



2016

MAY

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Collaborating for Health
Building Blocks for a Healthier Idaho

at the Boise Centre

PRESENTED BY



Funding for this conference was made possible (in part) by the Centers for Disease Control and Prevention. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does the mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

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May 24, 2016

Dear Conference Attendees:

The Idaho Bureau of Community and Environmental Health, is pleased to present the Collaborating for Health conference. The inaugural conference theme is “Building Blocks for a Healthier Idaho.” This conference is brought to you through the collaborative efforts of the Bureau’s Diabetes Prevention and Control, Heart Disease and Stroke Prevention, Comprehensive Cancer Control, Oral Health, and Physical Activity and Nutrition programs and Project Filter.

This conference brings together partners from around the state working across the continuum of disease prevention and management to talk about the cross cutting issues of population health. Our aim is to help facilitate the community-clinical linkages and strengthen the efforts of all partners and statewide coalitions in building the systems and environments for a healthier Idaho.

In an effort to develop the basic building blocks for collaboration, the goals of the conference are to:

- Provide opportunities to learn about best and promising practices, strategies and research in public health and healthcare
- Create a supportive and collaborative environment for multi-sector innovative ideas and approaches to public health practice, policy and research that build a strong foundation for a healthier Idaho
- Provide a venue for public health, healthcare and community professionals at all stages of their career to forge new connections, collaborate and innovate to support the health and well-being of Idahoans

Thank you for your attendance, I hope you enjoy the conference and leave with the building blocks needed to create a healthier Idaho.

Sincerely,



Elke Shaw-Tulloch, MHS, Administrator
Division of Public Health

Planning Committee

Angie Bailey, RDH-EA, MSDH - Idaho Oral Health Program

Charlene Cariou, MHS, CHES - Idaho Comprehensive Cancer Control Program

Heather Cessler - BCEH

JamieLou Delavan - Project Filter

Angie Gribble, MHS - Idaho Physical Activity and Nutrition Program

Darcie Koffer, MSN, RN, OCN - St. Luke's Health System

James la Marche - Chronic Disease Section, BCEH

Katie Lamansky, CHES - Idaho Physical Activity and Nutrition Program

Megan Mackey, MPH - Idaho Comprehensive Cancer Control Program

Jack Miller, MHE - Chronic Disease Section, BCEH

Vickie Morgan - BCEH

Nicole Runner, CHES - Idaho Diabetes, Heart Disease and Stroke Programs

Ashley Rundle, CHES - Idaho Diabetes, Heart Disease and Stroke Programs

Ivie Smart, MHE - Project Filter

Kara Stevens - Risk Reduction and Prevention Section, BCEH

Catina Tharp - Idaho Oral Health Program

Amy Yun, MSN, RN - Saint Alphonsus Health System

* BCEH - Bureau of Community and Environmental Health

CONFERENCE EVALUATION

The online conference evaluation will be available immediately following the conference. All conference attendees seeking continuing education credits must complete the online evaluation in order to receive their certificate. A link to complete the online conference evaluation will be emailed to all conference attendees immediately following the conference. A suggestion box is available at registration for comments.

CONFERENCE VENDORS

While at the conference, we encourage you to visit the vendors in the Falcon room during the breaks and Professional Networking Session. Make sure to have all of the vendors sign your “Vendor Passport” and then return the completed passport to the conference check-in table for a chance to win a prize from one of the conference vendors!

CONFERENCE PRESENTATIONS

Presentation slides will be made available online on May 26, 2016 at the conference website, www.collaborating4health.dhw.idaho.gov.

CONTINUING EDUCATION CREDITS

The following continuing education credits will be provided at this conference: Nursing, Medical, Dental, Certified Health Education Specialist, Dietetics, and Social Worker. Registered Nurses and Certified Health Education Specialists will need to provide their license numbers to be issued a continuing education certificate. Those needing nursing and medical credits will need to sign in for each session. All continuing education credit certificates will be provided electronically after completing the online conference evaluation. Credits can only be provided for sessions attended.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Ada Canyon Medical Education Consortium St. Luke’s Health System and Saint Alphonsus Regional Medical Center.

The Ada Canyon Medical Education Consortium is accredited by the Idaho Medical Association and the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

RECYCLING

If you do not wish to keep your meeting materials (including paper, name tags, programs, etc....), please return them to the conference registration table for recycling.

SOCIAL MEDIA

While at the conference please make sure to “like” the Collaborating for Health Facebook Page at www.facebook.com/collaborating4health! We encourage all of the conference attendees to Tweet and share information during the conference using #C4H2016.



YOUR ONLINE GUIDE
FOR CHRONIC DISEASE
RESOURCES

Idaho's most comprehensive resource database

Submit Your Info

The Idaho Wellness Guide connects healthcare providers and people with community resources focused on preventing or managing chronic diseases. Finding statewide services that help keep Idahoans healthy has never been easier. Make sure your information is included and up to date.

Idaho Wellness Guide features a wide range of resources including:

- Cancer
- Diabetes
- Behavioral Health
- Physical Activity & Nutrition
- Tobacco Prevention & Control
- Heart Disease
- Oral Health

Community resources that meet the criteria below can be included!

