.0	15.2	25.9	279	25.6	19.9	32.3	266	21.4	16.5	27.3	257
55+	50.0	47.6	52.4	2,388	48.8	43.2	54.5	375	48.8	43.2	54.5	382	54.1	48.2	60.0	336
SEX and AGE																
Male																
18-34	9.0	5.9	13.7	366	*	*	*	*	18.3	9.7	31.9	53	5.5	2.0	14.2	62
35-54	24.1	20.8	27.8	754	24.5	16.6	34.8	100	27.1	18.1	38.5	96	24.5	17.1	33.9	105
55+	48.4	44.7	52.2	963	51.9	42.8	60.9	147	51.3	42.4	60.1	163	48.6	39.3	57.9	138
Female																
18-34	7.4	5.1	10.6	583	8.0	3.6	17.1	73	9.6	3.2	25.4	73	7.2	2.8	17.3	90
35-54	19.7	17.1	22.6	1,178	15.6	10.9	21.9	179	24.1	17.8	31.6	170	18.2	12.6	25.8	152
55+	51.4	48.4	54.4	1,425	46.0	39.2	53.1	228	46.6	39.4	53.8	219	59.0	51.6	66.0	198
INCOME																
Less than \$15,000	32.7	27.4	38.4	490	43.0	29.8	57.4	77	27.0	17.6	38.9	100	29.1	18.7	42.2	64
\$15,000 - \$24,999	30.6	26.7	34.7	847	30.1	22.1	39.5	132	37.0	27.0	48.1	136	33.2	23.8	44.2	126
\$25,000 - \$34,999	28.0	24.3	32.1	705	30.4	21.5	41.0	96	26.6	18.3	36.9	101	26.4	18.9	35.6	116
\$35,000 - \$49,999	26.3	22.8	30.1	892	22.4	15.6	31.1	125	27.1	19.2	36.9	119	24.2	17.0	33.2	132
\$50,000 - \$74,999	23.8	20.0	28.0	835	24.4	17.0	33.8	138	24.1	16.3	34.2	109	24.2	16.7	33.7	114
\$75,000+	19.2	16.4	22.4	914	18.2	11.5	27.4	110	28.6	19.9	39.3	124	22.0	15.1	30.9	114
EMPLOYMENT																
Employed	20.0	18.2	21.9	2,929	17.0	13.4	21.3	410	25.3	20.3	30.9	411	18.6	14.9	23.1	404
Unemployed	23.8	16.3	33.3	149	*	*	*	*	*	*	*	*	*	*	*	*
Other**	36.9	34.5	39.5	2,210	43.7	37.4	50.2	329	37.3	30.9	44.2	342	38.9	32.8	45.3	317
EDUCATION																
K-11th Grade	23.3	19.2	28.1	467	*	*	*	*	23.0	14.4	34.8	86	21.7	12.9	34.1	80
12th Grade or GED	28.3	25.5	31.3	1,657	26.5	21.0	32.9	257	34.2	27.1	42.1	245	26.3	20.6	32.8	271
Some College	26.6	24.2	29.2	1,672	24.9	19.6	30.9	277	26.9	20.2	34.7	216	27.0	21.3	33.6	229
College Graduate+	23.4	20.8	26.1	1,495	25.2	18.8	32.9	185	29.8	23.1	37.6	225	26.1	19.6	33.8	165

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Blood Pressure

Idaho adults who were ever told they had high blood pressure, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	26.7	23.1	30.6	751	25.8	22.5	29.5	755	24.2	21.1	27.6	753	23.4	20.0	27.1	752
SEX																
Male	27.1	21.5	33.4	283	23.2	18.4	28.7	285	24.3	19.6	29.6	299	24.2	19.3	30.0	322
Female	26.3	22.2	30.9	468	28.5	24.1	33.3	470	24.1	20.2	28.5	454	22.6	18.3	27.5	430
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	8.2	3.6	17.3	95	11.0	5.7	20.2	99	4.9	2.2	10.6	100	7.7	3.3	16.7	120
35-44	20.1	13.9	28.3	133	16.3	10.3	25.0	112	17.0	11.1	25.1	126	12.6	7.6	20.2	124
45-54	29.7	22.5	38.2	160	25.9	19.4	33.6	183	24.1	17.3	32.6	152	22.6	16.2	30.7	140
55-64	41.2	33.2	49.7	162	36.7	27.7	46.8	119	40.8	32.9	49.2	154	36.0	28.1	44.7	144
65+	60.1	51.4	68.1	162	56.5	48.7	64.1	200	61.6	53.2	69.4	180	57.5	49.6	65.0	174
18-34	9.7	4.8	18.8	122	7.4	4.0	13.3	136	4.0	1.9	8.3	135	11.3	6.4	19.1	165
35-54	24.6	19.6	30.4	293	21.3	16.6	26.9	295	20.7	16.0	26.5	278	17.8	13.5	23.2	264
55+	50.4	44.4	56.3	324	47.6	41.5	53.8	319	51.9	46.0	57.7	334	47.0	41.2	52.9	318
SEX and AGE																
Male																
18-34	*	*	*	*	7.3	3.1	16.6	59	2.3	0.6	9.1	51	15.9	8.1	28.8	61
35-54	26.9	19.4	35.9	115	19.7	13.0	28.6	108	23.8	16.5	33.0	116	18.9	12.7	27.2	114
55+	48.2	38.8	57.7	121	43.4	34.0	53.3	117	52.1	43.2	61.0	131	43.2	34.8	51.9	146
Female																
18-34	7.7	3.2	17.1	82	7.5	3.2	16.7	77	5.8	2.4	13.1	84	6.9	2.4	18.4	104
35-54	22.3	16.2	29.8	178	23.0	17.0	30.3	187	17.7	12.1	25.2	162	16.8	11.3	24.3	150
55+	52.3	44.8	59.7	203	51.3	43.5	59.1	202	51.6	44.0	59.1	203	50.5	42.5	58.5	172
INCOME																
Less than \$15,000	32.9	20.7	48.0	60	33.1	21.2	47.6	78	38.7	25.9	53.3	71	*	*	*	*
\$15,000 - \$24,999	30.6	20.0	43.9	82	28.2	20.4	37.6	139	22.9	16.0	31.8	121	33.0	22.3	45.8	111
\$25,000 - \$34,999	26.4	17.8	37.3	94	33.0	24.0	43.4	107	33.8	24.7	44.3	96	21.9	14.0	32.4	95
\$35,000 - \$49,999	32.2	22.4	43.8	109	26.1	18.9	34.9	146	25.4	18.4	33.9	123	23.5	16.8	31.7	138
\$50,000 - \$74,999	28.1	18.9	39.7	121	17.3	10.5	27.0	88	18.7	12.7	26.7	129	20.9	14.2	29.6	136
\$75,000+	19.7	14.6	26.0	204	15.1	9.0	24.4	92	17.4	11.1	26.2	121	15.2	10.3	21.8	149
EMPLOYMENT																
Employed	21.7	17.4	26.8	426	19.3	15.6	23.7	440	18.1	14.6	22.3	413	20.4	16.3	25.3	425
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	36.0	30.2	42.2	308	40.9	34.1	47.9	288	35.9	29.9	42.4	316	27.0	21.6	33.2	310
EDUCATION																
K-11th Grade	*	*	*	*	26.4	18.3	36.6	93	23.2	14.2	35.7	65	35.5	22.3	51.3	54
12th Grade or GED	31.1	23.0	40.4	184	28.0	21.9	35.0	245	24.1	19.1	30.0	257	29.9	22.7	38.2	198
Some College	30.4	24.2	37.5	226	26.7	20.9	33.4	234	25.1	19.7	31.5	245	22.4	17.0	29.0	245
College Graduate+	23.9	18.9	29.7	299	20.7	15.2	27.6	182	23.3	17.6	30.0	184	16.9	12.6	22.2	255

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Fruit and Vegetable Consumption

Idaho adults who did not consume five or more servings of fruits and vegetables a day, 2007

	Statewide				Public Health District											
					District 1			District 2			District 3					
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	77.7	76.2	79.2	5,201	74.8	70.7	78.6	747	77.9	73.6	81.7	762	82.0	78.5	85.1	736
SEX																
Male	83.7	81.5	85.7	2,044	78.3	71.2	84.1	277	82.2	75.5	87.4	303	85.8	80.2	90.0	297
Female	71.8	69.7	73.8	3,157	71.4	66.5	75.9	470	73.6	67.6	78.8	459	78.4	73.7	82.5	439
AGE																
18-24	79.7	73.4	84.8	233	*	*	*	*	*	*	*	*	*	*	*	*
25-34	81.1	77.1	84.6	698	79.6	68.4	87.6	84	77.5	66.1	85.9	90	82.9	73.8	89.3	118
35-44	80.6	77.2	83.7	825	80.8	72.0	87.3	114	88.1	80.9	92.8	103	81.7	73.3	87.9	118
45-54	77.5	74.3	80.3	1,072	80.8	73.3	86.5	156	77.4	69.1	84.0	159	83.8	75.4	89.7	134
55-64	76.2	73.0	79.1	1,018	71.1	62.5	78.4	148	77.2	69.4	83.5	168	79.6	71.0	86.1	129
65+	70.9	67.9	73.7	1,323	70.3	62.9	76.7	216	72.4	65.3	78.5	205	73.9	66.8	79.9	203
18-34	80.5	77.1	83.6	931	72.3	60.8	81.5	111	77.2	65.9	85.6	125	85.9	78.1	91.3	148
35-54	79.0	76.8	81.2	1,897	80.8	75.3	85.3	270	82.2	76.7	86.7	262	82.7	77.0	87.2	252
55+	73.4	71.3	75.5	2,341	70.7	65.1	75.7	364	74.5	69.4	79.0	373	76.5	71.1	81.1	332
SEX and AGE																
Male																
18-34	84.6	79.5	88.6	356	*	*	*	*	77.5	61.0	88.3	52	89.0	74.5	95.7	59
35-54	85.0	81.7	87.8	739	88.1	79.5	93.4	97	87.5	78.4	93.1	93	85.4	76.5	91.3	102
55+	80.9	77.7	83.7	941	75.5	66.3	82.8	141	82.3	74.9	87.8	158	82.2	74.1	88.2	136
Female																
18-34	76.2	71.5	80.4	575	75.6	62.5	85.2	72	77.0	60.1	88.1	73	82.8	72.8	89.7	89
35-54	73.0	69.8	76.0	1,158	73.6	66.0	80.1	173	77.0	69.5	83.0	169	80.0	71.9	86.2	150
55+	66.8	63.9	69.6	1,400	66.3	59.3	72.6	223	67.3	60.1	73.8	215	71.5	64.2	77.9	196
INCOME																
Less than \$15,000	79.7	74.5	84.1	483	78.8	65.8	87.8	76	86.5	77.6	92.2	99	72.1	57.3	83.3	64
\$15,000 - \$24,999	77.2	72.8	81.1	835	74.8	63.2	83.6	131	76.2	64.7	84.9	132	82.2	73.4	88.6	125
\$25,000 - \$34,999	81.9	78.0	85.1	693	80.6	69.1	88.5	91	82.6	72.1	89.8	102	88.1	80.3	93.1	114
\$35,000 - \$49,999	76.2	72.3	79.7	874	73.4	63.4	81.5	121	83.7	75.6	89.4	116	82.7	73.1	89.3	128
\$50,000 - \$74,999	78.3	74.6	81.6	816	75.5	65.9	83.1	134	76.6	65.0	85.3	109	81.6	72.3	88.3	111
\$75,000+	74.7	71.0	78.1	903	71.3	59.7	80.6	107	66.8	54.7	77.0	123	81.6	72.9	88.0	112
EMPLOYMENT																
Employed	80.3	78.4	82.1	2,871	77.2	71.9	81.8	397	81.5	76.5	85.7	407	86.1	81.8	89.4	395
Unemployed	74.4	63.8	82.7	146	*	*	*	*	*	*	*	*	*	*	*	*
Other**	73.4	70.8	75.8	2,170	72.4	65.7	78.2	321	71.4	63.4	78.3	334	74.9	68.3	80.6	313
EDUCATION																
K-11th Grade	84.2	79.2	88.2	456	*	*	*	*	80.1	62.4	90.7	86	86.6	76.3	92.9	78
12th Grade or GED	84.4	81.9	86.5	1,626	85.1	78.1	90.1	249	85.2	79.3	89.6	241	88.8	82.9	92.8	267
Some College	73.5	70.5	76.4	1,637	69.6	62.0	76.2	267	75.3	65.1	83.2	212	76.4	69.2	82.3	226
College Graduate+	72.6	69.7	75.4	1,471	67.7	59.6	74.8	182	70.5	62.7	77.4	220	74.4	66.5	81.0	161

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Fruit and Vegetable Consumption

Idaho adults who did not consume five or more servings of fruits and vegetables a day, 2007

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	76.6	72.9	80.0	736	77.4	73.4	80.9	741	77.2	73.0	80.9	741	78.9	75.4	82.1	738
SEX																
Male	86.2	81.0	90.1	275	86.0	80.0	90.4	278	80.6	73.9	85.9	296	83.5	78.3	87.7	318
Female	66.9	61.7	71.8	461	68.8	63.4	73.8	463	73.9	68.5	78.7	445	74.5	69.4	79.1	420
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	80.4	70.6	87.6	93	79.8	70.1	87.0	97	84.8	76.0	90.7	100	82.2	73.5	88.5	116
35-44	79.3	70.8	85.8	131	83.0	74.1	89.2	111	79.5	71.2	85.9	124	77.5	68.8	84.3	124
45-54	73.0	64.8	79.8	157	79.2	71.8	85.1	179	73.0	64.3	80.2	148	78.0	69.7	84.5	139
55-64	74.3	66.5	80.9	160	80.2	71.3	86.9	117	81.1	73.8	86.8	153	74.1	65.8	81.0	143
65+	71.3	63.0	78.3	159	65.2	57.0	72.6	195	72.9	65.0	79.5	176	70.5	62.7	77.3	169
18-34	81.1	72.6	87.3	120	78.9	69.0	86.3	133	78.8	68.6	86.3	135	85.1	77.9	90.2	159
35-54	76.3	70.6	81.2	288	81.0	75.5	85.6	290	76.1	70.2	81.2	272	77.7	71.9	82.6	263
55+	72.8	67.3	77.8	319	72.0	65.9	77.4	312	76.8	71.5	81.3	329	72.3	66.7	77.3	312
SEX and AGE																
Male																
18-34	*	*	*	*	87.4	70.0	95.4	58	78.2	61.3	89.0	51	86.3	74.4	93.2	57
35-54	84.2	75.4	90.2	113	88.6	80.3	93.7	104	79.7	71.0	86.4	116	82.3	73.5	88.6	114
55+	81.5	72.9	87.9	118	81.1	72.2	87.6	114	84.3	76.8	89.7	128	81.2	73.7	87.0	146
Female																
18-34	69.4	57.1	79.4	80	69.3	56.2	79.9	75	79.4	66.5	88.2	84	83.9	74.0	90.5	102
35-54	68.1	60.3	75.1	175	73.3	65.4	80.0	186	72.4	64.1	79.5	156	73.1	64.9	80.0	149
55+	65.3	57.8	72.1	201	64.1	55.9	71.6	198	70.1	62.5	76.7	201	63.9	55.7	71.4	166
INCOME																
Less than \$15,000	83.9	69.2	92.4	59	70.2	54.9	82.0	77	75.5	58.0	87.2	68	*	*	*	*
\$15,000 - \$24,999	76.7	62.2	86.9	82	73.6	61.3	83.1	135	78.5	65.6	87.5	121	78.2	66.3	86.7	109
\$25,000 - \$34,999	84.3	74.1	91.0	94	74.5	64.3	82.6	105	82.9	74.0	89.2	95	75.2	62.5	84.7	92
\$35,000 - \$49,999	65.6	54.0	75.6	107	82.2	74.0	88.2	144	80.5	71.1	87.4	121	76.5	67.6	83.5	137
\$50,000 - \$74,999	80.2	71.4	86.8	117	77.3	65.9	85.6	87	76.6	66.5	84.4	128	76.5	68.0	83.3	130
\$75,000+	73.2	65.8	79.5	201	79.0	68.6	86.6	91	70.9	59.7	79.9	120	79.6	72.0	85.6	149
EMPLOYMENT																
Employed	79.8	75.0	83.9	417	81.9	77.5	85.6	432	77.0	71.4	81.8	406	78.6	73.8	82.7	417
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	70.9	64.7	76.5	304	69.4	61.6	76.1	283	76.2	69.2	82.0	311	79.5	73.7	84.3	304
EDUCATION																
K-11th Grade	*	*	*	*	87.7	79.1	93.0	89	75.0	53.6	88.6	61	83.0	66.3	92.4	53
12th Grade or GED	85.4	79.1	90.0	181	78.5	71.4	84.2	239	80.0	72.1	86.1	255	85.1	78.5	90.0	194
Some College	68.1	59.9	75.3	220	77.0	68.7	83.7	231	77.4	70.6	83.0	242	78.1	71.5	83.5	239
College Graduate+	73.8	67.9	79.0	294	69.9	62.1	76.7	181	73.3	65.9	79.6	181	74.5	67.8	80.2	252

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Physical Activity

Idaho adults who did not participate in leisure time physical activity, 2007

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	19.6	18.2 21.0	5,304	18.1	15.2 21.3	769	20.7	17.3 24.6	777	23.2	19.7 27.2	748
SEX												
Male	18.7	16.6 21.0	2,091	19.0	14.4 24.5	286	16.9	12.6 22.3	311	21.0	15.8 27.2	305
Female	20.4	18.8 22.1	3,213	17.2	14.0 21.0	483	24.6	19.6 30.3	466	25.4	20.8 30.6	443
AGE												
18-24	11.0	7.4 16.1	236	*	*	*	*	*	*	*	*	*
25-34	15.4	12.1 19.5	714	12.1	6.2 22.2	86	15.0	8.4 25.1	91	21.3	14.6 29.9	122
35-44	16.3	13.5 19.6	836	20.9	13.7 30.6	114	14.7	8.9 23.1	107	17.4	10.9 26.6	119
45-54	20.9	18.2 24.0	1,095	15.8	10.4 23.1	165	21.7	15.4 29.8	159	21.0	14.5 29.3	138
55-64	26.2	23.1 29.6	1,032	21.4	15.0 29.5	151	29.9	21.4 40.0	172	36.1	27.3 46.0	131
65+	28.2	25.5 31.1	1,355	31.9	25.4 39.1	224	32.6	25.9 40.0	211	29.0	22.5 36.5	204
18-34	13.6	11.0 16.7	950	6.9	3.5 13.2	113	11.9	6.4 21.1	126	19.9	13.2 28.8	152
35-54	18.6	16.6 20.8	1,931	18.1	13.5 23.9	279	18.5	14.0 24.2	266	19.1	14.3 25.1	257
55+	27.3	25.2 29.5	2,387	26.9	22.1 32.2	375	31.4	26.0 37.3	383	32.2	26.7 38.2	335
SEX and AGE												
Male												
18-34	11.7	8.0 16.9	366	*	*	*	8.7	3.8 18.5	53	16.3	7.7 31.1	62
35-54	19.5	16.3 23.1	753	19.8	12.5 29.9	100	13.7	7.9 22.5	95	15.3	9.3 24.1	105
55+	26.0	22.8 29.5	962	28.9	21.4 37.8	146	29.2	20.9 39.2	163	34.7	26.0 44.5	138
Female												
18-34	15.6	12.5 19.5	584	7.7	3.6 15.5	73	15.7	6.6 32.9	73	23.7	14.9 35.4	90
35-54	17.8	15.4 20.4	1,178	16.6	11.7 23.0	179	23.4	17.1 31.2	171	23.1	16.3 31.7	152
55+	28.4	25.8 31.2	1,425	25.0	19.5 31.4	229	33.4	26.8 40.7	220	30.0	23.5 37.5	197
INCOME												
Less than \$15,000	37.6	31.5 44.0	490	41.0	27.9 55.4	77	34.3	20.9 50.8	100	47.7	33.3 62.4	64
\$15,000 - \$24,999	28.2	24.0 32.9	851	26.1	18.3 35.7	133	26.4	18.6 36.0	137	27.0	18.5 37.6	126
\$25,000 - \$34,999	22.2	18.4 26.6	706	20.5	12.6 31.6	96	17.4	10.8 26.8	102	28.5	20.2 38.5	116
\$35,000 - \$49,999	17.4	14.4 20.8	891	11.6	7.4 17.9	125	15.5	10.0 23.2	120	26.3	17.0 38.3	131
\$50,000 - \$74,999	11.9	9.5 14.7	832	16.3	10.2 25.0	137	13.8	6.7 26.2	108	14.5	9.2 22.0	114
\$75,000+	10.6	8.4 13.3	913	7.6	3.9 14.1	110	12.3	7.1 20.5	123	12.3	7.0 20.7	114
EMPLOYMENT												
Employed	17.2	15.5 19.1	2,927	10.3	7.5 14.1	410	15.4	11.5 20.3	411	22.4	17.7 27.8	404
Unemployed	22.7	15.5 32.0	150	*	*	*	*	*	*	*	*	*
Other**	23.5	21.4 25.7	2,211	33.2	27.5 39.4	330	27.1	21.8 33.1	342	25.2	19.8 31.5	316
EDUCATION												
K-11th Grade	40.9	34.6 47.5	465	*	*	*	38.3	24.4 54.4	87	40.3	28.2 53.7	80
12th Grade or GED	23.6	21.0 26.5	1,660	20.4	15.5 26.3	257	24.3	18.4 31.3	246	23.2	17.0 30.8	271
Some College	17.0	15.0 19.3	1,674	18.2	13.5 24.0	278	16.3	11.5 22.4	217	21.3	15.9 27.9	228
College Graduate+	10.3	8.6 12.3	1,492	9.5	6.0 14.9	186	11.1	7.4 16.4	223	14.7	10.0 21.0	165

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Physical Activity

Idaho adults who did not participate in leisure time physical activity, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	16.4	13.3	19.9	752	24.4	20.8	28.3	755	21.5	18.3	25.1	751	16.9	14.0	20.3	752
SEX																
Male	17.4	12.6	23.6	283	22.2	17.0	28.5	285	20.2	15.7	25.5	299	14.8	10.9	19.9	322
Female	15.3	12.1	19.2	469	26.5	22.0	31.6	470	22.8	18.5	27.7	452	18.9	14.9	23.6	430
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	11.7	5.4	23.4	95	18.5	11.7	28.2	99	13.5	7.8	22.5	101	21.3	14.0	30.9	120
35-44	12.9	7.7	20.7	133	19.4	13.0	28.1	113	21.6	14.8	30.5	126	11.7	7.0	18.8	124
45-54	21.8	15.5	29.8	160	29.4	22.1	37.8	182	22.2	16.0	30.0	151	15.8	10.4	23.5	140
55-64	21.7	15.4	29.7	162	30.0	21.7	39.8	119	32.2	24.8	40.6	153	19.5	13.0	28.2	144
65+	22.9	16.4	31.0	163	26.5	20.4	33.6	200	30.1	23.1	38.2	179	29.5	22.8	37.2	174
18-34	11.1	5.8	20.2	122	20.5	13.3	30.3	136	12.3	7.4	19.7	136	14.0	9.1	21.1	165
35-54	17.1	12.8	22.4	293	24.6	19.5	30.5	295	21.9	17.1	27.6	277	13.8	10.0	18.8	264
55+	22.3	17.6	27.8	325	28.1	22.9	33.9	319	31.1	25.9	36.8	332	24.6	19.7	30.2	318
SEX and AGE																
Male																
18-34	*	*	*	*	19.3	9.6	35.0	59	7.1	2.7	17.5	51	13.7	7.0	25.0	61
35-54	22.5	15.4	31.6	115	26.7	18.7	36.5	108	21.6	14.7	30.6	116	10.9	6.3	18.3	114
55+	19.4	12.6	28.7	121	20.1	13.5	28.8	117	32.9	24.9	42.0	131	21.8	15.1	30.5	146
Female																
18-34	11.9	6.4	20.9	82	21.9	12.7	35.0	77	17.5	9.8	29.3	85	14.4	8.1	24.2	104
35-54	11.4	7.3	17.3	178	22.4	16.6	29.4	187	22.2	16.1	29.8	161	16.8	11.3	24.3	150
55+	24.9	18.9	32.0	204	35.0	27.9	42.9	202	29.4	23.1	36.7	201	27.1	20.6	34.9	172
INCOME																
Less than \$15,000	40.2	25.6	56.7	60	39.4	25.6	55.2	78	30.9	19.7	44.9	71	*	*	*	*
\$15,000 - \$24,999	27.1	14.5	44.8	83	32.4	23.2	43.3	139	31.1	21.4	42.8	122	27.8	18.3	39.9	111
\$25,000 - \$34,999	18.0	9.8	30.9	94	25.6	17.3	36.3	107	25.1	16.9	35.6	96	22.8	13.9	34.9	95
\$35,000 - \$49,999	18.4	11.9	27.4	109	18.3	12.3	26.3	146	17.0	11.0	25.5	122	10.6	6.6	16.6	138
\$50,000 - \$74,999	7.0	3.4	14.1	121	15.8	8.5	27.5	88	15.0	9.5	22.7	128	8.9	5.2	14.8	136
\$75,000+	10.0	6.2	16.0	204	11.9	6.6	20.5	93	12.1	7.5	19.1	120	11.1	6.7	17.9	149
EMPLOYMENT																
Employed	16.0	12.0	20.9	426	24.4	19.8	29.7	440	17.9	14.3	22.3	411	15.5	11.9	19.8	425
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	17.1	13.0	22.2	309	24.9	19.7	30.9	288	27.8	22.1	34.3	316	17.0	12.9	22.0	310
EDUCATION																
K-11th Grade	*	*	*	*	52.2	40.2	63.9	92	39.0	25.5	54.5	64	45.5	30.8	61.1	54
12th Grade or GED	24.2	17.5	32.5	185	25.7	19.2	33.5	245	24.8	19.1	31.5	258	23.7	17.1	32.0	198
Some College	13.9	9.5	19.8	226	20.2	15.0	26.8	234	18.4	13.4	24.7	246	13.1	9.4	18.0	245
College Graduate+	8.7	5.7	13.0	299	10.9	7.2	16.2	183	13.6	9.3	19.5	181	9.4	6.2	13.9	255

