



Idaho Behavioral Risk Factors

Results from the 2010 Behavioral
Risk Factor Surveillance System

Bureau of Vital Records and Health Statistics
Idaho Department of Health and Welfare

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This report is available electronically at <http://healthstatistics.dhw.idaho.gov>.

For more details on this project or any of the survey results, please contact the Bureau of Vital Records and Health Statistics at (208) 332-7326.

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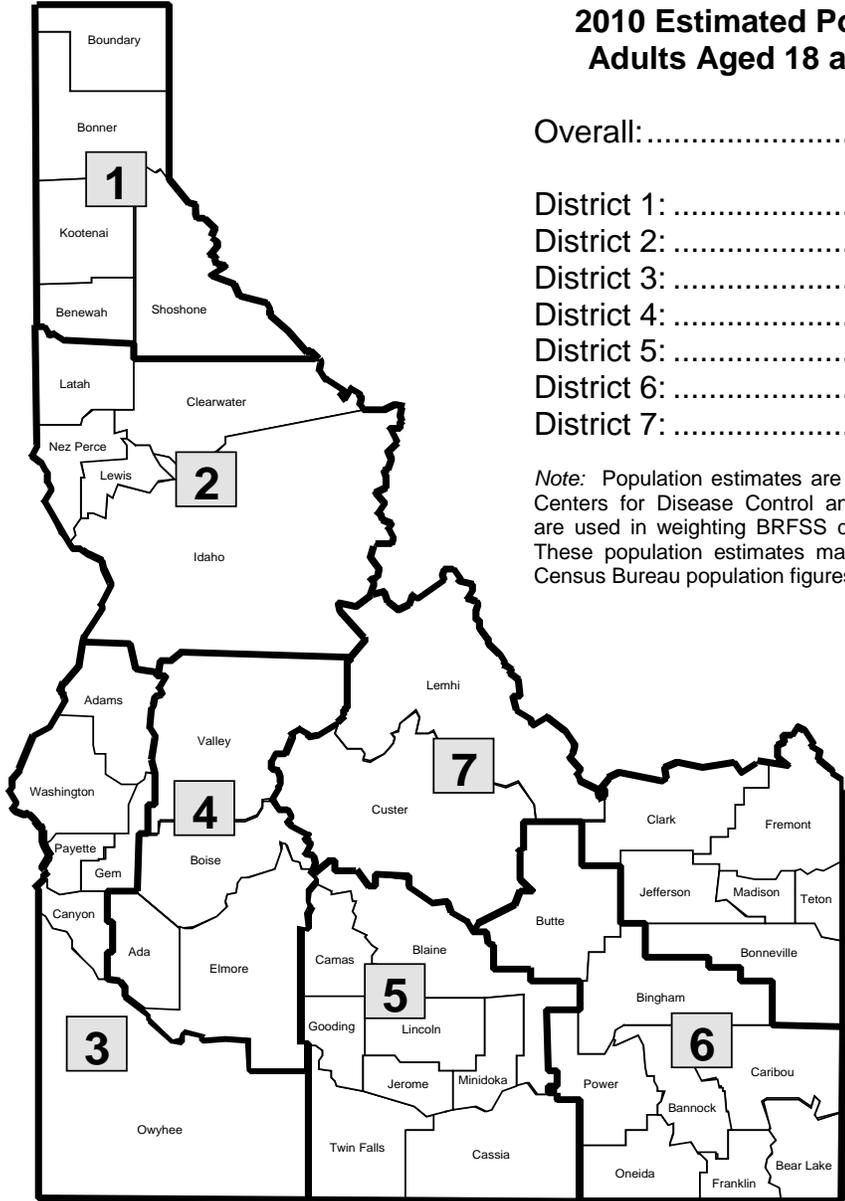
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Idaho Public Health Districts

Idaho is divided into seven public health districts, with each of the districts containing four to eight counties. The seven health districts are independent agencies governed by a local board appointed by the county commissioners within the district.



2010 Estimated Population Adults Aged 18 and Over

Overall:.....	1,144,656
District 1:	167,141
District 2:	81,607
District 3:	181,001
District 4:	325,964
District 5:	130,043
District 6:	117,257
District 7:	141,643

Note: Population estimates are obtained from the Centers for Disease Control and Prevention and are used in weighting BRFSS data (see page 2). These population estimates may differ from U.S. Census Bureau population figures.

Idaho Behavioral Risk Factor Surveillance System

Introduction

Health risk behaviors and lack of preventive care are associated with higher rates of morbidity and mortality. Monitoring of modifiable risk factors for diseases and the use of preventive health services is vital to planning, initiating, and developing targeted education and intervention programs at the state and local level. Monitoring provides a means of tracking progress toward achieving public health objectives. The Behavioral Risk Factor Surveillance System (BRFSS) is an ongoing public health surveillance program developed and partially funded by the Centers for Disease Control and Prevention (CDC). It is designed to estimate the prevalence of risk factors for the major causes of morbidity and mortality in the United States. The survey provides state-specific estimates of the proportion of adults aged 18 and over with selected health risk behaviors. For certain state and national objectives, BRFSS is the only source of data.

Idaho has participated in the BRFSS since its inception in 1984. Since then, the program has grown to encompass all 50 states and several U.S. territories. BRFSS data are valued at the state and national level for measuring progress toward national and state health objectives. BRFSS is unique in providing data enabling state health policymakers to assess their own states' needs and determine progress toward goals. Results from BRFSS have been used to support health risk reduction and disease prevention activities by directing program planning, assessing trends, and targeting relevant population groups. This report summarizes major health risk behaviors and use of preventive health practices that affect chronic diseases associated with morbidity and mortality in Idaho. Summarized data in this report are not inclusive of all data that may be provided by BRFSS. For this reason, the 2010 questionnaire appears in its entirety in Appendix B.

Methodology

The 2010 BRFSS was conducted as a random telephone survey of the non-institutionalized adult population. In order to produce health district estimates, Idaho's sample grew to over 7,000 adults in 2010 from about 600 in 1984. The survey was administered in every month of the calendar year. After annual data collection was complete, individual responses were weighted to be representative of the state's adult population, and analyses were performed on the weighted data.

Sampling: Idaho used disproportionate stratified sampling for its 2010 BRFSS. The sample was stratified by Idaho's seven public health districts. A minimum of 960 Idahoans were interviewed within each health district, for a total sample size of 7,009. Interviews were conducted by telephone using computer-assisted telephone interviewing (CATI) software to record responses.

Weighting: The data were weighted to the respondent's probability of selection as well as age and sex based on 2010 population estimates. For example, some households have more than one telephone line and are more likely to be called. The weighting corrects for this difference in probability of selection as well as demographic differences between the population and the sample.

Analysis: Idaho used SUDAAN[®] (Survey Data Analysis) v10.0.1 software for statistical testing and calculation of confidence limits. SUDAAN takes into account the complex sampling design methodology of BRFSS. Idaho used SAS[®] v9.2 software for data

manipulation and risk factor creation. All "don't know," "not sure," and "refused" responses have been excluded from the analysis.

Additional information regarding BRFSS methodology, including data weighting, is available online at <http://www.cdc.gov/brfss>.

Reporting

Prevalence estimates based on denominators with fewer than 50 respondents have been suppressed and are indicated in the data tables with an asterisk (*). The BRFSS has adopted this standard to maintain a high degree of reliability. Differences between estimates are reported throughout the document. Statistically significant bivariate comparisons were determined through non-overlapping 95 percent confidence intervals. Statistically significant trends over time were determined using the Cochran-Mantel-Haenszel test for trend. Differences determined to be statistically significantly different are designated as such and are preceded by the words "significantly" or "statistically."

Data Limitations

Errors in estimation can result from the BRFSS data being self-reported; certain behaviors may be underreported (Centers for Disease Control and Prevention, 2008). Another source of error is based on sampling as samples may deviate somewhat from the population. Additional errors may occur due to the population from which the sample is drawn. In order to be cost effective, the sample was limited to adults aged 18 and older who were non-institutionalized, lived in a household with a non-cellular (landline) telephone, and could communicate in English or Spanish. This excluded people in prisons and dormitories, those who exclusively spoke a language other than English or Spanish, those with only cellular telephones, and others who could not communicate by telephone. Spanish interviewing for the Idaho BRFSS began in midyear 2004 with 2005 as the first complete year that included Spanish interviews. The Federal Communications Commission estimated that 95.0 percent of households had landline telephone service in 2008 (Federal Communications Commission, 2010). With ongoing changes in telephone technology, there has been an increase in households that have cellular telephones only. These households were not in the 2010 sampling frame for the BRFSS and may bias results (Centers for Disease Control and Prevention, 2007).

Additional information on telephone coverage in U.S. households is available at: <http://www.fcc.gov/wcb/iatd/socc.html>.

Summary Results

General Health Status (page 9)

- The percentage of Idaho adults reporting their health as “fair” or “poor” was 15.4 percent in 2010. 2010 was not significantly different from previous years, except for 2004 (which was lower).
- Those with household incomes below \$35,000 were three times as likely to say their general health was less than good compared with those with incomes of \$35,000 or higher.
- Employed adults were less likely to report “fair” or “poor” general health compared with unemployed adults (not including students, homemakers, retirees, and persons unable to work).

Health Care Coverage (page 10)

- In Idaho, 19.1 percent of adults did not have health care coverage in 2010. This was not a significant change since 2009.
- Health care coverage increased with age. Nearly one in three adults aged 18 to 34 were without coverage compared with 0.8 percent of adults 65 and older.
- Hispanics were significantly more likely than non-Hispanics to be without health coverage.

Dental Insurance (page 11)

- The percentage of Idaho adults without dental insurance in 2010 was 44.8 percent and has not changed significantly since 2009.
- Those over age 65 were more likely than younger adults to be without dental insurance.
- Hispanics were significantly more likely than non-Hispanics to be without dental insurance.

Diabetes (page 12)

- Adult diabetes prevalence in 2010 was 8.0 percent. The percentage of Idahoans with diabetes has increased significantly since 2003.
- Those with incomes below \$25,000 were twice as likely to have diabetes as those with incomes of \$25,000 or more.

Summary Results

Asthma (page 13)

- Asthma prevalence (those with current asthma) was 8.8 percent in 2010 and has not changed significantly during the ten year tracking period.
- There were no significant differences in asthma prevalence between males and females, or by level of income, education or employment status.
- Compared with Hispanics, non-Hispanics were significantly more likely to have a current diagnosis of asthma.

Physical Activity (page 14)

- In Idaho, 20.0 percent of adults did not participate in leisure time physical activity in 2010. There has been a significant increase in this trend over the past 10 years.
- Unemployed adults were significantly less likely to report physical activity when compared with those who were employed.

Weight (page 16)

- About 6-in-10 (62.9 percent) Idaho adults were overweight (BMI ≥ 25) in 2010. While this was not a significant change since 2009, the prevalence of overweight adults has increased significantly since 2003.
- About one-in-four (26.9 percent) Idahoans was obese (BMI ≥ 30) in 2010. The proportion of overweight adults who are also obese has increased significantly over the past ten years.
- Men were significantly more likely to be obese than women.
- College graduates were significantly less likely than those with lower levels of education to be obese.

Cigarette Smoking (page 18)

- The percentage of adults who were cigarette smokers in 2010 was 15.7 percent. Cigarette smoking in Idaho has decreased significantly since 2003.
- Younger age groups were significantly more likely to smoke cigarettes.
- Smoking prevalence decreased as education level increased. Those with less than a high school education were six times as likely to smoke as college graduates.

Summary Results

Alcohol Consumption (page 19)

- Binge drinking for females is defined as having four or more alcoholic beverages on a single occasion. For males, binge drinking is defined as having five or more alcoholic beverages on a single occasion. In 2010, 13.2 percent of Idaho adults engaged in binge drinking in the past 30 days. This has not changed significantly since 2005.
- Heavy drinking (more than 30 drinks per month for females and more than 60 drinks for males) showed no significant change from recent years with 4.0 percent of adults reporting heavy drinking.
- In every age category, males were significantly more likely to be binge drinkers than females.
- Males were significantly more likely to drink heavily than females.
- Students, homemakers, retirees, and persons unable to work were less likely to binge drink than those employed for wages or who were unemployed.

Illicit Drug Use (page 21)

- The percentage of Idaho adults who used drugs for non-medical reasons in the prior 12 months remained steady at 4.3 percent in 2010.
- Those aged 18 to 34 were significantly more likely to have used illicit drugs compared with older adults.
- In 2010, unemployed adults were significantly more likely to have used illicit drugs for non-medical reasons in the past 12 months.

Seat Belt Use (page 22)

- The percentage of Idaho adults who did not always wear a seat belt when driving or riding in a car was 23.9 percent in 2010.
- Males were significantly more likely to say they did not consistently wear their seat belts compared with females.
- Those over the age of 65 were significantly more likely use their seat belts than those under the age of 25.

Summary Results

Colorectal Cancer Screening (page 23)

- The percentage of those aged 50 and over who had ever received a sigmoidoscopy or colonoscopy reached a new high in 2010 at 59.8 percent.
- Idaho adults over the age of 65 were more likely to have received sigmoidoscopy or colonoscopy compared with those aged 50 to 64.

Breast Cancer Screening (page 24)

- In 2010, 63.8 percent of women aged 40 and over had received a mammogram in the prior two years. This has not varied significantly since 2004.
- Women aged 40 and over with incomes above \$75,000 were significantly more likely to have had a mammogram in the past two years than those with incomes below \$15,000.

Cervical Cancer Screening (page 25)

- In 2010, 76.3 percent of Idaho women with an intact cervix had received a Pap test in the past three years. This was not a significant change from 2003.
- Women in the youngest (18 to 24 years) and oldest (65 and older) age categories were the most likely to have not received cervical cancer screening.

Prostate Cancer Screening (page 26)

- The percentage of males 40 and over who received a Prostate-Specific Antigen (PSA) test in the prior two years did not change significantly between 2003 and 2010. Nearly one-half (49.2 percent) of males 40 and older had received a PSA in 2010.
- Males aged 40 and over with incomes less than \$35,000 were significantly less likely to receive a PSA test compared with those who had incomes above \$35,000.

Dental Visits (page 27)

- In 2010, 32.5 percent of Idaho adults had not visited a dentist within the previous 12 months.
- The percentage of adults who had annual dental visits did not vary significantly by age or by ethnicity.

Idaho vs. U.S. Medians*

Percent of adults who:	Idaho %	Median of U.S. States* %
Reported their general health as "fair" or "poor"	15.4	14.9
Did not have health care coverage	19.1	15.0
Did not have dental insurance	44.8	n/a
Had ever been told they had diabetes	8.0	8.7
Were diagnosed and still had asthma	8.8	9.1
Did not participate in leisure time physical activity	20.0	23.9
Were overweight (BMI \geq 25)	62.9	63.7
Were obese (BMI \geq 30)	26.9	27.5
Smoked cigarettes	15.7	17.3
Were binge drinkers (\geq 4 alcoholic drinks on single occasion for females, \geq 5 alcoholic drinks on single occasion for males)	13.2	15.1
Were heavy drinkers ($>$ 30 alcoholic drinks in past 30 days for females, $>$ 60 alcoholic drinks in past 30 days for males)	4.0	5.0

* Median of all states and District of Columbia (51)

n/a = data not available

Idaho vs. U.S. Medians*

Percent of adults who:	Idaho %	Median of U.S. States* %
Used illicit drugs in the last 12 months	4.3	n/a
Did not always wear a seatbelt when driving or riding in a car	23.9	n/a
Had not visited the dentist in the last 12 months	35.2	30.3
Adults aged 50+ who ever had a sigmoidoscopy or colonoscopy	59.8	65.2
Females aged 40+ who had a mammogram in last two years	63.8	75.2
Females aged 18+ who had a Pap test in the last three years	76.3	81.3
Males aged 40+ who had a Prostate Specific Antigen test in the last two years	49.2	53.2

* Median of all states and District of Columbia (51)

n/a = data not available

General Health

General Health Status

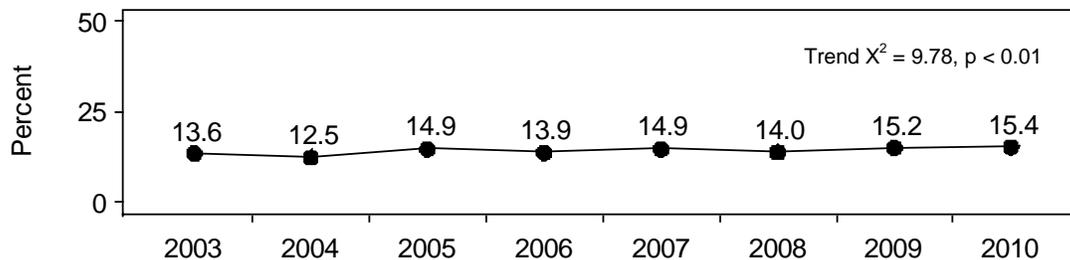
Respondents were asked to rate their health as “excellent”, “very good”, “good”, “fair”, or “poor.”

15.4% of Idaho adults rated their health as "fair" or "poor" in 2010.

Compared with previous years, the percentage of adults reporting "fair" or "poor" health in 2010 was not significantly different from previous years, except for 2004 (which was lower).

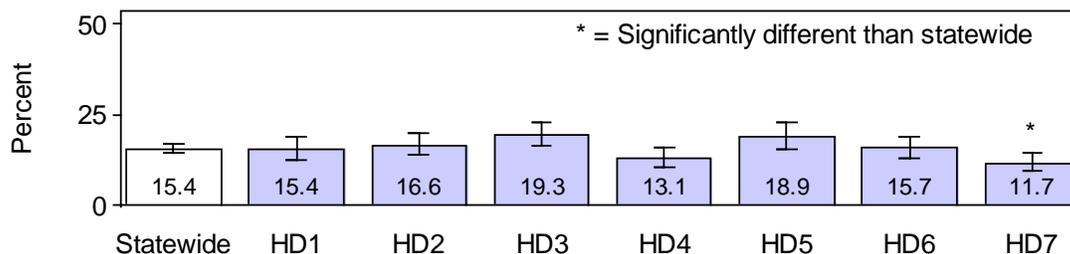
Since 2003, there has been a gradual, but significant, trend upward in the percentage of Idaho adults reporting "fair" or "poor" health.

Idaho adults with “fair” or “poor” general health by year, 2003-2010



Among Idaho public health districts, District 7 had a significantly lower percentage of adults reporting "fair" or "poor" health than were reported statewide.

Idaho adults with “fair” or “poor” general health by Health District, 2010



“Fair” or “poor” health was associated with:

- Increasing age: 26.2% for 65+, 15.4% for 35-64, and 9.3% for 18-34
- Household income less than \$35,000: 27.9% vs. 7.9% for \$35,000+
- Being unemployed, a student, homemaker, retiree, or unable to work: 24.5% vs. 8.4% for employed
- Not being a college graduate: 19.0% vs. 7.2% for college graduates
- Being Hispanic: 27.6% vs. 14.3% for non-Hispanic

General Health

Health Care Coverage

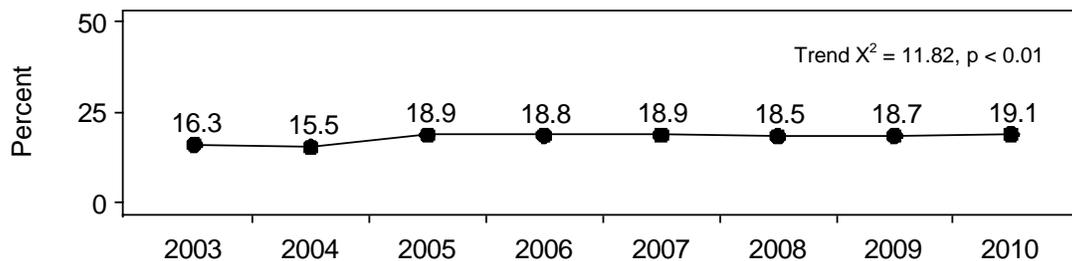
Health care coverage was defined as having health insurance, prepaid plans such as HMOs, or government plans such as Medicare.

19.1% of Idaho adults did not have health care coverage in 2010.

The percentage of adults without health care coverage in 2010 was significantly higher than the percentage in 2004. No other year since 2003 had a significantly different percentage of adults without health care coverage

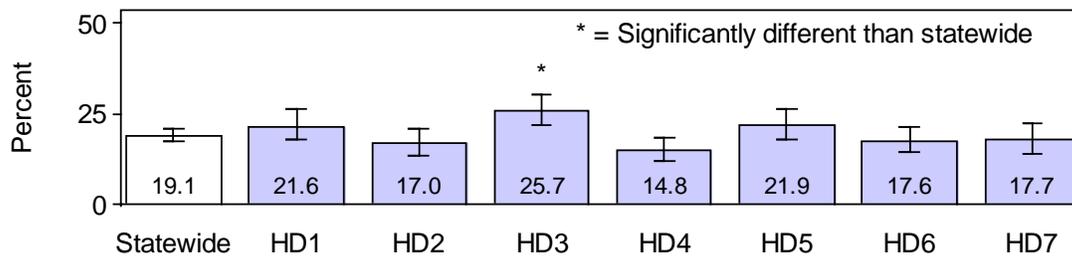
Since 2003, there has been a significant increasing trend in the percentage of Idaho adults without health care coverage.

Idaho adults without health care coverage by year, 2003-2010



Among Idaho public health districts, District 3 had a significantly higher percentage of adults without health care coverage than the statewide percentage.

Idaho adults without health care coverage by Health District, 2010



Not having health care coverage was associated with:

- Younger age: 31.0% for 18-34, 18.6% for 35-64, and 0.8% for 65+
- Lower household income: 30.7% for less than \$50,000 vs. 3.7% for \$50,000+
- Being unemployed: 54.9% vs. 16.4% for employed, students, homemakers, retirees, and persons unable to work
- Not being a college graduate: 24.8% vs. 6.1% for college graduates
- Being Hispanic: 50.3% vs. 16.6% for non-Hispanic

General Health

Dental Insurance

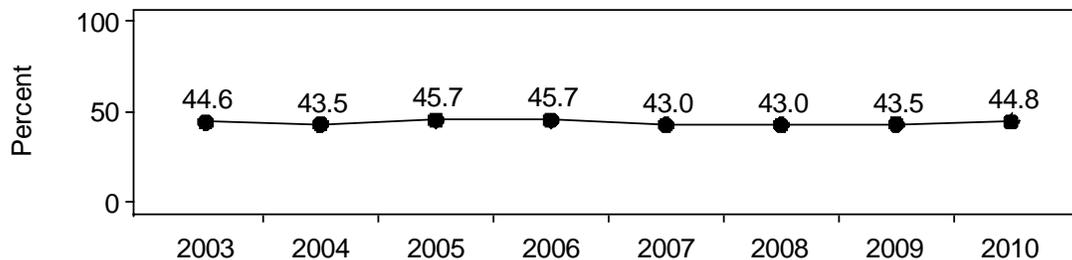
In addition to dental insurance, prepaid plans such as HMOs, and government plans such as Medicare that paid for some or all of routine dental care were included in this category

44.8% of Idaho adults did not have dental insurance in 2010.

The percentage of adults without health care coverage in 2010 did not change significantly from 2009. No year since 2003 was significantly different from 2010.

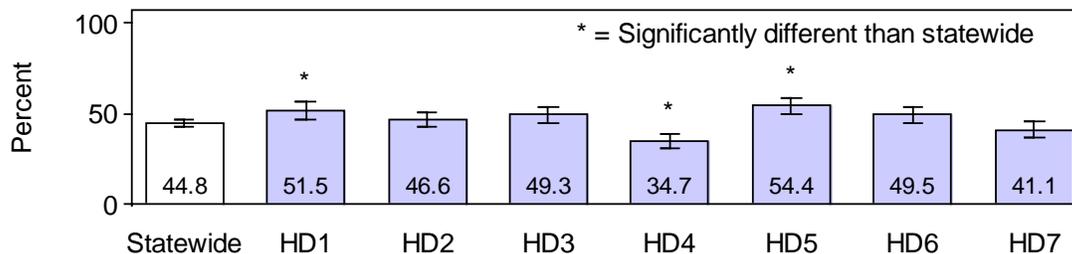
Since 2003, there has been no significant trend in the percentage of Idaho adults without dental insurance.

Idaho adults without dental insurance by year, 2003-2010



Among Idaho public health districts, Districts 1 and 5 had significantly higher percentages of adults without dental insurance than the statewide percentage. District 4 had a significantly lower percentage.

Idaho adults without dental insurance by Health District, 2010



Not having dental insurance was associated with:

- Younger or older age groups: 47.9% for 18-34, 36.6% for 35-64, and 67.0% for 65+
- Household income less than \$35,000: 66.7% vs. 29.3% for \$35,000+
- Being unemployed, a student, homemaker, retiree, or unable to work: 58.5% vs. 34.3% for employed
- Not being a college graduate: 51.5% vs. 29.9% for college graduates
- Being Hispanic: 65.0% vs. 43.4% for non-Hispanic

Chronic Disease Prevalence

Diabetes

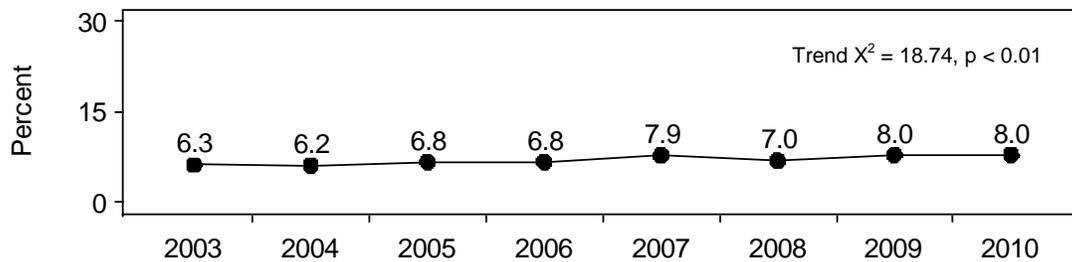
Respondents were asked whether they had been told by a doctor they had diabetes. This figure does not include women told they had diabetes only during pregnancy.

8.0% of Idaho adults in 2010 had a lifetime diagnosis of diabetes.

The percentage of Idaho adults with diabetes was unchanged from 2009. The percentage in 2010 is significantly higher, however, than the percentages for 2003 and 2004.

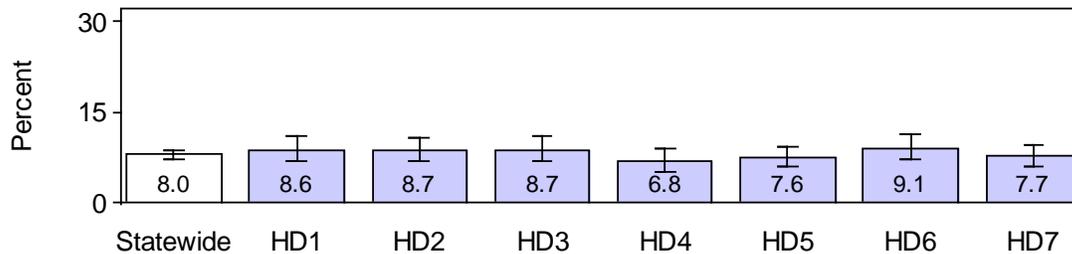
Since 2003, there has been significant upward trend in the percentage of Idaho adults diagnosed with diabetes.

Idaho adults who had ever been diagnosed with diabetes by year, 2003-2010



No public health district had a prevalence of diabetes significantly different from the statewide rate.

Idaho adults diagnosed with diabetes by Health District, 2010



Having a diagnosis of diabetes was associated with:

- Increasing age: 2.1% for 18-34, 8.0% for 35-64, and 17.9% for 65+
- Low household income: 12.6% for less than \$25,000 vs. 6.1% for \$25,000+
- Not being employed for wages: 12.3% vs. 4.6% for employed
- Not being a college graduate: 9.0% vs. 5.4% for college graduates

Chronic Disease Prevalence

Asthma

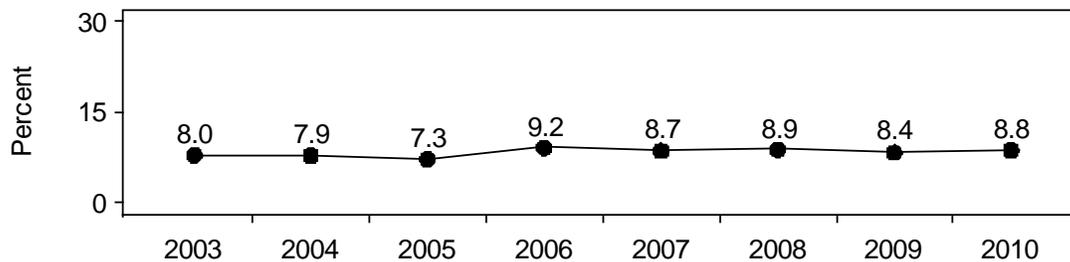
Since 2002, the Idaho BRFSS began reporting asthma prevalence as those adults who had ever been told by a health professional they had asthma and who indicated they still had asthma.

8.8% of Idaho adults had been diagnosed and currently had asthma in 2010.

Although the prevalence of asthma among Idaho adults was nominally higher in 2010 than in 2009, the increase was not statistically significant.

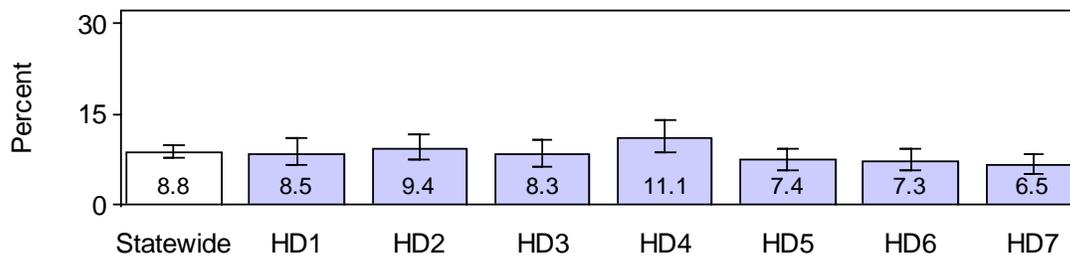
There has been no significant change in asthma prevalence since 2003.

Idaho adults who had been diagnosed and still had asthma by year, 2003-2010



Among Idaho public health districts, no district had a prevalence of asthma significantly different from the statewide prevalence.

Idaho adults who had been diagnosed and still had asthma by Health District, 2010



Having current asthma was associated with:

- Age 35 and older: 10.0% vs. 5.9% for ages 18-34
- Being a student, homemaker, retiree, or unable to work: 10.7% vs. 7.7% for those either employed or unemployed.
- Being non-Hispanic: 9.1% vs. 4.8% for Hispanic adults

Health Risk Behaviors

Physical Activity

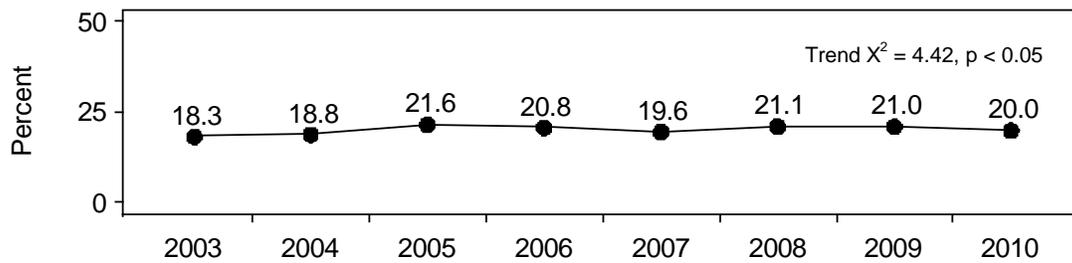
Physical activity was defined as any activity, such as running, calisthenics, golf, gardening, or walking for exercise, in which a person participated outside of their regular job during the past month.

20.0% of Idaho adults had not participated in physical activity during the past month in 2010.

The percentage of Idaho adults who did not participate in physical activity in 2010 was significantly higher than in 2004, but not for any other single year.

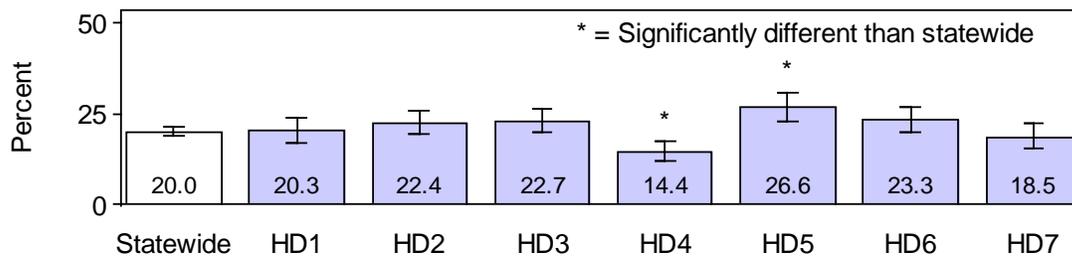
There has been a significant increasing trend in the percentage of Idaho adults who have not participated in non-job related physical activity since 2003.

Idaho adults who did not participate in leisure time physical activity by year, 2003-2010



Health District 4 had a significantly lower percentage of adults who did not participate in physical activity than statewide. Health District 5 had a significantly higher percentage.

Idaho adults who did not participate in leisure time physical activity by Health District, 2010



Not participating in physical activity was associated with:

- Being age 65 or older: 31.0% vs. 17.7% for ages 18-64
- Low household income: 31.0% for less than \$15,000 vs. 6.7% for \$75,000+
- Not being employed for wages: 24.6% vs. 16.4% for employed
- Not being a college graduate: 24.5% vs. 9.5% for college graduates
- Being Hispanic: 34.9% vs. 18.8% for non-Hispanic

Health Risk Behaviors

Body Mass Index

Body Mass Index (BMI) is an index based on height and weight used to categorize an adult as not overweight or obese, overweight, or obese. BMI is calculated using the following formula:

$$\frac{\text{Weight in kilograms}}{(\text{Height in meters})^2}$$

The following table illustrates common category breakouts based on BMI that are used in this report.

BMI Category	BMI
Not Overweight or Obese*	< 25.0
Overweight**	25.0 +
Obese	30.0 +

*The category “Not Overweight or Obese” also includes adults who are underweight based on BMI < 18.5. Although underweight is a recognized health risk, only 2.6 percent of Idaho’s adult population fell into the underweight category in 2010.

** The category Overweight *includes* the category Obese.

Health Risk Behaviors

Overweight

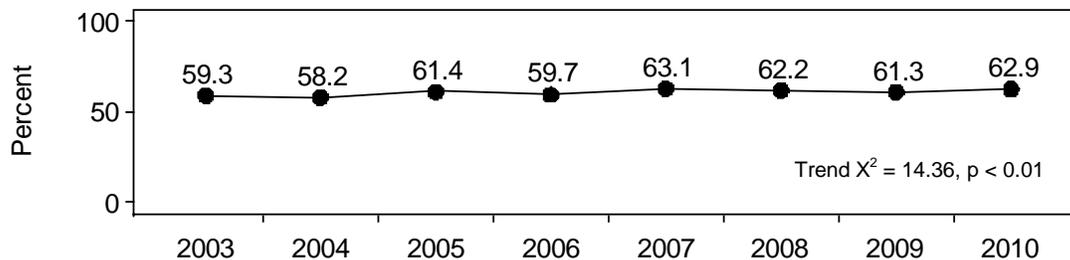
Adults with a BMI of 25 or greater were considered overweight. This definition includes adults who were obese (BMI of 30 or greater).

62.9% of adults in Idaho were overweight in 2010.

The percentage of overweight Idaho adults who were overweight in 2010 was significantly higher than in 2004 but not for any other year since 2003.

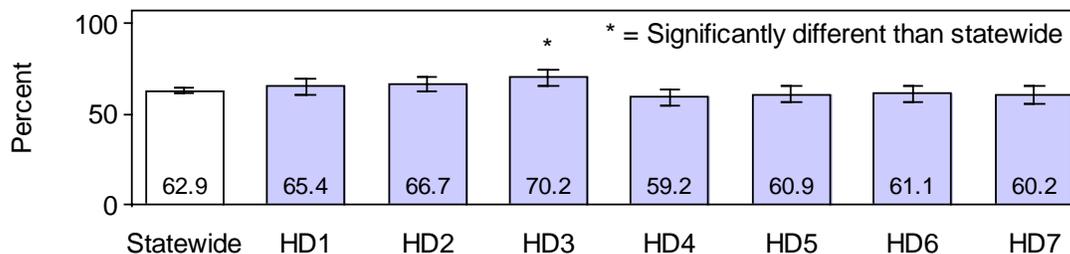
Since 2003, there has been a significant increasing trend in the percentage of Idaho adults who are overweight.

Idaho adults who were overweight by year, 2003-2010



Health District 3 had a significantly higher percentage of adults who were overweight compared with the statewide percentage.

Idaho adults who were overweight by Health District, 2010



Being overweight was associated with:

- Being male: 71.0% vs. 54.2% for females
- Age 35 and older: 67.2% vs. 52.5% for ages 18-34
- Being employed for wages or unemployed: 65.8% vs. 57.9% for students, homemakers, retirees, or persons unable to work.
- Being Hispanic: 73.6% vs. 62.0% for non-Hispanic adults

Health Risk Behaviors

Obesity

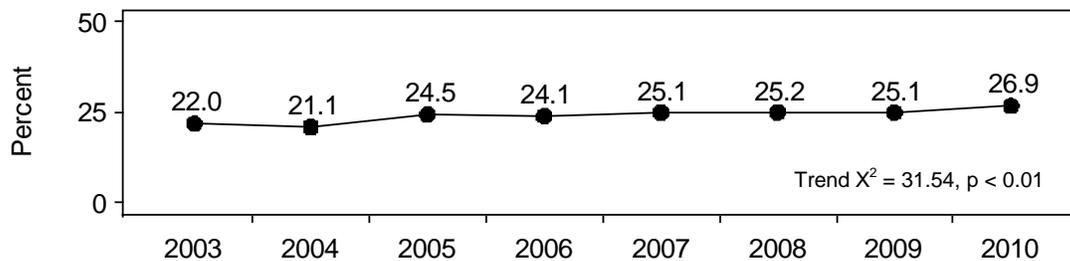
Adult obesity is defined as having a BMI or 30 or greater.

26.9% of adults in Idaho were obese in 2010.

The percentage of Idaho adults who were obese in 2010 was significantly higher than in the years 2003 and 2004, but not significantly different from any other year.

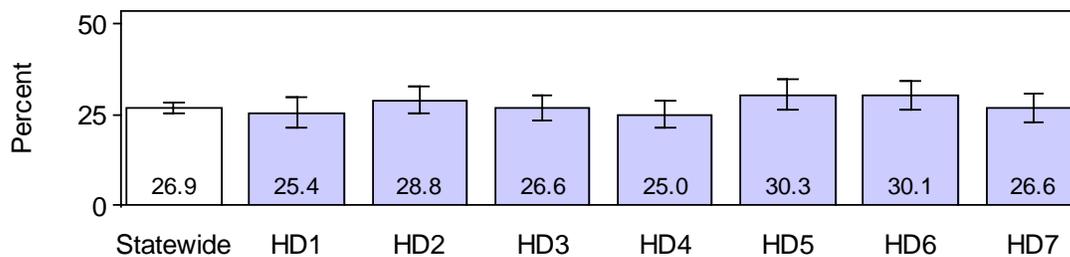
Since 2003, there has been a significantly increasing trend in the percentage of Idaho adults who are obese.

Idaho adults who were obese by year, 2003-2010



No Health District had a prevalence of obesity significantly different from the statewide prevalence in 2010.

Idaho adults who were obese by Health District, 2010



Being obese was associated with:

- Being male: 29.1% vs. 24.6% for females
- Lower household income: 34.9% for less than \$35,000 vs. 21.0% for \$75,000+
- Being unemployed: 39.2% vs. 25.9% for unemployed, students, homemakers, retirees, or persons unable to work
- Not being a college graduate: 29.6% vs. 20.7% for college graduates

Health Risk Behaviors

Cigarette Smoking

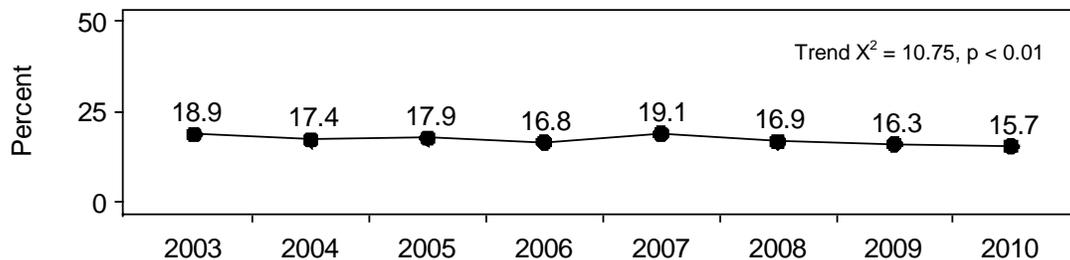
Adults were classified as cigarette smokers if they had smoked at least 100 cigarettes in their lives and currently smoked every day or some days.

15.7% of Idaho adults were current smokers in 2010.

The prevalence of cigarette smoking in 2010 was statistically similar to that in 2009, but it was significantly lower than the prevalence in 2007.

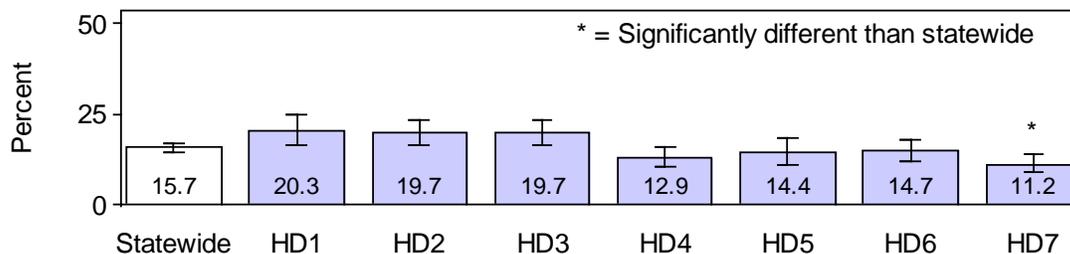
There has been a significant decreasing trend since 2003 in the percentage of Idaho adults who were current smokers.

Idaho adults who currently smoke cigarettes by year, 2003-2010



Among Idaho public health districts, the prevalence of cigarette smoking in District 7 was significantly lower than the statewide prevalence.