- Effectively address barriers to patient access to healthcare
- Increase disease management success
- Are evidence-based, evidence-informed, accredited services, or enhanced clinical practices

Wellness.Idaho.gov

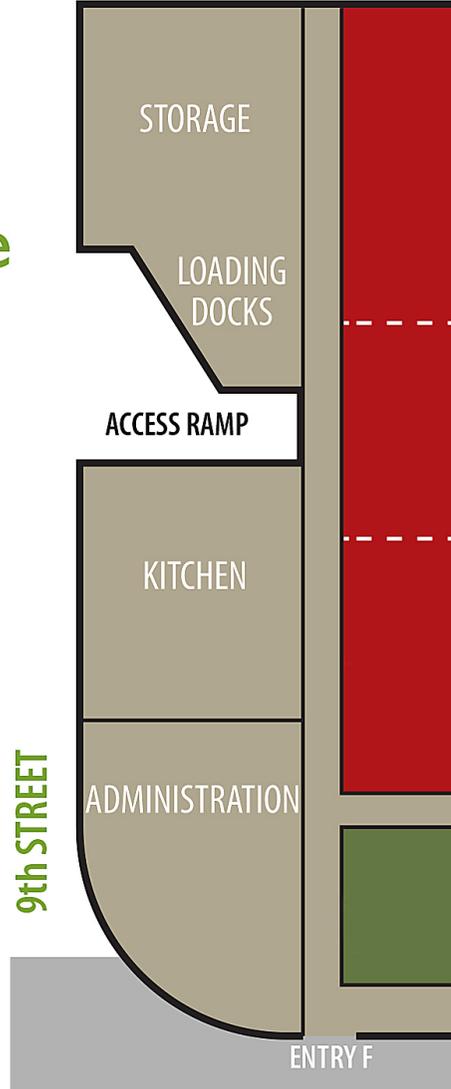
The Idaho Wellness Guide is an opportunity for wellness resources to reach more Idahoans. There is no cost to submit your information.