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Overweight

Idaho adults who were overweight (BMI ≥ 25), 2007

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	63.1	61.2	64.9	5,042	60.8	56.3	65.2	735	64.6	59.5	69.4	741	67.1	62.3	71.6	713
SEX																
Male	70.3	67.4	73.1	2,060	69.0	61.8	75.4	286	71.7	64.1	78.3	305	72.4	64.7	78.9	301
Female	55.5	53.1	57.8	2,982	52.3	46.7	57.8	449	57.1	50.3	63.7	436	61.6	55.6	67.3	412
AGE																
18-24	45.6	38.0	53.4	221	*	*	*	*	*	*	*	*	*	*	*	*
25-34	60.2	55.1	65.2	667	54.8	42.0	67.0	76	68.0	56.0	78.0	88	64.5	54.5	73.3	116
35-44	66.2	62.3	70.0	802	68.9	59.3	77.1	109	70.2	59.6	79.0	100	73.3	64.1	80.9	115
45-54	69.6	66.2	72.8	1,035	66.3	58.1	73.7	157	71.5	63.1	78.6	150	77.0	68.4	83.7	131
55-64	71.7	68.4	74.8	984	66.1	57.2	74.0	144	70.9	63.1	77.6	167	69.1	59.7	77.1	124
65+	63.3	60.2	66.4	1,308	61.7	54.4	68.6	222	67.4	60.0	74.1	204	68.6	61.2	75.2	196
18-34	54.3	49.8	58.7	888	47.6	36.4	59.0	102	54.2	42.5	65.4	120	57.6	46.9	67.7	144
35-54	67.9	65.4	70.4	1,837	67.5	61.3	73.1	266	70.9	64.4	76.6	250	75.1	68.9	80.4	246
55+	67.3	65.0	69.5	2,292	63.8	58.1	69.1	366	68.9	63.6	73.8	371	68.8	63.0	74.1	320
SEX and AGE																
Male																
18-34	59.2	52.3	65.7	361	*	*	*	*	58.4	41.9	73.1	51	59.9	43.3	74.5	62
35-54	78.5	74.8	81.7	740	80.3	71.3	87.0	100	80.9	70.6	88.2	93	85.9	77.4	91.5	103
55+	73.4	70.0	76.6	953	71.2	62.1	78.9	146	76.9	69.0	83.2	161	71.1	62.0	78.7	136
Female																
18-34	48.6	43.2	54.1	527	42.7	29.1	57.4	62	49.3	33.3	65.4	69	55.0	41.8	67.6	82
35-54	56.7	53.2	60.2	1,097	54.2	46.1	62.1	166	60.0	51.6	67.8	157	63.4	54.3	71.6	143
55+	61.6	58.5	64.5	1,339	56.6	49.5	63.5	220	61.5	54.1	68.3	210	66.8	59.2	73.6	184
INCOME																
Less than \$15,000	65.4	58.4	71.9	458	68.2	52.4	80.6	71	65.0	46.0	80.1	92	69.7	54.6	81.5	61
\$15,000 - \$24,999	62.8	57.4	67.9	810	59.4	47.9	69.9	130	66.2	54.7	76.1	129	74.3	62.7	83.2	120
\$25,000 - \$34,999	65.2	60.1	69.9	674	71.0	60.1	80.0	91	58.5	44.9	71.0	100	72.2	61.9	80.5	108
\$35,000 - \$49,999	66.0	61.8	70.0	856	57.9	46.7	68.4	121	72.0	61.4	80.5	112	63.7	52.1	73.9	128
\$50,000 - \$74,999	62.5	57.7	67.0	813	70.4	61.2	78.2	133	68.8	56.4	79.0	108	61.4	49.9	71.8	110
\$75,000+	63.2	58.9	67.2	883	53.2	41.8	64.2	105	59.3	47.7	69.9	122	68.9	56.2	79.2	110
EMPLOYMENT																
Employed	65.4	62.9	67.8	2,790	60.6	54.5	66.5	391	66.8	60.4	72.7	392	68.7	62.2	74.6	383
Unemployed	65.5	54.4	75.2	146	*	*	*	*	*	*	*	*	*	*	*	*
Other**	58.6	55.6	61.6	2,092	61.6	55.1	67.7	315	60.2	51.9	68.0	327	61.7	54.4	68.5	303
EDUCATION																
K-11th Grade	69.3	62.0	75.7	428	*	*	*	*	64.2	48.0	77.7	82	71.1	57.0	82.1	74
12th Grade or GED	63.7	60.1	67.2	1,593	61.5	53.1	69.3	246	69.6	60.6	77.4	236	67.1	58.0	75.0	263
Some College	62.3	59.0	65.6	1,586	62.2	54.6	69.2	269	60.1	49.0	70.2	203	63.5	55.1	71.1	219
College Graduate+	61.3	58.0	64.5	1,426	53.8	45.3	62.2	174	63.1	55.1	70.4	218	70.0	61.9	77.0	154

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Overweight

Idaho adults who were overweight (BMI ≥ 25), 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	64.2	59.7	68.6	715	62.9	58.3	67.4	709	61.7	57.0	66.2	722	58.4	53.3	63.3	707
SEX																
Male	72.3	65.0	78.5	277	67.7	60.3	74.4	280	66.0	58.7	72.6	296	70.3	62.4	77.2	315
Female	55.6	50.1	60.9	438	57.8	52.1	63.3	429	57.4	51.3	63.2	426	46.0	39.7	52.6	392
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	62.7	50.7	73.3	90	60.7	49.5	70.9	91	54.7	43.8	65.3	97	51.6	41.3	61.8	109
35-44	65.5	56.3	73.6	129	62.3	52.0	71.6	108	59.7	50.2	68.6	121	62.3	52.8	70.9	120
45-54	65.5	56.9	73.1	153	72.6	64.5	79.5	170	68.4	59.9	75.8	145	72.2	63.3	79.6	129
55-64	75.3	67.5	81.8	153	72.9	63.6	80.6	112	75.5	67.3	82.2	146	71.2	62.6	78.5	138
65+	55.8	47.1	64.2	157	65.2	57.3	72.3	191	66.2	58.2	73.4	174	65.7	57.7	72.9	164
18-34	62.7	51.9	72.3	115	51.1	40.4	61.6	123	51.6	41.4	61.7	132	43.8	34.2	53.9	152
35-54	65.5	59.3	71.2	282	67.6	61.0	73.5	278	64.2	57.9	70.1	266	67.3	60.8	73.2	249
55+	65.8	59.9	71.3	310	68.7	62.7	74.1	303	70.6	64.9	75.6	320	68.4	62.6	73.7	302
SEX and AGE																
Male																
18-34	*	*	*	*	51.9	36.4	67.1	58	54.8	39.0	69.6	50	50.8	36.2	65.3	60
35-54	74.1	64.8	81.6	113	76.7	67.1	84.2	105	69.7	60.0	77.8	114	85.8	77.8	91.2	112
55+	73.0	63.9	80.6	120	72.7	63.3	80.5	116	74.4	66.0	81.3	131	78.2	70.4	84.4	143
Female																
18-34	53.2	41.1	65.0	75	50.0	36.4	63.5	65	48.4	35.5	61.6	82	36.5	24.8	50.0	92
35-54	56.4	48.2	64.2	169	57.6	49.0	65.8	173	58.6	50.1	66.6	152	47.1	38.4	56.0	137
55+	59.0	51.3	66.4	190	64.9	57.0	72.0	187	66.8	59.0	73.8	189	58.9	50.5	66.8	159
INCOME																
Less than \$15,000	72.7	56.6	84.4	54	67.1	52.5	79.1	73	74.6	57.8	86.3	69	*	*	*	*
\$15,000 - \$24,999	55.6	39.4	70.7	83	60.1	47.3	71.6	125	60.9	48.4	72.1	120	66.0	49.0	79.7	103
\$25,000 - \$34,999	60.0	46.5	72.2	88	71.5	60.3	80.6	102	68.0	56.7	77.4	93	55.9	42.8	68.2	92
\$35,000 - \$49,999	69.3	58.9	78.1	104	72.1	63.2	79.6	144	63.1	52.4	72.6	117	65.3	54.8	74.5	130
\$50,000 - \$74,999	59.7	47.9	70.5	119	54.3	42.0	66.2	87	58.4	47.5	68.4	126	66.2	56.4	74.8	130
\$75,000+	69.6	62.0	76.3	199	59.6	46.3	71.7	89	53.8	42.4	64.8	115	56.4	47.0	65.4	143
EMPLOYMENT																
Employed	67.7	61.7	73.2	408	66.1	60.7	71.0	420	60.4	54.2	66.3	396	64.0	58.3	69.3	400
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	57.5	50.6	64.0	291	59.7	51.3	67.6	264	64.3	56.8	71.1	302	47.5	39.0	56.3	290
EDUCATION																
K-11th Grade	*	*	*	*	68.0	54.5	79.0	80	65.7	48.0	79.8	62	*	*	*	*
12th Grade or GED	63.6	53.3	72.8	176	63.2	54.8	70.9	233	57.8	49.5	65.8	250	64.4	55.8	72.1	189
Some College	65.8	57.8	73.0	208	63.2	54.2	71.3	219	62.7	54.4	70.2	235	55.1	45.6	64.2	233
College Graduate+	63.2	56.6	69.3	293	59.6	51.3	67.5	176	64.8	56.4	72.3	174	53.2	44.8	61.4	237

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Obesity

Idaho adults who were obese (BMI ≥ 30), 2007

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	25.1	23.6	26.7	5,042	23.7	20.2	27.5	735	27.1	23.1	31.4	741	29.5	25.6	33.7	713
SEX																
Male	24.1	21.8	26.5	2,060	23.5	18.4	29.6	286	26.8	21.2	33.3	305	25.3	20.0	31.5	301
Female	26.2	24.2	28.3	2,982	23.8	19.5	28.7	449	27.3	22.2	33.2	436	33.8	28.5	39.5	412
AGE																
18-24	17.6	12.8	23.7	221	*	*	*	*	*	*	*	*	*	*	*	*
25-34	23.9	19.9	28.4	667	24.1	15.3	36.0	76	37.4	26.9	49.3	88	30.4	22.1	40.3	116
35-44	28.2	24.6	32.0	802	32.1	23.0	42.9	109	33.2	23.4	44.7	100	36.1	27.3	45.9	115
45-54	27.5	24.4	31.0	1,035	25.7	19.0	33.9	157	26.8	19.7	35.2	150	32.2	24.1	41.6	131
55-64	32.0	28.7	35.5	984	26.6	19.3	35.4	144	29.5	22.4	37.7	167	38.3	29.5	48.0	124
65+	21.0	18.6	23.6	1,308	18.5	13.5	24.9	222	22.9	17.1	29.9	204	22.4	16.7	29.3	196
18-34	21.3	18.1	24.9	888	18.5	11.9	27.7	102	25.9	17.8	36.2	120	24.7	17.7	33.4	144
35-54	27.9	25.5	30.4	1,837	28.6	22.9	35.2	266	29.7	23.6	36.6	250	34.2	28.1	41.0	246
55+	26.2	24.1	28.4	2,292	22.3	17.8	27.6	366	25.7	21.1	30.9	371	29.5	24.3	35.3	320
SEX and AGE																
Male																
18-34	18.3	14.0	23.5	361	*	*	*	*	25.2	14.6	39.8	51	21.0	12.3	33.4	62
35-54	27.8	24.2	31.7	740	31.3	22.3	42.0	100	29.7	20.6	40.8	93	29.4	21.1	39.3	103
55+	26.2	23.0	29.7	953	21.8	15.0	30.6	146	25.6	19.0	33.6	161	25.7	18.3	34.8	136
Female																
18-34	24.8	20.4	29.8	527	22.2	12.6	36.2	62	26.8	15.5	42.3	69	28.9	18.9	41.5	82
35-54	27.9	24.8	31.1	1,097	25.9	19.4	33.7	166	29.6	22.4	38.0	157	39.5	31.0	48.6	143
55+	26.2	23.6	28.9	1,339	22.7	17.3	29.3	220	25.8	19.7	33.0	210	32.9	26.0	40.6	184
INCOME																
Less than \$15,000	29.2	23.8	35.3	458	28.8	17.2	44.1	71	39.3	25.0	55.8	92	39.0	25.7	54.1	61
\$15,000 - \$24,999	27.8	23.9	32.1	810	29.8	21.1	40.4	130	32.8	22.9	44.6	129	32.3	22.3	44.1	120
\$25,000 - \$34,999	29.4	25.0	34.1	674	20.3	12.3	31.6	91	17.9	11.2	27.4	100	41.9	31.3	53.2	108
\$35,000 - \$49,999	27.0	23.2	31.0	856	27.4	19.2	37.5	121	33.1	23.9	43.9	112	22.5	15.4	31.7	128
\$50,000 - \$74,999	25.7	21.9	29.9	813	27.5	19.4	37.4	133	21.6	14.1	31.5	108	27.9	19.8	37.8	110
\$75,000+	20.7	17.5	24.3	883	15.5	9.2	24.9	105	19.6	12.0	30.4	122	28.5	20.0	38.8	110
EMPLOYMENT																
Employed	26.1	24.0	28.3	2,790	25.9	21.2	31.2	391	28.3	23.2	34.2	392	30.2	25.0	35.9	383
Unemployed	31.5	23.0	41.5	146	*	*	*	*	*	*	*	*	*	*	*	*
Other**	22.6	20.4	25.0	2,092	19.9	15.2	25.6	315	25.3	20.0	31.4	327	24.2	19.1	30.1	303
EDUCATION																
K-11th Grade	25.2	20.3	30.9	428	*	*	*	*	41.3	26.7	57.6	82	29.0	18.0	43.2	74
12th Grade or GED	27.5	24.6	30.7	1,593	25.4	19.5	32.5	246	30.0	23.2	37.7	236	27.3	21.1	34.6	263
Some College	27.5	24.8	30.5	1,586	26.2	20.4	33.0	269	24.1	17.9	31.7	203	35.3	28.4	42.9	219
College Graduate+	19.7	17.2	22.5	1,426	19.6	13.6	27.4	174	20.4	14.3	28.1	218	24.7	18.0	32.9	154

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Obesity

Idaho adults who were obese (BMI ≥ 30), 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	22.9	19.3	27.0	715	26.3	22.7	30.2	709	24.6	21.0	28.7	722	24.4	20.8	28.4	707
SEX																
Male	20.3	15.1	26.8	277	27.1	21.7	33.3	280	23.0	18.2	28.6	296	28.4	22.8	34.7	315
Female	25.7	21.1	30.9	438	25.4	21.1	30.3	429	26.3	21.2	32.2	426	20.3	16.0	25.4	392
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	22.6	14.5	33.5	90	24.8	16.7	35.0	91	14.1	7.8	24.1	97	18.2	11.1	28.4	109
35-44	22.0	15.4	30.4	129	31.1	22.6	41.2	108	23.2	16.2	32.1	121	27.9	20.1	37.3	120
45-54	21.2	14.5	29.8	153	33.9	25.9	42.9	170	33.6	25.5	42.8	145	28.4	20.6	37.6	129
55-64	29.4	22.1	37.9	153	31.7	23.0	41.9	112	36.4	28.5	45.0	146	36.4	28.0	45.7	138
65+	17.9	12.2	25.5	157	21.8	16.1	28.9	191	25.3	19.0	32.8	174	22.7	16.7	30.2	164
18-34	24.5	16.8	34.2	115	18.6	12.6	26.7	123	15.5	9.4	24.6	132	17.6	11.7	25.8	152
35-54	21.6	16.7	27.4	282	32.5	26.5	39.2	278	28.6	23.0	35.0	266	28.1	22.5	34.6	249
55+	23.8	18.9	29.4	310	26.3	21.1	32.2	303	30.5	25.3	36.1	320	29.5	24.2	35.5	302
SEX and AGE																
Male																
18-34	*	*	*	*	20.2	11.8	32.4	58	10.0	4.4	21.1	50	21.6	12.5	34.6	60
35-54	21.5	14.4	30.8	113	34.0	24.8	44.6	105	25.4	17.8	34.9	114	32.6	24.0	42.5	112
55+	23.9	16.4	33.4	120	25.6	17.9	35.4	116	34.2	26.3	43.1	131	32.5	24.6	41.7	143
Female																
18-34	33.7	23.1	46.1	75	16.6	9.2	28.0	65	21.0	11.3	35.7	82	13.5	7.1	24.2	92
35-54	21.7	15.7	29.3	169	31.0	23.9	39.0	173	32.0	24.3	40.7	152	23.3	16.6	31.5	137
55+	23.7	18.0	30.6	190	26.9	20.4	34.5	187	26.8	20.6	34.0	189	26.6	19.9	34.5	159
INCOME																
Less than \$15,000	26.1	14.0	43.3	54	21.9	13.0	34.5	73	33.8	20.8	49.7	69	*	*	*	*
\$15,000 - \$24,999	14.7	8.2	25.0	83	34.4	25.0	45.3	125	27.0	17.7	38.9	120	30.5	19.6	44.1	103
\$25,000 - \$34,999	31.9	21.3	44.9	88	31.9	22.7	42.8	102	29.9	20.6	41.2	93	22.8	14.4	34.1	92
\$35,000 - \$49,999	28.3	18.3	41.1	104	31.9	24.0	41.0	144	24.1	16.4	33.9	117	23.6	16.5	32.5	130
\$50,000 - \$74,999	24.9	16.4	35.9	119	24.2	15.2	36.4	87	21.3	14.4	30.3	126	29.3	21.3	38.9	130
\$75,000+	19.8	14.0	27.1	199	16.1	9.0	27.0	89	22.1	14.7	31.8	115	22.8	15.9	31.6	143
EMPLOYMENT																
Employed	22.6	18.0	27.9	408	27.4	22.8	32.6	420	26.4	21.6	32.0	396	26.8	22.0	32.2	400
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	24.2	18.6	30.8	291	23.3	18.2	29.4	264	21.5	16.6	27.3	302	19.5	14.6	25.5	290
EDUCATION																
K-11th Grade	*	*	*	*	27.2	17.4	39.8	80	16.1	8.9	27.3	62	*	*	*	*
12th Grade or GED	29.1	21.1	38.8	176	27.5	21.4	34.6	233	29.5	22.7	37.3	250	23.2	16.7	31.3	189
Some College	29.6	22.6	37.8	208	25.4	19.4	32.6	219	22.2	16.7	28.9	235	24.8	18.7	32.1	233
College Graduate+	15.6	11.2	21.3	293	25.2	18.6	33.3	176	24.2	17.7	32.1	174	20.8	15.5	27.4	237

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cigarette Smoking

Idaho adults who smoked cigarettes, 2007

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	19.1	17.6 20.7	5,302	23.6	19.9 27.8	765	19.4	15.5 23.9	778	20.6	16.8 25.0	749
SEX												
Male	20.9	18.4 23.6	2,089	26.3	20.3 33.3	284	20.7	14.9 28.1	311	22.6	16.5 30.1	305
Female	17.4	15.7 19.2	3,213	21.0	16.9 25.9	481	18.0	13.3 23.8	467	18.6	14.5 23.5	444
AGE												
18-24	25.3	19.2 32.4	236	*	*	*	*	*	*	*	*	*
25-34	21.0	16.8 25.8	712	23.4	14.8 34.9	85	18.2	10.9 28.8	91	25.7	17.9 35.6	122
35-44	18.9	16.0 22.2	836	21.2	14.0 30.6	114	22.7	14.8 33.3	107	19.5	12.9 28.4	119
45-54	22.4	19.6 25.5	1,096	29.4	22.2 37.8	164	21.6	15.3 29.6	160	20.9	14.6 29.0	138
55-64	19.2	16.4 22.3	1,033	23.4	16.7 31.8	150	17.4	10.1 28.2	173	24.1	16.4 33.8	131
65+	8.2	6.6 10.1	1,353	10.9	7.1 16.4	223	10.6	6.9 16.0	210	8.8	5.5 13.7	205
18-34	22.7	19.1 26.7	948	29.5	20.2 40.9	112	22.5	14.0 34.2	126	25.0	16.7 35.7	152
35-54	20.7	18.6 22.9	1,932	25.6	20.3 31.8	278	22.1	16.9 28.4	267	20.2	15.4 26.0	257
55+	13.4	11.8 15.2	2,386	16.8	12.9 21.7	373	13.6	9.5 19.1	383	15.7	11.5 20.9	336
SEX and AGE												
Male												
18-34	25.1	19.5 31.8	366	*	*	*	25.6	13.9 42.4	53	28.2	15.4 46.0	62
35-54	21.6	18.4 25.1	753	27.3	18.9 37.8	99	20.1	12.3 30.9	96	18.9	12.3 28.0	105
55+	15.0	12.4 18.0	959	19.3	12.9 28.0	145	15.9	9.0 26.5	162	20.1	13.0 29.8	138
Female												
18-34	20.1	16.3 24.5	582	25.6	15.2 39.8	72	19.0	8.7 36.7	73	21.6	13.1 33.6	90
35-54	19.8	17.3 22.5	1,179	23.9	18.1 31.0	179	24.2	18.1 31.6	171	21.5	15.2 29.5	152
55+	12.1	10.2 14.2	1,427	14.5	10.3 20.1	228	11.5	7.9 16.4	221	11.9	8.0 17.3	198
INCOME												
Less than \$15,000	32.1	26.3 38.5	489	37.6	24.6 52.7	77	37.8	22.7 55.8	100	27.9	17.0 42.2	64
\$15,000 - \$24,999	27.2	22.5 32.6	850	27.8	19.0 38.7	133	28.2	18.7 40.1	137	33.6	20.9 49.2	126
\$25,000 - \$34,999	24.3	20.0 29.2	706	28.5	19.3 39.9	96	21.3	12.0 35.0	102	24.2	16.1 34.7	116
\$35,000 - \$49,999	19.8	16.6 23.5	891	23.8	15.0 35.4	124	22.3	13.9 33.9	120	22.4	15.0 32.2	132
\$50,000 - \$74,999	12.6	10.2 15.6	833	18.0	11.7 26.6	136	6.8	3.5 12.7	109	10.7	5.8 18.7	114
\$75,000+	10.9	8.2 14.4	911	19.0	11.0 30.9	108	4.5	2.2 9.1	123	7.6	3.4 15.8	114
EMPLOYMENT												
Employed	21.0	18.9 23.3	2,928	24.6	19.7 30.2	408	18.2	13.5 24.0	412	21.4	16.3 27.6	404
Unemployed	36.3	26.5 47.3	150	*	*	*	*	*	*	*	*	*
Other**	14.0	12.2 16.0	2,208	19.3	14.6 25.0	328	18.3	12.8 25.5	342	16.3	11.7 22.3	317
EDUCATION												
K-11th Grade	38.9	32.2 46.1	466	*	*	*	33.7	20.3 50.5	87	40.0	27.8 53.7	80
12th Grade or GED	24.6	21.6 27.8	1,658	28.5	21.6 36.7	255	21.5	15.1 29.5	246	22.6	15.5 31.6	271
Some College	17.2	14.9 19.8	1,672	26.8	20.7 33.9	277	19.5	12.2 29.7	217	16.1	11.0 23.0	229
College Graduate+	8.2	6.5 10.3	1,493	9.3	5.7 14.8	184	9.3	5.3 15.6	224	11.3	6.8 18.1	165

