

DOMAIN 2: MOTOR DEVELOPMENT, PHYSICAL WELL-BEING, AND HEALTH

SUB-DOMAIN: MOTOR DEVELOPMENT

SENSORY MOTOR SKILLS

GOAL 19: CHILDREN USE THEIR SENSES (SIGHT, HEARING, SMELL, TASTE, AND TOUCH) TO GUIDE AND INTEGRATE THEIR INTERACTIONS.

Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
16 to 38 Months	Regulate actions and responses based on sensory input.	<ul style="list-style-type: none"> ▪ Demonstrates awareness of self and body in space (walks around table without bumping into it). ▪ Moves eyes rather than head to track objects. ▪ Holds materials at an appropriate distance. ▪ Performs basic creative movements, with adult guidance or alone (dances to music or rhythm). ▪ Eats food with a variety of textures, tastes, and temperatures. ▪ Exhibits eye-hand coordination (builds with blocks, puts items in a container, completes simple puzzles, or strings large beads). ▪ Climbs, walks up inclines, slides, swings, and jumps from a low height to integrate sensory input. ▪ Plays with materials of different textures (sand, water, leaves). 	<ul style="list-style-type: none"> ▪ Comment positively and specifically about how a child is responding to a sensory experience in play (e.g. "You touched that leaf over and over. Was it smooth, or rough, or sticky?"). ▪ Model movements and invite child to participate (e.g. dance, twirl, march, or drum together). ▪ Provide objects for catching and throwing (e.g. soft balls including large and smaller balls; beanbags). ▪ Provide containers for filling, emptying, dumping, and shaking. ▪ Provide a variety of sensory materials such as water, snow, mud, and sand for the child to explore. ▪ Offer a variety of food with varying sizes, shapes, textures, tastes, and temperatures.