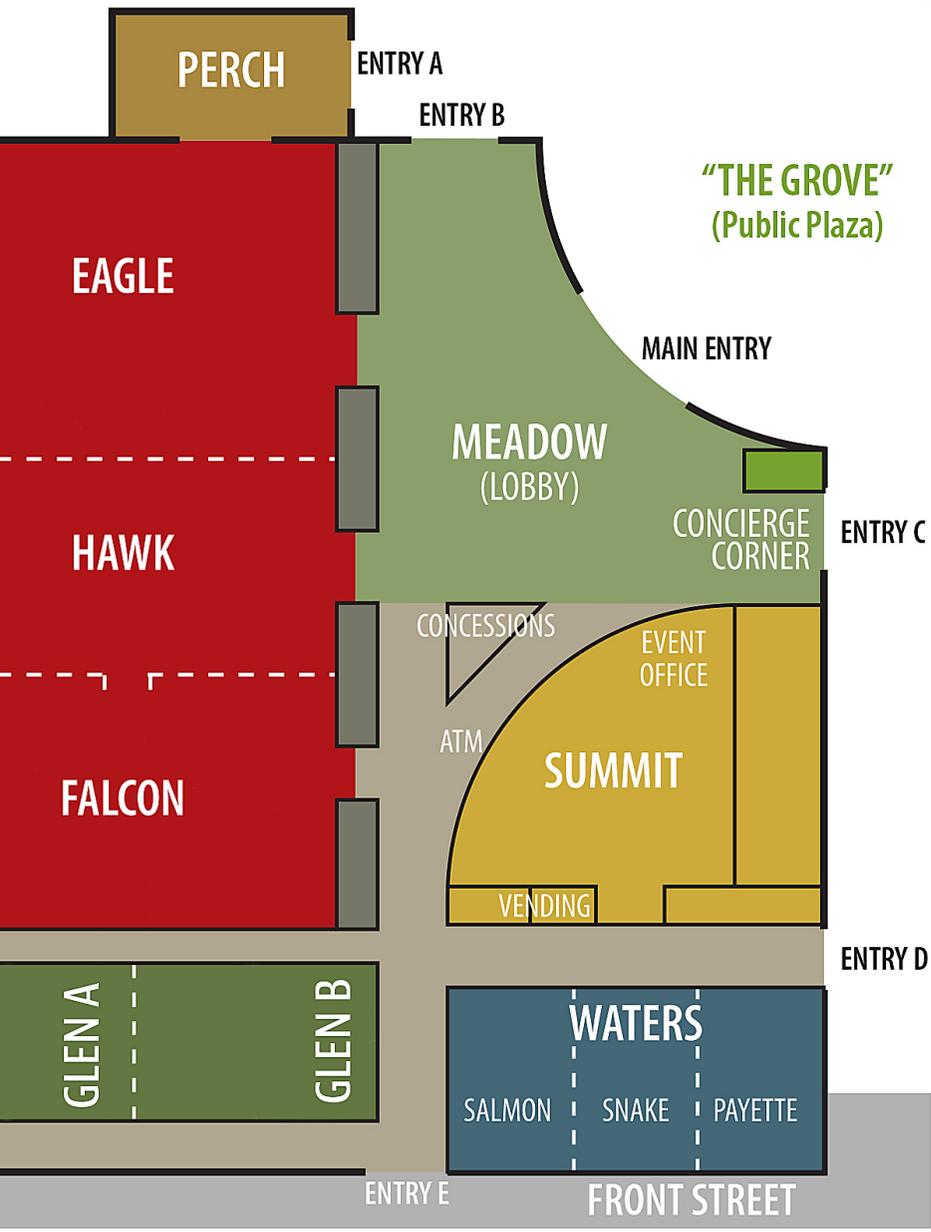


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FLOOR PLAN



Day 1 – May 24, 2016

Time	Session	Room
7:00 – 8:00	Registration and Refreshments	
8:00 – 8:30	Opening Ceremonies and Welcome Elke Shaw – Tulloch, MHS	Hawk
8:30 – 10:00	It Takes a Community to Improve Population Health Darrin Anderson, Sr., PhD, MS	Hawk
10:00 – 10:30	Break: Visit Vendor Exhibits	Falcon
10:30 – 12:00	Creating Health Equity Adewale Troutman, MD, MPH, CPH	Hawk
12:00 – 1:00	Networking Lunch	Eagle
1:00 – 1:30	Guided Walking Tour: Led by Chris Danley	
1:30 – 2:30	Understanding LGBT Health Disparities Scout, PhD	Glen A
	Putting the Mouth Back in the Body: Collaborating for Oral Health Integration Jeff Hummel, MD, MPH	Glen B
	Health Impact Assessment and the 7 Dimensions of Wellness Chris Danley	Hawk
2:35 – 3:35	Depression, Distress and Diabetes Mark Peyrot, PhD	Glen A
2:35 – 3:35	Screen and Intervene Kelsey Ruszel, RD	Glen B
	Program Monitoring & Evaluation: Good questions, credible measures and sharing results Lindsey Turner, PhD & Helen Brown, RDN, MPH	Hawk
3:45 – 4:15	Closing Remarks Darrin Anderson, Sr., PhD, MS	Hawk
4:15 – 6:00	Professional Networking Session	Falcon
5:00 – 6:30	HEAL Working Session	Perch
5:30 – 7:30	Idaho Oral Health Alliance & Idaho Oral Health Network Meeting (Pre-Registration Required)	Glen B

Day 2 – May 25, 2016

Time	Session	Room
7:00 – 8:00	Registration and Refreshments	
8:00 – 8:15	Welcome Charlene Cariou, Idaho Public Health Association	Hawk
8:15 – 9:45	Epigenetics and Equity: The Ultimate Upstream Public Health Challenge Lawrence Wallack, PhD	Hawk
9:45 – 10:15	Break: Visit Vendor Exhibits	Falcon
10:15 – 11:45	Healthcare Transformation Corey Surber & Josh Bishop, PharmD	Glen A
	E.M.A. Tools for Successful Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Principles Mary Ann Hodorowicz, RDN, MBA, CDE, Certified Endocrinology Coder	Glen B
	Cross-Roads Between Clinical and Community Prevention Efforts Darrin Anderson, Sr. PhD, MS	Hawk
11:45 – 12:45	Networking Lunch	Eagle
12:45 – 1:45	Overview of ICD-10 Diagnosis Coding: What you Absolutely Need to Know! Mary Ann Hodorowicz, RDN, MBA, CDE, Certified Endocrinology Coder	Glen A
	Plain Language Michelle Cronen	Glen B
	Collaboration: The Key to Building Healthy, Equitable Communities Darrin Anderson, Sr. PhD, MS	Hawk
1:50 – 2:50	Collective Impact: A framework for success Nora Carpenter	
2:50 – 3:15	Break: Visit Vendor Exhibits	Hawk
3:15 – 4:15	Shared Medical Appointments: Individual Medical Visits in Group Format and Optional Group Lifestyle Change/Patient Education Mary Ann Hodorowicz, RDN, MBA, CDE, Certified Endocrinology Coder	Falcon
3:15 – 4:15	Youth Engagement Panel Photovoice Project Rhonda Heggen & Heather Blume, MS, RD, LD 4H Food Smart Families Maureen Toomey, M.Ed. Fuel Up 2 Play 60 Jennifer Stoor	Glen A
	Putting the “Impact” in Collective Impact Nora Carpenter	Glen B
4:15 – 4:30	Vendor Drawings	Hawk
4:30 – 5:00	Closing Remarks Elke Shaw-Tulloch, MHS	Hawk

It Takes a Community to Improve Population Health -

Darrin Anderson, Sr., PhD, MS

1. Recognize the impact of an Accountable Care Community on population health access and outcomes.
2. Explain an integrated approach on mobilizing community assets to address social and environmental determinants of community health.

Creating Health Equity - Adewale Troutman, MD, MPH, CPH

1. Describe the social determinants of health and how these determinants are impacted by policy and social justice.
2. Describe the difference between health disparities and health equity.
3. Explain why creating health equity has a greater impact on health outcomes than trying to eliminate health disparities.
4. Explain how community engagement is the key to health equity and policy making.