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cigarette Smoking

Idaho adults who smoked cigarettes, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	17.5	14.1	21.6	751	23.0	19.3	27.1	754	19.1	15.7	23.2	754	11.5	9.1	14.5	751
SEX																
Male	20.5	14.8	27.7	283	25.6	19.9	32.3	286	17.4	12.4	23.8	299	11.4	8.0	16.0	321
Female	14.5	11.1	18.7	468	20.4	16.1	25.4	468	20.8	16.3	26.2	455	11.6	8.4	15.9	430
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	23.6	14.5	35.8	95	16.9	10.4	26.4	98	18.5	11.9	27.6	101	10.2	5.8	17.2	120
35-44	14.1	8.9	21.5	133	27.3	19.2	37.2	113	22.7	15.6	31.8	126	14.9	9.5	22.8	124
45-54	21.9	15.7	29.7	160	23.5	17.1	31.3	182	24.5	18.0	32.4	152	13.4	8.6	20.2	140
55-64	15.3	10.2	22.4	162	25.8	17.8	35.7	119	14.7	10.0	21.3	154	13.9	8.9	21.1	144
65+	5.9	3.0	11.4	162	11.9	7.0	19.6	199	5.8	2.8	11.6	181	3.9	1.8	8.1	173
18-34	23.0	14.9	33.6	122	25.4	17.3	35.6	135	22.7	15.2	32.6	136	11.4	6.9	18.1	165
35-54	17.7	13.5	23.0	293	25.3	20.0	31.4	295	23.6	18.7	29.5	278	14.1	10.3	19.0	264
55+	10.7	7.6	15.0	324	18.2	13.5	24.1	318	10.0	7.1	14.0	335	8.8	5.9	12.7	317
SEX and AGE																
Male																
18-34	*	*	*	*	26.3	14.6	42.7	59	17.8	8.3	34.3	51	12.3	6.1	23.4	61
35-54	20.2	13.7	28.7	115	29.6	21.3	39.5	108	21.6	14.6	30.7	116	13.9	8.8	21.2	114
55+	10.8	6.1	18.5	121	19.5	12.7	28.9	117	12.2	7.4	19.4	131	7.0	3.9	12.3	145
Female																
18-34	17.3	10.1	28.1	82	24.3	14.9	37.2	76	27.7	17.5	40.7	85	10.5	5.2	19.9	104
35-54	15.2	10.3	21.8	178	20.9	15.0	28.3	187	25.6	19.1	33.5	162	14.4	9.3	21.6	150
55+	10.6	6.9	16.0	203	17.0	11.1	25.2	201	8.0	5.0	12.7	204	10.4	6.2	16.8	172
INCOME																
Less than \$15,000	31.1	18.2	47.9	60	38.6	24.7	54.5	78	32.5	20.1	48.1	71	*	*	*	*
\$15,000 - \$24,999	31.5	17.6	49.7	82	24.3	16.6	34.1	139	28.0	17.9	40.9	122	12.4	6.6	22.0	111
\$25,000 - \$34,999	25.7	15.2	40.0	94	29.0	19.9	40.1	107	16.8	10.4	26.1	96	19.5	10.8	32.4	95
\$35,000 - \$49,999	18.1	11.2	27.9	109	25.1	17.6	34.5	146	18.5	11.8	27.7	122	8.9	4.8	15.7	138
\$50,000 - \$74,999	11.0	6.5	18.1	121	17.2	9.3	29.6	88	15.2	9.4	23.6	129	9.8	5.4	17.2	136
\$75,000+	9.1	4.9	16.3	204	12.4	4.4	30.4	92	17.7	9.2	31.3	121	9.5	5.5	16.0	149
EMPLOYMENT																
Employed	20.7	15.9	26.5	426	24.7	20.2	30.0	440	21.3	16.6	26.9	413	14.3	10.8	18.7	425
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	11.6	8.1	16.3	308	15.9	11.4	21.8	287	12.0	8.3	17.0	317	7.9	5.0	12.2	309
EDUCATION																
K-11th Grade	*	*	*	*	36.1	25.0	48.9	92	28.7	17.8	42.9	65	30.7	18.1	47.0	53
12th Grade or GED	22.3	15.5	31.0	185	29.5	22.8	37.3	245	28.3	21.1	36.9	258	18.0	12.5	25.2	198
Some College	15.8	10.9	22.3	225	20.6	14.6	28.3	234	13.2	9.0	19.0	245	8.5	5.0	13.9	245
College Graduate+	7.7	4.6	12.8	299	7.2	3.9	13.0	182	9.3	5.5	15.4	184	5.6	3.4	9.1	255

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Binge Drinking

Idaho adults who were binge drinkers, 2007

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	14.7	13.3 16.3	5,227	17.4	14.1 21.4	753	15.8	12.1 20.3	766	13.4	10.0 17.8	734
SEX												
Male	20.9	18.3 23.7	2,052	24.2	18.4 31.1	281	18.3	12.8 25.5	308	21.2	15.0 29.0	295
Female	8.7	7.5 10.2	3,175	10.9	7.8 14.9	472	13.2	8.9 19.3	458	5.8	3.6 9.3	439
AGE												
18-24	25.9	19.5 33.4	231	*	*	*	*	*	*	*	*	*
25-34	19.2	15.2 23.9	710	21.4	12.9 33.4	84	20.5	13.0 30.8	91	18.1	11.8 26.8	122
35-44	17.8	14.9 21.2	828	23.7	15.8 34.0	113	25.5	16.8 36.7	105	16.9	10.8 25.4	117
45-54	13.9	11.6 16.6	1,075	19.1	13.3 26.7	161	9.0	5.3 14.8	159	11.8	6.4 20.6	133
55-64	9.1	7.2 11.5	1,016	12.9	8.0 20.0	146	10.0	6.0 16.2	169	4.1	1.8 9.2	128
65+	2.6	1.7 3.8	1,339	3.9	1.7 8.4	221	2.3	1.0 5.1	207	2.2	0.7 6.4	202
18-34	21.8	18.2 25.9	941	24.2	15.7 35.4	111	25.3	16.5 36.8	125	21.1	13.2 31.8	151
35-54	15.9	13.9 18.0	1,903	21.2	16.2 27.3	274	16.5	11.8 22.6	264	14.5	10.1 20.2	250
55+	5.7	4.6 7.0	2,355	8.1	5.4 12.1	367	5.7	3.7 8.7	376	3.0	1.6 5.8	330
SEX and AGE												
Male												
18-34	29.7	23.6 36.6	360	*	*	*	25.5	13.6 42.6	52	30.6	17.3 48.0	62
35-54	21.9	18.7 25.5	741	30.2	21.5 40.7	99	20.4	12.7 31.1	96	23.0	15.4 32.9	99
55+	9.0	7.0 11.5	944	9.7	5.3 17.1	144	8.3	4.9 13.7	160	6.3	3.2 12.2	134
Female												
18-34	13.7	10.6 17.5	581	14.5	7.0 27.5	73	25.1	13.7 41.4	73	10.8	5.6 19.9	89
35-54	9.7	7.9 12.0	1,162	12.3	8.1 18.3	175	12.4	7.9 18.7	168	6.1	3.0 12.3	151
55+	2.7	1.9 3.8	1,411	6.7	4.0 10.9	223	3.2	1.4 7.1	216	0.3	0.0 1.8	196
INCOME												
Less than \$15,000	10.8	7.0 16.2	482	4.7	1.8 11.7	76	24.2	10.9 45.2	100	12.8	5.4 27.5	64
\$15,000 - \$24,999	14.7	11.0 19.4	842	19.4	11.2 31.5	132	16.7	9.4 28.1	134	16.6	6.1 38.1	124
\$25,000 - \$34,999	15.4	11.7 19.9	698	18.5	10.9 29.5	94	18.5	9.6 32.7	100	14.7	8.1 25.3	114
\$35,000 - \$49,999	13.6	10.7 17.1	874	15.3	8.9 25.0	122	15.2	7.8 27.5	117	9.2	4.8 17.0	128
\$50,000 - \$74,999	19.2	15.2 23.9	827	25.2	16.9 35.8	133	16.3	8.5 29.2	109	16.0	9.6 25.6	113
\$75,000+	16.6	13.1 20.8	906	21.9	13.1 34.3	109	11.5	6.8 18.8	122	13.2	7.4 22.6	112
EMPLOYMENT												
Employed	18.7	16.6 21.0	2,885	22.0	17.3 27.5	402	17.9	13.4 23.5	406	17.6	12.6 24.0	395
Unemployed	27.0	17.8 38.8	147	*	*	*	*	*	*	*	*	*
Other**	6.4	5.0 8.3	2,181	6.7	4.2 10.4	323	9.8	5.3 17.7	337	4.8	2.7 8.5	312
EDUCATION												
K-11th Grade	14.6	10.0 20.9	452	*	*	*	16.7	6.7 35.8	84	14.8	6.1 31.5	77
12th Grade or GED	17.4	14.5 20.7	1,638	18.2	12.7 25.4	254	19.6	13.4 27.7	241	16.7	10.2 25.9	269
Some College	14.1	11.8 16.8	1,651	19.5	13.9 26.7	269	15.2	8.4 26.1	217	8.7	4.9 14.9	223
College Graduate+	12.5	10.1 15.4	1,475	15.2	9.6 23.2	182	11.2	6.9 17.7	221	13.5	8.4 21.1	161

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Binge Drinking

Idaho adults who were binge drinkers, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	16.8	13.2	21.1	734	13.5	10.6	17.2	744	15.0	11.4	19.5	747	8.7	6.5	11.4	749
SEX																
Male	23.6	17.4	31.2	271	20.4	15.2	26.8	281	21.2	15.2	28.9	297	11.6	8.1	16.2	319
Female	10.1	7.2	13.9	463	6.8	4.4	10.3	463	8.9	5.7	13.7	450	5.9	3.6	9.6	430
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	22.6	13.8	34.6	95	20.6	13.1	30.8	98	11.9	6.3	21.5	100	12.0	7.1	19.6	120
35-44	18.6	12.5	26.8	131	16.9	10.5	26.0	112	12.1	7.1	20.1	126	11.3	6.8	18.2	124
45-54	14.1	9.3	20.9	156	13.3	8.5	20.2	177	15.4	10.2	22.6	150	10.9	6.5	17.7	139
55-64	11.0	6.6	17.7	158	9.8	4.7	19.3	118	7.5	4.0	13.4	153	5.5	2.7	10.8	144
65+	2.4	0.8	6.9	162	1.5	0.4	4.9	196	3.5	1.5	8.0	178	1.9	0.6	5.8	173
18-34	25.5	16.9	36.4	120	20.9	13.8	30.3	135	24.4	16.0	35.5	135	10.2	6.0	16.7	164
35-54	16.5	12.4	21.7	287	15.0	10.8	20.5	289	13.8	10.0	18.9	276	11.1	7.8	15.7	263
55+	6.8	4.3	10.7	320	5.3	2.7	9.9	314	5.4	3.3	8.7	331	3.7	2.0	6.6	317
SEX and AGE																
Male																
18-34	*	*	*	*	25.9	14.8	41.2	59	34.6	20.7	51.6	51	12.8	6.5	23.7	60
35-54	20.4	13.9	29.1	112	24.9	17.3	34.5	106	18.3	12.0	27.0	116	14.3	9.0	21.9	113
55+	11.6	6.8	19.1	118	9.2	4.3	18.6	114	8.6	4.8	15.0	129	6.6	3.4	12.5	145
Female																
18-34	14.3	8.1	23.9	82	15.3	8.4	26.3	76	14.2	6.9	27.3	84	7.7	3.3	17.3	104
35-54	12.5	8.1	18.7	175	4.8	2.5	9.1	183	9.3	5.7	15.0	160	7.9	4.4	13.8	150
55+	2.7	1.1	6.2	202	1.8	0.6	5.2	200	2.5	1.0	6.1	202	1.0	0.3	2.9	172
INCOME																
Less than \$15,000	10.2	3.1	28.8	58	5.7	1.8	16.6	76	10.3	2.8	30.9	69	*	*	*	*
\$15,000 - \$24,999	9.7	4.1	21.4	83	12.0	6.9	20.2	137	19.3	10.2	33.4	122	11.1	5.0	22.9	110
\$25,000 - \$34,999	18.0	9.2	32.3	94	17.9	10.7	28.6	106	11.9	6.4	21.1	96	3.8	1.1	12.0	94
\$35,000 - \$49,999	16.2	8.9	27.9	106	16.4	10.0	25.6	143	13.3	7.6	22.2	120	8.7	4.8	15.4	138
\$50,000 - \$74,999	22.6	13.2	35.8	119	15.3	8.5	26.0	88	18.1	9.9	30.9	129	12.9	8.1	20.0	136
\$75,000+	19.8	13.2	28.5	200	16.9	7.8	32.8	93	16.7	8.6	30.1	121	6.5	3.3	12.4	149
EMPLOYMENT																
Employed	21.4	16.4	27.4	413	16.3	12.6	20.7	436	19.0	14.1	25.1	410	11.8	8.7	15.7	423
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	7.9	4.4	13.6	305	5.5	2.4	12.0	282	7.7	3.6	15.7	313	3.0	1.5	5.9	309
EDUCATION																
K-11th Grade	*	*	*	*	9.2	4.5	18.0	89	8.4	3.5	18.8	62	19.9	9.6	36.9	54
12th Grade or GED	15.8	8.7	27.1	182	16.7	11.4	23.9	241	22.1	15.3	31.0	256	14.0	8.5	22.2	195
Some College	19.9	14.1	27.3	221	12.3	7.2	20.1	231	12.6	6.9	22.0	245	5.1	3.0	8.5	245
College Graduate+	14.6	9.7	21.4	292	12.7	7.9	20.0	182	9.9	5.8	16.4	182	6.0	3.6	10.0	255

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Heavy Drinking

Idaho adults who were heavy drinkers, 2007

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	5.0	4.1 5.9	5,180	5.1	3.5 7.4	744	4.6	3.0 6.9	752	4.9	3.4 7.0	731
SEX												
Male	6.4	4.9 8.2	2,020	7.3	4.5 11.8	274	4.7	2.8 8.0	302	7.2	4.7 11.0	292
Female	3.6	2.8 4.6	3,160	3.1	1.8 5.2	470	4.4	2.3 8.3	450	2.6	1.3 5.3	439
AGE												
18-24	7.5	4.1 13.5	229	*	* *	*	*	* *	*	*	* *	*
25-34	4.6	2.9 7.2	702	5.6	2.0 14.8	83	8.2	4.0 16.0	90	6.2	2.9 12.8	121
35-44	4.4	3.0 6.4	817	5.1	1.6 15.0	110	4.6	1.4 13.9	100	6.0	2.9 12.2	117
45-54	5.8	4.4 7.8	1,077	4.7	2.2 9.6	162	2.8	1.2 6.5	159	8.5	4.4 15.7	134
55-64	4.8	3.4 6.7	1,011	8.2	4.2 15.5	146	7.8	4.2 14.2	166	2.8	1.0 7.5	127
65+	2.9	1.9 4.3	1,314	5.6	2.8 11.1	215	2.2	0.9 4.9	201	1.6	0.6 4.8	200
18-34	5.8	3.9 8.4	931	3.2	1.1 8.8	109	5.5	2.5 11.7	125	4.7	2.3 9.7	149
35-54	5.1	4.1 6.4	1,894	4.8	2.5 9.3	272	3.6	1.7 7.5	259	7.2	4.4 11.5	251
55+	3.8	2.9 4.9	2,325	6.9	4.2 11.0	361	4.7	2.8 7.7	367	2.1	1.0 4.5	327
SEX and AGE												
Male												
18-34	7.4	4.3 12.4	354	*	* *	*	3.5	1.1 10.5	53	5.3	2.1 13.2	61
35-54	6.5	4.8 8.7	731	8.4	4.0 16.9	97	4.8	1.6 13.0	93	12.0	6.9 20.1	100
55+	4.8	3.4 6.9	928	8.3	4.1 16.3	141	6.2	3.2 11.7	156	3.4	1.5 8.0	131
Female												
18-34	4.1	2.5 6.6	577	1.9	0.5 7.4	73	7.8	2.7 20.4	72	4.1	1.2 12.7	88
35-54	3.8	2.6 5.4	1,163	1.4	0.3 5.8	175	2.4	1.0 5.3	166	2.4	0.9 6.3	151
55+	2.9	2.0 4.1	1,397	5.5	3.0 10.0	220	3.2	1.5 7.0	211	1.0	0.2 4.8	196
INCOME												
Less than \$15,000	5.4	2.9 9.9	481	1.5	0.4 5.9	76	2.5	1.1 5.8	99	6.2	1.8 19.7	63
\$15,000 - \$24,999	4.1	2.6 6.2	833	5.4	2.4 11.7	127	4.2	1.6 10.4	134	5.1	1.9 13.2	124
\$25,000 - \$34,999	5.3	2.9 9.2	692	3.2	1.0 10.1	93	4.4	1.5 12.3	99	5.1	1.7 14.3	113
\$35,000 - \$49,999	4.9	3.4 7.0	867	4.9	1.7 13.3	119	8.9	3.3 22.3	115	2.2	0.8 6.4	128
\$50,000 - \$74,999	4.7	3.3 6.8	817	9.4	4.6 18.3	134	3.3	1.0 9.9	104	9.1	4.8 16.6	113
\$75,000+	5.6	4.0 7.9	905	5.3	2.3 11.6	109	5.2	2.4 11.0	121	4.1	1.5 10.9	113
EMPLOYMENT												
Employed	5.7	4.5 7.1	2,862	5.4	3.3 8.7	399	5.8	3.4 9.7	400	6.6	4.3 9.9	393
Unemployed	8.1	3.5 17.9	145	*	* *	*	*	* *	*	*	* *	*
Other**	3.3	2.4 4.5	2,159	5.4	3.1 9.2	318	2.6	1.4 4.7	331	2.3	1.1 4.6	311
EDUCATION												
K-11th Grade	5.7	2.5 12.6	449	*	* *	*	6.3	2.4 15.5	86	4.7	1.5 14.0	74
12th Grade or GED	5.9	4.4 7.9	1,618	5.3	2.9 9.6	248	6.3	3.1 12.2	233	4.9	2.9 8.4	268
Some College	4.5	3.2 6.3	1,633	4.8	2.4 9.4	267	1.8	0.6 5.0	212	4.9	2.3 10.4	222
College Graduate+	4.1	3.1 5.5	1,468	6.4	3.2 12.4	182	4.5	2.3 8.7	218	4.9	2.3 10.1	163

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Heavy Drinking

Idaho adults who were heavy drinkers, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	5.4	3.5	8.3	729	5.8	3.7	9.0	740	6.0	3.5	10.0	741	2.3	1.4	3.7	743
SEX																
Male	5.5	2.6	11.3	268	7.9	4.4	13.8	277	9.3	4.9	17.0	291	3.0	1.6	5.4	316
Female	5.3	3.4	8.2	461	3.8	2.0	6.9	463	2.8	1.2	6.2	450	1.6	0.7	3.6	427
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	3.4	0.8	12.8	95	3.1	0.7	12.0	96	5.4	2.1	13.2	99	3.7	1.3	9.6	118
35-44	2.9	1.1	7.7	130	6.2	2.6	13.7	111	6.2	2.6	14.0	126	1.6	0.4	6.3	123
45-54	6.9	3.8	12.5	155	6.4	3.5	11.7	179	2.5	1.0	6.5	148	6.1	3.0	11.8	140
55-64	6.1	3.2	11.2	158	5.3	1.9	14.1	117	1.0	0.3	4.1	153	0.4	0.1	2.6	144
65+	4.5	2.0	9.9	159	1.1	0.3	3.4	194	0.8	0.2	3.0	176	1.8	0.7	4.9	169
18-34	6.0	2.1	15.5	120	8.4	3.6	18.3	133	12.1	6.0	23.0	133	1.7	0.6	4.7	162
35-54	4.8	2.9	8.0	285	6.3	3.8	10.4	290	4.3	2.2	8.2	274	3.9	2.1	7.2	263
55+	5.3	3.2	8.6	317	3.0	1.2	7.0	311	0.9	0.3	2.4	329	1.1	0.5	2.7	313
SEX and AGE																
Male																
18-34	*	*	*	*	9.6	2.8	28.0	58	*	*	*	*	2.2	0.5	8.5	59
35-54	2.6	0.8	8.0	110	9.8	5.3	17.3	104	5.8	2.4	13.4	114	4.7	2.2	10.0	113
55+	6.0	2.8	12.3	117	4.0	1.1	13.5	113	1.5	0.5	4.7	127	1.9	0.7	5.1	143
Female																
18-34	3.9	1.1	13.1	82	7.0	2.5	18.2	75	5.1	1.5	15.8	84	1.3	0.3	5.4	103
35-54	7.1	4.0	12.2	175	2.9	1.1	6.9	186	2.7	1.1	6.9	160	3.1	1.1	8.6	150
55+	4.7	2.4	8.9	200	2.1	0.8	5.2	198	0.3	0.0	2.2	202	0.4	0.1	2.8	170
INCOME																
Less than \$15,000	10.0	3.2	27.2	58	0.7	0.1	5.0	76	7.5	1.4	32.5	70	*	*	*	*
\$15,000 - \$24,999	1.8	0.6	5.2	81	2.6	0.9	7.3	136	8.9	3.0	23.4	121	1.4	0.4	4.4	110
\$25,000 - \$34,999	9.0	3.0	24.0	94	4.0	1.5	10.1	104	2.9	0.9	9.4	95	2.7	0.6	11.3	94
\$35,000 - \$49,999	2.9	1.1	7.6	106	9.7	4.9	18.5	144	6.0	2.1	15.9	118	3.9	1.6	9.2	137
\$50,000 - \$74,999	2.3	0.7	7.5	118	7.5	3.2	16.8	87	0.7	0.1	4.7	127	1.9	0.6	5.8	134
\$75,000+	6.2	3.7	10.2	200	9.0	2.3	29.0	93	8.7	3.0	22.5	121	1.5	0.4	5.8	148
EMPLOYMENT																
Employed	6.2	3.6	10.6	411	5.7	3.6	8.7	434	6.3	3.3	11.6	405	3.1	1.8	5.4	420
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	3.5	1.9	6.3	302	3.6	1.1	10.6	279	4.4	1.4	13.2	312	1.3	0.5	3.0	306
EDUCATION																
K-11th Grade	*	*	*	*	1.1	0.2	7.4	90	4.5	1.6	12.2	60	5.9	2.0	16.1	53
12th Grade or GED	4.6	1.6	12.6	179	7.6	3.9	14.2	240	10.6	5.6	19.4	255	2.7	1.1	6.8	195
Some College	6.2	3.3	11.4	219	5.2	1.8	13.7	226	3.7	0.8	14.6	243	1.8	0.7	4.6	244
College Graduate+	3.8	2.2	6.5	290	6.8	3.5	12.7	183	2.5	0.6	9.2	181	1.8	0.7	4.1	251