Idaho adults who currently smoke cigarettes by Health District, 2010



Being a current smoker was associated with:

- Younger age groups: 20.9% for 18-34, 15.1% for 35-64, and 8.6% for 65+
- Low household income: 30.8% for less than \$15,000 vs. 7.3% for \$75,000+
- Being unemployed: 30.1% vs. 14.6% for employed, students, homemakers, retirees, and persons unable to work
- Lower education: 32.6% for less than H.S./GED vs. 5.3% for college graduates

Health Risk Behaviors

Binge Drinking

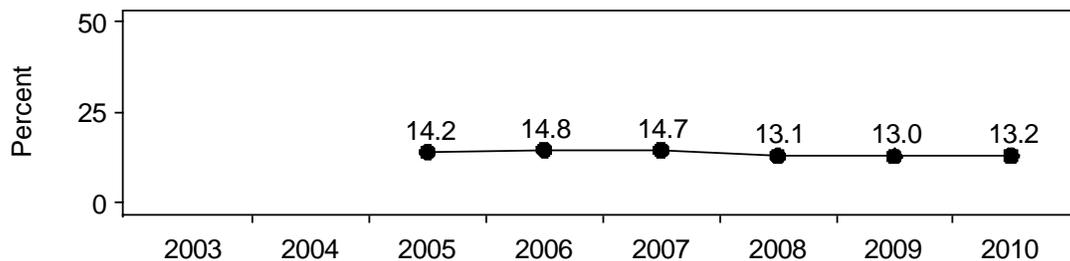
Binge drinking for females is defined as consuming four or more alcoholic beverages on one occasion in the last 30 days. For males, binge drinking is five or more alcoholic beverages on one occasion in the last 30 days.

13.2% of adults in Idaho were binge drinkers in 2010.

The percentage of adults who were binge drinkers in 2010 was not significantly different from any year since 2003.

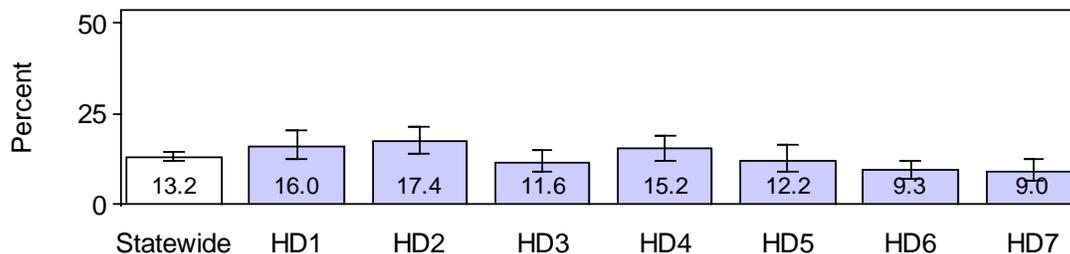
Since 2005, the trend in the prevalence of binge drinking among adults in Idaho has been static.

Idaho adults who were binge drinkers by year, 2005-2010



No Idaho health district had a prevalence of binge drinking significantly different from the statewide prevalence.

Idaho adults who were binge drinkers by Health District, 2010



Binge drinking was associated with:

- Being male: 17.5% vs. 8.8% for females
- Younger age groups: 18.9% for 18-34, 13.3% for 35-64, and 3.3% for 65+
- Being employed for wages or unemployed: 16.7% vs. 7.2% for students, homemakers, retirees, and persons unable to work

Health Risk Behaviors

Heavy Drinking

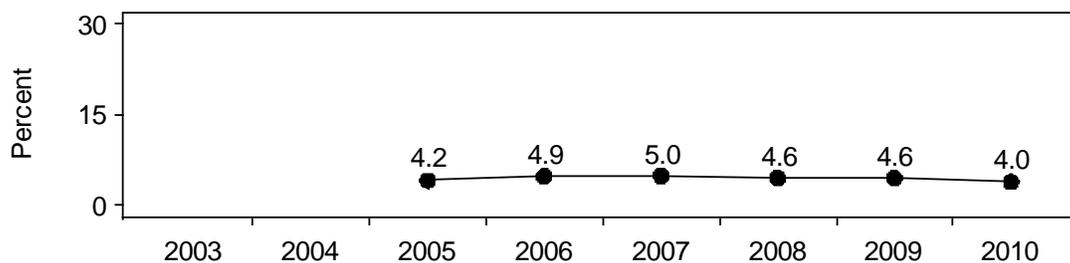
Heavy drinking for females is defined as consuming more than 30 alcoholic beverages in the last 30 days. For males, heavy drinking is more than 60 alcoholic beverages in the last 30 days.

4.0% of adults in Idaho were heavy drinkers in 2010.

The percentage of adults who were heavy drinkers in 2010 was not significantly different from any year since 2003.

Since 2005, the trend in the prevalence of heavy drinking among Idaho adults has been static.

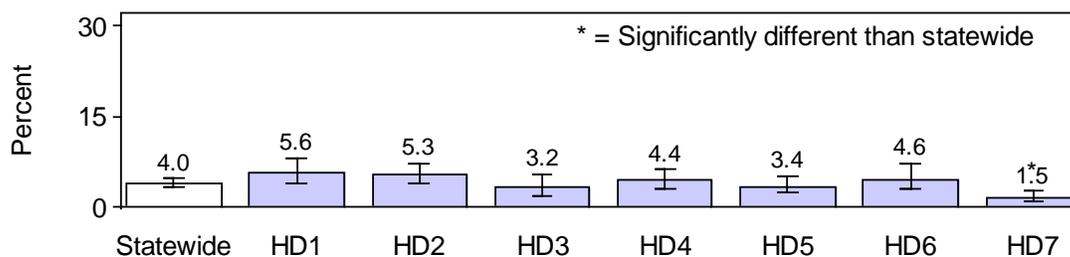
Idaho adults who were heavy drinkers by year, 2005-2010



Note: The CDC adopted a revised definition of heavy drinking in 2005. Binge drinking figures reported in previous BRFSS publications may not be comparable.

Health District 7 had a significantly lower prevalence of heavy drinking than the statewide prevalence.

Idaho adults who were heavy drinkers by Health District, 2010



Heavy drinking was associated with:

- Being male: 4.9% vs. 3.1% for females

The prevalence of heavy drinking was statistically similar across age groups, income levels, employment status categories, education levels, and Hispanic/non-Hispanic ethnicity.

Health Risk Behaviors

Illicit Drug Use

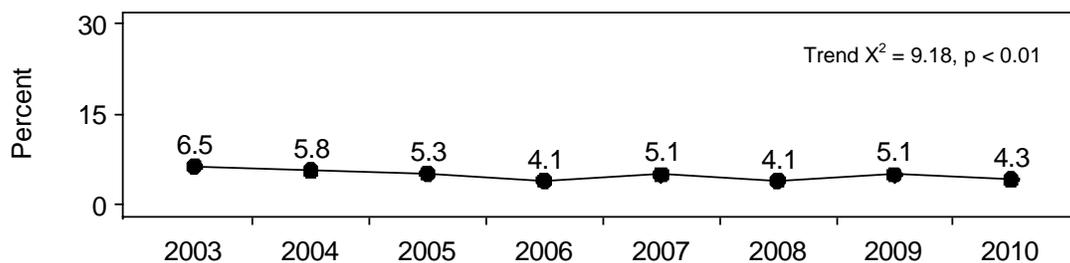
Illicit drugs include prescription drugs not prescribed by a doctor or those used to get high or out of curiosity. These include marijuana, cocaine (including crack), heroin, methamphetamines, and prescription painkillers.

4.3% of Idaho adults in 2010 used illicit drugs in the past 12 months.

The prevalence of illicit drug use among Idaho adults in 2010 was significantly lower than in 2003, but not significantly different from any single year since 2004.

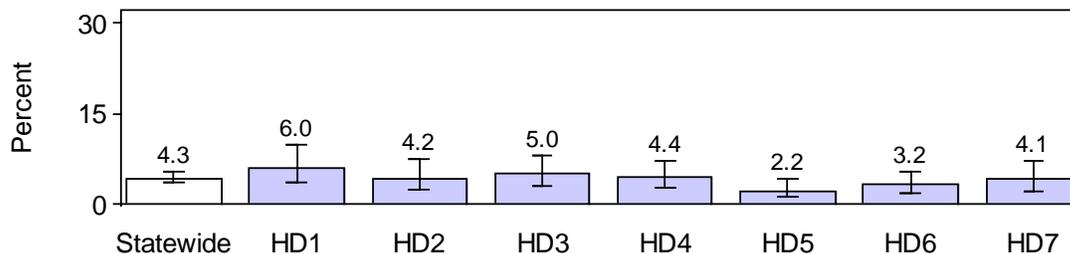
Since 2003, there has been a significantly decreasing trend in illicit drug use among adults in Idaho.

Idaho adults who used illicit drugs in the last 12 months by year, 2003-2010



Although the prevalence of illicit drug use among health districts was variable, no district's prevalence differed significantly from the statewide prevalence.

Idaho adults who used illicit drugs in the last 12 months by Health District, 2010



Illicit drug use was associated with:

- Being male: 5.9% vs. 2.7% for females
- Younger age groups: 9.3% for 18-34, 2.9% for 35-64, and 0.4% for 65+
- Being unemployed: 10.8% vs. 3.8% for employed, students, homemakers, retirees, or persons unable to work:
- Lower education: 7.6% for less than H.S./GED vs. 3.0% for college graduates

Preventive Behaviors

Seat Belt Use

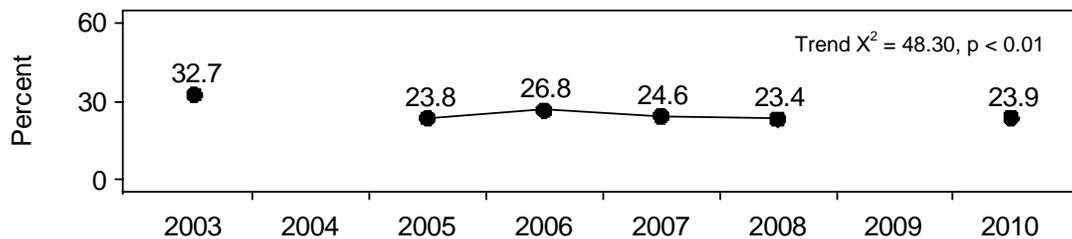
Respondents were asked how often they used seat belts when they drove or rode in a car: "always", "nearly always", "sometimes", "seldom", or "never."

23.9% of Idaho adults did not always use a seat belt in 2010.

The percentage of adults who did not always wear a seat belt in 2010 was significantly lower than the percentage in 2003.

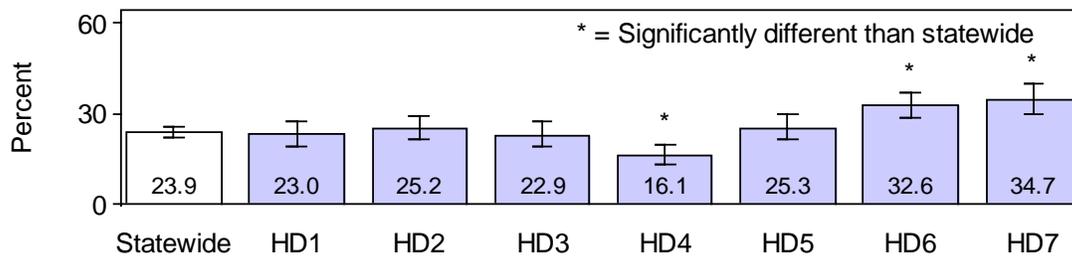
Since 2003, there has been a significant decline in the percentage of adults not always wearing seat belts.

Idaho adults who did not always wear a seat belt, 2003-2010
Breaks in the trendline indicate data are not available for those years



Health District 4 had a significantly lower percentage of adults that did not always wear a seatbelt than statewide. In Districts 6 and 7, about 1 in 3 adults did not always wear a seatbelt—significantly higher than statewide.

Idaho adults who did not always wear a seat belt by Health District, 2010



Not always wearing a seat belt was associated with:

- Being male: 31.1% vs. 16.6% for females
- Younger age: 41.2% for 18-24 vs. 18.6% for 65+
- Household income less than \$35,000: 27.9% vs. 7.9% for \$35,000+
- Being employed for wages or unemployed: 25.8% vs. 20.4% for students, homemakers, retirees, and persons unable to work
- Not being a college graduate: 27.1% vs. 16.6% for college graduates

Preventive Behaviors

Colorectal Cancer Screening

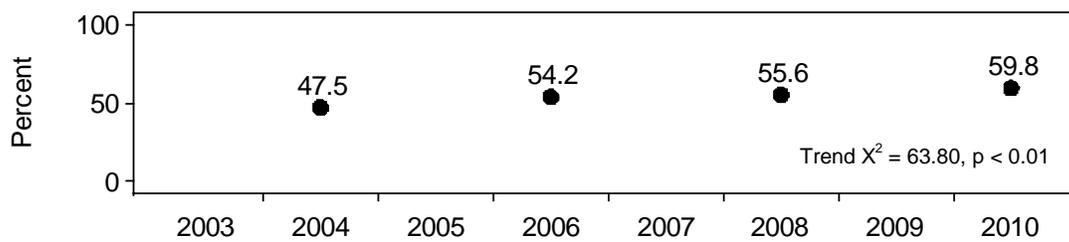
The U.S. Preventive Services Task Force recommends screening for colorectal cancer beginning at age 50 years and continuing until age 75. The American Cancer Society recommends colorectal cancer screening for adults of average risk aged 50 and older.

59.8% of Idaho adults aged 50 and older in 2010 ever had a sigmoidoscopy or colonoscopy.

Significantly more Idaho adults in 2010 ever had a sigmoidoscopy or colonoscopy than in 2008. This was the first significant increase in this biennial measure since 2004.

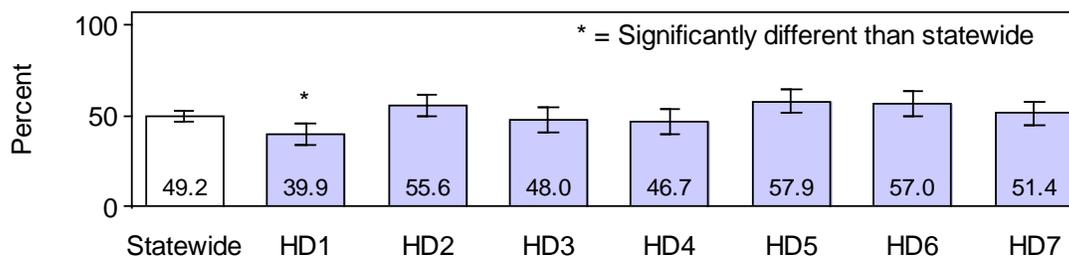
Since 2003, there has been a significantly positive trend among Idaho adults aged 50+ who ever had colorectal cancer screening by sigmoidoscopy or colonoscopy.

Idaho adults 50 and older who have had a sigmoidoscopy or colonoscopy by year, 2003-2010
Breaks in the trendline indicate data are not available for those years



District 3 had a significantly lower percentage of adults who ever had a sigmoidoscopy or colonoscopy than statewide. District 4 had a significantly higher percentage.

Idaho men 40 and older who had a PSA test in the last two years by Health District, 2010



Ever having a sigmoidoscopy or colonoscopy was associated with:

- Being age 65 and older: 72.1% vs. 51.7% for ages 50-64
- Household income more than \$35,000: 64.4% vs. 47.9% for less than \$35,000
- Being a student, homemaker, retiree, or unable to work: 68.7% vs. 51.1% for employed and 44.9% for unemployed.
- Being a college graduate: 69.9% vs. 55.1% for less than college education
- Being non-Hispanic: 60.5% vs. 39.3% for Hispanic adults

Preventive Behaviors

Breast Cancer Screening

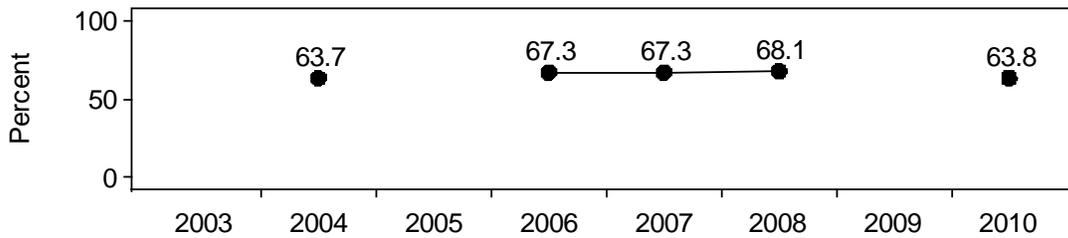
The U.S. Preventive Services Task Force recommends biennial screening mammography for women aged 50 to 74 years. The American Cancer Society recommends annual screening mammography for women aged 40 and older who are in good health.

63.8% of Idaho women aged 40 and older in 2010 had a mammography in the past two years.

The percentage of women aged 40 and older who had a mammography in the past two years in 2010 was not significantly different from any year's percentage since 2003.

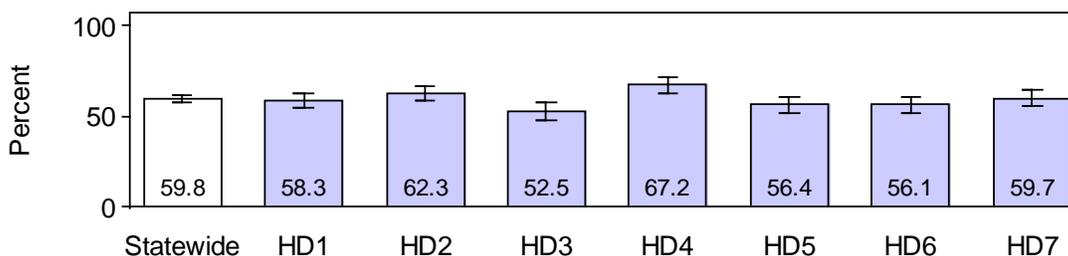
Since 2003, the trend has been flat in the percentage of Idaho women aged 40 and older who had a mammography in the past two years.

Idaho women 40 and older who had a mammogram in the last two years by year, 2003-2010
Breaks in the trendline indicate data are not available for those years



No public health district differed significantly from statewide in the percentage of women who had a mammography in the past two years.

Idaho women 40 and older who had a mammogram in the last two years by Health District, 2010



Among Idaho women aged 40 and older, having a mammogram in the past two years was associated with:

- Being age 50 and older: 68.3% vs. 53.4% for ages 40-49
- Higher household income: 75.2% for \$75,000+ vs. 46.6% for less than \$15,000
- Being a student, homemaker, retiree, or unable to work: 65.9% vs. 62.7% for employed and 56.4% for unemployed.
- Being a college graduate: 71.3% vs. 60.5% for less than college education

Preventive Behaviors

Cervical Cancer Screening

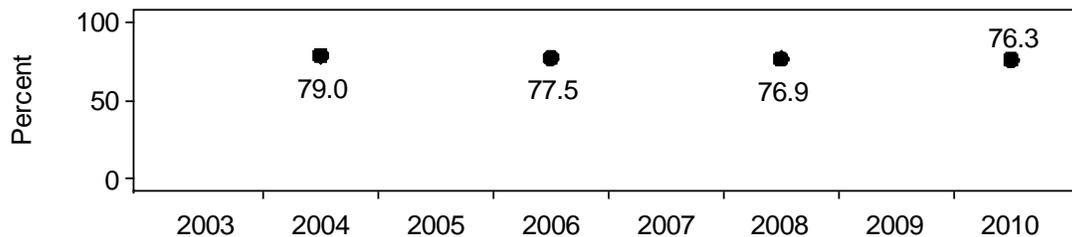
The U.S. Preventive Services Task Force recommends screening for cervical cancer in women ages 21 to 65 years with a Pap test every 3 years or, for women ages 30 to 65 years, a combined Pap test and human papillomavirus (HPV) test every 5 years.

76.3% of Idaho women in 2010 had a Pap test in the past three years.

The percentage of women who had a Pap test in the past three years in 2010 was not significantly different from any year's percentage since 2003.

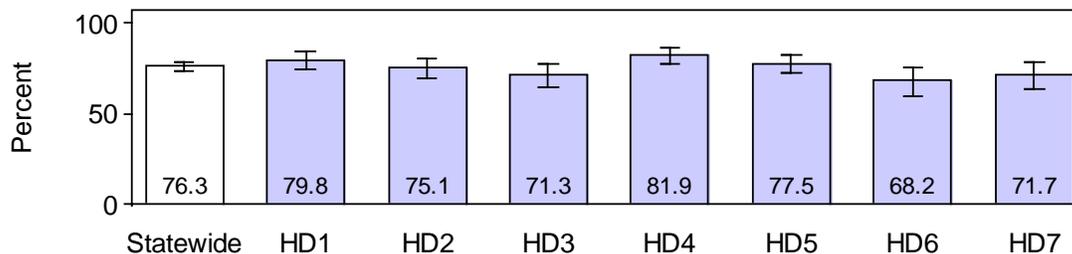
Since 2003, the trend has been flat in the percentage of Idaho women who had a Pap test in the past three years.

Idaho women who had a Pap test in the last three years by year, 2003-2010
Breaks in the trendline indicate data are not available for those years



No public health district differed significantly from statewide in the percentage of women who had a Pap test in the past three years.

Idaho women who had a Pap test in the last three years by Health District, 2010



Having had a Pap test in the past three years was associated with:

- Being ages 25-64: 82.7% vs. 55.2% for ages 18-24 or 65+
- Household income of \$35,000+: 81.6% vs. 71.1% for less than \$35,000
- Being employed: 81.8% vs. 70.7% for unemployed, students, homemakers, retirees, or persons unable to work
- Being a college graduate: 84.3% vs. 72.4% for less than college education

Preventive Behaviors

Prostate Cancer Screening (PSA)

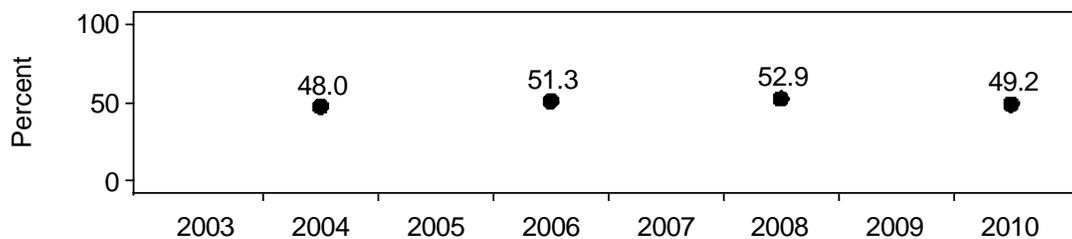
The U.S. Preventive Services Task Force recommends against prostate cancer screening for men aged 75 and older and concludes there is insufficient evidence to warrant routine screening for men younger than age 75. The American Cancer Society recommends discussing screening with a physician starting at age 45 for men with the highest risk.

49.2% of Idaho men in 2010 had a Prostate Specific Antigen (PSA) test in the past two years.

The percentage of men who had a PSA test in 2010 was not significantly different from any year's percentage since 2003.

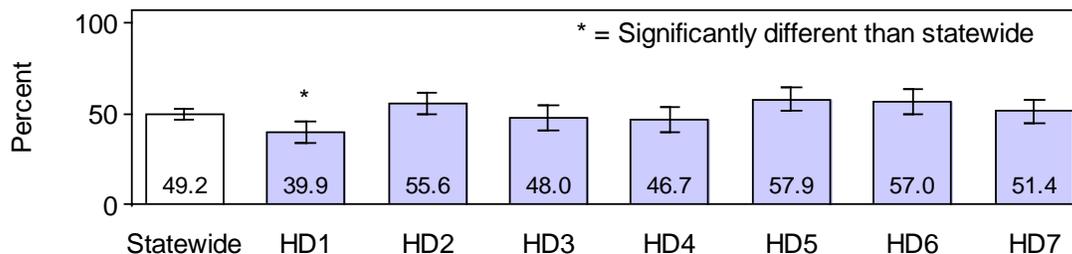
Since 2003, the trend has been flat in the percentage of Idaho men who had a PSA test in the past two years.

Idaho men 40 and older who had a PSA test in the last two years by year, 2003-2010
Breaks in the trendline indicate data are not available for those years



Health District 1 had a significantly lower percentage of men aged 40 and older who had a PSA test in the past two years.

Idaho men 40 and older who had a PSA test in the last two years by Health District, 2010



Having had a PSA test in the past two years was associated with:

- Being age 65 or older: 77.0% vs. 39.6% for men aged 40-64
- Household income of \$35,000+: 52.8% vs. 40.4% for less than \$35,000
- Being a student, homemaker, retiree, or unable to work: 72.3% vs. 38.0% for those either employed or unemployed.
- At least some college: 54.5% vs. 39.8% for H.S./GED or less

Preventive Behaviors

Dental Visits

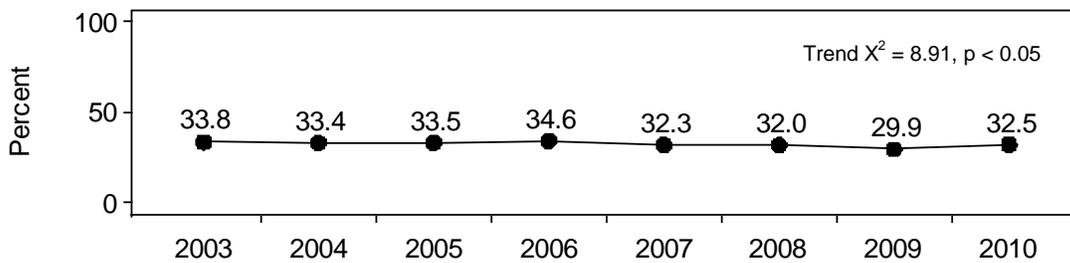
Respondents were asked how long it had been since they visited a dentist for any reason

32.5% of Idaho adults in 2010 had not visited a dentist in the last 12 months.

The percentage of adults who in 2010 had not visited a dentist in the last 12 months was not significantly different from any year's percentage since 2003.

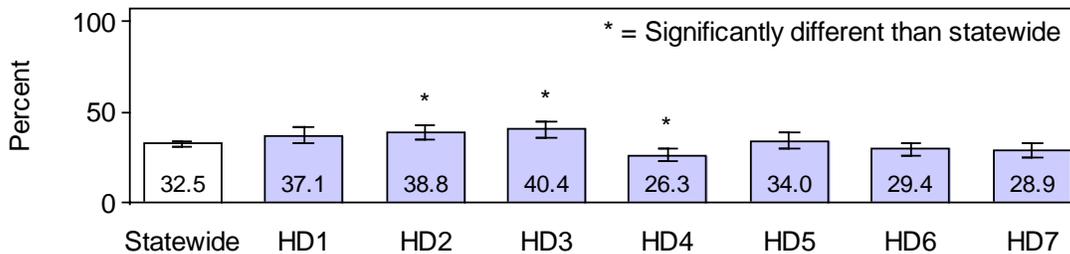
Since 2003, there has been a gradual, but significant, declining trend in the percentage of Idaho adults who had not visited a dentist in the last 12 months.

Idaho adults who had not visited the dentist in the last 12 months by year, 2003-2010



Health Districts 2 and 3 had significantly higher percentages than statewide of adults who had not visited a dentist in the last 12 months. District 4 had a significantly lower percentage.

Idaho adults with no dental visit in the last 12 months by Health District, 2010



Not visiting a dentist in the last 12 months was associated with:

- Being male: 35.4% vs. 29.6% for females
- Lower household income: 51.5% for less than \$25,000 vs. 12.1% for \$75,000+
- Being unemployed: 48.2% vs. 31.2% for employed, students, homemakers, retirees, and persons unable to work
- Lower education levels: 53.0% for less than H.S./GED vs. 17.0% for college grads

Idaho BRFSS Data Tables

The data tables on the following pages provide both state and health district data for various demographic subcategories. An understanding of the tables is important to interpreting the data correctly.

- A. This title refers to the risk factor.
- B. This title refers to the population surveyed. For most questions, this will be the adult (aged 18 and over) Idaho population. However, for some calculated variables and some risk factors, the population surveyed may be a subset of adults aged 18 and over. For instance, the Breast Cancer Screening risk factor table will include only the female population aged 40 and over, because only females were asked those questions and breast cancer screening is recommended for that age group. Colorectal Cancer Screening will include only adults over the age of 50, because only they were asked questions about colorectal cancer screening. It is important to understand the population the data represent in order to accurately interpret the data in the tables.
- C. The labels across the top of the table (i.e., Statewide and District) refer to the geographic region of residence of the population in (B). For more information on geographic break-outs, please see page iv of this report for a map of Idaho's seven public health districts.
- D. The labels on the left side of the table refer to the particular group the numbers represent. For example, the row labeled "Female" will contain data for women for the geographic region indicated at the top of the table (C). In the following example table, the circled data point should be interpreted as:

“In 2010, 15.3 percent of females in Health District 1 were at risk for this risk factor.”

- E. The symbol "n" refers to the number of people in the sample within the indicated demographic group and geographic region who responded to the question. It does NOT represent the number of people who have the risk factor in the population. An asterisk indicates that fewer than 50 people in the group responded (see Methodology and Reporting section, pages 1-2 for explanation on sampling and suppressing data for sample sizes less than 50). In the following example table, the boxed data point should be interpreted as:

“In 2010 there were 728 people in Health District 1 sampled for this risk factor.”

Idaho BRFSS Data Tables

- F. The shaded columns contain the prevalence (in percent) of the risk factor. This percentage is a weighted percentage and is not calculated using the sample frequencies from the column containing n. Therefore, it is not possible to calculate the prevalence by simply dividing n by the total number of people sampled for the year (see Methodology section, pages 1-2 for explanation on weighting procedures).
- G. The two numbers in the column labeled "95% CI" are the lower and upper limits of the confidence interval. Confidence intervals are a way to measure sampling error and define the range of values where the "true" percentage would be found. This interval can be interpreted to mean there is a 95% certainty the true prevalence of the risk factor in the population falls within the confidence interval. In the following example table, the confidence interval data should be interpreted as:

"For this risk factor, the prevalence in Idaho was 14.0 percent in 2010. We can say, with 95% certainty, the actual population prevalence falls within the range of 12.9 percent to 15.2 percent."

A Risk Factor																
B Population																
D	C			E Public Health District												
	Statewide			District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	F 14.0	G 12.9	15.2	5,099	16.5	13.5	19.9	728	16.5	13.7	19.8	751	16.5	13.5	20.1	749
SEX																
Male	13.8	12.1	15.6	1,986	17.6	12.9	23.6	282	13.8	10.0	18.7	319	15.8	11.9	20.8	267
Female	14.2	12.8	15.8	3,113	15.3	12.1	19.3	446	19.3	15.5	23.9	432	17.2	12.9	22.7	482

General Health Status

Idaho adults reporting "fair" or "poor" general health, 2010

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	15.4	14.3 16.7	6,992	15.4	12.6 18.7	998	16.6	13.9 19.8	1,031	19.3	16.3 22.8	961
SEX												
Male	14.5	12.7 16.5	2,745	15.6	11.1 21.6	402	14.0	10.4 18.6	429	17.8	13.3 23.4	382
Female	16.3	14.9 17.8	4,247	15.2	12.3 18.7	596	19.4	15.6 23.8	602	20.8	17.0 25.2	579
AGE												
18-24	6.8	3.8 11.8	182	*	* *	*	*	* *	*	*	* *	*
25-34	10.7	8.0 14.3	591	9.6	3.5 24.1	52	11.9	6.1 21.7	89	15.4	8.9 25.2	97
35-44	12.8	9.8 16.4	881	11.7	6.4 20.4	102	11.8	6.7 20.0	105	16.6	10.5 25.4	121
45-54	15.9	13.6 18.5	1,245	15.6	10.9 21.9	197	14.7	10.1 20.8	186	22.3	16.1 30.1	147
55-64	18.4	16.2 20.8	1,621	15.8	11.6 21.3	250	21.1	16.2 26.9	254	24.1	17.9 31.5	197
65+	26.2	24.1 28.3	2,411	24.4	20.0 29.5	376	25.1	20.4 30.4	364	24.9	20.3 30.2	356
18-34	9.3	7.1 12.1	773	10.5	4.7 22.1	68	12.4	6.9 21.1	110	14.3	8.7 22.7	130
35-64	15.4	13.8 17.1	3,747	14.5	11.5 18.1	549	15.9	12.9 19.5	545	20.6	16.8 25.1	465
65+	26.2	24.1 28.3	2,411	24.4	20.0 29.5	376	25.1	20.4 30.4	364	24.9	20.3 30.2	356
SEX and AGE												
Male												
18-34	10.0	6.6 14.8	297	*	* *	*	*	* *	*	*	* *	*
35-64	13.7	11.4 16.3	1,520	11.8	7.7 17.7	226	14.1	10.1 19.4	241	17.4	12.4 23.9	195
65+	26.2	22.9 29.7	913	21.2	15.0 29.0	143	24.8	17.9 33.3	143	24.6	17.7 33.2	139
Female												
18-34	8.6	6.3 11.7	476	*	* *	*	17.8	9.4 31.0	66	13.5	7.3 23.6	84
35-64	17.1	15.1 19.4	2,227	17.0	13.0 21.9	323	17.8	13.6 23.0	304	23.9	18.4 30.3	270
65+	26.2	23.6 28.9	1,498	27.3	21.4 34.1	233	25.3	19.4 32.3	221	25.2	19.4 32.0	217
INCOME												
Less than \$15,000	36.3	31.1 41.9	740	37.1	25.8 50.0	123	50.2	35.7 64.6	113	37.8	25.5 51.9	121
\$15,000 - \$24,999	25.0	21.4 28.9	1,212	15.8	10.7 22.5	183	23.2	16.4 31.6	168	23.8	17.6 31.3	198
\$25,000 - \$34,999	17.9	14.6 21.8	815	23.8	13.2 39.1	121	18.8	12.1 27.9	110	18.5	11.0 29.6	130
\$35,000 - \$49,999	13.0	10.5 16.1	1,059	11.5	6.4 19.7	165	10.2	6.2 16.2	174	16.2	9.3 26.7	161
\$50,000-\$74,999	8.9	6.5 12.2	1,023	11.9	6.8 20.0	141	11.8	7.4 18.1	165	9.1	4.8 16.4	111
\$75,000+	3.5	2.5 4.9	1,196	2.2	0.6 8.4	148	2.3	1.0 5.4	152	6.0	2.8 12.5	94
EMPLOYMENT												
Employed	8.4	7.0 10.1	3,165	6.1	3.6 10.4	399	6.9	4.5 10.6	483	12.3	8.7 17.1	404
Unemployed	23.7	18.4 30.0	374	22.9	11.0 41.5	71	*	* *	*	17.9	9.9 30.3	66
Other**	24.6	22.7 26.6	3,419	26.2	21.6 31.4	523	28.4	23.3 34.0	499	30.7	25.5 36.4	487
EDUCATION												
K-11th Grade	32.7	27.4 38.4	589	26.0	15.1 40.9	82	26.8	17.2 39.2	91	41.1	30.4 52.7	120
12th Grade or GED	19.6	17.1 22.3	2,178	19.6	14.5 25.8	317	19.7	14.6 26.0	333	17.9	13.1 23.9	362
Some College	14.0	12.1 16.1	2,126	15.6	10.7 22.2	328	20.8	15.0 28.0	276	17.9	13.0 24.1	271
College Graduate+	7.2	6.1 8.6	2,089	5.9	3.5 9.6	270	6.9	4.3 10.8	329	10.6	6.6 16.4	206
ETHNICITY												
Non-Hispanic	14.3	13.1 15.5	6,633	15.6	12.8 19.0	974	15.9	13.2 19.0	994	17.5	14.4 21.0	870
Hispanic	27.6	21.7 34.5	313	*	* *	*	*	* *	*	30.9	20.7 43.4	82

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

General Health Status

Idaho adults reporting "fair" or "poor" general health, 2010

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n				
TOTAL	13.1	10.6	16.0	1,021	18.9	15.5	22.8	1,010	15.7	13.2	18.7	965	11.7	9.6	14.2	1,006
SEX																
Male	12.4	8.8	17.1	389	18.0	12.7	24.8	371	14.0	10.3	18.7	366	11.6	8.4	15.9	406
Female	13.8	10.7	17.5	632	19.8	15.9	24.3	639	17.4	14.1	21.4	599	11.8	9.4	14.8	600
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	3.7	1.4	9.5	74	21.2	10.6	37.9	79	12.0	6.2	22.0	101	7.0	2.8	16.4	99
35-44	12.2	7.1	20.2	156	17.6	11.2	26.5	113	11.3	6.2	19.8	136	7.9	3.9	15.6	148
45-54	13.2	8.6	19.9	192	13.0	8.6	19.4	167	20.1	14.0	27.9	166	15.0	10.3	21.2	190
55-64	18.3	13.3	24.6	241	14.8	10.8	20.0	252	18.3	13.2	24.7	213	17.4	12.7	23.4	214
65+	24.5	19.5	30.3	324	31.2	26.1	36.8	362	28.1	23.0	33.8	309	27.6	22.4	33.6	320
18-34	2.6	1.0	6.8	96	17.8	9.8	30.3	103	8.5	4.6	15.2	136	3.7	1.5	9.1	130
35-64	13.8	10.5	18.0	589	15.0	11.9	18.9	532	16.7	13.3	20.8	515	13.4	10.6	16.9	552
65+	24.5	19.5	30.3	324	31.2	26.1	36.8	362	28.1	23.0	33.8	309	27.6	22.4	33.6	320
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	7.3	2.5	19.2	61	*	*	*	*
35-64	12.7	8.0	19.4	231	13.2	9.0	19.1	206	15.0	10.0	21.8	195	13.6	9.2	19.6	226
65+	29.6	21.3	39.6	122	29.7	21.8	39.1	126	26.5	18.7	36.3	109	25.5	18.3	34.4	131
Female																
18-34	5.1	1.9	12.9	63	16.0	7.7	30.3	68	9.9	4.7	19.5	75	3.1	1.1	8.6	82
35-64	15.1	10.9	20.6	358	16.9	12.6	22.2	326	18.4	14.1	23.8	320	13.2	10.0	17.3	326
65+	20.4	14.8	27.3	202	32.4	26.1	39.5	236	29.4	23.1	36.5	200	29.5	22.4	37.7	189
INCOME																
Less than \$15,000	34.1	21.1	50.1	79	33.8	22.6	47.2	118	36.7	25.5	49.5	103	28.7	17.2	43.9	83
\$15,000 - \$24,999	32.2	21.8	44.8	132	35.7	25.5	47.4	187	20.2	14.1	28.1	172	20.0	13.2	29.1	172
\$25,000 - \$34,999	12.4	7.3	20.5	95	17.2	11.1	25.5	126	17.0	10.0	27.4	117	21.0	13.1	32.1	116
\$35,000 - \$49,999	12.9	8.0	20.1	146	13.1	7.4	22.0	131	12.3	6.9	20.9	156	12.9	7.9	20.3	126
\$50,000-\$74,999	10.9	5.2	21.4	161	4.2	1.8	9.4	141	4.9	2.1	10.8	125	6.6	3.8	11.2	179
\$75,000+	3.5	1.9	6.4	256	3.7	1.8	7.4	169	4.0	1.6	9.5	170	2.9	1.3	6.6	207
EMPLOYMENT																
Employed	8.6	5.7	12.9	492	9.5	5.7	15.3	449	7.6	5.1	11.3	451	6.4	4.1	9.8	487
Unemployed	23.3	13.7	37.0	57	30.3	14.5	52.7	56	*	*	*	*	*	*	*	*
Other**	19.7	15.7	24.5	469	29.8	24.6	35.7	505	23.7	19.4	28.7	460	19.2	15.3	23.8	476
EDUCATION																
K-11th Grade	*	*	*	*	32.4	21.2	45.9	111	41.7	27.4	57.6	72	25.5	14.7	40.6	72
12th Grade or GED	21.2	14.6	29.9	241	28.3	20.5	37.6	301	16.0	12.3	20.6	350	14.6	10.6	19.8	274
Some College	12.5	8.8	17.6	301	13.2	9.2	18.5	325	11.6	8.0	16.4	305	10.6	7.2	15.3	320
College Graduate+	6.7	4.8	9.3	437	6.6	4.0	10.5	270	10.2	6.7	15.2	238	6.1	4.1	8.8	339
ETHNICITY																
Non-Hispanic	12.3	9.9	15.2	982	15.5	12.5	19.0	925	14.9	12.3	17.8	921	10.8	8.8	13.1	967
Hispanic	*	*	*	*	37.6	24.4	52.9	80	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Health Care Coverage

Idaho adults without health care coverage, 2010

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	19.1	17.6 20.7	6,989	21.6	17.7 26.2	1,001	17.0	13.6 20.9	1,032	25.7	21.8 30.1	960
SEX												
Male	18.2	16.0 20.7	2,744	21.3	15.6 28.4	405	19.9	14.5 26.6	429	24.0	17.9 31.3	381
Female	20.0	18.1 22.0	4,245	22.0	16.9 28.0	596	14.0	10.6 18.3	603	27.4	22.7 32.6	579
AGE												
18-24	28.5	21.7 36.4	177	*	* *	*	*	* *	*	*	* *	*
25-34	32.4	27.9 37.3	590	44.4	30.7 59.1	52	30.9	21.2 42.7	89	35.7	26.1 46.7	97
35-44	19.8	16.5 23.6	881	17.4	10.7 27.0	103	18.1	11.4 27.6	105	27.3	19.7 36.6	121
45-54	18.5	15.8 21.4	1,244	21.0	15.5 27.7	199	13.0	8.4 19.6	185	27.1	20.1 35.5	147
55-64	17.2	15.1 19.5	1,622	20.9	16.0 26.9	250	18.4	13.5 24.4	256	24.6	18.4 32.2	196
65+	0.8	0.5 1.3	2,416	0.9	0.3 3.1	377	0.7	0.2 2.0	364	1.5	0.5 4.0	356
18-34	31.0	27.1 35.2	767	40.0	28.4 53.0	68	29.0	20.4 39.4	110	37.3	28.0 47.7	130
35-64	18.6	16.9 20.4	3,747	19.9	16.4 23.9	552	16.3	13.0 20.3	546	26.5	22.2 31.4	464
65+	0.8	0.5 1.3	2,416	0.9	0.3 3.1	377	0.7	0.2 2.0	364	1.5	0.5 4.0	356
SEX and AGE												
Male												
18-34	28.4	22.7 34.9	293	*	* *	*	*	* *	*	*	* *	*
35-64	17.6	15.1 20.4	1,521	21.5	16.2 28.1	229	16.2	11.4 22.4	242	26.1	19.7 33.7	194
65+	1.2	0.7 2.1	916	1.1	0.2 7.2	144	0.9	0.2 3.5	143	1.6	0.5 5.1	139
Female												
18-34	33.8	28.8 39.1	474	*	* *	*	20.9	12.5 32.9	67	43.6	32.7 55.2	84
35-64	19.6	17.4 22.1	2,226	18.3	14.0 23.4	323	16.5	12.2 21.9	304	27.0	21.4 33.4	270
65+	0.5	0.2 1.2	1,500	0.7	0.2 3.0	233	0.5	0.1 3.2	221	1.4	0.3 6.7	217
INCOME												
Less than \$15,000	38.9	32.8 45.2	738	26.3	15.9 40.2	123	42.7	28.2 58.6	112	41.5	26.9 57.8	121
\$15,000 - \$24,999	41.1	36.6 45.7	1,211	44.5	33.6 56.0	183	31.4	21.9 42.6	168	44.5	35.8 53.5	198
\$25,000 - \$34,999	25.4	20.7 30.7	817	29.3	17.2 45.4	122	18.2	8.9 33.6	110	19.5	12.4 29.2	130
\$35,000 - \$49,999	18.3	14.8 22.5	1,060	15.1	8.2 26.2	165	10.4	6.1 17.4	175	29.4	20.3 40.6	161
\$50,000-\$74,999	5.3	3.5 7.9	1,023	9.1	3.9 19.8	143	9.0	3.7 20.0	165	9.4	3.2 24.5	111
\$75,000+	1.8	1.2 2.9	1,195	3.8	1.4 9.8	148	0.5	0.1 3.3	152	3.0	0.9 9.5	94
EMPLOYMENT												
Employed	18.5	16.4 20.7	3,163	20.7	15.5 27.1	401	19.0	14.2 24.9	484	26.0	20.3 32.7	404
Unemployed	54.9	47.9 61.7	373	58.0	40.9 73.3	71	*	* *	*	61.4	46.2 74.7	66
Other**	13.1	11.2 15.3	3,419	13.6	9.0 19.9	524	10.0	6.5 15.2	499	14.5	10.7 19.5	486
EDUCATION												
K-11th Grade	42.2	36.1 48.4	593	38.1	23.1 55.6	85	40.7	27.3 55.6	92	42.4	31.6 54.0	120
12th Grade or GED	27.3	24.1 30.8	2,174	26.0	19.1 34.3	316	24.3	17.8 32.3	332	30.5	23.2 38.9	362
Some College	16.8	14.5 19.4	2,125	22.9	16.1 31.5	329	15.8	10.2 23.7	278	24.6	18.5 31.9	270
College Graduate+	6.1	4.7 7.8	2,087	7.9	4.7 12.9	270	3.0	1.0 8.1	328	7.5	4.3 12.8	206
ETHNICITY												
Non-Hispanic	16.6	15.2 18.2	6,629	21.7	17.7 26.3	976	15.3	12.0 19.3	996	23.4	19.3 28.1	869
Hispanic	50.3	42.7 57.9	313	*	* *	*	*	* *	*	41.4	29.8 54.0	82

