

**DOMAIN 3: SOCIAL AND EMOTIONAL DEVELOPMENT****SUB-DOMAIN: EMOTIONAL DEVELOPMENT****SELF EFFICACY****GOAL 37: CHILDREN DEMONSTRATE BELIEF IN THEIR ABILITIES.**

Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
<b>60 Months through Kindergarten</b>	Views self as capable of influencing the nearby environment and people.	<ul style="list-style-type: none"> <li>▪ Takes on new tasks and improves skills with practice (wheeling self in wheelchair).</li> <li>▪ Initiates actions or activities with peers.</li> <li>▪ Views self as capable of starting and completing a task.</li> <li>▪ Expresses delight over a successful project and wants others to like it.</li> <li>▪ Persists with tasks until finished.</li> <li>▪ Initiates using new skills or uses existing skills to participate in events that impact family, peers, classmates, or other familiar groups (e.g. sings songs with a church choir, chooses clothes to pack for a camping trip, helps plan a grocery list, or runs in a short community race).</li> <li>▪ Initiates play with games and activities alone, and with others.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Engage child in attainable and challenging opportunities that will build on abilities.</li> <li>▪ Encourage child to take the next step in a challenge.</li> <li>▪ Plan with the child to do chores that use existing skills and offer opportunity to take those skills to a higher level.</li> <li>▪ Make time and opportunity for the child to make reasonable decisions and choices.</li> <li>▪ Take every opportunity to celebrate success.</li> <li>▪ Give genuine, specific praise that focuses on the task (e.g. "Not only did you just pick up all the toys, but you stacked them neatly on the shelves. Now they are ready for the other children who want to play with them. That's thoughtful of you to think of others.").</li> </ul>