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Illicit Drug Use

Idaho adults who used illicit drugs in the last 12 months, 2007

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	5.1	4.1	6.5	4,945	4.7	2.8	7.9	705	6.0	3.4	10.5	729	3.8	1.9	7.3	702
SEX																
Male	7.7	5.8	10.3	1,941	5.6	2.7	11.5	268	6.6	2.9	14.3	290	5.3	2.2	12.3	282
Female	2.6	1.9	3.6	3,004	3.8	1.9	7.5	437	5.4	2.5	11.6	439	2.3	0.8	6.1	420
AGE																
18-24	18.8	13.0	26.4	224	*	*	*	*	*	*	*	*	*	*	*	*
25-34	5.3	3.1	8.8	652	8.8	3.6	19.9	80	10.0	4.6	20.5	85	1.6	0.4	6.4	110
35-44	3.0	1.8	4.8	789	2.8	0.9	8.6	105	4.4	0.9	19.4	93	2.5	0.7	8.5	116
45-54	3.3	2.2	4.9	1,017	4.4	1.9	9.9	148	2.7	1.0	6.9	155	2.1	0.7	6.4	125
55-64	1.8	1.1	3.0	963	0.6	0.1	4.0	136	2.8	1.2	6.8	160	2.6	0.8	8.8	124
65+	0.5	0.2	1.3	1,273	0.0	0.0	0.0	208	0.0	0.0	0.0	200	1.4	0.3	6.2	196
18-34	11.0	8.1	14.8	876	11.6	5.8	22.0	106	13.0	6.4	24.6	120	6.8	2.5	17.6	138
35-54	3.1	2.3	4.3	1,806	3.7	1.9	7.1	253	3.4	1.3	8.8	248	2.3	1.0	5.5	241
55+	1.1	0.7	1.8	2,236	0.3	0.0	1.9	344	1.2	0.5	3.0	360	2.0	0.7	5.0	320
SEX and AGE																
Male																
18-34	16.7	11.6	23.5	335	*	*	*	*	13.5	5.0	31.7	51	9.6	2.6	29.4	55
35-54	4.0	2.7	6.1	698	3.6	1.3	9.6	93	4.2	0.9	17.2	86	3.2	1.0	9.2	98
55+	1.6	0.9	2.8	902	0.6	0.1	3.8	138	1.0	0.2	4.0	153	2.7	0.8	8.5	129
Female																
18-34	5.0	3.1	7.9	541	8.6	3.2	21.2	69	12.3	4.4	30.2	69	4.0	0.8	17.3	83
35-54	2.2	1.4	3.5	1,108	3.8	1.5	9.1	160	2.7	1.1	6.7	162	1.4	0.4	5.6	143
55+	0.7	0.3	1.4	1,334	0.0	0.0	0.0	206	1.5	0.5	4.4	207	1.4	0.3	6.6	191
INCOME																
Less than \$15,000	4.9	2.5	9.7	455	1.7	0.2	11.0	70	17.7	5.5	44.1	93	3.7	1.0	12.6	59
\$15,000 - \$24,999	5.0	2.9	8.4	790	2.5	0.8	7.6	120	7.9	3.1	18.4	128	3.9	0.8	17.0	118
\$25,000 - \$34,999	5.6	3.0	10.2	663	3.8	1.2	11.3	88	5.7	1.8	17.1	98	2.2	0.5	8.8	109
\$35,000 - \$49,999	4.0	2.3	6.9	831	4.8	1.8	12.2	114	5.1	1.8	13.3	110	7.3	1.7	26.5	124
\$50,000 - \$74,999	5.1	2.5	10.1	788	2.6	0.4	15.9	128	4.9	1.0	20.2	107	1.6	0.4	6.3	107
\$75,000+	4.9	2.9	8.1	865	9.6	3.2	25.4	103	0.6	0.1	3.9	116	2.4	0.5	9.9	108
EMPLOYMENT																
Employed	5.5	4.1	7.4	2,728	4.9	2.7	8.7	375	3.2	1.6	6.4	385	4.1	1.7	9.7	378
Unemployed	21.2	12.2	34.2	140	*	*	*	*	*	*	*	*	*	*	*	*
Other**	2.8	1.6	4.6	2,064	2.3	0.8	6.4	303	5.9	2.1	15.7	323	1.5	0.6	3.8	299
EDUCATION																
K-11th Grade	10.5	5.6	18.7	426	*	*	*	*	8.3	1.5	35.3	81	13.1	5.3	29.1	74
12th Grade or GED	6.6	4.3	9.8	1,533	6.3	2.6	14.6	233	3.5	1.2	9.6	229	3.8	0.9	14.2	250
Some College	4.5	3.1	6.5	1,557	5.3	2.5	10.9	251	10.4	4.3	22.8	205	1.4	0.5	4.4	217
College Graduate+	2.4	1.6	3.6	1,419	2.8	1.1	6.8	175	3.8	1.4	10.1	212	1.4	0.4	5.0	157

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Illicit Drug Use

Idaho adults who used illicit drugs in the last 12 months, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	6.6	4.0	10.7	700	4.9	2.9	8.2	694	5.7	3.1	10.3	709	3.3	1.8	5.8	706
SEX																
Male	11.2	6.3	18.9	258	7.8	4.1	14.4	253	9.6	4.9	18.0	288	4.2	2.1	8.3	302
Female	2.0	1.0	4.0	442	2.1	1.0	4.6	441	1.9	0.6	6.0	421	2.3	0.8	6.7	404
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	6.2	2.0	17.7	85	5.8	2.0	15.7	84	1.3	0.3	5.0	98	5.3	2.2	12.1	110
35-44	3.8	1.6	9.1	127	0.0	0.0	0.0	106	2.7	0.9	8.0	120	3.8	1.3	10.1	122
45-54	4.3	1.8	9.8	146	4.7	2.5	8.9	169	1.1	0.4	3.4	141	1.9	0.4	7.9	133
55-64	1.5	0.4	5.9	150	4.2	1.8	9.4	113	1.3	0.3	5.4	144	0.4	0.1	2.7	136
65+	0.6	0.1	3.8	157	1.2	0.3	4.6	184	0.0	0.0	0.0	167	0.0	0.0	0.0	161
18-34	14.1	7.2	25.6	112	11.0	5.1	22.1	116	13.6	6.9	25.1	133	6.0	2.8	12.6	151
35-54	4.1	2.2	7.4	273	2.5	1.3	4.7	275	1.9	0.8	4.3	261	2.8	1.2	6.4	255
55+	1.0	0.3	3.2	307	2.6	1.2	5.2	297	0.6	0.1	2.6	311	0.2	0.0	1.4	297
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	22.7	10.9	41.4	51	6.4	2.3	16.8	55
35-54	5.4	2.4	11.8	104	2.6	0.9	7.1	95	2.7	0.9	7.4	111	4.9	2.0	11.7	111
55+	1.6	0.4	6.3	114	3.8	1.5	9.1	107	1.3	0.3	5.3	125	0.4	0.1	2.8	136
Female																
18-34	2.6	0.8	8.5	75	2.7	0.4	17.0	67	4.3	1.0	15.9	82	5.6	1.7	16.9	96
35-54	2.7	1.1	6.5	169	2.3	1.1	5.0	180	1.0	0.2	4.4	150	0.6	0.1	4.2	144
55+	0.5	0.1	3.6	193	1.6	0.5	4.9	190	0.0	0.0	0.0	186	0.0	0.0	0.0	161
INCOME																
Less than \$15,000	6.5	2.0	18.8	57	0.5	0.1	3.5	73	2.2	0.5	8.9	66	*	*	*	*
\$15,000 - \$24,999	7.8	2.3	23.3	78	3.4	0.9	11.9	127	5.9	1.2	24.1	114	4.5	1.1	16.6	105
\$25,000 - \$34,999	12.1	4.6	28.1	89	3.0	1.1	8.1	99	1.4	0.2	9.1	92	2.9	0.7	12.1	88
\$35,000 - \$49,999	0.7	0.1	4.9	103	7.7	3.6	15.8	132	1.6	0.4	6.4	115	2.1	0.5	8.0	133
\$50,000 - \$74,999	9.0	2.6	26.4	113	3.1	0.9	10.0	81	3.8	0.8	17.5	127	5.9	2.4	13.6	125
\$75,000+	3.9	1.6	9.5	189	13.2	4.1	34.9	88	8.7	2.5	25.8	117	0.4	0.1	2.7	144
EMPLOYMENT																
Employed	7.4	4.0	13.2	396	5.5	3.1	9.4	403	6.3	3.1	12.6	393	4.4	2.5	7.9	398
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	4.7	1.9	11.2	289	1.0	0.3	3.5	267	3.1	0.5	15.4	292	0.3	0.0	1.9	291
EDUCATION																
K-11th Grade	*	*	*	*	0.0	0.0	0.0	79	3.3	1.0	10.5	59	0.0	0.0	0.0	51
12th Grade or GED	10.0	4.1	22.5	171	3.7	1.5	9.0	223	7.9	3.2	18.3	244	9.0	4.1	18.7	183
Some College	2.5	0.7	8.3	210	9.1	4.2	18.6	219	7.2	2.7	17.9	229	1.4	0.5	3.8	226
College Graduate+	2.6	1.2	5.4	282	3.5	1.6	7.7	172	1.3	0.4	4.3	175	2.0	0.7	5.4	246

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Seat Belt Use

Idaho adults who did not always wear a seatbelt, 2007

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	24.6	22.9	26.4	5,026	22.2	18.3	26.7	717	23.6	19.6	28.0	737	22.3	18.6	26.6	716
SEX																
Male	32.2	29.4	35.2	1,978	29.4	23.1	36.7	270	32.5	26.0	39.6	292	28.3	22.0	35.5	291
Female	17.0	15.2	18.9	3,048	15.1	10.8	20.6	447	14.6	10.7	19.7	445	16.5	12.7	21.3	425
AGE																
18-24	33.3	26.3	41.1	225	*	*	*	*	*	*	*	*	*	*	*	*
25-34	26.8	22.4	31.7	666	29.2	19.2	41.7	82	30.2	20.2	42.5	86	25.9	18.2	35.5	112
35-44	26.9	23.3	30.8	795	23.6	15.4	34.6	106	29.0	19.6	40.7	95	28.6	20.5	38.4	117
45-54	22.9	20.0	26.1	1,030	14.7	9.5	22.1	151	20.3	14.2	28.1	156	15.3	9.6	23.6	126
55-64	21.7	18.8	25.0	985	15.6	9.9	23.6	139	21.1	14.9	29.0	164	23.2	15.5	33.3	128
65+	17.0	14.8	19.6	1,296	14.3	9.8	20.4	211	19.5	14.1	26.2	200	14.1	9.8	20.0	201
18-34	29.5	25.5	33.8	891	35.6	25.4	47.4	108	26.5	18.0	37.2	121	25.9	17.8	35.9	141
35-54	24.9	22.6	27.4	1,825	18.8	13.8	25.1	257	24.0	18.4	30.6	251	22.5	17.1	29.0	243
55+	19.3	17.4	21.3	2,281	14.9	11.1	19.7	350	20.2	16.0	25.2	364	18.3	13.8	23.8	329
SEX and AGE																
Male																
18-34	37.2	30.7	44.1	343	*	*	*	*	36.0	23.0	51.5	52	30.0	17.2	46.8	56
35-54	33.2	29.3	37.4	709	28.0	19.2	38.8	94	32.6	22.9	43.9	87	28.7	20.3	38.9	100
55+	25.7	22.6	29.2	918	21.4	14.7	30.0	138	28.2	21.0	36.7	153	25.6	17.8	35.3	135
Female																
18-34	21.4	17.1	26.3	548	30.3	18.1	46.0	70	15.3	7.1	30.1	69	21.7	13.5	33.1	85
35-54	16.5	14.2	19.1	1,116	9.6	6.0	15.1	163	15.9	10.9	22.8	164	16.0	10.2	24.2	143
55+	13.4	11.4	15.7	1,363	8.7	5.6	13.2	212	12.9	8.7	18.7	211	11.9	7.8	17.6	194
INCOME																
Less than \$15,000	22.1	16.7	28.8	465	18.0	7.8	36.3	72	14.0	8.0	23.4	95	19.1	9.9	33.6	62
\$15,000 - \$24,999	20.8	17.3	24.9	807	20.6	12.6	31.8	125	25.5	16.3	37.5	128	23.1	14.3	34.9	122
\$25,000 - \$34,999	24.5	20.3	29.3	675	19.4	11.3	31.2	90	39.6	27.0	53.7	100	15.3	9.7	23.3	112
\$35,000 - \$49,999	24.6	21.0	28.7	839	22.3	13.8	34.0	114	24.9	16.8	35.4	110	28.1	18.3	40.6	125
\$50,000 - \$74,999	29.4	25.0	34.2	793	31.5	22.2	42.6	130	29.1	19.0	42.0	107	23.3	15.4	33.6	109
\$75,000+	24.6	20.7	29.0	880	15.9	8.0	29.1	103	16.6	10.3	25.6	119	22.7	14.9	33.1	109
EMPLOYMENT																
Employed	29.0	26.7	31.5	2,766	26.6	21.2	32.9	379	26.7	21.3	33.0	391	25.5	20.3	31.6	383
Unemployed	27.1	17.9	38.9	142	*	*	*	*	*	*	*	*	*	*	*	*
Other**	16.4	14.3	18.9	2,106	11.4	8.0	16.0	310	18.1	13.6	23.8	325	15.8	11.6	21.2	308
EDUCATION																
K-11th Grade	34.3	27.8	41.5	435	*	*	*	*	31.6	19.2	47.3	83	41.3	28.0	56.0	77
12th Grade or GED	26.7	23.5	30.1	1,559	27.1	20.0	35.6	237	25.8	18.8	34.4	232	16.9	11.3	24.5	255
Some College	23.7	21.0	26.7	1,581	21.4	15.4	29.0	257	21.4	14.7	30.0	205	22.6	16.8	29.6	221
College Graduate+	20.2	17.3	23.3	1,441	14.3	8.8	22.6	176	19.0	13.6	25.7	215	20.3	14.1	28.3	159

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Seat Belt Use

Idaho adults who did not always wear a seatbelt, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	20.7	16.8	25.2	720	25.7	21.7	30.1	706	32.8	28.4	37.5	716	31.5	27.1	36.3	714
SEX																
Male	27.7	21.0	35.5	268	37.4	30.4	44.8	260	43.9	36.9	51.2	290	36.0	29.8	42.6	307
Female	13.7	10.5	17.7	452	14.3	11.0	18.5	446	21.7	17.1	27.2	426	27.2	20.8	34.7	407
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	23.0	13.9	35.6	89	28.6	19.4	40.0	88	35.1	25.4	46.1	98	25.9	18.0	35.8	111
35-44	22.1	15.0	31.4	128	22.1	14.6	32.1	106	35.9	27.5	45.3	121	37.8	29.1	47.3	122
45-54	17.3	11.6	25.0	151	32.7	24.6	41.9	171	34.0	26.0	43.1	140	38.2	29.7	47.5	135
55-64	20.2	13.9	28.3	156	19.6	12.3	29.7	115	26.1	19.3	34.4	146	31.3	23.6	40.1	137
65+	11.8	7.2	18.9	160	23.1	16.4	31.5	188	20.4	14.7	27.7	172	24.4	18.0	32.1	164
18-34	26.3	17.4	37.7	116	28.7	19.6	39.9	120	39.0	29.3	49.6	133	28.6	19.5	39.8	152
35-54	19.9	15.0	25.8	279	27.6	21.8	34.3	277	34.9	29.0	41.4	261	38.0	31.8	44.6	257
55+	16.1	11.9	21.3	316	21.5	16.3	27.7	303	23.1	18.5	28.4	318	27.8	22.7	33.5	301
SEX and AGE																
Male																
18-34	*	*	*	*	43.1	27.8	59.9	52	56.1	40.6	70.4	51	25.5	15.6	38.9	56
35-54	27.4	19.2	37.4	109	39.1	29.1	50.2	96	44.7	35.2	54.5	111	45.7	36.2	55.5	112
55+	19.2	12.6	28.2	117	30.0	21.4	40.3	110	28.6	21.2	37.3	127	37.9	29.7	46.9	138
Female																
18-34	16.6	9.9	26.5	78	11.8	6.2	21.4	68	21.4	12.2	34.9	82	31.5	18.0	49.1	96
35-54	12.1	7.8	18.3	170	16.6	11.8	22.9	181	25.1	18.5	33.2	150	30.0	22.6	38.6	145
55+	13.3	8.7	19.6	199	14.2	8.8	22.1	193	17.9	12.8	24.6	191	18.4	12.9	25.7	163
INCOME																
Less than \$15,000	18.8	9.5	33.6	59	34.4	20.1	52.1	74	26.5	14.5	43.4	66	*	*	*	*
\$15,000 - \$24,999	11.5	5.7	21.8	80	22.5	13.7	34.7	129	24.2	15.2	36.4	118	23.0	14.8	34.0	105
\$25,000 - \$34,999	22.6	12.8	36.8	91	23.3	15.5	33.3	103	34.6	24.8	45.8	91	30.5	20.2	43.1	88
\$35,000 - \$49,999	15.8	9.1	25.9	104	26.7	18.6	36.7	135	33.4	24.3	43.9	117	29.2	21.2	38.7	134
\$50,000 - \$74,999	27.1	17.1	40.2	113	26.8	16.5	40.3	81	36.2	26.5	47.1	127	34.9	25.9	45.2	126
\$75,000+	22.1	15.1	31.2	196	26.5	15.6	41.5	89	37.4	26.5	49.7	117	36.4	28.2	45.4	147
EMPLOYMENT																
Employed	25.5	20.1	31.8	404	32.0	26.6	37.8	411	38.0	32.2	44.2	396	36.3	31.1	41.8	402
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	12.1	8.0	17.9	301	13.8	9.7	19.4	271	23.5	17.4	31.1	296	26.0	18.2	35.6	295
EDUCATION																
K-11th Grade	*	*	*	*	26.0	16.3	38.8	80	22.4	11.6	38.8	60	31.9	19.7	47.3	51
12th Grade or GED	23.0	15.1	33.4	177	29.4	22.0	38.0	226	36.4	28.6	45.0	246	38.9	30.8	47.6	186
Some College	19.5	13.9	26.7	215	23.7	17.0	32.0	222	32.0	24.5	40.7	231	29.7	21.8	39.0	230
College Graduate+	15.8	10.7	22.7	290	22.6	16.2	30.6	177	32.8	25.2	41.3	177	28.2	20.9	36.8	247

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cholesterol Screening

Idaho adults who had not had cholesterol checked within the last five years, 2007

	Statewide			Public Health District									
				District 1			District 2			District 3			
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n	
TOTAL	33.3	31.4 35.3	5,149	32.0	27.6 36.7	752	35.3	30.2 40.8	751	36.3	31.7 41.1	731	
SEX													
Male	35.6	32.6 38.8	2,050	35.1	28.3 42.5	284	33.7	26.4 41.9	304	39.7	32.7 47.0	300	
Female	31.0	28.8 33.4	3,099	28.9	23.6 34.7	468	37.0	30.2 44.5	447	33.0	27.3 39.2	431	
AGE													
18-24	73.3	65.9 79.7	216	*	*	*	*	*	*	*	*	*	
25-34	53.7	48.5 58.8	670	53.4	41.2 65.3	82	49.6	37.8 61.5	84	51.6	41.9 61.1	118	
35-44	32.7	29.0 36.7	812	34.4	25.4 44.8	112	36.6	26.7 47.7	100	39.2	30.2 48.9	117	
45-54	23.7	20.8 26.8	1,082	26.1	19.3 34.2	163	22.7	16.2 30.9	157	19.2	13.1 27.2	136	
55-64	13.1	10.9 15.8	1,020	13.3	8.7 19.9	151	15.2	8.2 26.5	171	22.5	15.2 32.0	129	
65+	8.3	6.8 10.1	1,314	9.4	5.9 14.7	219	8.1	4.9 13.1	204	9.8	6.2 15.1	200	
18-34	61.3	57.1 65.4	886	62.3	51.1 72.4	106	67.0	56.5 76.0	117	62.6	53.0 71.4	145	
35-54	28.1	25.8 30.7	1,894	29.9	24.2 36.3	275	28.9	23.0 35.6	257	29.6	23.8 36.1	253	
55+	10.6	9.2 12.2	2,334	11.3	8.2 15.3	370	11.3	7.4 16.9	375	15.6	11.5 20.8	329	
SEX and AGE													
Male													
18-34	63.0	56.3 69.2	346	*	*	*	*	*	*	*	61.8	46.3 75.2	58
35-54	31.3	27.6 35.4	745	33.5	24.4 44.0	99	28.2	19.4 39.1	94	38.3	29.0 48.4	104	
55+	10.1	8.0 12.7	948	12.5	7.9 19.2	147	9.6	4.0 21.4	161	16.6	10.2 25.8	138	
Female													
18-34	59.6	54.3 64.6	540	59.2	45.0 72.0	68	72.4	58.5 83.0	68	63.4	51.5 73.9	87	
35-54	24.8	22.1 27.9	1,149	26.4	20.1 34.0	176	29.6	22.6 37.7	163	20.5	14.7 27.9	149	
55+	11.1	9.4 13.0	1,386	10.2	6.6 15.3	223	12.8	8.6 18.6	214	14.7	10.1 20.7	191	
INCOME													
Less than \$15,000	37.3	30.9 44.2	465	29.9	17.7 45.8	76	56.4	40.6 70.9	92	42.5	28.2 58.1	60	
\$15,000 - \$24,999	41.4	36.2 46.8	832	38.4	27.6 50.5	128	31.9	21.6 44.3	134	32.5	23.0 43.7	125	
\$25,000 - \$34,999	34.2	29.3 39.5	687	32.5	22.4 44.6	95	45.0	32.1 58.6	99	33.2	23.4 44.8	115	
\$35,000 - \$49,999	31.5	27.4 35.8	868	33.8	24.0 45.2	124	27.8	18.4 39.6	114	39.2	28.8 50.6	130	
\$50,000 - \$74,999	31.3	26.6 36.3	818	24.0	16.1 34.1	138	32.9	21.6 46.6	106	39.0	28.6 50.5	111	
\$75,000+	23.1	19.3 27.5	900	27.0	17.3 39.7	108	17.6	8.6 32.9	123	20.4	13.0 30.6	112	
EMPLOYMENT													
Employed	36.7	34.1 39.3	2,861	38.1	32.2 44.3	401	35.6	29.2 42.6	401	41.2	35.1 47.5	399	
Unemployed	53.4	43.0 63.4	145	*	*	*	*	*	*	*	*	*	
Other**	25.3	22.5 28.2	2,130	18.0	13.2 23.9	322	28.7	20.9 38.0	328	24.5	18.1 32.3	305	
EDUCATION													
K-11th Grade	55.9	49.5 62.1	452	*	*	*	*	62.7	48.6 75.0	84	49.2	35.9 62.5	78
12th Grade or GED	38.4	34.8 42.2	1,607	36.1	28.4 44.7	252	40.6	32.1 49.6	237	37.9	29.9 46.7	266	
Some College	31.5	28.3 34.9	1,616	30.1	23.3 37.8	268	36.4	26.1 48.0	208	33.3	25.6 41.9	222	
College Graduate+	22.0	19.0 25.3	1,463	21.1	14.5 29.7	185	14.3	9.1 21.9	219	29.4	22.2 37.9	162	

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cholesterol Screening

Idaho adults who had not had cholesterol checked within the last five years, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	28.3	23.8	33.2	735	36.3	31.8	41.0	727	36.2	31.6	41.1	733	36.4	31.7	41.5	720
SEX																
Male	31.5	24.2	39.7	278	43.4	36.3	50.7	274	36.5	29.4	44.3	295	33.9	27.1	41.4	315
Female	25.0	20.3	30.3	457	29.1	24.1	34.8	453	35.9	30.2	42.0	438	39.0	32.7	45.8	405
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	53.1	41.2	64.6	91	59.6	48.4	69.8	91	52.1	40.9	63.2	91	57.6	47.4	67.2	113
35-44	27.5	19.8	36.9	130	29.5	21.0	39.8	107	37.6	29.0	47.1	125	33.0	25.0	42.2	121
45-54	19.0	13.4	26.3	158	36.8	28.8	45.7	181	24.0	17.4	32.3	150	23.6	16.6	32.3	137
55-64	7.5	4.0	13.5	161	13.3	7.8	21.8	115	14.0	9.1	20.8	151	11.8	7.1	19.0	142
65+	4.2	1.9	8.8	159	6.7	3.9	11.3	192	13.8	8.8	20.8	177	9.4	5.6	15.4	163
18-34	53.1	42.5	63.5	115	68.9	58.5	77.6	126	62.8	52.5	72.1	125	65.6	55.8	74.3	152
35-54	23.5	18.4	29.5	288	33.4	27.3	40.0	288	30.5	24.9	36.7	275	28.1	22.6	34.3	258
55+	5.9	3.6	9.4	320	9.7	6.6	14.1	307	13.9	10.2	18.6	328	10.6	7.4	15.0	305
SEX and AGE																
Male																
18-34	*	*	*	*	76.0	59.9	87.0	56	*	*	*	*	60.0	44.6	73.6	58
35-54	24.8	17.1	34.5	114	42.8	33.0	53.3	106	30.1	22.0	39.6	115	27.3	19.6	36.7	113
55+	5.1	2.0	12.4	118	8.3	4.4	15.4	110	12.5	7.4	20.4	131	8.0	4.3	14.3	143
Female																
18-34	46.9	35.2	58.9	76	60.5	47.0	72.6	70	61.4	47.8	73.5	77	71.6	60.6	80.5	94
35-54	22.2	16.2	29.5	174	23.4	17.4	30.6	182	30.9	23.6	39.2	160	28.9	21.7	37.3	145
55+	6.5	3.8	10.9	202	10.9	6.7	17.2	197	15.1	10.5	21.4	197	13.1	8.3	20.0	162
INCOME																
Less than \$15,000	28.5	15.3	46.8	59	37.6	23.2	54.6	75	41.6	26.9	57.9	68	*	*	*	*
\$15,000 - \$24,999	41.7	25.3	60.1	79	47.7	36.4	59.1	135	41.3	29.7	54.0	122	56.9	43.8	69.1	109
\$25,000 - \$34,999	32.8	20.8	47.4	88	31.9	21.8	43.9	106	29.1	19.5	41.0	92	40.8	28.7	54.3	92
\$35,000 - \$49,999	24.8	16.1	36.3	108	37.1	28.3	46.9	139	30.1	20.8	41.3	120	27.6	18.2	39.6	133
\$50,000 - \$74,999	31.0	20.1	44.6	121	27.4	17.2	40.7	85	31.0	21.4	42.5	126	34.4	25.3	44.7	131
\$75,000+	21.5	14.7	30.3	202	27.9	16.2	43.7	92	28.8	18.7	41.5	119	23.2	16.4	31.7	144
EMPLOYMENT																
Employed	32.4	26.4	39.0	418	40.4	34.9	46.2	427	36.9	31.0	43.3	402	36.1	30.8	41.8	413
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	20.4	15.0	27.2	301	23.8	17.1	32.0	274	32.1	24.9	40.2	308	37.3	28.6	47.0	292
EDUCATION																
K-11th Grade	*	*	*	*	58.9	47.1	69.8	90	47.8	31.9	64.0	64	61.0	45.5	74.5	52
12th Grade or GED	35.3	25.1	47.0	176	45.9	37.8	54.3	234	39.4	31.4	48.0	251	37.1	28.9	46.1	191
Some College	22.9	16.5	31.0	222	29.3	21.8	38.0	223	36.6	28.4	45.6	237	42.9	33.8	52.5	236
College Graduate+	21.8	16.1	29.0	298	16.2	10.8	23.4	179	25.6	18.7	33.9	179	22.5	16.6	29.8	241