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Health Care Coverage

Idaho adults without health care coverage, 2010

	Public Health District											
	District 4			District 5			District 6			District 7		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	14.8	11.8 18.2	1,017	21.9	18.1 26.3	1,012	17.6	14.3 21.5	963	17.7	13.9 22.2	1,004
SEX												
Male	12.6	8.6 18.2	389	20.1	14.3 27.6	372	21.2	16.0 27.4	363	15.5	10.7 22.0	405
Female	17.0	13.2 21.6	628	23.7	19.1 28.9	640	14.2	10.4 19.1	600	19.8	14.4 26.5	599
AGE												
18-24	*	* *	*	*	* *	*	*	* *	*	*	* *	*
25-34	24.3	14.7 37.4	74	43.4	30.6 57.2	78	27.6	18.6 38.9	101	23.3	15.2 34.0	99
35-44	14.8	9.3 22.7	155	32.0	23.3 42.0	113	25.5	17.9 34.9	136	19.3	13.1 27.5	148
45-54	19.5	13.6 27.1	192	20.2	14.2 28.1	167	11.5	6.8 18.7	165	9.2	5.7 14.6	189
55-64	13.3	9.3 18.7	241	13.1	9.1 18.4	253	18.5	12.7 26.2	212	14.1	10.0 19.5	214
65+	0.2	0.0 1.3	324	0.7	0.2 2.3	365	0.7	0.2 2.1	311	1.5	0.5 4.1	319
18-34	22.1	14.1 32.7	94	36.0	25.6 48.0	101	25.4	17.8 34.9	134	28.2	19.5 38.9	130
35-64	15.8	12.3 20.2	588	21.9	17.9 26.5	533	18.1	14.4 22.6	513	14.0	11.1 17.5	551
65+	0.2	0.0 1.3	324	0.7	0.2 2.3	365	0.7	0.2 2.1	311	1.5	0.5 4.1	319
SEX and AGE												
Male												
18-34	*	* *	*	*	* *	*	33.2	21.5 47.3	59	*	* *	*
35-64	13.8	9.1 20.5	230	17.9	12.4 25.0	207	19.2	13.5 26.6	194	13.6	9.2 19.5	225
65+	0.4	0.1 2.8	123	1.2	0.3 5.0	127	1.0	0.3 4.1	109	3.2	1.2 8.5	131
Female												
18-34	27.8	17.5 41.0	61	37.3	24.8 51.7	67	17.6	9.3 30.9	75	34.5	22.4 49.1	82
35-64	18.0	13.3 24.1	358	25.9	20.5 32.2	326	17.1	12.6 22.7	319	14.4	10.9 18.8	326
65+	0.0	0.0 0.0	201	0.3	0.0 2.1	238	0.4	0.1 2.4	202	0.0	0.0 0.0	188
INCOME												
Less than \$15,000	47.6	32.2 63.5	78	35.7	21.4 53.0	119	40.4	27.7 54.5	103	34.9	18.3 56.3	82
\$15,000 - \$24,999	44.4	32.3 57.2	132	48.3	37.7 59.1	185	26.5	18.1 37.0	172	36.2	25.3 48.7	173
\$25,000 - \$34,999	28.0	15.8 44.7	95	30.7	21.1 42.3	127	24.5	15.1 37.2	117	23.9	14.3 37.1	116
\$35,000 - \$49,999	19.9	12.1 31.0	146	18.3	9.7 31.8	131	15.0	8.4 25.4	156	7.7	3.6 15.7	126
\$50,000-\$74,999	1.9	0.5 7.5	161	7.0	3.4 14.0	141	3.1	1.0 9.3	123	2.5	0.9 6.5	179
\$75,000+	0.4	0.1 3.0	256	3.3	1.2 8.8	168	3.0	0.8 10.9	170	2.7	1.2 6.1	207
EMPLOYMENT												
Employed	13.8	10.1 18.6	490	21.7	16.3 28.4	448	16.3	12.2 21.5	448	17.0	12.1 23.3	488
Unemployed	51.2	35.7 66.5	57	48.6	31.1 66.4	56	*	* *	*	*	* *	*
Other**	10.4	6.6 16.1	468	16.8	12.2 22.6	507	11.8	7.6 18.0	461	15.6	10.4 22.8	474
EDUCATION												
K-11th Grade	*	* *	*	48.2	34.3 62.3	113	48.1	32.4 64.1	71	36.3	21.7 53.9	71
12th Grade or GED	30.0	21.9 39.6	239	28.3	20.4 37.8	303	19.0	13.8 25.5	350	27.4	18.4 38.8	272
Some College	12.0	8.0 17.7	299	16.9	11.8 23.7	324	15.6	10.5 22.5	304	12.0	7.5 18.6	321
College Graduate+	5.1	3.1 8.4	437	4.4	2.1 9.0	269	6.1	3.2 11.2	238	9.2	4.8 16.8	339
ETHNICITY												
Non-Hispanic	13.0	10.3 16.4	978	14.6	11.5 18.4	926	15.8	12.5 19.7	919	14.0	10.7 18.1	965
Hispanic	*	* *	*	65.0	50.4 77.3	80	*	* *	*	*	* *	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Insurance

Idaho adults without dental insurance, 2010

	Statewide			Public Health District									
				District 1			District 2			District 3			
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n	
TOTAL	44.8	43.1 46.6	6,585	51.5	46.9 56.1	949	46.6	42.4 50.9	973	49.3	44.8 53.8	891	
SEX													
Male	43.5	40.7 46.3	2,586	49.3	42.3 56.3	383	50.1	43.5 56.7	408	48.3	41.1 55.6	355	
Female	46.2	44.0 48.4	3,999	53.7	47.8 59.4	566	43.0	37.9 48.2	565	50.3	45.0 55.6	536	
AGE													
18-24	44.1	35.6 53.0	159	*	*	*	*	*	*	*	*	*	
25-34	50.0	45.0 55.0	550	*	*	*	*	50.7	39.3 62.0	87	50.3	39.0 61.5	87
35-44	31.9	27.9 36.1	833	36.0	26.7 46.4	101	29.8	21.0 40.3	101	43.0	33.4 53.0	111	
45-54	37.2	33.9 40.6	1,191	45.5	38.0 53.2	192	29.0	22.0 37.1	175	43.0	34.5 51.9	138	
55-64	42.4	39.4 45.3	1,540	51.2	44.4 58.0	237	45.8	39.0 52.6	240	50.6	42.5 58.7	186	
65+	67.0	64.7 69.3	2,263	69.7	64.2 74.7	352	74.5	69.3 79.1	340	61.4	55.5 67.0	332	
18-34	47.9	43.4 52.4	709	52.4	39.3 65.1	64	46.4	36.1 57.0	105	49.9	39.3 60.5	116	
35-64	36.6	34.5 38.7	3,564	44.5	39.7 49.3	530	34.7	30.2 39.5	516	45.1	39.8 50.4	435	
65+	67.0	64.7 69.3	2,263	69.7	64.2 74.7	352	74.5	69.3 79.1	340	61.4	55.5 67.0	332	
SEX and AGE													
Male													
18-34	46.7	39.7 53.8	266	*	*	*	*	*	*	*	*	*	
35-64	36.1	32.9 39.5	1,448	43.8	36.7 51.1	222	36.6	29.8 43.9	229	47.7	39.6 55.8	182	
65+	64.6	60.9 68.2	864	66.4	57.5 74.3	132	77.4	69.0 84.0	136	59.4	49.8 68.3	131	
Female													
18-34	49.1	43.6 54.7	443	*	*	*	*	37.3	25.4 51.0	63	54.9	42.9 66.4	76
35-64	37.1	34.5 39.8	2,116	45.1	39.1 51.4	308	32.8	27.1 39.0	287	42.5	35.8 49.4	253	
65+	69.0	66.0 71.8	1,399	72.6	65.6 78.6	220	72.0	65.1 78.0	204	63.1	55.6 70.0	201	
INCOME													
Less than \$15,000	68.8	62.8 74.3	686	75.5	62.1 85.3	114	76.3	65.0 84.8	101	60.8	48.4 72.0	112	
\$15,000 - \$24,999	70.5	66.2 74.5	1,138	67.6	55.4 77.7	172	69.5	59.5 77.9	157	73.0	64.5 80.1	188	
\$25,000 - \$34,999	59.5	54.4 64.4	783	69.9	57.5 80.0	116	57.5	44.3 69.8	107	53.1	41.5 64.3	124	
\$35,000 - \$49,999	43.0	38.7 47.3	1,015	45.3	35.3 55.7	161	40.2	31.0 50.2	168	46.9	36.5 57.6	150	
\$50,000-\$74,999	28.0	24.2 32.2	990	28.8	20.1 39.4	137	30.6	22.6 40.0	162	30.3	19.6 43.7	105	
\$75,000+	21.1	18.1 24.5	1,153	30.6	22.4 40.2	140	23.6	16.2 33.0	149	25.8	17.4 36.5	94	
EMPLOYMENT													
Employed	34.3	31.9 36.8	3,011	37.9	31.6 44.5	387	35.1	29.3 41.4	464	41.4	35.0 48.1	379	
Unemployed	66.7	59.6 73.1	352	71.8	55.9 83.7	70	*	*	*	*	64.1	47.9 77.6	64
Other**	56.9	54.2 59.5	3,193	65.0	59.1 70.5	488	60.7	54.2 66.9	466	57.1	51.1 62.9	444	
EDUCATION													
K-11th Grade	67.1	60.6 73.1	526	66.8	49.2 80.7	79	68.4	52.7 80.7	80	67.7	55.5 77.8	102	
12th Grade or GED	56.8	53.4 60.2	2,019	62.7	54.6 70.2	295	59.9	52.2 67.2	311	55.3	47.1 63.2	334	
Some College	42.1	39.0 45.3	2,026	48.2	40.3 56.2	312	43.9	35.8 52.2	263	49.9	42.1 57.7	256	
College Graduate+	29.9	27.2 32.7	2,006	37.2	30.4 44.5	262	30.3	24.0 37.4	318	28.0	21.4 35.6	197	
ETHNICITY													
Non-Hispanic	43.4	41.6 45.3	6,261	51.2	46.6 55.8	925	45.7	41.4 50.0	941	49.0	44.3 53.8	810	
Hispanic	65.0	57.3 72.0	277	*	*	*	*	*	*	50.5	37.2 63.7	72	

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Insurance

Idaho adults without dental insurance, 2010

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	34.7	30.9	38.8	967	54.4	49.8	58.9	944	49.5	45.1	53.8	916	41.1	36.5	45.8	945
SEX																
Male	33.0	27.1	39.6	371	53.5	46.1	60.8	343	50.8	44.2	57.3	347	36.0	29.5	43.0	379
Female	36.5	31.8	41.5	596	55.2	49.7	60.6	601	48.2	42.5	53.9	569	45.9	39.8	52.1	566
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	43.9	31.0	57.7	66	58.0	44.3	70.7	71	55.4	44.4	65.9	100	38.1	28.0	49.3	91
35-44	22.0	15.5	30.3	152	50.4	39.9	60.8	100	43.6	34.5	53.3	130	32.9	24.9	42.0	138
45-54	34.1	26.5	42.6	183	42.0	34.0	50.4	165	35.5	27.7	44.1	161	27.7	21.3	35.2	177
55-64	32.8	26.6	39.8	234	45.9	39.0	53.0	236	40.2	32.7	48.2	200	38.7	31.7	46.1	207
65+	56.0	49.9	62.0	305	74.9	69.5	79.6	340	75.1	69.1	80.3	293	72.6	66.6	77.9	301
18-34	43.1	31.5	55.4	83	56.1	43.6	67.8	94	51.8	41.6	61.8	128	39.2	29.1	50.3	119
35-64	27.9	23.6	32.7	569	45.7	40.7	50.8	501	39.5	34.7	44.6	491	32.8	28.5	37.3	522
65+	56.0	49.9	62.0	305	74.9	69.5	79.6	340	75.1	69.1	80.3	293	72.6	66.6	77.9	301
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	55.6	41.0	69.3	57	*	*	*	*
35-64	26.3	20.0	33.8	225	45.7	38.0	53.6	195	40.9	33.3	49.0	184	31.0	24.7	38.1	211
65+	52.8	43.2	62.2	116	71.5	61.8	79.5	118	71.6	61.4	79.9	105	70.1	61.2	77.7	126
Female																
18-34	40.9	28.0	55.2	55	55.1	40.4	69.0	65	47.7	33.7	62.0	71	48.5	35.0	62.2	77
35-64	29.7	24.2	35.9	344	45.8	39.5	52.2	306	38.2	32.3	44.5	307	34.6	29.1	40.5	311
65+	58.6	50.8	66.0	189	77.7	71.6	82.8	222	78.2	71.1	84.0	188	75.0	66.5	81.9	175
INCOME																
Less than \$15,000	66.4	48.2	80.8	76	70.2	50.0	84.7	110	77.5	64.0	87.0	98	58.2	39.9	74.5	75
\$15,000 - \$24,999	75.6	64.9	83.8	124	80.0	70.2	87.2	173	70.2	58.3	80.0	161	54.7	41.4	67.4	163
\$25,000 - \$34,999	51.7	37.5	65.5	92	64.1	52.1	74.6	118	64.0	51.8	74.6	114	63.0	51.3	73.3	112
\$35,000 - \$49,999	39.9	29.9	50.8	141	39.9	29.5	51.2	126	49.2	39.9	58.6	154	37.0	26.9	48.3	115
\$50,000-\$74,999	22.7	15.0	32.8	155	35.9	26.1	47.0	139	29.6	18.8	43.3	118	27.6	20.8	35.5	174
\$75,000+	16.8	11.8	23.3	248	36.1	26.8	46.6	157	18.1	12.1	26.2	163	14.9	10.5	20.6	202
EMPLOYMENT																
Employed	25.9	21.1	31.3	473	42.8	36.3	49.5	417	38.2	32.4	44.3	433	32.6	26.7	39.2	458
Unemployed	65.2	48.5	78.8	55	63.9	44.0	80.0	51	*	*	*	*	*	*	*	*
Other**	46.5	40.1	53.0	437	68.3	61.2	74.7	476	62.4	55.5	68.8	434	50.3	42.9	57.6	448
EDUCATION																
K-11th Grade	*	*	*	*	81.2	66.1	90.5	100	58.6	41.3	74.1	65	56.7	37.2	74.4	62
12th Grade or GED	52.0	42.9	61.0	218	63.6	54.4	71.9	280	55.5	48.3	62.5	331	53.1	43.2	62.8	250
Some College	32.0	25.5	39.3	288	47.4	39.8	55.1	305	49.1	41.6	56.7	290	36.3	29.0	44.2	312
College Graduate+	24.2	19.4	29.6	422	38.1	31.3	45.3	256	38.1	29.4	47.5	230	32.2	25.8	39.3	321
ETHNICITY																
Non-Hispanic	33.6	29.7	37.7	934	50.6	45.9	55.3	867	48.9	44.5	53.4	876	38.4	34.0	43.0	908
Hispanic	*	*	*	*	77.8	64.1	87.3	71	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Diabetes

Idaho adults who had ever been told they had diabetes, 2010

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	8.0	7.2 8.8	7,001	8.6	6.8 10.9	1,002	8.7	7.0 10.6	1,033	8.7	6.9 11.1	959
SEX												
Male	8.8	7.6 10.2	2,751	11.5	8.2 15.8	406	7.7	5.7 10.4	429	8.6	5.7 12.6	382
Female	7.1	6.3 8.0	4,250	5.8	4.3 7.8	596	9.7	7.3 12.7	604	8.9	6.7 11.8	577
AGE												
18-24	1.5	0.4 5.5	183	*	* *	*	*	* *	*	*	* *	*
25-34	2.5	1.4 4.3	591	4.3	1.0 15.9	52	2.3	0.5 9.5	89	3.1	1.1 8.5	97
35-44	3.8	2.3 6.0	881	6.1	2.2 15.6	103	6.2	3.0 12.2	104	2.1	0.5 8.3	121
45-54	7.5	5.8 9.8	1,245	6.2	3.4 11.0	199	5.8	2.9 11.3	185	9.2	5.2 15.8	147
55-64	14.4	12.4 16.7	1,622	9.5	6.2 14.4	250	15.7	11.3 21.4	256	20.6	14.8 27.9	197
65+	17.9	16.2 19.8	2,419	20.0	16.0 24.7	377	17.7	13.9 22.3	365	16.5	12.6 21.3	354
18-34	2.1	1.2 3.6	774	3.0	0.7 11.7	68	1.8	0.4 7.3	111	3.8	1.3 10.7	130
35-64	8.0	6.9 9.2	3,748	7.3	5.0 10.4	552	9.2	6.9 12.2	545	9.6	7.1 12.9	465
65+	17.9	16.2 19.8	2,419	20.0	16.0 24.7	377	17.7	13.9 22.3	365	16.5	12.6 21.3	354
SEX and AGE												
Male												
18-34	2.1	0.9 5.2	297	*	* *	*	*	* *	*	*	* *	*
35-64	9.4	7.6 11.5	1,523	10.4	6.5 16.2	229	8.4	5.5 12.8	241	9.5	6.0 14.8	195
65+	19.6	16.8 22.6	916	23.0	16.6 31.0	144	19.2	13.1 27.1	143	17.2	11.4 25.2	139
Female												
18-34	2.1	1.2 3.7	477	*	* *	*	3.9	0.9 15.2	67	4.0	1.4 10.8	84
35-64	6.5	5.4 7.8	2,225	4.3	2.5 7.1	323	10.0	6.8 14.5	304	9.7	6.6 14.2	270
65+	16.6	14.5 19.0	1,503	17.3	12.7 23.2	233	16.5	12.0 22.1	222	16.0	11.2 22.3	215
INCOME												
Less than \$15,000	13.1	10.0 16.9	739	10.1	5.8 17.0	123	17.9	10.1 29.6	113	15.7	9.1 25.6	120
\$15,000 - \$24,999	12.3	10.2 14.9	1,213	10.9	6.5 17.7	183	12.0	7.8 17.9	168	9.4	5.8 14.9	198
\$25,000 - \$34,999	8.8	6.9 11.2	817	12.4	7.4 20.1	122	5.8	3.0 10.9	110	9.2	5.1 16.1	130
\$35,000 - \$49,999	6.6	5.3 8.3	1,060	4.9	2.8 8.4	165	13.6	8.9 20.2	175	3.3	1.6 6.5	161
\$50,000-\$74,999	6.4	4.5 9.0	1,024	4.4	2.3 8.3	143	8.8	5.2 14.3	164	10.1	4.1 22.6	111
\$75,000+	4.4	3.2 6.1	1,196	7.9	3.7 16.0	148	3.5	1.5 7.9	152	4.7	1.8 11.6	94
EMPLOYMENT												
Employed	4.6	3.7 5.5	3,167	5.5	3.1 9.5	401	4.8	3.3 7.0	483	3.6	2.3 5.6	404
Unemployed	8.5	5.3 13.2	374	2.7	0.7 9.9	71	*	* *	*	16.2	7.2 32.6	66
Other**	13.0	11.7 14.5	3,425	14.3	11.3 17.8	525	13.5	10.4 17.3	501	14.5	11.2 18.5	485
EDUCATION												
K-11th Grade	11.5	8.4 15.6	594	13.1	5.3 28.9	85	9.2	3.9 19.9	92	11.9	6.9 19.7	118
12th Grade or GED	8.8	7.5 10.3	2,179	7.9	5.7 11.0	317	5.7	3.9 8.3	334	9.6	6.3 14.4	362
Some College	8.5	7.1 10.1	2,129	9.5	6.4 13.9	329	12.2	8.7 16.7	276	8.6	5.7 12.7	271
College Graduate+	5.4	4.5 6.5	2,089	6.0	3.7 9.6	270	8.5	5.9 12.2	329	5.2	3.0 8.8	206
ETHNICITY												
Non-Hispanic	8.0	7.2 8.8	6,640	8.7	6.8 11.0	977	8.4	6.9 10.3	996	9.3	7.2 11.9	868
Hispanic	7.6	5.2 11.1	313	*	* *	*	*	* *	*	4.9	1.8 12.4	82

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Diabetes

Idaho adults who had ever been told they had diabetes, 2010

	Public Health District											
	District 4			District 5			District 6			District 7		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	6.8	5.2 8.9	1,021	7.6	6.1 9.4	1,014	9.1	7.3 11.4	966	7.7	6.0 9.7	1,006
SEX												
Male	8.4	5.8 12.1	390	7.7	5.5 10.6	372	9.2	6.5 12.9	366	8.1	5.6 11.6	406
Female	5.2	3.6 7.3	631	7.6	5.7 9.9	642	9.1	6.9 11.9	600	7.3	5.4 9.8	600
AGE												
18-24	*	* *	*	*	* *	*	*	* *	*	*	* *	*
25-34	0.0	0.0 0.0	74	1.6	0.3 7.1	79	4.3	1.8 9.7	101	3.1	0.7 13.3	99
35-44	3.5	1.3 8.9	156	2.6	0.9 7.4	113	6.7	2.7 15.8	136	2.2	0.6 8.0	148
45-54	7.0	3.4 14.0	192	9.1	5.3 15.2	166	8.4	4.9 14.2	166	7.2	4.1 12.4	190
55-64	12.3	8.0 18.5	240	12.6	8.7 17.9	253	18.0	12.7 24.8	213	16.9	11.9 23.3	213
65+	18.2	14.0 23.3	325	17.1	13.2 21.8	366	16.2	12.1 21.4	311	19.1	14.8 24.3	321
18-34	0.0	0.0 0.0	96	0.9	0.2 4.3	103	3.1	1.4 6.7	136	2.3	0.7 7.8	130
35-64	6.4	4.3 9.5	588	8.0	5.9 10.9	532	10.9	8.1 14.5	515	8.5	6.3 11.4	551
65+	18.2	14.0 23.3	325	17.1	13.2 21.8	366	16.2	12.1 21.4	311	19.1	14.8 24.3	321
SEX and AGE												
Male												
18-34	*	* *	*	*	* *	*	2.0	0.4 8.4	61	*	* *	*
35-64	8.8	5.4 14.1	231	8.5	5.4 13.2	206	12.1	7.6 18.5	195	9.0	5.7 14.0	226
65+	19.3	13.0 27.6	123	19.7	13.1 28.5	127	16.9	10.7 25.8	109	20.5	14.2 28.6	131
Female												
18-34	0.0	0.0 0.0	63	2.0	0.4 8.8	68	4.3	1.7 10.6	75	2.2	0.5 8.9	82
35-64	3.8	2.0 7.0	357	7.6	5.0 11.3	326	9.7	6.8 13.8	320	8.0	5.4 11.5	325
65+	17.3	12.2 24.1	202	15.0	11.0 20.1	239	15.6	10.6 22.2	202	17.9	12.5 25.0	190
INCOME												
Less than \$15,000	9.5	2.7 28.8	78	15.4	9.0 25.1	119	14.4	8.4 23.5	103	11.3	6.2 20.0	83
\$15,000 - \$24,999	15.8	9.8 24.4	133	11.5	7.3 17.7	186	11.1	7.1 17.0	172	14.9	8.8 24.3	173
\$25,000 - \$34,999	5.4	2.3 12.1	95	7.1	4.0 12.1	127	14.4	7.4 26.2	117	9.0	5.3 14.9	116
\$35,000 - \$49,999	7.4	4.2 12.6	146	6.7	3.4 12.8	131	7.7	4.5 12.9	156	8.0	4.5 13.8	126
\$50,000-\$74,999	7.6	3.6 15.2	161	2.0	0.9 4.6	141	4.7	2.3 9.4	125	5.5	3.0 9.8	179
\$75,000+	3.4	1.7 6.7	256	3.0	1.3 6.9	169	5.9	3.0 11.1	170	4.6	2.5 8.5	207
EMPLOYMENT												
Employed	3.8	2.3 6.3	491	3.6	2.2 5.6	449	6.7	4.5 9.7	451	5.6	3.6 8.7	488
Unemployed	7.6	2.7 19.6	57	2.9	0.7 11.4	56	*	* *	*	*	* *	*
Other**	12.3	9.0 16.6	470	14.3	11.2 18.2	508	11.4	8.6 15.0	461	11.3	8.6 14.7	475
EDUCATION												
K-11th Grade	*	* *	*	11.0	6.1 19.1	113	12.6	5.7 25.6	72	9.6	4.2 20.7	72
12th Grade or GED	8.3	5.4 12.5	240	9.9	6.9 13.9	302	10.8	7.7 15.0	351	8.1	5.5 11.7	273
Some College	8.6	5.2 13.7	301	6.3	4.2 9.2	326	6.9	4.5 10.3	305	8.6	5.5 13.2	321
College Graduate+	4.2	2.7 6.5	437	4.5	2.8 7.2	270	8.4	5.4 12.9	238	5.7	3.7 8.5	339
ETHNICITY												
Non-Hispanic	7.1	5.4 9.2	982	6.8	5.4 8.5	928	8.5	6.8 10.6	922	7.8	6.1 9.9	967
Hispanic	*	* *	*	11.5	6.3 20.0	80	*	* *	*	*	* *	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Asthma

Idaho adults who were diagnosed and still had asthma, 2010

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	8.8	7.9 9.8	6,954	8.5	6.6 11.0	994	9.4	7.4 11.7	1,027	8.3	6.4 10.6	955
SEX												
Male	7.4	6.0 9.1	2,729	6.9	4.4 10.7	401	6.8	4.4 10.2	425	5.3	3.2 8.5	381
Female	10.1	9.0 11.4	4,225	10.1	7.4 13.6	593	12.0	9.2 15.5	602	11.3	8.4 14.9	574
AGE												
18-24	6.8	3.7 12.2	183	*	* *	*	*	* *	*	*	* *	*
25-34	5.3	3.6 7.7	584	7.4	2.6 19.4	51	6.4	2.7 14.2	87	4.8	1.9 11.3	96
35-44	10.4	7.9 13.6	879	12.4	7.2 20.8	103	15.1	9.1 24.1	105	9.6	5.4 16.8	121
45-54	11.2	9.3 13.5	1,240	10.5	6.8 15.8	199	9.9	6.2 15.5	185	11.5	7.2 18.0	144
55-64	9.1	7.4 11.1	1,612	7.6	4.9 11.7	249	9.5	6.5 13.6	256	8.3	5.0 13.5	195
65+	8.9	7.7 10.4	2,399	8.7	6.2 12.0	371	9.7	6.8 13.5	362	7.9	5.3 11.8	356
18-34	5.9	4.2 8.2	767	5.3	1.8 14.1	67	6.4	3.2 12.5	109	6.3	3.3 11.7	129
35-64	10.3	9.0 11.8	3,731	10.1	7.6 13.3	551	11.3	8.6 14.7	546	9.9	7.3 13.4	460
65+	8.9	7.7 10.4	2,399	8.7	6.2 12.0	371	9.7	6.8 13.5	362	7.9	5.3 11.8	356
SEX and AGE												
Male												
18-34	4.1	2.0 8.2	291	*	* *	*	*	* *	*	*	* *	*
35-64	9.0	7.0 11.4	1,517	8.5	5.3 13.5	229	8.0	4.8 12.8	241	5.3	2.7 9.9	194
65+	8.3	6.5 10.6	907	6.8	3.6 12.5	140	10.7	6.3 17.7	142	9.6	5.0 17.5	139
Female												
18-34	7.7	5.5 10.8	476	*	* *	*	10.6	5.4 19.9	67	9.4	4.7 17.9	83
35-64	11.7	10.1 13.6	2,214	11.7	8.3 16.3	322	14.8	10.7 20.0	305	14.7	10.4 20.3	266
65+	9.5	7.9 11.4	1,492	10.3	7.0 14.9	231	8.7	5.6 13.4	220	6.6	4.1 10.6	217
INCOME												
Less than \$15,000	10.6	8.2 13.6	734	16.0	9.6 25.5	121	12.7	7.6 20.5	111	12.3	6.6 21.7	121
\$15,000 - \$24,999	8.7	6.8 11.1	1,210	9.5	4.9 17.5	182	8.6	5.2 13.9	168	10.9	6.4 17.9	197
\$25,000 - \$34,999	9.1	6.6 12.4	811	10.2	5.5 17.9	120	10.9	5.9 19.2	109	8.1	4.2 15.0	130
\$35,000 - \$49,999	9.2	7.1 11.8	1,050	9.5	5.4 15.9	165	12.6	6.8 22.2	172	7.9	4.2 14.5	159
\$50,000-\$74,999	8.2	5.7 11.7	1,019	2.6	1.0 6.5	142	9.9	5.9 16.3	165	6.7	3.0 14.2	110
\$75,000+	6.8	5.0 9.1	1,191	4.0	1.7 9.4	148	5.7	2.6 12.1	152	4.8	2.0 11.2	94
EMPLOYMENT												
Employed	7.5	6.2 8.9	3,151	7.5	4.7 11.7	401	8.1	5.6 11.7	481	6.2	4.0 9.5	402
Unemployed	9.6	6.7 13.4	372	13.9	7.0 25.6	70	*	* *	*	7.4	3.1 16.6	66
Other**	10.7	9.2 12.4	3,398	8.7	6.5 11.5	518	11.1	8.3 14.7	498	11.8	8.5 16.0	483
EDUCATION												
K-11th Grade	10.3	7.1 14.6	592	13.7	6.2 27.5	85	6.6	3.0 13.7	91	13.8	7.7 23.8	120
12th Grade or GED	8.6	6.9 10.8	2,166	8.3	5.0 13.3	313	7.5	5.0 11.0	331	8.2	5.4 12.2	361
Some College	9.1	7.6 10.9	2,116	8.9	5.8 13.2	327	14.6	9.7 21.3	275	7.3	4.6 11.2	269
College Graduate+	8.1	6.6 9.8	2,071	6.3	3.8 10.3	269	7.9	5.3 11.7	328	6.4	3.2 12.4	203
ETHNICITY												
Non-Hispanic	9.1	8.1 10.2	6,597	8.6	6.6 11.2	971	9.8	7.8 12.3	990	8.7	6.7 11.2	864
Hispanic	4.8	2.8 8.1	310	*	* *	*	*	* *	*	5.7	2.2 13.8	82

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Asthma

Idaho adults who were diagnosed and still had asthma, 2010

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95%CI		n	%	95%CI		n	%	95%CI		n	%	95%CI		n
TOTAL	11.1	8.7	14.0	1,012	7.4	5.8	9.4	1,009	7.3	5.7	9.4	957	6.5	5.0	8.5	1,000
SEX																
Male	11.2	7.5	16.3	388	6.6	4.4	9.8	370	4.6	2.9	7.3	361	5.3	3.3	8.3	403
Female	11.0	8.4	14.4	624	8.2	6.1	10.9	639	9.9	7.3	13.3	596	7.7	5.6	10.5	597
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	6.6	3.0	13.8	74	2.7	0.9	8.5	79	3.4	1.3	9.0	100	4.5	1.6	12.1	97
35-44	10.1	5.7	17.2	155	8.9	4.6	16.7	113	11.9	7.4	18.8	136	8.4	4.7	14.7	146
45-54	12.4	8.1	18.4	192	10.1	6.2	16.1	166	10.3	6.2	16.5	164	11.4	7.2	17.6	190
55-64	10.9	6.8	17.0	239	11.0	7.3	16.1	250	6.4	3.7	10.8	212	8.4	5.2	13.4	211
65+	10.3	7.2	14.4	319	8.2	5.6	11.9	364	9.3	6.2	13.7	306	7.9	5.4	11.5	321
18-34	12.4	6.7	21.9	96	2.2	0.8	5.8	103	3.1	1.2	8.1	135	2.3	0.8	6.5	128
35-64	10.9	8.1	14.7	586	10.0	7.4	13.3	529	9.6	7.1	12.7	512	9.5	7.1	12.7	547
65+	10.3	7.2	14.4	319	8.2	5.6	11.9	364	9.3	6.2	13.7	306	7.9	5.4	11.5	321
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	0.0	0.0	0.0	60	*	*	*	*
35-64	11.5	7.1	18.0	229	9.6	5.9	15.2	205	7.5	4.4	12.3	194	7.1	4.2	11.8	225
65+	8.9	4.9	15.6	123	7.5	3.9	13.9	126	6.4	2.7	14.6	106	8.1	4.6	14.1	131
Female																
18-34	13.1	6.7	24.1	63	3.4	1.1	10.5	68	6.4	2.4	16.1	75	2.7	0.8	8.4	82
35-64	10.3	7.2	14.6	357	10.4	7.2	14.7	324	11.7	8.2	16.3	318	11.9	8.4	16.6	322
65+	11.4	7.3	17.3	196	8.8	5.5	13.9	238	11.7	7.6	17.6	200	7.7	4.5	12.7	190
INCOME																
Less than \$15,000	7.6	3.3	16.5	78	8.9	4.7	16.2	117	7.3	3.8	13.3	103	10.6	5.0	20.9	83
\$15,000 - \$24,999	10.3	5.6	18.1	132	6.9	3.7	12.6	186	7.2	3.7	13.5	172	4.9	2.5	9.4	173
\$25,000 - \$34,999	9.8	3.4	25.0	95	10.9	6.0	18.9	127	6.9	3.6	12.8	115	6.9	3.6	12.8	115
\$35,000 - \$49,999	13.2	7.6	21.9	143	3.9	1.7	8.6	131	10.4	6.1	16.9	154	3.0	1.2	7.4	126
\$50,000-\$74,999	12.6	6.2	23.7	160	6.6	3.3	12.9	141	5.2	2.5	10.5	124	8.6	4.5	15.7	177
\$75,000+	8.3	5.1	13.3	255	6.6	3.3	12.6	168	5.8	2.4	13.4	168	6.7	3.8	11.6	206
EMPLOYMENT																
Employed	9.2	6.4	13.1	490	7.5	5.3	10.7	448	6.1	4.0	9.1	446	5.3	3.4	8.1	483
Unemployed	12.2	5.7	24.2	57	5.3	1.9	14.1	55	*	*	*	*	*	*	*	*
Other**	14.5	10.2	20.2	462	7.6	5.4	10.6	505	9.4	6.8	12.8	457	8.2	5.8	11.4	475
EDUCATION																
K-11th Grade	*	*	*	*	2.5	1.0	6.2	112	5.4	2.2	13.0	72	4.3	1.7	10.4	70
12th Grade or GED	12.7	7.1	21.8	238	6.5	4.2	9.8	302	7.7	5.2	11.3	348	5.8	3.5	9.5	273
Some College	9.7	6.2	15.0	298	11.1	7.6	15.9	324	7.8	4.7	12.5	303	7.3	4.5	11.7	320
College Graduate+	10.0	7.1	13.8	433	6.6	3.9	11.0	268	6.8	4.1	11.1	234	7.0	4.6	10.6	336
ETHNICITY																
Non-Hispanic	11.4	8.9	14.5	973	8.2	6.4	10.5	923	7.5	5.7	9.7	913	6.7	5.1	8.8	963
Hispanic	*	*	*	*	2.6	1.0	6.7	80	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Physical Activity

Idaho adults with no leisure time physical activity, 2010

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	20.0	18.7 21.3	6,997	20.3	17.1 24.0	1,000	22.4	19.2 26.0	1,031	22.7	19.7 26.1	961
SEX												
Male	19.8	17.8 21.9	2,751	20.3	15.5 26.2	406	22.9	17.9 28.8	429	20.6	16.3 25.7	382
Female	20.1	18.6 21.8	4,246	20.4	16.3 25.2	594	22.0	18.2 26.3	602	24.8	20.7 29.3	579
AGE												
18-24	16.9	11.8 23.6	182	*	*	*	*	*	*	*	*	*
25-34	16.1	13.0 19.8	591	12.3	5.9 23.6	52	21.5	13.4 32.5	89	11.4	6.5 19.4	97
35-44	15.6	12.9 18.8	880	13.9	8.2 22.6	103	19.9	12.8 29.5	104	29.7	21.6 39.4	121
45-54	19.0	16.5 21.7	1,246	14.5	10.0 20.7	199	19.7	14.0 26.8	185	25.0	18.4 33.0	147
55-64	21.7	19.4 24.2	1,623	19.3	14.5 25.1	250	23.1	17.9 29.1	255	29.9	23.1 37.6	197
65+	31.0	28.9 33.2	2,414	31.7	26.8 37.1	375	30.8	25.8 36.2	365	31.9	26.9 37.4	356
18-34	16.4	13.6 19.6	773	20.3	12.0 32.3	68	19.2	12.2 28.9	110	10.4	6.3 16.8	130
35-64	18.4	16.9 20.1	3,749	15.9	12.8 19.6	552	20.9	17.2 25.0	544	28.1	23.7 33.1	465
65+	31.0	28.9 33.2	2,414	31.7	26.8 37.1	375	30.8	25.8 36.2	365	31.9	26.9 37.4	356
SEX and AGE												
Male												
18-34	18.3	14.0 23.7	296	*	*	*	*	*	*	*	*	*
35-64	18.2	15.8 20.8	1,524	14.8	10.4 20.7	229	20.8	15.5 27.2	242	26.6	20.3 34.0	195
65+	28.3	25.1 31.8	916	31.6	24.2 40.1	144	25.8	18.7 34.5	143	33.3	25.2 42.4	139
Female												
18-34	14.3	11.1 18.4	477	*	*	*	14.0	7.0 25.9	67	14.1	7.8 24.0	84
35-64	18.7	16.8 20.7	2,225	17.0	13.0 21.9	323	21.0	16.3 26.6	302	29.6	23.7 36.4	270
65+	33.3	30.6 36.2	1,498	31.9	25.6 38.9	231	35.0	28.4 42.2	222	30.9	24.8 37.7	217
INCOME												
Less than \$15,000	31.0	26.1 36.5	741	29.9	19.8 42.3	123	27.3	18.3 38.6	113	35.0	23.6 48.4	121
\$15,000 - \$24,999	28.6	25.0 32.5	1,212	28.1	19.7 38.4	182	31.3	22.1 42.1	168	26.3	19.6 34.3	198
\$25,000 - \$34,999	25.0	21.1 29.4	817	20.2	13.3 29.4	122	27.8	17.9 40.5	110	30.2	21.6 40.4	130
\$35,000 - \$49,999	20.0	17.0 23.4	1,059	17.8	11.5 26.6	165	14.4	9.7 21.1	174	19.2	13.0 27.4	161
\$50,000-\$74,999	12.9	10.6 15.7	1,024	18.1	10.2 29.9	143	22.9	15.3 32.8	165	6.3	3.3 11.9	111
\$75,000+	6.7	5.4 8.4	1,194	4.6	2.3 8.9	148	7.4	4.2 12.9	151	14.0	7.9 23.5	94
EMPLOYMENT												
Employed	16.4	14.8 18.2	3,168	15.7	11.1 21.6	401	20.5	16.1 25.7	483	18.5	14.6 23.3	404
Unemployed	21.9	16.8 28.1	373	7.1	3.2 15.4	71	*	*	*	20.4	11.5 33.4	66
Other**	25.1	23.1 27.1	3,421	30.1	25.1 35.5	523	26.7	21.8 32.1	500	29.5	24.7 34.7	487
EDUCATION												
K-11th Grade	33.6	28.3 39.4	595	26.4	15.3 41.6	84	24.4	15.5 36.2	92	38.3	28.3 49.4	120
12th Grade or GED	27.0	24.3 29.8	2,177	25.6	19.3 33.1	316	35.4	28.4 43.1	332	25.0	19.7 31.2	362
Some College	19.1	16.9 21.5	2,129	20.3	14.8 27.2	329	21.0	15.2 28.3	277	20.3	15.4 26.4	271
College Graduate+	9.5	8.2 11.0	2,086	11.6	8.2 16.2	270	10.8	7.5 15.3	328	11.7	7.7 17.5	206
ETHNICITY												
Non-Hispanic	18.8	17.5 20.1	6,635	20.3	16.9 24.1	975	21.9	18.7 25.6	994	20.9	17.9 24.3	870
Hispanic	34.9	28.2 42.4	314	*	*	*	*	*	*	34.0	23.5 46.4	82