Putting the Mouth Back in the Body: Collaborating for Oral Health Integration - Jeff Hummel, MD, MPH

1. Describe why we need an upstream solution to meet the oral health needs of Idaho.
2. Identify a clear definition for what can be done in primary care to protect and promote oral health.
3. Describe a streamlined process for fitting oral health into an already packed primary care workflow.
4. Propose a practical model for close collaboration between Medicine and Dentistry.
5. Develop reports about Oral Health as a population health quality improvement project.

Understanding LGBT Health Disparities - Scout, PhD

1. Describe the health disparities that exist among LGBT individuals.
2. Describe the barriers and unique challenges LGBT individuals face when accessing health care.
3. Describe strategies that can be used locally to educate and help eliminate LGBT health disparities.

Health Impact Assessment and the 7 Dimensions of Wellness - Chris Danley

1. Define the fundamentals of the Seven Dimensions of Health and Wellness Model.
2. Recognize how the dimensions relate to our communities and our health.
3. Recognize how Health Impact Assessments can be improved through use of the Seven Dimensions Model.

Depression, Distress and Diabetes - Mark Peyrot, PhD

1. Describe risk factors for sub-clinical diabetes-related distress.
2. Describe risk factors for depression.
3. Describe intervention strategies for clinical and sub-clinical mental health distress.

Screen and Intervene - Kelsey Ruszel, RD

1. Engage healthcare sector in increasing patient's access and affordability to fruits and vegetables, delivering value, and reducing cost.
2. Identify a method of screening for food security.
3. Discuss some of the successes and challenges of implementing a food insecurity screening within a primary care clinic.

Program Monitoring & Evaluation: Good questions, credible measures and sharing results -

Lindsey Turner, PhD & Helen Brown, RDN, MPH

1. Identify the six steps of the CDC Framework for Evaluation.
2. Develop and use a logic model to guide evaluation planning.
3. Identify how to use existing data sources, as well as gathering project-specific process and outcome.

Epigenetics and Equity: The Ultimate Upstream Public Health Challenge - Lawrence Wallack, PhD, MPH

Objectives - TBD

E.M.A. Tools for Successful Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Principles -

Mary Ann Hodorowicz, RDN, MBA, CDE, Certified Endocrinology Coder

1. Describe 3 key differences between effective patient empowerment counseling and ineffective compliance counseling.
2. Discuss 3 evidence-based strategies for teaching adults that enhance learning and retention.
3. Explain 10 of the 28 patient empowerment/motivational interviewing tools healthcare professionals can use to change patients' behavior (A.D.O.P.T.E.E.S.).

Cross-Roads Between Clinical and Community Prevention Efforts - Darrin Anderson, Sr. PhD, MS

1. Identify community and clinical linkages and the unique contribution that each sector brings to improving population health.
2. Apply the clinical level and community-level interventions that can be leveraged for community health improvement plans and community benefits programs.

Healthcare Transformation - Corey Surber & Josh Bishop

1. Describe the primary goal of the Idaho State Health Innovative Plan (SHIP) initiative.
2. Identify the health policy, system and environmental change objectives of Promise Partnerships, supported by United Way of Treasure Valley.
3. Identify some of the major market shifts that are impacting the healthcare community from both a payer and a provider perspective.
4. Compare and contrast different payment and community engagement models that could be used to improve the overall health for Idahoans.

Overview of ICD-10 Diagnosis Coding: What You Absolutely Need to Know! -

Mary Ann Hodorowicz, RDN, MBA, CDE, Certified Endocrinology Coder

1. State the maximum number of “characters” in an ICD-10 code and the main purpose of this larger number of characters.
2. State the chapter name, chapter number, chapter letter and 3 digit rubric in the ICD-10 manual that contains many of the codes that RDNs and diabetes educators will likely use when furnishing MNT and DSME.
3. Explain what the 7th character of an ICD-10 code further defines, when it is added to certain diagnosis codes.

Collaboration: The Key to Building Healthy, Equitable Communities - Darrin Anderson, Sr. PhD, MS

1. Recognize ways to convene, connect and empower community partnerships to improve population health outcomes.
2. Interpret barriers and challenges in developing and sustaining community collaborations.

Plain Language - Michelle Cronen

1. Define what plain language is and why it’s important.
2. Identify and explain five key elements of plain language and how to apply them in writing and analyzing materials.

Collective Impact: A framework for success -

Nora Carpenter

1. Define the terms and descriptors of 'Collective Impact' framework
2. Define the contemporary interest in and value of the collective impact framework in the community health environment through.
3. Identify and explain the five conditions of a collective impact framework.
4. Identify local community members at the conference and engage in retooled conversations and apply techniques taught during this session.

Putting the “Impact” in Collective Impact - Nora Carpenter

1. Practice the application of the five conditions of collective impact in group work.
2. Identify and share
 - a) keys to success, b) common pitfalls, c) momentum shifts
3. Design their own modest framework and action plan for,
 - a) beginning the use of the model in their community;
 - b) build on current work;
 - c) course correct efforts gone astray as appropriate for themselves

Shared Medical Appointments: Individual Medical Visits in Group Format and Optional Group Lifestyle Change/Patient Education -

Mary Ann Hodorowicz, RDN, MBA, CDE, Certified Endocrinology Coder

1. State what a shared medical appointment is, and the benefits of.
2. Name the CPT codes used by physicians and NPs to bill for their services in a SMA.
3. Explain the response received from CMS regarding billing by NPs and physicians for their services in SMA.
4. List the 19 health care benefits furnished by behaviorist (e.g., RD, CDE, clinical psychologist) that can potentially be rendered and billed to insurers for the lifestyle change/pt education component of the SMA.

