

## Important things to know

We need to work together to be sure your benefits are accurate and continue. Here's what you need to do:

- Assist state and federal reviewers who need to review your benefit qualifications.
- Complete and submit information requested by the Department that is needed to determine your eligibility for ongoing benefits.
- Provide accurate information. If any information you provided is not true, you may be required to return any benefits you have received and face sanctions or penalties.
- If you are receiving a tax credit, you will be required to reconcile this information on your federal tax returns.

## Reporting and other requirements

Report changes:

call **1-877-456-1233**,  
email [mybenefits@dhw.idaho.gov](mailto:mybenefits@dhw.idaho.gov), or  
fax **1-866-434-8278**

**Report any changes to your income or household size or living arrangements.** Let us know when your household size, income, address, or access to other health insurance changes. If your household income grows beyond the limit for your household size, report the change within 30 days.

If you receive services after the age of 55, your estate may be subject to recovery of medical expenses paid for you. Additionally, any transfer of assets may be set aside by a court if you do not receive adequate value. For more information about the estate recovery program, please see the Idaho Health Plan Coverage booklet provided by the Division of Medicaid, or access the Idaho Health Plan Coverage booklet on our website at [healthandwelfare.idaho.gov](http://healthandwelfare.idaho.gov).

Find out more about services that may be available to you!

Visit online at [211.idaho.gov](http://211.idaho.gov)  
or dial **2-1-1**.



Go interactive online at  
[livebetteridaho.org](http://livebetteridaho.org).



# Healthcare

## Aid to the Aged, Blind, and Disabled

Welcome to the Idaho Department of Health and Welfare. We are here to help you get the care you need for your long-term health.

# “I want to be healthy.”

Taking care of your family’s health—including regular checkups, disease screening, and vaccines—can keep your family healthy and strong for the future.

## Aid to the Aged, Blind, and Disabled

Our health coverage programs help match you with the right health coverage for you and your family’s needs. The Aid to the Aged, Blind, and Disabled (AABD) program is part of Medicaid services and is available to individuals and families with special circumstances.

You may be eligible for AABD Medicaid if you are:

- 65 years or older
- Blind
- Disabled per Social Security standards
- A U.S. citizen or legal permanent resident
- Within the applicable financial guidelines

To find out if you qualify, visit [idalink.idaho.gov](http://idalink.idaho.gov).



To find out if you qualify for healthcare coverage, you can apply at one of our office locations throughout the state or online at

[idalink.idaho.gov](http://idalink.idaho.gov).

You may also call **1-877-456-1233** to apply over the phone.

## Programs that fall under the AABD range of service:

For most of the special coverage programs, a level of care assessment must be determined by one of our healthcare professionals to determine healthcare needs.

- **Standard AABD Medicaid Coverage** – Health coverage provided for low income elderly/disabled adults or individuals qualifying for health coverage assistance under Social Security requirements.
- **Medicaid for Workers with Disabilities** – Health coverage provided to those individuals who are working. This program may require customers to pay a portion of the health coverage costs based on their income.
- **Home and Community Based Services** – Medicaid coverage provided to individuals, who meet nursing home level of care, but wish to remain in their own home or in assisted living.
- **Long Term Care Services** – Healthcare benefits provided for those seeking nursing home services.
- **Katie Beckett** – Program designed for disabled children wishing to remain at home who do not meet income requirements for other Medicaid coverage programs.
- **Medicare Savings Programs** – Programs provide help paying for Medicare premiums, co-payments, and deductibles.
- **AABD Cash Assistance** – Cash benefit provided to individuals who are eligible for SSI and who meet other income and living arrangement guidelines.

## Patient financial responsibility

If you qualify for Long Term Care or Home and Community Based services, a “share of cost” or patient contribution may be required based on your available income. If you are required to pay a portion of your costs, this payment will be made directly to your providers prior to Idaho Medicaid paying the remainder of the cost of your care.

If you do not qualify for one of these healthcare programs, community health centers across Idaho have resources to help. To connect with these groups, visit [idahopca.org/community-health-centers](http://idahopca.org/community-health-centers).

## Living healthy

Health coverage and access to regular healthcare is just one part of living a healthy life. Exercise, eating well, and taking care of your mental health are critical to your overall well-being. Small changes, like adding a ten minute walk to your day, or eating a healthy breakfast, can add years onto your life. We can help you find resources to make living a healthy life easier for you and your family. There are programs across Idaho to help with disease prevention, family well-being, community health, and women who are pregnant or have young children.

For more information on health programs available to help you, please visit [healthandwelfare.idaho.gov/Health](http://healthandwelfare.idaho.gov/Health).