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Physical Activity

Idaho adults with no leisure time physical activity, 2010

	Public Health District											
	District 4			District 5			District 6			District 7		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	14.4	12.0 17.2	1,021	26.6	22.8 30.8	1,014	23.3	20.0 26.9	965	18.5	15.3 22.2	1,005
SEX												
Male	13.8	10.2 18.5	390	24.9	19.0 31.9	372	25.1	19.9 31.0	366	21.4	16.0 27.9	406
Female	15.1	12.2 18.5	631	28.4	23.8 33.4	642	21.5	17.6 25.9	599	15.7	12.6 19.4	599
AGE												
18-24	*	* *	*	*	* *	*	*	* *	*	*	* *	*
25-34	8.9	4.1 18.1	74	32.7	21.0 47.1	79	17.7	10.6 28.0	101	20.2	12.0 31.9	99
35-44	8.3	4.6 14.6	156	19.9	13.0 29.1	112	22.7	15.6 31.7	136	18.3	12.3 26.4	148
45-54	16.2	11.2 22.9	192	23.7	17.6 31.1	167	23.4	16.7 31.8	166	15.1	10.4 21.4	190
55-64	17.9	12.9 24.3	241	24.4	19.0 30.7	253	22.6	16.9 29.5	213	20.0	14.8 26.4	214
65+	29.1	23.8 34.9	324	32.5	27.5 38.0	366	35.5	29.8 41.6	309	27.4	22.2 33.2	319
18-34	9.4	4.7 17.9	96	29.8	20.1 41.8	103	17.8	11.5 26.4	136	16.0	9.8 25.1	130
35-64	12.7	9.9 16.3	589	22.6	18.9 26.9	532	22.9	18.9 27.5	515	17.6	14.3 21.4	552
65+	29.1	23.8 34.9	324	32.5	27.5 38.0	366	35.5	29.8 41.6	309	27.4	22.2 33.2	319
SEX and AGE												
Male												
18-34	*	* *	*	*	* *	*	21.3	12.0 35.0	61	*	* *	*
35-64	13.6	9.2 19.5	231	20.5	15.2 27.0	206	24.3	18.0 32.0	195	17.8	12.8 24.0	226
65+	22.2	15.1 31.3	123	29.2	21.7 38.1	127	36.3	27.3 46.5	109	22.8	16.0 31.4	131
Female												
18-34	9.8	4.3 20.6	63	29.6	18.3 44.1	68	14.0	7.3 25.2	75	7.4	3.3 15.5	82
35-64	11.8	8.6 15.9	358	24.8	19.8 30.7	326	21.6	17.0 26.9	320	17.5	13.5 22.2	326
65+	34.6	27.6 42.4	201	35.2	28.9 42.1	239	34.7	27.8 42.3	200	31.4	24.2 39.5	188
INCOME												
Less than \$15,000	20.7	10.8 36.2	79	38.0	24.3 53.9	119	38.0	25.5 52.3	103	31.4	18.3 48.3	83
\$15,000 - \$24,999	25.7	17.5 36.2	133	32.2	22.2 44.1	187	28.6	20.3 38.6	171	32.3	22.2 44.4	173
\$25,000 - \$34,999	27.6	16.7 42.0	95	25.1	17.2 35.1	127	19.8	13.1 28.7	117	21.3	13.5 32.0	116
\$35,000 - \$49,999	17.5	11.0 26.7	146	25.4	17.3 35.8	131	32.8	24.4 42.4	156	17.1	10.8 26.1	126
\$50,000-\$74,999	8.2	5.0 13.3	161	24.8	16.9 34.9	141	8.3	4.6 14.7	125	12.5	7.8 19.5	178
\$75,000+	3.6	2.0 6.5	256	13.6	8.8 20.4	168	11.0	6.7 17.5	170	6.8	4.0 11.3	207
EMPLOYMENT												
Employed	10.5	7.8 14.1	492	22.9	17.9 28.9	449	20.3	16.0 25.4	451	18.4	14.0 23.8	488
Unemployed	22.8	12.4 38.2	57	39.4	23.2 58.4	56	*	* *	*	*	* *	*
Other**	20.4	16.1 25.4	469	29.1	23.6 35.4	508	26.9	21.9 32.6	460	17.4	13.6 22.0	474
EDUCATION												
K-11th Grade	*	* *	*	35.2	24.2 47.9	113	37.0	23.4 53.1	72	25.4	13.7 42.2	72
12th Grade or GED	23.0	17.2 30.2	241	32.6	24.6 41.8	303	31.4	25.3 38.2	349	24.5	17.4 33.2	274
Some College	14.8	10.7 20.2	300	25.9	19.6 33.5	326	17.9	13.2 23.8	306	18.6	13.3 25.5	320
College Graduate+	6.0	4.1 8.7	437	14.8	10.7 20.1	269	12.9	9.0 18.2	238	10.5	7.4 14.6	338
ETHNICITY												
Non-Hispanic	13.5	11.2 16.2	982	23.6	20.0 27.6	927	22.9	19.6 26.6	921	17.3	14.2 20.8	966
Hispanic	*	* *	*	42.9	29.2 57.9	81	*	* *	*	*	* *	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Overweight

Idaho adults who were overweight (BMI ≥ 25), 2010

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	62.9	61.1 64.7	6,654	65.4	61.0 69.5	955	66.7	62.5 70.7	983	70.2	65.8 74.2	909
SEX												
Male	71.0	68.2 73.7	2,715	73.8	67.3 79.5	401	74.3	67.8 79.9	423	77.2	70.2 83.0	381
Female	54.2	52.0 56.5	3,939	56.6	50.7 62.3	554	58.3	53.0 63.5	560	62.7	57.3 67.8	528
AGE												
18-24	40.3	32.5 48.6	180	*	* *	*	*	* *	*	*	* *	*
25-34	59.7	54.8 64.5	560	62.5	47.9 75.2	50	63.1	51.3 73.5	83	67.1	56.4 76.3	93
35-44	64.4	60.0 68.7	828	70.0	59.6 78.7	97	67.8	57.6 76.6	99	70.6	61.3 78.4	112
45-54	68.8	65.5 71.9	1,179	67.1	59.6 73.9	188	73.9	66.3 80.3	178	77.5	69.7 83.7	138
55-64	71.9	69.2 74.5	1,540	65.0	58.2 71.3	237	75.0	68.8 80.2	243	80.8	73.3 86.5	184
65+	64.9	62.6 67.1	2,329	65.1	59.8 70.2	365	65.4	59.6 70.7	350	68.0	62.4 73.1	342
18-34	52.5	48.0 56.8	740	61.9	49.1 73.2	66	59.5	48.8 69.3	103	64.1	53.8 73.4	126
35-64	68.0	65.8 70.1	3,547	67.3	62.7 71.6	522	72.4	67.9 76.5	520	75.7	71.0 79.9	434
65+	64.9	62.6 67.1	2,329	65.1	59.8 70.2	365	65.4	59.6 70.7	350	68.0	62.4 73.1	342
SEX and AGE												
Male												
18-34	58.8	51.9 65.4	293	*	* *	*	*	* *	*	*	* *	*
35-64	76.9	73.8 79.8	1,507	77.7	71.1 83.2	228	80.7	74.6 85.7	239	82.8	76.3 87.8	194
65+	73.4	70.1 76.5	905	73.2	64.9 80.1	143	72.1	63.2 79.6	140	74.3	65.8 81.4	139
Female												
18-34	45.5	40.1 51.0	447	*	* *	*	49.4	36.2 62.8	60	56.5	44.8 67.5	80
35-64	58.0	55.1 60.8	2,040	56.4	50.0 62.6	294	63.3	56.8 69.4	281	67.7	60.7 74.0	240
65+	57.4	54.4 60.3	1,424	57.6	50.6 64.4	222	59.3	51.7 66.5	210	62.6	55.1 69.5	203
INCOME												
Less than \$15,000	59.4	52.8 65.6	702	61.0	46.6 73.7	117	65.0	48.3 78.7	105	61.7	44.1 76.8	114
\$15,000 - \$24,999	67.1	62.7 71.2	1,153	65.5	54.4 75.2	176	73.9	63.0 82.5	163	73.8	65.3 80.9	185
\$25,000 - \$34,999	67.4	62.3 72.1	786	71.9	60.3 81.3	114	78.5	67.9 86.3	107	77.8	66.0 86.3	125
\$35,000 - \$49,999	66.4	62.1 70.4	1,016	69.0	58.6 77.7	159	64.2	53.7 73.4	163	68.4	58.1 77.1	155
\$50,000-\$74,999	63.4	59.0 67.7	999	66.5	56.0 75.5	138	68.5	58.0 77.3	162	67.8	55.9 77.7	110
\$75,000+	58.2	53.9 62.2	1,163	62.9	52.3 72.4	146	60.3	50.4 69.4	147	67.4	55.8 77.2	91
EMPLOYMENT												
Employed	64.8	62.2 67.3	3,010	66.9	60.2 73.0	384	66.6	60.6 72.2	458	70.7	64.1 76.6	383
Unemployed	73.6	66.9 79.4	363	78.3	65.1 87.4	68	*	* *	*	85.6	72.4 93.1	64
Other**	57.9	55.2 60.5	3,252	59.7	53.7 65.4	499	64.0	57.7 69.9	478	64.5	58.3 70.2	458
EDUCATION												
K-11th Grade	63.7	57.1 69.8	548	70.3	53.6 82.9	80	61.1	45.7 74.7	85	71.4	59.5 81.0	110
12th Grade or GED	64.0	60.6 67.3	2,072	65.0	56.7 72.6	299	69.7	61.9 76.5	318	70.6	62.7 77.5	343
Some College	64.2	60.9 67.4	2,016	67.5	60.1 74.2	311	70.0	62.0 77.0	265	74.5	66.9 80.9	258
College Graduate+	60.2	57.0 63.3	2,012	60.9	52.8 68.4	264	63.1	55.9 69.7	315	62.9	54.2 70.8	196
ETHNICITY												
Non-Hispanic	62.0	60.1 63.9	6,340	65.3	60.8 69.5	931	66.8	62.5 70.8	951	68.8	64.1 73.1	830
Hispanic	73.6	65.8 80.2	270	*	* *	*	*	* *	*	81.1	67.3 90.0	70

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Overweight

Idaho adults who were overweight (BMI ≥ 25), 2010

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n				
TOTAL	59.2	55.0	63.3	968	60.9	56.1	65.4	953	61.1	56.5	65.4	922	60.2	55.1	65.2	964
SEX																
Male	68.8	62.2	74.8	382	65.4	57.8	72.2	365	70.0	63.5	75.9	362	68.9	60.4	76.3	401
Female	48.7	43.6	53.8	586	55.9	50.2	61.5	588	51.9	45.9	57.8	560	51.4	45.2	57.6	563
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	45.9	33.2	59.1	68	58.8	45.4	71.0	75	60.0	49.2	70.0	98	65.8	54.8	75.2	93
35-44	61.4	52.7	69.5	149	60.3	49.8	69.9	104	67.1	57.9	75.1	127	62.9	54.3	70.8	140
45-54	62.4	54.3	69.9	178	69.9	61.4	77.2	154	72.4	64.0	79.5	159	69.3	61.8	75.9	184
55-64	69.6	62.7	75.8	231	69.1	62.5	75.0	238	72.9	65.3	79.4	202	76.9	70.4	82.4	205
65+	64.8	59.0	70.2	312	63.3	57.7	68.6	350	62.5	56.5	68.3	299	63.5	57.4	69.3	311
18-34	40.7	30.0	52.3	90	49.6	37.7	61.6	98	46.9	37.3	56.7	133	47.6	37.1	58.3	124
35-64	63.5	58.4	68.3	558	66.5	61.5	71.2	496	70.9	66.2	75.3	488	69.6	65.2	73.6	529
65+	64.8	59.0	70.2	312	63.3	57.7	68.6	350	62.5	56.5	68.3	299	63.5	57.4	69.3	311
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	60.1	45.9	72.8	61	*	*	*	*
35-64	74.5	67.0	80.7	228	70.7	62.9	77.4	203	78.5	71.2	84.4	192	79.1	72.9	84.2	223
65+	76.5	67.6	83.5	120	73.7	65.1	80.8	124	66.6	56.8	75.3	108	73.2	64.4	80.4	131
Female																
18-34	38.1	26.1	51.7	58	46.5	32.1	61.4	63	32.6	21.6	45.9	72	40.1	28.1	53.4	77
35-64	50.5	44.0	57.0	330	61.9	55.5	67.9	293	63.0	56.7	68.9	296	59.7	53.6	65.5	306
65+	55.1	47.4	62.5	192	54.7	47.5	61.6	226	58.9	51.3	66.2	191	54.6	46.3	62.6	180
INCOME																
Less than \$15,000	63.4	47.3	77.0	74	54.7	37.0	71.2	114	54.8	40.2	68.6	95	51.2	33.7	68.4	83
\$15,000 - \$24,999	61.8	49.3	72.9	129	67.8	57.3	76.7	173	70.2	59.1	79.3	166	60.8	46.9	73.2	161
\$25,000 - \$34,999	57.6	42.5	71.4	90	58.4	46.6	69.2	122	66.2	54.8	76.0	115	68.5	56.7	78.3	113
\$35,000 - \$49,999	60.2	49.1	70.3	142	66.4	54.8	76.4	125	68.8	59.4	76.9	152	72.4	59.2	82.5	120
\$50,000-\$74,999	61.8	51.5	71.0	156	57.6	46.6	67.9	136	50.9	38.2	63.4	122	70.3	60.3	78.6	175
\$75,000+	54.5	46.7	62.2	247	62.5	53.4	70.8	164	58.9	49.3	67.8	166	55.4	45.0	65.4	202
EMPLOYMENT																
Employed	61.8	56.1	67.2	468	62.2	55.8	68.2	424	62.6	56.4	68.4	432	65.7	58.4	72.3	461
Unemployed	64.1	47.1	78.2	55	67.3	46.5	82.9	53	*	*	*	*	*	*	*	*
Other**	53.8	47.2	60.4	442	57.4	50.0	64.5	475	54.3	47.4	61.2	439	55.6	48.0	63.0	461
EDUCATION																
K-11th Grade	*	*	*	*	49.3	34.1	64.7	100	61.7	43.8	76.9	65	53.6	34.5	71.8	68
12th Grade or GED	59.5	50.5	68.0	229	61.3	52.1	69.8	285	62.0	54.5	68.9	337	60.1	49.6	69.6	261
Some College	58.5	50.5	66.1	286	65.0	56.8	72.3	300	59.8	51.9	67.3	292	61.1	51.3	70.0	304
College Graduate+	57.8	51.5	63.8	413	61.4	54.3	68.1	265	61.2	51.8	69.8	228	61.7	54.5	68.4	331
ETHNICITY																
Non-Hispanic	57.7	53.4	61.9	934	59.0	54.1	63.7	883	60.4	55.8	64.9	882	61.1	55.9	66.0	929
Hispanic	*	*	*	*	72.6	56.1	84.6	64	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Obesity

Idaho adults who were obese (BMI ≥ 30), 2010

	Statewide			Public Health District									
				District 1			District 2			District 3			
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n	
TOTAL	26.9	25.3 28.5	6,654	25.4	21.5 29.8	955	28.8	25.1 32.7	983	26.6	23.1 30.4	909	
SEX													
Male	29.1	26.6 31.7	2,715	27.6	21.8 34.3	401	29.4	23.9 35.6	423	24.2	19.2 30.0	381	
Female	24.6	22.8 26.5	3,939	23.2	18.4 28.9	554	28.1	23.6 33.0	560	29.2	24.6 34.2	528	
AGE													
18-24	15.3	10.5 21.7	180	*	*	*	*	*	*	*	*	*	
25-34	29.4	25.0 34.2	560	26.3	14.9 42.3	50	32.2	22.1 44.2	83	28.1	19.6 38.5	93	
35-44	27.3	23.2 31.9	828	30.2	21.3 40.9	97	25.8	17.8 35.8	99	25.3	17.5 35.1	112	
45-54	28.1	25.2 31.3	1,179	22.3	16.4 29.6	188	33.6	26.5 41.5	178	29.8	22.4 38.6	138	
55-64	32.0	29.2 34.9	1,540	25.9	20.4 32.2	237	36.6	30.3 43.4	243	35.9	28.4 44.2	184	
65+	25.4	23.4 27.6	2,329	24.9	20.4 30.1	365	23.6	19.2 28.7	350	27.8	22.9 33.4	342	
18-34	24.1	20.7 28.0	740	25.0	15.1 38.5	66	27.3	18.9 37.7	103	21.6	15.1 29.9	126	
35-64	28.9	26.8 31.1	3,547	25.9	21.8 30.5	522	32.3	28.0 36.9	520	29.8	25.1 34.9	434	
65+	25.4	23.4 27.6	2,329	24.9	20.4 30.1	365	23.6	19.2 28.7	350	27.8	22.9 33.4	342	
SEX and AGE													
Male													
18-34	27.3	21.9 33.5	293	*	*	*	*	*	*	*	*	*	
35-64	30.4	27.1 33.8	1,507	27.2	21.1 34.2	228	31.9	25.7 38.8	239	27.0	20.6 34.6	194	
65+	27.8	24.6 31.3	905	29.9	22.7 38.4	143	24.5	17.8 32.8	140	31.1	23.1 40.4	139	
Female													
18-34	20.7	16.7 25.3	447	*	*	*	*	25.1	14.9 39.0	60	26.7	17.9 37.8	80
35-64	27.3	24.9 29.8	2,040	24.5	19.4 30.5	294	32.7	27.0 39.0	281	32.9	26.5 40.0	240	
65+	23.3	20.9 26.0	1,424	20.3	15.1 26.6	222	22.8	17.4 29.4	210	25.0	19.2 31.7	203	
INCOME													
Less than \$15,000	35.1	29.5 41.2	702	32.6	19.6 49.1	117	36.3	23.0 52.2	105	36.1	23.9 50.4	114	
\$15,000 - \$24,999	34.8	30.5 39.4	1,153	34.5	24.1 46.5	176	34.9	25.5 45.6	163	34.2	26.3 43.1	185	
\$25,000 - \$34,999	29.9	25.7 34.6	786	21.3	13.5 32.0	114	31.7	20.2 46.0	107	35.6	25.4 47.3	125	
\$35,000 - \$49,999	25.1	21.7 28.8	1,016	23.8	16.6 33.0	159	25.7	18.5 34.6	163	19.6	13.3 28.0	155	
\$50,000-\$74,999	23.2	19.6 27.2	999	21.9	13.1 34.4	138	32.2	23.9 41.9	162	17.3	10.4 27.3	110	
\$75,000+	21.0	17.9 24.4	1,163	19.3	12.8 27.9	146	22.1	15.7 30.1	147	24.9	16.0 36.6	91	
EMPLOYMENT													
Employed	25.9	23.7 28.3	3,010	22.5	17.2 28.9	384	28.8	23.8 34.3	458	22.8	18.2 28.2	383	
Unemployed	39.2	32.5 46.3	363	43.4	26.6 61.9	68	*	*	*	*	38.5	25.7 53.2	64
Other**	25.9	23.8 28.2	3,252	24.9	20.3 30.0	499	27.0	21.9 32.7	478	28.6	23.7 34.0	458	
EDUCATION													
K-11th Grade	30.8	25.3 37.0	548	18.7	9.0 35.0	80	33.3	20.6 49.1	85	36.2	25.7 48.1	110	
12th Grade or GED	29.2	26.1 32.4	2,072	27.9	20.9 36.2	299	24.7	18.8 31.8	318	26.6	20.9 33.2	343	
Some College	29.6	26.7 32.7	2,016	31.6	24.2 40.0	311	34.7	27.2 42.9	265	29.0	22.4 36.5	258	
College Graduate+	20.7	18.5 23.2	2,012	16.7	12.3 22.1	264	26.4	20.9 32.7	315	17.9	12.7 24.7	196	
ETHNICITY													
Non-Hispanic	26.3	24.7 27.9	6,340	25.4	21.4 29.8	931	29.2	25.5 33.2	951	26.3	22.6 30.4	830	
Hispanic	34.7	27.2 43.0	270	*	*	*	*	*	*	29.4	19.3 42.1	70	

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Obesity

Idaho adults who were obese (BMI ≥ 30), 2010

	Public Health District											
	District 4			District 5			District 6			District 7		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	25.0	21.4 29.0	968	30.3	26.1 34.9	953	30.1	26.3 34.1	922	26.6	22.8 30.8	964
SEX												
Male	29.6	23.7 36.2	382	30.5	23.9 37.9	365	32.7	26.9 39.0	362	31.4	25.3 38.3	401
Female	20.0	16.3 24.3	586	30.2	25.4 35.5	588	27.4	22.9 32.3	560	21.7	17.5 26.5	563
AGE												
18-24	*	* *	*	*	* *	*	*	* *	*	*	* *	*
25-34	22.6	13.1 36.0	68	35.3	22.6 50.6	75	28.2	19.1 39.4	98	39.9	29.4 51.5	93
35-44	26.0	18.4 35.4	149	27.3	19.3 37.1	104	36.2	27.3 46.1	127	26.7	19.2 35.9	140
45-54	23.1	16.8 30.9	178	36.3	28.3 45.1	154	37.2	29.2 45.9	159	27.1	20.8 34.6	184
55-64	32.7	26.2 40.0	231	31.5	25.4 38.3	238	35.6	28.7 43.2	202	29.2	22.7 36.6	205
65+	24.8	19.8 30.6	312	25.2	20.5 30.6	350	25.6	20.6 31.3	299	25.6	20.7 31.3	311
18-34	19.3	11.7 30.2	90	31.4	21.0 44.2	98	23.5	16.3 32.5	133	25.7	18.1 35.2	124
35-64	26.7	22.0 31.9	558	31.9	27.4 36.8	496	36.4	31.6 41.4	488	27.6	23.5 32.1	529
65+	24.8	19.8 30.6	312	25.2	20.5 30.6	350	25.6	20.6 31.3	299	25.6	20.7 31.3	311
SEX and AGE												
Male												
18-34	*	* *	*	*	* *	*	31.2	20.0 45.3	61	*	* *	*
35-64	31.4	24.2 39.7	228	29.7	23.2 37.0	203	36.6	29.4 44.5	192	29.7	23.6 36.8	223
65+	28.3	20.4 37.9	120	25.7	18.3 34.8	124	23.9	16.6 33.2	108	27.2	19.7 36.2	131
Female												
18-34	15.3	8.2 26.8	58	27.4	16.3 42.3	63	15.1	8.3 25.9	72	16.2	9.0 27.2	77
35-64	21.0	16.2 26.7	330	34.4	28.3 41.0	293	36.2	30.3 42.5	296	25.4	20.5 31.1	306
65+	21.9	16.0 29.2	192	24.8	19.2 31.5	226	27.1	20.8 34.5	191	24.2	18.1 31.5	180
INCOME												
Less than \$15,000	36.8	22.1 54.5	74	38.0	24.9 53.0	114	31.4	20.1 45.4	95	33.9	20.4 50.6	83
\$15,000 - \$24,999	35.5	23.9 49.0	129	32.4	21.8 45.2	173	37.3	27.7 48.0	166	35.4	24.4 48.1	161
\$25,000 - \$34,999	21.5	13.0 33.6	90	27.8	19.1 38.6	122	42.9	31.5 55.1	115	36.5	25.1 49.6	113
\$35,000 - \$49,999	24.0	16.1 34.1	142	30.4	20.3 42.7	125	33.7	25.3 43.2	152	26.1	17.9 36.4	120
\$50,000-\$74,999	22.7	15.0 32.9	156	29.2	21.0 39.1	136	23.5	15.7 33.7	122	21.4	15.0 29.5	175
\$75,000+	18.2	12.9 25.1	247	28.9	19.9 39.9	164	24.5	17.4 33.4	166	20.9	14.9 28.4	202
EMPLOYMENT												
Employed	24.4	19.6 29.9	468	28.2	22.5 34.8	424	31.4	26.2 37.0	432	29.5	23.9 35.7	461
Unemployed	34.3	21.3 50.2	55	42.0	24.7 61.4	53	*	* *	*	*	* *	*
Other**	24.7	19.2 31.1	442	31.0	25.0 37.7	475	23.7	19.0 29.1	439	23.3	18.6 28.9	461
EDUCATION												
K-11th Grade	*	* *	*	24.7	14.2 39.4	100	35.7	21.8 52.6	65	22.8	12.0 38.8	68
12th Grade or GED	27.7	19.7 37.3	229	35.1	26.4 45.0	285	33.7	27.3 40.7	337	30.9	23.3 39.7	261
Some College	25.8	19.2 33.8	286	31.7	24.8 39.6	300	30.8	24.5 37.9	292	30.1	22.9 38.4	304
College Graduate+	20.6	16.2 25.8	413	25.9	20.2 32.7	265	21.3	15.7 28.2	228	20.3	15.6 25.9	331
ETHNICITY												
Non-Hispanic	24.1	20.5 28.1	934	27.9	23.9 32.4	883	29.2	25.5 33.3	882	26.7	22.8 30.9	929
Hispanic	*	* *	*	45.4	29.5 62.4	64	*	* *	*	*	* *	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cigarette Smoking

Idaho adults who smoked cigarettes, 2010

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	15.7	14.4 17.0	6,985	20.3	16.4 24.7	998	19.7	16.3 23.5	1,033	19.7	16.5 23.4	960
SEX												
Male	16.8	14.7 19.0	2,746	24.8	18.6 32.3	406	22.3	17.0 28.8	430	18.0	13.5 23.8	382
Female	14.6	13.1 16.2	4,239	15.8	11.8 20.9	592	16.9	13.5 20.9	603	21.3	17.1 26.2	578
AGE												
18-24	17.2	12.0 23.9	183	*	* *	*	*	* *	*	*	* *	*
25-34	23.1	19.1 27.6	589	32.0	19.5 47.6	52	17.7	10.5 28.4	88	25.5	16.9 36.6	96
35-44	13.9	11.3 17.1	878	16.3	9.8 25.8	102	22.3	14.7 32.3	105	23.6	16.5 32.6	121
45-54	18.0	15.6 20.6	1,244	22.9	17.2 29.8	199	22.9	17.0 30.1	185	20.9	14.8 28.6	147
55-64	13.2	11.4 15.2	1,619	14.7	10.6 19.8	250	13.5	9.7 18.5	256	16.4	11.5 22.9	197
65+	8.6	7.4 9.9	2,412	8.6	6.0 12.0	374	13.3	9.7 18.0	365	11.2	8.2 15.2	356
18-34	20.9	17.7 24.6	772	32.9	21.8 46.3	68	24.0	16.1 34.2	110	22.4	15.3 31.5	129
35-64	15.1	13.6 16.7	3,741	18.1	14.7 22.1	551	19.6	16.0 23.8	546	20.7	16.8 25.2	465
65+	8.6	7.4 9.9	2,412	8.6	6.0 12.0	374	13.3	9.7 18.0	365	11.2	8.2 15.2	356
SEX and AGE												
Male												
18-34	23.5	18.5 29.5	297	*	* *	*	*	* *	*	*	* *	*
35-64	14.9	12.7 17.5	1,520	20.2	15.0 26.5	229	19.0	13.8 25.5	242	16.8	11.9 23.3	195
65+	10.1	8.2 12.5	915	9.2	5.5 15.1	144	14.7	9.3 22.6	143	16.0	10.7 23.2	139
Female												
18-34	18.2	14.3 22.9	475	*	* *	*	15.2	8.3 26.2	66	24.6	15.7 36.3	83
35-64	15.2	13.5 17.2	2,221	16.1	12.0 21.2	322	20.2	15.6 25.7	304	24.6	19.1 31.2	270
65+	7.2	5.8 8.9	1,497	8.0	4.9 12.6	230	12.0	7.7 18.2	222	7.4	4.5 12.0	217
INCOME												
Less than \$15,000	30.8	25.6 36.6	737	36.8	23.5 52.3	121	34.7	22.0 50.0	113	32.9	21.3 47.2	121
\$15,000 - \$24,999	24.5	20.8 28.7	1,211	33.1	22.4 46.0	183	30.6	21.4 41.7	169	26.4	19.2 35.1	198
\$25,000 - \$34,999	20.9	16.6 25.9	814	24.2	13.3 39.9	121	23.8	14.2 37.1	110	20.3	12.2 31.9	130
\$35,000 - \$49,999	14.2	11.4 17.7	1,057	14.6	8.4 24.1	165	15.9	10.1 24.1	175	19.3	12.4 28.7	160
\$50,000-\$74,999	8.3	6.2 11.0	1,023	6.1	3.3 11.1	143	12.8	6.4 23.8	164	12.5	5.5 26.1	111
\$75,000+	7.3	5.6 9.5	1,195	9.3	4.5 18.4	148	4.6	2.0 10.2	152	12.7	7.3 21.3	94
EMPLOYMENT												
Employed	15.0	13.3 16.8	3,160	19.3	14.1 25.7	400	20.8	16.0 26.7	484	18.3	14.0 23.6	403
Unemployed	30.1	23.6 37.5	373	44.5	27.5 63.0	71	*	* *	*	29.7	18.0 44.9	66
Other**	13.9	12.2 15.9	3,418	15.5	11.5 20.7	522	17.4	13.4 22.4	500	18.5	14.2 23.9	487
EDUCATION												
K-11th Grade	32.6	26.9 38.9	594	33.8	19.5 51.8	85	38.6	25.9 53.0	92	38.6	27.9 50.6	120
12th Grade or GED	21.0	18.4 23.9	2,173	25.5	18.4 34.2	315	31.6	24.5 39.6	333	23.3	17.7 30.2	361
Some College	15.4	13.2 17.8	2,126	19.8	13.5 28.1	327	17.5	11.9 24.8	278	15.5	10.7 21.9	271
College Graduate+	5.3	4.1 6.7	2,083	9.0	5.2 15.2	270	3.8	2.3 6.3	328	6.2	3.7 10.3	206
ETHNICITY												
Non-Hispanic	15.9	14.6 17.3	6,626	20.6	16.7 25.2	973	19.9	16.5 23.9	996	19.9	16.4 23.8	869
Hispanic	13.0	8.8 18.7	311	*	* *	*	*	* *	*	19.3	11.4 30.8	82

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cigarette Smoking

Idaho adults who smoked cigarettes, 2010

	Public Health District											
	District 4			District 5			District 6			District 7		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	12.9	10.4 15.9	1,017	14.4	11.2 18.3	1,010	14.7	11.8 18.1	966	11.2	8.9 14.1	1,001
SEX												
Male	14.1	10.2 19.1	390	15.9	11.1 22.2	371	14.3	10.3 19.5	366	11.3	7.9 16.1	401
Female	11.6	8.8 15.2	627	12.8	9.0 18.1	639	15.0	11.2 19.9	600	11.1	8.2 14.9	600
AGE												
18-24	*	* *	*	*	* *	*	*	* *	*	*	* *	*
25-34	19.8	11.6 31.7	74	22.4	13.1 35.8	79	22.4	14.2 33.4	101	19.7	12.3 29.9	99
35-44	9.2	5.2 15.8	156	16.8	10.5 25.8	112	13.9	8.8 21.3	135	11.7	6.8 19.5	147
45-54	16.9	11.9 23.5	192	14.8	9.9 21.4	166	14.5	9.9 20.8	166	14.1	9.7 19.9	189
55-64	13.6	9.7 18.6	240	11.7	8.0 16.7	252	9.3	5.9 14.5	213	10.9	7.2 16.1	211
65+	7.7	5.0 11.6	321	6.4	4.3 9.4	364	8.4	5.5 12.8	311	5.4	3.2 8.8	321
18-34	18.4	11.4 28.5	96	19.1	11.0 31.1	103	20.7	14.0 29.6	136	12.1	7.5 19.0	130
35-64	12.4	9.5 16.0	588	14.5	11.3 18.4	530	12.7	9.9 16.1	514	12.3	9.6 15.7	547
65+	7.7	5.0 11.6	321	6.4	4.3 9.4	364	8.4	5.5 12.8	311	5.4	3.2 8.8	321
SEX and AGE												
Male												
18-34	*	* *	*	*	* *	*	20.5	11.7 33.4	61	*	* *	*
35-64	13.6	9.2 19.6	231	14.5	9.9 20.8	206	11.1	7.4 16.3	195	11.7	7.9 16.9	222
65+	8.7	4.7 15.6	123	7.1	3.8 13.0	126	10.4	5.5 19.0	109	5.6	2.4 12.4	131
Female												
18-34	17.3	9.2 30.1	63	15.0	5.8 33.8	68	20.9	11.8 34.5	75	11.3	6.0 20.2	82
35-64	11.1	8.0 15.1	357	14.5	10.6 19.5	324	14.3	10.5 19.1	319	13.0	9.3 17.8	325
65+	6.8	3.7 12.2	198	5.8	3.5 9.3	238	6.7	3.9 11.2	202	5.2	2.7 9.5	190
INCOME												
Less than \$15,000	31.7	18.9 47.9	78	14.8	8.5 24.5	118	34.7	22.8 48.9	103	26.9	15.3 42.7	83
\$15,000 - \$24,999	23.0	14.2 35.1	131	17.0	10.6 26.2	187	24.0	15.9 34.5	171	18.8	11.3 29.7	172
\$25,000 - \$34,999	24.3	13.4 40.0	95	18.5	10.6 30.4	126	16.7	9.7 27.4	117	15.4	8.9 25.4	115
\$35,000 - \$49,999	15.2	8.8 25.0	146	10.4	5.6 18.7	130	9.2	4.3 18.4	156	9.0	4.5 17.1	125
\$50,000-\$74,999	7.9	4.1 14.5	161	7.8	4.0 14.5	141	7.8	4.1 14.3	125	5.5	2.7 10.7	178
\$75,000+	5.4	3.2 9.0	256	11.0	4.6 24.0	168	7.1	3.2 15.1	170	6.9	3.6 12.6	207
EMPLOYMENT												
Employed	11.6	8.6 15.4	491	15.7	11.5 21.1	447	13.5	9.9 18.1	451	12.0	8.8 16.2	484
Unemployed	23.5	12.0 40.9	57	20.9	8.6 42.6	55	*	* *	*	*	* *	*
Other**	13.6	9.6 19.1	466	11.2	6.8 17.8	507	13.7	9.6 19.3	461	8.0	5.2 11.9	475
EDUCATION												
K-11th Grade	*	* *	*	25.9	13.6 43.7	113	34.8	20.5 52.5	71	24.0	13.1 40.0	71
12th Grade or GED	19.3	13.2 27.3	239	16.7	11.2 24.2	300	14.7	10.9 19.6	351	18.2	12.7 25.4	274
Some College	16.2	11.6 22.1	299	13.9	9.6 19.7	325	15.1	10.1 21.9	306	8.8	5.5 13.8	320
College Graduate+	4.6	2.8 7.7	436	5.0	2.8 8.8	269	5.6	3.2 9.7	238	3.7	2.0 7.0	336
ETHNICITY												
Non-Hispanic	12.9	10.3 16.0	978	16.3	12.7 20.7	924	14.4	11.5 17.8	923	11.2	8.8 14.1	963
Hispanic	*	* *	*	3.6	0.9 13.5	80	*	* *	*	*	* *	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Binge Drinking

Idaho adults who were binge drinkers (males who consumed 5+ drinks and females who consumed 4+ drinks on an occasion in the last 30 days), 2010

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	13.2	11.9	14.6	6,883	16.0	12.6	20.2	978	17.4	14.0	21.4	1,007	11.6	8.9	14.9	947
SEX																
Male	17.5	15.3	20.0	2,695	21.2	15.5	28.4	396	25.8	20.0	32.6	417	13.4	9.2	19.2	378
Female	8.8	7.5	10.4	4,188	10.9	7.7	15.3	582	8.6	6.0	12.2	590	9.7	6.8	13.6	569
AGE																
18-24	17.8	12.3	25.1	180	*	*	*	*	*	*	*	*	*	*	*	*
25-34	19.6	15.8	24.0	585	27.5	16.1	43.0	52	24.4	15.8	35.6	88	20.0	12.0	31.3	97
35-44	17.7	14.3	21.6	870	20.4	13.0	30.4	101	24.2	16.4	34.3	104	12.1	7.3	19.5	118
45-54	12.1	10.1	14.5	1,236	16.4	11.5	22.8	195	17.0	11.9	23.7	184	10.7	6.3	17.5	146
55-64	8.5	7.0	10.2	1,584	12.6	8.9	17.6	246	10.2	6.7	15.3	245	10.5	6.7	16.2	193
65+	3.3	2.5	4.4	2,373	5.8	3.6	9.3	366	2.5	1.2	5.2	354	1.4	0.5	3.9	351
18-34	18.9	15.7	22.7	765	22.7	13.4	36.0	67	27.7	19.3	38.1	109	17.4	11.2	25.9	130
35-64	13.3	11.7	15.0	3,690	16.3	13.0	20.3	542	17.0	13.5	21.1	533	11.2	8.3	14.9	457
65+	3.3	2.5	4.4	2,373	5.8	3.6	9.3	366	2.5	1.2	5.2	354	1.4	0.5	3.9	351
SEX and AGE																
Male																
18-34	24.1	18.9	30.2	295	*	*	*	*	*	*	*	*	*	*	*	*
35-64	17.5	14.9	20.5	1,492	19.8	14.4	26.6	223	24.6	18.8	31.5	235	12.3	8.0	18.3	192
65+	5.1	3.6	7.1	897	10.5	6.2	17.2	142	3.6	1.3	9.7	137	3.1	1.1	8.4	139
Female																
18-34	13.5	10.0	17.8	470	*	*	*	*	13.4	7.0	24.1	65	14.9	8.4	24.9	84
35-64	8.9	7.3	10.7	2,198	13.0	9.4	17.8	319	9.2	6.1	13.6	298	10.1	6.7	14.9	265
65+	1.8	1.2	2.8	1,476	1.6	0.5	4.6	224	1.6	0.6	3.9	217	0.0	0.0	0.0	212
INCOME																
Less than \$15,000	10.9	7.2	16.2	726	5.0	2.3	10.4	121	15.8	6.0	35.6	109	5.1	1.9	13.1	119
\$15,000 - \$24,999	12.7	9.8	16.3	1,194	20.9	12.0	34.0	178	20.5	11.7	33.4	166	10.1	5.5	17.8	195
\$25,000 - \$34,999	15.2	11.4	19.9	809	20.8	10.1	38.1	119	18.1	8.8	33.7	108	15.7	8.5	27.1	129
\$35,000 - \$49,999	12.0	9.2	15.6	1,049	16.0	9.5	25.7	164	14.1	7.8	24.2	171	8.8	4.4	16.7	159
\$50,000-\$74,999	12.6	9.8	16.1	1,007	14.9	8.5	24.7	139	21.5	13.9	31.7	160	18.5	9.6	32.9	110
\$75,000+	16.5	13.3	20.3	1,182	23.6	14.7	35.6	146	17.4	11.4	25.7	151	15.9	9.1	26.4	94
EMPLOYMENT																
Employed	16.2	14.3	18.3	3,121	18.9	13.9	25.1	395	24.8	19.6	30.9	474	14.8	10.6	20.2	397
Unemployed	20.4	15.0	27.3	369	26.5	12.1	48.6	71	*	*	*	*	15.6	8.2	27.7	66
Other**	7.2	5.7	9.2	3,360	9.5	6.5	13.5	507	7.6	4.3	12.9	486	5.5	3.2	9.3	481
EDUCATION																
K-11th Grade	12.9	8.8	18.6	578	7.3	3.5	14.7	84	17.5	7.9	34.3	85	9.5	4.0	21.1	116
12th Grade or GED	13.8	11.5	16.4	2,134	13.3	8.3	20.6	307	20.3	13.9	28.7	322	13.6	9.1	19.8	360
Some College	14.0	11.4	17.0	2,094	17.9	11.5	26.8	319	15.7	9.9	24.1	273	10.0	5.8	16.6	265
College Graduate+	12.0	10.0	14.3	2,067	20.1	13.9	28.2	267	16.0	11.3	22.2	325	10.8	6.4	17.7	204
ETHNICITY																
Non-Hispanic	13.2	11.8	14.7	6,529	16.0	12.5	20.2	953	17.7	14.2	21.8	971	12.2	9.3	15.9	858
Hispanic	12.6	8.3	18.5	307	*	*	*	*	*	*	*	*	7.6	2.9	18.1	81

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Note: Definition changed to account for gender differences in 2006.

Binge Drinking

Idaho adults who were binge drinkers (males who consumed 5+ drinks and females who consumed 4+ drinks on an occasion in the last 30 days), 2010

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	15.2	12.2	18.9	1,002	12.2	9.1	16.3	1,003	9.3	7.0	12.1	949	9.0	6.5	12.3	997
SEX																
Male	20.9	15.8	27.1	380	14.8	10.2	20.8	367	12.1	8.6	16.8	355	12.9	8.6	19.0	402
Female	9.5	6.6	13.5	622	9.7	5.7	16.0	636	6.5	4.1	10.1	594	5.1	3.1	8.3	595
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	22.5	13.9	34.3	73	12.2	5.5	24.8	78	7.3	3.7	13.7	99	17.3	10.4	27.2	98
35-44	20.6	14.2	28.9	154	13.6	7.8	22.8	111	16.3	10.5	24.4	135	10.4	6.1	17.3	147
45-54	11.1	6.8	17.5	191	15.5	10.4	22.4	166	12.1	7.8	18.4	165	5.3	2.7	10.0	189
55-64	7.2	4.3	11.7	232	9.4	6.0	14.5	249	4.0	1.9	8.0	208	5.1	2.6	9.7	211
65+	4.1	2.2	7.5	319	3.3	1.7	6.1	364	2.6	1.3	5.4	302	1.9	0.8	4.4	317
18-34	24.9	16.2	36.1	94	16.8	8.9	29.5	102	10.1	5.7	17.5	134	14.3	8.7	22.6	129
35-64	14.9	11.3	19.4	577	13.1	9.9	17.0	526	10.9	8.2	14.4	508	6.9	4.8	9.8	547
65+	4.1	2.2	7.5	319	3.3	1.7	6.1	364	2.6	1.3	5.4	302	1.9	0.8	4.4	317
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	10.8	4.8	22.5	60	*	*	*	*
35-64	20.3	14.4	27.7	224	17.8	12.6	24.6	204	16.0	11.3	22.3	191	9.2	5.8	14.5	223
65+	5.4	2.2	12.5	121	4.5	1.8	10.8	125	2.5	0.8	7.7	103	2.7	0.8	8.1	130
Female																
18-34	16.7	8.6	29.8	62	18.1	7.2	38.6	67	9.4	4.1	20.5	74	7.5	3.3	16.3	81
35-64	9.0	5.6	14.0	353	8.3	5.5	12.4	322	5.9	3.6	9.6	317	4.5	2.8	7.4	324
65+	3.0	1.3	6.8	198	2.2	1.0	5.1	239	2.8	1.1	6.8	199	1.2	0.4	3.8	187
INCOME																
Less than \$15,000	17.0	6.7	36.9	76	14.6	4.5	38.2	118	9.7	4.1	21.2	100	12.9	4.6	31.3	83
\$15,000 - \$24,999	9.8	4.7	19.5	132	6.7	3.2	13.5	183	13.3	6.9	23.9	169	13.2	6.2	25.8	171
\$25,000 - \$34,999	18.6	9.6	32.8	95	9.9	4.4	20.8	126	10.6	4.8	21.6	116	9.6	4.7	18.6	116
\$35,000 - \$49,999	14.8	7.7	26.6	143	10.5	4.9	21.1	131	7.3	3.8	13.6	155	9.9	4.6	20.0	126
\$50,000-\$74,999	9.2	4.8	16.7	158	12.2	6.7	21.2	140	9.4	5.1	16.7	123	9.9	4.1	22.0	177
\$75,000+	19.6	13.6	27.5	252	11.7	7.3	18.4	167	11.6	6.8	19.3	167	6.3	3.4	11.4	205
EMPLOYMENT																
Employed	18.8	14.6	24.0	483	14.2	10.1	19.5	444	10.8	7.8	14.7	444	9.8	6.6	14.3	484
Unemployed	23.8	12.6	40.5	57	13.8	4.9	33.0	54	*	*	*	*	*	*	*	*
Other**	7.2	3.8	13.3	459	9.2	4.6	17.7	504	5.6	2.9	10.6	452	6.2	3.0	12.2	471
EDUCATION																
K-11th Grade	*	*	*	*	24.3	11.8	43.7	110	14.6	5.8	31.9	72	5.9	1.7	19.0	71
12th Grade or GED	15.1	9.8	22.7	235	13.7	8.4	21.5	300	7.9	5.1	12.1	342	14.0	7.7	24.0	268
Some College	20.4	13.8	29.0	297	7.8	4.4	13.4	322	11.0	7.0	17.0	298	7.7	4.5	13.0	320
College Graduate+	12.2	8.6	17.0	429	9.2	5.9	14.0	268	6.5	3.8	10.9	237	7.2	4.3	11.8	337
ETHNICITY																
Non-Hispanic	15.2	12.0	18.9	966	11.9	8.6	16.2	918	9.4	7.1	12.3	905	7.9	5.7	11.0	958
Hispanic	*	*	*	*	14.4	6.2	29.9	79	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Note: Definition changed to account for gender differences in 2006.