Youth Engagement Panel - Photovoice Project -

Rhonda Heggen & Heather Blume, MS, RD, LD

4H Food Smart Families - Maureen Toomey, M.Ed.**Fuel Up 2 Play 60 - Jennifer Stoor**

1. Apply strategies on how to effectively engage youth in changing community environments in the areas of health, eating and physical activity.
2. Demonstrate the positive impacts for teens as health advocates, at an individual, family and community level.
3. Provide a framework within which students can share their perspective regarding health and wellness and identify opportunities for change in their school environment.

Speakers, Alphabetically by Last Name

Darrin W. Anderson, Sr., PhD, MS, is the State Deputy Director of the New Jersey Partnership for Healthy Kids and the Associate Executive Director of the New Jersey YMCA State Alliance. Darrin leads a statewide multidisciplinary team that advances changes to systems, environment and public policy through strategic operations and planning, community and civic engagement, collaborations, financial development, communications, and program evaluation. He has fostered and continues to foster youth development, healthy living, and social responsibility through his positions as co-chair of the New Jersey Healthy Corner Store Task Force, member of the executive committee of the New Jersey Healthy Communities Network and Get Hype Philadelphia, former co-chair of the U.S. Region II Health Equity Council, and board member of the Advocates for Children of New Jersey.

Prior to joining the Y, Darrin was the Executive Director of the American Diabetes Association, State Health Alliance Director of the American Heart Association, and Clinical Exercise Physiologist at Eugene DuPont Preventive Medicine & Rehabilitation Institute (Cardiopulmonary Rehabilitation), and Christiana Care Health System. He has served on the Governor's Council on Lifestyle & Fitness (DE), Hope Commission (Special Task Force for Positive Youth Development (DE), and was Vice Chair of the Rotary Club of Wilmington, Delaware, Community Service Project. A recipient of the University of Delaware Presidential Award for Minority Students, he received his bachelor's degree and master's degree in health and exercise science from University of Delaware and his doctorate from Temple University (Kinesiology) and is adjunct faculty at Springfield College and Richard Stockton University. Darrin's research interest is in nonprofit leadership development, exercise science, and community-clinical linkages in chronic disease prevention with a focus on public policy, at-risk youth, and communities of low income.



Josh Bishop serves as Vice President and Idaho Regional Director for PacificSource. In this role, Josh is responsible for business development and operations in Idaho, which includes offices in Boise and Idaho Falls. Josh has been with PacificSource since 2008, and is based in Boise. Josh previously served as PacificSource's Director of Pharmacy Services, and as Executive Director of our Columbia Gorge CCO in Oregon, where he successfully collaborated with public and private stakeholders to improve quality outcomes and lower costs in one of Oregon's Medicaid plans. Prior to joining PacificSource, Josh worked as a clinical pharmacist for Rocky Mountain Health Plans in Colorado.

He earned his Doctor of Pharmacy (PharmD) in 2006 from Oregon Health Sciences University and Oregon State University. In his spare time, Josh enjoys active outdoor sports including mountain biking, snowboarding, and hiking. You will also find him volunteering with organizations that enhance the health and wellness of our community.



Heather Blume, MS, RD, LD, is a Child Nutrition Coordinator for the Idaho State Department of Education. She has been reviewing schools in Idaho that conduct the National School Lunch Program for the last three years. In addition to working with school meal programs, she works on a grant with the Department of Health and Welfare to promote wellness and sound nutrition practices in schools. Heather is a registered dietitian and holds a Master of Science degree in Family and Consumer Sciences from the University of Idaho. Prior to joining the Child Nutrition team she worked as an instructor for the University of Idaho teaching nutrition and food science courses.



Helen Brown, RDN, MPH, is an Assistant Clinical Professor in Exercise Sciences of Health, Movement Sciences Department at the University of Idaho where she teaches community health and engages students in service learning healthy active lifestyles programming. Helen most enjoys participatory action research with communities across Idaho to improve nutrition, physical activity and overall quality of life. She has conducted community and health access assessments for Idaho Tribes and conducted a statewide

surveillance of obesity related data indicators in Idaho. Helen is most interested in helping communities collect the data they need most to identify needs and successfully obtain funding and resources to take action to improve health. Prior to coming to the University of Idaho, Helen worked as a public health practitioner and nutritionist in a variety of settings. She is married to a fine man, has three wonderful adult kids and when she is not working, you can find her in her garden or out and about traveling.



Nora Carpenter, President and CEO of United Way of Treasure Valley is a well-known leader in Idaho's nonprofit community. She's an Idaho native, originally from Caldwell, and a proud Idaho Vandal. Nora joined United Way in 2012 as part of her professional quest to never grow up. Nora has a long history of leadership and involvement in Idaho's nonprofit community including serving as the President of the Better Business Bureau of Southwest Idaho for nearly 20 years, and as Executive Director of Big Brothers Big Sisters of Southwest Idaho. She took a short four-year diversion to Washington, D.C. to focus on leadership and capacity building for the Council of Better Business Bureaus. Throughout her career, Nora has focused her energy on building and inspiring emerging leaders, to channel their talents toward positive, meaningful impact for themselves and their community.



