

## Summary data: Adults 18 years and older with doctor-diagnosed arthritis (DRDX+), BRFSS 2003

### IDAHO

#### Doctor-diagnosed arthritis (DRDX+) (Standard Table 1)

249,000 adults have doctor diagnosed arthritis; 25.6% of all adults have DRDX+.

106,000 men have DRDX+ (21.9%).

143,000 women have DRDX+ (29.3%).

54,000 adults 18-44 have DRDX+ (10.6%).

110,000 adults 45-64 have DRDX+ (35.9%).

85,000 adults 65 and older have DRDX+ (55.0%).

226,000 non-Hispanic white adults have DRDX+ (25.9%).

\* non-Hispanic black adults have DRDX+ (\*%). \*Not calculated because fewer than 50 unweighted respondents.

8,000 Hispanic adults have DRDX+ (19.2%).

25,000 adults with less than a high school education have DRDX+ (30.3%).

84,000 adults with a high school education have DRDX+ (27.5%).

139,000 adults with more than a high school education have DRDX+ (23.9%).

73,000 obese adults have DRDX+ (37.5%).

35,000 adults who are physically inactive have DrDX+.

40.3% of adults who are physically inactive have DrDX+.

#### Activity limitation due to arthritis or joint symptoms (Standard Table 2)

99,000 adults have activity limitation due to arthritis or joint symptoms

10.1% of the adult population has activity limitation due to arthritis or joint symptoms.

40.0% of adults with arthritis have activity limitation due to arthritis or joint symptoms.

40,000 (8.2%) men have activity limitation; (37.9% of men with DRDX+ have activity limitation).

59,000 (12.0%) of women have activity limitation; (41.6% of women with DRDX+ have act limit).

#### Work limitation due to arthritis or joint symptoms-persons 18-64 (Standard Table 3)

58,000 (7.1%) of all adults 18-64 have work limitation due to arthritis or joint symptoms.

35.8% of adults 18-64 with DRDX+ have a work limitation due to arthritis or joint symptoms.

27,000 (6.4%) of men 18-64 have a work limitation due to arthritis or joint symptoms.

37.4% of men 18-64 with DRDX+ have a work limitation due to arthritis or joint symptoms.

31,000 (7.9%) of women 18-64 have a work limitation due to arthritis or joint symptoms.

34.4% of women 18-64 with DRDX+ have a work limitation due to arthritis or joint symptoms.

#### Physical activity, body weight, and health status among adults with arthritis (Std Table 5)

Of adults with DRDX+ (15.0%) report they are inactive and another (36.3%) are insufficiently active.

Of adults with DRDX+ (31.0%) are obese and another (37.6%) are overweight.

Of adults with DRDX+ (28.5%) report fair or poor health status.