Heavy Drinking

Idaho adults who were heavy drinkers (males who consumed >60 drinks and females who consumed >30 drinks in the last 30 days), 2010

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	4.0	3.4	4.7	6,845	5.6	3.8	8.1	973	5.3	3.9	7.3	1,003	3.2	1.9	5.4	940
SEX																
Male	4.9	3.9	6.2	2,676	7.0	4.0	12.2	393	6.7	4.3	10.3	411	3.7	1.7	8.2	373
Female	3.1	2.5	3.8	4,169	4.1	2.8	6.0	580	3.9	2.5	5.9	592	2.8	1.6	4.8	567
AGE																
18-24	2.5	1.1	5.4	180	*	*	*	*	*	*	*	*	*	*	*	*
25-34	3.3	1.8	6.0	580	6.5	1.6	22.8	51	1.8	0.6	5.8	88	4.6	1.1	16.8	93
35-44	4.2	2.7	6.3	866	4.3	1.8	9.9	102	5.1	2.0	12.4	103	2.1	0.7	6.4	118
45-54	5.4	4.1	7.2	1,228	9.3	5.8	14.6	191	8.9	5.3	14.5	184	2.7	1.1	6.7	143
55-64	4.3	3.3	5.5	1,578	5.8	3.5	9.3	245	6.4	3.8	10.5	245	4.4	2.2	8.9	193
65+	3.9	3.0	4.9	2,359	4.2	2.5	7.0	364	5.6	3.4	9.3	352	3.2	1.7	5.7	351
18-34	3.0	1.8	4.9	760	4.6	1.1	16.9	67	2.9	0.9	8.8	108	3.8	1.2	11.5	126
35-64	4.6	3.8	5.6	3,672	6.6	4.7	9.1	538	6.9	4.9	9.8	532	2.9	1.7	4.9	454
65+	3.9	3.0	4.9	2,359	4.2	2.5	7.0	364	5.6	3.4	9.3	352	3.2	1.7	5.7	351
SEX and AGE																
Male																
18-34	4.2	2.2	7.8	290	*	*	*	*	*	*	*	*	*	*	*	*
35-64	5.3	4.0	7.1	1,485	6.5	3.9	10.6	221	9.9	6.3	15.1	234	2.1	1.0	4.6	190
65+	4.9	3.5	7.0	890	5.9	3.0	11.2	140	4.8	2.1	10.4	133	4.3	2.0	9.1	139
Female																
18-34	1.8	0.9	3.4	470	*	*	*	*	2.0	0.5	8.2	65	1.8	0.5	6.9	83
35-64	3.9	3.0	5.0	2,187	6.7	4.4	10.0	317	3.9	2.3	6.7	298	3.7	1.8	7.3	264
65+	3.0	2.1	4.2	1,469	2.7	1.3	5.9	224	6.3	3.3	11.9	219	2.2	0.8	5.9	212
INCOME																
Less than \$15,000	2.6	1.5	4.4	723	4.7	2.1	10.5	120	3.1	1.3	7.5	109	0.5	0.1	3.7	116
\$15,000 - \$24,999	4.9	3.2	7.4	1,191	9.3	3.6	22.2	179	4.0	1.8	8.6	163	4.0	1.7	9.4	196
\$25,000 - \$34,999	4.3	2.8	6.6	800	2.9	1.2	7.1	118	1.6	0.4	6.4	107	2.5	0.9	6.6	128
\$35,000 - \$49,999	4.2	2.7	6.3	1,043	5.6	2.8	10.9	163	5.2	2.7	9.8	168	2.5	1.0	6.0	160
\$50,000-\$74,999	4.9	3.2	7.4	1,006	5.3	2.7	10.4	141	7.1	3.8	12.8	162	6.2	1.4	24.2	108
\$75,000+	4.1	2.9	5.9	1,179	6.4	2.5	15.4	144	5.8	3.0	11.1	151	6.6	2.8	14.7	94
EMPLOYMENT																
Employed	4.4	3.5	5.5	3,108	5.5	3.4	8.8	394	6.4	4.2	9.7	473	4.1	2.0	8.2	394
Unemployed	5.9	3.1	11.0	369	11.2	2.8	35.5	71	*	*	*	*	2.3	0.5	9.4	66
Other**	3.0	2.4	3.8	3,336	4.2	2.7	6.4	503	3.9	2.4	6.1	483	2.2	1.2	4.1	477
EDUCATION																
K-11th Grade	4.8	2.8	8.2	580	4.7	1.8	11.3	82	2.7	0.7	9.1	87	2.8	0.5	14.7	117
12th Grade or GED	4.0	3.0	5.3	2,121	3.6	2.0	6.3	307	7.4	4.3	12.5	320	4.2	1.9	9.4	355
Some College	3.6	2.5	5.1	2,085	5.8	2.6	12.4	321	3.6	1.7	7.6	274	1.7	0.7	4.3	263
College Graduate+	4.1	3.1	5.4	2,049	8.0	4.5	14.0	262	5.7	3.6	8.9	320	3.5	1.7	7.1	203
ETHNICITY																
Non-Hispanic	4.1	3.5	4.9	6,492	5.6	3.8	8.2	948	5.5	4.0	7.5	967	3.7	2.2	6.2	852
Hispanic	2.5	1.0	6.2	307	*	*	*	*	*	*	*	*	0.0	0.0	0.0	80

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Note: Definition changed to account for gender differences in 2006.

Heavy Drinking

Idaho adults who were heavy drinkers (males who consumed >60 drinks and females who consumed >30 drinks in the last 30 days), 2010

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	4.4	3.1	6.2	996	3.4	2.3	5.2	996	4.6	3.0	7.1	946	1.5	0.9	2.6	991
SEX																
Male	5.3	3.3	8.7	379	4.4	2.4	7.8	364	6.0	3.5	10.0	356	1.5	0.6	3.6	400
Female	3.4	2.1	5.3	617	2.5	1.5	4.1	632	3.3	1.5	7.1	590	1.6	1.0	2.8	591
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	2.1	0.5	8.0	72	3.3	0.7	14.4	77	4.2	1.8	9.4	101	0.0	0.0	0.0	98
35-44	4.6	2.2	9.7	153	4.8	1.8	12.1	111	2.4	0.7	7.3	134	5.2	2.3	11.6	145
45-54	6.6	3.5	12.1	190	2.8	1.1	7.1	165	6.2	3.2	11.9	165	1.1	0.4	3.5	190
55-64	3.8	2.0	6.9	233	5.6	3.3	9.6	246	2.3	0.8	6.3	206	2.2	0.9	5.3	210
65+	5.5	3.2	9.3	317	3.6	1.9	6.8	362	1.5	0.6	3.7	300	1.7	0.8	3.7	313
18-34	1.5	0.4	5.7	93	1.9	0.4	8.7	101	7.3	3.6	14.3	136	0.0	0.0	0.0	129
35-64	5.0	3.3	7.7	576	4.3	2.7	6.9	522	3.8	2.3	6.3	505	2.8	1.6	4.9	545
65+	5.5	3.2	9.3	317	3.6	1.9	6.8	362	1.5	0.6	3.7	300	1.7	0.8	3.7	313
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	7.4	2.7	18.5	61	*	*	*	*
35-64	6.1	3.4	10.8	225	4.4	2.0	9.3	202	6.2	3.5	10.8	190	3.1	1.2	7.4	223
65+	7.0	3.2	14.6	120	7.2	3.6	14.0	126	1.9	0.6	5.8	104	0.0	0.0	0.0	128
Female																
18-34	1.4	0.2	9.3	61	1.0	0.1	6.7	68	7.3	2.6	18.7	75	0.0	0.0	0.0	81
35-64	3.8	2.2	6.7	351	4.2	2.5	7.0	320	1.4	0.4	4.4	315	2.5	1.3	4.8	322
65+	4.3	2.1	8.6	197	0.6	0.1	2.2	236	1.1	0.2	5.2	196	3.2	1.5	6.8	185
INCOME																
Less than \$15,000	2.1	0.4	10.1	76	0.0	0.0	0.0	118	6.5	2.1	18.6	101	1.7	0.6	4.7	83
\$15,000 - \$24,999	3.5	1.2	10.4	129	2.9	0.8	10.1	184	8.8	3.5	20.3	168	2.4	1.0	5.4	172
\$25,000 - \$34,999	7.4	3.3	15.7	94	6.3	2.0	18.5	123	2.9	0.9	8.6	116	3.3	1.0	10.0	114
\$35,000 - \$49,999	6.9	2.8	16.0	144	3.3	1.4	7.4	129	1.5	0.4	6.2	153	1.2	0.3	4.7	126
\$50,000-\$74,999	5.5	2.5	12.0	158	3.0	1.3	6.7	137	4.8	2.0	11.0	122	2.4	0.7	7.9	178
\$75,000+	3.5	1.7	7.0	251	4.3	2.0	9.1	167	5.6	2.3	13.4	168	0.7	0.2	3.1	204
EMPLOYMENT																
Employed	4.7	2.9	7.5	482	4.0	2.2	7.1	438	4.7	2.7	8.0	444	1.9	1.0	3.8	483
Unemployed	6.9	2.0	21.3	57	4.2	0.9	18.2	54	*	*	*	*	*	*	*	*
Other**	3.4	2.0	5.5	454	2.5	1.5	4.2	503	4.2	1.8	9.5	449	1.0	0.5	2.0	467
EDUCATION																
K-11th Grade	*	*	*	*	6.5	2.2	17.8	112	12.7	4.5	31.0	71	1.6	0.4	5.4	70
12th Grade or GED	4.3	2.1	8.5	234	3.1	1.5	6.4	296	3.3	1.7	6.5	340	3.0	1.3	6.7	269
Some College	4.6	2.3	8.9	294	2.0	0.9	4.0	319	5.5	2.7	10.9	298	0.9	0.4	2.3	316
College Graduate+	4.3	2.6	7.1	426	3.8	2.0	7.2	266	1.9	0.7	4.9	237	1.0	0.4	2.6	335
ETHNICITY																
Non-Hispanic	4.3	3.0	6.1	960	3.6	2.3	5.5	911	4.7	3.0	7.3	902	1.7	1.0	2.7	952
Hispanic	*	*	*	*	2.7	0.7	9.9	79	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Note: Definition changed to account for gender differences in 2006.

Illicit Drug Use

Idaho adults who used illicit drugs in the last 12 months, 2010

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	4.3	3.5 5.4	6,519	6.0	3.6 9.9	942	4.2	2.3 7.5	962	5.0	3.1 8.0	884
SEX												
Male	5.9	4.5 7.8	2,539	9.6	5.2 17.1	376	7.3	3.8 13.6	397	5.9	2.9 11.6	352
Female	2.7	2.0 3.8	3,980	2.6	1.2 5.8	566	1.1	0.5 2.2	565	4.1	2.2 7.6	532
AGE												
18-24	13.1	8.1 20.5	171	*	* *	*	*	* *	*	*	* *	*
25-34	6.9	4.6 10.3	541	*	* *	*	5.4	1.8 15.7	85	10.1	5.0 19.4	85
35-44	3.1	1.9 5.0	810	4.1	1.4 11.4	98	2.8	1.0 7.8	98	5.1	2.0 12.2	108
45-54	3.2	2.1 4.7	1,174	1.8	0.7 4.4	190	3.0	1.4 6.3	169	3.3	1.1 9.2	138
55-64	2.5	1.7 3.6	1,527	3.9	2.0 7.5	236	0.9	0.3 3.1	238	1.1	0.3 4.5	188
65+	0.4	0.2 0.9	2,247	0.7	0.2 2.3	352	0.8	0.2 3.2	340	0.0	0.0 0.0	327
18-34	9.3	6.7 12.6	712	15.6	7.8 28.8	63	9.2	4.2 19.1	106	10.2	5.3 18.7	115
35-64	2.9	2.3 3.8	3,511	3.2	1.9 5.4	524	2.2	1.3 3.9	505	3.3	1.7 6.3	434
65+	0.4	0.2 0.9	2,247	0.7	0.2 2.3	352	0.8	0.2 3.2	340	0.0	0.0 0.0	327
SEX and AGE												
Male												
18-34	12.3	8.2 18.2	270	*	* *	*	*	* *	*	*	* *	*
35-64	4.0	2.9 5.6	1,415	4.2	2.0 8.4	218	2.5	1.1 5.5	220	3.9	1.6 9.5	182
65+	0.5	0.2 1.4	847	0.4	0.1 2.7	130	1.1	0.2 7.3	133	0.0	0.0 0.0	129
Female												
18-34	6.0	3.7 9.6	442	*	* *	*	0.0	0.0 0.0	63	8.7	3.8 18.7	76
35-64	1.8	1.2 2.6	2,096	2.3	1.1 4.6	306	2.0	0.9 4.3	285	2.7	1.1 6.4	252
65+	0.4	0.2 1.0	1,400	0.9	0.2 4.2	222	0.5	0.1 3.4	207	0.0	0.0 0.0	198
INCOME												
Less than \$15,000	5.6	3.4 8.9	682	10.8	4.7 23.0	114	11.1	3.0 33.2	102	6.2	2.0 17.8	111
\$15,000 - \$24,999	4.5	2.8 7.2	1,120	2.6	1.1 6.3	169	7.7	2.6 20.8	154	4.3	1.4 13.0	184
\$25,000 - \$34,999	3.8	1.9 7.6	772	9.6	2.2 33.5	115	5.4	1.0 24.2	104	0.5	0.1 3.7	125
\$35,000 - \$49,999	4.1	2.2 7.4	1,003	3.0	0.4 18.0	159	0.7	0.1 3.2	168	8.1	2.7 22.2	150
\$50,000-\$74,999	4.0	2.3 7.1	977	1.8	0.6 5.0	136	4.3	1.1 15.8	158	4.5	1.4 13.8	102
\$75,000+	3.8	2.2 6.5	1,135	4.4	1.1 15.9	138	1.1	0.3 4.5	144	6.1	2.5 14.2	93
EMPLOYMENT												
Employed	3.9	2.9 5.2	2,960	6.4	3.2 12.6	382	5.0	2.3 10.3	452	5.7	2.9 11.0	374
Unemployed	10.8	6.4 17.6	349	14.4	3.7 42.3	67	*	* *	*	13.2	6.0 26.5	63
Other**	3.7	2.4 5.7	3,180	3.6	1.9 6.9	489	3.4	1.2 9.2	467	1.3	0.4 4.5	443
EDUCATION												
K-11th Grade	7.6	4.3 13.1	521	6.8	1.3 28.5	77	3.5	0.6 17.7	82	9.8	3.9 22.7	101
12th Grade or GED	4.0	2.7 6.1	2,000	5.1	1.7 14.2	293	5.1	1.7 14.2	308	6.9	3.3 13.8	328
Some College	4.9	3.2 7.3	2,010	7.3	3.2 15.9	312	5.5	2.0 14.0	257	1.9	0.5 7.1	255
College Graduate+	3.0	2.1 4.3	1,981	5.1	2.1 12.0	259	2.7	0.8 8.3	314	2.8	1.1 6.8	198
ETHNICITY												
Non-Hispanic	4.4	3.5 5.5	6,212	6.2	3.7 10.2	919	4.4	2.4 7.8	933	4.9	2.9 8.3	803
Hispanic	2.9	1.2 7.0	263	*	* *	*	*	* *	*	5.6	1.6 18.0	72

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Illicit Drug Use

Idaho adults who used illicit drugs in the last 12 months, 2010

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	4.4	2.7	7.1	954	2.2	1.1	4.3	931	3.2	1.9	5.4	910	4.1	2.2	7.3	936
SEX																
Male	6.5	3.6	11.5	364	3.4	1.4	7.7	337	3.6	2.0	6.5	342	3.5	1.4	8.4	371
Female	2.2	1.0	4.7	590	1.1	0.5	2.4	594	2.9	1.2	7.0	568	4.6	2.1	10.0	565
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	3.0	0.7	12.3	66	6.4	1.9	19.3	72	3.7	1.5	9.0	97	3.0	0.9	9.1	89
35-44	2.4	0.9	6.7	151	1.7	0.4	7.2	98	4.0	1.3	11.7	124	2.6	0.8	8.0	133
45-54	5.0	2.4	10.0	179	2.7	1.0	7.0	162	3.4	1.4	8.1	162	0.5	0.1	3.3	174
55-64	2.8	1.3	5.9	228	1.9	0.7	5.4	232	2.4	0.9	6.5	201	3.1	1.3	7.2	204
65+	0.6	0.1	2.4	300	0.4	0.1	2.5	335	0.0	0.0	0.0	291	0.7	0.2	2.7	302
18-34	11.4	5.0	23.9	86	3.6	1.1	11.5	95	4.8	2.0	11.0	127	7.9	3.6	16.3	120
35-64	3.3	1.9	5.4	558	2.1	1.1	4.1	492	3.3	1.8	5.9	487	2.0	1.0	3.8	511
65+	0.6	0.1	2.4	300	0.4	0.1	2.5	335	0.0	0.0	0.0	291	0.7	0.2	2.7	302
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	2.4	0.7	7.8	56	*	*	*	*
35-64	4.5	2.3	8.4	220	3.0	1.3	7.0	190	5.6	2.8	10.8	182	3.0	1.3	6.6	203
65+	0.9	0.1	5.9	113	0.0	0.0	0.0	114	0.0	0.0	0.0	103	0.8	0.1	5.5	125
Female																
18-34	4.8	1.1	19.0	56	1.1	0.2	7.3	63	7.4	2.5	19.8	71	10.7	4.3	23.9	77
35-64	1.9	0.9	4.1	338	1.3	0.5	3.2	302	1.0	0.4	3.0	305	1.0	0.3	3.0	308
65+	0.3	0.1	2.3	187	0.6	0.1	4.4	221	0.0	0.0	0.0	188	0.5	0.1	3.7	177
INCOME																
Less than \$15,000	3.5	1.1	10.7	75	0.8	0.1	5.8	108	1.7	0.3	8.6	95	6.6	1.6	24.1	77
\$15,000 - \$24,999	5.8	1.8	17.7	122	2.9	0.5	15.3	169	4.3	1.1	15.0	161	4.7	1.7	12.1	161
\$25,000 - \$34,999	2.7	0.8	8.6	91	1.5	0.2	9.6	116	4.5	1.5	12.6	112	4.6	0.7	25.9	109
\$35,000 - \$49,999	2.8	0.6	12.7	138	6.7	2.1	19.1	120	4.0	1.5	10.5	154	1.6	0.2	10.3	114
\$50,000-\$74,999	4.2	1.3	12.9	154	0.4	0.1	2.9	138	1.6	0.4	6.6	116	10.1	3.5	25.9	173
\$75,000+	4.3	1.6	10.8	244	2.2	0.6	7.5	158	5.0	1.7	13.6	161	1.6	0.5	4.9	197
EMPLOYMENT																
Employed	3.1	1.7	5.6	466	2.5	1.1	5.6	411	3.7	1.9	7.0	429	1.6	0.7	3.8	446
Unemployed	13.5	4.8	32.6	55	9.4	2.6	28.8	52	*	*	*	*	*	*	*	*
Other**	5.3	2.1	12.9	430	0.4	0.1	1.5	468	2.9	1.2	7.3	433	7.4	3.4	15.2	450
EDUCATION																
K-11th Grade	*	*	*	*	2.1	0.4	9.6	99	4.9	0.7	27.3	65	5.9	1.8	18.0	63
12th Grade or GED	1.7	0.4	6.9	218	1.8	0.3	9.4	275	3.0	1.4	6.4	329	4.4	1.2	14.8	249
Some College	6.7	3.0	14.4	289	3.1	1.1	8.4	301	2.6	0.9	7.7	288	4.4	1.4	12.6	308
College Graduate+	2.8	1.4	5.4	412	1.6	0.6	4.0	254	3.8	1.6	8.7	228	2.7	1.1	6.6	316
ETHNICITY																
Non-Hispanic	4.6	2.8	7.4	924	2.6	1.3	5.0	857	3.4	2.0	5.7	873	3.6	1.8	7.1	903
Hispanic	*	*	*	*	0.0	0.0	0.0	68	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Seat Belt Use

Idaho adults who did not always wear a seat belt, 2010

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL	23.9	22.3 25.5	6,852	23.0	19.0 27.5	981	25.2	21.5 29.1	1,009	22.9	19.0 27.4	935
SEX												
Male	31.1	28.5 33.9	2,691	30.6	24.1 38.0	397	33.6	27.6 40.2	417	30.4	23.9 37.9	378
Female	16.6	15.0 18.4	4,161	15.6	11.4 21.0	584	16.4	12.9 20.5	592	15.4	11.7 20.0	557
AGE												
18-24	41.2	33.2 49.6	181	*	* *	*	*	* *	*	*	* *	*
25-34	27.8	23.6 32.5	579	36.7	23.4 52.3	51	31.2	21.6 42.8	88	26.8	17.7 38.3	93
35-44	22.7	19.1 26.7	871	23.9	16.0 34.1	102	31.5	22.6 41.9	103	20.4	13.5 29.6	120
45-54	19.7	17.1 22.5	1,229	20.0	14.3 27.2	196	22.7	16.7 30.0	185	17.8	12.2 25.4	144
55-64	19.7	17.4 22.2	1,583	14.0	10.1 19.2	245	20.1	15.3 26.0	245	21.5	15.7 28.7	193
65+	18.6	16.9 20.5	2,355	15.8	12.0 20.5	368	17.8	13.9 22.5	355	17.6	13.6 22.4	344
18-34	32.7	28.7 37.1	760	35.5	24.0 48.9	67	31.3	22.5 41.6	109	30.4	21.2 41.5	126
35-64	20.8	19.1 22.8	3,683	19.2	15.5 23.4	543	24.5	20.5 29.0	533	19.8	15.9 24.4	457
65+	18.6	16.9 20.5	2,355	15.8	12.0 20.5	368	17.8	13.9 22.5	355	17.6	13.6 22.4	344
SEX and AGE												
Male												
18-34	40.4	33.9 47.3	291	*	* *	*	*	* *	*	*	* *	*
35-64	28.0	25.0 31.2	1,499	25.2	19.2 32.4	226	33.2	26.7 40.4	235	26.9	20.6 34.2	195
65+	24.5	21.5 27.8	891	24.8	17.9 33.3	141	20.0	14.1 27.6	137	27.3	20.0 36.1	137
Female												
18-34	24.8	20.3 29.9	469	*	* *	*	18.6	10.7 30.2	65	23.1	14.6 34.4	82
35-64	13.4	11.7 15.4	2,184	13.4	9.8 18.1	317	15.6	11.5 20.8	298	12.5	8.5 18.0	262
65+	13.7	11.8 15.8	1,464	7.7	4.9 12.1	227	15.9	11.2 22.2	218	9.4	6.0 14.2	207
INCOME												
Less than \$15,000	23.0	18.1 28.7	727	31.7	18.8 48.2	123	17.0	10.3 26.6	107	21.1	12.8 32.9	119
\$15,000 - \$24,999	29.2	25.1 33.6	1,183	28.9	18.5 42.1	177	20.7	13.3 30.8	164	26.8	19.7 35.4	194
\$25,000 - \$34,999	23.6	19.4 28.3	802	24.1	13.2 39.9	118	36.9	24.4 51.5	108	19.5	11.1 31.8	129
\$35,000 - \$49,999	26.7	23.0 30.7	1,046	27.6	18.5 39.1	163	32.8	23.9 43.1	173	26.0	17.6 36.6	155
\$50,000-\$74,999	23.1	19.4 27.3	1,007	12.5	7.1 21.2	139	29.9	21.4 40.1	162	21.4	12.4 34.3	110
\$75,000+	18.1	15.0 21.8	1,179	13.6	7.9 22.5	145	15.7	9.9 24.0	151	9.5	4.2 20.0	94
EMPLOYMENT												
Employed	25.3	23.1 27.7	3,118	23.2	17.7 29.9	395	27.3	22.3 32.9	475	26.9	20.9 33.9	396
Unemployed	29.7	23.3 37.1	365	46.4	29.4 64.3	71	*	* *	*	24.7	14.2 39.3	66
Other**	20.4	18.1 22.8	3,337	16.6	12.6 21.6	511	23.0	17.5 29.5	488	16.4	12.3 21.6	469
EDUCATION												
K-11th Grade	31.6	25.7 38.1	581	31.6	17.4 50.3	83	22.9	12.7 37.8	88	26.1	17.1 37.7	116
12th Grade or GED	27.6	24.5 31.0	2,112	29.5	22.2 38.0	308	29.5	22.8 37.1	324	22.9	16.0 31.7	347
Some College	25.1	22.3 28.1	2,087	22.2	15.6 30.7	322	28.8	21.6 37.4	270	25.4	18.8 33.4	266
College Graduate+	16.6	14.4 19.0	2,063	12.8	8.0 20.1	267	19.1	14.1 25.3	325	17.8	12.2 25.2	204
ETHNICITY												
Non-Hispanic	24.3	22.6 26.0	6,496	23.5	19.4 28.2	956	25.6	21.9 29.8	973	23.7	19.5 28.6	846
Hispanic	17.9	12.6 24.9	309	*	* *	*	*	* *	*	17.4	9.4 30.1	81

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Seat Belt Use

Idaho adults who did not always wear a seat belt, 2010

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	16.1	13.0	19.9	998	25.3	21.5	29.5	992	32.6	28.7	36.8	947	34.7	30.0	39.6	990
SEX																
Male	22.9	17.5	29.5	381	31.8	25.5	38.9	361	41.8	35.6	48.3	357	41.0	33.9	48.5	400
Female	9.2	6.5	12.7	617	18.9	14.8	23.7	631	23.6	19.2	28.8	590	28.5	22.5	35.3	590
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	11.9	5.3	24.8	72	29.1	18.6	42.4	78	35.4	26.1	46.0	101	35.1	25.3	46.2	96
35-44	16.8	10.7	25.3	156	21.1	13.8	30.9	111	41.2	32.3	50.8	134	35.0	27.0	44.0	145
45-54	14.3	9.2	21.5	189	20.4	14.4	28.2	166	24.3	17.6	32.5	162	28.6	22.1	36.1	187
55-64	14.4	9.7	20.9	236	27.9	22.1	34.6	246	24.6	18.4	32.0	207	25.2	19.2	32.3	211
65+	13.3	9.6	18.0	313	22.3	17.8	27.5	355	27.8	22.6	33.8	303	24.4	19.4	30.0	317
18-34	20.3	11.9	32.6	93	31.1	21.4	43.0	102	39.0	30.1	48.7	136	44.8	34.4	55.8	127
35-64	15.5	11.8	20.2	581	22.9	18.9	27.4	523	29.9	25.4	34.7	503	29.6	25.5	34.2	543
65+	13.3	9.6	18.0	313	22.3	17.8	27.5	355	27.8	22.6	33.8	303	24.4	19.4	30.0	317
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	45.3	32.3	59.0	61	*	*	*	*
35-64	21.5	15.4	29.2	228	30.3	23.7	37.8	202	41.3	33.8	49.2	190	38.4	31.8	45.6	223
65+	14.1	8.8	22.0	119	27.3	19.6	36.8	122	35.7	26.6	45.9	105	32.2	24.2	41.4	130
Female																
18-34	8.0	3.0	19.5	61	25.7	15.1	40.2	68	32.3	21.4	45.7	75	42.4	29.3	56.6	80
35-64	8.8	5.6	13.7	353	15.5	11.5	20.5	321	18.8	14.5	24.1	313	20.8	16.3	26.0	320
65+	12.6	8.1	19.0	194	18.1	13.5	23.9	233	21.3	15.8	28.1	198	17.5	12.1	24.5	187
INCOME																
Less than \$15,000	15.2	6.2	32.9	78	21.3	10.5	38.2	116	24.2	14.8	37.0	102	34.0	17.5	55.6	82
\$15,000 - \$24,999	23.1	13.2	37.2	129	28.4	19.9	38.8	182	32.7	23.3	43.6	166	44.6	32.7	57.2	171
\$25,000 - \$34,999	13.6	6.3	27.0	94	26.4	17.3	38.0	121	39.7	28.6	51.9	117	21.5	13.3	32.8	115
\$35,000 - \$49,999	14.5	8.6	23.4	145	22.3	13.9	33.8	131	38.1	29.3	47.7	156	43.9	32.4	56.1	123
\$50,000-\$74,999	15.4	8.4	26.6	157	30.6	21.5	41.6	140	26.6	17.7	37.9	123	40.7	31.0	51.2	176
\$75,000+	16.4	10.8	24.1	251	22.9	16.3	31.2	166	33.7	24.9	43.8	166	20.4	14.1	28.5	206
EMPLOYMENT																
Employed	16.3	12.3	21.3	486	28.9	23.7	34.8	442	35.6	30.2	41.5	444	35.8	29.5	42.5	480
Unemployed	15.2	6.3	32.3	56	34.0	17.7	55.3	53	*	*	*	*	*	*	*	*
Other**	16.1	10.9	23.1	453	18.5	13.4	24.9	496	28.2	22.5	34.6	453	31.4	24.4	39.3	467
EDUCATION																
K-11th Grade	*	*	*	*	18.5	9.7	32.4	109	49.2	33.5	65.0	71	53.4	35.4	70.6	72
12th Grade or GED	21.0	13.8	30.5	230	31.8	23.7	41.2	293	32.1	25.7	39.1	342	37.1	27.7	47.7	268
Some College	18.4	12.7	26.1	295	26.9	20.8	33.9	319	32.9	26.3	40.2	298	31.8	24.4	40.1	317
College Graduate+	10.6	7.1	15.5	430	19.1	13.9	25.7	268	26.0	19.7	33.5	236	29.6	23.2	36.9	333
ETHNICITY																
Non-Hispanic	16.2	13.0	20.1	960	26.8	22.8	31.3	907	33.2	29.1	37.5	903	34.0	29.3	39.0	951
Hispanic	*	*	*	*	16.7	7.8	32.4	79	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Colorectal Cancer Screening

Idaho adults aged 50 and older who ever had a sigmoidoscopy or colonoscopy, 2010

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95%CI		n	%	95%CI		n	%	95%CI		n	%	95%CI		n
TOTAL	59.8	58.0	61.6	4,568	58.3	54.3	62.3	723	62.3	58.2	66.3	694	52.5	47.8	57.2	603
SEX																
Male	58.8	56.0	61.6	1,793	56.0	49.6	62.2	287	64.3	58.0	70.1	287	45.7	38.7	52.8	249
Female	60.7	58.5	62.9	2,775	60.6	55.4	65.5	436	60.5	55.0	65.8	407	59.3	53.2	65.1	354
AGE																
50-64	51.7	49.1	54.2	2,259	51.6	45.9	57.2	363	50.9	45.1	56.7	343	40.4	34.0	47.2	267
65-74	71.7	68.8	74.4	1,297	66.6	59.2	73.3	203	75.0	68.0	80.9	211	67.4	59.9	74.0	195
75+	72.7	69.5	75.7	1,012	70.9	62.8	77.8	157	76.2	67.8	82.9	140	69.9	61.1	77.4	141
50-74	57.0	55.0	59.1	3,556	55.7	51.0	60.2	566	58.5	53.8	63.0	554	48.2	42.9	53.6	462
SEX and AGE																
Male																
50-64	50.0	46.1	54.0	925	49.2	40.5	57.9	153	52.0	43.4	60.5	151	31.4	22.9	41.3	116
65-74	73.0	68.6	77.0	520	65.1	53.3	75.2	81	78.2	67.4	86.1	89	67.2	55.5	77.0	82
75+	74.8	69.4	79.6	348	69.3	54.8	80.8	53	*	*	*	*	68.3	53.6	80.1	51
50-74	56.0	52.8	59.2	1,445	53.5	46.3	60.5	234	60.3	53.3	66.9	240	40.9	33.3	49.0	198
Female																
50-64	53.4	50.1	56.6	1,334	53.9	46.6	61.1	210	49.8	42.0	57.6	192	50.6	41.6	59.6	151
65-74	70.5	66.6	74.1	777	68.1	58.6	76.4	122	71.8	62.1	79.8	122	67.5	57.8	76.0	113
75+	71.2	67.1	75.0	664	72.1	62.8	79.9	104	72.0	61.0	80.9	93	71.1	60.0	80.1	90
50-74	58.1	55.5	60.7	2,111	57.8	51.9	63.5	332	56.7	50.3	62.8	314	55.9	48.8	62.7	264
INCOME																
Less than \$15,000	48.8	43.4	54.2	503	46.9	35.9	58.2	95	55.1	42.3	67.3	81	40.4	28.7	53.2	81
\$15,000 - \$24,999	47.5	43.1	51.8	827	44.8	35.8	54.1	140	47.7	38.0	57.7	121	36.9	28.2	46.5	123
\$25,000 - \$34,999	58.6	53.8	63.4	586	62.6	51.7	72.5	101	64.8	52.3	75.6	75	64.1	51.2	75.2	89
\$35,000 - \$49,999	62.6	58.0	66.9	713	61.1	50.7	70.6	113	62.1	51.5	71.6	121	61.4	49.8	71.8	104
\$50,000-\$74,999	64.8	59.9	69.5	630	61.2	49.8	71.5	100	73.8	63.8	81.8	106	56.4	42.1	69.7	63
\$75,000+	69.2	64.8	73.3	661	69.4	58.1	78.8	85	68.2	56.8	77.7	87	64.1	48.2	77.4	50
EMPLOYMENT																
Employed	51.1	48.1	54.2	1,651	50.9	43.7	58.0	232	52.3	45.6	58.9	262	41.0	33.7	48.9	198
Unemployed	44.9	36.5	53.7	194	*	*	*	*	*	*	*	*	*	*	*	*
Other**	68.7	66.5	70.8	2,703	66.0	61.0	70.6	442	71.1	66.0	75.7	409	64.4	58.6	69.8	377
EDUCATION																
K-11th Grade	50.3	43.9	56.7	358	51.2	36.9	65.3	57	53.5	38.8	67.6	56	51.3	36.9	65.5	68
12th Grade or GED	53.0	49.8	56.1	1,499	49.7	42.5	57.0	237	56.4	49.3	63.2	239	45.5	38.4	52.9	228
Some College	58.4	55.0	61.8	1,373	57.7	50.5	64.6	228	67.9	59.7	75.2	189	55.6	47.1	63.9	184
College Graduate+	69.9	66.8	72.8	1,332	70.1	62.6	76.7	200	66.3	58.9	72.9	210	62.1	51.4	71.6	121
ETHNICITY																
Non-Hispanic	60.5	58.7	62.3	4,426	58.3	54.2	62.3	708	63.3	59.1	67.2	676	53.3	48.5	58.1	568
Hispanic	39.3	28.5	51.2	106	*	*	*	*	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Colorectal Cancer Screening

Idaho adults aged 50 and older who ever had a sigmoidoscopy or colonoscopy, 2010

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95%CI		n	%	95%CI		n	%	95%CI		n	%	95%CI		n
TOTAL	67.2	62.6	71.5	637	56.4	52.0	60.7	692	56.1	51.5	60.7	602	59.7	55.2	64.1	617
SEX																
Male	66.8	59.3	73.5	249	58.6	51.6	65.3	256	55.3	47.8	62.5	223	61.9	54.8	68.5	242
Female	67.7	62.1	72.8	388	54.3	48.8	59.6	436	57.0	51.3	62.5	379	57.8	52.0	63.4	375
AGE																
50-64	60.6	54.2	66.6	334	46.2	40.2	52.3	346	49.1	42.7	55.5	302	52.5	46.2	58.6	304
65-74	79.9	72.9	85.5	175	68.5	60.4	75.6	178	66.5	58.0	74.1	160	72.9	65.2	79.4	175
75+	77.6	68.6	84.6	128	74.5	66.7	80.9	168	68.1	59.2	75.8	140	69.0	59.9	76.8	138
50-74	65.4	60.2	70.2	509	52.3	47.3	57.2	524	53.6	48.3	58.9	462	57.9	52.8	62.8	479
SEX and AGE																
Male																
50-64	57.9	48.0	67.1	133	49.5	40.4	58.7	138	49.4	39.5	59.3	119	55.6	45.8	65.0	115
65+	84.5	74.9	90.9	76	73.6	59.9	83.9	59	61.5	47.7	73.6	59	73.6	61.4	83.0	74
75+	*	*	*	*	74.2	60.2	84.5	59	*	*	*	*	70.0	55.0	81.6	53
50-74	64.1	55.9	71.5	209	55.9	48.0	63.4	197	52.4	44.1	60.5	178	60.5	52.5	67.9	189
Female																
50-64	63.5	55.7	70.6	201	42.7	35.3	50.5	208	48.8	41.0	56.7	183	49.5	41.8	57.3	189
65+	75.7	65.0	83.9	99	63.6	53.7	72.5	119	71.4	61.1	79.9	101	72.3	62.2	80.5	101
75+	72.4	60.8	81.6	88	74.6	65.1	82.3	109	65.1	53.9	74.9	95	68.3	56.6	78.0	85
50-74	66.7	60.3	72.5	300	48.6	42.4	54.9	327	54.9	48.4	61.3	284	55.4	49.0	61.8	290
INCOME																
Less than \$15,000	*	*	*	*	52.8	40.5	64.8	86	51.3	36.2	66.2	61	62.2	46.4	75.8	51
\$15,000 - \$24,999	54.2	41.9	65.9	96	45.9	36.3	55.8	132	50.1	39.2	61.0	104	53.9	43.4	64.1	111
\$25,000 - \$34,999	60.9	46.5	73.6	65	51.2	39.3	62.9	85	50.8	38.9	62.7	87	53.7	41.4	65.6	84
\$35,000 - \$49,999	69.1	56.6	79.2	103	58.5	46.6	69.5	88	58.6	46.9	69.5	99	60.4	48.3	71.3	85
\$50,000-\$74,999	70.5	58.1	80.5	101	60.3	47.5	71.8	85	64.0	50.0	75.9	71	63.5	52.7	73.1	104
\$75,000+	77.8	68.1	85.1	126	66.5	55.4	76.0	115	61.1	49.7	71.4	93	60.9	49.8	70.9	105
EMPLOYMENT																
Employed	58.7	51.3	65.7	245	48.4	41.2	55.6	254	50.5	43.0	57.9	228	48.3	41.2	55.5	232
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	75.3	69.4	80.4	355	65.7	60.1	70.8	408	63.8	58.0	69.3	346	70.7	65.2	75.7	366
EDUCATION																
K-11th Grade	*	*	*	*	41.8	29.2	55.6	68	*	*	*	*	*	*	*	*
12th Grade or GED	55.0	45.5	64.2	151	56.9	49.2	64.2	222	56.5	48.9	63.8	237	55.4	47.1	63.5	185
Some College	61.2	52.2	69.5	196	53.9	45.8	61.8	213	54.9	46.3	63.2	172	59.5	51.5	67.0	191
College Graduate+	77.8	71.5	83.1	268	63.1	54.6	70.8	186	59.4	50.2	68.0	150	68.1	60.0	75.2	197
ETHNICITY																
Non-Hispanic	67.5	62.8	71.8	627	57.7	53.2	62.0	665	57.4	52.7	62.0	580	60.4	55.8	64.8	602
Hispanic	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Breast Cancer Screening

Idaho females aged 40 and older who had a mammogram
in the past two years, 2010

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL FEMALES	63.8	61.6	66.0	3,333	64.5	59.5	69.2	509	62.0	56.8	66.9	481	64.3	58.6	69.6	425
AGE																
40-49	53.4	48.1	58.6	562	46.0	34.1	58.3	73	39.4	28.6	51.4	76	59.5	46.8	71.1	70
50-64	68.1	65.0	71.1	1,335	70.0	62.8	76.3	211	65.1	57.0	72.5	192	65.3	56.0	73.5	152
65-74	73.0	69.3	76.5	774	72.7	63.4	80.3	122	73.4	63.8	81.2	123	69.8	60.3	77.8	113
75+	63.6	59.3	67.7	662	68.1	58.1	76.7	103	75.0	64.3	83.3	90	65.6	54.4	75.3	90
50-74	69.5	67.0	71.8	2,109	70.7	65.0	75.8	333	67.7	61.4	73.4	315	66.7	59.7	73.0	265
INCOME																
Less than \$15,000	46.6	40.2	53.2	415	45.4	32.9	58.5	74	47.7	34.2	61.5	64	51.3	36.5	65.9	61
\$15,000 - \$24,999	58.5	53.5	63.5	578	63.1	51.7	73.2	99	54.1	41.6	66.1	80	55.1	42.2	67.3	86
\$25,000 - \$34,999	56.0	48.8	62.9	390	58.3	44.4	70.9	65	*	*	*	*	67.7	52.9	79.6	66
\$35,000 - \$49,999	62.5	56.6	68.0	491	70.1	57.2	80.4	78	63.4	51.2	74.1	91	58.8	42.6	73.4	54
\$50,000-\$74,999	68.4	62.5	73.7	448	62.9	49.6	74.5	71	72.8	57.7	83.9	60	*	*	*	*
\$75,000+	75.2	69.7	80.0	488	70.7	55.8	82.2	60	66.6	50.5	79.6	54	*	*	*	*
EMPLOYMENT																
Employed	62.7	59.1	66.2	1,300	61.5	53.1	69.2	175	55.0	47.0	62.7	205	64.6	54.9	73.2	146
Unemployed	56.4	46.1	66.2	134	*	*	*	*	*	*	*	*	*	*	*	*
Other**	65.9	63.0	68.6	1,884	69.2	63.0	74.8	300	70.1	63.5	76.0	262	65.1	57.9	71.7	258
EDUCATION																
K-11th Grade	56.2	48.2	63.9	256	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	57.4	53.4	61.3	1,093	59.2	50.6	67.2	171	66.9	58.2	74.6	167	56.4	47.1	65.3	164
Some College	64.5	60.5	68.3	1,063	62.6	53.7	70.7	168	53.9	43.9	63.6	131	71.4	61.6	79.4	131
College Graduate+	71.3	67.1	75.0	918	72.8	62.9	80.9	128	69.6	59.9	77.9	140	73.8	61.7	83.2	83
ETHNICITY																
Non-Hispanic	64.1	61.8	66.3	3,215	64.4	59.4	69.1	499	63.5	58.2	68.4	470	65.0	59.2	70.3	394
Hispanic	59.0	46.2	70.7	98	*	*	*	*	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Breast Cancer Screening