Michele Cronen is the Senior Associate Editor at Healthwise, Inc., where she leads the associate editor team. This team copyedits and proofreads every piece of health content that Healthwise produces in its mission to help people make better health decisions. Michele has been a professional editor for nearly 30 years, working at newspapers and a professional association before joining Healthwise 12 years ago. In addition to getting plain-language training at Healthwise, Michele attended the University of New England's Health Literacy Summer Institute in 2006 and is passionate about plain language and clear communication. She

created and maintains Healthwise’s Plain-Language Glossary and frequently leads fun and engaging training sessions on plain language.



Chris Danley is the owner of Vitruvian Planning located in Boise, Idaho. Having spent his youth in Southern California, he joined the US Navy and spent five years in Naval Aviation traveling the world and experiencing numerous cultures and environments. Upon his honorable discharge, Chris went back to Southern California to earn his Bachelor’s Degree in Social Sciences from Chapman University in Orange, California before moving to Spokane, Washington to enroll at Eastern Washington University and earning a Master’s Degree in Urban and Regional Planning. Soon after, Chris relocated to Boise to become the first Comprehensive Transportation Planner at the Ada County Highway District. In 2011, he founded Vitruvian Planning with the intent of bringing the planning field back to its origins by infusing health into various projects.

Chris has a rare education including formal Health Impact Assessment training, is a Safe Routes to School and League of American Bicyclist instructor, creator of the Activity Connection Plan® model and co-creator of the Looking Glass Academy; a formal training academy that teaches people from all backgrounds how to conduct walk and bicycle audits in their own community. Tapping into his personal experience as a former personal trainer, coach, and avid runner and cyclist, Chris seeks to mesh his professional knowledge and personal passions by “Bridging Health and Mobility” into all planning endeavors. Recent projects have included numerous Health Impact Assessments, Complete Streets policy development, several bicycle and pedestrian plans, and health chapter development for numerous comprehensive plans.



Rhonda Heggen began her teaching career in the Boise School District in 1985 as a junior high PE and Health teacher, and coach. She taught across the Boise School District grades K-12 and enjoyed a variety of teaching assignments working with different age groups and demographics. She earned her master’s degree in Exercise and Sport Science in 1991 and did some adjunct teaching in education at Boise

State University. She continued her teaching career at Cole Valley Christian Schools for 13 years as a teacher, coach and athletic director before coming to the State Department of Education as the Physical Activity, Nutrition and Tobacco Prevention Coordinator for Idaho schools. She works to make schools a healthier place for students and staff, encouraging health across the curriculum. She is married with two grown children and enjoys hiking, biking and skiing with her husband.



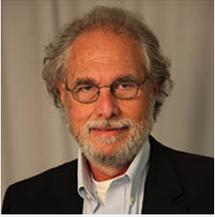
Mary Ann Hodorowicz is a RD, CDE and Certified Endocrinology Coder with a MBA in marketing. She is a consultant for the health, food and pharmaceutical industries and is recognized for her expertise in multiple diabetes topics. She especially loves helping clients achieve AADE accreditation for their DSME programs with her turn-key materials. Thus, she sees herself as a “Diabetes Department Store”! Mary Ann has volunteered in many capacities within the AADE and served on the board of directors from 2013 to 2015. She has also been active on numerous committees of the Academy of Nutrition and Dietetics for over 20 years, including the task force that spear-headed the Medicare MNT benefit. Besides her 1 husband and 2 sons, the other loves of her life are chocolate and Champaign....so if you have a recipe combining the two, please email it to her!



Jeff Hummel, MD, MPH, has worked for Qualis Health since 2006 as Medical Director for Healthcare Informatics. His special interest is integrating information technology into clinical workflows for quality improvement. He is currently involved in several national and regional projects designed to integrate oral health into primary care in a medical home setting.

Dr. Hummel is a general internist who started his career in a solo practice in rural Eastern Washington and Northern Idaho. Following that he spent 13 years

at Group Health in Seattle combining clinical practice innovations in a multi-disciplinary care team with the emerging discipline of chronic disease management. He then spent another 11 years at the University of Washington Neighborhood Clinics involved in early efforts to use EHR data for clinical quality reporting in population health.



Mark Peyrot is Professor of Sociology at Loyola University Maryland and Professor of Health and Social Sciences at Bergen University College (Norway). He was formerly a faculty member in the departments of Sociology and Medicine at the University of Kentucky and Medicine at Johns Hopkins University. His recent projects comprise multiple funded studies, including: surveys of psychosocial and behavioral outcomes and determinants among diabetes patients, their family members and health care providers (e.g., the DAWN and DAWN2 studies); studies of patient reported outcomes in diabetes clinical trials (e.g., adherence, treatment satisfaction and quality of life); and studies of the drivers, consequences and relationships among diabetes, depression, and complications of diabetes.

