

Protective Factors

Survey

Program Name: _____ Home Visitor Name: _____
 Participant Name: _____ Date completed: _____
 Participant ID#: _____ Pretest / Post Test (circle which)

Complete at intake and annually thereafter

I'm going to ask you to complete a survey. This survey will help us better understand the needs of the families we serve. We want to provide the best services that we can to all of our parents and families, and this is one way to help us keep on track. You will not lose services or be penalized in any way if you prefer not to complete the survey or to answer some of the questions.

The survey contains questions about your experiences as a parent and your outlook on life in general. Please remember that this is not a test, so there are no right or wrong answers. You should choose the best answer for you and your family. You will notice that the answer choices are on a number scale. Please respond by circling the number that best describes your situation. If you do not find an answer that fits perfectly, circle the one that comes closest. If at any time you have questions about the survey, just let me know and I can help you.

Part I. Please circle the number that describes how often the statements are true for you or your family. The numbers represent a scale from 1 to 7 where each of the numbers represents a different amount of time. The number 4 means that the statement is true about half the time.

	Never	Very Rarely	Rarely	About Half the Time	Frequently	Very Frequently	Always
1. In my family, we talk about problems.	1	2	3	4	5	6	7
2. When we argue, my family listens to "both sides of the story."	1	2	3	4	5	6	7
3. In my family, we take time to listen to each other.	1	2	3	4	5	6	7
4. My family pulls together when things are stressful.	1	2	3	4	5	6	7
5. My family is able to solve our problems.	1	2	3	4	5	6	7

Part II. Please circle the number that best describes how much you agree or disagree with the statement.

6. I have others who will listen when I need to talk about my problems.	1	2	3	4	5	6	7
7. When I am lonely, there are several people I can talk to.	1	2	3	4	5	6	7
8. I would have no idea where to turn if my family needed food or housing.	1	2	3	4	5	6	7
9. I wouldn't know where to go for help if I had trouble making ends meet.	1	2	3	4	5	6	7
10. If there is a crisis, I have others I can talk to.	1	2	3	4	5	6	7
11. If I needed help finding a job, I wouldn't know where to go for help.	1	2	3	4	5	6	7

This survey was developed by the FRIENDS National Resource Center for Community-Based Child Abuse Prevention in partnership with the University of Kansas Institute for Educational Research & Public Service through funding provided by the US Department of Health and Human Services.

Part III. This part of the survey asks about parenting and your relationship with your child. For this section, please focus on the child that you are enrolled with in this program. Please write the child's age or date of birth and then answer questions with this child in mind.

Child's Age: _____ or DOB ____/____/____

	Never	Very Rarely	Rarely	About Half the Time	Frequently	Very Frequently	Always
12. There are many times when I don't know what to do as a parent.	1	2	3	4	5	6	7
13. I know how to help my child learn.	1	2	3	4	5	6	7
14. My child misbehaves just to upset me.	1	2	3	4	5	6	7

Part IV. Please tell us how often each of the following happens in your family.

15. I praise my child when he/she behaves well.	1	2	3	4	5	6	7
16. When I discipline my child, I lose control.	1	2	3	4	5	6	7
17. I am happy being with my child.	1	2	3	4	5	6	7
18. My child and I are very close to each other.	1	2	3	4	5	6	7
19. I am able to soothe my child when he/she is upset.	1	2	3	4	5	6	7
20. I spend time with my child doing what he/she likes to do.	1	2	3	4	5	6	7

Notes

Survey Description

Protective Factors: Home visiting programs assist families to build family strength and connections with their community for long term success and well-being. Home visitors help families to build these protective factors:

- Parental Resilience
- Social Connections
- Knowledge of parenting and child development
- Concrete supports in times of need
- Social and emotional competence of children

Survey Description: The protective factors survey help home visitors understand family needs at the beginning of the program and understand changing needs every year. Higher scores indicate higher the prevalence of protective factors.

