

DOMAIN 2: MOTOR DEVELOPMENT, PHYSICAL WELL-BEING, AND HEALTH

SUB-DOMAIN: HEALTH

SAFETY RULES AND REGULATIONS

GOAL 26: CHILDREN DEMONSTRATE AWARENESS AND UNDERSTANDING OF SAFETY RULES.

Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
36 to 60 Months	Follow safety rules, with and without assistance.	<ul style="list-style-type: none"> ▪ Identifies safety signs posted indoors and outdoors. ▪ Follows emergency drill instructions (e.g. fire, earthquake, bomb, lockdown). ▪ Follows basic safety rules, with assistance (e.g. bus, bicycle, boat, plane, playground, crossing the street, stranger awareness sidewalk behavior). ▪ Understands and anticipates the consequences of not following rules. ▪ Initiates getting buckled into age and weight-appropriate car safety seats in vehicles. ▪ Puts on or asks for helmet before riding a bicycle or other wheeled toy. ▪ Shows an interest in participating in setting rules for indoor and outdoor play in a classroom setting. 	<ul style="list-style-type: none"> ▪ Discuss personal safety rules with child (e.g. holding hands in crowds, wearing a personal flotation device, wearing a bike helmet). ▪ Provide basic safety equipment for all of child's activities, including helmets, flotation devices, and seat belts. ▪ Model safe practices (e.g. wearing personal flotation devices, helmets, and practicing fire safety). ▪ Discuss safety rules regarding recreation, wilderness, and animal safety as appropriate to your community (e.g. guns, wild animals, motor craft, matches and propane, insects, busy streets, water safety). ▪ In daily routines, demonstrate safe strategies such as animal safety, traffic safety, and group safety. ▪ Reassure children that you are here to keep them safe. ▪ Talk with child about fire safety (e.g. "Tell an adult if you find matches and lighters."). ▪ Provide opportunities for child to practice appropriate emergency drills such as fire, earthquake, or lock down. ▪ Show and tell child how and when to call 9-1-1 in an emergency situation. Let them practice. ▪ Invite community helpers to talk about how a child can ask for help in an emergency situation. ▪ Provide opportunities for child to learn and practice water safety. ▪ Discuss traffic safety signs as they travel in motor

			<p>vehicles while on field trips.</p> <ul style="list-style-type: none">▪ Provide facsimiles of stops signs, railroad signs, or crossing signs to use in play situations.▪ Encourage participation in setting rules for the classroom.
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IDAHO EARLY LEARNING EGUIDELINES

DOMAIN 3: SOCIAL AND EMOTIONAL DEVELOPMENT

SUB-DOMAIN: SOCIAL DEVELOPMENT

- Goal 27: Children trust, interact with, and seek assistance from adults.
- Goal 28: Children develop friendships with peers.
- Goal 29: Children demonstrate positive negotiation skills.
- Goal 30: Children demonstrate awareness of behavior and its effects on others.
- Goal 31: Children participate positively in group activities.
- Goal 32: Children demonstrate sympathy and empathy.
- Goal 33: Children develop a sense of humor.
- Goal 34: Children adapt to diverse settings.
- Goal 35: Children recognize, appreciate, and respect similarities and differences in people.

SUB-DOMAIN: EMOTIONAL DEVELOPMENT

- Goal 36: Children perceive themselves as unique individuals.
- Goal 37: Children demonstrate belief in their abilities.
- Goal 38: Children regulate their feelings and impulses.