

DOMAIN 3: SOCIAL AND EMOTIONAL DEVELOPMENT			
SUB-DOMAIN: EMOTIONAL DEVELOPMENT			
SELF-CONCEPT			
GOAL 36: CHILDREN PERCEIVE THEMSELVES AS UNIQUE INDIVIDUALS.			
Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
Birth through 8 Months	Shows attachment with primary caregivers.	<ul style="list-style-type: none"> ▪ Gazes at and tracks the human face. ▪ Explores own body (e.g. observes hands or reaches for toes). ▪ Visually tracks primary caregivers, reaches toward, and babbles in communication to primary caregivers. ▪ May increase agitation, then calm when hears attachment figures' voices or sees their faces. ▪ Explores the face and other body parts of others (e.g. touches caregivers' ears, hair, hands). ▪ Shows awareness of self in voice and body. ▪ Reacts more quickly with social response for known individuals than for unfamiliar adults. ▪ Responds with gestures or vocalization to sounds, movement, or the facial expressions of others. ▪ Shows interest in and may reach for other children. 	<ul style="list-style-type: none"> ▪ Hold, cuddle, physically nurture, and be responsive to child to foster trust and attachment. ▪ Help child learn to calm self (model calming behavior, offer soothing objects and touch). ▪ To address family values and policies and values of other care settings, providers and parents can discuss values about dependence and independence, adult responses and the type of response offered, and child's cues for gaining adult help. ▪ Recognize that many families value interdependence. Some children will show varying levels of independence, while others will show independence and stronger bonds with family and community. ▪ Through daily care routines, provide opportunities for child to explore your face and hands. ▪ When approaching a child, talk to them about what is going to happen next (e.g. "I'm coming with your bottle Jade." "How about we rock in the chair while you drink your milk?").