

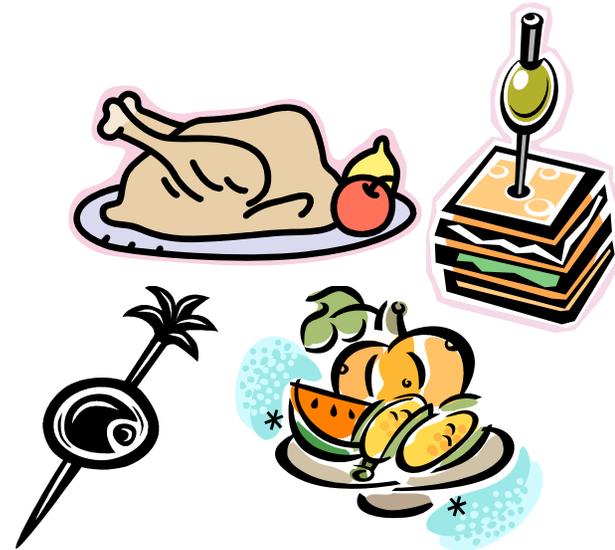
# Be Health Wise

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Germs spread quickly and easily; therefore, bare hands may not come in contact with Ready-to-eat foods.

Ready-to-eat foods include:

- Sandwiches
- Deli meats
- Cooked Meats
- Produce/ Salads
- Garnishes
- Uncooked foods that will not be thoroughly heated or cooked before serving



**Touching Food? Use scoops, spoons, tongs,  
napkins, or gloves**