Idaho females aged 40 and older who had a mammogram
in the past two years, 2010

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL FEMALES	66.2	60.4	71.4	492	63.9	58.8	68.8	505	63.6	58.4	68.5	459	57.3	52.1	62.3	462
AGE																
40-49	54.1	42.8	64.9	101	61.7	49.5	72.6	73	61.1	49.6	71.6	84	44.1	33.3	55.4	85
50-64	74.0	66.3	80.5	201	62.7	54.4	70.3	206	64.6	56.4	72.0	183	65.4	57.7	72.3	190
65-74	81.8	71.4	88.9	98	69.9	60.1	78.1	118	73.0	62.9	81.3	99	62.1	51.3	71.8	101
75+	62.8	51.4	73.0	92	64.5	54.4	73.4	108	55.6	44.4	66.2	93	51.8	39.7	63.8	86
50-74	76.0	69.8	81.3	299	64.7	58.2	70.8	324	66.8	60.3	72.8	282	64.5	58.2	70.4	291
INCOME																
Less than \$15,000	*	*	*	*	57.5	43.6	70.3	70	46.0	31.2	61.5	52	48.9	33.8	64.2	50
\$15,000 - \$24,999	70.3	55.6	81.7	60	63.0	51.1	73.5	94	64.5	51.8	75.5	85	27.7	18.5	39.2	74
\$25,000 - \$34,999	*	*	*	*	54.1	38.7	68.8	53	51.9	37.5	66.1	57	64.4	47.6	78.2	54
\$35,000 - \$49,999	61.0	46.5	73.8	77	59.0	45.3	71.3	68	67.7	54.3	78.7	74	*	*	*	*
\$50,000-\$74,999	67.5	52.7	79.5	72	74.3	58.4	85.6	59	69.1	55.3	80.1	59	58.0	46.7	68.5	88
\$75,000+	79.0	67.1	87.4	107	66.6	52.6	78.2	79	71.8	59.0	81.9	68	75.4	64.0	84.1	80
EMPLOYMENT																
Employed	64.8	56.0	72.7	208	58.8	50.3	66.7	189	70.1	62.0	77.1	179	58.6	50.9	66.0	198
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	68.4	60.7	75.2	261	69.8	63.2	75.6	291	57.8	50.8	64.4	263	56.1	49.0	63.0	249
EDUCATION																
K-11th Grade	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	54.9	43.1	66.1	116	56.9	47.8	65.6	159	61.4	52.9	69.3	172	50.9	41.7	60.0	144
Some College	67.2	56.2	76.6	160	65.3	56.3	73.2	161	64.4	55.5	72.5	151	59.0	50.3	67.2	161
College Graduate+	71.8	63.5	78.9	201	70.2	59.9	78.8	135	73.0	62.3	81.6	106	65.7	55.6	74.6	125
ETHNICITY																
Non-Hispanic	65.8	60.0	71.1	483	63.3	58.1	68.3	483	65.7	60.5	70.6	436	57.5	52.3	62.6	450
Hispanic	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cervical Cancer Screening

Idaho females who had a Pap test in the past three years, 2010

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL FEMALES	76.3	73.8 78.5	2,518	79.8	74.6 84.2	362	75.1	69.0 80.4	341	71.3	64.6 77.2	325
AGE												
18-24	58.2	47.2 68.4	101	*	*	*	*	*	*	*	*	*
25-34	89.0	84.8 92.2	352	*	*	*	85.4	70.7 93.4	51	81.0	66.4 90.2	57
35-44	82.0	77.3 85.9	445	73.8	59.1 84.6	55	*	*	*	79.4	65.4 88.7	60
45-54	80.5	76.0 84.4	475	78.2	67.3 86.3	86	79.0	65.7 88.0	65	*	*	*
55-64	73.7	69.0 77.9	518	77.2	66.6 85.2	82	80.4	68.9 88.4	69	71.4	58.0 81.9	55
65+	51.3	46.7 55.9	601	57.8	47.3 67.6	102	57.3	45.6 68.2	89	56.7	44.6 68.0	77
18-34	78.2	72.9 82.7	453	*	*	*	83.5	70.1 91.6	61	70.1	57.2 80.4	80
35-64	79.7	77.0 82.2	1,438	76.3	69.3 82.1	223	73.3	65.1 80.2	182	75.1	66.9 81.8	164
65+	51.3	46.7 55.9	601	57.8	47.3 67.6	102	57.3	45.6 68.2	89	56.7	44.6 68.0	77
INCOME												
Less than \$15,000	67.7	58.6 75.6	260	*	*	*	*	*	*	*	*	*
\$15,000 - \$24,999	70.9	64.6 76.5	449	79.3	66.4 88.1	75	71.9	57.2 83.0	62	60.2	46.2 72.6	78
\$25,000 - \$34,999	74.8	68.3 80.4	266	*	*	*	*	*	*	*	*	*
\$35,000 - \$49,999	76.2	69.6 81.7	371	82.7	65.9 92.2	50	78.2	61.6 88.9	58	67.9	49.4 82.0	57
\$50,000-\$74,999	80.8	74.2 86.1	393	81.1	67.7 89.8	57	*	*	*	*	*	*
\$75,000+	86.4	81.0 90.4	428	87.0	71.7 94.6	53	*	*	*	*	*	*
EMPLOYMENT												
Employed	81.8	78.7 84.5	1,187	86.9	80.6 91.4	161	76.4	67.7 83.3	178	74.4	64.6 82.2	141
Unemployed	71.2	59.3 80.7	128	*	*	*	*	*	*	*	*	*
Other**	70.7	66.7 74.3	1,196	72.9	63.6 80.5	174	71.4	61.3 79.7	150	74.7	65.6 82.1	155
EDUCATION												
K-11th Grade	72.1	62.1 80.2	185	*	*	*	*	*	*	*	*	*
12th Grade or GED	68.5	63.3 73.3	694	76.1	66.3 83.7	116	61.9	48.0 74.1	92	58.7	46.8 69.7	117
Some College	75.7	71.6 79.5	832	78.9	69.5 86.0	127	78.0	66.5 86.3	100	75.7	64.7 84.1	93
College Graduate+	84.3	80.4 87.6	806	81.9	70.3 89.6	102	84.6	76.0 90.5	119	86.8	75.6 93.3	77
ETHNICITY												
Non-Hispanic	76.0	73.5 78.4	2,352	79.5	74.1 84.0	352	75.3	69.1 80.7	325	71.5	64.2 77.8	284
Hispanic	77.3	66.8 85.2	149	*	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cervical Cancer Screening

Idaho females who had a Pap test in the past three years, 2010

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL FEMALES	81.9	76.9	86.0	379	77.5	72.0	82.3	396	68.2	59.8	75.5	347	71.7	63.5	78.7	368
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	*	*	*	*	87.8	76.4	94.1	53	84.0	70.3	92.1	57	93.6	78.8	98.3	57
35-44	89.1	79.2	94.6	78	83.3	71.8	90.7	62	72.6	60.3	82.3	73	82.9	71.1	90.5	69
45-54	86.5	75.4	93.1	81	78.5	65.1	87.7	61	80.4	66.8	89.3	65	83.0	70.5	90.9	68
55-64	74.8	62.5	84.0	76	73.4	62.4	82.2	98	70.5	57.8	80.7	67	66.3	53.4	77.1	71
65+	46.2	34.6	58.2	80	45.8	35.8	56.3	104	47.5	35.2	60.1	67	49.6	38.0	61.2	82
18-34	84.6	71.3	92.4	59	86.2	72.8	93.6	67	64.8	48.3	78.4	73	69.2	53.6	81.3	76
35-64	85.9	79.9	90.2	235	79.0	72.4	84.4	221	75.0	67.8	81.0	205	79.0	72.3	84.5	208
65+	46.2	34.6	58.2	80	45.8	35.8	56.3	104	47.5	35.2	60.1	67	49.6	38.0	61.2	82
INCOME																
Less than \$15,000	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
\$15,000 - \$24,999	*	*	*	*	86.3	77.0	92.2	72	70.0	48.5	85.2	62	61.7	44.1	76.6	62
\$25,000 - \$34,999	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
\$35,000 - \$49,999	77.5	62.4	87.7	55	77.9	65.3	86.8	58	77.2	64.0	86.6	57	*	*	*	*
\$50,000-\$74,999	87.9	76.6	94.2	66	77.8	63.8	87.4	62	63.8	38.7	83.1	59	74.3	52.3	88.4	68
\$75,000+	86.7	76.1	93.0	95	87.0	75.7	93.5	70	84.9	67.4	93.8	62	82.1	62.3	92.7	78
EMPLOYMENT																
Employed	84.8	77.8	89.9	196	82.9	76.2	88.1	174	75.0	63.7	83.6	162	82.8	73.6	89.3	175
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	76.4	67.9	83.1	165	70.7	60.9	78.9	198	61.2	48.6	72.5	171	62.6	50.3	73.5	183
EDUCATION																
K-11th Grade	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	72.0	59.0	82.1	83	75.7	65.4	83.7	107	67.9	53.6	79.5	95	67.5	48.2	82.3	84
Some College	80.5	71.2	87.4	110	72.9	60.8	82.4	124	72.2	59.2	82.2	136	70.2	57.2	80.6	142
College Graduate+	89.2	83.3	93.3	175	82.0	73.3	88.3	120	67.6	47.4	82.8	91	80.7	64.6	90.6	122
ETHNICITY																
Non-Hispanic	80.7	75.5	85.1	366	75.9	69.9	81.0	352	68.7	60.0	76.3	324	72.7	64.6	79.5	349
Hispanic	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Prostate Cancer Screening

Idaho males aged 40 and older who had a Prostate Specific Antigen (PSA) test in the past two years, 2010

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n
TOTAL MALES	49.2	46.2 52.2	2,100	39.9	34.2 46.0	326	55.6	49.5 61.6	334	48.0	41.2 54.8	285
AGE												
40-49	18.4	13.9 24.0	362	6.2	1.9 18.3	55	33.9	21.8 48.6	55	*	*	*
50-64	55.1	51.0 59.1	891	41.9	33.4 51.1	145	53.2	44.4 61.7	148	46.5	36.3 57.1	108
65-74	78.0	73.8 81.8	503	75.6	63.7 84.6	77	70.8	59.4 80.1	85	74.2	61.3 84.0	80
75+	75.5	69.8 80.4	344	*	*	*	*	*	*	83.9	69.7 92.2	51
50-74	61.1	57.9 64.3	1,394	51.0	43.7 58.3	222	58.6	51.5 65.4	233	54.3	45.8 62.5	188
INCOME												
Less than \$15,000	31.1	23.3 40.2	166	*	*	*	*	*	*	*	*	*
\$15,000 - \$24,999	40.6	33.8 47.8	354	32.1	20.4 46.6	51	53.2	38.6 67.3	54	31.3	20.0 45.2	59
\$25,000 - \$34,999	45.1	37.5 53.0	272	*	*	*	*	*	*	*	*	*
\$35,000 - \$49,999	57.1	49.7 64.2	338	52.2	37.8 66.2	55	*	*	*	57.2	42.5 70.6	62
\$50,000-\$74,999	52.5	45.1 59.7	347	40.2	26.4 55.8	53	59.0	45.8 71.0	72	*	*	*
\$75,000+	50.5	44.2 56.8	450	37.0	24.9 50.9	62	55.1	42.3 67.2	70	*	*	*
EMPLOYMENT												
Employed	38.6	34.8 42.7	1,012	26.8	19.6 35.5	142	46.8	38.4 55.5	155	36.4	27.7 46.1	126
Unemployed	32.0	23.0 42.6	117	*	*	*	*	*	*	*	*	*
Other**	72.3	68.7 75.6	962	62.9	53.9 71.0	153	72.5	64.6 79.3	161	69.8	59.6 78.4	142
EDUCATION												
K-11th Grade	31.6	23.7 40.9	171	*	*	*	*	*	*	*	*	*
12th Grade or GED	42.2	37.1 47.5	621	28.6	19.5 39.7	97	50.2	39.7 60.8	101	46.2	35.2 57.6	98
Some College	54.3	48.7 59.8	550	41.5	31.0 52.9	95	60.4	47.8 71.7	87	59.3	45.3 71.9	73
College Graduate+	54.7	49.5 59.8	755	51.6	41.2 61.9	109	56.8	46.8 66.3	124	46.6	33.8 59.9	75
ETHNICITY												
Non-Hispanic	50.9	47.8 53.9	1,999	39.5	33.7 45.6	316	55.9	49.7 61.9	321	51.4	44.2 58.4	262
Hispanic	24.2	15.1 36.4	81	*	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Prostate Cancer Screening

Idaho males aged 40 and older who had a Prostate Specific Antigen (PSA) test in the past two years, 2010

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL MALES	46.7	39.5	54.0	297	57.9	51.2	64.3	294	57.0	49.9	63.9	256	51.4	45.1	57.7	308
AGE																
40-49	17.6	9.6	30.0	58	*	*	*	*	*	*	*	*	13.7	7.2	24.5	72
50-64	60.6	50.2	70.0	125	55.5	45.9	64.7	133	59.0	48.8	68.5	119	68.3	58.6	76.7	113
65-74	83.4	73.2	90.2	75	89.3	79.3	94.8	58	74.2	60.7	84.2	58	70.9	58.5	80.9	70
75+	*	*	*	*	80.7	68.6	88.9	62	*	*	*	*	66.0	51.5	77.9	53
50-74	66.2	57.8	73.7	200	64.4	56.4	71.7	191	62.7	54.2	70.5	177	69.0	61.2	75.8	183
INCOME																
Less than \$15,000	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
\$15,000 - \$24,999	*	*	*	*	54.9	39.0	69.9	50	*	*	*	*	50.7	36.5	64.8	58
\$25,000 - \$34,999	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
\$35,000 - \$49,999	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
\$50,000-\$74,999	56.4	36.9	74.0	50	*	*	*	*	*	*	*	*	39.0	26.2	53.5	53
\$75,000+	46.3	34.1	59.0	85	55.9	42.1	68.8	64	60.9	46.6	73.5	59	58.0	45.8	69.2	77
EMPLOYMENT																
Employed	35.0	26.9	44.2	153	47.2	38.4	56.2	146	48.7	39.2	58.4	131	45.7	37.4	54.3	159
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	77.7	68.1	85.0	125	82.8	75.3	88.4	137	75.1	65.4	82.8	107	65.0	55.5	73.5	137
EDUCATION																
K-11th Grade	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	32.2	20.6	46.6	67	59.3	46.5	70.9	83	59.2	47.4	70.0	94	38.7	27.8	50.8	81
Some College	55.9	40.7	70.1	68	60.8	48.4	71.9	89	47.4	33.8	61.4	59	56.7	44.5	68.1	79
College Graduate+	53.2	42.6	63.6	148	55.8	43.9	67.0	89	70.1	57.6	80.2	83	58.2	48.4	67.5	127
ETHNICITY																
Non-Hispanic	49.0	41.6	56.5	283	60.6	53.6	67.1	271	58.7	51.5	65.6	246	52.6	46.2	58.8	300
Hispanic	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Visits

Idaho adults with no dental visit in the last 12 months, 2010

	Statewide			Public Health District									
				District 1			District 2			District 3			
	%	95%CI	n	%	95%CI	n	%	95%CI	n	%	95%CI	n	
TOTAL	32.5	30.9 34.2	6,976	37.1	32.9 41.5	998	38.8	34.8 43.0	1,031	40.4	36.1 44.8	958	
SEX													
Male	35.4	32.7 38.1	2,741	39.5	32.9 46.4	404	43.8	37.5 50.4	427	42.9	36.0 50.2	382	
Female	29.6	27.7 31.6	4,235	34.7	29.6 40.2	594	33.6	28.8 38.7	604	37.9	33.0 43.1	576	
AGE													
18-24	24.3	17.9 32.0	182	*	*	*	*	*	*	*	*	*	
25-34	39.0	34.4 43.9	590	36.4	23.8 51.1	52	46.9	35.8 58.4	89	48.5	37.8 59.2	97	
35-44	31.7	27.6 36.1	880	33.4	24.5 43.7	103	33.3	24.3 43.7	105	40.4	31.4 50.2	121	
45-54	32.1	28.9 35.4	1,242	43.9	36.4 51.6	198	35.1	28.0 42.9	185	36.8	28.9 45.5	147	
55-64	30.3	27.6 33.0	1,621	34.5	28.4 41.2	250	37.6	31.4 44.3	255	37.5	30.1 45.5	197	
65+	34.4	32.2 36.6	2,401	35.5	30.4 40.8	374	39.9	34.4 45.6	364	37.5	32.1 43.2	353	
18-34	33.6	29.7 37.8	772	37.5	26.1 50.4	68	43.1	33.2 53.5	110	45.2	35.3 55.6	130	
35-64	31.4	29.4 33.6	3,743	37.5	33.1 42.2	551	35.4	31.0 40.1	545	38.4	33.4 43.6	465	
65+	34.4	32.2 36.6	2,401	35.5	30.4 40.8	374	39.9	34.4 45.6	364	37.5	32.1 43.2	353	
SEX and AGE													
Male													
18-34	37.7	31.4 44.4	295	*	*	*	*	*	*	*	*	*	
35-64	34.3	31.0 37.7	1,520	39.5	32.7 46.8	229	39.3	32.6 46.5	240	43.8	36.2 51.8	195	
65+	35.0	31.6 38.5	911	33.7	26.1 42.3	142	43.9	35.3 52.9	143	41.0	32.3 50.3	139	
Female													
18-34	29.4	25.0 34.3	477	*	*	*	*	35.4	23.7 49.2	67	48.0	36.8 59.3	84
35-64	28.5	26.1 31.1	2,223	35.6	29.9 41.7	322	31.4	26.0 37.3	305	32.9	26.8 39.6	270	
65+	33.9	31.1 36.7	1,490	37.0	30.6 43.8	232	36.4	29.7 43.6	221	34.6	28.1 41.7	214	
INCOME													
Less than \$15,000	51.6	45.6 57.7	737	51.1	37.3 64.8	123	69.4	53.1 82.0	113	62.9	49.3 74.7	120	
\$15,000 - \$24,999	51.4	47.0 55.8	1,206	51.6	40.4 62.7	181	48.9	38.5 59.3	168	52.8	44.0 61.4	197	
\$25,000 - \$34,999	43.6	38.6 48.7	816	48.3	35.8 61.0	122	46.8	33.8 60.2	110	36.4	26.0 48.2	130	
\$35,000 - \$49,999	33.3	29.2 37.5	1,058	40.3	30.4 51.0	165	32.8	23.8 43.4	175	35.6	26.2 46.3	160	
\$50,000-\$74,999	23.4	19.6 27.7	1,023	29.2	19.7 41.0	143	29.8	21.5 39.7	165	34.4	23.2 47.7	111	
\$75,000+	12.1	9.6 15.1	1,195	14.8	9.4 22.6	148	16.7	10.9 24.6	152	24.0	15.3 35.6	94	
EMPLOYMENT													
Employed	29.9	27.5 32.3	3,160	34.9	28.8 41.6	401	34.9	29.4 40.9	483	36.5	30.2 43.2	404	
Unemployed	48.2	41.2 55.2	372	41.7	26.0 59.2	71	*	*	*	*	64.6	50.0 76.8	66
Other**	33.4	31.1 35.8	3,410	38.6	33.1 44.3	521	42.6	36.7 48.8	500	38.5	33.1 44.3	484	
EDUCATION													
K-11th Grade	53.0	46.8 59.1	593	52.2	36.2 67.8	85	67.1	52.9 78.8	92	50.4	39.2 61.6	120	
12th Grade or GED	42.7	39.4 46.1	2,169	43.7	36.1 51.5	315	47.1	39.6 54.7	332	45.4	37.7 53.4	361	
Some College	31.4	28.5 34.4	2,122	40.7	33.1 48.7	329	39.8	32.1 48.2	277	37.1	29.9 44.9	269	
College Graduate+	17.0	14.9 19.2	2,084	17.5	12.8 23.5	269	20.5	15.3 26.9	328	28.3	21.4 36.4	206	
ETHNICITY													
Non-Hispanic	32.0	30.3 33.7	6,618	37.2	32.9 41.7	973	37.7	33.6 41.9	995	40.6	35.9 45.3	867	
Hispanic	37.7	30.9 45.1	310	*	*	*	*	*	*	39.1	27.9 51.6	82	

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Visits

Idaho adults with no dental visit in the last 12 months, 2010

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95%CI		n	%	95%CI		n	%	95%CI		n				
TOTAL	26.3	22.7	30.3	1,019	34.0	29.9	38.4	1,005	29.4	25.8	33.3	961	28.9	24.9	33.2	1,004
SEX																
Male	28.6	22.8	35.1	389	36.4	29.8	43.5	370	33.7	28.0	39.9	365	32.6	26.1	39.8	404
Female	24.0	19.9	28.6	630	31.7	27.0	36.7	635	25.2	21.1	29.8	596	25.3	20.8	30.3	600
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	28.2	17.9	41.5	74	42.8	30.0	56.7	79	41.3	30.9	52.5	100	36.2	26.3	47.3	99
35-44	27.6	20.1	36.6	156	38.9	29.6	49.1	111	34.3	25.6	44.3	136	25.8	19.2	33.7	148
45-54	27.3	20.4	35.5	192	32.1	24.8	40.5	166	28.4	21.1	37.0	165	24.5	18.5	31.8	189
55-64	26.2	20.3	33.0	240	28.5	22.8	35.0	252	25.6	19.8	32.5	213	26.2	20.4	33.1	214
65+	26.1	21.1	31.8	323	40.2	34.7	46.0	360	36.6	30.9	42.7	308	33.2	27.8	39.1	319
18-34	24.2	15.8	35.1	96	31.5	21.7	43.4	103	25.9	18.7	34.6	135	31.3	22.6	41.6	130
35-64	27.2	22.6	32.3	588	33.2	28.6	38.1	529	29.4	24.9	34.3	514	25.5	21.7	29.6	551
65+	26.1	21.1	31.8	323	40.2	34.7	46.0	360	36.6	30.9	42.7	308	33.2	27.8	39.1	319
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	34.6	23.2	48.1	60	*	*	*	*
35-64	29.9	22.9	38.0	230	37.1	30.0	44.8	206	32.8	25.6	40.8	195	24.8	19.4	31.2	225
65+	24.6	17.4	33.6	123	44.0	34.9	53.5	125	34.8	25.8	44.9	109	33.2	25.1	42.5	130
Female																
18-34	21.7	13.1	33.8	63	32.4	21.1	46.1	68	16.8	9.6	27.7	75	21.3	12.9	33.3	82
35-64	24.1	18.9	30.3	358	29.3	23.8	35.5	323	26.1	21.1	31.8	319	26.1	21.2	31.6	326
65+	27.3	20.8	34.9	200	37.1	30.6	44.1	235	38.1	31.1	45.6	199	33.2	26.2	40.9	189
INCOME																
Less than \$15,000	54.4	38.4	69.5	78	41.7	28.2	56.6	117	43.5	30.9	57.1	103	33.2	20.5	49.0	83
\$15,000 - \$24,999	61.9	50.4	72.2	132	47.7	37.2	58.5	186	45.7	35.5	56.3	171	41.8	30.6	54.1	171
\$25,000 - \$34,999	41.5	28.2	56.2	95	45.8	35.0	56.9	127	45.2	33.8	57.2	116	46.8	35.2	58.8	116
\$35,000 - \$49,999	27.7	19.2	38.2	146	34.3	24.3	45.9	130	33.3	24.4	43.5	156	28.7	19.9	39.6	126
\$50,000-\$74,999	18.0	10.8	28.6	161	27.6	18.3	39.3	139	12.0	6.9	19.9	125	19.0	12.7	27.3	179
\$75,000+	9.2	5.2	15.7	256	13.3	8.1	21.1	169	6.3	3.5	11.0	169	13.3	7.8	21.7	207
EMPLOYMENT																
Employed	22.4	17.8	27.8	492	32.1	26.3	38.4	447	26.6	21.7	32.1	447	32.7	26.8	39.2	486
Unemployed	44.7	29.7	60.7	56	43.9	26.7	62.7	56	*	*	*	*	*	*	*	*
Other**	30.7	25.0	37.1	468	34.6	29.1	40.6	501	28.0	23.2	33.4	460	24.6	19.7	30.2	476
EDUCATION																
K-11th Grade	*	*	*	*	53.6	39.0	67.7	112	38.3	24.6	54.1	70	43.5	26.7	62.0	72
12th Grade or GED	44.2	35.5	53.3	239	42.1	33.6	51.1	300	37.8	31.4	44.7	350	35.6	27.3	44.9	272
Some College	27.2	20.8	34.7	301	25.9	20.2	32.5	322	25.0	19.4	31.7	304	28.5	21.8	36.4	320
College Graduate+	11.0	7.9	15.1	436	22.8	16.9	29.9	269	19.3	13.8	26.4	237	18.2	13.8	23.7	339
ETHNICITY																
Non-Hispanic	25.9	22.3	30.0	980	31.5	27.5	35.9	919	29.1	25.4	33.0	918	28.9	24.8	33.4	966
Hispanic	*	*	*	*	47.2	33.0	61.8	80	*	*	*	*	*	*	*	*

*Sample size insufficient for reliable estimate (n<50)

**Other includes students, homemakers, retirees, and persons unable to work

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Appendix A: Trend Tables

Trends of Selected Risk Variables by Public Health District from 2003 Through 2010

The following tables present data for each health district for selected risk variables from the years 2003 through 2010. The following table will help with interpretation of the variable headings.

Variable Heading	Definition	Question/Page in Appendix B
General Health	Adults who reported their general health status as "fair" or "poor"	Q1.1 p. 77
Health Care Coverage	Adults without health care coverage	Q3.1 p. 77
Dental Insurance	Adults without dental insurance	ID2.4 p. 89
Diabetes	Adults who had ever been told they had diabetes	Q6.1 p. 78
Asthma	Adults who were diagnosed and still had asthma	Q9.1-Q9.2 p. 79
Physical Activity	Adults who did not participate in leisure time physical activity	Q5.1 p. 77
Overweight	Adults who were overweight (BMI \geq 25)	Q12.11, Q12.12 p. 81
Obesity	Adults who were obese (BMI \geq 30)	
Cigarette Smoking	Adults who smoked cigarettes	Q11.1-Q11.2 pp. 79-80
Binge Drinking	Males who consumed 5+ drinks and females who consumed 4+ drinks on an occasion	Q13.5 p. 81
Heavy Drinking	Males who consumed 60+ drinks and females who consumed 30+ drinks in the last 30 days	Q13.1-Q13.3 p. 82
Illicit Drug Use	Adults who used illicit drugs in the last 12 months	ID6.1-ID6.2 p. 91
Seat Belt Use	Adults who did not always wear a seat belt	Q16.1 p. 83
Colorectal Cancer Screening	Adults aged 50 and older who ever had a sigmoidoscopy or colonoscopy.	Q20.1-Q20.3 p. 84
Breast Cancer Screening	Females aged 40 and older who have had a mammogram in the last two years	Q18.1-Q18.4 pp. 83-84
Cervical Cancer Screening	Females without hysterectomies who have had a Pap smear in the last three years	Q18.5-Q18.6 p. 84
Prostate Cancer Screening	Males aged 40 and older who have had a PSA test in the last two years	Q19.1-Q19.2 p. 84
Dental Visits	Adults who had not visited the dentist in the last 12 months	Q7.1 p. 79

Trends of Selected Risk Factors

By Public Health District, 2003-2010

	Year															
	2003				2004				2005				2006			
	%	95%CI		n												
Idaho																
General Health	13.6	12.6	14.8	4,813	12.5	11.5	13.6	5,060	14.9	13.7	16.2	5,724	13.9	12.8	15.1	5,337
Health Care Coverage	16.3	15.0	17.7	4,808	15.5	14.3	16.8	5,051	18.9	17.3	20.6	5,716	18.8	17.2	20.4	5,326
Dental Insurance	44.6	42.9	46.3	4,771	43.5	41.8	45.2	5,013	45.7	43.9	47.5	5,390	45.7	43.9	47.5	5,081
Diabetes	6.3	5.5	7.1	4,823	6.2	5.5	6.9	5,070	6.8	6.2	7.6	5,726	6.8	6.1	7.7	5,339
Asthma ¹	8.0	7.1	9.0	4,800	7.9	7.0	8.9	5,041	7.3	6.5	8.2	5,697	9.2	8.2	10.3	5,295
Physical Activity	18.3	17.1	19.7	4,817	18.8	17.5	20.1	5,061	21.6	20.2	23.1	5,722	20.8	19.4	22.2	5,331
Overweight ²	59.3	57.5	61.1	4,583	58.2	56.4	60.0	4,889	61.4	59.5	63.1	5,439	59.7	57.9	61.6	5,091
Obesity	22.0	20.5	23.5	4,583	21.1	19.7	22.5	4,889	24.5	23.1	26.1	5,439	24.1	22.7	25.6	5,091
Cigarette Smoking	18.9	17.6	20.3	4,813	17.4	16.2	18.8	5,054	17.9	16.6	19.4	5,719	16.8	15.5	18.2	5,328
Binge Drinking ^{3,4}	*	*	*	*	*	*	*	*	14.2	12.7	15.8	5,683	14.8	13.4	16.3	5,258
Heavy Drinking ^{3,4}	*	*	*	*	*	*	*	*	4.2	3.6	5.0	5,668	4.9	4.0	5.9	5,223
Illicit Drug Use ⁵	6.5	5.6	7.5	4,802	5.8	4.9	6.8	5,046	5.3	4.3	6.5	5,332	4.1	3.2	5.1	5,084
Seat Belt Use	32.7	31.1	34.4	4,812	*	*	*	*	23.8	22.3	25.4	5,422	26.8	25.2	28.4	5,245
Colorectal Cancer Screening	*	*	*	*	47.5	45.1	49.8	2,435	*	*	*	*	54.2	52.0	56.4	2,686
Breast Cancer Screening ⁶	*	*	*	*	63.7	61.2	66.1	2,048	*	*	*	*	67.3	64.9	69.5	2,199
Cervical Cancer Screening ²	*	*	*	*	79.0	76.8	81.1	2,041	*	*	*	*	77.5	75.1	79.8	2,143
Prostate Cancer Screening	*	*	*	*	48.0	44.8	51.2	1,305	*	*	*	*	51.3	48.2	54.5	1,405
Dental Visits	33.8	32.2	35.5	4,795	33.4	31.8	35.0	5,025	33.5	31.9	35.3	5,481	34.6	32.9	36.3	5,321
District 1																
General Health	16.8	13.9	20.1	681	13.1	10.7	15.9	706	13.4	10.5	16.8	902	15.9	13.2	19.1	748
Health Care Coverage	20.2	17.0	23.9	679	19.6	16.3	23.5	702	21.2	17.1	25.8	902	20.6	16.8	24.9	750
Dental Insurance	50.9	46.7	55.1	678	51.8	47.6	56.0	697	51.9	47.5	56.3	857	46.9	42.4	51.5	718
Diabetes	7.0	5.2	9.4	683	4.6	3.3	6.5	707	6.3	4.9	8.0	901	7.0	5.4	9.2	750
Asthma ¹	8.3	6.4	10.7	676	7.9	6.0	10.4	701	7.4	5.6	9.8	894	11.0	8.0	14.9	739
Physical Activity	19.0	15.9	22.5	683	19.1	16.0	22.6	705	20.8	17.7	24.4	900	16.8	13.8	20.3	749
Overweight ²	59.6	55.3	63.7	649	60.0	55.8	64.1	678	59.4	54.9	63.7	858	62.7	58.1	67.1	723
Obesity	20.4	17.2	24.0	649	21.5	18.2	25.2	678	21.7	18.5	25.2	858	23.7	20.3	27.6	723
Cigarette Smoking	21.7	18.5	25.3	682	20.9	17.7	24.6	703	20.7	17.0	25.0	900	19.2	15.8	23.1	747
Binge Drinking ^{3,4}	*	*	*	*	*	*	*	*	13.2	10.5	16.4	893	17.4	13.9	21.5	740
Heavy Drinking ^{3,4}	*	*	*	*	*	*	*	*	5.2	3.8	7.1	887	6.7	4.8	9.1	731
Illicit Drug Use ⁵	6.7	4.8	9.2	677	5.2	3.5	7.6	701	6.6	4.0	10.7	845	4.6	2.8	7.7	717
Seat Belt Use	30.0	26.2	34.1	683	*	*	*	*	17.5	14.7	20.8	864	22.2	18.5	26.3	737
Colorectal Cancer Screening	*	*	*	*	44.7	39.2	50.4	376	*	*	*	*	54.4	49.0	59.7	423
Breast Cancer Screening ⁶	*	*	*	*	58.9	52.7	64.8	307	*	*	*	*	69.4	63.6	74.7	322
Cervical Cancer Screening ²	*	*	*	*	75.3	69.4	80.4	305	*	*	*	*	79.1	72.3	84.6	294
Prostate Cancer Screening	*	*	*	*	43.5	36.0	51.4	186	*	*	*	*	50.5	43.2	57.7	225
Dental Visits	37.9	33.9	42.0	681	37.5	33.6	41.7	696	38.3	33.9	42.8	869	37.8	33.6	42.2	747

* Indicates data are not available for that year

1 Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

2 Results may differ from previous publications due to revisions in risk factor calculation.

3 Question wording changes make data prior to 2005 not comparable with 2005 and later.

4 Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

5 Question wording changes make data prior to 2002 not comparable with 2002 and later.

6 Prior to 2004, Idaho BRFSS reported all ages. Beginning in 2004, Idaho reports only women aged 40 and older.

Trends of Selected Risk Factors

By Public Health District, 2003-2010

	Year												
	2007			2008			2009			2010			
	%	95% CI	n										
Idaho													
General Health	14.9	13.8 16.2	5,303	14.0	12.9 15.2	5,099	15.2	14.0 16.5	5,382	15.4	14.3 16.7	6,992	
Health Care Coverage	18.9	17.3 20.6	5,299	18.5	16.9 20.4	5,099	18.7	17.1 20.4	5,374	19.1	17.6 20.7	6,989	
Dental Insurance	43.0	41.2 44.9	4,992	43.0	41.0 44.9	4,814	43.5	41.5 45.5	4,963	44.8	43.1 46.6	6,585	
Diabetes	7.9	7.1 8.7	5,306	7.0	6.3 7.8	5,108	8.0	7.2 8.8	5,385	8.0	7.2 8.8	7,001	
Asthma ¹	8.7	7.7 9.8	5,273	8.9	7.8 10.1	5,079	8.4	7.4 9.5	5,356	8.8	7.9 9.8	6,954	
Physical Activity	19.6	18.2 21.0	5,304	21.1	19.7 22.7	5,104	21.0	19.6 22.6	5,380	20.0	18.7 21.3	6,997	
Overweight ²	63.1	61.2 64.9	5,042	62.2	60.2 64.2	4,851	61.3	59.3 63.3	5,151	62.9	61.1 64.7	6,654	
Obesity	25.1	23.6 26.7	5,042	25.2	23.6 26.8	4,851	25.1	23.5 26.8	5,151	26.9	25.3 28.5	6,654	
Cigarette Smoking	19.1	17.6 20.7	5,302	16.9	15.4 18.4	5,095	16.3	14.8 17.9	5,370	15.7	14.4 17.0	6,985	
Binge Drinking ^{3,4}	14.7	13.3 16.3	5,227	13.1	11.8 14.6	5,028	13.0	11.6 14.5	5,251	13.2	11.9 14.6	6,883	
Heavy Drinking ^{3,4}	5.0	4.1 5.9	5,180	4.6	3.9 5.6	5,010	4.6	3.8 5.6	5,235	4.0	3.4 4.7	6,845	
Illicit Drug Use ⁵	5.1	4.1 6.5	4,945	4.1	3.2 5.2	4,797	5.1	4.0 6.6	4,931	4.3	3.5 5.4	6,519	
Seat Belt Use	24.6	22.9 26.4	5,026	23.4	21.8 25.1	5,039	*	*	*	*	23.9	22.3 25.5	6,852
Colorectal Cancer Screening	*	*	*	55.6	53.4 57.8	2,946	*	*	*	*	59.8	58.0 61.6	4,568
Breast Cancer Screening ⁶	67.3	64.9 69.5	2,244	68.1	65.8 70.4	2,316	*	*	*	*	63.8	61.6 66.0	3,333
Cervical Cancer Screening ²	*	*	*	76.9	74.0 79.5	1,980	*	*	*	*	76.3	73.8 78.5	2,518
Prostate Cancer Screening	*	*	*	52.9	49.8 56.0	1,450	*	*	*	*	49.2	46.2 52.2	2,100
Dental Visits	32.3	30.6 34.1	5,018	32.0	30.2 33.9	5,091	29.9	28.1 31.8	4,983	32.5	30.9 34.2	6,976	
District 1													
General Health	13.1	10.7 16.0	769	16.5	13.5 19.9	728	13.5	11.1 16.3	783	15.4	12.6 18.7	998	
Health Care Coverage	18.4	15.0 22.4	767	20.5	16.7 25.0	727	19.8	16.0 24.3	780	21.6	17.7 26.2	1,001	
Dental Insurance	49.2	44.6 53.8	715	48.6	43.9 53.3	685	47.9	43.1 52.8	725	51.5	46.9 56.1	949	
Diabetes	7.0	5.3 9.2	770	6.4	4.8 8.4	729	7.3	5.7 9.5	780	8.6	6.8 10.9	1,002	
Asthma ¹	8.4	6.4 11.1	760	9.5	7.2 12.5	724	9.1	6.6 12.4	777	8.5	6.6 11.0	994	
Physical Activity	18.1	15.2 21.3	769	24.5	20.9 28.6	729	21.9	18.3 25.9	783	20.3	17.1 24.0	1,000	
Overweight ²	60.8	56.3 65.2	735	63.3	58.6 67.8	685	60.5	55.7 65.2	747	65.4	61.0 69.5	955	
Obesity	23.7	20.2 27.5	735	24.3	20.7 28.3	685	24.5	20.5 29.0	747	25.4	21.5 29.8	955	
Cigarette Smoking	23.6	19.9 27.8	765	20.5	16.9 24.7	729	22.6	18.6 27.1	781	20.3	16.4 24.7	998	
Binge Drinking ^{3,4}	17.4	14.1 21.4	753	15.8	12.2 20.1	713	13.8	10.6 17.9	760	16.0	12.6 20.2	978	
Heavy Drinking ^{3,4}	5.1	3.5 7.4	744	6.8	4.9 9.4	710	5.3	3.5 7.8	756	5.6	3.8 8.1	973	
Illicit Drug Use ⁵	4.7	2.8 7.9	705	4.8	2.9 7.8	679	4.5	2.4 8.4	725	6.0	3.6 9.9	942	
Seat Belt Use	22.2	18.3 26.7	717	22.6	18.8 26.9	720	*	*	*	*	23.0	19.0 27.5	981
Colorectal Cancer Screening	*	*	*	54.1	48.9 59.2	437	*	*	*	*	58.3	54.3 62.3	723
Breast Cancer Screening ⁶	68.4	62.8 73.5	340	64.1	58.2 69.6	333	*	*	*	*	64.5	59.5 69.2	509
Cervical Cancer Screening ²	*	*	*	83.9	79.0 87.7	307	*	*	*	*	79.8	74.6 84.2	362
Prostate Cancer Screening	*	*	*	50.3	43.2 57.5	224	*	*	*	*	39.9	34.2 45.9	326
Dental Visits	36.7	32.4 41.2	716	33.7	29.6 38.1	725	34.0	29.5 38.7	725	37.1	32.9 41.5	998	

* Indicates data are not available for that year

1 Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

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3 Question wording changes make data prior to 2005 not comparable with 2005 and later.

4 Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

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6 Prior to 2004, Idaho BRFSS reported all ages. Beginning in 2004, Idaho reports only women aged 40 and older.

Trends of Selected Risk Factors

By Public Health District, 2003-2010

	Year											
	2003			2004			2005			2006		
	%	95% CI	n									
District 2												
General Health	15.0	12.3 18.1	656	16.8	13.9 20.1	737	16.7	14.0 19.8	791	15.9	13.0 19.3	746
Health Care Coverage	15.9	12.8 19.5	658	15.9	12.9 19.4	736	22.5	18.6 26.9	785	21.8	17.1 27.3	743
Dental Insurance	49.5	45.1 53.9	652	49.8	45.7 54.0	729	54.6	50.2 58.9	744	52.5	47.7 57.3	709
Diabetes	5.8	4.2 8.0	658	6.7	4.9 9.1	737	6.9	5.1 9.1	791	6.8	5.2 8.9	746
Asthma ¹	7.3	5.4 9.8	655	7.7	5.8 10.1	732	7.4	5.4 10.0	785	7.0	5.3 9.3	742
Physical Activity	16.7	13.9 20.1	657	16.3	13.7 19.4	734	23.9	20.2 28.0	791	22.2	18.5 26.3	745
Overweight ²	59.4	54.9 63.8	625	59.1	54.8 63.2	710	61.1	56.8 65.2	744	61.7	56.5 66.7	717
Obesity	20.8	17.6 24.5	625	20.9	17.8 24.3	710	24.9	21.4 28.7	744	23.1	19.6 27.0	717
Cigarette Smoking	17.5	14.4 21.1	658	18.6	15.7 21.9	737	19.3	15.7 23.4	785	21.8	17.3 27.0	745
Binge Drinking ^{3,4}	*	* *	*	*	* *	*	13.6	10.8 17.0	783	19.6	15.2 24.9	727
Heavy Drinking ^{3,4}	*	* *	*	*	* *	*	4.5	3.1 6.5	786	5.3	3.4 8.2	719
Illicit Drug Use ⁵	7.3	5.1 10.4	655	5.5	3.7 8.2	733	4.4	2.7 7.0	737	4.0	2.0 7.8	717
Seat Belt Use	30.7	26.7 35.1	655	*	* *	*	27.3	23.5 31.5	750	25.9	21.5 30.8	730
Colorectal Cancer Screening	*	* *	*	53.9	48.1 59.7	353	*	* *	*	60.4	55.1 65.5	398
Breast Cancer Screening ⁶	*	* *	*	65.9	59.8 71.5	293	*	* *	*	67.2	61.2 72.7	304
Cervical Cancer Screening ²	*	* *	*	78.2	72.3 83.1	293	*	* *	*	74.7	67.2 80.9	287
Prostate Cancer Screening	*	* *	*	49.3	41.7 56.9	209	*	* *	*	47.0	40.2 54.0	233
Dental Visits	37.4	33.2 41.8	655	36.4	32.5 40.5	731	37.3	33.0 41.8	754	39.6	35.0 44.4	741
District 3												
General Health	16.8	13.9 20.2	677	15.7	13.0 18.7	708	17.9	14.8 21.5	783	18.4	15.6 21.7	788
Health Care Coverage	22.6	19.0 26.7	677	18.9	15.6 22.6	708	25.7	21.5 30.4	785	23.5	19.9 27.5	783
Dental Insurance	48.8	44.5 53.1	674	46.7	42.5 51.0	704	48.4	43.9 52.9	735	46.0	41.8 50.2	751
Diabetes	7.7	5.8 10.3	679	7.2	5.5 9.5	710	8.4	6.5 10.8	785	7.9	6.1 10.2	788
Asthma ¹	7.9	5.9 10.6	678	9.5	7.4 12.2	707	8.1	6.2 10.5	780	8.3	6.3 10.8	786
Physical Activity	20.6	17.4 24.2	676	27.3	23.4 31.5	710	27.7	23.9 31.8	785	25.0	21.7 28.6	786
Overweight ²	61.5	57.1 65.8	637	60.1	55.7 64.4	682	68.0	63.5 72.2	749	61.1	56.8 65.4	739
Obesity	24.4	21.0 28.3	637	24.0	20.6 27.8	682	29.9	26.1 34.0	749	27.5	24.0 31.3	739
Cigarette Smoking	21.8	18.5 25.5	676	19.7	16.6 23.2	707	21.8	18.0 26.2	786	20.9	17.7 24.5	785
Binge Drinking ^{3,4}	*	* *	*	*	* *	*	13.3	10.4 17.0	777	10.4	8.1 13.2	775
Heavy Drinking ^{3,4}	*	* *	*	*	* *	*	3.4	2.1 5.5	775	3.1	1.9 5.0	764
Illicit Drug Use ⁵	6.3	4.3 9.1	676	5.5	3.7 8.1	708	6.7	3.9 11.2	728	3.6	2.2 5.9	754
Seat Belt Use	31.7	27.7 35.9	677	*	* *	*	21.4	18.0 25.3	739	23.9	20.4 27.8	772
Colorectal Cancer Screening	*	* *	*	43.7	38.0 49.5	338	*	* *	*	49.5	44.0 55.0	370
Breast Cancer Screening ⁶	*	* *	*	60.7	54.2 66.9	282	*	* *	*	63.6	57.3 69.5	303
Cervical Cancer Screening ²	*	* *	*	83.5	77.0 88.5	264	*	* *	*	76.3	69.7 81.8	308
Prostate Cancer Screening	*	* *	*	44.1	36.3 52.1	168	*	* *	*	53.2	45.5 60.7	193
Dental Visits	41.5	37.3 45.8	673	38.6	34.5 42.9	707	39.9	35.5 44.5	753	41.7	37.6 45.9	786

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4 Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

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6 Prior to 2004, Idaho BRFSS reported all ages. Beginning in 2004, Idaho reports only women aged 40 and older.

