

Orientation and Mobility
is
a related service specific
to students with visual im-
pairment and blindness.

***A Certified
O&M Specialist
can***

complete an O&M evalu-
ation to determine if the
student could benefit from
instruction in sensory use,
concept development, mo-
tor use, and formal O&M
skills.



Tactual Globe



**Two students on a class field trip
to train station**

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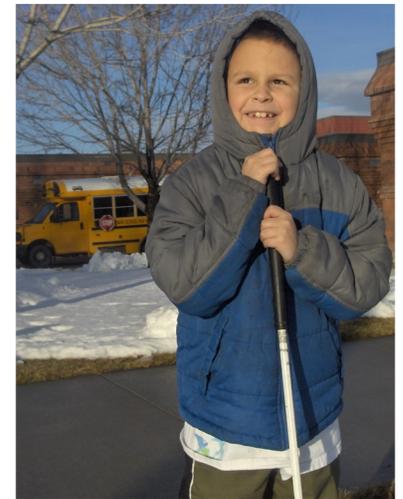
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Our Vision
*Education, Communication and
Independence for Life*

***Idaho
Educational
Services
for the Deaf
and the Blind***

***Orientation
and
Mobility:***

**A service for students
with visual impairment
and blindness**



**Student with cane
by school bus**

O&M Orientation and Mobility O&M

*Orientation and Mobility (O&M)
means
learning to move*

This service is for students
who are:

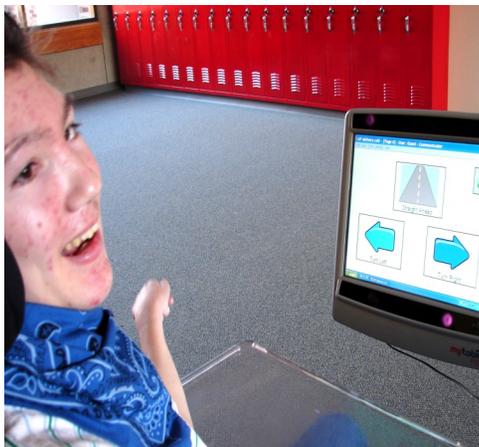
Visually Impaired
Blind
DeafBlind
Multiply Impaired-Visually Impaired

It may also be for students with:

Low Vision
Night Blindness
Pre-mobile
Limited Peripheral Fields

and for travel use:

Canes
Protective Techniques/Sighted Guide
Walkers/Wheelchairs
Monoculars



**Student with wheelchair uses eye gaze
computer program to give directions**

*A child may need an
O&M evaluation
if you noticed that she:*

- Doesn't move toward sounds, toys, or other parts of her world
- Trips on objects, stairs, or curbs
- Bumps into things at home or school, especially when the lighting changes, such as dawn to dusk
- Doesn't independently move around in stores or community as her peers

or if he needs to learn to:

- Explore new places in his world
- Travel confidently and safely around objects, up and down stairs, and curbs
- Meet current and future age-appropriate travel needs

The Next Step

An assessment by a Certified O&M Specialist can determine which skills need to be taught and reinforced. Each school district is responsible for direct and consultative O&M services. Parents and school districts decide how to cover the purchase of white canes and other travel devices, as well as, distance visual devices when needed.

At this time, the IESDB Outreach program provides O&M assessments. A Certified O&M Specialist will provide an assessment at the student's home, school and/or community. The Idaho School for the Deaf and the Blind has a full-time Certified O&M Specialist as part of its campus program in Gooding.

*A Certified O&M Specialist
is trained to teach
a child age-appropriate skills to:*

- Develop spatial and body concepts, such as "forward", "under," "hand," or "foot"
- Build from crawling on the floor to walking to maneuvering around and out of the home
- Travel independently inside a school
- Use voices and sounds in the environment to move purposefully
- Use landmarks and clues to know where she or he is and how to find new places
- Travel safely with group during field trips
- Ask for and use directions
- Travel in the community, including in stores, to banks, in a neighborhood, in rural settings, and around people
- Request assistance
- Travel in different lighting (dusk, brightly lit, night, cloudy days, etc)
- Cross various kinds of intersections safely (stop signs, traffic lights, turn lanes, etc.)
- Use public transportation or a driver



Student with monocular