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Visits

Idaho adults who had not visited the dentist in the previous 12 months, 2007

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	32.3	30.6	34.1	5,018	36.7	32.4	41.2	716	41.0	36.2	46.0	737	32.7	28.6	37.1	715
SEX																
Male	32.8	30.1	35.6	1,976	39.6	32.8	46.8	270	42.1	35.0	49.5	292	28.8	23.1	35.3	291
Female	31.9	29.7	34.1	3,042	33.8	28.7	39.3	446	39.9	33.4	46.8	445	36.5	30.9	42.4	424
AGE																
18-24	35.8	28.9	43.3	226	*	*	*	*	*	*	*	*	*	*	*	*
25-34	34.8	30.1	39.8	665	43.2	31.4	55.9	82	35.3	25.1	47.0	86	36.2	27.4	46.0	112
35-44	29.2	25.6	33.1	794	39.5	29.6	50.5	106	44.6	33.6	56.1	96	34.4	25.8	44.0	117
45-54	32.5	29.1	36.0	1,031	34.7	26.9	43.4	152	42.7	34.3	51.5	156	32.8	24.3	42.4	125
55-64	26.2	23.1	29.5	983	26.3	18.9	35.3	139	36.9	28.1	46.8	163	25.4	18.0	34.6	128
65+	35.8	32.8	39.0	1,290	43.7	36.4	51.3	209	42.9	35.6	50.5	200	31.4	25.0	38.6	200
18-34	35.2	31.2	39.5	891	37.9	27.6	49.3	108	39.4	28.8	51.1	121	35.4	26.6	45.4	142
35-54	30.8	28.4	33.4	1,825	36.9	30.6	43.8	258	43.5	36.7	50.5	252	33.6	27.5	40.4	242
55+	31.2	29.1	33.5	2,273	35.4	30.0	41.3	348	40.3	34.6	46.3	363	28.7	23.7	34.3	328
SEX and AGE																
Male																
18-34	32.0	26.1	38.6	342	*	*	*	*	34.8	21.9	50.3	52	21.9	12.7	35.0	56
35-54	34.2	30.2	38.3	708	40.7	30.6	51.7	94	51.1	39.8	62.3	87	36.2	27.1	46.6	100
55+	32.0	28.5	35.6	918	36.3	27.8	45.6	138	42.1	33.1	51.7	153	27.8	20.1	36.9	135
Female																
18-34	38.6	33.4	44.0	549	33.6	21.6	48.2	70	44.7	29.0	61.6	69	49.1	36.6	61.7	86
35-54	27.5	24.5	30.6	1,117	33.1	25.8	41.2	164	36.4	28.8	44.7	165	30.9	23.2	39.8	142
55+	30.6	27.9	33.4	1,355	34.7	28.1	41.9	210	38.6	31.7	46.0	210	29.5	23.2	36.7	193
INCOME																
Less than \$15,000	53.0	46.0	59.8	465	51.9	37.0	66.5	73	57.3	40.3	72.8	95	51.1	36.3	65.6	62
\$15,000 - \$24,999	50.5	45.4	55.6	807	59.8	48.9	69.8	126	51.7	39.9	63.3	128	43.7	31.9	56.3	122
\$25,000 - \$34,999	39.1	34.5	44.0	673	51.8	40.1	63.3	89	47.7	35.1	60.6	99	46.7	36.2	57.5	112
\$35,000 - \$49,999	32.8	28.7	37.1	838	37.6	26.8	49.8	113	36.3	26.7	47.2	110	26.9	19.0	36.6	125
\$50,000 - \$74,999	22.9	19.1	27.2	793	24.7	16.9	34.6	130	22.2	14.7	32.1	107	25.0	17.0	35.2	109
\$75,000+	14.2	11.5	17.4	880	16.0	9.2	26.4	103	18.0	11.3	27.5	120	15.8	9.4	25.3	109
EMPLOYMENT																
Employed	31.5	29.2	34.0	2,766	33.4	27.7	39.6	379	38.2	32.1	44.7	392	31.0	25.6	37.0	384
Unemployed	46.9	36.5	57.5	142	*	*	*	*	*	*	*	*	*	*	*	*
Other**	32.4	29.8	35.2	2,097	41.6	35.2	48.3	309	40.4	33.1	48.1	324	33.2	27.3	39.7	306
EDUCATION																
K-11th Grade	55.3	48.5	61.9	434	*	*	*	*	61.6	45.5	75.6	82	59.6	45.4	72.3	77
12th Grade or GED	39.0	35.6	42.6	1,556	46.0	38.1	54.1	237	45.0	36.8	53.4	234	29.9	23.1	37.8	255
Some College	30.1	27.2	33.2	1,580	34.8	27.9	42.4	255	40.6	31.1	50.8	205	28.6	22.1	36.0	220
College Graduate+	19.9	17.3	22.6	1,438	18.2	12.7	25.3	177	25.9	19.5	33.5	214	26.2	19.4	34.3	159

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Visits

Idaho adults who had not visited the dentist in the previous 12 months, 2007

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	25.3	21.4	29.7	716	34.1	29.9	38.6	703	35.3	31.0	39.9	717	32.9	28.4	37.8	714
SEX																
Male	26.1	19.9	33.3	267	33.7	27.1	41.0	260	36.7	30.2	43.8	290	35.2	28.8	42.1	306
Female	24.5	20.0	29.7	449	34.6	29.5	40.1	443	34.0	28.4	40.0	427	30.7	24.4	38.0	408
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	26.7	17.1	39.0	89	36.1	26.3	47.3	87	38.7	28.5	49.9	97	44.2	34.2	54.6	112
35-44	21.2	14.5	29.9	128	24.1	16.4	34.0	105	26.3	18.8	35.6	120	32.1	24.1	41.4	122
45-54	29.8	22.4	38.6	150	36.3	28.4	45.0	171	38.0	29.7	47.1	142	20.2	13.8	28.7	135
55-64	15.8	10.5	23.0	155	38.0	28.6	48.5	114	31.3	24.0	39.7	147	26.8	19.6	35.4	137
65+	29.7	22.3	38.3	158	36.2	28.6	44.6	188	42.2	34.2	50.6	172	31.1	24.1	39.1	163
18-34	28.5	19.8	39.3	116	35.7	25.9	46.8	119	36.4	27.1	46.8	132	42.3	32.3	52.9	153
35-54	25.2	20.0	31.2	278	30.5	24.8	36.9	276	32.4	26.6	38.8	262	25.9	20.6	32.1	257
55+	22.6	17.9	28.1	313	37.0	30.9	43.5	302	37.1	31.5	43.1	319	29.0	23.8	34.8	300
SEX and AGE																
Male																
18-34	*	*	*	*	30.6	17.2	48.2	52	34.8	21.5	50.8	50	44.4	30.3	59.5	56
35-54	28.7	20.5	38.5	108	32.1	23.1	42.8	95	35.9	27.2	45.6	112	28.7	20.7	38.3	112
55+	22.9	15.5	32.4	117	38.3	29.0	48.6	111	39.0	30.4	48.2	127	30.0	22.6	38.6	137
Female																
18-34	30.9	20.6	43.5	78	41.8	29.3	55.4	67	38.0	26.1	51.7	82	40.3	26.6	55.6	97
35-54	21.6	15.7	28.9	170	28.9	22.3	36.6	181	29.0	21.7	37.5	150	23.1	16.6	31.2	145
55+	22.3	16.8	29.0	196	35.9	28.2	44.4	191	35.3	28.2	43.1	192	28.0	21.1	36.1	163
INCOME																
Less than \$15,000	49.8	33.3	66.3	59	63.8	49.0	76.3	72	46.5	31.4	62.3	67	*	*	*	*
\$15,000 - \$24,999	47.7	32.6	63.3	79	58.4	46.4	69.5	129	50.2	38.0	62.5	118	41.7	29.2	55.4	105
\$25,000 - \$34,999	25.6	16.4	37.5	90	37.0	27.1	48.1	103	37.9	27.7	49.3	93	42.9	30.5	56.3	87
\$35,000 - \$49,999	31.2	21.3	43.3	103	28.3	20.7	37.5	134	39.4	29.4	50.3	119	35.3	25.9	45.9	134
\$50,000 - \$74,999	16.1	8.4	28.8	113	18.8	11.0	30.4	81	24.1	16.8	33.4	127	35.3	26.3	45.6	126
\$75,000+	12.6	8.1	19.3	196	8.5	4.2	16.5	88	21.5	13.3	32.9	117	11.8	7.3	18.5	147
EMPLOYMENT																
Employed	26.4	21.1	32.4	403	33.9	28.6	39.7	410	33.3	27.8	39.2	396	35.1	29.8	40.8	402
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	23.0	18.1	28.8	298	35.2	28.2	42.9	268	37.7	30.5	45.4	297	29.3	21.4	38.7	295
EDUCATION																
K-11th Grade	*	*	*	*	58.7	45.0	71.1	80	37.1	23.8	52.8	60	55.9	39.9	70.7	51
12th Grade or GED	36.0	26.7	46.6	175	42.6	34.5	51.1	225	41.2	33.3	49.6	244	39.7	31.6	48.4	186
Some College	26.1	19.6	33.7	214	26.5	20.3	33.8	221	33.7	26.4	42.0	234	28.5	20.7	37.9	231
College Graduate+	13.3	9.4	18.5	289	17.9	12.1	25.6	176	28.0	21.0	36.3	177	27.5	20.0	36.6	246

*Figure not reliable by BRFSS standards (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Appendix A

Trends of Selected Risk Variables by Public Health District From 2000 Through 2007

The following tables present data for each health district for selected risk variables from the years 2000 through 2007.

Variable Heading	Definition	Question/Page in Appendix B
General Health	Adults who reported their general health status as "fair" or "poor"	Q1.1 p. 100
Health Care Coverage	Adults without health care coverage	Q3.1 p. 100
Dental Insurance	Adults without dental insurance	ID3.4 p. 109
Diabetes	Adults who had ever been told they had diabetes	Q5.1 p. 100
Asthma	Adults who were diagnosed and still had asthma	Q9.1-Q9.2 p. 102
Arthritis	Adults who had ever been told they had arthritis	Q15.1 p. 105
High Cholesterol	Adults who were ever told they had high cholesterol, among those ever screened	Q7.1-Q7.3 p. 101-102
High Blood Pressure	Adults who were ever told they had high blood pressure	Q6.1 p. 101
Fruits and Vegetables	Adults who did not eat five servings of fruits and vegetables each day	Q16.1 p. 105
Physical Activity	Adults who did not participate in leisure time physical activity	Q4.1 p. 100
Overweight	Adults who were overweight (BMI \geq 25)	Q12.11, Q12.12
Obesity	Adults who were obese (BMI \geq 30)	p. 103-104
Cigarette Smoking	Adults who smoked cigarettes	Q11.1-Q11.2 p. 102-103
Binge Drinking	Males who consumed 5+ drinks and females who consumed 4+ drinks on a single occasion in the last 30 days	Q13.4 p. 104
Heavy Drinking	Males who consumed >60 drinks and females who consumed >30 drinks in the last 30 days	Q13.1-Q13.3 p. 104
Illicit Drug Use	Adults who used illicit drugs in the last 12 months	ID14.1-ID14.2 p. 111
Seat Belt Use	Adults who did not always wear seat belt	ID7.1 p. 110
Cholesterol Screening	Adults who had not had cholesterol checked within the last five years	Q7.1-Q7.2 p. 101-102
Dental Visits	Adults who had not visited the dentist in the last 12 months	ID4.1 p. 109

Trends of Selected Risk Factors

By Public Health District, 2000-2007

	Year											
	2000			2001			2002			2003		
	%	95% CI	n									
Idaho												
General Health	13.1	12.1 14.3	4,973	13.0	12.0 14.1	4,822	13.4	12.4 14.6	4,850	13.6	12.6 14.8	4,813
Health Care Coverage	17.1	15.9 18.4	4,960	14.8	13.6 16.1	4,819	16.8	15.6 18.2	4,845	16.3	15.0 17.7	4,808
Dental Insurance	*	* *	*	44.9	43.2 46.7	4,693	45.0	43.3 46.7	4,791	44.6	42.9 46.3	4,771
Diabetes	4.9	4.2 5.6	4,973	5.4	4.8 6.2	4,830	6.1	5.4 6.8	4,853	6.3	5.5 7.1	4,823
Asthma ¹	7.7	6.9 8.6	4,965	8.0	7.1 8.9	4,821	7.8	6.9 8.7	4,836	8.0	7.1 9.0	4,800
Arthritis ²	*	* *	*	*	* *	*	25.3	24.0 26.8	4,838	25.7	24.3 27.1	4,799
High Cholesterol	*	* *	*	30.3	28.6 32.1	3,486	*	* *	*	31.1	29.3 32.9	3,588
High Blood Pressure	*	* *	*	24.6	23.1 26.1	4,823	*	* *	*	23.2	21.8 24.6	4,811
Fruits and Vegetables ³	78.9	77.6 80.2	4,978	*	* *	*	78.6	77.2 80.0	4,856	79.3	77.9 80.7	4,823
Physical Activity	19.8	18.5 21.1	4,974	21.0	19.6 22.5	4,831	19.4	18.1 20.7	4,855	18.3	17.1 19.7	4,817
Overweight ³	55.7	54.0 57.4	4,781	59.3	57.6 61.1	4,588	57.3	55.6 59.1	4,661	59.3	57.5 61.1	4,583
Obesity	18.9	17.6 20.2	4,781	20.5	19.2 21.9	4,588	20.4	19.1 21.8	4,661	22.0	20.5 23.5	4,583
Cigarette Smoking	22.3	20.9 23.7	4,967	19.6	18.3 21.0	4,823	20.7	19.3 22.2	4,846	18.9	17.6 20.3	4,813
Binge Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Heavy Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Illicit Drug Use ⁴	*	* *	*	*	* *	*	5.8	4.9 6.9	4,830	6.5	5.6 7.5	4,802
Seat Belt Usage	39.1	37.6 40.7	4,927	34.8	33.2 36.4	4,713	34.7	33.1 36.4	4,847	32.7	31.1 34.4	4,812
Cholesterol Screening	*	* *	*	34.1	32.4 35.8	4,674	*	* *	*	32.6	30.9 34.3	4,645
Dental Visits	*	* *	*	34.6	33.0 36.2	4,714	32.5	30.9 34.1	4,836	33.8	32.2 35.5	4,795
District 1												
General Health	14.1	11.6 17.1	714	14.3	11.8 17.3	690	17.4	14.7 20.6	721	16.8	13.9 20.1	681
Health Care Coverage	17.2	14.6 20.3	713	15.9	13.1 19.3	687	20.7	17.4 24.5	722	20.2	17.0 23.9	679
Dental Insurance	*	* *	*	50.7	46.5 54.9	667	53.5	49.3 57.5	714	50.9	46.7 55.1	678
Diabetes	5.5	4.0 7.5	715	5.4	3.9 7.5	690	6.8	5.1 9.0	723	7.0	5.2 9.4	683
Asthma ¹	8.4	6.4 11.0	714	7.7	5.8 10.1	688	10.2	8.0 12.9	721	8.3	6.4 10.7	676
Arthritis ²	*	* *	*	*	* *	*	32.2	28.6 36.1	719	31.7	28.0 35.7	679
High Cholesterol	*	* *	*	32.1	27.8 36.7	495	*	* *	*	33.7	29.4 38.4	514
High Blood Pressure	*	* *	*	26.9	23.5 30.6	690	*	* *	*	24.0	20.7 27.7	682
Fruits and Vegetables ³	78.4	75.0 81.5	715	*	* *	*	77.4	74.0 80.5	722	78.5	74.8 81.7	683
Physical Activity	21.4	18.3 24.9	714	20.8	17.7 24.3	690	19.5	16.5 22.9	722	19.0	15.9 22.5	683
Overweight ³	61.0	56.9 64.9	693	58.1	53.9 62.2	658	59.0	54.9 63.1	695	59.6	55.3 63.7	649
Obesity	22.1	18.9 25.7	693	17.6	14.6 21.1	658	22.8	19.5 26.4	695	20.4	17.2 24.0	649
Cigarette Smoking	24.8	21.5 28.5	711	20.6	17.4 24.1	688	27.0	23.3 31.0	721	21.7	18.5 25.3	682
Binge Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Heavy Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Illicit Drug Use ⁴	*	* *	*	*	* *	*	7.3	5.2 10.3	718	6.7	4.8 9.2	677
Seat Belt Usage	37.1	33.3 41.2	708	32.1	28.3 36.2	674	28.5	24.8 32.4	720	30.0	26.2 34.1	683
Cholesterol Screening	*	* *	*	32.4	28.6 36.5	662	*	* *	*	31.0	27.2 35.2	658
Dental Visits	*	* *	*	40.4	36.4 44.6	673	37.5	33.6 41.6	719	37.9	33.9 42.0	681

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2000-2007

	Year											
	2004			2005			2006			2007		
	%	95% CI	n									
Idaho												
General Health	12.5	11.5 13.6	5,060	14.9	13.7 16.2	5,724	13.9	12.8 15.1	5,337	14.9	13.8 16.2	5,303
Health Care Coverage	15.5	14.3 16.8	5,051	18.9	17.3 20.6	5,716	18.8	17.2 20.4	5,326	18.9	17.3 20.6	5,299
Dental Insurance	43.5	41.8 45.2	5,013	45.7	43.9 47.5	5,390	45.7	43.9 47.5	5,081	43.0	41.2 44.9	4,992
Diabetes	6.2	5.5 6.9	5,070	6.8	6.2 7.6	5,726	6.8	6.1 7.7	5,339	7.9	7.1 8.7	5,306
Asthma ¹	7.9	7.0 8.9	5,041	7.3	6.5 8.2	5,697	9.2	8.2 10.3	5,295	8.7	7.7 9.8	5,273
Arthritis ²	*	* *	*	25.5	24.2 26.9	5,644	*	* *	*	25.8	24.4 27.3	5,215
High Cholesterol	*	* *	*	36.3	34.5 38.1	4,329	*	* *	*	37.6	35.7 39.5	4,130
High Blood Pressure	*	* *	*	23.6	22.3 25.0	5,720	*	* *	*	25.9	24.5 27.4	5,304
Fruits and Vegetables ³	*	* *	*	76.8	75.3 78.3	5,625	*	* *	*	77.7	76.2 79.2	5,201
Physical Activity	18.8	17.5 20.1	5,061	21.6	20.2 23.1	5,722	20.8	19.4 22.2	5,331	19.6	18.2 21.0	5,304
Overweight ³	58.2	56.4 60.0	4,889	61.4	59.5 63.1	5,439	59.7	57.9 61.6	5,091	63.1	61.2 64.9	5,042
Obesity	21.1	19.7 22.5	4,889	24.5	23.1 26.1	5,439	24.1	22.7 25.6	5,091	25.1	23.6 26.7	5,042
Cigarette Smoking	17.4	16.2 18.8	5,054	17.9	16.6 19.4	5,719	16.8	15.5 18.2	5,328	19.1	17.6 20.7	5,302
Binge Drinking ^{4,5}	*	* *	*	14.2	12.7 15.8	5,683	14.8	13.4 16.3	5,258	14.7	13.3 16.3	5,227
Heavy Drinking ^{4,5}	*	* *	*	4.2	3.6 5.0	5,668	4.9	4.0 5.9	5,223	5.0	4.1 5.9	5,180
Illicit Drug Use ⁴	5.8	4.9 6.8	5,046	5.3	4.3 6.5	5,332	4.1	3.2 5.1	5,084	5.1	4.1 6.5	4,945
Seat Belt Usage	*	* *	*	23.8	22.3 25.4	5,422	26.8	25.2 28.4	5,245	24.6	22.9 26.4	5,026
Cholesterol Screening	*	* *	*	33.6	31.8 35.4	5,549	*	* *	*	33.3	31.4 35.3	5,149
Dental Visits	33.4	31.8 35.0	5,025	33.5	31.9 35.3	5,481	34.6	32.9 36.3	5,321	32.3	30.6 34.1	5,018
District 1												
General Health	13.1	10.7 15.9	706	13.4	10.5 16.8	902	15.9	13.2 19.1	748	13.1	10.7 16.0	769
Health Care Coverage	19.6	16.3 23.5	702	21.2	17.1 25.8	902	20.6	16.8 24.9	750	18.4	15.0 22.4	767
Dental Insurance	51.8	47.6 56.0	697	51.9	47.5 56.3	857	46.9	42.4 51.5	718	49.2	44.6 53.8	715
Diabetes	4.6	3.3 6.5	707	6.3	4.9 8.0	901	7.0	5.4 9.2	750	7.0	5.3 9.2	770
Asthma ¹	7.9	6.0 10.4	701	7.4	5.6 9.8	894	11.0	8.0 14.9	739	8.4	6.4 11.1	760
Arthritis ²	*	* *	*	27.9	24.7 31.4	891	*	* *	*	31.0	27.2 35.0	749
High Cholesterol	*	* *	*	39.3	35.2 43.7	737	*	* *	*	41.4	36.9 46.0	612
High Blood Pressure	*	* *	*	25.6	22.4 29.0	902	*	* *	*	26.0	22.7 29.6	768
Fruits and Vegetables ³	*	* *	*	80.0	76.9 82.8	891	*	* *	*	74.8	70.7 78.6	747
Physical Activity	19.1	16.0 22.6	705	20.8	17.7 24.4	900	16.8	13.8 20.3	749	18.1	15.2 21.3	769
Overweight ³	60.0	55.8 64.1	678	59.4	54.9 63.7	858	62.7	58.1 67.1	723	60.8	56.3 65.2	735
Obesity	21.5	18.2 25.2	678	21.7	18.5 25.2	858	23.7	20.3 27.6	723	23.7	20.2 27.5	735
Cigarette Smoking	20.9	17.7 24.6	703	20.7	17.0 25.0	900	19.2	15.8 23.1	747	23.6	19.9 27.8	765
Binge Drinking ^{4,5}	*	* *	*	13.2	10.5 16.4	893	17.4	13.9 21.5	740	17.4	14.1 21.4	753
Heavy Drinking ^{4,5}	*	* *	*	5.2	3.8 7.1	887	6.7	4.8 9.1	731	5.1	3.5 7.4	744
Illicit Drug Use ⁴	5.2	3.5 7.6	701	6.6	4.0 10.7	845	4.6	2.8 7.7	717	4.7	2.8 7.9	705
Seat Belt Usage	*	* *	*	17.5	14.7 20.8	864	22.2	18.5 26.3	737	22.2	18.3 26.7	717
Cholesterol Screening	*	* *	*	28.2	24.3 32.6	881	*	* *	*	32.0	27.6 36.7	752
Dental Visits	37.5	33.6 41.7	696	38.3	33.9 42.8	869	37.8	33.6 42.2	747	36.7	32.4 41.2	716