Trends of Selected Risk Factors

By Public Health District, 2003-2010

	Year													
	2007			2008			2009			2010				
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n		
District 2														
General Health	17.9	14.5 21.7	776	16.5	13.7 19.8	751	17.8	14.7 21.6	809	16.6	13.9 19.8	1,031		
Health Care Coverage	15.5	12.0 19.9	776	16.2	12.8 20.2	750	20.6	16.0 26.0	809	17.0	13.6 20.9	1,032		
Dental Insurance	44.5	39.6 49.4	732	46.1	41.5 50.7	708	46.6	41.2 52.1	742	46.6	42.4 50.9	973		
Diabetes	8.2	6.3 10.4	777	7.9	6.1 10.1	754	8.4	6.6 10.6	810	8.7	7.0 10.6	1,033		
Asthma ¹	8.0	5.9 10.9	772	11.5	9.0 14.6	752	11.8	8.1 16.8	804	9.4	7.4 11.7	1,027		
Physical Activity	20.7	17.3 24.6	777	21.2	17.9 25.0	752	22.2	18.7 26.2	809	22.4	19.2 26.0	1,031		
Overweight ²	64.6	59.5 69.4	741	63.5	58.8 67.9	717	63.6	58.1 68.7	770	66.7	62.5 70.7	983		
Obesity	27.1	23.1 31.4	741	28.1	24.3 32.2	717	27.5	23.0 32.6	770	28.8	25.1 32.7	983		
Cigarette Smoking	19.4	15.5 23.9	778	18.3	15.0 22.0	748	15.8	12.7 19.4	805	19.7	16.3 23.5	1,033		
Binge Drinking ^{3,4}	15.8	12.1 20.3	766	17.5	14.1 21.5	741	19.9	15.6 25.0	782	17.4	14.0 21.4	1,007		
Heavy Drinking ^{3,4}	4.6	3.0 6.9	752	5.5	3.8 7.9	739	8.3	5.5 12.5	782	5.3	3.9 7.3	1,003		
Illicit Drug Use ⁵	6.0	3.4 10.5	729	2.7	1.5 5.0	709	7.3	3.9 13.3	737	4.2	2.3 7.5	962		
Seat Belt Use	23.6	19.6 28.0	737	24.3	20.5 28.5	746	*	*	*	*	25.2	21.5 29.1	1,009	
Colorectal Cancer Screening	*	*	*	*	61.6	56.4 66.6	450	*	*	*	*	62.3	58.2 66.3	694
Breast Cancer Screening ⁶	68.8	63.2 73.8	338	66.0	60.2 71.4	345	*	*	*	*	62.0	56.8 66.9	481	
Cervical Cancer Screening ²	*	*	*	*	82.4	76.7 86.9	274	*	*	*	*	75.1	69.0 80.4	341
Prostate Cancer Screening	*	*	*	*	51.5	44.4 58.5	233	*	*	*	*	55.6	49.5 61.6	334
Dental Visits	41.0	36.2 46.0	737	35.9	31.7 40.4	748	37.7	32.6 43.1	746	38.8	34.8 43.0	1,031		
District 3														
General Health	16.0	13.3 19.3	747	16.5	13.5 20.1	749	20.9	17.3 25.0	741	19.3	16.3 22.8	961		
Health Care Coverage	24.1	19.9 29.0	745	25.4	20.9 30.5	750	23.9	19.7 28.6	740	25.7	21.8 30.1	960		
Dental Insurance	46.4	41.7 51.2	709	48.5	43.5 53.5	702	48.8	43.7 53.9	679	49.3	44.8 53.8	891		
Diabetes	9.3	7.3 11.8	746	7.1	5.5 9.1	749	8.8	6.9 11.3	741	8.7	6.9 11.1	959		
Asthma ¹	8.5	6.5 11.0	744	10.3	7.7 13.6	743	7.4	5.1 10.5	738	8.3	6.4 10.6	955		
Physical Activity	23.2	19.7 27.2	748	25.6	21.9 29.7	748	26.0	21.9 30.6	742	22.7	19.7 26.1	961		
Overweight ²	67.1	62.3 71.6	713	67.2	62.3 71.7	712	66.0	60.9 70.7	716	70.2	65.8 74.2	909		
Obesity	29.5	25.6 33.7	713	31.0	26.5 35.9	712	30.6	26.1 35.5	716	26.6	23.1 30.4	909		
Cigarette Smoking	20.6	16.8 25.0	749	17.7	14.3 21.7	748	18.8	15.3 22.9	739	19.7	16.5 23.4	960		
Binge Drinking ^{3,4}	13.4	10.0 17.8	734	11.2	8.4 14.7	735	13.4	10.1 17.7	725	11.6	8.9 14.9	947		
Heavy Drinking ^{3,4}	4.9	3.4 7.0	731	3.8	2.5 5.8	736	3.2	1.7 5.6	725	3.2	1.9 5.4	940		
Illicit Drug Use ⁵	3.8	1.9 7.3	702	3.2	1.7 5.7	699	5.5	3.2 9.5	674	5.0	3.1 8.0	884		
Seat Belt Use	22.3	18.6 26.6	716	20.0	16.1 24.7	739	*	*	*	*	22.9	19.0 27.4	935	
Colorectal Cancer Screening	*	*	*	*	52.3	46.8 57.7	428	*	*	*	*	52.5	47.8 57.2	603
Breast Cancer Screening ⁶	63.4	57.3 69.1	312	61.5	55.4 67.3	356	*	*	*	*	64.3	58.6 69.6	425	
Cervical Cancer Screening ²	*	*	*	*	71.1	62.0 78.7	281	*	*	*	*	71.3	64.6 77.2	325
Prostate Cancer Screening	*	*	*	*	52.0	43.8 60.2	180	*	*	*	*	48.0	41.2 54.8	285
Dental Visits	32.7	28.6 37.1	715	38.6	33.9 43.5	748	37.9	33.0 43.2	684	40.4	36.1 44.8	958		

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Trends of Selected Risk Factors

By Public Health District, 2003-2010

	Year											
	2003			2004			2005			2006		
	%	95% CI	n									
District 4												
General Health	11.0	8.6 13.8	681	9.1	7.1 11.5	753	13.5	10.8 16.7	784	10.4	8.0 13.5	776
Health Care Coverage	11.2	8.7 14.3	680	11.7	9.3 14.7	753	12.9	9.4 17.4	783	16.3	12.8 20.7	775
Dental Insurance	32.7	28.8 36.7	672	33.8	29.9 38.0	748	34.0	29.6 38.6	735	38.0	33.6 42.6	736
Diabetes	4.9	3.3 7.1	683	4.3	3.0 6.1	754	6.0	4.5 7.9	786	6.6	4.9 8.9	776
Asthma ¹	8.9	6.7 11.7	681	7.9	5.9 10.5	748	5.7	4.1 7.7	782	9.5	7.2 12.3	769
Physical Activity	16.7	13.8 20.0	683	14.0	11.5 16.9	753	17.3	14.0 21.0	784	17.3	14.3 20.9	774
Overweight ²	56.6	52.2 60.9	646	54.3	50.0 58.6	737	58.3	53.8 62.8	750	57.4	52.9 61.8	737
Obesity	19.9	16.5 23.7	646	16.8	14.0 20.1	737	22.6	19.2 26.4	750	22.1	18.8 25.7	737
Cigarette Smoking	18.2	15.2 21.7	681	15.6	12.7 19.0	753	16.2	13.3 19.7	785	15.3	12.4 18.9	775
Binge Drinking ^{3,4}	*	*	*	*	*	*	19.6	15.7 24.3	782	18.0	14.5 22.1	762
Heavy Drinking ^{3,4}	*	*	*	*	*	*	5.2	3.7 7.2	780	5.7	3.6 9.0	763
Illicit Drug Use ⁵	7.9	5.6 10.9	681	7.5	5.3 10.6	748	4.8	2.9 7.9	725	5.3	3.3 8.4	728
Seat Belt Use	26.0	22.2 30.1	683	*	*	*	19.0	15.6 23.0	741	19.7	16.3 23.5	766
Colorectal Cancer Screening	*	*	*	52.3	46.2 58.4	313	*	*	*	60.0	54.2 65.5	366
Breast Cancer Screening ⁶	*	*	*	72.9	66.9 78.1	287	*	*	*	70.4	64.6 75.7	332
Cervical Cancer Screening ²	*	*	*	87.2	82.3 91.0	316	*	*	*	84.2	79.2 88.1	345
Prostate Cancer Screening	*	*	*	54.1	46.0 61.9	178	*	*	*	51.3	43.2 59.3	179
Dental Visits	25.9	22.4 29.8	680	28.8	25.1 32.8	752	26.2	22.5 30.3	750	27.1	23.3 31.4	773
District 5												
General Health	11.9	9.4 14.9	710	13.5	11.0 16.6	685	16.7	14.0 19.8	922	15.1	12.1 18.8	753
Health Care Coverage	20.7	17.2 24.6	707	16.8	13.6 20.6	683	24.7	21.1 28.6	923	24.2	19.9 29.1	752
Dental Insurance	55.4	51.1 59.7	700	51.9	47.5 56.2	679	57.3	53.2 61.2	867	59.7	55.1 64.1	717
Diabetes	5.8	4.1 8.2	711	7.0	5.2 9.4	687	7.3	5.8 9.3	924	5.5	4.0 7.5	754
Asthma ¹	7.2	5.4 9.4	706	8.4	6.3 11.1	686	8.4	6.2 11.1	920	8.7	6.7 11.4	749
Physical Activity	20.5	17.3 24.0	711	24.0	20.5 27.8	687	24.4	21.2 28.0	922	25.7	21.7 30.1	753
Overweight ²	59.7	55.3 64.0	672	60.6	56.3 64.8	661	62.1	58.2 65.9	873	58.9	54.2 63.4	717
Obesity	22.3	18.9 26.2	672	21.6	18.3 25.4	661	23.1	19.9 26.7	873	24.5	20.9 28.5	717
Cigarette Smoking	21.0	17.7 24.8	709	20.0	16.6 23.9	685	20.5	17.4 24.1	921	18.3	14.8 22.3	753
Binge Drinking ^{3,4}	*	*	*	*	*	*	12.5	9.7 15.9	917	18.2	14.4 22.8	747
Heavy Drinking ^{3,4}	*	*	*	*	*	*	4.0	2.5 6.3	915	7.6	5.1 11.2	742
Illicit Drug Use ⁵	6.2	4.2 9.1	709	5.3	3.4 8.1	684	5.3	3.6 7.7	862	3.8	2.3 6.2	713
Seat Belt Use	35.8	31.7 40.1	709	*	*	*	25.0	21.6 28.6	875	34.8	30.4 39.5	742
Colorectal Cancer Screening	*	*	*	49.8	44.0 55.6	353	*	*	*	51.9	46.4 57.3	414
Breast Cancer Screening ⁶	*	*	*	58.8	52.4 64.8	294	*	*	*	65.5	59.7 70.8	348
Cervical Cancer Screening ²	*	*	*	72.3	65.8 78.0	272	*	*	*	80.0	73.1 85.4	315
Prostate Cancer Screening	*	*	*	45.2	37.4 53.1	178	*	*	*	50.3	42.6 58.0	192
Dental Visits	37.3	33.2 41.5	705	38.2	34.0 42.5	678	39.5	35.7 43.5	879	43.2	38.6 47.9	752

* Indicates data are not available for that year

1 Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

2 Results may differ from previous publications due to revisions in risk factor calculation.

3 Question wording changes make data prior to 2005 not comparable with 2005 and later.

4 Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

5 Question wording changes make data prior to 2002 not comparable with 2002 and later.

6 Prior to 2004, Idaho BRFSS reported all ages. Beginning in 2004, Idaho reports only women aged 40 and older.

Trends of Selected Risk Factors

By Public Health District, 2003-2010

	Year											
	2007			2008			2009			2010		
	%	95% CI	n									
District 4												
General Health	11.7	9.4 14.4	752	11.5	9.3 14.3	751	11.5	9.1 14.4	776	13.1	10.6 16.0	1,021
Health Care Coverage	15.9	12.3 20.2	751	16.5	12.8 21.1	750	13.2	10.0 17.2	775	14.8	11.8 18.2	1,017
Dental Insurance	33.5	29.3 37.9	716	31.6	27.4 36.2	710	31.7	27.3 36.4	724	34.7	30.9 38.8	967
Diabetes	7.2	5.5 9.2	752	6.0	4.6 8.0	751	6.4	4.9 8.2	777	6.8	5.2 8.9	1,021
Asthma ¹	9.4	7.0 12.5	747	9.9	7.3 13.2	750	6.5	4.8 8.7	772	11.1	8.7 14.0	1,012
Physical Activity	16.4	13.3 19.9	752	15.5	12.6 18.9	751	15.1	12.3 18.4	772	14.4	12.0 17.2	1,021
Overweight ²	64.2	59.7 68.6	715	59.4	54.7 64.0	720	57.7	52.9 62.4	751	59.2	55.0 63.3	968
Obesity	22.9	19.3 27.0	715	21.1	17.8 24.9	720	22.1	18.7 25.9	751	25.0	21.4 29.0	968
Cigarette Smoking	17.5	14.1 21.6	751	18.3	14.8 22.3	749	14.4	11.2 18.4	775	12.9	10.4 15.9	1,017
Binge Drinking ^{3,4}	16.8	13.2 21.1	734	15.0	11.8 18.8	738	14.9	11.6 18.9	761	15.2	12.2 18.9	1,002
Heavy Drinking ^{3,4}	5.4	3.5 8.3	729	6.2	4.2 9.0	734	5.4	3.5 8.2	755	4.4	3.1 6.2	996
Illicit Drug Use ⁵	6.6	4.0 10.7	700	6.3	4.0 10.0	708	5.6	3.1 10.0	715	4.4	2.7 7.1	954
Seat Belt Use	20.7	16.8 25.2	720	14.7	11.6 18.5	736	*	*	*	16.1	13.0 19.9	998
Colorectal Cancer Screening	*	*	*	64.4	58.9 69.5	406	*	*	*	67.2	62.6 71.5	637
Breast Cancer Screening ⁶	69.9	64.2 75.0	333	76.5	71.0 81.2	332	*	*	*	66.2	60.4 71.4	492
Cervical Cancer Screening ²	*	*	*	82.4	76.7 87.0	304	*	*	*	81.9	76.9 86.0	379
Prostate Cancer Screening	*	*	*	58.4	50.6 65.8	205	*	*	*	46.7	39.5 54.0	297
Dental Visits	25.3	21.4 29.7	716	26.8	22.7 31.3	750	19.4	15.9 23.5	727	26.3	22.7 30.3	1,019
District 5												
General Health	19.1	15.9 22.7	755	13.1	10.7 15.9	724	16.4	13.4 20.0	738	18.9	15.5 22.8	1,010
Health Care Coverage	24.7	20.7 29.1	755	21.2	17.2 26.0	727	23.3	19.0 28.2	735	21.9	18.1 26.3	1,012
Dental Insurance	55.0	50.5 59.5	700	49.5	44.7 54.2	680	54.0	49.1 58.8	684	54.4	49.8 58.9	944
Diabetes	10.0	7.8 12.7	755	7.7	5.9 9.8	726	9.1	7.2 11.5	738	7.6	6.1 9.4	1,014
Asthma ¹	7.6	5.6 10.2	755	7.1	5.3 9.4	723	8.1	6.2 10.6	734	7.4	5.8 9.4	1,009
Physical Activity	24.4	20.8 28.3	755	23.3	19.5 27.6	725	23.3	19.5 27.5	736	26.6	22.8 30.8	1,014
Overweight ²	62.9	58.3 67.4	709	62.8	58.0 67.2	679	62.1	57.0 66.9	690	60.9	56.1 65.4	953
Obesity	26.3	22.7 30.2	709	22.8	19.4 26.7	679	23.4	19.8 27.6	690	30.3	26.1 34.9	953
Cigarette Smoking	23.0	19.3 27.1	754	16.1	12.6 20.3	725	16.6	12.9 21.1	738	14.4	11.2 18.3	1,010
Binge Drinking ^{3,4}	13.5	10.6 17.2	744	11.9	8.6 16.2	715	10.4	7.4 14.4	720	12.2	9.1 16.3	1,003
Heavy Drinking ^{3,4}	5.8	3.7 9.0	740	3.3	2.2 4.9	709	3.2	1.9 5.4	719	3.4	2.3 5.2	996
Illicit Drug Use ⁵	4.9	2.9 8.2	694	2.8	1.5 5.1	673	5.2	2.6 10.0	679	2.2	1.1 4.3	931
Seat Belt Use	25.7	21.7 30.1	706	27.2	23.2 31.6	716	*	*	*	25.3	21.5 29.5	992
Colorectal Cancer Screening	*	*	*	50.8	45.6 56.0	433	*	*	*	56.4	52.0 60.7	692
Breast Cancer Screening ⁶	66.3	60.6 71.5	347	63.8	57.9 69.3	334	*	*	*	63.9	58.8 68.8	505
Cervical Cancer Screening ²	*	*	*	77.6	71.5 82.7	279	*	*	*	77.5	72.0 82.3	396
Prostate Cancer Screening	*	*	*	55.2	47.3 62.9	212	*	*	*	57.9	51.2 64.3	294
Dental Visits	34.1	29.9 38.6	703	36.2	31.8 40.8	726	36.3	31.6 41.2	686	34.0	29.9 38.4	1,005

* Indicates data are not available for that year

1 Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status.

2 Results may differ from previous publications due to revisions in risk factor calculation.

3 Question wording changes make data prior to 2005 not comparable with 2005 and later.

4 Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

5 Question wording changes make data prior to 2002 not comparable with 2002 and later.

6 Prior to 2004, Idaho BRFSS reported all ages. Beginning in 2004, Idaho reports only women aged 40 and older.

Trends of Selected Risk Factors

By Public Health District, 2003-2010

	Year											
	2003			2004			2005			2006		
	%	95% CI	n									
District 6												
General Health	14.4	11.8 17.5	693	14.1	11.7 17.0	756	15.7	13.0 18.9	757	12.6	10.3 15.2	768
Health Care Coverage	13.8	11.1 17.1	692	14.0	11.2 17.5	755	15.1	11.9 18.9	755	13.2	10.7 16.3	765
Dental Insurance	46.2	41.9 50.4	684	41.5	37.5 45.7	751	44.1	39.8 48.6	723	40.6	36.5 44.7	726
Diabetes	8.2	6.2 10.7	693	8.9	7.1 11.2	759	7.1	5.4 9.1	757	6.9	5.3 8.8	768
Asthma ¹	8.8	6.7 11.5	690	6.7	5.1 8.7	753	6.7	5.1 8.7	754	8.8	6.9 11.1	757
Physical Activity	20.1	16.8 23.9	692	17.2	14.6 20.3	757	21.0	17.8 24.5	757	21.8	18.7 25.2	765
Overweight ²	61.3	57.0 65.5	665	57.8	53.5 62.1	726	63.5	58.9 67.8	713	61.7	57.3 65.8	736
Obesity	26.6	22.9 30.8	665	21.7	18.7 25.1	726	28.5	24.4 33.0	713	27.2	23.7 31.0	736
Cigarette Smoking	17.7	14.8 21.1	693	16.6	13.7 19.9	754	15.9	13.1 19.2	758	15.0	12.3 18.2	764
Binge Drinking ^{3,4}	*	*	*	*	*	*	12.6	9.6 16.5	752	10.4	7.9 13.5	754
Heavy Drinking ^{3,4}	*	*	*	*	*	*	2.5	1.6 4.0	752	2.9	1.8 4.7	757
Illicit Drug Use ⁵	5.8	4.0 8.3	690	3.1	2.0 4.9	755	6.2	3.7 10.3	707	3.8	2.2 6.6	730
Seat Belt Use	41.0	36.8 45.3	692	*	*	*	32.5	28.3 37.0	721	37.1	33.1 41.4	750
Colorectal Cancer Screening	*	*	*	36.3	31.1 41.7	367	*	*	*	46.2	40.8 51.7	379
Breast Cancer Screening ⁶	*	*	*	64.6	58.5 70.3	310	*	*	*	64.1	58.0 69.7	310
Cervical Cancer Screening ²	*	*	*	76.2	69.5 81.8	296	*	*	*	74.1	66.6 80.5	269
Prostate Cancer Screening	*	*	*	44.4	37.1 51.9	200	*	*	*	54.5	47.2 61.7	202
Dental Visits	35.6	31.6 39.8	689	32.3	28.6 36.3	751	32.1	28.0 36.5	735	32.4	28.6 36.4	764
District 7												
General Health	12.2	10.0 14.8	715	10.5	8.4 13.0	715	12.6	10.3 15.4	785	12.2	9.8 15.1	758
Health Care Coverage	13.6	10.8 17.0	715	14.9	12.0 18.3	714	16.3	13.4 19.6	783	14.0	11.0 17.5	758
Dental Insurance	43.0	38.7 47.4	711	41.1	37.0 45.4	705	46.0	41.6 50.4	729	47.9	43.4 52.3	724
Diabetes	5.8	4.1 8.0	716	7.2	5.4 9.4	716	6.7	5.1 8.7	782	7.0	5.3 9.1	757
Asthma ¹	6.0	4.4 8.1	714	6.5	4.8 8.7	714	9.1	6.7 12.2	782	9.6	7.3 12.7	753
Physical Activity	15.7	13.1 18.7	715	16.6	13.7 20.0	715	21.1	18.0 24.7	783	21.4	17.9 25.3	759
Overweight ²	60.0	55.5 64.3	689	60.4	55.9 64.7	695	59.7	55.2 64.0	752	57.5	52.8 62.0	722
Obesity	21.4	17.8 25.4	689	25.9	22.2 30.0	695	23.2	19.9 26.8	752	22.7	19.4 26.4	722
Cigarette Smoking	13.5	10.9 16.7	714	12.2	9.8 15.1	715	12.1	9.8 14.8	784	9.3	7.3 11.8	759
Binge Drinking ^{3,4}	*	*	*	*	*	*	7.6	5.8 9.9	779	7.5	5.7 9.8	753
Heavy Drinking ^{3,4}	*	*	*	*	*	*	3.6	2.4 5.3	773	2.1	1.3 3.2	747
Illicit Drug Use ⁵	3.4	2.0 5.7	714	5.6	3.7 8.5	717	3.2	2.0 5.1	728	1.8	0.8 3.7	725
Seat Belt Use	43.0	38.7 47.5	713	*	*	*	34.0	29.8 38.4	732	35.9	31.7 40.2	748
Colorectal Cancer Screening	*	*	*	50.1	44.2 55.9	335	*	*	*	53.6	47.7 59.5	336
Breast Cancer Screening ⁶	*	*	*	55.4	48.7 61.8	275	*	*	*	66.8	60.5 72.5	280
Cervical Cancer Screening ²	*	*	*	69.1	61.8 75.5	295	*	*	*	65.0	57.3 71.9	325
Prostate Cancer Screening	*	*	*	51.0	43.3 58.8	186	*	*	*	51.8	43.9 59.7	181
Dental Visits	29.8	25.9 34.1	712	26.8	23.2 30.6	710	29.6	25.8 33.7	741	29.0	25.1 33.3	758

* Indicates data are not available for that year

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4 Prior to 2005, Idaho BRFS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

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6 Prior to 2004, Idaho BRFS reported all ages. Beginning in 2004, Idaho reports only women aged 40 and older.

Trends of Selected Risk Factors

By Public Health District, 2003-2010

	Year											
	2007			2008			2009			2010		
	%	95% CI	n									
District 6												
General Health	18.0	14.9 21.6	755	14.2	11.5 17.3	704	17.8	14.5 21.8	777	15.7	13.2 18.7	965
Health Care Coverage	18.4	14.8 22.6	754	14.2	10.6 18.6	703	15.7	12.4 19.7	777	17.6	14.3 21.5	963
Dental Insurance	41.9	37.4 46.4	713	43.7	38.4 49.1	664	44.8	40.1 49.6	711	49.5	45.1 53.8	916
Diabetes	8.3	6.5 10.5	756	8.9	6.8 11.5	704	10.2	7.9 13.1	778	9.1	7.3 11.4	966
Asthma ¹	7.5	5.4 10.2	748	6.5	4.6 9.2	699	9.2	6.5 12.8	775	7.3	5.7 9.4	957
Physical Activity	21.5	18.3 25.1	751	22.3	18.5 26.6	704	23.3	19.8 27.2	778	23.3	20.0 26.9	965
Overweight ²	61.7	57.0 66.2	722	65.1	59.6 70.2	674	63.0	58.2 67.6	746	61.1	56.5 65.4	922
Obesity	24.6	21.0 28.7	722	32.9	28.2 38.1	674	27.0	23.3 31.1	746	30.1	26.3 34.1	922
Cigarette Smoking	19.1	15.7 23.2	754	12.0	9.3 15.4	701	14.7	11.5 18.6	776	14.7	11.8 18.1	966
Binge Drinking ^{3,4}	15.0	11.4 19.5	747	8.6	6.2 11.9	698	8.9	6.4 12.4	761	9.3	7.0 12.1	949
Heavy Drinking ^{3,4}	6.0	3.5 10.0	741	2.6	1.4 4.8	695	3.6	2.0 6.3	757	4.6	3.0 7.1	946
Illicit Drug Use ⁵	5.7	3.1 10.3	709	3.8	1.8 7.7	665	4.6	2.7 7.9	707	3.2	1.9 5.4	910
Seat Belt Use	32.8	28.4 37.5	716	38.5	33.2 44.1	695	*	*	*	32.6	28.7 36.8	947
Colorectal Cancer Screening	*	*	*	48.8	43.5 54.2	425	*	*	*	56.1	51.5 60.7	602
Breast Cancer Screening ⁶	66.6	60.5 72.3	306	71.4	65.7 76.6	338	*	*	*	63.6	58.4 68.5	459
Cervical Cancer Screening ²	*	*	*	68.1	57.8 76.9	274	*	*	*	68.2	59.8 75.5	347
Prostate Cancer Screening	*	*	*	51.1	43.1 59.1	190	*	*	*	57.0	49.9 63.9	256
Dental Visits	35.3	31.0 39.9	717	30.4	25.9 35.3	699	28.3	24.2 32.7	714	29.4	25.8 33.3	961
District 7												
General Health	14.9	11.6 18.7	749	12.6	10.0 15.8	692	13.5	10.9 16.5	758	11.7	9.6 14.2	1,006
Health Care Coverage	16.7	13.2 21.0	751	14.6	11.0 19.0	692	20.6	16.6 25.2	758	17.7	13.9 22.2	1,004
Dental Insurance	42.0	37.4 46.8	707	46.6	41.2 52.1	665	46.9	42.1 51.8	698	41.1	36.5 45.8	945
Diabetes	6.3	4.8 8.1	750	7.1	5.5 9.1	695	8.2	6.3 10.6	761	7.7	6.0 9.7	1,006
Asthma ¹	10.5	7.7 14.1	747	6.0	4.3 8.3	688	10.8	8.2 14.2	756	6.5	5.0 8.5	1,000
Physical Activity	16.9	14.0 20.3	752	21.1	17.4 25.4	695	22.8	19.2 26.9	760	18.5	15.3 22.2	1,005
Overweight ²	58.4	53.3 63.3	707	56.8	51.1 62.3	664	61.4	56.5 66.0	731	60.2	55.1 65.2	964
Obesity	24.4	20.8 28.4	707	21.4	17.9 25.4	664	24.6	20.9 28.8	731	26.6	22.8 30.8	964
Cigarette Smoking	11.5	9.1 14.5	751	12.2	9.1 16.1	695	11.4	8.5 15.0	756	11.2	8.9 14.1	1,001
Binge Drinking ^{3,4}	8.7	6.5 11.4	749	10.8	7.7 15.0	688	8.5	6.1 11.8	742	9.0	6.5 12.3	997
Heavy Drinking ^{3,4}	2.3	1.4 3.7	743	2.1	1.1 4.0	687	3.8	2.2 6.6	741	1.5	0.9 2.6	991
Illicit Drug Use ⁵	3.3	1.8 5.8	706	1.3	0.7 2.6	664	3.0	1.8 5.0	694	4.1	2.2 7.3	936
Seat Belt Use	31.5	27.1 36.3	714	31.3	26.8 36.2	687	*	*	*	34.7	30.0 39.6	990
Colorectal Cancer Screening	*	*	*	50.0	44.4 55.7	367	*	*	*	59.7	55.2 64.1	617
Breast Cancer Screening ⁶	65.7	59.1 71.7	268	65.2	58.8 71.1	278	*	*	*	57.3	52.1 62.3	462
Cervical Cancer Screening ²	*	*	*	66.3	56.1 75.3	261	*	*	*	71.7	63.5 78.7	368
Prostate Cancer Screening	*	*	*	45.8	38.4 53.3	206	*	*	*	51.4	45.1 57.7	308
Dental Visits	32.9	28.4 37.8	714	28.8	24.3 33.8	695	30.7	26.2 35.5	701	28.9	24.9 33.2	1,004

* Indicates data are not available for that year

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4 Prior to 2005, Idaho BRFSS reported drinking status among all adults. Beginning in 2005, Idaho reports gender specific drinking status.

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Appendix B: Questionnaire

2010 Behavioral Risk Factor Surveillance System Questionnaire

In the following pages, the 2010 Idaho BRFSS questionnaire is presented in its entirety. In addition to the text of each question, the results for most of the questions are included. The number of people who responded to the question (n) is listed below the text for each question. The percent for each response category can be found in parentheses to the right of the response categories. Note also that the percentages are weighted results (see Methodology on pages 1-2) and do not directly correspond to the n's for each question. The results have not been provided for all questions.

NOTE: Care should be exercised when interpreting these results. In order to interpret the results correctly, it is important to understand what group has been asked the question. For example, in question ID2.3 on page 89, 17.5% of the respondents have Medicare. However this question is asked only of those who respond "yes" to question Q3.1. The exclusion of certain respondents is indicated by the bold text at the beginning of question ID2.3. These are called "skip patterns" and are used extensively throughout the survey. In order to properly identify what group has been asked a specific question, the skip pattern must be considered. In addition, there may be some confusion when trying to compare results from the appendix to those in the previous sections. The risk factors reported in the main body of the report are often constructed from the responses of multiple questions and may not be comparable to the results of one particular question.

Response categories displayed in capital letters were not read aloud. Responses of "Don't Know" and "Refused" are excluded from the n's, percentage, and means calculations. Other responses may also be excluded and are indicating by showing the response without any percentage. If there are fewer than 50 respondents for a question the results are suppressed as the results are considered unreliable. Also the results of some questions, such as Q12.13 about county of residence, are suppressed due to length of resulting lists.

For help in interpreting these results, contact the Idaho BRFSS Project Director at (208) 332-7326.

Section 1: Health Status

Q1.1 Would you say that in general your health is ...
(n=6992)

- 1 Excellent (21.8%)
- 2 Very good (33.7%)
- 3 Good (29.1%)
- 4 Fair (10.8%)
- 5 Poor (4.7%)

- 7 Don't Know/Not Sure
- 9 Refused

Section 2: Healthy Days

Q2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?
(n=6831)

Mean number of days not good: 3.7
Reported any days not good: 36.1%
Mean number of days for those with any: 10.3

- 88 None
- 77 Don't Know/Not Sure
- 99 Refused

Q2.2 [If Q2.1 ≠ 88 AND Q2.2 ≠ 88] Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?
(n=6875)

Mean number of days not good: 3.4
Reported any days not good: 36.3%
Mean number of days for those with any: 9.3

- 88 None
- 77 Don't Know/Not Sure
- 99 Refused

Q2.3 [If Q2.1 ≠ 88 AND Q2.2 ≠ 88] During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?
(n=3704)

Mean number of days limited overall: 4.4
Reported any days limited: 41.3%
Mean number of days for those with any: 10.7

- 88 None
- 77 Don't Know/Not Sure
- 99 Refused

Section 3: Health Care Access

Q3.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?
(n=6989)

- 1 Yes (80.9%)
- 2 No (19.1%)

- 7 Don't Know/Not Sure
- 9 Refused

Q3.2 Do you have one person you think of as your personal doctor or health care provider?
(n=6982)

- 1 Yes, only one (66.7%)
- 2 More than one (9.1%)
- 3 No (24.1%)

- 7 Don't Know/Not Sure
- 9 Refused

Q3.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?
(n=6989)

- 1 Yes (16.4%)
- 2 No (83.7%)

- 7 Don't Know/Not Sure
- 9 Refused

Q3.4 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.
(n=6960)

- 1 Within the past year (anytime less than 12 months ago) (56.1%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (14.8%)
- 3 Within the past 5 years (2 years but less than 5 years ago) (12.6%)
- 4 5 or more years ago (15.1%)
- 8 Never (1.4%)

- 7 Don't Know/Not Sure
- 9 Refused

Section 4: Sleep

Q4.1 The next question is about getting enough rest or sleep. During the past 30 days, for about how many days have you felt you did not get enough rest or sleep?
(n=6903)

Mean number of days not enough rest overall: 8.3
Reported any days not enough rest: 71.3%
Mean number of days for those with any: 11.7

- 88 None
- 77 Don't Know/Not Sure
- 99 Refused

Section 5: Exercise

Q5.1 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?
(n=6997)

- 1 Yes (80.0%)
- 2 No (20.0%)

- 7 Don't Know/Not Sure
- 9 Refused

Section 6: Diabetes

Q6.1 Have you ever been told by a doctor that you have diabetes?
(n=7001)

1 Yes (8.0%)
2 Yes, but female told only during pregnancy (1.1%)
3 No (89.7%)
4 No, pre-diabetes or borderline diabetes (1.3%)

7 Don't Know/Not Sure
9 Refused

Module 1: Pre-Diabetes

M1.1 **[If Q6.1 ≠ 1]** Have you had a test for high blood sugar or diabetes within the past three years?
(n=6012)

1 Yes (50.5%)
2 No (49.5%)

7 Don't Know/Not Sure
9 Refused

M1.2 Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?
(n=6180)

1 Yes (7.4%)
2 Yes, during pregnancy (1.5%)
3 No (91.1%)

7 Don't Know/Not Sure
9 Refused

Module 2: Diabetes

M2.1 **[If Q6.1 = 1]** How old were you when you were told you have diabetes?
(n=769)

Mean age in years: 48.9

98 Don't Know/Not Sure
99 Refused

M2.2 Are you now taking insulin?
(n=811)

1 Yes (33.3%)
2 No (66.8%)

7 Don't Know/Not Sure
9 Refused

M2.3 About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.
(n=805)

Mean times per day: 1.5

888 Never
777 Don't Know/Not Sure
999 Refused

M2.4 About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.
(n=791)

Mean times per day: 0.8

555 No feet
888 Never
777 Don't Know/Not Sure
999 Refused

M2.5 About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?
(n=795)

Mean times in past 12 months: 2.9
Reported going at all: 83.3%
Mean of those who saw professional at all: 3.4

88 None
77 Don't Know/Not Sure
99 Refused

M2.6 A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?
(n=780)

Mean times in past 12 months: 2.2
Reported having heard of A1C: 94.0%
Mean of those who had heard of A1C: 2.3

88 None
77 Don't Know/Not Sure
98 Never heard of "A one C" test
99 Refused

M2.7 **[If M2.4 ≠ 555]** About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?
(n=787)

Mean times in past 12 months: 2.2

88 None
77 Don't Know/Not Sure
99 Refused

M2.8 When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.
(n=798)

1 Within the past month (anytime less than 1 month ago) (12.5%)
2 Within the past year (1 month but less than 12 months ago) (53.3%)
3 Within the past 2 years (1 year but less than 2 years ago) (13.2%)
4 2 or more years ago (15.6%)
8 Never (5.5%)

7 Don't Know/Not Sure
9 Refused

M2.9 Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?
(n=797)

1 Yes (18.8%)
2 No (81.2%)

7 Don't Know/Not Sure
9 Refused

M2.10 Have you ever taken a course or class in how to manage your diabetes yourself? (n=811)

1 Yes (58.5%)
2 No (41.5%)

7 Don't Know/Not Sure
9 Refused

Section 7: Oral Health

Q7.1 How long has it been since you last visited a dentist or a dental clinic for any reason? Include visits to dental specialists, such as orthodontists. (n=6976)

1 Within the past year (anytime less than 12 months ago) (67.5%)
2 Within the past 2 years (1 year but less than 2 years ago) (11.5%)
3 Within the past 5 years (2 years but less than 5 years ago) (10.1%)
4 5 or more years ago (10.5%)
8 Never (0.4%)

7 Don't Know/Not Sure
9 Refused

Q7.2 How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost for other reasons, such as injury or orthodontics. (n=6927)

1 1 to 5 (30.7%)
2 6 or more but not all (8.3%)
3 All (4.8%)
4 NONE (56.2%)

7 Don't Know/Not Sure
9 Refused

Q7.3 [If Q7.1 ≠ 8 AND Q7.3 ≠ 3] How long has it been since you had your teeth cleaned by a dentist or dental hygienist? (n=6343)

1 Within the past year (anytime less than 12 months ago) (66.3%)
2 Within the past 2 years (1 year but less than 2 years ago) (11.6%)
3 Within the past 5 years (2 years but less than 5 years ago) (9.8%)
4 5 or more years ago (10.6%)
8 Never (1.7%)

7 Don't Know/Not Sure
9 Refused

Section 8: Cardiovascular Disease Prevalence

Q8.1 Now I would like to ask you some questions about cardiovascular disease. Has a doctor, nurse, or other health professional ever told you that you had any of the following? For each, tell me "Yes", "No", or you're "Not sure." Ever told you had a heart attack, also called a myocardial infarction? (n=6970)

1 Yes (3.9%)
2 No (96.1%)

7 Don't Know/Not Sure
9 Refused

Q8.2 Ever told you had angina or coronary heart disease? (n=6923)

1 Yes (3.6%)
2 No (96.4%)

7 Don't Know/Not Sure
9 Refused

Q8.3 Ever told you had a stroke? (n=6984)

1 Yes (2.2%)
2 No (97.8%)

7 Don't Know/Not Sure
9 Refused

Section 9: Asthma

Q9.1 Have you ever been told by a doctor, nurse, or other health professional that you had asthma? (n=6991)

1 Yes (13.6%)
2 No (86.4%)

7 Don't Know/Not Sure
9 Refused

Q9.2 [If Q9.1 = 1] Do you still have asthma? (n=937)

1 Yes (67.1%)
2 No (33.0%)

7 Don't Know/Not Sure
9 Refused

Section 10: Disability

Q10.1 The following questions are about health problems or impairments you may have. Are you limited in any way in any activities because of physical, mental, or emotional problems? (n=6963)

1 Yes (23.2%)
2 No (76.8%)

7 Don't Know/Not Sure
9 Refused

Q10.2 Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (n=7005)

1 Yes (7.5%)
2 No (92.5%)

7 Don't Know/Not Sure
9 Refused

Section 11: Tobacco Use

Q11.1 Have you smoked at least 100 cigarettes in your entire life? (n=6988)

1 Yes (38.6%)
2 No (61.4%)

7 Don't Know/Not Sure
9 Refused

Q11.2 **[If Q11.1 = 1]** Do you now smoke cigarettes every day, some days, or not at all? (n=2981)

- 1 Every day (29.3%)
- 2 Some days (11.3%)
- 3 Not at all (59.4%)
- 7 Don't Know/Not Sure
- 9 Refused

Q11.3 **[If Q11.2 = 1 OR Q11.2 = 2]** During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking? (n=1000)

- 1 Yes (62.5%)
- 2 No (37.5%)
- 7 Don't Know/Not Sure
- 9 Refused

Q11.4 **[If Q11.2 = 3]** How long has it been since you last smoked cigarettes regularly? (n=1975)

- 1 Within the past month (less than 1 month ago) (1.5%)
- 2 Within the past 3 months (1 month but less than 3 months ago) (1.4%)
- 3 Within the past 6 months (3 months but less than 6 months ago) (2.3%)
- 4 Within the past year (6 months but less than 1 year ago) (3.6%)
- 5 Within the past 5 years (1 year but less than 5 years ago) (18.6%)
- 6 Within the past 10 years (5 years but less than 10 years ago) (9.6%)
- 7 10 years or more (62.5%)
- 8 Never smoked regularly (0.5%)
- 77 Don't Know/Not Sure
- 99 Refused

Q11.5 Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all? (n=7006)

- 1 Every day (2.7%)
- 2 Some days (1.8%)
- 3 Not at all (95.5%)
- 7 Don't Know/Not Sure
- 9 Refused

Section 12: Demographics

Q12.1 What is your age? (n=6948)

Mean age in years: 46.5

- 7 Don't Know/Not Sure
- 9 Refused

Q12.2 Are you Hispanic or Latino? (n=6961)

- 1 Yes (7.1%)
- 2 No (92.9%)
- 7 Don't Know/Not Sure
- 9 Refused

Q12.3 Which one or more of the following would you say is your race? (n=6812)

- 1 White (95.6%)
- 2 Black or African American (0.4%)
- 3 Asian (1.1%)
- 4 Native Hawaiian or Other Pacific Islander (0.4%)
- 5 American Indian or Alaska Native (1.3%)
- 6 Other (0.1%)
- 7 Multiracial (1.3%)
- 77 Don't Know/Not Sure
- 99 Refused

Q12.4 **[If Q12.3 = 7]** Which one of these groups would you say best represents your race? (n=75)

- 1 White (72.1%)
- 2 Black or African American (1.7%)
- 3 Asian (0.0%)
- 4 Native Hawaiian or Other Pacific Islander (0.0%)
- 5 American Indian or Alaska Native (26.2%)
- 6 Other (0.0%)
- 7 Don't Know/Not Sure
- 9 Refused

