

**DOMAIN 2: MOTOR DEVELOPMENT, PHYSICAL WELL-BEING, AND HEALTH**

**SUB-DOMAIN: MOTOR DEVELOPMENT**

**FINE-MOTOR SKILLS: PRETENSION, REACHING, AND MANIPULATION**

**GOAL 18: CHILDREN DEMONSTRATE STRENGTH AND COORDINATION OF SMALL MOTOR MUSCLES.**

Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
<p><b>Birth through 8 Months</b></p>	<p>Bring hands and objects to mouth. Purposefully manipulate objects.</p>	<ul style="list-style-type: none"> <li>▪ Reflexively grasps caregiver’s fingers.</li> <li>▪ First grasps objects, and later both grasps and releases the object.</li> <li>▪ Brings hands into visual space and moves them purposefully.</li> <li>▪ Reaches and swipes at a dangled object.</li> <li>▪ Reaches for a toy, mouth open, and brings object to mouth for exploration.</li> <li>▪ Watches hands while reaching, making some spatial corrections.</li> <li>▪ When on tummy, or supported sitting, uses one or both hands to grasp toy and brings towards self.</li> <li>▪ Lying on back brings extended hands together across chest to grasp or to swipe mobile.</li> <li>▪ Grasps a toy, releases it to the other hand, or drops it.</li> <li>▪ When relaxed or playing, uses mostly open hands, ready to grasp.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Encourage baby to interact with adult/other children in grasping and manipulating objects.</li> <li>▪ Keep baby safe from objects that are small and might cause the baby to choke.</li> <li>▪ Place your finger on baby’s palm for grasping.</li> <li>▪ Hold or hang safe objects for baby to swipe, both while on back and held on lap.</li> <li>▪ Offer safe toys that have interesting patterns and bright colors for baby to grasp and mouth, encouraging the baby to interact with both you and the toy.</li> <li>▪ Provide toys that make sounds that attract baby to grasp, shake, drop, or manipulate the toy.</li> <li>▪ Put objects where the baby must reach to grasp or move the object.</li> <li>▪ Offer opportunity for baby to grasp and move objects when they are lying on their back or stomach, and in the sitting position.</li> <li>▪ Offer rattles, squeeze toys, and soft chewing toys for baby to grasp, shake, suck, pick up, drop, and explore with hands or mouth.</li> <li>▪ Provide supervised time for the child to lie on the tummy, with rattles and squeeze toys within arms distance.</li> </ul>