



Early Years '14 Conference

Roundtable Discussion Social Emotional Group Notes

Bright Spots:

- The mental health of families and how are we as practitioners “Helping/coaching” and supporting one another
- Early Head Start and Head Start parent involvement
- Library activities
- Training - role playing
- Recognize resilience “I hear you/help me understand”
- Service coordination - modeling self-sufficiency/confidence
- Cultural diversity training - should be required (in some states)
- Aim Idaho mental health certificate
- Developmental milestones program
- Networking with providers and infant toddler program
- Team
- Infant message as a way to bond
- Baby steps
- Home visiting- family advocate
- Hospitals- now more groups e.g. breast feeding group
- Idaho stars
- Boise city licensing for child care that is safer
- Infant/ Toddler coaching model

Issues:

- Main Issues, Needs, and Challenges:
 - More trainings for early childhood professionals and other participants in their lives
 - What do we do to help those who lack social/ emotional skills do to adversity?
 - How to we identify children who need social/ emotional interventions earlier?
- We need to get this info to the policy makers
- We need to educate primary caregivers
- We need more resources for providers, families, and other community members.
- The effects of poverty on families and impacts social-emotional development
- Family’s stress and emotion when finding out about a child’s diagnosis
 - Money, planning, time, other children’s emotions
- Stress in relationships and stress of making accommodations with family routines

- Attachment issues due to circumstances in a family
- Lack of basic understanding in a community around issues of social emotional development
- In education setting do not focus on social emotional
- If 'we' (agencies) work closer together to understand each other's roles/responsibilities and protocols and eligibility we could better serve our families
- Strengthen service coordinators across agencies = more money at a policy and program level
- Bridge the gap between home and school
- Ideas: Share Nampa/Caldwell model with other districts
- School registration day where then all community organizations were able to be present with a booth to help with resources for families
- Support social-emotional needs of parents
- Changing caregivers and grandparents (support them)
- Strong/supportive relationships
- Building self confidence
- Basic developmental knowledge for parents
- Technology obsessed
- No state license
- Flexibility for family in crisis
- Self-rescue manual
- Gathering/having more resources
- Hearing need for Idaho Stars
- Economic challenges - COL, wages, housing, poverty
- Gaps in knowledge
- Media and technology
- Substance abuse
- Violence
- Migrant families - many moves
- Lack of knowledge of child development
- Children running the show - parenting roles
- Family unites and care providers
- Need for high quality early education opportunities
- Community parenting classes for parents of 3-6 yr olds
- Need for resources:
 - Safe housing/ affordable
 - Enough food/ medical care
 - Stable family- enough clothes/ Schools partner and senior centers
 - Help for families- Mentors
 - Get more in-depth family histories to help aid understanding
 - Opportunities to play
 - Mental Health counseling – children and parents

- Training- Job/ parenting
- Easily accessible resources- \$1 now or \$7 later
- We need to all be activists one on one information we need to open eyes of legislation
- Fund Head Start
- Livable wages for all
- Impact of adversity advertising-behaviors
 - Lack of confidence/don't want people in their lives
 - Tantrums/screaming and kicking
 - Can't verbalize
 - Relationships and parents-lack of addiction/mental health attachment issues
- Needs
 - Resources-for parents/how to support parents
 - Transition services-go beyond age 3
 - Need to reach out to families-families may not be literate
 - Social support
 - Basic parenting knowledge
 - Developing trust and parents
 - Keep families as priority
 - Bridges out of poverty
- Resources – Transition services
 - Staff need training to deal with families under adversity
 - Need mentoring-reflective practice-cultural diversity trainings-different expectations/perspectives.
- Early quality care and learning critical to prepare all babies to not only school but career and life.
- Prioritize public funding towards quality early care and learning
- Involve community in conversations on good quality care and learning; e.g., parents
- Person to person connection-share a piece of yourself
- Trust
- Ask questions about child
- Validate
- Relationships
- Language
- Communication
- Culture
- Poverty
- Stress
- What's in the community
- Home visits/ after school programs
- Head start/ migrant head start
- 0-3 ITP/3-5 EIP

- Fitness/Families and transportation
- Local/schools/hospitals/nights-parents, families, math
- 3 R's
- Relationships-
 - Lack of knowledge of staff working with birth to 3 on importance of relationship (whole picture)
 - Parents have different knowledge bases on what infants/ toddlers should know; not using reliable sources
 - Postpartum depression effect on relationships with mom- few resources for mom and family
 - Not knowing and paying attention to "cues"
 - Those 1st relationships are most important
 - Cultural is judging of parents skill- we are not village to help raise children-not safe
 - Doesn't know where resources are- sparse in areas at state
 - Health care providers need to listen to families who continue to say something is "wrong" greater understanding of social/ emotional learning
 - Health care providers need to be aware of all community resources for families
 - Parents focusing all efforts to bring money into home and not time to build relationships when working (2 -3 jobs)
 - Build relationship with parents who are at higher risk
 - Taking care of mental health needs of parents (homeliness)
 - Building a relationship with infant/ toddler/ head start and health care providers (buy in of importance).
- Concerns:
 - Foster families no counseling/play therapy resources
 - Foster families training is not realistic needs to be more inclusive
 - Day care providers-high ratios-care givers with little knowledge
 - More statewide approach to quality child care
 - Feel more empowered to get info- non biased to guide voters on child issues
- Need:
 - Funding head start for early childhood
 - Free preschool opportunities
 - Statewide fingerprinting bank for childcare providers

Resources:

- Library hour
- Idaho Stars essential training (strengthening families)
- Infant and Toddler program
- Dress to success
- Food distributions
- WIC
- Migrant preschool

- Gas vouchers for medical appointments
- Community action
- Hospitals
- Community gardens
- Head Start/education for parents and children
- Linking communities
- Home Visiting
- CPA's: WIC, Health and Welfare, 211
- Combine resources between LEA, Head Start, ECSE to hold committee parenting class
- Partnering with library to provide resources for all parents
- AIM Idaho - more partnering with Idaho Stars