

Growth and/or Weight Gain Chart Sample Scripts:

Initial Growth Grid Explanations:

- **"In general, [kids/pregnant women] plot somewhere between these lines. [You are/your child is] plotting here today."**

Asking About Grid:

- **"We only have one measurement to look at today, what is more important is how this looks over time. "**
OR
- **"What is more important than each dot, is the trend over time and if it stays around the same line on the grid."**

Transitioning to "D":

- **"I would like to get a better idea of how [you are/he/she is] eating."**
OR
- **"The [growth/weight grid] is only one piece of the puzzle when it comes to nutrition. I would like to hear more about how you feel [your/his/her] appetite is."**

Notes:

- Avoid using "judgmental" language (i.e. underweight/overweight/small/big).
 - If [client/caregiver] asks for numbers, provide them with the appropriate information and facts.
- ★ Next, use a tool with appropriate invite.

