

DOMAIN 1: APPROACHES TO LEARNING AND COGNITIVE DEVELOPMENT

SUB-DOMAIN: LEARNING APPROACHES

CONFIDENCE AND INITIATIVE

GOAL 3: CHILDREN ARE CONFIDENT TO INITIATE AND COMPLETE ACTIVITIES USING A VARIETY OF APPROACHES.

Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
6 to 18 Months	Seeks out sustained, pleasurable activities with familiar people, objects, and activities.	<ul style="list-style-type: none"> ▪ Remembers where favorite items are stored. ▪ Focuses on the reader or storyteller for brief periods of time. ▪ Tries different ways of doing things, including making sounds, moving, and getting attention. ▪ Shows willingness to try a new activity or a familiar activity in a new setting. ▪ Attempts to feed self in the culturally-defined manner. ▪ Actively explores new surroundings, sometimes with adult support. ▪ Selects a book, toy, or item from several options. ▪ Looks to their caregiver/parent for reassurance, then moves away from caregiver to try a new activity, or moves closer to caregiver if not reassured. ▪ Shows preferences and dislikes for activities, experiences, and interactions. 	<ul style="list-style-type: none"> ▪ Provide choices for child for toys, activities, and books. ▪ Provide opportunities for child to take reasonable and safe risks (stretch for an object beyond reach). ▪ Provide many opportunities for active exploration and doing. ▪ Discourage watching television or videos. ▪ Encourage child to try something new; a texture, taste, movement, or object. ▪ Make daily routines pleasurable for the child (e.g. when diapering, offer steps up to the diapering table, talk with the baby while diapering, take time for reciprocal "talking".) ▪ Reinforce new skills (e.g. "Yes, you put your arm in the sleeve."). ▪ Get on the child's physical level as you talk.