

**DOMAIN 1: APPROACHES TO LEARNING AND COGNITIVE DEVELOPMENT****SUB-DOMAIN: LEARNING APPROACHES****REFLECTION AND INTERPRETATION****GOAL 7: CHILDREN INTERACT, UNDERSTAND, AND VIEW THE WORLD INFLUENCED BY TEMPERAMENT.**

Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
<p><b>Birth through 8 Months</b></p>	<p>Expresses temperamental indicators of intensity, persistence, sensitivity, adaptability, activity level, approaches to newness, mood, and distractibility.</p>	<ul style="list-style-type: none"> <li>▪ Newborn has unregulated and characteristic temperamental reactions to their environment (e.g. displays sensory reactivity to taste, sounds, touch, and sights).</li> <li>▪ Responds to sensory stimuli such as loud noises, lights, spaces, touch, and texture with varying degrees of intensity.</li> <li>▪ Develops sleeping, feeding, and waking cycles.</li> <li>▪ Seeks comfort with family members/familiar others, and begins to modulate responses with them.</li> <li>▪ Begins to develop coping skills to help self-regulate, with caregivers support (e.g. verbalizes, cries, moves body, sighs).</li> </ul>	<ul style="list-style-type: none"> <li>▪ Recognize and respond to each child's individual temperaments and needs.</li> <li>▪ Be responsive and nurturing to child's needs rather than following a strict schedule.</li> <li>▪ Be aware of your own temperament characteristics (calm, easy, flexible, excitable, active, feisty, cautious, and slow to warm).</li> <li>▪ Nurture child's ability to focus attention being mindful of child's persistence, sensitivity, intensity, and approaches to newness (e.g. visual tracking of mobiles, toys, faces).</li> <li>▪ Observe and respond to child's unique cues, especially during transitions in routines and settings.</li> <li>▪ Plan for and adjust sensory environment in response to the child's sensory reactions (e.g. amount of physical closeness, sounds, and textures).</li> <li>▪ Support child and mediate for them in stressful situations (e.g. unfamiliar person or setting).</li> </ul>