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2000-2007

	Year											
	2000			2001			2002			2003		
District 2	%	95% CI	n									
General Health	13.6	11.2 16.5	709	11.7	9.3 14.6	681	15.2	12.1 18.8	705	15.0	12.3 18.1	656
Health Care Coverage	15.9	13.1 19.1	709	14.4	11.5 17.9	684	16.1	13.2 19.4	704	15.9	12.8 19.5	658
Dental Insurance	*	* *	*	45.4	41.1 49.7	663	46.5	42.5 50.6	698	49.5	45.1 53.9	652
Diabetes	4.2	2.9 6.1	707	4.2	2.9 6.0	683	6.3	4.6 8.4	705	5.8	4.2 8.0	658
Asthma ¹	9.6	7.5 12.2	708	8.3	6.2 11.0	681	9.2	6.6 12.7	699	7.3	5.4 9.8	655
Arthritis ²	*	* *	*	*	* *	*	27.1	23.8 30.7	703	30.8	27.1 34.8	653
High Cholesterol	*	* *	*	31.8	27.6 36.3	500	*	* *	*	33.4	28.9 38.2	486
High Blood Pressure	*	* *	*	25.3	21.8 29.1	682	*	* *	*	25.8	22.4 29.5	657
Fruits and Vegetables ³	76.9	73.4 80.1	709	*	* *	*	76.5	72.6 79.9	706	78.9	75.2 82.1	659
Physical Activity	19.2	16.3 22.5	709	22.5	19.3 26.2	684	16.8	14.0 20.0	706	16.7	13.9 20.1	657
Overweight ³	54.7	50.5 58.8	677	58.6	54.3 62.9	644	58.8	54.4 63.0	678	59.4	54.9 63.8	625
Obesity	18.3	15.3 21.6	677	21.6	18.2 25.4	644	19.1	16.2 22.5	678	20.8	17.6 24.5	625
Cigarette Smoking	19.6	16.6 23.0	707	18.2	15.1 21.8	683	20.1	17.0 23.7	704	17.5	14.4 21.1	658
Binge Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Heavy Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Illicit Drug Use ⁴	*	* *	*	*	* *	*	6.0	4.3 8.4	698	7.3	5.1 10.4	655
Seat Belt Usage	41.8	37.8 45.9	700	38.3	34.3 42.6	662	34.5	30.7 38.6	705	30.7	26.7 35.1	655
Cholesterol Screening	*	* *	*	33.7	29.7 37.9	667	*	* *	*	34.5	30.3 39.0	634
Dental Visits	*	* *	*	37.0	32.9 41.3	667	35.8	31.8 40.1	699	37.4	33.2 41.8	655
District 3	%	95% CI	n									
General Health	17.0	14.2 20.3	704	16.2	13.4 19.4	681	14.0	11.4 17.0	688	16.8	13.9 20.2	677
Health Care Coverage	20.2	16.9 23.8	704	16.0	13.1 19.3	679	17.3	14.3 20.7	686	22.6	19.0 26.7	677
Dental Insurance	*	* *	*	48.0	43.8 52.3	661	45.9	41.6 50.2	670	48.8	44.5 53.1	674
Diabetes	6.0	4.4 8.2	703	6.1	4.3 8.4	681	7.5	5.6 10.0	689	7.7	5.8 10.3	679
Asthma ¹	7.9	6.0 10.4	702	7.9	6.0 10.4	680	6.3	4.6 8.7	687	7.9	5.9 10.6	678
Arthritis ²	*	* *	*	*	* *	*	27.0	23.5 30.7	684	25.6	22.2 29.4	677
High Cholesterol	*	* *	*	27.4	23.2 32.2	472	*	* *	*	32.9	28.5 37.7	487
High Blood Pressure	*	* *	*	25.7	22.3 29.4	680	*	* *	*	24.5	21.2 28.2	677
Fruits and Vegetables ³	77.6	73.9 80.9	704	*	* *	*	80.1	76.5 83.3	689	83.1	79.8 86.0	678
Physical Activity	20.2	17.2 23.5	702	23.0	19.9 26.6	681	22.0	18.8 25.7	689	20.6	17.4 24.2	676
Overweight ³	58.0	53.7 62.2	685	63.1	58.9 67.1	652	60.6	56.1 64.9	655	61.5	57.1 65.8	637
Obesity	21.0	17.9 24.4	685	24.6	21.2 28.4	652	22.8	19.4 26.5	655	24.4	21.0 28.3	637
Cigarette Smoking	20.8	17.6 24.3	704	24.0	20.6 27.9	680	20.2	17.0 23.7	687	21.8	18.5 25.5	676
Binge Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Heavy Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Illicit Drug Use ⁴	*	* *	*	*	* *	*	3.0	1.7 5.0	681	6.3	4.3 9.1	676
Seat Belt Usage	38.5	34.5 42.7	700	35.6	31.8 39.7	662	35.8	31.8 40.1	689	31.7	27.7 35.9	677
Cholesterol Screening	*	* *	*	35.8	31.8 40.0	660	*	* *	*	38.0	33.8 42.5	656
Dental Visits	*	* *	*	40.9	36.9 45.1	665	37.4	33.3 41.7	686	41.5	37.3 45.8	673

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2000-2007

	Year											
	2004			2005			2006			2007		
	%	95% CI	n									
District 2												
General Health	16.8	13.9 20.1	737	16.7	14.0 19.8	791	15.9	13.0 19.3	746	17.9	14.5 21.7	776
Health Care Coverage	15.9	12.9 19.4	736	22.5	18.6 26.9	785	21.8	17.1 27.3	743	15.5	12.0 19.9	776
Dental Insurance	49.8	45.7 54.0	729	54.6	50.2 58.9	744	52.5	47.7 57.3	709	44.5	39.6 49.4	732
Diabetes	6.7	4.9 9.1	737	6.9	5.1 9.1	791	6.8	5.2 8.9	746	8.2	6.3 10.4	777
Asthma ¹	7.7	5.8 10.1	732	7.4	5.4 10.0	785	7.0	5.3 9.3	742	8.0	5.9 10.9	772
Arthritis ²	*	* *	*	28.1	24.7 31.8	775	*	* *	*	28.0	24.4 31.9	764
High Cholesterol	*	* *	*	36.1	31.8 40.6	593	*	* *	*	36.8	32.6 41.3	619
High Blood Pressure	*	* *	*	26.0	22.6 29.7	789	*	* *	*	29.7	25.8 33.9	776
Fruits and Vegetables ³	*	* *	*	76.6	73.0 79.9	776	*	* *	*	77.9	73.6 81.7	762
Physical Activity	16.3	13.7 19.4	734	23.9	20.2 28.0	791	22.2	18.5 26.3	745	20.7	17.3 24.6	777
Overweight ³	59.1	54.8 63.2	710	61.1	56.8 65.2	744	61.7	56.5 66.7	717	64.6	59.5 69.4	741
Obesity	20.9	17.8 24.3	710	24.9	21.4 28.7	744	23.1	19.6 27.0	717	27.1	23.1 31.4	741
Cigarette Smoking	18.6	15.7 21.9	737	19.3	15.7 23.4	785	21.8	17.3 27.0	745	19.4	15.5 23.9	778
Binge Drinking ^{4,5}	*	* *	*	13.6	10.8 17.0	783	19.6	15.2 24.9	727	15.8	12.1 20.3	766
Heavy Drinking ^{4,5}	*	* *	*	4.5	3.1 6.5	786	5.3	3.4 8.2	719	4.6	3.0 6.9	752
Illicit Drug Use ⁴	5.5	3.7 8.2	733	4.4	2.7 7.0	737	4.0	2.0 7.8	717	6.0	3.4 10.5	729
Seat Belt Usage	*	* *	*	27.3	23.5 31.5	750	25.9	21.5 30.8	730	23.6	19.6 28.0	737
Cholesterol Screening	*	* *	*	37.5	33.1 42.2	762	*	* *	*	35.3	30.2 40.8	751
Dental Visits	36.4	32.5 40.5	731	37.3	33.0 41.8	754	39.6	35.0 44.4	741	41.0	36.2 46.0	737
District 3												
General Health	15.7	13.0 18.7	708	17.9	14.8 21.5	783	18.4	15.6 21.7	788	16.0	13.3 19.3	747
Health Care Coverage	18.9	15.6 22.6	708	25.7	21.5 30.4	785	23.5	19.9 27.5	783	24.1	19.9 29.0	745
Dental Insurance	46.7	42.5 51.0	704	48.4	43.9 52.9	735	46.0	41.8 50.2	751	46.4	41.7 51.2	709
Diabetes	7.2	5.5 9.5	710	8.4	6.5 10.8	785	7.9	6.1 10.2	788	9.3	7.3 11.8	746
Asthma ¹	9.5	7.4 12.2	707	8.1	6.2 10.5	780	8.3	6.3 10.8	786	8.5	6.5 11.0	744
Arthritis ²	*	* *	*	26.4	23.0 30.1	778	*	* *	*	25.9	22.5 29.5	740
High Cholesterol	*	* *	*	38.3	33.7 43.1	578	*	* *	*	35.8	31.5 40.4	567
High Blood Pressure	*	* *	*	26.0	22.5 29.8	781	*	* *	*	25.9	22.5 29.5	749
Fruits and Vegetables ³	*	* *	*	79.1	75.5 82.2	774	*	* *	*	82.0	78.5 85.1	736
Physical Activity	27.3	23.4 31.5	710	27.7	23.9 31.8	785	25.0	21.7 28.6	786	23.2	19.7 27.2	748
Overweight ³	60.1	55.7 64.4	682	68.0	63.5 72.2	749	61.1	56.8 65.4	739	67.1	62.3 71.6	713
Obesity	24.0	20.6 27.8	682	29.9	26.1 34.0	749	27.5	24.0 31.3	739	29.5	25.6 33.7	713
Cigarette Smoking	19.7	16.6 23.2	707	21.8	18.0 26.2	786	20.9	17.7 24.5	785	20.6	16.8 25.0	749
Binge Drinking ^{4,5}	*	* *	*	13.3	10.4 17.0	777	10.4	8.1 13.2	775	13.4	10.0 17.8	734
Heavy Drinking ^{4,5}	*	* *	*	3.4	2.1 5.5	775	3.1	1.9 5.0	764	4.9	3.4 7.0	731
Illicit Drug Use ⁴	5.5	3.7 8.1	708	6.7	3.9 11.2	728	3.6	2.2 5.9	754	3.8	1.9 7.3	702
Seat Belt Usage	*	* *	*	21.4	18.0 25.3	739	23.9	20.4 27.8	772	22.3	18.6 26.6	716
Cholesterol Screening	*	* *	*	38.2	33.7 43.0	760	*	* *	*	36.3	31.7 41.1	731
Dental Visits	38.6	34.5 42.9	707	39.9	35.5 44.5	753	41.7	37.6 45.9	786	32.7	28.6 37.1	715

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2000-2007

	Year											
	2000			2001			2002			2003		
	%	95% CI	n									
District 4												
General Health	9.5	7.3 12.4	718	11.4	9.1 14.1	692	10.3	8.2 12.9	713	11.0	8.6 13.8	681
Health Care Coverage	14.6	12.0 17.7	715	14.3	11.5 17.7	692	13.8	11.0 17.2	714	11.2	8.7 14.3	680
Dental Insurance	*	* *	*	38.1	33.8 42.6	672	36.1	32.2 40.3	705	32.7	28.8 36.7	672
Diabetes	3.7	2.4 5.7	717	5.3	3.8 7.4	693	4.2	2.9 6.1	714	4.9	3.3 7.1	683
Asthma ¹	6.7	4.9 9.0	716	7.7	5.8 10.1	692	6.7	4.9 9.1	709	8.9	6.7 11.7	681
Arthritis ²	*	* *	*	*	* *	*	21.3	18.2 24.6	713	21.7	18.7 25.2	681
High Cholesterol	*	* *	*	27.8	23.9 32.1	533	*	* *	*	28.5	24.5 32.8	544
High Blood Pressure	*	* *	*	24.1	20.4 28.1	692	*	* *	*	20.9	17.9 24.2	682
Fruits and Vegetables ³	81.0	77.6 84.0	718	*	* *	*	77.3	73.8 80.5	714	76.2	72.4 79.6	683
Physical Activity	15.3	12.7 18.4	718	19.2	15.8 23.1	692	15.8	13.1 18.9	714	16.7	13.8 20.0	683
Overweight ³	48.9	44.7 53.1	683	58.7	54.2 63.0	658	54.4	50.1 58.6	680	56.6	52.2 60.9	646
Obesity	15.9	13.0 19.2	683	20.0	16.9 23.5	658	19.4	16.4 22.9	680	19.9	16.5 23.7	646
Cigarette Smoking	25.2	21.8 28.8	718	20.9	17.7 24.6	693	21.1	17.8 24.9	713	18.2	15.2 21.7	681
Binge Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Heavy Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Illicit Drug Use ⁴	*	* *	*	*	* *	*	8.0	5.6 11.3	711	7.9	5.6 10.9	681
Seat Belt Usage	28.5	24.9 32.4	710	27.6	23.8 31.7	670	27.6	23.9 31.6	713	26.0	22.2 30.1	683
Cholesterol Screening	*	* *	*	32.4	28.2 36.8	678	*	* *	*	26.8	23.0 30.9	667
Dental Visits	*	* *	*	30.3	26.6 34.3	673	25.5	22.0 29.4	714	25.9	22.4 29.8	680
District 5												
General Health	15.2	12.3 18.6	705	15.4	12.7 18.5	683	14.8	12.0 18.1	624	11.9	9.4 14.9	710
Health Care Coverage	21.1	17.8 24.7	704	17.6	14.6 21.1	685	21.3	17.7 25.5	622	20.7	17.2 24.6	707
Dental Insurance	*	* *	*	54.9	50.7 59.0	664	55.8	51.2 60.2	619	55.4	51.1 59.7	700
Diabetes	5.0	3.5 7.1	707	5.0	3.5 7.0	685	5.6	4.0 7.8	624	5.8	4.1 8.2	711
Asthma ¹	8.4	6.5 11.0	704	8.6	6.7 11.1	685	7.3	5.4 9.8	622	7.2	5.4 9.4	706
Arthritis ²	*	* *	*	*	* *	*	24.3	20.8 28.0	622	25.2	21.8 28.9	707
High Cholesterol	*	* *	*	33.7	29.2 38.6	471	*	* *	*	31.5	27.0 36.3	525
High Blood Pressure	*	* *	*	26.0	22.5 29.7	685	*	* *	*	26.8	23.1 30.8	709
Fruits and Vegetables ³	77.2	73.4 80.6	707	*	* *	*	78.9	74.9 82.3	624	80.2	76.5 83.4	711
Physical Activity	23.0	19.7 26.7	706	27.6	24.0 31.5	685	23.7	20.0 27.9	624	20.5	17.3 24.0	711
Overweight ³	59.9	55.7 63.9	679	57.0	52.8 61.1	638	57.8	53.2 62.2	603	59.7	55.3 64.0	672
Obesity	19.2	16.0 22.9	679	19.1	15.9 22.7	638	19.5	16.2 23.3	603	22.3	18.9 26.2	672
Cigarette Smoking	25.5	22.0 29.3	706	21.3	18.2 24.8	683	18.8	15.4 22.8	622	21.0	17.7 24.8	709
Binge Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Heavy Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Illicit Drug Use ⁴	*	* *	*	*	* *	*	6.1	4.0 9.3	624	6.2	4.2 9.1	709
Seat Belt Usage	45.4	41.3 49.6	701	35.8	31.9 39.9	669	41.8	37.3 46.3	624	35.8	31.7 40.1	709
Cholesterol Screening	*	* *	*	40.5	36.4 44.6	666	*	* *	*	34.9	30.8 39.2	685
Dental Visits	*	* *	*	37.1	33.2 41.3	669	37.1	32.9 41.5	621	37.3	33.2 41.5	705

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2000-2007

	Year											
	2004			2005			2006			2007		
District 4	%	95% CI	n									
General Health	9.1	7.1 11.5	753	13.5	10.8 16.7	784	10.4	8.0 13.5	776	11.7	9.4 14.4	752
Health Care Coverage	11.7	9.3 14.7	753	12.9	9.4 17.4	783	16.3	12.8 20.7	775	15.9	12.3 20.2	751
Dental Insurance	33.8	29.9 38.0	748	34.0	29.6 38.6	735	38.0	33.6 42.6	736	33.5	29.3 37.9	716
Diabetes	4.3	3.0 6.1	754	6.0	4.5 7.9	786	6.6	4.9 8.9	776	7.2	5.5 9.2	752
Asthma ¹	7.9	5.9 10.5	748	5.7	4.1 7.7	782	9.5	7.2 12.3	769	9.4	7.0 12.5	747
Arthritis ²	*	* *	*	23.1	20.0 26.6	767	*	* *	*	24.0	20.7 27.6	738
High Cholesterol	*	* *	*	34.6	30.6 38.9	627	*	* *	*	37.5	33.2 41.9	631
High Blood Pressure	*	* *	*	21.9	19.0 25.2	786	*	* *	*	26.7	23.1 30.6	751
Fruits and Vegetables ³	*	* *	*	74.1	69.9 78.0	764	*	* *	*	76.6	72.9 80.0	736
Physical Activity	14.0	11.5 16.9	753	17.3	14.0 21.0	784	17.3	14.3 20.9	774	16.4	13.3 19.9	752
Overweight ³	54.3	50.0 58.6	737	58.3	53.8 62.8	750	57.4	52.9 61.8	737	64.2	59.7 68.6	715
Obesity	16.8	14.0 20.1	737	22.6	19.2 26.4	750	22.1	18.8 25.7	737	22.9	19.3 27.0	715
Cigarette Smoking	15.6	12.7 19.0	753	16.2	13.3 19.7	785	15.3	12.4 18.9	775	17.5	14.1 21.6	751
Binge Drinking ^{4,5}	*	* *	*	19.6	15.7 24.3	782	18.0	14.5 22.1	762	16.8	13.2 21.1	734
Heavy Drinking ^{4,5}	*	* *	*	5.2	3.7 7.2	780	5.7	3.6 9.0	763	5.4	3.5 8.3	729
Illicit Drug Use ⁴	7.5	5.3 10.6	748	4.8	2.9 7.9	725	5.3	3.3 8.4	728	6.6	4.0 10.7	700
Seat Belt Usage	*	* *	*	19.0	15.6 23.0	741	19.7	16.3 23.5	766	20.7	16.8 25.2	720
Cholesterol Screening	*	* *	*	28.1	24.0 32.6	767	*	* *	*	28.3	23.8 33.2	735
Dental Visits	28.8	25.1 32.8	752	26.2	22.5 30.3	750	27.1	23.3 31.4	773	25.3	21.4 29.7	716
District 5	%	95% CI	n									
General Health	13.5	11.0 16.6	685	16.7	14.0 19.8	922	15.1	12.1 18.8	753	19.1	15.9 22.7	755
Health Care Coverage	16.8	13.6 20.6	683	24.7	21.1 28.6	923	24.2	19.9 29.1	752	24.7	20.7 29.1	755
Dental Insurance	51.9	47.5 56.2	679	57.3	53.2 61.2	867	59.7	55.1 64.1	717	55.0	50.5 59.5	700
Diabetes	7.0	5.2 9.4	687	7.3	5.8 9.3	924	5.5	4.0 7.5	754	10.0	7.8 12.7	755
Asthma ¹	8.4	6.3 11.1	686	8.4	6.2 11.1	920	8.7	6.7 11.4	749	7.6	5.6 10.2	755
Arthritis ²	*	* *	*	25.3	22.3 28.5	910	*	* *	*	27.3	23.7 31.2	740
High Cholesterol	*	* *	*	32.4	28.7 36.4	670	*	* *	*	36.4	31.8 41.1	560
High Blood Pressure	*	* *	*	24.4	21.4 27.7	921	*	* *	*	25.8	22.5 29.5	755
Fruits and Vegetables ³	*	* *	*	74.0	70.5 77.2	909	*	* *	*	77.4	73.4 80.9	741
Physical Activity	24.0	20.5 27.8	687	24.4	21.2 28.0	922	25.7	21.7 30.1	753	24.4	20.8 28.3	755
Overweight ³	60.6	56.3 64.8	661	62.1	58.2 65.9	873	58.9	54.2 63.4	717	62.9	58.3 67.4	709
Obesity	21.6	18.3 25.4	661	23.1	19.9 26.7	873	24.5	20.9 28.5	717	26.3	22.7 30.2	709
Cigarette Smoking	20.0	16.6 23.9	685	20.5	17.4 24.1	921	18.3	14.8 22.3	753	23.0	19.3 27.1	754
Binge Drinking ^{4,5}	*	* *	*	12.5	9.7 15.9	917	18.2	14.4 22.8	747	13.5	10.6 17.2	744
Heavy Drinking ^{4,5}	*	* *	*	4.0	2.5 6.3	915	7.6	5.1 11.2	742	5.8	3.7 9.0	740
Illicit Drug Use ⁴	5.3	3.4 8.1	684	5.3	3.6 7.7	862	3.8	2.3 6.2	713	4.9	2.9 8.2	694
Seat Belt Usage	*	* *	*	25.0	21.6 28.6	875	34.8	30.4 39.5	742	25.7	21.7 30.1	706
Cholesterol Screening	*	* *	*	38.0	34.1 42.1	892	*	* *	*	36.3	31.8 41.0	727
Dental Visits	38.2	34.0 42.5	678	39.5	35.7 43.5	879	43.2	38.6 47.9	752	34.1	29.9 38.6	703

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2000-2007

	Year											
	2000			2001			2002			2003		
District 6	%	95% CI	n									
General Health	14.0	11.4 17.0	716	11.9	9.5 14.8	697	14.0	11.5 16.9	704	14.4	11.8 17.5	693
Health Care Coverage	14.8	12.2 17.9	712	11.5	9.2 14.4	697	15.7	12.7 19.2	704	13.8	11.1 17.1	692
Dental Insurance	*	* *	*	41.3	37.3 45.4	684	42.4	38.3 46.6	692	46.2	41.9 50.4	684
Diabetes	5.9	4.3 8.0	717	6.4	4.7 8.6	699	7.9	6.0 10.2	704	8.2	6.2 10.7	693
Asthma ¹	7.5	5.7 9.7	715	7.4	5.6 9.6	697	7.5	5.7 10.0	703	8.8	6.7 11.5	690
Arthritis ²	*	* *	*	*	* *	*	26.5	23.1 30.2	703	24.9	21.6 28.5	690
High Cholesterol	*	* *	*	30.7	26.5 35.2	501	*	* *	*	30.6	26.4 35.2	499
High Blood Pressure	*	* *	*	23.4	20.2 26.8	696	*	* *	*	23.7	20.3 27.4	690
Fruits and Vegetables ³	79.8	76.3 82.8	717	*	* *	*	79.9	76.5 83.0	705	79.9	76.3 83.1	693
Physical Activity	23.3	20.2 26.8	717	18.2	15.4 21.5	700	23.6	20.3 27.2	705	20.1	16.8 23.9	692
Overweight ³	57.6	53.6 61.5	692	59.9	55.9 63.8	668	58.5	54.2 62.6	681	61.3	57.0 65.5	665
Obesity	20.0	17.0 23.5	692	24.1	20.7 27.8	668	20.2	17.1 23.7	681	26.6	22.9 30.8	665
Cigarette Smoking	19.8	16.8 23.3	714	15.8	13.2 18.9	698	19.1	16.0 22.5	704	17.7	14.8 21.1	693
Binge Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Heavy Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Illicit Drug Use ⁴	*	* *	*	*	* *	*	5.1	3.4 7.5	703	5.8	4.0 8.3	690
Seat Belt Usage	46.2	42.3 50.2	709	43.9	39.9 48.0	688	45.1	40.9 49.3	702	41.0	36.8 45.3	692
Cholesterol Screening	*	* *	*	34.8	31.0 38.8	676	*	* *	*	34.4	30.2 38.8	661
Dental Visits	*	* *	*	30.8	27.2 34.6	684	30.9	27.2 34.8	704	35.6	31.6 39.8	689
District 7	%	95% CI	n									
General Health	11.9	9.6 14.6	707	10.6	8.4 13.3	698	12.1	9.5 15.1	695	12.2	10.0 14.8	715
Health Care Coverage	17.6	14.6 21.0	703	13.5	10.8 16.9	695	15.8	12.6 19.5	693	13.6	10.8 17.0	715
Dental Insurance	*	* *	*	42.8	38.7 47.0	682	44.6	40.1 49.1	693	43.0	38.7 47.4	711
Diabetes	4.8	3.3 6.9	707	5.7	4.1 7.7	699	6.3	4.6 8.5	694	5.8	4.1 8.0	716
Asthma ¹	6.8	4.9 9.4	706	8.7	6.7 11.3	698	8.9	6.7 11.8	695	6.0	4.4 8.1	714
Arthritis ²	*	* *	*	*	* *	*	23.4	20.1 27.0	694	25.3	22.1 28.8	712
High Cholesterol	*	* *	*	33.2	28.9 37.8	514	*	* *	*	30.5	26.3 35.0	533
High Blood Pressure	*	* *	*	20.9	17.9 24.2	698	*	* *	*	19.7	16.7 23.1	714
Fruits and Vegetables ³	79.1	75.7 82.1	708	*	* *	*	81.2	77.8 84.2	696	81.8	78.4 84.8	716
Physical Activity	20.9	17.8 24.4	708	17.7	14.7 21.2	699	17.7	14.8 21.0	695	15.7	13.1 18.7	715
Overweight ³	55.8	51.6 60.0	672	59.8	55.3 64.0	670	55.6	50.9 60.3	669	60.0	55.5 64.3	689
Obesity	18.1	15.2 21.4	672	17.6	14.8 20.9	670	18.8	15.7 22.3	669	21.4	17.8 25.4	689
Cigarette Smoking	15.5	12.8 18.7	707	12.4	10.1 15.3	698	16.4	13.3 20.0	695	13.5	10.9 16.7	714
Binge Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Heavy Drinking ^{4,5}	*	* *	*	*	* *	*	*	* *	*	*	* *	*
Illicit Drug Use ⁴	*	* *	*	*	* *	*	2.7	1.7 4.4	695	3.4	2.0 5.7	714
Seat Belt Usage	51.2	47.0 55.3	699	41.3	37.3 45.5	688	40.5	36.0 45.1	694	43.0	38.7 47.5	713
Cholesterol Screening	*	* *	*	31.2	27.2 35.4	665	*	* *	*	35.7	31.3 40.4	684
Dental Visits	*	* *	*	28.8	25.0 32.8	683	31.1	27.0 35.5	693	29.8	25.9 34.1	712

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

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³ Results may differ from previous publications due to revisions in risk factor calculation.