Dr. Peyrot has served leadership roles within the ADA and the AADE and was one of the developers of the National Diabetes Education Outcome System, the AADE7 Self-care Behaviors, the National Standards for Diabetes Self-management Education and the National Standards for Outcomes Measurement of Diabetes Self-management Education. His 300+ publications include a co-edited collection of diabetes psychosocial care guidelines recently published by ADA.



Kelsey Ruszel is a Registered Dietitian, with a Bachelor's degree in Nutrition from Cal Poly, San Luis Obispo, a 10-month Dietetic Internship at Idaho State University-Meridian, receiving her final certification through the Registration Examination for Dietitians. She is an ACE Certified Health Coach with skills in counseling and motivational interviewing. Her education has provided her with hands-on training

focusing on how the social aspects of different populations relates to their nutrition and overall health. Her educational projects included organizing cooking classes for persons with HIV using food pantry items; participating in free community health screenings with

ISU; and writing and team-teaching a semester-long curriculum for an after-school nutrition program at a Title I elementary school.

In her current role at Family Medicine Residency of Idaho (FMRI), Kelsey provides nutrition education for diabetes, dyslipidemia, hypertension, and weight management, and education for children, families, and pregnant women. Kelsey seeks to understand the social determinants that affect the daily choices of patients and provide practical advice for improving their nutrition and lifestyle.

Kelsey is a volunteer nutrition instructor for Idaho Food Bank Cooking Matters classes, which teach low-income participants hands-on cooking, shopping, meal planning, and nutrition skills over a 6-week period. Her past-participants include adults, families, Somali-Bantu refugees, and persons with HIV. For the past year, Kelsey has been working on the Screen and Intervene: Food is Medicine pilot project at FMRI in collaboration with a pediatrician at the clinic and the Idaho Hunger Relief Task Force. She is excited to share this project with attendees at the Collaborating for Health Conference.



Dr. Scout has appeared on NPR, The Larry King Live Show, the Melissa Harris Perry Show, the Oprah Winfrey Show; he's been interviewed by the Washington Post, New York Times, and dozens of other newspapers. In 2014 he was named one of the Out100 by The Advocate Magazine and received a Rockefeller Foundation writing fellowship on transgender health. Prior to that he was named the CDC Health Equity Champion and National Youth Pride Services Advocate of the Year.

Dr. Scout received his Ph.D. from Mailman School of Public Health at Columbia University. He prepares a weekly column on Huffington Post about LGBT health and is a frequent public speaker. Dr. Scout is a grant writing and technical assistance consultant and the Director of LGBT HealthLink at CenterLink. He

is an openly transgender father of three kids, a vegetarian, a leader in Rhode Island Hiking Club and an aficionado of bikeshare programs across the U.S.



Jennifer Stoor has been an elementary physical education teacher for the past 18 years in the West Ada School District. In 2015, she was selected as Idaho’s Elementary Physical Education Teacher of the Year by the Idaho Association of Health, Physical Education, Recreation and Dance. In 2013, she made the top 15 in the country for the NFL Network Physical Education Teacher of the Year.

She was born and raised in Fruitland, Idaho participating in all the sports available. She played basketball at the local junior college, Treasure Valley Community College and enjoyed coaching at the high school level and recruited for TVCC. She went on to Boise State University to earn her B.S. in Physical Education.

As a teacher at Ponderosa Elementary, Jennifer stays motivated and excited with their student walk/run program, “Pacers.” Pacers has sparked a wildfire of excitement for many schools in the valley wanting to start their own programs. Jennifer encourages students to find their passion; that spark that keeps them ablaze down their path toward a healthy life. Her motto is to “Make it fun or it won’t get done! Play!”



Corey Surber, MHS, Corey Surber currently serves as Director of State Advocacy for Trinity Health, representing Saint Alphonsus Health System, and has been with Saint Alphonsus for the past 23 years. Corey is also adjunct faculty at Boise State University, teaching courses dealing with health policy, health delivery systems and health care quality. She earned a Bachelor of Science degree from College of Idaho, and a Master of Health Science degree from Boise State University.



Maureen Toomey, M.Ed., directs Idaho 4-H’s statewide healthy living program. She is successful in developing resources to support programs serving low-income and ethnically diverse youth. Toomey partners with schools, recreation and afterschool programs, and Eat Smart Idaho, delivering healthy living education including basic nutrition. Under

Toomey's leadership college interns and teen advocate teach these classes. The teen advocate program, designed by Toomey, gives teens training on nutrition and healthy habits and fosters their public speaking, critical thinking and leadership skills.

Toomey has administered grant funded afterschool programs in multiple counties. She has provided technical assistance and staff training in the areas of healthy living (nutrition and physical activity), visual and cultural arts, and science. To support these programs Toomey oversaw the partnership with AmeriCorps VISTA, having up to ten placements at a time. She was also instrumental in securing the C. S. Mott partnership grant that launched the Idaho Afterschool Network. Recent regional and national presentations include "Connecting Internally to Build Healthy Youth," "Teen Advocates Impacting Idaho's Health," "Science Out Your Backdoor," "The Best 4-H Snacks," "Healthy Living with Challenged Youth," and "Idaho 4-H Afterschool, Outreach to Rural Communities."

