



Early Years '14 Conference

Roundtable Discussion Hunger and Nutrition Group Notes

Bright Spots:

- Tribe in Kamiah harvesting and donating fish
 - Farmers markets
 - Connecting WIC and Summer feeding, farmers markets
 - Eat, Play, Grow program- parental involvement
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Issues:

- Lack of access to nutritious food/general poverty
 - Difficult to engage parents
 - Stigma/pride issues
 - If you give a man a fish you feed him for a day, if you teach a man to fish you feed him for life
 - Encourage people to eat what is being offered
 - Accommodate dietary needs
 - Obstacles
 - Language
 - Internet and all phones
 - Access to resources/skills and participate in community
 - Transportation
 - Time
 - Feeding/caring for children
 - Lack of knowledge with nutrition and cooking skills
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Resources:

- SNAP at farmers markets
 - Spread word to colleagues
 - Research what options are in area, special information
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Next Steps:

- Research community eligibility in Kamiah county
- Provide community food resource lists at libraries
- Look into connecting summer reading and summer feeding programs
- WIC outreach, look at transportation issues in rural areas.