



IDAHO DEPARTMENT OF HEALTH & WELFARE
DIVISION OF PUBLIC HEALTH

Idaho WIC Training **WIC Overview**

Trainer



Module 1: Residency, Category, and Identity

In addition to the main activities, the Learner may be asked the following discussion items within this module (*Look for the discussion symbol in the Activities Workbook*).



Activity 1

- **Idaho Authorized Food List**

- Staff will be asked to locate a copy of the current food list.
- The activity will consist of the Learner asking for a sample of WIC checks.
- Using the food list and the checks to create a grocery list of what they would buy with their WIC checks if they were a WIC participant.

- **Medical Documentation Form**

- Staff will be asked to locate a copy of the current Medical Documentation form.
- The activity will consist of the Learner reviewing the form and asking for examples of the most common reasons for using this form, whom you would ask for help when this form is needed, and any other additional questions.

- **Rights, Responsibilities and Consent Form**

- Staff will be asked to locate a copy of the current Rights, Responsibilities and Consent Form.
- The activity will consist of the Learner reviewing the form and asking the importance of this form, the three required statements when reviewing the form with participants, and any other additional questions.



Activity 2

The Learner will be asked to locate where copies of trigger cards are kept in the clinic. The Learner will review the trigger card and then practice how they would use the trigger card to explain WIC to a person who walks into the clinic asking for information about the program.

Module 2: Application Process



Tell the Learner how the process to sign up for WIC works in your clinic(s).