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⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Trends of Selected Risk Factors

By Public Health District, 2000-2007

	Year											
	2004			2005			2006			2007		
	%	95% CI	n									
District 6												
General Health	14.1	11.7 17.0	756	15.7	13.0 18.9	757	12.6	10.3 15.2	768	18.0	14.9 21.6	755
Health Care Coverage	14.0	11.2 17.5	755	15.1	11.9 18.9	755	13.2	10.7 16.3	765	18.4	14.8 22.6	754
Dental Insurance	41.5	37.5 45.7	751	44.1	39.8 48.6	723	40.6	36.5 44.7	726	41.9	37.4 46.4	713
Diabetes	8.9	7.1 11.2	759	7.1	5.4 9.1	757	6.9	5.3 8.8	768	8.3	6.5 10.5	756
Asthma ¹	6.7	5.1 8.7	753	6.7	5.1 8.7	754	8.8	6.9 11.1	757	7.5	5.4 10.2	748
Arthritis ²	*	* *	*	26.1	22.8 29.7	751	*	* *	*	24.6	21.4 28.1	743
High Cholesterol	*	* *	*	38.2	33.8 42.8	573	*	* *	*	37.7	33.2 42.3	575
High Blood Pressure	*	* *	*	22.2	19.2 25.6	758	*	* *	*	24.2	21.1 27.6	753
Fruits and Vegetables ³	*	* *	*	78.7	75.1 81.8	749	*	* *	*	77.2	73.0 80.9	741
Physical Activity	17.2	14.6 20.3	757	21.0	17.8 24.5	757	21.8	18.7 25.2	765	21.5	18.3 25.1	751
Overweight ³	57.8	53.5 62.1	726	63.5	58.9 67.8	713	61.7	57.3 65.8	736	61.7	57.0 66.2	722
Obesity	21.7	18.7 25.1	726	28.5	24.4 33.0	713	27.2	23.7 31.0	736	24.6	21.0 28.7	722
Cigarette Smoking	16.6	13.7 19.9	754	15.9	13.1 19.2	758	15.0	12.3 18.2	764	19.1	15.7 23.2	754
Binge Drinking ^{4,5}	*	* *	*	12.6	9.6 16.5	752	10.4	7.9 13.5	754	15.0	11.4 19.5	747
Heavy Drinking ^{4,5}	*	* *	*	2.5	1.6 4.0	752	2.9	1.8 4.7	757	6.0	3.5 10.0	741
Illicit Drug Use ⁴	3.1	2.0 4.9	755	6.2	3.7 10.3	707	3.8	2.2 6.6	730	5.7	3.1 10.3	709
Seat Belt Usage	*	* *	*	32.5	28.3 37.0	721	37.1	33.1 41.4	750	32.8	28.4 37.5	716
Cholesterol Screening	*	* *	*	34.6	30.1 39.5	734	*	* *	*	36.2	31.6 41.1	733
Dental Visits	32.3	28.6 36.3	751	32.1	28.0 36.5	735	32.4	28.6 36.4	764	35.3	31.0 39.9	717
District 7												
General Health	10.5	8.4 13.0	715	12.6	10.3 15.4	785	12.2	9.8 15.1	758	14.9	11.6 18.7	749
Health Care Coverage	14.9	12.0 18.3	714	16.3	13.4 19.6	783	14.0	11.0 17.5	758	16.7	13.2 21.0	751
Dental Insurance	41.1	37.0 45.4	705	46.0	41.6 50.4	729	47.9	43.4 52.3	724	42.0	37.4 46.8	707
Diabetes	7.2	5.4 9.4	716	6.7	5.1 8.7	782	7.0	5.3 9.1	757	6.3	4.8 8.1	750
Asthma ¹	6.5	4.8 8.7	714	9.1	6.7 12.2	782	9.6	7.3 12.7	753	10.5	7.7 14.1	747
Arthritis ²	*	* *	*	24.9	21.8 28.4	772	*	* *	*	21.9	18.9 25.2	741
High Cholesterol	*	* *	*	36.2	31.9 40.8	551	*	* *	*	36.6	32.2 41.3	566
High Blood Pressure	*	* *	*	21.2	18.3 24.3	783	*	* *	*	23.4	20.0 27.1	752
Fruits and Vegetables ³	*	* *	*	77.2	73.4 80.7	762	*	* *	*	78.9	75.4 82.1	738
Physical Activity	16.6	13.7 20.0	715	21.1	18.0 24.7	783	21.4	17.9 25.3	759	16.9	14.0 20.3	752
Overweight ³	60.4	55.9 64.7	695	59.7	55.2 64.0	752	57.5	52.8 62.0	722	58.4	53.3 63.3	707
Obesity	25.9	22.2 30.0	695	23.2	19.9 26.8	752	22.7	19.4 26.4	722	24.4	20.8 28.4	707
Cigarette Smoking	12.2	9.8 15.1	715	12.1	9.8 14.8	784	9.3	7.3 11.8	759	11.5	9.1 14.5	751
Binge Drinking ^{4,5}	*	* *	*	7.6	5.8 9.9	779	7.5	5.7 9.8	753	8.7	6.5 11.4	749
Heavy Drinking ^{4,5}	*	* *	*	3.6	2.4 5.3	773	2.1	1.3 3.2	747	2.3	1.4 3.7	743
Illicit Drug Use ⁴	5.6	3.7 8.5	717	3.2	2.0 5.1	728	1.8	0.8 3.7	725	3.3	1.8 5.8	706
Seat Belt Usage	*	* *	*	34.0	29.8 38.4	732	35.9	31.7 40.2	748	31.5	27.1 36.3	714
Cholesterol Screening	*	* *	*	38.7	34.3 43.2	753	*	* *	*	36.4	31.7 41.5	720
Dental Visits	26.8	23.2 30.6	710	29.6	25.8 33.7	741	29.0	25.1 33.3	758	32.9	28.4 37.8	714

* Indicates data are not available for that year.

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Question wording changes make data prior to 2005 not comparable with 2005 and later.

⁵ Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

Appendix B

2007 Behavioral Risk Factor Surveillance System Questionnaire

In the following pages, the 2007 Idaho BRFSS questionnaire is presented in its entirety. In addition to the text of each question, the results for most of the questions are included. The number of people who responded to the question (n) is listed below the text for each question. The percent for each response category can be found in parentheses to the right of the response categories. Note also that the percentages are weighted results (see Methodology on pages 1-2) and do not directly correspond to the n's for each question. The results have not been provided for all questions.

NOTE: Care should be exercised when interpreting these results. In order to interpret the results correctly, it is important to understand what group has been asked the question. For example, in question ID3.3 on page 109, 15.9% of the respondents have Medicare. However this question is asked only of those who respond “yes” to question Q3.1. The exclusion of certain respondents is indicated by the bold text at the beginning of question ID3.3. These are called “skip patterns” and are used extensively throughout the survey. In order to properly identify what group has been asked a specific question, the skip pattern must be considered. In addition, there may be some confusion when trying to compare results from the appendix to those in the previous sections. The risk factors reported in the main body of the report are often constructed from the responses of multiple questions and may not be comparable to the results of one particular question.

Response categories displayed in capital letters were not read aloud. Responses of “Don't Know” and “Refused” are excluded from the n's, percentage, and means calculations. Other responses may also be excluded and are indicating by showing the response without any percentage. If there are fewer than 50 respondents for a question the results are suppressed as the results are considered unreliable. Also the results of some questions, such as Q12.16 on ZIP code, are suppressed due to length of resulting lists.

For help in interpreting these results, contact the Idaho BRFSS Project Director at (208) 332-7326.

SECTION 1: HEALTH STATUS

Q1.1 Would you say that in general your health is excellent, very good, good, fair, or poor?
(n=5303)

- 1 Excellent (22.0%)
- 2 Very good (33.4%)
- 3 Good (29.6%)
- 4 Fair (11.1%)
- 5 Poor (3.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 2: HEALTHY DAYS AND HEALTH-RELATED QUALITY OF LIFE

Q2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?
(n=5223)

Mean number of days not good overall: 3.4
Reported any days not good: 36.0%
Mean number of days for those with any: 9.3

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q2.2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?
(n=5234)

Mean number of days not good overall: 3.2
Reported any days not good: 35.0%
Mean number of days for those with any: 9.3

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q2.3 **[IF C02Q01<=>88 OR C02Q02<=>88]** During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?
(n=2811)

Mean number of days limited overall: 3.7
Reported any days limited: 40.9%
Mean number of days for those with any: 9.0

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

SECTION 3: HEALTH CARE ACCESS

Q3.1 Do you have any kind of health care coverage including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?
(n=5299)

- 1 Yes (81.1%)
- 2 No (18.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q3.2 Do you have one person you think of as your personal doctor or health care provider?
(n=5299)

- 1 Yes, only one (64.0%)
- 2 More than one (9.2%)
- 3 No (26.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q3.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?
(n=5302)

- 1 Yes (16.6%)
- 2 No (83.4%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q3.4 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.
(n=5268)

- 1 Within past year (anytime less than 12 months ago) (56.7%)
- 2 Within past 2 years (1 year but less than 2 years ago) (15.4%)
- 3 Within past 5 years (2 years but less than 5 years ago) (11.2%)
- 4 5 or more years ago (15.1%)
- 5 Never (1.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 4: EXERCISE

Q4.1 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?
(n=5304)

- 1 Yes (80.5%)
- 2 No (19.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 5: DIABETES

Q5.1 Have you ever been told by a doctor that you have diabetes?
(n=5306)

- 1 Yes (7.9%)
- 2 Yes, but female told only during pregnancy (0.9%)
- 3 No (90.1%)
- 4 No, pre-diabetes or borderline diabetes (1.2%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

MODULE 3: DIABETES

M3.1 **[IF Q5.1=1]** How old were you when you were told you have diabetes?
(n=528)

Mean age in years: 49.3

- 98 DON'T KNOW/NOT SURE
- 99 REFUSED

M3.2 **[IF Q5.1=1]** Are you now taking insulin?
(n=545)

- 1 Yes (26.2%)
- 2 No (73.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M3.3 **[IF Q5.1=1]** Are you now taking diabetes pills?
(n=545)

- 1 Yes (66.0%)
- 2 No (34.0%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M3.4 **[IF Q5.1=1]** About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times when checked by a health professional.
(n=539)

Mean number of times per day: 1.7

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

M3.5 **[IF Q5.1=1]** About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do not include times when checked by a health professional.
(n=520)

Mean number of times per day: 0.9

- 555 NO FEET
- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

M3.6 **[IF Q5.1=1]** Have you ever had any sores or irritations on your feet that took more than four weeks to heal?
(n=543)

- 1 Yes (14.2%)
- 2 No (85.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M3.7 **[IF Q5.1=1]** About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?
(n=530)

Mean number of times in past 12 months: 4.0

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

M3.8 **[IF Q5.1=1]** A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?
(n=515)

Mean number of times in past 12 months: 2.1

- 98 NEVER HEARD OF HEMOGLOBIN "A ONE C" TEST (11.3%)

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

M3.9 **[IF Q5.1=1 AND M03Q05<->555]** About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?
(n=526)

Mean number of times per day: 2.9

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

M3.10 **[IF Q5.1=1]** When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.
(n=537)

- 1 Within the past month (anytime less than 1 month ago) (15.8%)
- 2 Within the past year (1 month but less than 12 months ago) (46.3%)
- 3 Within the past 2 years (1 year but less than 2 years ago) (18.7%)
- 4 2 or more years ago (14.0%)
- 8 Never (5.2%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M3.11 **[IF Q5.1=1]** Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?
(n=538)

- 1 Yes (18.7%)
- 2 No (81.3%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M3.12 **[IF Q5.1=1]** Have you ever taken a course or class in how to manage your diabetes yourself?
(n=544)

- 1 Yes (65.6%)
- 2 No (34.4%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 6: HYPERTENSION AWARENESS

Q6.1 Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?
(n=5304)

- 1 Yes (25.9%)
- 2 Yes, but female told only during pregnancy (0.9%)
- 3 No (71.7%)
- 4 Told borderline high or pre-hypertensive (1.5%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q6.2 Are you currently taking medicine for your high blood pressure?
(n=1716)

- 1 Yes (72.1%)
- 2 No (27.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 7: CHOLESTEROL AWARENESS

Q7.1 Blood cholesterol is a fatty substance found in the blood. Have you EVER had your blood cholesterol checked?
(n=5185)

- 1 Yes (72.4%)
- 2 No (27.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q7.2 **[IF Q7.1=1]** About how long has it been since you last had your blood cholesterol checked?
(n=4133)

- 1 Within the past year (anytime less than 12 months ago) (64.5%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (16.0%)
- 3 Within the past 5 years (2 years but less than 5 years ago) (11.9%)
- 4 5 or more years ago (7.7%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q7.3 **[IF Q7.1=1]** Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?
(n=4130)

- 1 Yes (37.6%)
- 2 No (62.4%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 8: CARDIOVASCULAR DISEASE

Q8.1 Has a doctor, nurse, or other health professional ever told you that you had any of the following? (Ever told) you had a heart attack, also called a myocardial infarction?
(n=5284)

- 1 Yes (4.2%)
- 2 No (95.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q8.2 (Ever told) you had angina or coronary heart disease?
(n=5253)

- 1 Yes (3.8%)
- 2 No (96.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q8.3 (Ever told) you had a stroke?
(n=5298)

- 1 Yes (2.5%)
- 2 No (97.5%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 9: ASTHMA

Q9.1 Have you ever been told by a doctor, nurse, or other health professional that you had asthma?
(n=5298)

- 1 Yes (13.2%)
- 2 No (86.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q9.2 **[IF Q9.1=1]** Do you still have asthma?
(n=701)

- 1 Yes (67.8%)
- 2 No (32.2%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 10: IMMUNIZATION

Q10.1 A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a flu shot?
(n=5294)

- 1 Yes (33.1%)
- 2 No (66.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q10.2 During the past 12 months, have you had a flu vaccine that was sprayed in your nose? The flu vaccine sprayed in the nose is also called FluMist.
(n=5293)

- 1 Yes (1.1%)
- 2 No (99.0%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q10.3 A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?
(n=4831)

- 1 Yes (23.3%)
- 2 No (76.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q10.4 Have you ever received the hepatitis B vaccine? The hepatitis B vaccine is completed after the third shot is given.
(n=4492)

- 1 Yes (35.2%)
- 2 No (64.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q10.5 The next question is about behaviors related to hepatitis B. Please tell me if any of these statements is true for you. Do not tell me which statement or statements are true for you, just if any of them are: You have hemophilia and have received clotting factor concentrate; You have had sex with a man who has had sex with other men, even just one time; You have taken street drugs by needle, even just one time; You have traded sex for money or drugs, even just one time; You have tested positive for HIV; You have had sex (even just one time) with someone who would answer 'yes' to any of these statements; You had more than two sex partners in the past year.

Are any of these statements true for you?
(n=5296)

- 1 Yes (4.2%)
- 2 No (95.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 11: TOBACCO USE

Q11.1 Have you smoked at least 100 cigarettes in your entire life?
(n=5303)

- 1 Yes (41.7%)
- 2 No (58.3%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q11.2 **[IF Q11.1=1]** Do you now smoke cigarettes every day, some days, or not at all?
(n=2310)

- 1 Every day (34.8%)
- 2 Some days (11.0%)
- 3 Not at all (54.2%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q11.3 **[IF Q11.1=1 AND Q11.2=1 OR 2]** During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?
(n=958)

- 1 Yes (57.2%)
- 2 No (42.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 12: DEMOGRAPHICS

Q12.1 What is your age?
(n=5278)

Mean age in years: 45.3

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q12.2 Are you Hispanic or Latino?
(n=5292)

- 1 Yes (7.3%)
- 2 No (92.7%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q12.3 Which one or more of the following would you say is your race? Would you say: White, Black or African American, Asian, Native Hawaiian or Other Pacific Islander, American Indian or Other?
(n=5315)

[SEE RESULTS FOLLOWING Q12.4]

Q12.4 **[IF MORE THAN ONE RESPONSE FOR Q12.3]** Which one of these groups would you say best represents your race?
(n=5231)

- 1 White (94.5%)
- 2 Black or African American (0.4%)
- 3 Asian (0.6%)
- 4 Native Hawaiian or Other Pacific Islander (0.1%)
- 5 American Indian, Alaska Native (1.6%)
- 6 Other (2.7%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q12.5 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? Active duty does not include training for the Reserves or National Guard, but does include activation, for example, for the Persian Gulf War.
(n=5314)

- 1 Yes (12.3%)
- 2 No (87.7%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q12.6 Are you married, divorced, widowed, separated, never married, or a member of an unmarried couple?
(n=5290)

- 1 Married (68.0%)
- 2 Divorced (8.9%)
- 3 Widowed (5.4%)
- 4 Separated (1.1%)
- 5 Never married (13.2%)
- 6 A member of an unmarried couple (3.5%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q12.7 How many children less than 18 years of age live in your household?
(n=5305)

Mean number of children: 1.0

- 99 REFUSED

Q12.8 What is the highest grade or year of school you completed?
(n=5302)

- 1 Never attended school or only Kindergarten (0.2%)
- 2 Grades 1 through 8 (Elementary) (2.6%)
- 3 Grades 9 through 11 (Some high school) (6.8%)
- 4 Grade 12 or GED (High school graduate) (31.5%)
- 5 College 1 year to 3 years (Some college or technical school) (31.1%)
- 6 College 4 years or more (College graduate) (27.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q12.9 Are you currently employed for wages, self-employed, out of work for more than 1 year, out of work for less than 1 year, a homemaker, a student, retired, or unable to work?
(n=5299)

- 1 Employed for wages (51.1%)
- 2 Self-employed (11.2%)
- 3 Out of work for more than 1 year (1.1%)
- 4 Out of work for less than 1 year (2.2%)
- 5 Homemaker (10.4%)
- 6 Student (4.6%)
- 7 Retired (15.4%)
- 8 Unable to work (3.9%)
- 9 REFUSED

Q12.10 Is your annual household income from all sources ...
(n=4691)

- 1 Less than \$10,000 (4.0%)
- 2 \$10,000 to less than \$15,000 (4.5%)
- 3 \$15,000 to less than \$20,000 (7.2%)
- 4 \$20,000 to less than \$25,000 (9.7%)
- 5 \$25,000 to less than \$35,000 (14.2%)
- 6 \$35,000 to less than \$50,000 (18.9%)
- 8 \$50,000 to less than \$75,000 (19.1%)
- 9 \$75,000 or more (22.4%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q12.11 About how much do you weigh without shoes?
(n=5081)

Mean weight in pounds (Male): 193.8
Mean weight in pounds (Female): 160.4

- 7777 DON'T KNOW/NOT SURE
- 9999 REFUSED

Q12.12 About how tall are you without shoes?
(n=5256)

Mean height in feet and inches (Male): 5 ft. 11 in.
Mean height in feet and inches (Female): 5 ft. 5 in.

7777 DON'T KNOW/NOT SURE
9999 REFUSED

Q12.13 **[IF Q12.11<>7777 OR 9999]** How much did you weigh a year ago? (IF FEMALE "If you were pregnant a year ago, how much did you weigh before your pregnancy?")
(n=5000)

Mean weight in pounds (Male): 194.5
Mean weight in pounds (Female): 161.1

7777 DON'T KNOW/NOT SURE
9999 REFUSED

Q12.14 **[IF (Q12.11<>7777, 9999) AND (Q12.13<>Q12.11)]** Was the change between your current weight and your weight a year ago intentional?
(n=2324)

1 Yes (43.3%)
2 No (56.7%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Q12.15 What county do you live in?

(Due to the size of the table, these data are not printed.)

Q12.16 What is your ZIP code where you live?

(Due to the size of the table, these data are not printed.)

Q12.17 Do you have more than one telephone number in your household? Do not include cell phones or numbers that are used only by a computer or fax machine.
(n=5303)

1 Yes (3.7%)
2 No (96.3%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Q12.18 **[IF Q12.17=1]** How many of these telephone numbers are residential numbers?
(n=239)

1 One (60.6%)
2 Two (36.0%)
3 Three (3.0%)
4 Four (0.2%)
5 Five (0.1%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Q12.19 During the past 12 months, has your household been without telephone service for 1 week or more? Do not include interruptions of telephone service because of weather or natural disasters.
(n=5297)

1 Yes (4.3%)
2 No (95.8%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Q12.20 Indicate sex of respondent.
(n=5315)

1 Male (49.8%)
2 Female (50.2%)

Q12.21 **[IF Q12.20=2 AND Q12.1<45]** To your knowledge, are you now pregnant?
(n=1109)

1 Yes (7.4%)
2 No (92.6%)

7 DON'T KNOW/NOT SURE
9 REFUSED

SECTION 13: ALCOHOL CONSUMPTION

Q13.1 During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?
(n=5289)

1 Yes (46.6%)
2 No (53.4%)

7 DON'T KNOW/NOT SURE
9 REFUSED

Q13.2 **[IF Q13.1=1]** During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage?
(n=2248)

Mean number of days in the last 30: 8.9

777 DON'T KNOW/NOT SURE
999 REFUSED

Q13.3 **[IF Q13.1=1 AND Q13.2<>888]** One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?
(n=2237)

Mean number of drinks: 2.5

77 DON'T KNOW/NOT SURE
99 REFUSED

Q13.4 **[IF Q13.1=1 AND Q13.2<>888]** Considering all types of alcoholic beverages, how many times during the past 30 days did you have (IF MALE) 5 or more drinks on an occasion? (IF FEMALE) 4 or more drinks on an occasion?
(n=2247)

Mean number of times overall: 1.2
Reported any occasions: 32.4%
Mean number of times for those that had any: 3.8

77 DON'T KNOW/NOT SURE
99 REFUSED

Q13.5 **[IF Q13.1=1 AND Q13.2<>888]** During the past 30 days, what is the largest number of drinks you had on any occasion?
(n=2192)

Mean number of most drinks: 3.8

77 DON'T KNOW/NOT SURE
99 REFUSED

SECTION 14: DISABILITY

Q14.1 The following questions are about health problems or impairments you may have. Are you limited in any way in any activities because of physical, mental, or emotional problems?
(n=5239)

- 1 Yes (20.0%)
- 2 No (80.0%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q14.2 Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?
(n=5252)

- 1 Yes (5.8%)
- 2 No (94.2%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 15: ARTHRITIS

Q15.1 The next questions refer to the joints in your body. Please do not include the back or neck. During the past 30 days, have you had symptoms of pain, aching, or stiffness in or around a joint?
(n=5235)

- 1 Yes (41.5%)
- 2 No (58.5%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q15.2 **[IF Q15.1=1]** Did your joint symptoms first begin more than 3 months ago?
(n=2384)

- 1 Yes (83.9%)
- 2 No (16.1%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q15.3 **[IF Q15.1=1 AND Q15.2=1]** Have you ever seen a doctor or other health professional for these joint symptoms?
(n=2044)

- 1 Yes (71.2%)
- 2 No (28.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q15.4 Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?
(n=5215)

- 1 Yes (25.8%)
- 2 No (74.2%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q15.5 **[IF Q15.2=1 OR Q15.4=1]** Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?
(n=2552)

- 1 Yes (31.6%)
- 2 No (68.4%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 16: FRUITS AND VEGETABLES

Q16.1 These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home. How often do you drink fruit juices such as orange, grapefruit, or tomato?
(n=5131)

Mean servings per day: 0.5

- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

Q16.2 Not counting juice, how often do you eat fruit?
(n=5127)

Mean servings per day: 0.9

- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

Q16.3 How often do you eat green salad?
(n=5139)

Mean servings per day: 0.5

- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

Q16.4 How often do you eat potatoes not including French fries, fried potatoes, or potato chips?
(n=5148)

Mean servings per day: 0.3

- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

Q16.5 How often do you eat carrots?
(n=5094)

Mean servings per day: 0.3

- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

Q16.6 Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat?
(n=5070)

Mean servings per day: 1.2

- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

SECTION 17: PHYSICAL ACTIVITY

Q17.1 **[IF Q12.9=1 OR 2]** When you are at work, which of the following best describes what you do? Would you say mostly sitting or standing, mostly walking, or mostly heavy lifting or physically demanding work?
(n=2795)

- 1 Mostly sitting or standing (55.1%)
- 2 Mostly walking (22.7%)
- 3 Mostly heavy labor or physically demanding work (22.2%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q17.2 We are interested in two types of physical activity, vigorous and moderate. Vigorous activities cause large increases in breathing or heart rate while moderate activities cause small increases in breathing or heart rate. **[IF Q12.9=1 OR 2 "When you are not working,"]** in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes some increase in breathing or heart rate?

(n=5140)

- 1 Yes (90.1%)
- 2 No (9.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q17.3 **[IF Q17.2=1]** How many days per week do you do these moderate activities for at least 10 minutes at a time?