Toomey currently sits on the National 4-H Council Hispanic Advisory Committee and the USDA- National Institute for Food and Agriculture, Positive Youth Development – Health Team. For all her efforts Toomey received the Idaho Association of Extension 4-H Agents, Meritorious Service Award, 2015.



Adewale Troutman, MD, MPH, CPH, Professor, Associate Dean for Health Equity and Community Engagement, University of South Florida. Adewale Troutman identifies himself through his commitment to social justice, human rights, community activism, health equity and national and global health. His life's work has

been a testimony to this fact. Dr. Troutman has over 40 years of dedication through action to the principles of universal freedoms and the elimination of racism, injustice and oppression. His unique educational background has been a major factor in this quest. Dr. Troutman has an MD from New Jersey Medical School, a Masters in Public Health from Columbia University, Masters in Black

Studies from the State University of New York in Albany, and as of October 2009, board certification from the National Board of Public Health Examiners. He is a residency trained Family Physician graduating from residency at the Medical University of South Carolina. His career has included clinical emergency medicine, hospital administration, academic and public health practice. He served as an Associate Professor in the University of Louisville's School of Public Health and Information Sciences while directing the Metro Louisville Department of Public Health and Wellness.

His experience includes special consultancies with the World Health Organization in Thailand and Japan, health assessment missions in Angola, Jamaica and Zaire and training in India and Austria. His commitment to Justice has evolved into his nationally recognized efforts to create health equity and the supremacy of the social determinants of health, the founding of the first Center for Health Equity at a local health department and the creation of the Mayors Healthy Hometown Movement. He is also credited with the passage of one of the strongest anti-smoking ordinances in the country.

Dr Troutman has had multiple publications including "What if We Were Equal", co-authored with former Surgeon General and Assistant Secretary of Health, Dr David Satcher. His awards and recognitions include the Medistar physician of the year award, the St Stephens Community Man of the Year Award, the Ottenheimer Award for Social Justice, The Power to End Stroke Award and numerous others.

He is featured in the nationally televised PBS series; Unnatural Causes; Is Inequality Making Us Sick? Dr Troutman serves a member or past member of the National Board of Public Health Examiners, the Academy for Health Equity, the Health and Human Services Secretary's Advisory Committee on Health Promotion Disease Prevention Healthy People 2020, the Health and Human Services Secretary's Advisory Committee on Infant Mortality, the Board of Directors of Public Health Law and Policy, the Executive Board of the American Public Health Association the African American Heritage Center and the National Association of County and City Health Officers. Dr. Troutman will assume the presidency of the American Public Health Association at the close of the national convention on October 31, 2012.

A nationally known speaker, Dr Troutman is an accomplished African Percussionist, a SCUBA diver, published poet and writer. He is married with 4 children.



Lindsey Turner, PhD, is a research associate professor in the College of Education at Boise State University. She is also the founder and director of the College's new Initiative for Healthy Schools. The Initiative is home to several national and locally-focused research studies on school health policies and practices, and studies of the links between student wellness and academic outcomes. In addition, the Initiative provides technical support and assistance to Idaho schools that are implementing best-practices for promoting student wellness. Lindsey uses both quantitative and qualitative methods in her work, and her doctoral coursework included a minor in statistics and research methods. Her postdoctoral training was in program evaluation.



Lawrence Wallack served for nine years (2004-13) as Dean, College of Urban and Public Affairs at Portland State University. He is currently Professor and Director, Center for Public Health Studies at Portland State and Distinguished Fellow of the Moore Institute for Nutrition and Wellness at Oregon Health and Science University. He is also Emeritus Professor of Public Health, University of California, Berkeley. He was the founding director of the Prevention Research Center (1983-86), the first federally funded national alcohol research center with a primary emphasis on prevention. From 1986 to 1995 he was the principal investigator for the California site of the Community Intervention Trial to Reduce Smoking (COMMIT). This project funded by the National Cancer Institute was the largest randomized community trial ever developed for the prevention of smoking.

In 1993 he was the founding director of the Berkeley Media Studies Group, an organization conducting research and training in the use of media to promote

healthy public policies. Dr. Wallack is one of the primary architects of media advocacy – an innovative approach to working with mass media to advance social and public health issues. He has published extensively and lectures frequently on the news media and public health policy issues. Dr. Wallack has been honored with various awards and was one of the original recipients of the Innovators Award (2000-05) from the Robert Wood Johnson Foundation. This award recognized lifetime achievement and innovation in the area of prevention. He is past Chair, Board of Trustees, World Affairs Council of Oregon and served for five years on the Board of Governors, City Club of Portland. He currently serves on the governing boards of, Upstream Public Health (Portland, OR), and The Praxis Project (Washington, DC). He also serves on the National Advisory Committee of the Robert Wood Johnson Foundation Clinical Scholars Program. He has served on several Institute of Medicine committees and is a Lifetime National Associate of the National Academies based on “extraordinary contributions through pro-bono service to National Research Council and Institute of Medicine.” Dr. Wallack’s current work focuses on translating the science of developmental origins of health and disease into public health policy and practice on a community, regional, and statewide level in Oregon. He is also part of the team evaluating Voices for Healthy Kids, a national effort funded by the Robert Wood Johnson Foundation and the American Heart Association to reduce childhood obesity through passing and implementing policies at the local and state level.

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