Paraphrasing Instructions for the Participant

- 1) **In my family, we talk about problems.** When your family has a problem, how often do you take the time talk about it? How often do you discuss problems that your family is facing?
- 2) **When we argue, my family listens to “both sides of the story.”** When there are disagreements in your family, does each person get to share their side in an argument? How often?
- 3) **In my family, we take time to listen to each other.** How often do members of your family take time to listen to one another?
- 4) **My family pulls together when things are stressful.** When your family is facing a hard time, how often do you work together to get through the tough time?
- 5) **My family is able to solve our problems.** When your family has a problem, how often are you able to come up with solutions to those problems?
- 6) **I have others who will listen when I need to talk about my problems.** How often do you have family, friends, neighbors or professionals who you can tell your problems to?
- 7) **When I am lonely, there are several people I can talk to.** Do you have many friends, neighbors, or professionals you can talk to when you are lonely? If you strongly agree that is true about you, select a 7. If you *strongly disagree* that the statement describes you, select a 1. The numbers in-between should be used depending on how much you agree or disagree with the item.
- 8) **I would have no idea where to turn if my family needed food or housing.** Is it true that if your family needed food or housing you *wouldn't* know where to get help? If you strongly agree that is true about you, select a 7. If you *strongly disagree* that the statement describes you, select a 1. The numbers in-between should be used depending on how much you agree with or disagree with the item.
- 9) **I wouldn't know where to go for help if I had trouble making ends meet.** Is it true that you wouldn't know where to get assistance if you needed help paying your bills? If you strongly agree that is true about you, select a 7. If you *strongly disagree* that the statement describes you, select a 1. The numbers in-between should be used depending on how much you agree or disagree with the item.
- 10) **If there is a crisis, I have others I can talk to.** Is it true that when you are faced with an emergency or an urgent situation, you have others to talk with? If you strongly agree that is true about you, select a 7. If you *strongly disagree* that the statement describes you or your situation, select a 1. The numbers in-between should be used depending on how much you agree or disagree with the item.
- 11) **If I needed help finding a job, I wouldn't know where to go for help.** Is it true that you wouldn't know where to get help if you needed work? If you strongly agree that this is true about you, select a 7. If you *strongly disagree* that the statement describes you, select a 1. The numbers in-between should be used depending on how much you agree or disagree with the item.
- 12) **There are many times when I don't know what to do as a parent.** Is it true that you are often unsure about what to do to be a good parent to my child? If you strongly agree that the statement is true about you select a 7. If you *strongly disagree* that the statement is true, select a 1. The numbers in-between are used depending on how much you agree or disagree with the item.
- 13) **I know how to help my child learn.** Is it true that you know how you can help your child learn? If you strongly agree, select a 7. If you *strongly disagree* that the statement is true, select a 1. Select one of the numbers in-between depending on how much you agree or disagree with the item.
- 14) **My child misbehaves just to upset me.** Is it true that your child acts up just to make you angry, sad, or some other negative feeling? If you strongly agree that is true about you, select a 7. If you *strongly disagree* that the statement is true, select a 1. The numbers in-between are used depending on how much you agree or disagree with the item.
- 15) **I praise my child when he/she behaves well.** Do you praise your child for good behavior? If your child behaves well, do you tell him/her how happy you are? If this is always true about you, select a 7. If it is never true about you, select a 1. The numbers in-between should be used depending on how often the item is true about you.
- 16) **When I discipline my child, I lose control.** Do you have a hard time controlling your temper when you discipline your child? If this is *always* true about you, select a 7. If it is *never* true about you, select a 1. The numbers in-between should be used depending on how often the item is true about you.
- 17) **I am happy being with my child.** How much of the time do you enjoy being with your child? If the answer is *always*, select a 7. If *never*, select a 1. The numbers in-between should be used depending on how often the item is true about you.
- 18) **My child and I are very close to each other.** How much of the time do you feel that your relationship with your child is strong? If the answer is *always*, select a 7. If *never*, select a 1. The numbers in-between should be used depending on how often the item is true about you.
- 19) **I am able to soothe my child when he/she is upset.** How much of the time are you able to calm your child down when he or she is upset? If the answer is *always*, select a 7. If *never*, select a 1. The numbers in-between should be used depending on how often the item is true about you.
- 20) **I spend time with my child doing what he/she likes to do.** How often do you do activities with your child that he or she enjoys? If the answer is *always*, select a 7. If *never*, select a 1. The numbers in-between should be used depending on how often the item is true about you.

Scoring Instructions

The following are directions for calculating the scores by hand. The protective factor survey will be automatically scored when they are entered into the data system.

Step #1: Reverse score selected items

Before subscales can be calculated, all items need to be scored in the same direction such that a **higher score reflects a higher level of protective factors. The following items require reverse-scoring: 8, 9, 11, 12, 14, and 16.** To reverse-score the items listed above, use the following scoring transformation: A score of 1 is rescored 7, a score of 2 is rescored 6, a score of 3 is rescored 5, a score of 5 is rescored 3, a score of 6 is rescored 2, a score of 7 is rescored 1.

Step #2: Calculate the subscale scores

Family Functioning/Resiliency

The FF/R subscale is composed of items 1 through 5. If fewer than 4 of items 1 through 5 were completed don't compute a score. If 4 or more items were completed sum the items responses and divide by the number of items completed.

Social Support

The SS subscale is composed of items 6, 7, and 10. If fewer than 2 of these items were completed don't compute a score. If 2 or more items were completed sum the items responses and divide by the number of items completed.

Concrete Support

The CS subscale is composed of items 8, 9, and 11. If fewer than 2 of these items were completed don't compute a score. If 2 or more items were completed sum the items responses and divide by the number of items completed.

Nurturing and Attachment

The NA subscale is composed of items 17, 18, 19, and 20. If fewer than 3 of these items were completed don't compute a score. If 3 or more items were completed sum the items responses and divide by the number of items completed.

Child Development/Knowledge of Parenting

The knowledge of parenting and child development factor is composed of five unique items (12, 13, 14, 15, and 16). Because of the nature of these items, calculation of a subscale score is not recommended. Means, standard deviations, and percentages should be used to assess an agency's progress in this area.