(n=4506)

- 1 One day (3.5%)
- 2 Two days (8.1%)
- 3 Three days (17.5%)
- 4 Four days (11.2%)
- 5 Five days (18.3%)
- 6 Six days (9.7%)
- 7 Seven days (31.8%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q17.4 **[IF Q17.2=1]** On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

(n=4313)

Mean hours and minutes: 1 hour, 41 minutes

- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

Q17.5 Now, thinking about the vigorous activities you do **[IF Q12.9=1 OR 2 "when you are not working"]** in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

(n=5101)

- 1 Yes (57.4%)
- 2 No (42.6%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q17.6 **[IF Q17.5=1]** How many days per week do you do these vigorous activities for at least 10 minutes at a time?

(n=2539)

- 1 One day (15.1%)
- 2 Two days (22.8%)
- 3 Three days (24.7%)
- 4 Four days (12.0%)
- 5 Five days (12.8%)
- 6 Six days (4.8%)
- 7 Seven days (7.9%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q17.7 **[IF Q17.5 =1]** On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

(n=2464)

Mean hours and minutes: 1 hours, 35 minutes

- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

SECTION 18: HIV/AIDS

Q18.1 **[IF Q12.1<65]** The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had. Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

(n=3712)

- 1 Yes (32.4%)
- 2 No (67.6%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q18.2 **[IF Q18.1=1 AND Q12.1<65]** Not including blood donations, in what month and year was your last HIV test?

(n=975)

(Due to the size of the table, these data are not printed.)

Q18.3 **[IF Q18.1=1 AND Q12.1<65]** Where did you have your last HIV test, at a private doctor or HMO office, at a counseling and testing site, at a hospital, at a clinic, in a jail or prison, at a drug treatment facility, at home, or somewhere else?

(n=1123)

- 1 Private doctor or HMO (38.6%)
- 2 Counseling and testing site (2.3%)
- 3 Hospital (21.6%)
- 4 Clinic (22.5%)
- 5 Jail or prison (or other correctional facility) (1.7%)
- 6 Drug treatment facility (0.6%)
- 7 At home (3.4%)
- 7 Somewhere else (9.4%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

Q18.4 **[IF Q18.2=WITHIN LAST 12 MONTHS]** Was it a rapid test where you could get your results within a couple of hours?

(n=184)

- 1 Yes (19.2%)
- 2 No (80.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 19: EMOTIONAL SUPPORT AND LIFE SATISFACTION

Q19.1 The next two questions are about emotional support and your satisfaction with life. How often do you get the social and emotional support you need?

(n=5018)

- 1 Always (49.4%)
- 2 Usually (34.1%)
- 3 Sometimes (10.0%)
- 4 Rarely (3.7%)
- 5 Never (2.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q19.2 In general, how satisfied are you with your life?

(n=5051)

- 1 Very satisfied (46.1%)
- 2 Satisfied (49.2%)
- 3 Dissatisfied (3.8%)
- 4 Very dissatisfied (0.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

SECTION 20: GASTROINTESTINAL DISEASE

Q20.1 Now I would like to ask you some questions about diarrhea that you may have experienced and about medical care you sought for your diarrheal illness. In the past 30 days, did you have diarrhea that began within the 30 day period? Diarrhea is defined as 3 or more loose stools or bowel movements in a 24-hour period.

(n=5050)

- 1 Yes (17.8%)
- 2 No (82.2%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q20.2 [IF Q20.1=1] Did you visit a doctor, nurse or other health professional for this diarrheal illness?

(n=958)

- 1 Yes (10.2%)
- 2 No (89.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

Q20.3 When you visited your health care provider, did you provide a stool sample for testing?

(n=114)

- 1 Yes (32.1%)
- 2 No (67.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

MODULE 12: ADULT ASTHMA HISTORY

M12.1 [IF Q9.1=1] Previously you said you were told by a doctor, nurse or other health professional that you had asthma. How old were you when you were first told by a doctor, nurse, or other health professional that you had asthma?

(n=486)

Mean age in years (older than 10 years): 31.5

- 97 AGE 10 OR YOUNGER (32.3%)
- 98 DON'T KNOW/NOT SURE
- 99 REFUSED

M12.2 [Q9.1=1 AND Q9.2=1] During the past 12 months, have you had an episode of asthma or an asthma attack?

(n=458)

- 1 Yes (59.2%)
- 2 No (40.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M12.3 [Q9.1=1 AND Q9.2=1] During the past 12 months, how many times did you visit an emergency room or urgent care center because of your asthma?

(n=459)

Mean number of visits in past 12 months: 0.2

- 98 DON'T KNOW/NOT SURE
- 99 REFUSED

M12.4 [Q9.1=1 AND Q9.2=1] During the past 12 months, how many times did you see a doctor, nurse or other health professional for urgent treatment of worsening asthma symptoms?

(n=456)

Mean number of times in past 12 months: 0.6

- 98 DON'T KNOW/NOT SURE
- 99 REFUSED

M12.5 [Q9.1=1 AND Q9.2=1] During the past 12 months, how many times did you see a doctor, nurse, or other health professional for a routine checkup for your asthma?

(n=456)

Mean number of times in past 12 months: 1.1

- 98 DON'T KNOW/NOT SURE
- 99 REFUSED

M12.6 [Q9.1=1 AND Q9.2=1] During the past 12 months, how many days were you unable to work or carry out your usual activities because of your asthma?

(n=445)

Reported any days of limited activities: 18.1%

Mean number of days in past 12 months if any: 27.2

- 777 DON'T KNOW/NOT SURE
- 999 REFUSED

M12.7 [IF Q9.2=1] Symptoms of asthma include cough, wheezing, shortness of breath, chest tightness, and phlegm production when you don't have a cold or respiratory infection. During the past 30 days, how often did you have any symptoms of asthma?

(n=448)

- 1 Less than once a week (24.7%)
- 2 Once or twice a week (23.3%)
- 3 More than 2 times a week, but not every day (9.6%)
- 4 Every day, but not all the time (13.9%)
- 5 Every day, all the time (6.6%)
- 6 Not at any time (21.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M12.8 [IF Q9.2=1 AND M12.7<=8] During the past 30 days, how many days did symptoms of asthma make it difficult for you to stay asleep?

(n=353)

- 1 One or two (24.9%)
- 2 Three to four (7.7%)
- 3 Five (2.5%)
- 4 Six to ten (3.0%)
- 5 More than ten (7.1%)
- 6 None (54.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

(n=452)

M12.9 [IF Q9.2=1] During the past 30 days, how many days did you take a prescription asthma medication to PREVENT an asthma attack from occurring?

(n=452)

- 1 1 to 14 days (21.5%)
- 2 15 to 24 days (2.0%)
- 3 25 to 30 days (33.9%)
- 4 Never (42.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M17.10 **[IF Q9.2=1]** During the past 30 days, how often did you use a prescription asthma inhaler DURING AN ASTHMA ATTACK to stop it?

(n=444)

- 1 1 to 4 times (28.9%)
- 2 5 to 14 times (11.9%)
- 3 15 to 29 times (5.6%)
- 4 30 to 59 times (2.5%)
- 5 60 to 99 times (2.4%)
- 6 100 or more times (1.0%)
- 8 Never (includes no attack in past 30 days) (47.7%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

MODULE 17: SEXUAL VIOLENCE

M17.01 Now I'd like to ask you some questions about different types of physical and/or sexual violence or other unwanted sexual experiences. This information will allow us to better understand the problem of violence and unwanted sexual contact and may help others in the future. This is a sensitive topic. Some people may feel uncomfortable with these questions. At the end of this section, I will give you phone numbers for organizations that can provide information and referral for these issues. Please keep in mind that if you are not in a safe place you can ask me to skip any question you do not want to answer. Are you in a safe place to answer these questions?

(n=4967)

- 1 Yes (96.9%)
- 2 No (3.1%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M17.1 **[IF M17.01=1]** My first questions are about unwanted sexual experiences you may have had. In the past 12 months, has anyone touched sexual parts of your body after you said or showed that you didn't want them to, or without your consent (for example being groped or fondled)?

(n=4774)

- 1 Yes (1.2%)
- 2 No (98.8%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M17.2 **[IF M17.01=1]** In the past 12 months, has anyone exposed you to unwanted sexual situations that did not involve physical touching? Examples include things like sexual harassment, someone exposing sexual parts of their body to you, being seen by a peeping Tom, or someone making you look at sexual photos or movies?

(n=4776)

- 1 Yes (1.9%)
- 2 No (98.1%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M17.3 **[IF M17.01=1]** Now, I am going to ask you questions about unwanted sex. Unwanted sex includes things like putting anything into your (IF FEMALE vagina,) anus, or mouth or making you do these things to them after you said or showed that you didn't want to. It includes times when you were unable to consent, for example, you were drunk or asleep, or you thought you would be hurt or punished if you refused. Has anyone EVER had sex with you after you said or showed that you didn't want them to?

(n=4757)

- 1 Yes (5.5%)
- 2 No (94.6%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M17.4 **[IF M17.01=1 AND M17.3=1]** Has this happened in the past 12 months?

(n=316)

- 1 Yes (4.8%)
- 2 No (95.2%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M17.5 **[IF M17.01=1]** Has anyone EVER ATTEMPTED to have sex with you after you said or showed that you didn't want to or without your consent, BUT SEX DID NOT OCCUR?

(n=4752)

- 1 Yes (6.7%)
- 2 No (93.4%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M17.6 **[IF M17.01=1 AND M17.5=1]** Has this happened in the past 12 months?

(n=368)

- 1 Yes (12.6%)
- 2 No (87.4%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

M17.7 **[IF M17.01=1 AND (M17.3=1 OR M17.5=1)]** Think about the time of the most recent incident involving a person who had sex with you or attempted to have sex with you after you said or showed that you didn't want to or without your consent. What was that person's relationship to you?

(n=473)

- 1 Current boyfriend/girlfriend (3.1%)
- 2 Former boyfriend/girlfriend (14.7%)
- 3 Fiancé (0.2%)
- 4 Spouse or live-in partner (4.9%)
- 5 Former spouse or former live-in partner (6.3%)
- 6 Someone you were dating (2.0%)
- 7 First date (1.2%)
- 8 Friend (21.9%)
- 9 Acquaintance (13.2%)
- 10 A person known for less than 24 hours (1.9%)
- 11 Complete stranger (10.6%)
- 12 Parent (1.5%)
- 13 Step-parent (1.6%)
- 14 Parent's partner (0.1%)
- 15 Parent-in-law (0.1%)
- 16 Other relative (8.7%)
- 17 Neighbor (1.5%)
- 18 Co-worker (1.5%)
- 19 Other non-relative (3.0%)
- 20 Multiple perpetrators (2.0%)
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

M17.8 **[IF M17.01=1 AND (M17.3=1 OR M17.5=1) AND M17.9<=20]** Was the person who did this male or female?

(n=489)

- 1 Male (92.0%)
- 2 Female (8.0%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

STATE ADDED: RANDOM CHILD SELECTION

ID1.1 **[IF Q12.7=>1 AND Q12.7<88 RANDOMLY SELECT ONE OF THE CHILDREN]** What is the birth month and year of the [SELECTED] child?

(Due to the size of the table, these data are not printed.)

STATE ADDED: CHILD HEALTH CARE COVERAGE

ID1.2 **[IF Q12.7<->88 OR 99]** Does the child have any kind of health care coverage, including health insurance, prepaid plans such as HMO's, or government plans such as Medicaid or the Children's Health Insurance Program, also known as CHIP?
(n=1785)

- 1 Yes (90.2%)
- 2 No (9.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

STATE ADDED: CHILD SAFETY

ID2.1 **[IF Q12.7<->88 OR 99 AND CHILDAGE<16]** How often does the **[CHILD AGE]**-year old child in your household use a **[IF CHILD AGE<5 "car safety seat", IF CHILD AGE>=5 "seatbelt"]** when they ride in a car?
(n=1399)

- 1 Always (92.6%)
- 2 Nearly Always (6.0%)
- 3 Sometimes (0.7%)
- 4 Seldom (0.6%)
- 5 Never (0.2%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

STATE ADDED: HEALTH CARE COVERAGE

ID3.1 **[IF Q3.1=2]** Previously you said you did not have any health care coverage. What is the main reason you are without health care coverage?
(n=721)

- 1 Lost job or changed employers (10.6%)
- 2 Spouse/parent lost job/changed employers (1.2%)
- 3 Became divorced or separated (0.2%)
- 4 Spouse or parent died (0.2%)
- 5 Became ineligible because of age or left school (0.8%)
- 6 Employer doesn't offer or stopped offering coverage (7.9%)
- 7 Cut back to part-time or became temporary employed (0.9%)
- 8 Benefits from employer or former employer ran out (0.1%)
- 9 Couldn't afford to pay the premiums (51.2%)
- 10 Insurance company refused coverage (0.3%)
- 11 Lost Medicaid or medical assistance eligibility (2.2%)
- 87 Other reasons (24.4%)

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

ID3.2 **[IF Q3.1=2]** About how long has it been since you had health care coverage?
(n=720)

- 1 Within the past 6 months (16.6%)
- 2 Within the past year (7-12 months) (9.9%)
- 3 Within the past 2 years (more than 1 year, less than 2 years) (10.4%)
- 4 Within the past 5 years (more than 2 years, less than 5 years) (20.4%)
- 5 5 or more years ago (26.9%)
- 8 Never (15.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID3.3 **[IF Q3.1=1]** Previously you said that you had some kind of health care coverage. What type of health care coverage do you use to pay for most of your medical care?
(n=4221)

- 1 Your employer (41.4%)
- 2 Someone else's employer (20.0%)
- 3 A plan that you or someone else buys on your own (12.0%)
- 4 Medicare (15.9%)
- 5 Medicaid or Medical Assistance (2.7%)
- 6 The military, CHAMPUS, TriCare, or the VA (4.3%)
- 7 The Indian Health Service (0.2%)
- 8 Some other source (3.3%)
- 88 NONE (0.3%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID3.4 Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs, or government plans such as Medicaid?
(n=4992)

- 1 Yes (57.0%)
- 2 No (43.0%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

STATE ADDED: ORAL HEALTH

ID4.1 How long has it been since you visited a dentist or dental clinic for any reason? Include visits to dental specialists, such as orthodontists.
(n=5018)

- 1 Within the past year (any time less than 12 months ago) (67.7%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (12.2%)
- 3 Within the past 5 years (2 years but less than 5 years ago) (8.9%)
- 4 5 or more years ago (10.3%)
- 8 NEVER (0.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID4.2 How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost for other reasons, such as injury or orthodontics.
(n=4982)

- 1 1 to 5 (28.5%)
- 2 6 or more but not all (8.1%)
- 3 All (5.2%)
- 8 NONE (58.2%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID4.3 **[IF ID4.2<->3]** How long has it been since you had your teeth cleaned by a dentist or dental hygienist?
(n=4578)

- 1 Within the past year (any time less than 12 months ago) (66.6%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (12.5%)
- 3 Within the past 5 years (2 years but less than 5 years ago) (9.1%)
- 4 5 or more years ago (10.3%)
- 8 NEVER (1.5%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID4.4 **[IF ID4.1=1]** At your last dental visit, did the dentist or dental hygienist tell you that they were examining you for signs of oral cancer?

(n=3177)

- 1 Yes (25.1%)
- 2 No (74.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

STATE ADDED: WOMEN'S HEALTH

ID5.1 **[IF Q12.20=2]** The next questions are about breast cancer. A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?

(n=3051)

- 1 Yes (59.4%)
- 2 No (40.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID5.2 **[IF Q12.20=2 AND ID5.1=1]** How long has it been since your last mammogram?

(n=2132)

- 1 Within the past year (anytime less than 12 months ago) (57.2%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (18.1%)
- 3 Within the past 3 years (2 years but less than 3 years ago) (6.9%)
- 4 Within the past 5 years (3 years but less than 5 years ago) (6.8%)
- 5 5 or more years ago (11.0%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

STATE ADDED: COLORECTAL CANCER SCREENING

ID6.1 **[IF Q12.1>= 50]** Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?

(n=2819)

- 1 Yes (56.4%)
- 2 No (43.7%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID6.2 **[IF Q12.1>= 50 AND ID6.1=1]** How long has it been since you had your last sigmoidoscopy or colonoscopy?

(n=1605)

- 1 Within the past year (any time less than 12 months ago) (27.8%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (20.9%)
- 3 Within the past 5 years (2 years but less than 5 years ago) (33.8%)
- 4 Within the past 10 years (5 years but less than 10 years ago) (11.0%)
- 5 10 or more years ago (6.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

STATE ADDED: SEAT BELT USE

ID7.1 How often do you use seatbelts when you drive or ride in a car?

(n=5031)

- 1 Always (75.4%)
- 2 Nearly always (14.7%)
- 3 Sometimes (5.3%)
- 4 Seldom (2.6%)
- 5 Never (1.9%)
- 8 NEVER DRIVE OR RIDE IN A CAR (0.1%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

STATE ADDED: SEX EDUCATION

ID8.1 At what grade level do you think children should begin to receive comprehensive sex education in school? Comprehensive sex education includes not only discussions about reproductive systems and associated biological functions, but also sexual behavior; outcomes of sexual behavior including STD/AIDS education and prevention; talking with parents about sex; birth control methods, availability, and usage; and may include discussion on personal sexuality choices.

(n=4460)

- 1 1st (1.1%)
- 2 2nd (0.9%)
- 3 3rd (3.0%)
- 4 4th (7.4%)
- 5 5th (17.5%)
- 6 6th (26.2%)
- 7 7th (18.9%)
- 8 8th (7.0%)
- 9 9th (5.2%)
- 10 10th (2.7%)
- 11 11th (0.5%)
- 12 12th (2.4%)
- 55 Kindergarten (0.9%)
- 88 NEVER (6.6%)

- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

STATE ADDED: HOME ENVIRONMENT

ID9.1 The next questions are about water used in your home. What is the main source of your home water supply?

(n=4950)

- 1 A city, county, or town water system (66.3%)
- 2 A small water system operated by a home association (4.3%)
- 3 A private well serving your home (27.7%)
- 4 Other source (1.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID9.2 Which of the following best describes the water that you drink at home most often?

(n=4943)

- 1 Unfiltered tap water (44.8%)
- 2 Filtered tap water (39.9%)
- 3 Bottled or vended water (13.5%)
- 4 Water from another source (1.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID10.1 The next section is about radon. Have you heard of radon, which is a radioactive gas that occurs in nature?
(n=4977)

- 1 Yes (80.4%)
- 2 No (19.6%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID10.2 **[IF ID10.1=1]** Has your household air been tested for the presence of radon gas?
(n=3831)

- 1 Yes (18.2%)
- 2 No (81.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID10.3 **[IF ID10.1=1]** Please indicate your agreement or disagreement with the following statement: Prolonged exposure to radon gas can be harmful to your health? Do you agree or disagree?
(n=3613)

- 1 Agree (96.8%)
- 2 Disagree (3.2%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID11.1 Do you currently have mold in your home on an area greater than the size of a dollar bill?
(n=4839)

- 1 Yes (4.7%)
- 2 No (95.3%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

STATE ADDED: NON-MEDICAL DRUG USE

ID14.1 I am now going to ask about your non-medical use of drugs. "Non-medical use" means using drugs not prescribed by a doctor, or used to get high or for curiosity. I will be referring to cocaine (including crack), heroin or drugs like heroin (such as codeine or Demerol), marijuana (also referred to as pot or hashish), methamphetamine (also known as meth, crank or ice), hallucinogens, inhalants, prescription painkillers, stimulants and sedatives. Remember, all information on this survey is strictly confidential. Have you ever used any of the drugs I just mentioned?
(n=4952)

- 1 Yes (24.1%)
- 2 No (75.9%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID14.2 **[IF ID14.1=1]** How long has it been since you last used any of these drugs for non-medical purposes?
(n=962)

- 1 Within the last 30 days (0-30 days) (13.7%)
- 2 More than 30 days but within the past 12 months (31 days to 12 months) (7.7%)
- 3 More than 12 months ago (78.7%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID14.3 **[IF ID14.1=1 AND ID14.2<3]** Which of the following drugs have you used in the past 12 months? Marijuana (also known as pot or hashish)?
(n=140)

- 1 Yes (93.9%)
- 2 No (6.1%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID14.4 **[IF ID14.1=1 AND ID14.2<3 AND ID14.3<=>9]** Methamphetamines (also known as meth, crank, or ice)?
(n=140)

- 1 Yes (4.2%)
- 2 No (95.8%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID14.5 **[IF ID14.1=1 AND ID14.2<3 AND ID14.3<=>9]** Cocaine (including crack)?
(n=140)

- 1 Yes (5.0%)
- 2 No (95.0%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID14.6 **[IF ID14.1=1 AND ID14.2<3 AND ID14.3<=>9]** Heroin or drugs like heroin (such as codeine or Demerol)?
(n=139)

- 1 Yes (19.5%)
- 2 No (80.5%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID14.7 **[IF ID14.1=1 AND ID14.2<3 AND ID14.3<=>9]** Other than those I just mentioned, have you used any other drugs for non-medical purposes in the past 12 months?
(n=140)

- 1 Yes (14.7%)
- 2 No (85.3%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

STATE ADDED: WEST NILE VIRUS (ASKED ONLY IN NOVEMBER AND DECEMBER)

ID15.1 Do you believe West Nile virus was a serious health threat in your community this summer?
(n=630)

- 1 Yes (43.0%)
- 2 No (54.8%)
- 3 Never heard of West Nile virus (2.2%)

- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID15.2 During this past summer, how did you see or hear information about West Nile virus?
(n=661)

(Due to the size of the table, these data are not printed.)

- 1 TV PSA/commercial
- 2 TV other (not PSA/commercial)
- 3 Newspaper
- 4 Radio PSA/commercial
- 5 Radio other (not PSA/commercial)
- 6 State Health web site (<http://westnile.idaho.gov>)
- 7 Other web sites
- 8 "Fight the Bite" poster
- 9 "Fight the Bite" brochure
- 10 "Fight the Bite" bus advertisement
- 11 "Fight the Bite" movie trailer
- 12 Word of mouth (family, friends, coworkers, etc.)
- 13 Health professional (doctor, nurse, clinic, hospital)
- 14 E-card (electronic greeting card)
- 15 Other
- 88 DID NOT SEE/HEAR ANY WNV INFORMATION
- 77 DON'T KNOW/NOT SURE
- 99 REFUSED

ID15.3 What were the main West Nile messages you saw or heard?
(n=638)

(Due to the size of the table, these data are not printed.)

- 1 "Fight the Bite"
- 2 Wear mosquito repellent
- 3 Wear mosquito repellent with DEET, picaridin, or oil of eucalyptus
- 4 Protect yourself from mosquito bites, especially between dusk and dawn
- 5 Cover up skin when outside (long sleeves/pants)
- 6 Remove standing water around home (dump pots, empty bird baths, etc.)
- 7 Replace or repair window screens
- 8 Other
- 77 DON'T REMEMBER
- 99 REFUSED

ID15.4 Do you recall seeing any of the following messages?
(n=627)

(Due to the size of the table, these data are not printed.)

- 1 "Fight the Bite"
- 2 Wear mosquito repellent
- 3 Wear mosquito repellent with DEET, picaridin, or oil of eucalyptus
- 4 Protect yourself from mosquito bites, especially between dusk and dawn
- 5 Cover up skin when outside (long sleeves/pants)
- 6 Remove standing water around home (dump pots, empty bird baths, etc.)
- 7 Replace or repair window screens
- 8 Other
- 77 DON'T REMEMBER
- 99 REFUSED

ID15.5 What precautions did you personally take last summer to prevent mosquito bites?
(n=673)

(Due to the size of the table, these data are not printed.)

- 1 Used mosquito repellent on skin/clothing
- 2 Used DEET-containing mosquito repellent on skin/clothing
- 3 Used any other mosquito repellent on skin/clothing
- 4 Wore protective clothing when outdoors between dusk and dawn
- 5 Replaced or repaired window screens
- 6 Removed standing water near home (empty pots, bird baths, etc.)
- 7 Avoided going outside during peak mosquito hours
- 8 Used bug zapper
- 9 Used citronella/scented candles
- 10 Avoided activities or areas that led to mosquito exposure
- 11 Used insecticide around home/yard
- 12 Other
- 88 NO PRECAUTIONS TAKEN
- 77 DON'T KNOW
- 99 REFUSED

ID15.6 Did you use a mosquito repellent?
(n=370)

- 1 Yes (43.2%)
- 2 No (56.9%)
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

ID15.7 Why didn't you use a mosquito repellent?
(n=224)

(Due to the size of the table, these data are not printed.)

- 1 Health effects from chemicals (skin burning, allergic reaction, worry about chemical effects, etc.)
- 2 Don't like the smell
- 3 Too expensive
- 4 Inconvenient
- 5 Didn't think I'd need it
- 6 Forgot to use it
- 7 Other
- 77 DON'T KNOW
- 99 REFUSED

Appendix C

References

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