

DOMAIN 2: MOTOR DEVELOPMENT, PHYSICAL WELL-BEING, AND HEALTH			
SUB-DOMAIN: HEALTH			
DAILY LIVING SKILLS			
GOAL 23: CHILDREN DEMONSTRATE PERSONAL HEALTH AND HYGIENE SKILLS.			
Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
Birth through 8 Months	Infants react and respond to an adult performing hygiene care giving.	<ul style="list-style-type: none"> ▪ Responds to vocalizations during routines including diaper changing, eating, and dressing. ▪ Indicates needs and wants such as hunger, fatigue, a soiled diaper, or discomfort. ▪ Anticipates routines. 	<ul style="list-style-type: none"> ▪ Ensure that child receives regular checkups that include appropriate screenings, immunizations, preventive care, and information about child development. ▪ Establish a system for keeping records and documents for personal health and care of the child. ▪ Establish dental care for child. ▪ Offer eye contact to infant during personal care, watching for stimulation and overstimulation as you engage the baby. ▪ Talk with child about the personal care you are offering to the child and describe what you're doing when bathing, diapering, dressing, and cleaning. ▪ Build routines for daily care giving activities. ▪ Provide hand washing at appropriate times (hands can be washed with a damp paper towel and a drop of soap then wiped dry with a paper towel before and after eating and, after diapering). ▪ Make bath times safe and enjoyable (e.g. provide safe bath toys, sing songs, tell stories). ▪ Shield infant's eyes, and protect infant with blanket, hats, and/or appropriate clothing when in the sun.