Q12.5 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, the Persian Gulf War. (n=6984)

- 1 Yes, now on active duty (0.2%)
- 2 Yes, on active duty during the last 12 months, but not now (0.2%)
- 3 Yes, on active duty in the past, but not during the last 12 months (11.7%)
- 4 No, training for Reserves or National Guard only (1.4%)
- 5 No, never served in the military (86.5%)
- 7 Don't Know/Not Sure
- 9 Refused

Q12.6 Are you...? (n=6991)

- 1 Married (67.2%)
- 2 Divorced (9.4%)
- 3 Widowed (5.1%)
- 4 Separated (1.0%)
- 5 Never married (14.7%)
- 6 A member of an unmarried couple (2.6%)
- 7 Don't Know/Not Sure
- 9 Refused

Q12.7 How many children less than 18 years of age live in your household? (n=6996)

Mean number of children per household overall: 1.1
Reported having any children in household: 32.9%
Mean number of children in households with any: 2.3

- 77 Don't Know/Not Sure
- 99 Refused

Q12.8	<p>What is the highest grade or year of school you completed? (n=6999)</p> <p>1 Never attended school or only attended kindergarten (0.2%) 2 Grades 1 through 8 (Elementary) (2.6%) 3 Grades 9 through 11 (Some high school) (7.0%) 4 Grade 12 or GED (High school graduate) (29.7%) 5 College 1 year to 3 years (Some college or technical school) (30.4%) 6 College 4 years or more (College graduate) (30.2%) 7 Don't Know/Not Sure 9 Refused</p>	Q12.14	<p>What is your ZIP Code where you live? (n=6797)</p> <p>(Due to the size of the table, these data are not printed.)</p> <p>77777 Don't Know/Not Sure 99999 Refused</p>
Q12.9	<p>Are you currently...? (n=6974)</p> <p>1 Employed for wages (46.1%) 2 Self-employed (10.3%) 3 Out of work for more than 1 year (3.2%) 4 Out of work for less than 1 year (3.9%) 5 A Homemaker (10.5%) 6 A Student (5.1%) 7 Retired (15.8%) 8 Unable to work (5.2%) 77 Don't Know/Not Sure 99 Refused</p>	Q12.15	<p>Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine. (n=6990)</p> <p>1 Yes (3.7%) 2 No (96.3%) 7 Don't Know/Not Sure 9 Refused</p>
Q12.10	<p>Is your annual income from all sources... (n=6054)</p> <p>1 Less than \$10,000 (4.3%) 2 \$10,000 to less than \$15,000 (5.6%) 3 \$15,000 to less than \$20,000 (8.4%) 4 \$20,000 to less than \$25,000 (10.1%) 5 \$25,000 to less than \$35,000 (11.8%) 6 \$35,000 to less than \$50,000 (16.9%) 7 \$50,000 to less than \$75,000 (18.4%) 8 More than \$75,000 (24.5%) 77 Don't Know/Not Sure 99 Refused</p>	Q12.16	<p>[If Q12.15 = 1] How many of these telephone numbers are residential numbers? (n=290)</p> <p>Mean number of phone numbers: 1.3</p> <p>7 Don't Know/Not Sure 9 Refused</p>
Q12.11	<p>About how much do you weigh without shoes? (n=6690)</p> <p>Mean weight in pounds (male): 198 Mean weight in pounds (female): 160</p> <p>7777 Don't Know/Not Sure 9999 Refused</p>	Q12.17	<p>During the past 12 months, has your household been without landline telephone service for 1 week or more? Do not include interruptions of landline telephone service because of weather or natural disasters. (n=6980)</p> <p>1 Yes (5.4%) 2 No (94.6%) 7 Don't Know/Not Sure 9 Refused</p>
Q12.12	<p>About how tall are you without shoes? (n=6932)</p> <p>Mean height in feet and inches (male): 5 ft. 11 in. Mean height in feet and inches (female): 5 ft. 5 in.</p> <p>7777 Don't Know/Not Sure 99/99 Refused</p>	Q12.18a	<p>Do you have a cell phone for personal use? Please include cell phones used for both business and personal use. (n=6980)</p> <p>1 Yes (76.4%) 2 No (23.6%) 7 Don't Know/Not Sure 9 Refused</p>
Q12.13	<p>What county do you live in? (n=6935)</p> <p>(Due to the size of the table, these data are not printed.)</p> <p>777 Don't Know/Not Sure 999 Refused</p>	Q12.18b	<p>[If Q12.18a = 1] Do you share a cell phone for personal use (at least one-third of the time) with other adults? (n=1904)</p> <p>1 Yes (8.5%) 2 No (91.5%) 7 Don't Know/Not Sure 9 Refused</p>
		Q12.18c	<p>[If Q12.18a = 1] Do you usually share this cell phone (at least one-third of the time) with any other adults? (n=5074)</p> <p>1 Yes (15.8%) 2 No (84.3%) 7 Don't Know/Not Sure 9 Refused</p>

Q12.18d **[If Q12.18a = 1 OR Q12.18b = 1]** Thinking about all the phone calls that you receive on your landline and cell phone, what percent, between 0 and 100, are received on your cell phone?
(n=4977)

Mean percent received on cell phone: 46.0%

777 Don't Know/Not Sure
999 Refused

Q12.19 Indicate sex of respondent.
(n=7009)

1 Male (50%)
2 Female (50%)

Q12.20 **[If Q12.19 = 2 AND Q12.1 < 45]** To your knowledge, are you now pregnant?
(n=1048)

1 Yes (4.9%)
2 No (95.1%)

7 Don't Know/Not Sure
9 Refused

Section 13: Alcohol Consumption

Q13.1 During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?
(n=6967)

1 Yes (44.4%)
2 No (55.6%)

7 Don't Know/Not Sure
9 Refused

Q13.2 **[If Q13.1 = 1]** During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage?
(n=2799)

Mean number of days in the past 30 days: 8.9

888 No drinks in the past 30 days
777 Don't Know/Not Sure
999 Refused

Q13.3 **[If Q13.1 = 1 AND Q13.2 ≠ 888]** One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?
(n=2776)

Mean number of drinks: 2.3

77 Don't Know/Not Sure
99 Refused

Q13.4 **[If Q13.1 = 1 AND Q13.2 ≠ 888]** Considering all types of alcoholic beverages, how many times during the past 30 days did you have [If Q12.19 = 1, 5, 4] or more drinks on an occasion?
(n=2773)

Mean number of times in the past 30 days: 1.2

88 None
77 Don't Know/Not Sure
99 Refused

Q13.5 **[If Q13.1 = 1 AND Q13.2 ≠ 888]** During the past 30 days, what is the largest number of drinks you had on any occasion?
(n=2717)

Mean number of largest number of drinks: 3.5

77 Don't Know/Not Sure
99 Refused

Module 28: Adult 2009 H1N1 Influenza Vaccination (January - June)

M28.1 There are currently vaccines available for two kinds of flu – the seasonal flu, and the 2009 H1N1 flu. I will first ask you questions about vaccination for H1N1 flu, which is sometimes called swine flu or pandemic flu, and then ask you questions about vaccination for seasonal flu. There are two ways to get the H1N1 flu vaccination. One is a shot in the arm and the other is a spray, mist or drop in the nose. Since September, 2009, have you been vaccinated either way for the H1N1 flu?
(n=4243)

1 Yes (22.7%)
2 No (77.3%)

7 Don't Know/Not Sure
9 Refused

M28.2 **[If M28.2 = 1]** During what month did you receive your H1N1 flu vaccine?
(n=893)

1 January (10.7%)
2 February (4.5%)
3 March (1.2%)
4 April (0.1%)
5 May (0.4%)
6 June (0.3%)
7 July (0.0%)
8 August (0.0%)
9 September (7.9%)
10 October (27.8%)
11 November (29.9%)
12 December (17.4%)

77 Don't Know/Not Sure
99 Refused

M28.3 **[If M28.2 = 1]** Was this a shot or was it a vaccine sprayed in the nose?
(n=1014)

1 Flu shot (90.8%)
2 Flu Nasal Spray (spray, mist or drop in the nose)" (9.2%)

77 Don't Know/Not Sure
99 Refused

Section 14: Immunization

Q14.1 Now I will ask you questions about seasonal flu. A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a seasonal flu shot?
(n=6849)

1 Yes (35.9%)
2 No (64.1%)

7 Don't Know/Not Sure
9 Refused

- Q14.2 **[If Q14.1 = 1]** During what month and year did you receive your most recent seasonal flu shot? (n=2749)
- 1 January (3.8%)
 - 2 February (2.1%)
 - 3 March (1.0%)
 - 4 April (0.3%)
 - 5 May (0.1%)
 - 6 June (0.2%)
 - 7 July (0.1%)
 - 8 August (1.8%)
 - 9 September (13.2%)
 - 10 October (43.0%)
 - 11 November (28.7%)
 - 12 December (5.7%)
- 77 Don't Know/Not Sure
99 Refused
- Q14.3 The seasonal flu vaccine sprayed in the nose is also called FluMist™. During the past 12 months, have you had a seasonal flu vaccine that was sprayed in your nose? (n=6868)
- 1 Yes (0.8%)
 - 2 No (99.2%)
- 7 Don't Know/Not Sure
9 Refused
- Q14.4 **[If Q14.3 = 1]** During what month and year did you receive your most recent seasonal flu vaccine that was sprayed in your nose? (n=32)
- 1 January (0.0%)
 - 2 February (0.0%)
 - 3 March (0.9%)
 - 4 April (0.0%)
 - 5 May (0.0%)
 - 6 June (0.0%)
 - 7 July (0.0%)
 - 8 August (0.0%)
 - 9 September (9.6%)
 - 10 October (32.3%)
 - 11 November (47.4%)
 - 12 December (9.8%)
- 77 Don't Know/Not Sure
99 Refused
- Q14.5 A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot? (n=6361)
- 1 Yes (26.0%)
 - 2 No (74.0%)
- 7 Don't Know/Not Sure
9 Refused

Section 15: Falls

- Q15.1 **[If Q12.1 > 44]** The next questions ask about recent falls. By a fall, we mean when a person unintentionally comes to rest on the ground or another lower level. In the past 3 months, how many times have you fallen? (n=5209)
- Mean number of times fell overall: 0.5
Reported having fallen: 19.4%
Mean number of times had fallen for those who fell: 2.7
- 88 None
 - 77 Don't Know/Not Sure
 - 99 Refused
- Q15.2 **[If Q12.1 > 44 AND Q15.1 < 77]** How many of these falls caused an injury? By an injury, we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor. (n=1025)
- Mean number of injury-causing falls overall: 0.6
Reported any injury-causing falls: 32.7%
Mean number of injury-causing falls, those with any: 1.7
- 88 None
 - 99 Refused

Section 16: Seatbelt Use

- Q16.1 How often do you use seat belts when you drive or ride in a car? Would you say ... (n=6855)
- 1 Always (76.1%)
 - 2 Nearly always (15.1%)
 - 3 Sometimes (4.9%)
 - 4 Seldom (2.2%)
 - 5 Never (1.7%)
 - 8 Never drive or ride in a car (0%)
- 7 Don't know/Not sure
 - 9 Refused

Section 17: Drinking and Driving

- Q17.1 **[If Q16.1 ≠ 8 AND Q13.1 ≠ 2]** The next question is about drinking and driving. During the past 30 days, how many times have you driven when you've had perhaps too much to drink? (n=2816)
- Mean times drank and drove in past 30 days overall: 0.1
Reported driving under the influence: 3.2%
Mean times drank and drove of those who did at all: 2.1
- 88 None
 - 77 Don't know/Not sure
 - 99 Refused

Section 18: Women's Health

- Q18.1 **[If Q12.19 = 2]** The next questions are about breast and cervical cancer. A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram? (n=4153)
- 1 Yes (62.0%)
 - 2 No (38.0%)
- 7 Don't know/Not sure
 - 9 Refused

Q18.2 **[If Q12.19 = 2 AND Q18.1 = 1]** How long has it been since you had your last mammogram? (n=3211)

- 1 Within the past year (anytime less than 12 months ago) (54.9%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (16.9%)
- 3 Within the past 3 years (2 years but less than 3 years ago) (8.8%)
- 4 Within the past 5 years (2 years but less than 5 years ago) (6.8%)
- 5 5 or more years ago (12.6%)
- 7 Don't Know/Not Sure
- 9 Refused

Q18.3 **[If Q12.19 = 2]** A clinical breast exam is when a doctor, nurse, or other health professional feels the breasts for lumps. Have you ever had a clinical breast exam? (n=4137)

- 1 Yes (91.0%)
- 2 No (9.0%)
- 7 Don't know/Not sure
- 9 Refused

Q18.4 **[If Q12.19 = 2 AND Q18.3 = 1]** How long has it been since your last breast exam? (n=3788)

- 1 Within the past year (anytime less than 12 months ago) (58.2%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (18.5%)
- 3 Within the past 3 years (2 years but less than 3 years ago) (8.3%)
- 4 Within the past 5 years (2 years but less than 5 years ago) (6.0%)
- 5 5 or more years ago (9.1%)
- 7 Don't Know/Not Sure
- 9 Refused

Q18.5 **[If Q12.19 = 2]** A Pap test is a test for cancer of the cervix. Have you ever had a Pap test? (n=4135)

- 1 Yes (93.7%)
- 2 No (6.3%)
- 7 Don't know/Not sure
- 9 Refused

Q18.6 **[If Q12.19 = 2 AND Q18.5 = 1]** How long has it been since you had your last Pap test? (n=3904)

- 1 Within the past year (anytime less than 12 months ago) (46.2%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (18.0%)
- 3 Within the past 3 years (2 years but less than 3 years ago) (9.0%)
- 4 Within the past 5 years (2 years but less than 5 years ago) (6.9%)
- 5 5 or more years ago (20.0%)
- 7 Don't know/Not sure
- 9 Refused

Q18.7 **[If Q12.20 ≠ 1]** Have you had a hysterectomy? (n=4098)

- 1 Yes (27.1%)
- 2 No (72.9%)
- 7 Don't know/Not sure
- 9 Refused

Section 19: Prostate Cancer Screening

Q19.1 **[If Q12.1 > 39 AND Q12.19 = 1]** Now, I will ask you some questions about prostate cancer screening. A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test? (n=2129)

- 1 Yes (61.0%)
- 2 No (39.0%)
- 7 Don't know/Not sure
- 9 Refused

Q19.2 **[If Q12.1 > 39 AND Q12.19 = 1 AND Q19.1 = 1]** How long has it been since you had your last PSA test? (n=1489)

- 1 Within the past year (anytime less than 12 months ago) (63.5%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (17.6%)
- 3 Within the past 3 years (2 years but less than 3 years ago) (7.0%)
- 4 Within the past 5 years (2 years but less than 5 years ago) (6.4%)
- 5 5 or more years ago (5.5%)
- 7 Don't Know/Not Sure
- 9 Refused

Q19.3 **[If Q12.1 > 39 AND Q12.19 = 1]** A digital rectal exam is an exam in which a doctor, nurse, or other health professional places a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. Have you ever had a digital rectal exam? (n=2189)

- 1 Yes (74.6%)
- 2 No (25.4%)
- 7 Don't know/Not sure
- 9 Refused

Q19.4 **[If Q12.01 > 39 AND Q12.19 = 1 AND Q19.03 = 1]** How long has it been since your last digital rectal exam? (n=1746)

- 1 Within the past year (anytime less than 12 months ago) (43.2%)
- 2 Within the past 2 years (1 year but less than 2 years ago) (17.6%)
- 3 Within the past 3 years (2 years but less than 3 years ago) (11.0%)
- 4 Within the past 5 years (2 years but less than 5 years ago) (10.5%)
- 5 5 or more years ago (17.6%)
- 7 Don't Know/Not Sure
- 9 Refused

- Q19.5 **[If Q12.1 > 39 AND Q12.19 = 1]** Have you ever been told by a doctor, nurse, or other health professional that you had prostate cancer? (n=2201)
- 1 Yes (4.6%)
 - 2 No (95.4%)
 - 7 Don't know/Not sure
 - 9 Refused

Section 20: Colorectal Cancer Screening

- Q20.1 **[If Q12.1 > 49]** The next questions are about colorectal cancer screening. A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit? (n=4624)
- 1 Yes (36.8%)
 - 2 No (63.2%)
 - 7 Don't know/Not sure
 - 9 Refused

- Q20.2 **[If Q12.1 > 49 AND Q20.1 = 1]** How long has it been since you had your last blood stool test using a home kit? (n=1759)
- 1 Within the past year (anytime less than 12 months ago) (23.4%)
 - 2 Within the past 2 years (1 year but less than 2 years ago) (15.5%)
 - 3 Within the past 3 years (2 years but less than 3 years ago) (11.4%)
 - 4 Within the past 5 years (2 years but less than 5 years ago) (15.2%)
 - 5 5 or more years ago (34.6%)
 - 7 Don't know/Not sure
 - 9 Refused

- Q20.3 **[If Q12.1 > 49]** Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams? (n=4619)
- 1 Yes (59.6%)
 - 2 No (40.4%)
 - 7 Don't know/Not sure
 - 9 Refused

- Q20.4 **[If Q12.1 > 49 AND Q20.3 = 1]** For a Sigmoidoscopy, a flexible tube is inserted into the rectum to look for problems. A colonoscopy is similar, but uses a longer tube, and you are usually given medication through a needle in your arm to make you sleepy and told to have someone else drive you home after the test. Was your most recent exam a sigmoidoscopy or a colonoscopy? (n=2754)
- 1 Sigmoidoscopy (8.0%)
 - 2 Colonoscopy (92.0%)
 - 7 Don't know/Not sure
 - 9 Refused

- Q20.5 **[If Q12.1 > 49]** How long has it been since you had your last sigmoidoscopy or colonoscopy? (n=2798)
- 1 Within the past year (anytime less than 12 months ago) (21.5%)
 - 2 Within the past 2 years (1 year but less than 2 years ago) (16.7%)
 - 3 Within the past 3 years (2 years but less than 3 years ago) (17.3%)
 - 4 Within the past 5 years (2 years but less than 5 years ago) (22.1%)
 - 5 5 or more years ago (15.8%)
 - 6 Within the past 10 years (5 years but less than 10 years ago) (6.7%)
 - 7 Don't know/Not sure
 - 9 Refused

Section 21: HIV/AIDS

- Q21.1 **[If Q12.20 < 65]** The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had. Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth. (n=4346)

- 1 Yes (33.2%)
- 2 No (66.8%)
- 7 Don't know/Not sure
- 9 Refused

- Q21.2 **[If Q12.20 < 65 AND Q21.1 = 1]** Not including blood donations, in what month and year was your last HIV test? (n=988)

- Mode month and year for most recent test: Unknown month, 2008 (3.4%)
- 777777 Don't know/Not sure
 - 99/9999 Refused

- Q21.3 **[If Q12.20 < 65 AND Q21.1 = 1]** Where did you have your last HIV test — at a private doctor or HMO office, at a counseling and testing site, at a hospital, at a clinic, in a jail or prison, at a drug treatment facility, at home, or somewhere else? (n=1240)

- 1 Private doctor or HMO office (41.8%)
- 2 Counseling and testing site (2.9%)
- 3 Hospital (17.8%)
- 4 Clinic (23.4%)
- 5 Jail or prison (or other correctional facility) (1.8%)
- 6 Drug treatment facility (0.7%)
- 7 At home (4.3%)
- 8 Somewhere else (7.4%)
- 77 Don't Know/Not Sure
- 99 Refused

- Q21.4 **[If Q12.20 < 65 AND Q21.1 = 1 AND Q21.2 = within last 12 months]** Was it a rapid test where you could get your results within a couple of hours? (n=148)

- 1 Yes (19.7%)
- 2 No (80.3%)
- 7 Don't know/Not sure
- 9 Refused

Q21.5 **[If Q12.20 < 65]** I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You do not need to tell me which one: You have used intravenous drugs in the past year; You have been treated for a sexually transmitted or venereal disease in the past year; You have given or received money or drugs in exchange for sex in the past year; You had anal sex without a condom in the past year. Do any of these situations apply to you? (n=4441)

1 Yes (2.0%)
2 No (98.0%)

7 Don't know/Not sure
9 Refused

Section 22: Emotional Support and Life Satisfaction

Q22.1 The next two questions are about emotional support and your satisfaction with life. How often do you get the social and emotional support you need? (n=6669)

1 Always (51.8%)
2 Usually (31.8%)
3 Sometimes (9.5%)
4 Rarely (3.2%)
5 Never (3.6%)

7 Don't know/Not sure
9 Refused

Q22.2 In general, how satisfied are you with your life? (n=6715)

1 Very satisfied (49.8%)
2 Satisfied (45.3%)
3 Dissatisfied (4.1%)
4 Very dissatisfied (0.8%)

7 Don't know/Not sure
9 Refused

Module 26: Influenza Like Illness 2009 H1N1 Adult (January - March)

M26.1 During the past month, were you ill with a fever? (n=1246)

1 Yes (9.0%)
2 No (91.0%)

7 Don't know/Not sure
9 Refused

M26.2 **[If M26.1 = 1]** Did you also have a cough and/or sore throat? (n=109)

1 Yes (88.0%)
2 No (12.0%)

7 Don't know/Not sure
9 Refused

M26.3 **[If M26.1 = 1 AND M26.2 = 1]** When did you first become ill with fever, cough or sore throat? (n=93)

1 Within the past week (20.3%)
2 2 weeks ago (17.1%)
3 3-4 weeks ago (62.6%)

7 Don't know/Not sure
9 Refused

M26.4 **[If M26.1 = 1 AND M26.2 = 1]** Did you visit a doctor, nurse, or other health professional for this illness? (n=92)

1 Yes (46.8%)
2 No (53.2%)

7 Don't know/Not sure
9 Refused

M26.5 **[If M26.1 = 1 AND M26.2 = 1 AND M26.4 = 1]** What did the doctor, nurse, or other health professional tell you? Did they say... (n=44)

1 You had regular influenza or the flu (3.9%)
2 You had swine flu, also known as H1N1 or novel H1N1 (11.5%)
3 You had some other illness, but not the flu (84.6%)

7 Don't know/Not sure
9 Refused

M26.6 **[If M26.1 = 1 AND M26.2 = 1 AND M26.4 = 1]** Did you have a flu test that was positive for this illness? Usually a swab from your nose or throat is tested. Would you say ... (n=8)

1 Yes, had flu test and it was positive (13.6%)
2 No, had flu test but it was negative (38.2%)
3 No, flu test was not done (48.2%)

7 Don't Know/Not Sure
9 Refused

M26.7 **[If M26.1 = 1 AND M26.2 = 1 AND M26. = 1]** Did you receive Tamiflu® or oseltamivir or an inhaled medicine called Relenza® or zanamivir to treat this illness? (n=8)

1 Yes (14.5%)
2 No (85.5%)

7 Don't know/Not sure
9 Refused

M26.8 Did any other members of your household have a fever with cough or sore throat during the past month? (n=926)

1 Yes (32.5%)
2 No (67.5%)

7 Don't know/Not sure
9 Refused

M26.9 **[If M26.1 = 1 AND M26.2 = 1 AND M26.8 = 1]** How many household members, including yourself, were ill during the past month? (n=271)

1 One (39.1%)
2 Two (36.6%)
3 Three (13.1%)
4 Four (7.5%)
5 Five (0.6%)
6 Six (2.0%)
88 NONE (1.2%)

77 Don't know/Not sure
99 Refused

M26.10 **[If M26.1 = 1 AND M26.2 = 1 AND M26.8 ≥ 1]** How many people in your household, including you, were hospitalized for flu during the past month? (n=311)

1 One (2.6%)
 2 Two (0.0%)
 3 Three (0.5%)
 88 NONE (96.9%)

77 Don't know/Not sure
 99 Refused

Module 10: High Risk/ Health Care Worker (January - June)

M10.1 The next few questions ask about health care work and chronic illness. Do you currently volunteer or work in a hospital, medical clinic, doctor's office, dentist's office, nursing home or some other health-care facility? This includes part-time and unpaid work in a health care facility as well as professional nursing care provided in the home. (n=4159)

1 Yes (9.3%)
 2 No (90.7%)

7 Don't know/Not sure
 9 Refused

M10.2 Do you provide direct patient care as part of your routine work? By direct patient care we mean physical or hands-on contact with patients. (n=4148)

1 Yes (8.1%)
 2 No (92.0%)

7 Don't know/Not sure
 9 Refused

M10.3 Has a doctor, nurse, or other health professional ever said that you have Lung problems, other than asthma Kidney problems, anemia, including Sickle Cell or a weakened immune system caused by a chronic illness or by medicines taken for a chronic illness? (n=4135)

1 Yes (11.0%)
 2 No (89.0%)

7 Don't know/Not sure
 9 Refused

M10.4 Do you still have (this/any of these) problem(s)? (n=480)

1 Yes (76.0%)
 2 No (24.0%)

7 Don't know/Not sure
 9 Refused

Module 5: Excess Sun Exposure

M5.1 In the past 12 months, how many times did you have a red or painful sunburn that lasted a day or more? (n=6705)

1 One (17.7%)
 2 Two (7.8%)
 3 Three (2.5%)
 4 Four (1.0%)
 5 Five or more (2.5%)
 6 NONE (68.6%)

7 Don't know/Not sure
 9 Refused

Module 23: Random Child Selection

M23.1 **[If Q12.7 ≥ 1]** Previously, you indicated there was at least one child age 17 or younger in your household. I would like to ask you some questions about [that child/one of those children]. What is the birth month and year of the child? (n=1698)

(Due to the size of the table, these data are not printed.)

7 Don't know/Not sure
 9 Refused

M23.2 **[If Q12.7 ≥ 1]** Is the child a boy or a girl? (n=1844)

1 Boy (51.0%)
 2 Girl (49.1%)

7 Don't Know/Not Sure
 9 Refused

M23.3 **[If Q12.7 ≥ 1]** Is the child Hispanic or Latino? (n=1834)

1 Yes (12.6%)
 2 No (87.4%)

7 Don't Know/Not Sure
 9 Refused

M23.4 **[If Q12.7 ≥ 1]** Which one or more of the following would you say is the race of the child? (n=1777)

1 White (93.2%)
 2 Black or African American (0.7%)
 3 Asian (1.3%)
 4 Native Hawaiian or Other Pacific Islander (0.6%)
 5 American Indian or Alaska Native (1.1%)
 6 Other (0.1%)
 7 Multiracial (2.7%)

77 Don't Know/Not Sure
 99 Refused

M23.5 **[If Q12.7 ≥ 1 AND M23.4 = multiple responses]** Which one of these groups would you say best represents the child's race? (n=40)

Figures are not reliable due to insufficient sample size (n<50).

M23.6 **[If Q12.7 ≥ 1]** How are you related to the child? (n=1856)

1 Parent (includes biologic, step, or adoptive parent) (90.4%)
 2 Grandparent (4.6%)
 3 Foster parent or guardian (0.8%)
 4 Sibling (includes biologic, step, and adoptive sibling) (1.9%)
 5 Other relative (0.8%)
 6 Not related in any way (1.5%)

7 Don't Know/Not Sure
 9 Refused

Module 27: Child Influenza Like Illness

M27.1 **[If Q12.7 ≥ 1]** Has the child had a fever with cough and/or sore throat during the past month? (n=368)

- 1 Yes (34.2%)
- 2 No (65.8%)
- 7 Don't know/Not sure
- 9 Refused

M27.2 **[If Q12.7 ≥ 1]** Did the child visit a doctor, nurse, or other health professional for this illness? (n=126)

- 1 Yes (42.7%)
- 2 No (57.4%)
- 7 Don't know/Not sure
- 9 Refused

Module 30: Child 2009 H1N1 Influenza Vaccination (January - June)

M30.1 **[If Q12.7 ≥ 1]** I will first ask you questions about vaccination for H1N1 flu, which is sometimes called swine flu or pandemic flu, and then ask you questions about vaccination for seasonal flu. There are two ways to get the H1N1 flu vaccination. One is a shot in the arm and the other is a spray, mist or drop in the nose. Since September, 2009, has he/she been vaccinated either way for the H1N1 flu? (n=1075)

- 1 Yes (37.0%)
- 2 No (63.0%)
- 7 Don't know/Not sure
- 9 Refused

M30.2 **[If Q12.7 ≥ 1]** Since September 2009, how many of these H1N1 vaccinations has he/she received? (n=187)

- 1 One vaccination or dose (55.6%)
- 2 Two or more vaccination doses (44.5%)
- 7 Don't know/Not sure
- 9 Refused

M30.3 **[If Q12.7 ≥ 1]** During what month did he/she receive his/her (if child age < 10, "first H1N1 flu vaccine?" otherwise, "H1N1 flu vaccine?") (n=319)

- 1 January (7.2%)
- 2 February (2.6%)
- 3 March (2.9%)
- 4 April (0.7%)
- 5 May (0.2%)
- 6 June (0.0%)
- 7 July (0.0%)
- 8 August (0.0%)
- 9 September (9.8%)
- 10 October (29.9%)
- 11 November (35.0%)
- 12 December (11.8%)
- 77 Don't know/Not sure
- 99 Refused

M30.4 **[If Q12.7 ≥ 1]** Was this a shot or was it a vaccine sprayed in the nose? (n=373)

- 1 Flu shot (57.2%)
- 2 Flu Nasal Spray (spray, mist or drop in the nose) (42.8%)
- 7 Don't know/Not sure
- 9 Refused

M30.5 **[If Q12.7 ≥ 1 AND if child age > 9 AND M30.2 = 2]** During what month did he/she receive his/her second H1N1 flu vaccine? (n=78)

- 1 January (21.0%)
- 2 February (3.5%)
- 3 March (4.8%)
- 4 April (0.0%)
- 5 May (0.0%)
- 6 June (0.0%)
- 7 July (0.0%)
- 8 August (0.0%)
- 9 September (0.4%)
- 10 October (4.5%)
- 11 November (21.6%)
- 12 December (44.3%)
- 77 Don't know/Not sure
- 99 Refused

M30.6 **[If Q12.7 ≥ 1 AND if child age > 9 AND M30.2 = 2]** Was this a shot or was it a vaccine sprayed in the nose? (n=89)

- 1 Flu shot (50.8%)
- 2 Flu Nasal Spray (spray, mist or drop in the nose) (49.2%)
- 7 Don't know/Not sure
- 9 Refused

State Added 1: Child questions

ID1.1 **[If Q12.7 ≥ 1]** How often does this child in your household use a car safety seat/seatbelt? (n=1419)

- 1 Always (90.3%)
- 2 Nearly always (8.2%)
- 3 Sometimes (0.7%)
- 4 Seldom (0.4%)
- 5 Never (0.4%)
- 7 Don't know/Not sure
- 9 Refused

ID1.2 **[If Q12.7 ≥ 1]** Does the child have any kind of health care coverage, including health insurance, prepaid plans such as HMO's, or government plans such as Medicaid or the Children's Health Insurance Program, also known as CHIP? (n=1810)

- 1 Yes (92.4%)
- 2 No (7.6%)
- 7 Don't know/Not sure
- 9 Refused

ID1.3 **[If Q12.7 ≥ 1]** Do you believe children should have all vaccines that are recommended by your family doctor or other health professional prior to entering school?
(n=1774)

- 1 Yes (87.7%)
- 2 No (12.4%)
- 7 Don't know/Not sure
- 9 Refused

ID1.4 Do you believe it is safer for your child to attend a day care facility that requires immunizations than one that does not?
(n=1726)

- 1 Yes (88.2%)
- 2 No (11.8%)
- 7 Don't know/Not sure
- 9 Refused

State Added 2: Health Care Coverage

ID2.1 **[If Q3.1=2]** Previously you said you did not have any health care coverage. What is the main reason you are without health care coverage?
(n=820)

- 1 Lost job or changed employers (17.0%)
- 2 Spouse/parent lost job/changed employers (1.2%)
- 3 Became divorced or separated (0.1%)
- 4 Spouse or parent died (0.2%)
- 5 Became ineligible because of age or left school (2.9%)
- 6 Employer doesn't offer or stopped offering coverage (5.9%)
- 7 Cut back to part time or became temporary employee (1.0%)
- 8 Benefits from employer or former employer ran out (0.6%)
- 9 Couldn't afford to pay the premiums (52.7%)
- 10 Insurance company refused coverage (0.9%)
- 11 Lost Medicaid or Medical Assistance eligibility (1.4%)
- 87 Other (16.1%)
- 77 Don't know/Not sure
- 99 Refused

ID2.2 **[If Q3.1=2]** About how long has it been since you had health care coverage?
(n=823)

- 1 Within the past 6 months (13.0%)
- 2 Within the past year (12.1%)
- 3 Within the past 2 years (16.7%)
- 4 Within the past 5 years (18.8%)
- 5 5 or more years ago (28.9%)
- 8 Never (10.6%)
- 77 Don't know/Not sure
- 99 Refused

ID2.3 **[If Q3.1=1]** Previously you said that you had some kind of health care coverage. What type of health care coverage do you use to pay for most of your medical care?
(n=5681)

- 1 Employer (35.9%)
- 2 Someone else's employer (19.1%)
- 3 A plan bought or someone else buys (14.1%)
- 4 Medicare (17.5%)
- 5 Medicaid or Medical Assistance (5.0%)
- 6 The military, CHAMPUS, Tricare, or the VA (4.5%)
- 7 The Indian Health Service (0.3%)
- 8 Some other source (3.5%)
- 88 None (0.2%)
- 77 Don't know/Not sure
- 99 Refused

ID2.4 Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs, or government plans such as Medicaid?
(n=6585)

- 1 Yes (55.2%)
- 2 No (44.8%)
- 7 Don't know/Not sure
- 9 Refused

State Added 3: Public Health Issues

ID3.1 Next I would like to ask your opinion about public health issues in your community: In your opinion, how often should the health department inspect a restaurant or food preparation establishment for compliance with safe food handling laws?
(n=6412)

- 1 Twice a year or more often (80.1%)
- 2 Once per year (17.7%)
- 3 Less often than once per year (1.3%)
- 4 Never (0.9%)
- 7 Don't know/Not sure
- 9 Refused

ID3.2 How important is a health and safety inspection of food establishments in protecting you from food borne illness?
(n=6577)

- 1 Very important (83.1%)
- 2 Somewhat important (13.6%)
- 3 Only slightly important (2.5%)
- 4 Not at all important (0.8%)
- 7 Don't know/Not sure
- 9 Refused

ID3.3 Currently Idaho has no time duration guidelines for physical activity for children attending elementary, middle or high school. The national recommendation is that children receive 150 minutes per week or 30 minutes per day of structured activity in schools. Which of the following proposed guidelines for structured activity in schools would you prefer?
(n=6136)

- 1 Less than 30 minutes of physical activity per week (1.9%)
- 2 Between 30 and 90 minutes per week (16.0%)
- 3 Between 91 minutes and 120 minutes per week (or, between 18 to 24 minutes per school day) (17.3%)
- 4 Between 121 minutes to 150 minutes per week (or, 24 to 30 minutes per school day) (27.2%)
- 5 More than 150 minutes of physical activity per week (more than 30 minutes per school day) (37.7%)
- 7 Don't know/Not sure
- 9 Refused

ID3.4 In the past 12 months, has a doctor, nurse or other health professional given you advice about your weight?
(n=6587)

- 1 Yes, lose weight (15.9%)
- 2 Yes, gain weight (0.9%)
- 3 Yes, maintain current weight (2.2%)
- 4 No (81.0%)
- 7 Don't know/Not sure
- 9 Refused

State Added 4: Injury

ID4.1 In the past 12 months, did you experience an injury that resulted in a visit to a doctor or other medical professional?
(n=6574)

- 1 Yes (17.9%)
- 2 No (82.1%)
- 7 Don't know/Not sure
- 9 Refused

State Added 5: Heart Attack & Stroke

ID5.1 Now I would like to ask you about your knowledge of the signs and symptoms of a heart attack and stroke. Which of the following do you think is a symptom of a heart attack? For each, tell me "yes," "no," or you're "not sure." Do you think pain or discomfort in the jaw, neck, or back are symptoms of a heart attack?
(n=5776)

- 1 Yes (68.6%)
- 2 No (31.5%)
- 7 Don't know/Not sure
- 9 Refused

ID5.2 Do you think feeling weak, lightheaded, or faint are symptoms of a heart attack?
(n=5638)

- 1 Yes (78.9%)
- 2 No (21.1%)
- 7 Don't know/Not sure
- 9 Refused

ID5.3 Do you think chest pain or discomfort are symptoms of a heart attack?
(n=6416)

- 1 Yes (97.5%)
- 2 No (2.5%)
- 7 Don't know/Not sure
- 9 Refused

ID5.4 Do you think sudden trouble seeing in one or both eyes are symptoms of a heart attack?
(n=4715)

- 1 Yes (51.4%)
- 2 No (48.6%)
- 7 Don't know/Not sure
- 9 Refused

ID5.5 Do you think pain or discomfort in the arms or shoulder are symptoms of a heart attack?
(n=6250)

- 1 Yes (93.8%)
- 2 No (6.2%)
- 7 Don't know/Not sure
- 9 Refused

ID5.6 Do you think shortness of breath are symptoms of a heart attack?
(n=6136)

- 1 Yes (92.9%)
- 2 No (7.1%)
- 7 Don't know/Not sure
- 9 Refused

ID5.7 Which of the following do you think is a symptom of a STROKE? For each, tell me "yes," "no," or you're "not sure." Do you think sudden confusion or trouble speaking are symptoms of a stroke?
(n=6230)

- 1 Yes (96.8%)
- 2 No (3.2%)
- 7 Don't know/Not sure
- 9 Refused

ID5.8 Do you think sudden numbness or weakness of face, arm, or leg, especially on one side, are symptoms of a stroke?
(n=6394)

- 1 Yes (99.1%)
- 2 No (0.9%)
- 7 Don't know/Not sure
- 9 Refused

ID5.9 Do you think sudden trouble seeing in one or both eyes are symptoms of a stroke?
(n=5321)

- 1 Yes (94.1%)
- 2 No (5.9%)
- 7 Don't know/Not sure
- 9 Refused

- ID5.10 Do you think sudden chest pain or discomfort are symptoms of a stroke?
(n=4865)
- 1 Yes (45.6%)
 - 2 No (54.4%)
 - 7 Don't know/Not sure
 - 9 Refused
- ID5.11 Do you think sudden trouble walking, dizziness, or loss of balance are symptoms of a stroke?
(n=6049)
- 1 Yes (96.5%)
 - 2 No (3.5%)
 - 7 Don't know/Not sure
 - 9 Refused
- ID5.12 Do you think severe headache with no known cause are symptoms of a stroke?
(n=5063)
- 1 Yes (81.8%)
 - 2 No (18.2%)
 - 7 Don't know/Not sure
 - 9 Refused
- ID5.13 If you thought someone was having a heart attack or a stroke, what is the first thing you would do?
(n=6519)
- 1 Take them to the hospital (9.8%)
 - 2 Tell them to call their doctor (0.5%)
 - 3 Call 911 (84.8%)
 - 4 Call their spouse or a family member (1.0%)
 - 5 Do something else (3.9%)
 - 7 Don't know/Not sure
 - 9 Refused

State Added 6: Drug Use

- ID6.1 I am now going to ask about your non-medical use of drugs. "Non-medical use" means using drugs not prescribed by a doctor, or used to get high or for curiosity. I will be referring to cocaine including crack, heroin or drugs like heroin, such as codeine or Demerol, marijuana, also referred to as pot, methamphetamine, also known as meth, crank or ice, hallucinogens, inhalants, prescription painkillers, stimulants and sedatives. Remember, all information on this survey is strictly confidential. Have you ever used any of the drugs I just mentioned?
(n=6528)
- 1 Yes (23.3%)
 - 2 No (76.7%)
 - 7 Don't know/Not sure
 - 9 Refused
- ID6.2 **[If ID6.1 = 1]** How long has it been since you last used any of these drugs for non-medical purposes? Would you say ...
(n=1140)
- 1 Within the last 30 days (0-30 DAYS) (9.2%)
 - 2 More than 30 days but within the past 12 months (31 days to 12 months) (9.4%)
 - 3 More than 12 months ago (81.4%)
 - 7 Don't know/Not sure
 - 9 Refused

State Added 7: Sexual Violence

- ID7.1 The next questions are about different types of violence in relationships with an intimate partner. By an intimate partner I mean any current or former spouse, boyfriend, or girlfriend. Someone you were dating or romantically or sexually intimate with would also be considered an intimate partner. This information will help us to better understand the problem of violence in relationships. This is a sensitive topic. Some people may feel uncomfortable with these questions. At the end of the section, I will give you phone numbers of organizations that can provide information and referral for these issues. Please keep in mind that if you are not in a safe place you can ask me to skip any question you do not want to answer. Are you in a safe place to answer these questions?
(n=6498)
- 1 Yes (99.3%)
 - 2 No (0.7%)
 - 7 Don't know/Not sure
 - 9 Refused
- ID7.2 **[If ID7.1 = 1]** Has an intimate partner EVER THREATENED you with physical violence? This includes threatening to hit, slap, push, kick, or hurt you in any way.
(n=6431)
- 1 Yes (13.5%)
 - 2 No (86.5%)
 - 7 Don't know/Not sure
 - 9 Refused
- ID7.3 **[If ID7.1 = 1]** Has an intimate partner EVER ATTEMPTED physical violence against you? This includes times when they tried to hit, slap, push, kick, or otherwise hurt you, BUT THEY WERE NOT ABLE TO.
(n=6419)
- 1 Yes (13.0%)
 - 2 No (87.0%)
 - 7 Don't know/Not sure
 - 9 Refused
- ID7.4 **[If ID7.1 = 1]** Has an intimate partner EVER hit, slapped, pushed, kicked, or hurt you in any way?
(n=6424)
- 1 Yes (14.1%)
 - 2 No (85.9%)
 - 7 Don't know/Not sure
 - 9 Refused

ID7.5 **[If ID7.1 = 1 AND ID7.3 = 1 OR ID7.4 = 1]** At the time of the most recent incident involving an intimate partner who was PHYSICALLY VIOLENT with you, what was that person's relationship to you?
(n=1027)

- 1 Current Boyfriend (5.8%)
- 2 Current Girlfriend (2.8%)
- 3 Former Boyfriend (13.8%)
- 4 Former Girlfriend (9.1%)
- 5 Fiancé (male) (1.2%)
- 6 Fiancé (female) (1.2%)
- 7 Male you were dating (1.0%)
- 8 Female you were dating (0.5%)
- 9 Female first date (0.0%)
- 10 Male first date (0.0%)
- 11 Husband or male live-in partner (23.6%)
- 12 Wife or female live-in partner (11.5%)
- 13 Former husband or male live-in partner (18.1%)
- 14 Former wife or female live-in partner (8.2%)
- 15 Other (1.2%)

- 77 Don't know/Not Sure
- 99 Refused

State Added 8: 2009 H1N1 Infant Care

ID8.1 During October 2009 through February 2010, did you live with or provide care for a child less than six months of age?
(n=5332)

- 1 Yes (12.3%)
- 2 No (87.3%)
- 3 No, but pregnant at any point from October 2009 through present time. (Volunteered response) (0.4%)

- 7 DON'T KNOW
- 9 REFUSED

Appendix C: References

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